1

INTRODUCTIONHOSPITAL THERAPIES

In this chapter you will truly learn what holistic therapies are. Their history, important concepts, perspectives, new visions, innovation and especially the new age vision of the holistic therapist.

2

MANUALFAMILY CONSTELLATION

In this chapter we will teach the entire basis of BERT HELLINGER's traditional family constellation. All learning will be passed on through illustrations, infographics and tables... Always aiming to simplify and facilitate learning.

3

MANUALAPOMETRY

In this chapter, we will cover everything about apometry, we will understand all the energy points, subtle bodies and how energy and spirituality interfere in our lives.

4

MANUALRADIESTHESIA

We will teach you intuitively how radiesthesia works in a practical way, how we can use this tool for personal and professional therapeutic recognition.

5

MANUALQUANTUM PHYSICS

Everything from AZ of Quantum Physics IBRATH, techniques, updated knowledge for your understanding and comprehension of the universe that is around you. Understand all universal laws.

6

MANUALTAROT

Everything about tarot, meaning of the cards, their uses, work tools, draws, major and minor arcana, usage practices.

7

MANUALASTROLOGY

Knowledge from basic to advanced, everything you need to learn about astrology... In an intuitive and practical way

8

MANUALNUMEROLOGY

Learn the powers of numbers in your life and in the universe, understand the different types of therapeutic analysis.

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In the grand theater of life, where each moment presents itself as a unique scene, it is common to get lost in the urgencies of everyday life and forget to express the gratitude we feel for the blessings and love we receive.

It is with this spirit of gratitude that I begin by thanking my parents, Rita and João, the pillars of my life. They invested their tenderness, faith and love in the most difficult moments of our journey. When hope seemed scarce and no one else believed, there they were, unwavering in their faith and love for me.

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In the world of IBRATH®, we have discovered that what truly defines us are not just strategies and metrics, but the lives we touch, the transformations we drive, and the hopes we rekindle. And it is with this understanding that I thank each person who embraced the vision of IBRATH®, who invested, dreamed, loved, and believed.

If you, dear reader, are already part of this cosmic dance that is IBRATH®, know that in every challenge and every wonder, we walk together, united, transforming dreams into reality, painting the sky with colors of hope and creating symphonies of love and gratitude.

Eternal gratitude,
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INTRODUCTION

Someday, when we have mastered the winds, waves, tides and gravity,
ity, we will use the energies of love.
Then, for the second time in the history of the world, man will discover fire.

(Teilhard de Chardin)

This book is for anyone who is looking to positively engage with holistic therapies. This group includes all of us, as each of us will participate in the world of healing at some point in our lives, personally or professionally. The primary purpose is to help practitioners of holistic therapies who wish to make the leap from “amateurism” to “professionalism.” It can also be a resource for the person afflicted or affected by a mental, energetic, physical or spiritual illness, who presents with a lack of tranquility in the body, mind or soul.

The truth is that we all need to understand the information in this book, as it speaks to the self and the reality behind the obvious, the stuff that makes up the material world.

This book is an encyclopedia/manual of the energy structures that support physical reality and our physical bodies. It is also a set of tools, protocols, graphics and illustrations intended to facilitate the understanding of holistic therapies and the functioning of the human energetic anatomy.

By using this material, you can make a difference in your personal life and in the world. The goal of this work is to promote emotional and mental energetic changes in you and your patients.

It is important to emphasize that all known and observable medical phenomena once resided in the realm of the subtle or immeasurable (unknown). X-rays, bacteria, and even the biochemical effects of aspirin were unobservable. Much of the knowledge you will find in this book is still in the process of development.

To save a patient's life, calm the anxious, or put a smile back on a child's face, today's holistic practitioners must draw on more than conventional wisdom.

It is necessary to see beyond health problems and be sensitive to life's dilemmas and questions.

Through this book, you will be able to understand that everything is made of energy: molecules, pathogens, prescription drugs, and even emotions. Every cell pulsates

electrically and the body itself emits electromagnetic fields. You will be able to understand that the human body is a complex energetic system, composed of hundreds of energetic and physical subsystems.

This book provides information on various treatment methods based on holistic therapies. At first glance, some of these methods may seem “non-medical”. What does our intention have to do with healing? How can colors and aromas matter to Holistic Therapists? The answer is: quite a lot. Holistic treatments are complementary tools to traditional medicine, capable of helping humanity gain access to a new perception of the realms of energy and emotion capable of providing healing and well-being.

The information in this book has been gathered from many sources: esoteric manuscripts, sacred texts, long-recognized medical authorities, practicing physicians, scientific manuals, research laboratories, government agencies, and specialized information associations and periodicals. It draws on disciplines such as quantum physics, bioenergetic science, sacred geometry, and books related to specific healing areas.

Some of this information has never before been cited in a contemporary book. Much of the past knowledge is an adaptation of holistic therapies for the modern world.

We at the Brazilian Institute of Holistic Therapies believe that, for holistic therapies and their professionals to have the recognition they deserve, we need to adapt holistic therapies to contemporary times.
There is a lot of knowledge that has simply been passed on over the years by professionals and teachers, without even adapting or reviewing what is being taught.

For this reason, we seek to innovate, bring new perspectives and break paradigms. So that people can know the true value of therapies. We want to generate awareness that it is not a “gift” or something mystical/religious, but a profession that anyone can learn and develop, because to become a qualified holistic therapist it is necessary to study a lot, dedication and commitment to the profession.

(Brazilian Institute of Holistic Therapies - Be Seal)
(FLORIANÓPOLIS 2022)

INTRODUCTION
HOSPITAL THERAPIES

INTRODUCTION
HOSPITAL THERAPIES

"Holistic therapy is the art of finding the essence and exuberance of each being, previously hidden and camouflaged throughout life!"
(Paulo Felipe - Holistic Therapist)

The main characteristic of holistic therapies is that they treat problems and illnesses from a global perspective of the human being. Holistic therapy, unlike therapies that focus only on the problem or symptoms of the illness, analyzes the person as a whole, in their physical, cultural, psychological and social aspects. Holos, in Greek, means "whole", "set".

The goal is to help the patient improve their quality of life and reach their maximum point of physical, emotional and energetic balance.

Holistic therapies treat a variety of health problems, such as insomnia, fear, anxiety, physical or muscular pain, and energy blockages. Holistic therapies are also used as complementary treatments, contributing to so-called conventional treatments.

In Brazil, several holistic therapeutic practices are offered free of charge by the Unified Health System (SUS) as a complement to conventional treatment. Although most of these therapies lack scientific evidence, acupuncture and homeopathy are recognized by the Federal Council of Medicine (CFM).

In order to determine the most appropriate treatment, the holistic therapist analyzes the patient's physical, mental, spiritual and energetic aspects. Treatment is carried out in this way because holism believes that each individual is unique and that all of these characteristics influence each other.

Self-observation and self-help, the awakening of consciousness and therapies with a more natural basis are important concepts for holistic therapy.

Traditional medicine can also be used in conjunction with holistic therapy, when treatments are based on a global view of the person. This is what is called holistic medicine.

DOQUESETREATMENT
#HOLISTICMOVEMENT

THE**"#holistic movement"**- was created in 2018 by the Brazilian Institute of Holistic Therapies and its founders.

It all started when the founders of IBRATH® realized that alone they would not be able to transform the world and revolutionize the area/culture of holistic therapies.

No matter how hard they tried, invested and worked, they could not achieve this ideal without the contribution of a broader movement.

To promote a deeper change in the world, involving families, the job market and society in general, in addition to truly valuing the professional of holistic therapies, it was necessary to have the support and help of thousands of people, especially those who have felt a calling, a sense of purpose for many years, who seek to do and be more than the trivial.

Therefore, the movement is made by and for people with the mission of transforming their communities into better places, of helping people, families and society become a better place.

The "**#holisticmovement"**It consists of breaking paradigms and building the human being on a personal and social level.

Through this movement, we seek to reevaluate the teachings of various holistic therapies that are limiting the consistent dissemination of the practice and the appreciation of the professional therapist.

In the "**#holisticmovement",**We strongly believe that holistic therapists are the professionals of the future. However, for them to become this, we need to innovate, expand and transform many concepts, techniques and even ideologies that are preached in the market as the only rule.

For this future that we aspire to, and for the professional of holistic therapies to be recognized, we need to demonstrate that these therapies go beyond the mystical, that to be a professional it is necessary to have a lot of dedication, commitment, protocols, procedures, technique and years of study.

We must demonstrate to the world that this is not something totally "abstract", that only a few "blessed" people hold the power, but rather that it is something that can be learned, felt and applied for the benefit of oneself and others.

Our main intention is to spread knowledge of holistic therapies, personal, energetic and spiritual development, offering individuals resources to understand their emotions and acquire emotional and energetic responsibility.

Through this “responsible” state, the individual begins to positively affect the world around him, transforming and saving lives!

Here at IBRATH® we like to say that everyone who is part of our training or who has become a professional has the ability to “save lives”.

THE**“#holistic movement”**It is the path through which we will together transform the world, people, families, society and especially the holistic therapies market.

If you want to be part of innovation and this future, support IBRATH® and use the hashtag “**#holisticmovement”**in your posts to support this movement and show that you are part of this family!

“After so many years, we
stopped living in the house and
we become the house where we live.
It’s as if the walls
clothe our soul.”
(Mia Couto)

MANUAL
FAMILY CONSTELLATION

MAINPOINTS ?

The systemic power of healing & knowledge



Family Constellation is a technique **therapy developed by Bert Hellinger** which seeks to solve personal, family and relational problems by identifying and resolving possible conflicts or entanglements within a family system. Some of the main points of Family Constellation include:

Understanding family systems: Family Constellation is based on the principle that each family is a system with its own dynamics, hierarchies and behavior patterns, which can affect its members at different levels.

Identifying conflicts and entanglements: Through the constellation technique, it is possible to identify conflicts and entanglements that may be impeding the well-being of an individual or a family system as a whole.

Working with ancestors: In the Family Constellation, it is possible to work with the memory of ancestors to understand and solve possible repetitive behavior patterns, illnesses, conflicts and traumas that may be affecting the current lives of family members.

Search for balance and solutions: Through Family Constellation, we seek to reestablish balance within the family system, with solutions that can be beneficial for everyone involved.

Openness to transformation: Family Constellations work with the idea that change is only possible when there is openness to transformation. This means that it is necessary to be willing to face challenges and change patterns of behavior that may be harming personal and family well-being.

Working with emotions: In Family Constellation, there is a space to work with the emotions of those involved, with the possibility of expressing repressed or hidden feelings, and with the search for solutions to overcome traumas or painful experiences.

Understanding the links: The constellation technique enables a deeper understanding of the bonds that exist between family members, and how these bonds may be affecting individual and collective life.

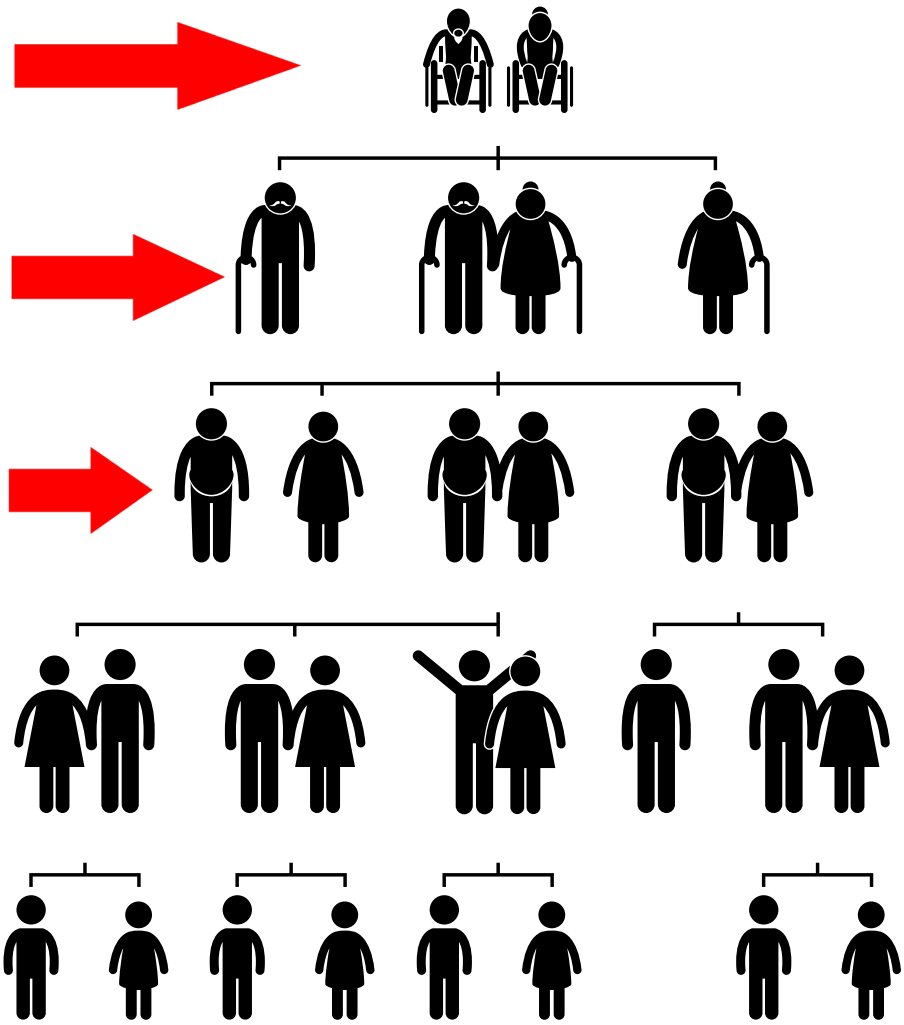
Respect for hierarchy: Family Constellation works with the idea that each individual has a place and a

position within the family system, and that respecting the hierarchy can help promote balance and harmony within the family.

Group work: Family Constellation is often carried out in a group, which allows for the exchange of experiences and the understanding that many of the difficulties faced by an individual or a family are common to other people.

Possibility of working in several areas: In addition to the therapeutic area, the Family Constellation technique can be applied in different fields, such as education, business and law, helping to solve problems and conflicts in different contexts.

So we can understand that all good energy or bad is propagated not only through the genes, but through from the ancestry- of emotional, energetic and es- spiritual, which can propagate put generations, both evolutionary processes both positive and negative but, blockages, processes, vices resentment that affects no just the emis- ber, but also- well the whole chain familiar that of form incons- aware absorbs this energy and reflects it without knowing necessarily the why



Those most affected in this case end up being**the new generations,**that replicate processes, pains, sufferings, disagreements and various processes unconsciously. Because they think it has to be this way, or that they should act in a certain way, because “it has always been this way” in my family... For this reason, family constellation is a powerful tool to break these types of patterns!

WHAT IS ITCONSTELLATION?

The systemic power of healing & knowledge



Family Constellation is a therapeutic technique that allows**explore family patterns**in depth and find solutions to the problems that arise. It was developed by Bert Hellinger, a German Catholic priest who, after years of working as a therapist, realized that many of his patients' problems were related to unconscious family patterns that they had inherited from previous generations.

Family Constellation is based on the theory that**each person is part of a larger system**, made up of your ancestors, family and relationships. Each person in this system has a specific function and role to fulfill, and when someone in this system is not fulfilling their role correctly, the entire system can be affected.

To carry out a family constellation, the**The therapist chooses some representatives of the patient's family** and places them in a certain order, according to their importance and their role in the system. Representatives are then guided to follow their own intuitions and move according to what they feel. This allows the system to begin to organize itself in a healthier way and problems to begin to be solved.

Family Constellation**is a very effective technique to help people understand and resolve family problems,**such as conflicts, traumas, illnesses and financial difficulties. It can also be useful in helping people understand and resolve personal problems, such as relationship difficulties, low self-esteem, creative blocks and health problems.

One of the main advantages of Family Constellation is that**It allows problems to be approached in a systemic way, that is, to be seen in relation to the whole.**rather than just focusing on an individual problem. This allows the root causes of problems to be identified and addressed more effectively.

Furthermore, Family Constellation is a very respectful technique and does not judge people or their choices. **It allows each individual to be seen as a unique person.**and important, and that your feelings and needs are taken into account.

In short, Family Constellation is a very effective and powerful therapeutic technique that can help people understand and resolve family and personal problems in a deeper and more comprehensive way.

Look at the image below... It is a simple representation of systemic power. The constellation is a powerful tool that makes visible everything we deny, run away from or pretend not to see.

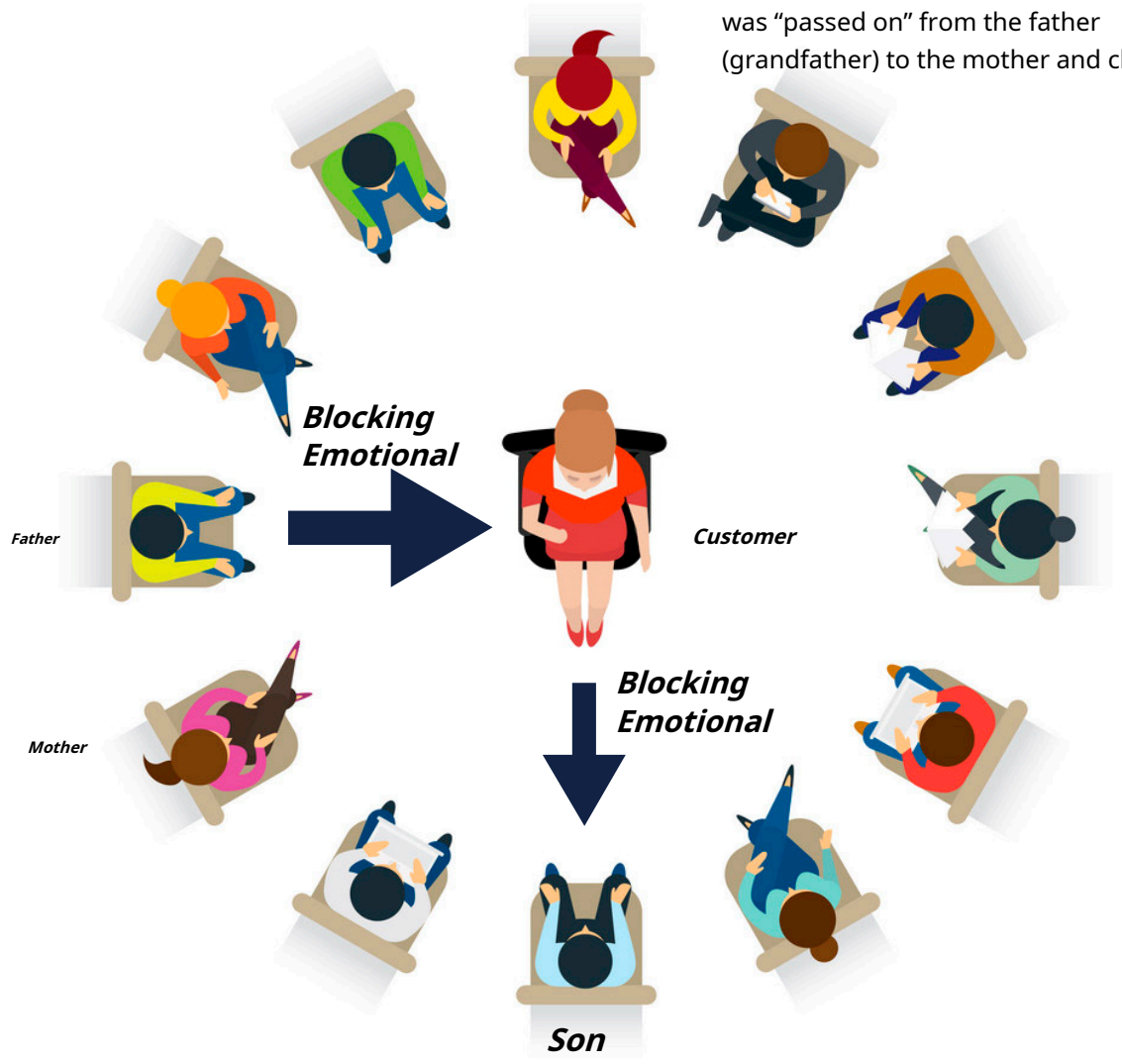
It makes it easier to see everything that we don't understand is present in our ancestry and that has been passed down over many, many years.

When selecting representatives, whether people or dolls, the client and the service conductor are able to generate a mechanism called emotional/energetic pairing.

In other words; Everything that exists in an emotional, energetic and spiritual sphere, begins to exist and express itself in the physical world. Everything that we often do not understand and cannot express, begins to be demonstrated, expressed, seen in the physical world. Facilitating its analysis, understanding, treatment, restoration, transmutation, among others...

Representatives

In this simple example, the emotional blockage is demonstrated and how it was “passed on” from the father (grandfather) to the mother and child.



The constellation is based on the theory that each individual is part of a larger system and that each system has its own rules and laws that need to be respected. By working with these rules and laws, it is possible to find more effective and lasting solutions to problems.

There are different types of Systemic Family Constellation, including Traditional Family Constellation, Institutional Family Constellation and Organizational Family Constellation. Each of these types focuses on specific problems, such as family relationships, problems in institutions or organizations.

Some of the main benefits of Systemic Family Constellation include:

Helps people understand problems in a broader, more systemic way, rather than just focusing on an individual problem. Allows the root causes of problems to be identified and addressed more effectively

It is a respectful techniquethat does not judge people or their choices Helps people feel heard and understood Can help p The Systemic Family Constellation methodology is based on systems theory and transpersonal psychology.**It was developed by Bert Hellinger, a German therapist who worked with couples and families.**. He realized that his patients' emotional and behavioral problems were not only caused by recent events, but also by unconscious family dynamics that went back generations.

Systemic Family Constellation**uses the visual representation of family relationships**through dolls or people to help participants understand



understand and resolve the emotional and behavioral conflicts that are the result of dysfunctional family dynamics. During the process,**the constellator guides the client in creating a "constellation**", that is, a visual representation of family dynamics. The goal is to help the client there**identify dysfunctional patterns and find solutions to resolve them.**

There are different types of Systemic Family Constellation,such as Classical Family Constellation, Organizational Family Constellation and Business Family Constellation. In addition to Bert Hellinger, other important thinkers and writers in the field of Systemic Family Constellation are Franz Ruppert, Gunthard Weber and Christina von Neuburg.

The main benefits of Systemic Family Constellation**are the understanding of the dynamics**unconscious family members who may be causing emotional and behavioral problems,**family conflict resolution**and improving communication and relationships between family members.

It is not necessary to be a medium to work as a constellation practitioner, but it is important to have training in therapy or another area of mental health, in addition to following the ethical principles of the Federal Council of Psychology and the Brazilian Association of Family Constellations. It is also important to participate in training and workshops to deepen your knowledge and practice of Systemic Family Constellations.



IMPORTANCEDLOVE

The most powerful tool in the universe

Love is a powerful and transformative force that can be applied to all areas of our lives, including our family relationships.**When we use love as a basis for our relationships,**we can experience a more harmonious, balanced and happy life. Furthermore, love is fundamental for communication and sharing, without which it is difficult to establish healthy relationships.

However, we often face obstacles in our family relationships, such as past pain, resentments, and emotional wounds that can prevent us from having healthy, loving relationships.**It is in these moments that love can be a healing tool,**capable of helping to save relationships and provide a better quality of life.

True love, that which is free from jealousy and attachment, can be used as a healing force to**help heal the wounds of the past and build**healthier relationships. It can also be used to heal ancestry, allowing us to break free from destructive family patterns and create new, more loving dynamics.

Furthermore, love can be an important factor in providing a better quality of life, by allowing us to live in a more fulfilled and fulfilled. When we are in loving and healthy relationships**, we can feel more connected and satisfied with our lives.**Furthermore, love allows us to feel more peace and inner balance, which can have a positive impact on all areas of our lives.

However, it is important to remember that love is not something that simply appears out of nowhere, but rather something that needs to be cultivated and cared for. This means that we need to work on our relationships consciously and intentionally, seeking to understand the needs and feelings of others and doing our best to meet them.



Love is an invisible energy that constantly connects us to everyone around us. It is the bond that connects us to our ancestors and to everyone alive today.

It never stops. However, when we face pain, trauma, wounds and unresolved issues, this energy can turn into resentment, hatred and bitterness.

Therefore, love is the most powerful tool, capable of forgiving, restoring, healing, reestablishing, liberating and strengthening all our bonds.



The diagram above represents the power of love and all our relationships, all the connections we make... And how love can take many forms. It also represents the family systems of our ancestors that even after death do not cease to exist energetically.

One of the main methods for cultivating love in our relationships is Family Constellation, a therapeutic technique that allows us to explore family patterns in depth and find solutions to the problems that arise.**When working with Family Constellation,**we can learn to love and be loved in a healthier way, providing a fuller and more satisfying life.

Love is a feeling that can bring both pain and pleasure, depending on how it is approached and cultivated.**He can heal us from wounds**from the past and help us build healthier relationships, or it can leave us stuck in destructive patterns and distance us from what we desire most.

Love can bring us deep reflection and make us question our own choices and actions.**It can make us feel vulnerable** and exposed, but it can also give us the strength and support we need to face life's challenges.

In the end, love is a powerful, transformative force that can help us live more fully and fulfilled lives if we are willing to cultivate and care for it.

Love is a powerful and transformative force that can be appliedin all areas of our lives, including our family relationships. When we use love as a basis for our relationships, we can experience a more harmonious, balanced and happy life. Furthermore, love is fundamental for communication and sharing, without which it is difficult to establish healthy relationships.

However, we often face obstacles in our family relationships.



liaisons, such as past pain, resentments and emotional wounds that can prevent us from having healthy and loving relationships.**It is in these moments that love can be a healing tool.**, capable of helping to save relationships and provide a better quality of life.

True love, the kind that is free from jealousy and attachment, can be used as a healing force to help heal past wounds and build healthier relationships. It can also be used to heal the ancestry, allowing us to free ourselves from destructive family patterns and create new, more loving dynamics.

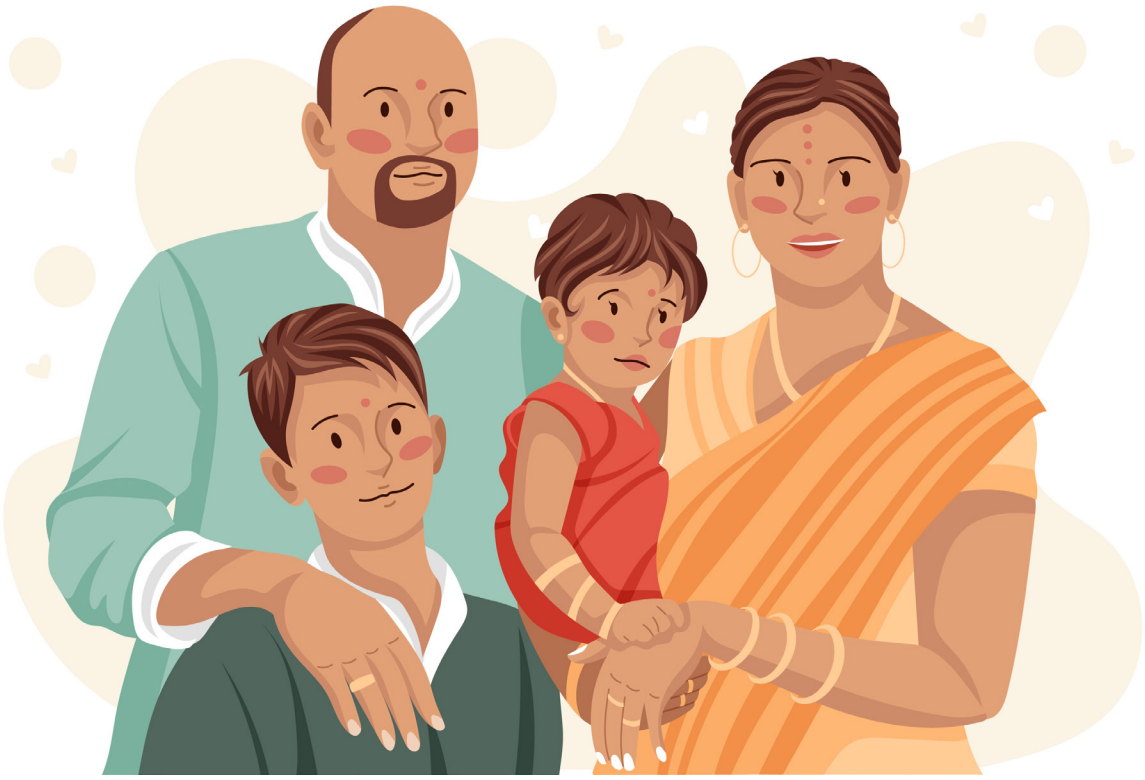
Furthermore, love can be an important factor in providing a better quality of life, by allowing us to live more fully and fulfilled. When we are in**loving and healthy relationships, we can feel more connected and satisfied**with our lives. Furthermore, love allows us to feel more peace and inner balance, which can have a positive impact on all areas of our lives.

WHAT ARE THESYSTEMS ?

Understanding the true meaning of “systemic”

Much is said about Systemic Family Constellations, but what does it really mean? In a simplified way, we can say that this connotation refers to the infinite connections, integrations and energetic influences that we exert and receive from the world around us.

In the IBRATH vision, we understand that the constellations**systemic are proportionally equal to our physical connections/ties,**energetic and spiritual with incarnate and discarnate people.



It is a tangle of invisible lines that connect us intimately with people and energies. They constantly influence our day, who we are, how we think and even the paths we choose to follow.

For this reason, family constellations are a powerful tool for restoration, healing, reconciliation, forgiveness, self-knowledge and liberation. By understanding and comprehending these systems and how they influence us, we are able to free ourselves from the bonds of ignorance. We become more aware of the processes and their influences.



Generating in this way a more harmonious and balanced life in every possible sense. The “systemic” of the constellation**It also aims to facilitate the understanding of our relationships in a structured way,**often visually through theater, puppets, infographics, and even stories.

Making it easier to see the real problem, simplifying the complexity of family connections and ties. Allowing the individual to find the answers they are looking for on their own.

To constellate is to unveil, discover, clarify everything that until then was kept, omitted and hidden.**o. Processes, traumas, pains, resentments, hurts, sufferings, etc...**All the pain and even happy moments that were not processed in the correct way.

It is the path to liberation and a new life. A deep emotional energetic cleansing that affects not only the individual (patient) but everyone around them. Since we become capable of understanding our true mission as a member of a family and that we have things to learn, teach and share.

The perspective of life and social interaction changes abruptly, as we move from being victims to being precursors of healing and restoration.***We see that “evil”***

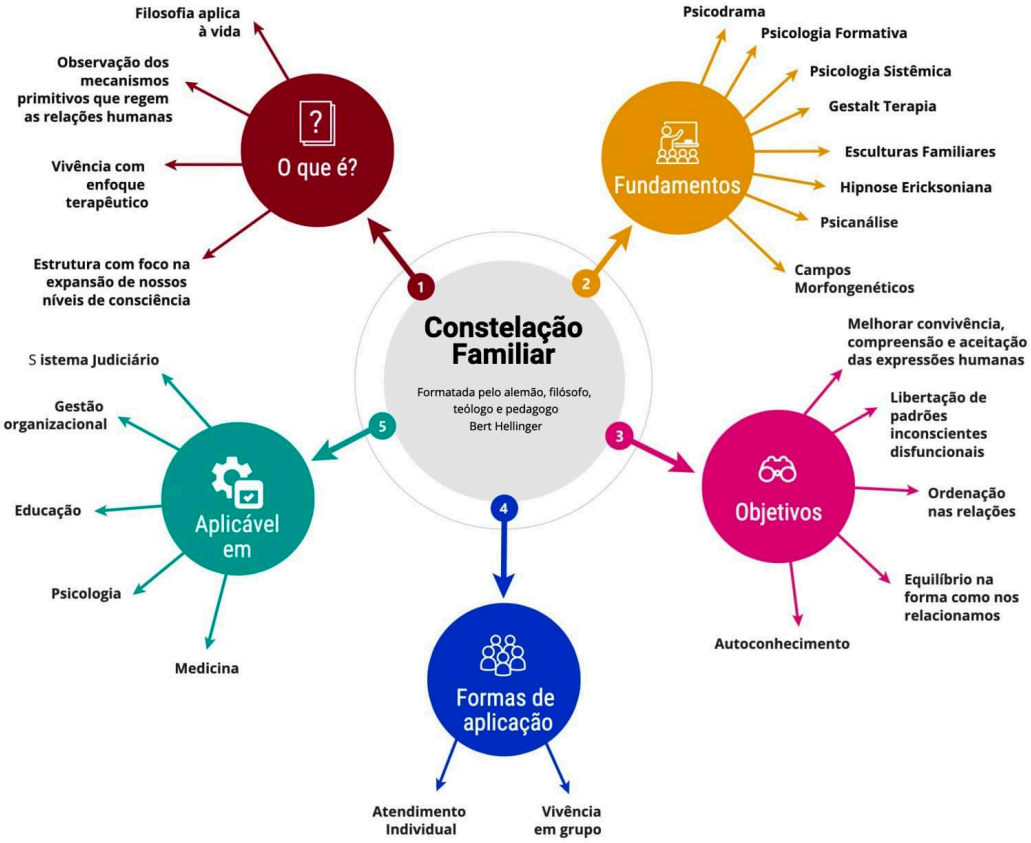
on the other hand, it is nothing more than unresolved painWe understand that we all suffer, and above all, that we have total responsibility for the life that materializes around us.

In this way, it is essential to learn the integrated systemic new methodology that **IBRATH**developed. An innovative vision on family conciliation processes applied not only to the family, but to all events of human social interaction.

It is a powerful professional tool that will help you better understand the people around you and their internal, family and relationship processes (friendships, love, etc.)

Remember, when we become aware of the processes that influence our lives, we then gain control and direct our decisions more precisely. And so we open countless doors to opportunities and, above all, to a happier and more complete life, alongside incredible people who are also seeking improvement, development and answers.

Tip: Don't settle for the basics! Life has a lot to offer you when you understand the systems around you and the power of LOVE!



WHOWASBERTHELLINGER ?

Creator, Educator, of Family Constellation

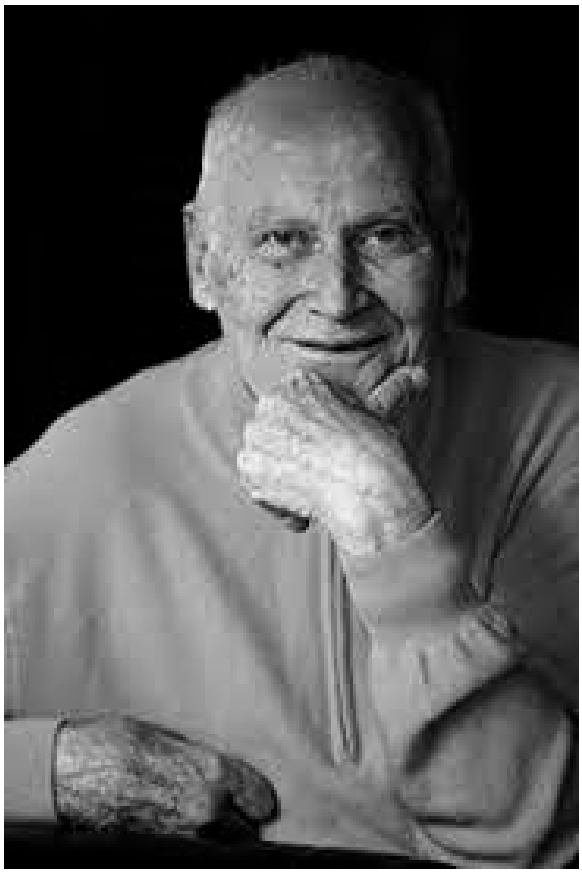
Bert Hellingeris considered one of the most important therapists today.**Born in Germany in 1925, Hellinger**He began his career as a Catholic priest and missionary, working primarily in Africa. There, he had the opportunity to experience different cultures and learn about the traditional therapeutic practices used by indigenous peoples.

It was from there that Hellinger began to take an interest in the world of therapy and began to develop his own approach, known as Family Constellation. Family Constellation is based on the belief that**Family dynamics can affect people's emotional and physical health**and that it is possible to solve emotional problems by looking at family relationships and the patterns of behavior that are passed down from generation to generation.

Hellinger began developing Family Constellation in the 1980s,**from his experience as a missionary**and his studies in psychology, philosophy and theology. He believed that many of people's emotional problems were the result of patterns of behavior passed down from generation to generation and that it was necessary to reorder the family's system of love and order to solve these problems.

Hellinger carried out his first sessions using Family Constellation in therapeutic groups in Germany. From then on, Bert Hellinger is a German therapist who became known for developing the Family Constellation approach. While still young, Bert Hellinger graduated in theology and philosophy, but soon decided to pursue a military career, serving as a Jesuit missionary in Africa. During his time in Africa, he had the opportunity to work with indigenous tribes and learn firsthand about their traditional healing practices.

It was from this experience that Bert Hellinger began to develop the theory of Family Constellation, which is based on the belief that family dynamics can affect people's emotional and physical health and that it is possible to solve emotional problems by looking at family relationships and behavior patterns passed down from generation to generation.



After his return from Africa, Bert Hellinger began his career as a therapist and began applying Family Constellations in his sessions. The technique quickly became very popular and is now used by therapists all over the world.

In addition to being a renowned therapist, Bert Hellinger is also a prolific writer and has published dozens of books on Family Constellations and other therapy-related topics. His books are read and studied by therapists and interested parties all over the world and are considered essential resources for those who wish to delve deeper into the theory and practice of Family Constellations.

Bert Hellinger is also known for his work as a speaker and for giving workshops and training courses in several countries around the world. His methodology is considered innovative and revolutionary and has helped many people find solutions to emotional and relationship problems.

Bert Hellinger is an internationally renowned therapist and his theory of Family Constellations is widely used and recognized throughout the world. His journey as a therapist and his work with indigenous tribes in Africa are curious facts that contributed to the development of his theory and to his brilliant career as a therapist and writer.



WHAT IS ITANCESTRY?

Crucial observations for applying the technique

Ancestry is a central concept in Family Constellations, as it is based on the belief that patterns of**behavior and emotional problems are passed down from generation to generation.**This means that the conflicts and traumas our ancestors faced can influence the way we relate to the world and the people around us.

For example, if one of our ancestors was a victim of violence or oppression, this may have left emotional scars that are passed down to the next generation and can manifest in relationship problems or low self-esteem. Similarly, dysfunctional behavior patterns, such as alcohol or drug abuse, can also be passed down from generation to generation.

Through Family Constellations,**it is possible to explore the patterns passed down by our ancestors**and understand how they are affecting our current lives. Furthermore, it is possible to reorder the family's system of love and order, aiming to solve these problems and build healthier relationships. It is important to emphasize that ancestry is not a burden that we carry without a choice. By understanding the patterns passed on by our ancestors, we can choose to continue perpetuating these patterns or to change them and build something different for ourselves and for future generations. Family Constellations give us the opportunity to make this choice consciously.

In addition to emotional problems and dysfunctional behavior patterns, ancestry can also be responsible for other issues that affect our current lives. For example, if one of our ancestors suffered some type of loss or deprivation, such as the loss of a child or a business.**, this may have left emotional scars that affect us to this day.** In these cases, we may find it difficult to create healthy relationships or build the life we want, even without understanding the origin of this feeling.

Another important issue to consider is the possibility of there being **""empty places"**in our family structure, that is, people who have been excluded from the family memory, either consciously or unconsciously. This may include children who were aborted, siblings who died early, or relatives who were banished from the family for some reason. These empty spaces can create distortions in the family's system of love and order and affect the way we relate to others.

Finally, it is important to remember that ancestry is not limited to our parents and grandparents. It extends to all the people who were part of our family history, including uncles, aunts, cousins, and other relatives.**It is possible that these people left emotional scars**and patterns of behavior that still affect us today. By understanding the influence of ancestry on our lives, we can make more informed decisions and build healthier relationships with others.

Ancestry is a central concept in Family Constellations, as it is based on the belief that behavioral patterns and emotional problems are passed down from generation to generation. This means that the conflicts and traumas that our ancestors faced can influence the way we relate to the world and the people around us. In addition, ancestry can also be responsible for other issues that affect our current lives, such as difficulties in creating healthy relationships or building the life we want, due to losses or deprivations suffered by our ancestors.

One of Bert Hellinger's main contributions to the theory of Family Constellations was the importance he gave to ancestry and transgenerational family dynamics. He believed that in order to understand and resolve the emotional problems of his patients, it was necessary to look beyond current relationships and also consider family dynamics from the past. This included both known facts and those that had been forgotten or hidden by the family.

To explore these issues, Bert Hellinger created the Family Constellation technique, which involves choosing representatives for family members and other significant people, such as friends or coworkers. These representatives are placed in a room or open space and are instructed to position themselves according to how they feel about each other. This allows the therapist to observe family dynamics and identify patterns of behavior that may be causing problems.





In addition to helping people understand and resolve family conflicts, Family Constellations can also help overcome past traumas and build healthier relationships. By looking at our ancestry and the patterns passed down from generation to generation, we can become aware of these issues and choose to change dysfunctional patterns, building a different future for ourselves and future generations. Bert Hellinger was a German therapist who became known for developing the Family Constellation approach, which is now used by therapists around the world.

Hellinger's theory is based on the belief that family dynamics can affect people's emotional and physical health and that emotional problems can be solved by looking at family relationships and patterns of behavior passed down from generation to generation. Ancestry is a fundamental concept in Family Constellations, and Hellinger placed great importance on transgenerational family dynamics in understanding and resolving the emotional problems of his patients. With the Family Constellation technique, it is possible to explore these patterns passed down from our ancestors and reorder the family's system of love and order to build healthier relationships and a different future.

DOLLSCONSTELLATION

Energy / Spiritual Representations

Dolls are one of the tools used in Family Constellations to represent family members and other significant people. They are placed in a certain position and the therapist observes the family dynamics that are revealed. The therapist then guides the client in reordering the family's system of love and order, aiming to resolve the problems identified.

The methodology for using dolls varies depending on the therapist and may include choosing the size and type of doll, as well as how they are positioned. Some therapists use life-size dolls, while others prefer smaller dolls. Some use cloth dolls, while others prefer plastic or wooden dolls. The important thing is that the dolls are able to convey the emotions and relationships of the family members clearly and accurately.

An example of the use of dolls in a Family Constellation is the representation of a sibling who died early. In this case, the doll of the sibling can be positioned to symbolize the loss and the vacant place he left in the family. The therapist can observe how the other dolls relate to the doll of the sibling and how this loss affects the family dynamics. The therapist can then guide the client in reordering the family's system of love and order, aiming to solve the problem.

Another example of using dolls in a Family Constellation is the representation of a child who has been aborted. In this case, the doll of the child can be positioned to symbolize the vacant place that he or she would occupy in the family. The therapist can observe how the other dolls relate to the doll of the child and how this abortion affects the family dynamics. The therapist can then guide the client in reordering the family's system of love and order, aiming to solve the problem.

In short, dolls are an important tool in Family Constellations, as they allow family members and other significant people to be represented clearly and accurately. They are used to observe family dynamics and to guide the client in reordering the family's system of love and order, aiming to solve problems and build healthier relationships.

COMMANDSDELOVE

Manifesting energetic transmutation

Orders of love are a fundamental concept in Family Constellations, as they are based on the belief that emotional problems and behavior patterns are passed down from generation to generation. According to this approach, each family has a specific order of love and order that determines how family members relate to each other.



In Family Constellations, the orders of love are represented through representatives for family members and significant others. These representatives are positioned according to how they feel about each other, and the therapist observes the family dynamics that are revealed. The therapist then guides the client in reordering the order of love and the order of the family, aiming to resolve the problems highlighted.

There are several orders of love addressed in Family Constellations, including the order of love for parents, the order of love for children, the order of love for siblings, and the order of love for grandparents. Each of these orders determines how family members relate to each other and can have a significant impact on how they feel and behave.

Through Family Constellations, it is possible to explore the family's love orders and understand how they are affecting the lives of each of its members. In addition, it is possible to reorder the order of love and family order, aiming to solve problems and build healthier relationships.

1. **Order of love for parents:** The order of parental love is the way children relate to their parents and how these relationships affect their lives. For example, if a child feels that he or she needs to be perfect in order to be loved by his or her parents, this order can affect his or her relationships with other people and cause emotional problems.

2. **Order of love for children:** The order of love for children is the way parents relate to their children and how these relationships affect their lives. For example, if a parent feels that they need to be perfect in order to be loved by their children, this order can affect their relationships with other people and cause emotional problems.

3. **Order of love for brothers:** The order of sibling love is the way siblings relate to each other and how these relationships affect their lives. For example, if a sibling feels that they need to be perfect in order to be loved by their siblings, this order can affect their relationships with other people and cause emotional problems.

4. **Order of love for grandparents:** The grandparent love order is the way grandchildren relate to their grandparents and how these relationships affect their lives. For example, if a grandchild feels that he or she needs to be perfect in order to be loved by his or her grandparents, this order can affect his or her relationships with other people and cause emotional problems.

5. **Order of love for uncles and aunts:** The order of love for aunts and uncles is the way in which nieces and nephews relate to their aunts and uncles and how these relationships affect their lives. For example, if a nephew feels that he needs to be perfect in order to be loved by his aunts and uncles, this order can affect his relationships with other people and cause emotional problems.

6. **Order of love for nephews**: The order of love these relationships have affects their lives. For example, if an aunt or uncle feels that they need to be perfect in order to be loved by their nephews or nieces, this order can affect their relationships with other people and cause emotional problems.

7. **Order of love for cousins:** The order of cousin love is the way cousins relate to each other and how these relationships affect their lives. For example, if a cousin feels that he or she needs to be perfect in order to be loved by the other cousins, this order can affect his or her relationships with other people and cause emotional problems.

8. **Order of love for spouses:** The order of love between partners is the way partners relate to each other and how these relationships affect their lives. For example, if one partner feels that they need to be perfect in order to be loved by the other, this order can affect their relationships with other people and cause emotional problems.

9. **Order of love for partners:** The order of love for partners is the for-

but how people relate to their partners and how these relationships affect their lives. For example, if a person feels that they need to be perfect in order to be loved by their partner, this order can affect their relationships with other people and cause emotional problems.

10. **Order of love for close friends**: The order of love for close friends is the way people relate to their closest friends and how these relationships affect their lives. For example, if a person feels that they need to be perfect in order to be loved by their closest friends, this order can affect their relationships with other people and cause emotional problems.

To demonstrate in a practical way the orders of love practiced in Family Constellation, we can use the following example:

Imagine that a person is having problems in their current romantic relationship. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other.

For example, the client might choose one representative for himself or herself and another for his or her current partner. The therapist can then observe how the representatives position themselves in relation to each other and how this reflects the dynamics of the current relationship. The therapist can then guide the client to rearrange the order of love and order of family in order to address the issues identified.

In this way, it is possible to explore the family's love orders and understand how they are affecting the client's current relationship. In addition, it is possible to reorder the love order and family order, aiming to solve problems and build healthier relationships.

Here are some more examples demonstrating the use of love orders in Family Constellations:

A person is having problems in their relationship with their parents. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other.

By observing the dynamics between the representatives, the therapist can help the client understand how the order of love for parents is affecting their relationship.

MOREEXAMPLES

Crucial observations for applying the technique

Here are some more examples demonstrating the use of love orders in Family Constellations:

A person is having problems in their relationship with their parents. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other. By observing the dynamics between the representatives, the therapist can help the client understand how the order of love for their parents is affecting their current relationship.

A person is having trouble with their relationship with their children. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other. By observing the dynamics between the representatives, the therapist can help the client understand how the order of love for children is affecting their current relationship.

A person is having trouble in their relationship with their siblings. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other. By observing the dynamics between the representatives, the therapist can help the client understand how the order of love for siblings is affecting their current relationship.

A person is having trouble in their relationship with their grandparents. During a Family Constellation session, the therapist may ask the client to choose representatives for family members and significant others. The therapist may then guide the client to position the representatives according to how they feel about each other. By observing the dynamics between the representatives, the therapist can help the client understand how the order of love for grandparents is affecting their current relationship.

These are just a few examples of how the orders of love can be demonstrated and worked on in Family Constellations. It is important to remember that each family is unique and that the way in which the orders of love manifest themselves can vary greatly from one family to another. Therefore, it is essential that the therapist works in a sensitive and attentive way to understand the specific family dynamics of each client.

FIRSTSTEPS?

The fastest and most practical way to constellate

Family Constellations are a therapeutic technique based on the belief that emotional problems are the result of behavioral patterns passed down from generation to generation. They can be performed in a group, through workshops, or individually, with the help of a therapist.

But how can you learn to perform Family Constellations effectively? How many constellations are needed to master the technique? What is the best way to acquire knowledge on the subject?

These are common questions among those who wish to delve deeper into Family Constellations. Theoretical training is important, but it is often not enough to have a complete understanding of the theory. It is also necessary to have the opportunity to practice and experience the technique in a concrete way.

To meet this need, some therapists offer Family Constellations workshops and workshops. At these events, it is possible to participate in constellation sessions and have the opportunity to observe and practice the technique directly. In addition, reading books on the subject can be a useful way to acquire theoretical knowledge and better understand Bert Hellinger's approach.

However, even with theoretical training and practical experience in workshops, it can often still be difficult to understand how to start performing Family Constellations independently. It is

This is where this manual can be useful.

In it, the author shares his experience with the technique and provides practical details on how to apply it effectively. With this information, it is possible to have a solid foundation to start carrying out Family Constellations independently.

Carrying out a Family Constellations service can be divided into some basic steps:

Theme definition: Before starting the service, it is important to define what the topic will be worked on. This could be an emotional or behavioral problem, or a specific situation that is causing difficulties for the client.



Selection of representatives: The therapist guides the client in choosing representatives for their family members and significant others, such as friends or coworkers. These representatives will be positioned according to how they feel about each other.

Positioning of representatives: Representatives are positioned according to how they feel about each other. This can be done in a variety of ways, such as placing them in a line, in a circle, or in a spatial arrangement.

Observation of family dynamics: The therapist observes the family dynamics that are revealed by the positioning of the representatives and seeks to identify patterns of behavior that may be causing problems for the client.

Reordering the system of love and order: Based on the observations made, the therapist guides the client in reordering the family's system of love and order, aiming to resolve the problems identified. This may include adjusting the positioning of representatives or performing specific exercises.

Reflection and application: After the reorganization, the client is guided to reflect on the changes made and how they can be applied in real life. It is important that the client makes a sincere reflection on his/her own beliefs and behavior patterns and that he/she is willing to change them if necessary.



CONSTELLATIONGROUPS ?

Main Features and Possibilities

Characteristics of Group Family Constellations Group Family Constellations are a therapy applied to solve personal or family problems through the help of a group of people and guidance from a constellator.

Group Constellationsare a therapeutic approach based on Family Constellation, developed by Bert Hellinger. They**are carried out in groups**, with several participants, and aim to help people understand and resolve emotional problems related to their family relationships and behavior patterns.

To conduct a Group Constellation, the therapist guides participants in choosing representatives for their family members and significant others. These representatives**are positioned according to how they feel about each other**others and the therapist observes the family dynamics that are revealed. The therapist then guides the group in reordering the family's system of love and order, aiming to resolve the problems highlighted.

Group Constellations can be an effective way**to help people understand and resolve conflicts**family members, overcome past traumas and build healthier relationships. They also allow participants to see problems in their lives from a different perspective and find solutions to them more effectively.

Essential Tool: Phenomenological Perception In addition to any protocol or method of application of Family Constellations, the basic tool is phenomenological perception. It is an open look at the manifestations that may be coming.

The main characteristic of this attention is that it is carried out without fear and without exercising any type of criticism that could disturb intuition. It is often defined as subliminal and is reminiscent of the concept of floating attention from Psychoanalysis.

Unlike other therapeutic modalities such as individual Family Constellations, online or self-constellations, in group treatment, the therapist's attention will be directed to the emotional or physical manifestations of:

- Representatives
- Group members who are sitting and watching
- Consultant who raises your problem
- Constellator

As shown in the image below, it is important that representatives are visually accessible to the customer. In a circle, in a line or in rows... So that selection and representation can be done effectively.

People often select based on physical similarity or affinity, so visual selection is important. In many cases, clothing, items and even personal belongings are taken so that the representation is more realistic and the service more efficient.

The indication for this type of service is essential that all representatives are mediums or extremely sensitive and empathetic people.



We recommend this because in this way the energy that is being represented becomes much more expressive. It gains voice, prominence and also ends up being more accurate in what really needs to be worked on.

In this regard, the family constellation ends up being an energetic work, since the representatives are able to express what is already at an energetic level, shouting and expressing themselves, but until now they have not had a voice!

The representative then gives voice to everything that was stuck and needed to be expressed, exposed or restored.

The constellation is more than a tool, it is an opportunity to generate clarity for lives, families and entire generations.





Auxiliary work material In group Family Constellations you work with people, but there are other symbolic objects that may be needed.

when constellating:

- For abortions and motherhood issues: baby-sized dolls.
- For abundance, money and success in life: photocopies of cash, checkbook, credit cards.
- For inheritance, rental and sale of real estate: sale sign, rental sign, deeds, wills, estate plans, pendulum.
- For vices and difficult fates: ties, ropes, scissors, box cutter, letter opener, sword or some small tool that represents something sharp.
- For family secrets: chest, stone, pacifier or paper fortune teller
- To represent someone who has passed away: a pillow, a box, a cross
- For religious themes: minerals, glass pyramids, religious figures, talismans.

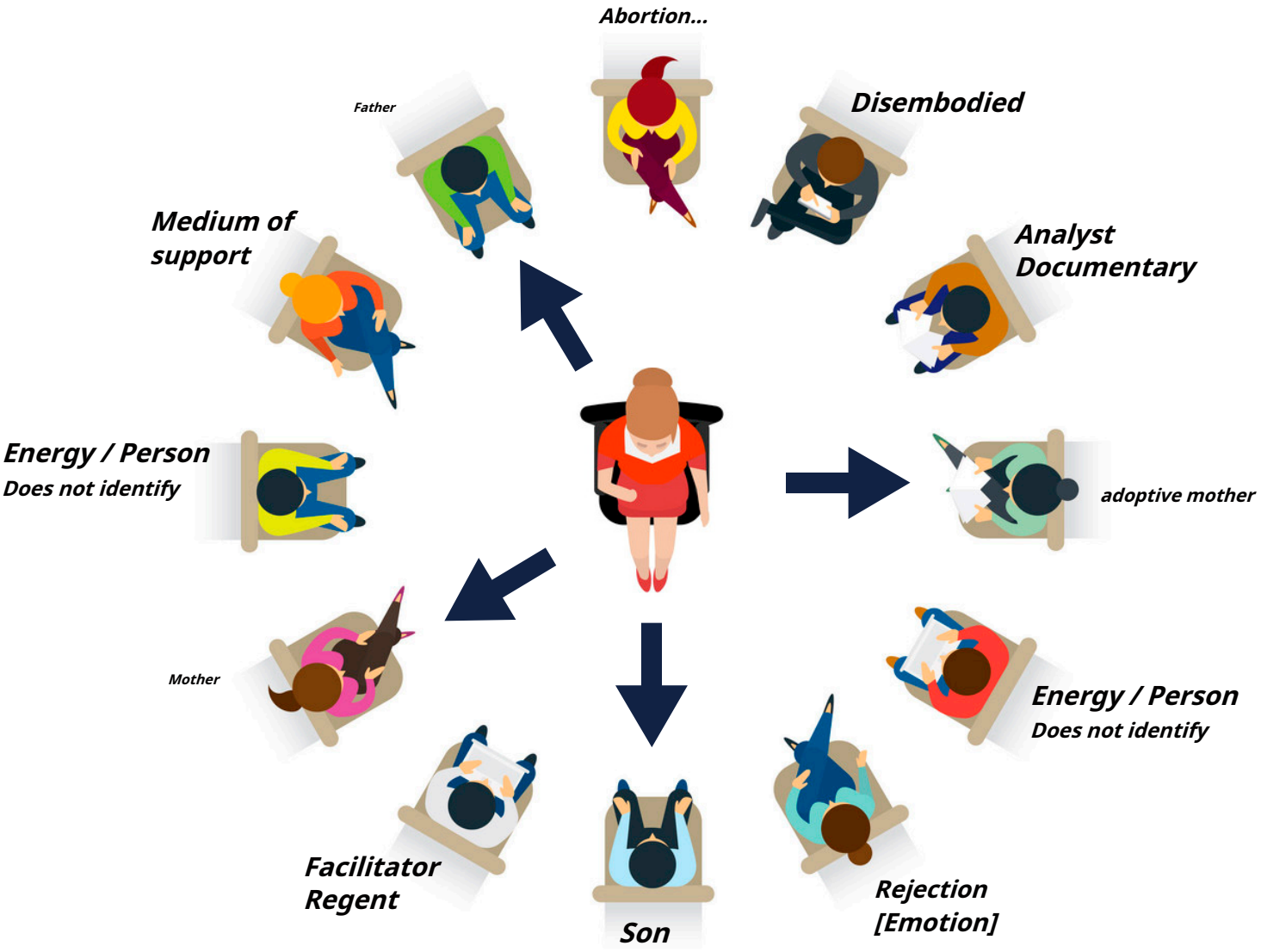
Remembering that these items are just representations (archetypes), they are not necessarily necessary.

You can easily change these items according to similar representations that are capable of generating the same energetic state.

application recommendation I recommend group constellation in the following cases: . When you need to resolve issues that require more information than can be obtained through an individual constellation session or in a self-constellation.

- When you are undergoing psychological treatment, personal analysis, couples or family therapy and you want to corroborate certain points through what other people express.
- When you want to build the Map of Constellations relatives through the contribution of the group's experience.

Especially in resolving business issues, inheritances and Real Estate Coaching*



In the case of theatrical or group constellations, mediums or sensitive people are selected. Although it is not mandatory or necessary for the representative to be a medium, it is highly recommended. Since this type of person will be able to capture any energy and will be able to explore more deeply all the power present in that representation.

In other words, if the medium is selected as a son, grandfather... He will represent this energy in all its aspects, the way of speaking, acting, expressing himself. In some cases, even expressions and memories of moments that have already passed may emerge.

Who chooses the representative? The client always does! However, there are cases of unidentified energies in the environment. In these cases, the regent, or one of the mediums can inform the group that he has identified an energy that is being worked on and is willing to represent it.



CONSTELLATIONDOLLS

Main Features and Possibilities

In the case of constellations with dolls, the procedure is the same, but in a more simplified and economical way. Since only one person is needed to carry out the service, who is responsible for making the representations, captures and demonstrations.

You representatives in this case they are you dolls, what they are guide- of the by the constellator regent what captures and move you cap- waistband according to the representations energetic demonstrated the he.

In the same way, the client selects the dolls, and which will be the family representations. In some cases, in addition to the dolls, therapists use crystals, PVC dolls, toys... The material really doesn't matter, what's important is the work that will be done.

In addition, many therapists also use Family Constellation radionic tables to facilitate the service and make it more visually appealing.

Like the IBRATH radionic table that helps as if it were a board, facilitating all the work of the constellator, in addition to making all the service more pleasant and easy to understand.



CONSTELLATIONWATER

Main Features and Possibilities

In the case of the constellation in the water, the same instrument is used as for the theatrical constellation (group) and the one with puppets. However, from the IBRATH perspective, this is the one that has the least human interference and flows more naturally.

See: In the case of group constellations, even though mediums are extremely prepared and capable, mediums have feelings, tendencies, and also beliefs and faith. In other words, these types of energy always end up interfering, even if only minimally.

The same occurs with the constellation with dolls, since the dolls are manually moved by the service conductor, who selects the interaction that will be arranged.

In the water constellation, according to the standard procedure, the dolls are positioned, the intention is transmitted and the entire treatment usually flows naturally through the conduction of the energies over the water. It is a natural, autonomous process. The representatives approach, move away, and move naturally, demonstrating the entire energetic scheme present in the patient's life.

OBSERVATIONSRAPHAELB .

Don't limit yourself, don't replicate... innovate, transform

The truth is that there are many different types of constellations, and this number is only increasing. We are facing a market that is rapidly expanding: there is already talk of constellations with horses, dolphins, in the sand... astrological constellations, numerological constellations and the list goes on.

Is this a bad thing? Many therapists criticize this, claiming that the field has become a kind of “marketplace.” However, I see it the other way around. Any therapist who criticizes innovation and new perspectives risks stagnation.

We need to understand that, although Bert Hellinger systematized a method, the energetic and spiritual knowledge behind the constellation has always existed and can, in fact, manifest itself in different ways.

All of humanity's knowledge is already there, within our reach. If we limit ourselves to simply replicating a method exactly, following a manual to the letter, we are blocking the natural expansion of human knowledge and spirituality.

We are discussing something that has no absolute proof. So how can certain experts in the field of constellations claim that only their method is valid?

My suggestion to you, reader: expand your horizons, experiment, innovate, be bold. You will probably encounter professionals who will try to instill fear in you, saying that you might harm someone. But if your intention is genuine, if you are constantly seeking improvement and genuinely want to help others, you are on the right track.

This practice of scaring new therapists often serves to maintain the hegemony of a few in the field, and to hinder the development of new talent.

Finally, I wish you to fly high! Don't limit yourself to just what is in this book. Expand yourself, go further and, who knows, accept my challenge to write something even more inspiring. I hope to be surpassed!

I want everyone who comes into contact with my teachings to be able to go further than I have ever been. Humanity has always advanced in this way. But this will only happen if you dare to do things differently. Absorb what is here, but find your own path!

PROTOCOLSERVICE

Crucial observations for applying the technique

Here is an elaborate procedure for a Family Constellator:

Client preparation: Before the session begins, it is important that the client understands what Family Constellation is and how it works. The constellator should explain the process and answer any questions or concerns the client may have. In addition, it is important to establish a relationship of trust and respect between the constellator and the client.

Defining the purpose of the session: The constellator should work with the client to define the purpose of the session. This may include identifying problematic patterns in family relationships, understanding a client's family dynamics, or finding solutions to specific problems.

Selection of representatives: The constellator should help the client select representatives for family members and other significant people. These representatives can be dolls, photographs or even other people present in the session.

Constellation: The constellator should guide the client to position the representatives according to how they feel about each other. By observing the dynamics between the representatives, the constellator can help the client understand family patterns and find solutions to the problems presented.

Processing: After the constellation is performed, the constellator should work together with the client to process what was discovered during the session. This may include discussing the
that was observed, identify
problematic patterns and find
solutions to the problems presented.



Action plan: Finally, the constellator should help the client create an action plan to implement the solutions found during the session. This may include recommendations for changes in family relationships, suggestions for additional therapy, or other steps to be taken.

Follow-up: It is important that the constellator follows up on the client's progress after the session. This may include additional constellator sessions.

Family telephony, or simply keeping in touch with the client to ensure that recommendations are being implemented effectively.



Adaptation of the procedure: It is important that the constellator is willing to adapt the treatment procedure according to the specific needs of the client. This may include adjusting the number of sessions, changing the constellation methodology or including other forms of therapy to complement the treatment.

Collaboration with other professionals: In
In some cases, it may be helpful for the constellator to collaborate with other mental health professionals, such as psychologists or psychiatrists. This can help ensure that the client receives the most complete and effective treatment possible.

Respect for the client's needs: Above all, it is important that the constellator respects the client's needs and desires. This includes ensuring that the client feels comfortable and safe during the session, and working together with the client to find solutions that meet their specific needs.

OTHER PRACTICAL EXAMPLES...

Start of session: Before beginning the constellation, the constellator must establish a connection with the client and ensure that both are comfortable and ready for the process. The constellator must also review the purpose of the session and ensure that the client understands what will be discussed.

Selection of representatives: The constellator should help the client select representatives for each family member and significant other. These representatives can be dolls, photographs or even other people present in the session.

Positioning of representatives: The constellator should guide the client to position the representatives according to how they feel about each other. This may include the distance between the representatives, the angle at which they are positioned, and any other characteristic that may be relevant.

Observation of dynamics: The constellator should observe the dynamics between the representatives and note any patterns or trends that may be revealed. This may include observing the position of the representatives, the way they relate to each other, or any other relevant information.

Questions and interventions: The constellator may ask questions or make interventions to gain more information and help the client understand the family dynamics. This may include asking the client about each representative's feelings, or making interventions with the representatives to explore the dynamics further.

Changes in the constellation: The constellator may suggest changes to the constellation, such as moving representatives to different positions or adding or removing representatives, to explore the dynamics in more depth.

Processing: After the constellation is completed, the constellator should work with the client to process what was discovered during the session. This may include discussing what was observed, identifying problematic patterns, and finding solutions to the problems presented.

Session closing: Before ending the session, the constellator should summarize what has been discussed and help the client establish an action plan to implement the solutions found. The constellator should also discuss any additional follow-up that may be necessary and schedule any additional sessions.



Professional Indiation: There is no single procedure... The most difficult part of the constellation ends up being the understanding of what the point of disharmony really is and the elaboration of it. There is no point in replicating a procedure, or following a step by step, no matter how complete it is.

Look for not just one training in constellations, but several, different perspectives, different methodologies. Believe me, just because you have a certificate as a constellator does not mean you are already one.

A good constellator takes at least 1 course per month, is always practicing, seeking other training to integrate their knowledge such as psychoanalysis, psychotherapy, and other holistic therapies.

Family constellation is a journey! In the following pages we will provide a visual view of a consultation and also a consultation form that can be used to facilitate the understanding of the process present in your patient.

The form will help you clarify points and provide better guidance for the preparation of your service. We strongly recommend that if you are just starting out, you start with family constellations with dolls and, as the years go by, start with theatrical constellations (groups) and in water.

F i c hService

Completion of the service record

Name :
Phone - Whatsapp:
Date of birth:
Full Address:
Sex:
Age:

Family Study - Origin

Were you adopted?:
Mother's Name:
Father's Name:
Parents live together or separated?:
Parents alive or deceased?:
Are you divorced?:
Did the parents have another marriage?: Were there cases of cheating between the parents?: Children from another marriage?:
Lack of contact with parents? :
Worn out or negative relationship with parents?: Controlling, possessive or abusive relationship on the part of parents?: Lack of paternal and maternal support in dreams?:

Important Events

When the child was conceived, were the parents already together? Married, Engaged, Living Together?:
Was there family support for this union?:
Was the child planned? Under what circumstances did the pregnancy occur?:
Abortion?:
Was there any trauma, accident or negative event during pregnancy? If so, please list which one...:
What was the couple's situation like at the time, both emotionally and economically?: Was anyone abandoned as a child?:
Did anyone in your family die early?:
Are there cases of suicide in the family, if so who?: Is there death by murder, accident or serious illness?:
Sexual abuse/violence?:
Drug Addiction? Alcoholism? Family Fights?
No yes, cite a case.:
Do any members have any known psychological problems?:
Has there been any instance of betrayal, adultery or omissions? Name a recent or past case:

Painful Losses

Do you have bad relationships? If so, describe below...: Lack of contact with parents or children? If so, describe below...: Worn-out relationship with spouse? If so, describe below...:
Unresolved painful losses? If so, describe below...:

Love Relationships

Are you married, in a relationship?: Do you and your partner live well?:
Is there dialogue, expression, empathy and mutual understanding in your relationship?
Is there mutual support for each person's individual dreams? :
What are the most recurring and visible problems that you can identify in your relationship?:
Do you fight constantly? If so, what is the most common topic during your fights?
Are past traumas from other relationships present now? If so, describe which ones...:

Personal Considerations

Which family area is unbalanced and negative? Parents, children, relationships, friendships... Make a brief summary of the problems you can identify?:

Regarding family/relationships, what is the event that makes you suffer and feel sad the most?:
Make a brief summary of what you believe needs to change?: What do you believe needs to be left behind?:
In your view, is it necessary to forgive?:
Do you believe you need to improve? Rethink your attitudes? If so, which ones?: What is your biggest difficulty in relation to your family?:

Please understand that the form presented above is essential for all family constellation services. This way, you will always have the information and data necessary to direct your professional and energetic service effectively.

The constellation addresses a series of factors, including energetic, emotional, ancestral and spiritual. However, if you don't do the basics, there's no point in seeking answers in the spiritual realm. The form is your guide and will serve to guide your consultation.

It is important, but not mandatory, that you develop a plan of care before carrying out your constellation service. Many therapists currently conduct an online consultation to collect this data and then present an action plan for the specific case. This way, you have time to assimilate and process all the information and the patient's energy profile.

The next step is to present the project and choose the most appropriate type of care for your patient, taking into account both the expected results and the financial aspects. It is worth noting that a group constellation requires a greater investment, as it involves more than one therapist.

Another aspect to consider is the type of service: online or remote. Both are effective, but for those who are just starting out, in-person service tends to be more efficient.

After all these steps, it's time to schedule the session.

Once the appointment is confirmed, it is crucial to prepare adequately for the session. Whether through meditation, reading, or other practices that help you connect with the patient's energy, preparation is essential to conducting the constellation effectively. Remember that each individual has a unique story and emotional burden, and it is your role, as a therapist, to understand and direct this energy toward healing.

Pay attention to adapting what already exists, create something new. Even though Bert Hellinger created a process, it was many years ago, the world is different... Don't limit yourself to what exists. Constellation involves much more than this therapy itself.

Therefore, we strongly recommend that you seek other training such as psychoanalysis, psychotherapy, and even psychology to further integrate your knowledge. Since constellation goes beyond the energetic, it involves the mental, emotional and spiritual.

MEDIATIONCONFLICTS

Crucial observations for applying the technique

Conflict mediation can also be used in conjunction with Family Constellations to help resolve family issues. Often, family conflicts are the result of deeply rooted patterns and dysfunctional dynamics that can be difficult to identify and resolve. Family Constellations can help reveal these patterns and dynamics, allowing the parties involved to address them more effectively.

By using Family Constellations in conjunction with conflict mediation, the mediator can help the parties understand the broader context in which the conflict is occurring and how it fits into broader patterns in the family. This can help identify the roots of the conflict and find more lasting solutions.



Additionally, Family Constellations can help the parties involved recognize and respect the roles and needs of each family member, which can lead to more effective communication and healthier relationships.

In summary, using Family Constellations in conjunction with conflict mediation can be an effective way to help families resolve complex issues and find lasting solutions. By understanding the broader context in which the conflict is occurring and recognizing the roles and needs of each



family member, the parties involved can reach a more satisfactory agreement and build healthier relationships.

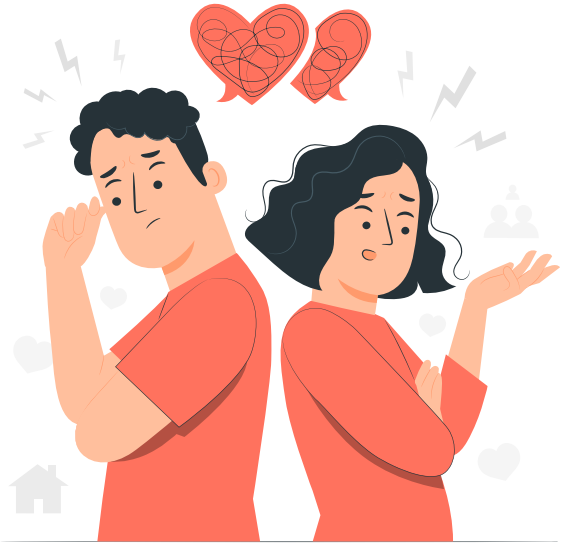
Here are some practical examples of how conflict mediation can be used in conjunction with Family Constellations:

Property Dispute: Two sisters are in dispute over the ownership of their family home, which they inherited from their parents. Using Family Constellations, the mediator helps the sisters understand each other's feelings and needs and find a solution.
that satisfies both parties. This may include dividing the property or creating a shared use agreement.

Conflict between parents and children: Parents and children are in disagreement over issues such as household rules, responsibilities and freedom. The mediator uses Family Constellations to help the family understand each other's roles and needs and find solutions that satisfy everyone involved.

Dispute between spouses: A couple is in disagreement over financial matters and division of household chores. The mediator uses Family Constellations to help the couple understand each other's needs and roles and find solutions that satisfy both.

Dispute between in-laws and sons-in-law: In-laws and sons-in-law are in disagreement about how to raise their grandchildren and about the influence each has on their upbringing. The mediator uses Family Constellation to mediate the relationship between the parents and the children.
liaise to help those involved understand each other's needs and roles and find solutions that satisfy everyone.



Sibling Dispute: Two siblings are in disagreement over the division of their parents' inheritance. The mediator uses Family Constellations to help the siblings understand each other's needs and roles and find a solution that satisfies both.

Dispute between uncles and nephews: Uncles and nephews are in disagreement over the division of a deceased uncle's inheritance.

The mediator uses Family Constellation to help the parties understand each other's needs and roles and find a solution that satisfies everyone.

Conflict between friends: Friends are in disagreement about how to divide the expenses for a weekend in a country house. The mediator uses Family Constellations to help the friends understand each other's needs and roles and find a solution that satisfies everyone.

Dispute between coworkers: Coworkers are in disagreement about teamwork and division of tasks. The mediator uses Family Constellation to help coworkers understand each other's needs and roles and find a solution that satisfies both parties.

Conflict between neighbors: Neighbors are in disagreement about the use of the shared garden and its maintenance. The mediator uses Family Constellation to help the neighbors understand each other's needs and roles and find a solution that satisfies both.

Dispute between ex-spouses: Ex-spouses are in disagreement over custody of their children and the division of assets acquired during the marriage. The mediator uses Family Constellations to help the ex-spouses understand each other's needs and roles and find a solution that satisfies both.

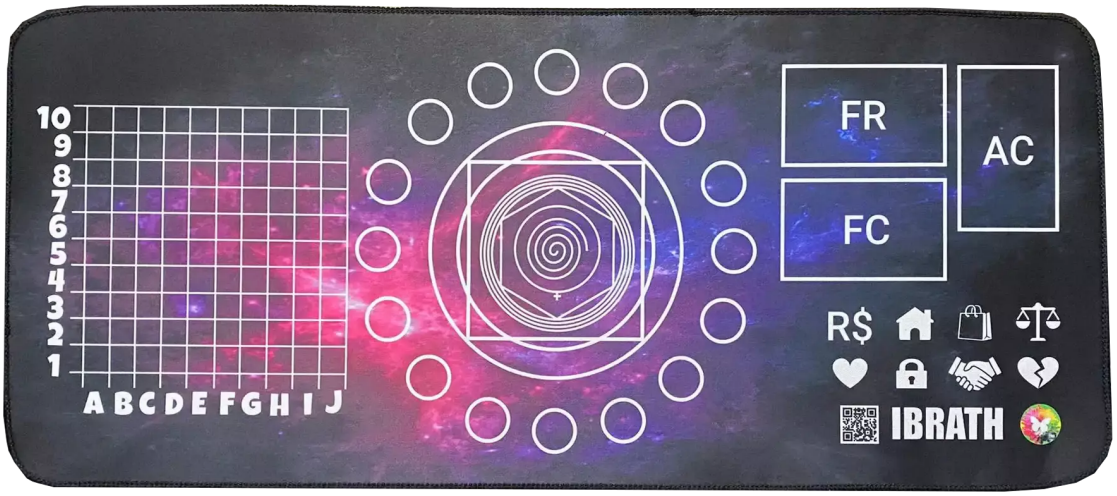
In summary, conflict mediation can be used effectively in conjunction with Family Constellations to help resolve complex family issues and find lasting solutions. By understanding the broader context in which the conflict is occurring and recognizing the roles and needs of each family member, the parties involved can reach a more satisfactory agreement and build healthier relationships.

TABLERADIONICS

Crucial observations for applying the technique

The family constellation radionic table developed by Professor Raphael Barros is a true revolution in the market. Representing a fusion between advanced family constellation techniques and the wisdom of radionic tables, this instrument emerges as a powerful tool for therapeutic work.

Family constellation is a technique that aims to explore hidden dynamics in family systems, bringing to light patterns of behavior, emotional blockages and ancestral traumas. With the introduction of the radionic table, the visualization of these dynamics becomes clearer and more intuitive.



Ease of Visualization with Dolls:
The main feature of this table is that it facilitates work with dolls. On the table, detailed graphics represent the various energetic, emotional and ancestral processes. Each graphic has a specific function, allowing the therapist and the client to visually understand the movements and relationships within the constellation. This makes the experience more tangible and understandable, especially for those who are being introduced to the world of family constellations.

Letters and Anchors:

Reflection Cards: These cards are designed to help the client introspect and reflect on specific aspects of their life and current family dynamics. They act as triggers, stimulating thought and awareness about patterns and issues that may be hidden or ignored.

Love Letters: Represent universal messages of love, healing and acceptance. They serve to reconnect the client with feelings of self-love, love

for ancestors and love for future generations. These letters often bring comfort and clarity in times of confusion or pain.

Anchors: Anchors act as energetic stabilization points. During a constellation session, it is common for intense and sometimes destabilizing emotions to arise. Anchors help maintain balance, ensuring that the work can continue safely and productively.

The innovation brought by IBRATH's radionic family constellation table transcends conventional constellation practices. While traditional constellations depend heavily on the therapist's intuition and the client's ability to visualize and feel family dynamics, the radionic table provides a tangible means, facilitating understanding and deepening the process.

Holistic Integration:
The integrated approach proposed by Professor Raphael Barros with this table is holistic. It is not just about identifying patterns and dynamics, but about understanding the energies and emotions that flow behind them. By connecting with the energies through the charts and cards, therapists can guide their clients with greater precision, leading them to deeper insights and more meaningful healing.

Training and Qualification:
Given the complexity and richness of the table’s features, it is essential that professionals interested in using it seek appropriate training. Professor Raphael Barros and IBRATH offer courses and training to ensure that therapists are properly prepared to explore the full potential of this tool.

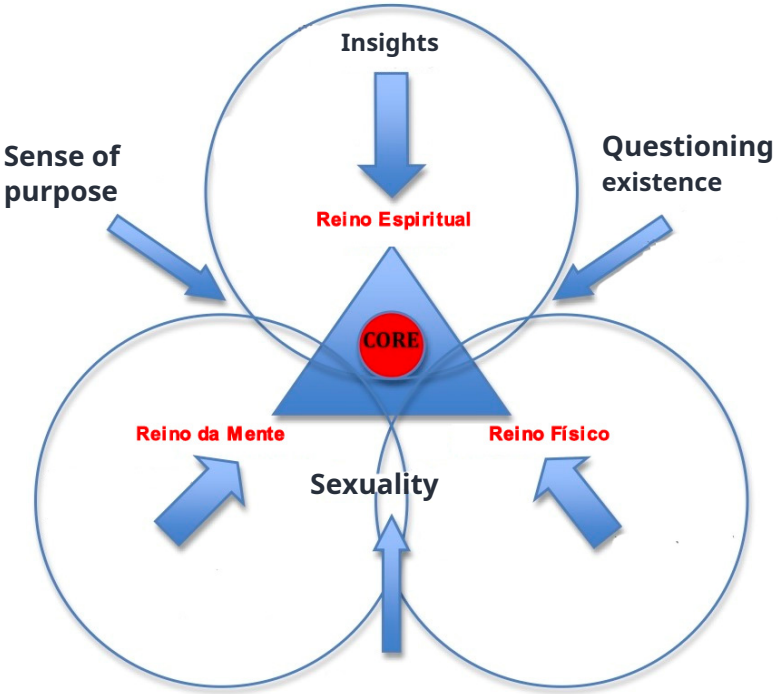
It is important to note that, to guarantee the authenticity and quality of the IBRATH family constellation radionic table, it is essential that interested parties purchase the product exclusively through the institution's official website. The correct address for this purchase is loja.ibrath.com.

By purchasing through the official website, customers are assured that they are receiving the original product, with all the specifications and features proposed by Professor Raphael Barros. In addition, they will avoid possible fraud or counterfeit versions that do not have the effectiveness and quality guaranteed by IBRATH.

Therefore, we reinforce the importance of always choosing the official sales channel when it comes to such specialized and important tools for therapeutic practice.

POINTS
APOMETRY

CONCEPTS
B A SICS



Apometry is a spiritual healing technique that aims to balance a person's inner energy and promote their physical, emotional and spiritual well-being. It is based on the belief that each human being has a vital force, known as prana, ki or chi, which can be channeled to cure illnesses and promote self-knowledge. The practice of apometry involves techniques such as energy cleansing, disobsession and harmonization of the chakras, which are energy centers present in the human body.

Furthermore, apometry allows us to understand the existence of other “planes” and worlds that coexist with us, but that we often cannot perceive without in-depth training or study. It helps us develop our sixth sense, that is, our ability to capture frequencies and information that are present around us, but that are not normally perceived.

by the common senses.

In apometry, we usually divide reality into four realms: the physical realm, the mental realm, the spiritual realm, and the realm of consciousness. Each of these realms has its own qualities, functions, and characteristics, and allows us to perceive reality differently. Apometry seeks to integrate these realms in order to expand our perception of life and the universe.

To become an effective apometric therapist, one must integrate the self-knowledge of the mental realm with the properties and data of the physical realm, seeking information and support in the spiritual realm. In this way, we can achieve a deeper understanding of life, beyond what can be seen, spoken, touched and experienced by the common senses. Apometry helps us to realize that there is much more to life than what we experience.

life than we can imagine.

There are many benefits associated with practicing apometry. Some of these include relieving symptoms of physical and emotional illnesses, increasing physical and emotional resilience, increasing concentration and mental clarity, increasing self-esteem and self-confidence, and increasing a sense of peace and well-being. In addition, apometry can be a valuable tool for self-knowledge and personal growth, helping people understand their true nature and connect with their life purpose.

The methodology of apometry varies according to the practitioner and the patient. Some therapists may use energy cleansing and disobsession techniques before harmonizing the chakras. Others may begin directly with harmonizing the chakras, using massage or laying on of hands techniques. Some may also use meditation or breathing techniques to help the patient focus and relax during the treatment.

Regarding how apometry works, it is believed that it acts directly directly on a spiritual level, releasing blockages and cleansing areas of the body that are unbalanced or obstructed.

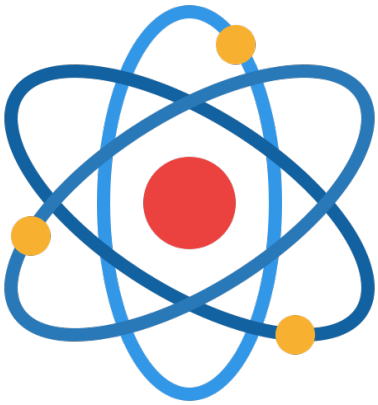
When energy flows freely through the body, physical and emotional well-being is restored, and the patient feels more balanced and at peace. Some therapists also believe that apometry can help connect the patient to their inner healing source, allowing them to become more active in their own healing and personal growth.

It is important to remember that apometry should not be considered as a substitute for conventional medical treatment, but rather as a complement that can help improve people's quality of life.



WHAT IS ATOMO?

Basis of the entire universe?



Everything that exists in our reality is made up of atoms, that is, particles of energy. Each atom has a nucleus composed of protons and neutrons, and electrons that revolve around this nucleus. The energy of atoms can be measured through their frequencies, intensities and vibrations.

What differentiates one atom from another is its composition and its vibration frequency. For example, oxygen and nitrogen are two different atoms because they have different chemical compositions and vibration frequencies. This means that they have distinct physical and chemical properties, which makes them unique in their respective forms of matter.

Everything that exists in our reality, from the most solid objects to the neural waves produced by the brain, is made up of atoms and, therefore, energy. Therefore, energy is the basis of everything we know and experience, and it is through understanding and manipulating this energy that we can change our reality. It is important to remember that energy is a powerful force and that it must be treated with respect and responsibility.

To explain a little better about the constitution of the universe, and further establish this concept that everything is energy, we used the example of the table salt molecule.

Sodium has a certain amount of protons, neutrals and electrons. There is also a certain amount of layers that contain the electrons.

In this way it also has a frequency and a vibration.

To us it may seem solid, however it is an element made up of atoms that are in constant movement.

In the silent heart of each grain of salt, atoms dance in celestial rituals. Sodium, with its mysterious composition, houses within itself the cosmic ballet of protons, neutrons and electrons, forming a spiral of life and light. Each electron dances in its orbit like stars orbiting in the vast firmament, following the whispers of the universe, in a melody that only nature itself knows.

Our eyes see only the solid, the tangible and defined form. But behind this visible curtain, sodium reveals an incessant dance of particles in ecstasy. What we see as static is, in fact, a whirlwind of energy, a concert of atoms in harmony. And so, within what we consider common and ordinary, the extraordinary is revealed, the pulse of life and the cosmos, reminding us that everything, in its essence, is a poem of light and movement.

WHAT IS AENERGY ?

Everything that moves the universe?



Everything in the universe is made up of atoms, or particles of energy. Each atom has a nucleus composed of protons and neutrons, and electrons that revolve around this nucleus. This arrangement of particles gives each atom its own unique characteristics, such as its vibration frequency and its chemical properties.

Energy is a fundamental force that permeates the entire universe and is responsible for maintaining life and the existence of everything we know. It can be found in different forms, such as light, heat, matter and waves. Everything that exists, from the most solid objects to the neural waves produced by the brain, is made up of atoms and, therefore, energy.

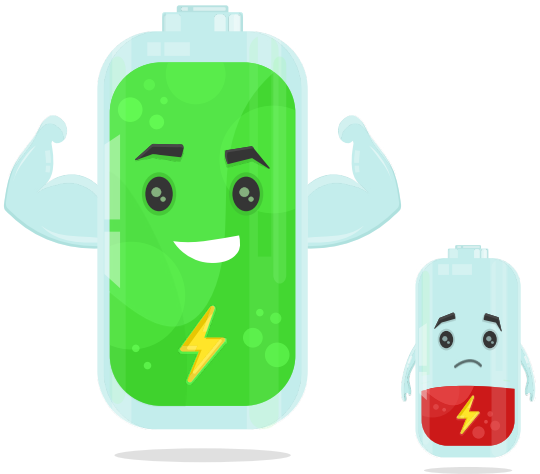
The perspective that everything is an atom and, therefore, everything is energy, helps us understand the fundamental nature of the universe and our own nature as living beings. Everything that exists is interconnected and in constant movement.

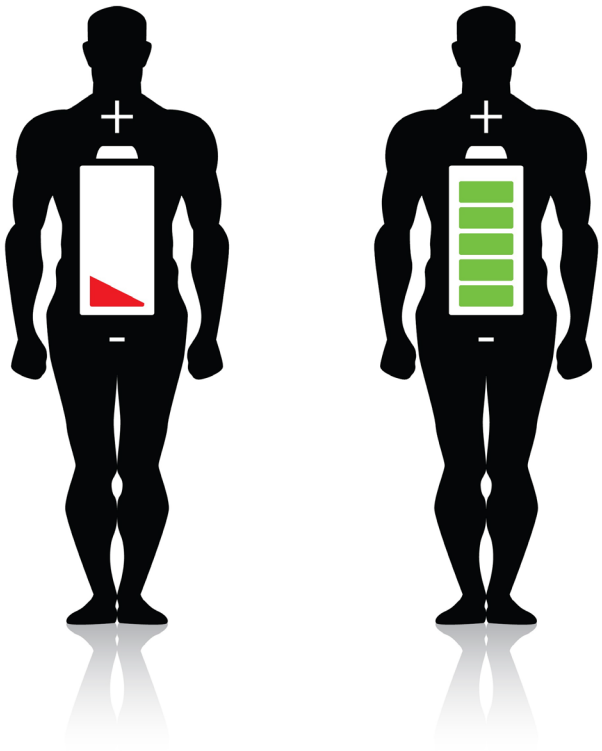
continuing, this perspective also leads us to understand that we are energetic beings and that our own energy has an impact on the world around us.

around us. The way we use, waste or conserve our energy can have a significant effect on our lives and the lives of those around us.

Furthermore, understanding that everything is energy allows us to explore new ways of manipulating and controlling that energy, whether through meditation, energy therapy, or other holistic practices. By learning to balance and control our own energy, we can have a positive impact on our physical, emotional, and spiritual health, as well as how we relate to the world around us.

In short, understanding that everything is an atom and, therefore, everything is energy, allows us to have a deeper and broader vision of the nature of the universe and our place in it. This helps us to understand the interconnectedness of everything that exists and to relate more consciously to the world around us.





Each human being has their own reserve of life force, which is responsible for keeping the physical body and bodily systems functioning properly. This life force can be affected by several factors, such as lifestyle, diet, level of physical exercise and quality of sleep.

When the life force is in balance and at optimal levels, the individual feels energized, healthy and well-being. On the other hand, when the life force is out of balance or at low levels, the individual may feel tired, sick or uncomfortable.

Apometry works directly with the vital force, using techniques such as energy cleansing and chakra harmonization, to restore balance and energy flow in the body. In this way, apometry can be an excellent complement for the treatment of physical and emotional illnesses, as well as for promoting general well-being.

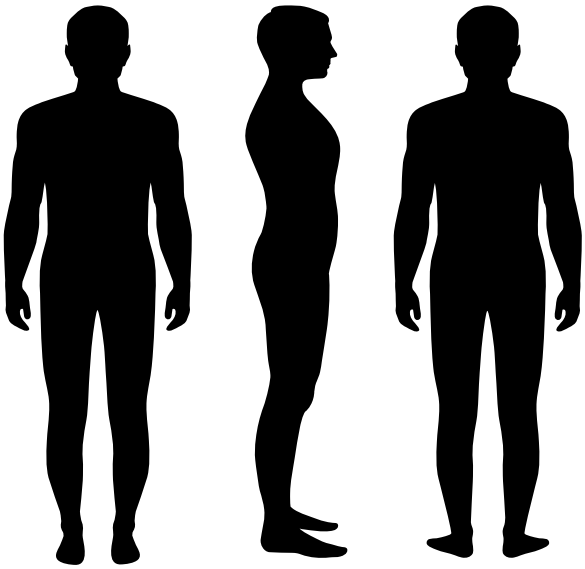
of the individual.

In short, apometry can be understood as a way of working with the individual's life force, likened to an internal human battery. By restoring balance and energy flow in the body, apometry can promote physical and emotional well-being, as well as help prevent disease.

Like apometry, many ancient practices recognize the importance of energy balance for health and well-being. Many cultures around the world have had their own healing methods based on the manipulation of vital energy since time immemorial. Meditation, yoga, acupuncture and reiki techniques are examples of approaches that also aim to harmonize and balance internal energy.

WHAT IS ABIOENERGY ETHICS?

The Mass that makes up the universe



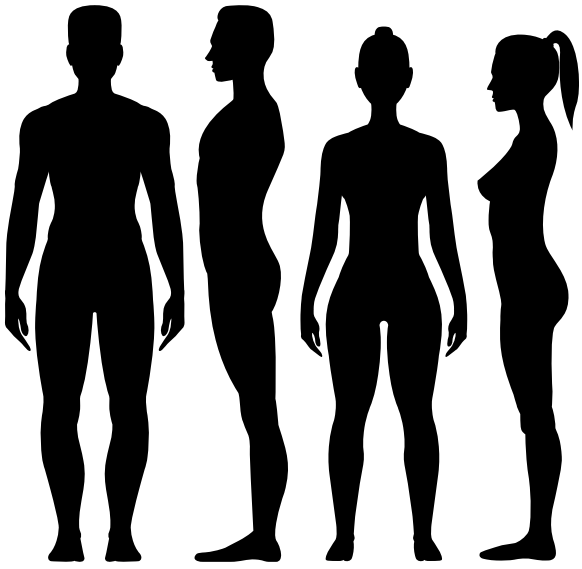
Bioenergetics is the study of energy transfer and conversion processes in living beings. These processes involve the transformation of chemical energy into useful energy for performing cellular work. In this text, we will discuss some practical examples of bioenergetics in different organisms.

One of the main sources of energy for living beings is glucose, a sugar that can be metabolized through cellular respiration. Cellular respiration is a complex process that occurs in different stages and involves the transfer of electrons through electron transport chains, resulting in the production of ATP (adenosine triphosphate), an energy molecule that is fundamental for cellular processes.

An example of cellular respiration occurs in mitochondria, cellular organelles present in almost all eukaryotic cells. In mitochondria, glucose is metabolized in a process involving glycolysis, the Krebs cycle and the electron transport chain. During this process, electrons are transferred through proteins found in the inner mitochondrial membrane, resulting in the production of ATP.

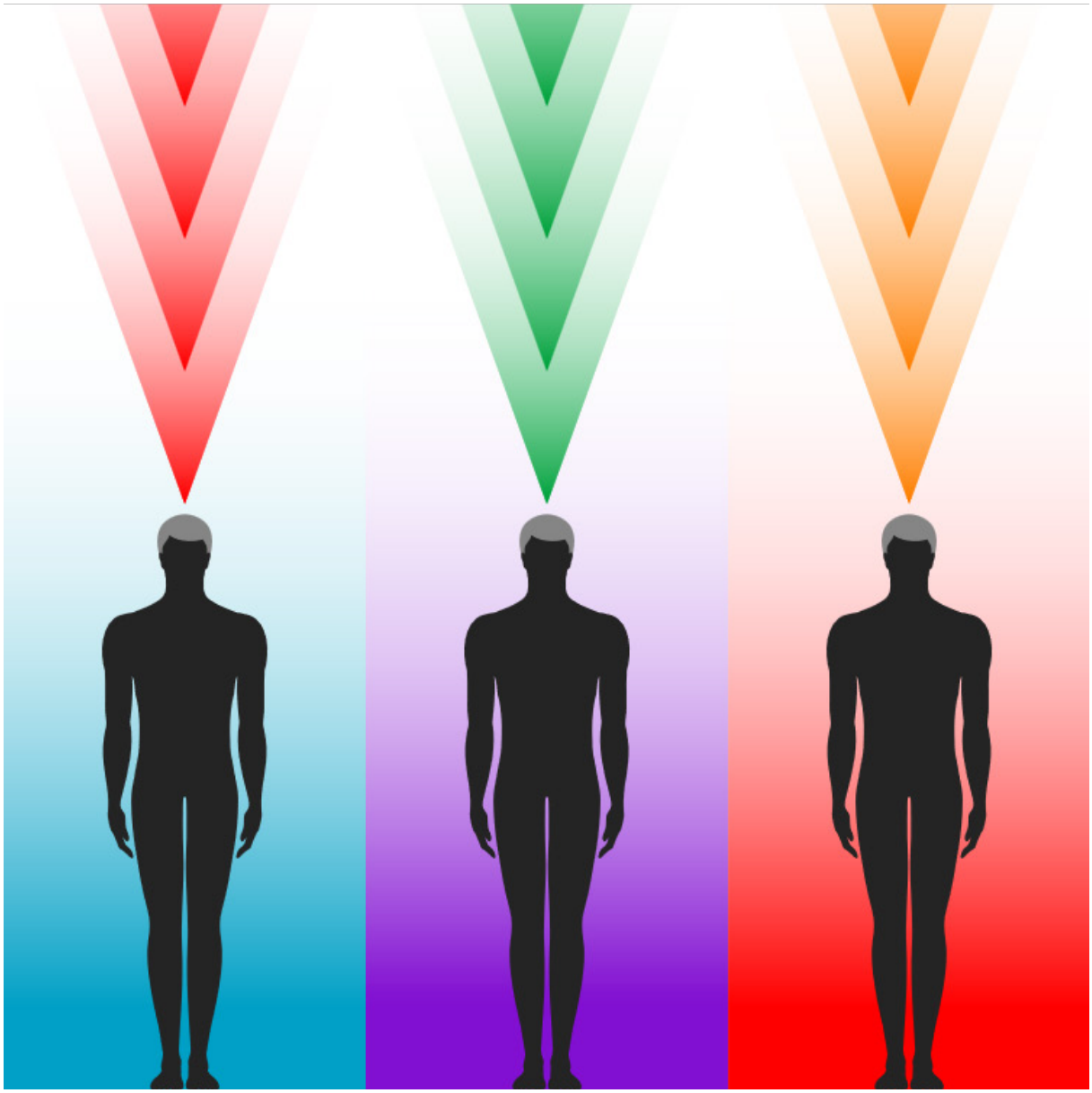
Another example of bioenergetics occurs in plants, which carry out photosynthesis, a process in which light energy is converted into chemical energy. During photosynthesis, plants absorb sunlight through the photosynthetic pigments present in their cells, such as chlorophyll, and use this energy to produce glucose from carbon dioxide and water. This process occurs in cellular organelles called chloroplasts and involves the transfer of electrons through a transport chain similar to that found in cellular respiration.

In addition, animal muscles also use bioenergetics to generate energy during contraction.



muscle. During physical exercise, there is a greater demand for ATP, and this process is mainly supplied by anaerobic glycolysis, which occurs in the absence of oxygen. In this metabolic pathway, glucose is broken down into lactic acid, producing ATP as a result.

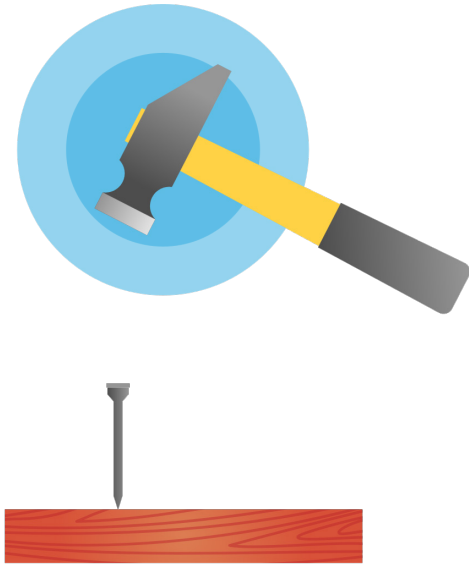
In short, bioenergetics is fundamental to the survival and functioning of living beings, enabling the production of energy from sources such as glucose and sunlight. Understanding these processes is essential to understanding how living organisms function and how we can harness these processes for practical applications, such as the production of biofuels from renewable sources.



ENERGYPOTENTIAL ?

Stored Energy?

Potential energy It is the energy that a body or system possesses depending on its position or configuration. It is the energy that a body has "stored" and that can be released or transformed into another type of energy.



For example, when a ball is placed on top of a hill, it has gravitational potential energy. This means that if the ball is released, it will roll to the bottom of the hill and release its potential energy, transforming it into kinetic energy (energy in motion).

Another example is a compressed spring. When a spring is compressed, it has elastic potential energy, that is, energy stored as a function of the deformation of the spring. If the spring is released, it will expand and release its potential energy, transforming it into - in kinetic energy.

Potential energy can be measured in **joules (J),**which is the unit of measurement of energy. The greater the mass of a body and the greater the height at which it is, the greater its potential energy will be.

In short, potential energy is the energy that a body or system possesses due to its position or configuration. It can be released or transformed into another type of energy when the body or system is put into motion. Potential energy is measured in joules and depends on the mass of the body and the height at which it is. There are several types of potential energy, such as gravitational potential energy.

gravitational potential energy, elastic potential energy and chemical potential energy. Gravitational potential energy is that which a body possesses as a function of its position in relation to the center of the Earth. The higher the body is, the greater its potential energy.

In addition to these types of potential energy, there are others, such as electrical potential energy and nuclear potential energy. Each type of potential energy is characterized by a specific form of energy storage and a specific form of release or transformation of that energy.

In short, potential energy is a form of energy storage that can be released or transformed into another type of energy. There are several types of potential energy, each characterized by a specific form of energy storage and release.

ENERGYIS CIN TIC?

Energy of Movement?

Kinetic energyis a form of energy that a body or system possesses as a function of its movement. It can be measured in joules (J), which is the unit of measurement for energy, and is equal to the mass of the body multiplied by the square of its velocity, divided by two.

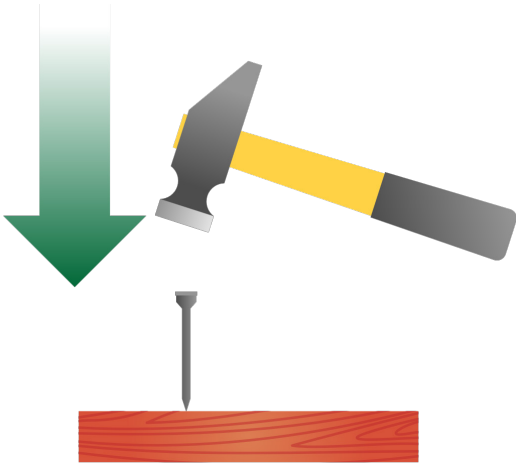
The formula for kinetic energy is: EK = (m . v^2) / 2, where EK is the kinetic energy, m is the mass of the body and v is its velocity.

Kinetic energy depends on the mass and speed of the body. The greater the mass of a body and the greater its speed, the greater its kinetic energy. For example, a car moving at 100 km/h has more kinetic energy than a car moving at 50 km/h.

Kinetic energy can be transformed into other types of energy, such as electrical energy or thermal energy. For example, when a car brakes, its kinetic energy is transformed into heat by the brakes. Or when a water wheel generates electrical energy, its kinetic energy is transformed into electrical energy.

The law of conservation of energy states that energy can neither be created nor destroyed, only transformed from one form to another. This means that if a body has kinetic energy, that energy will not disappear, it will be transformed into another type of energy.

For example, when a ball is thrown upwards, it has kinetic energy due to its motion. When



When the ball reaches the highest point of its trajectory and begins to fall, it loses kinetic energy, but this energy is not destroyed, it is transformed into gravitational potential energy. When the ball reaches the ground, its gravitational potential energy is transformed into kinetic energy again.

In short, kinetic energy is the energy of movement, which can be measured in joules and is equal to the mass of the body multiplied by the square of its velocity, divided by two. It can be transformed into other types of energy and follows the law of conservation of energy, that is, it cannot be created or destroyed, only transformed.

ENERGYMECHANICS?

Production Capacity?

Mechanical energy is the most common form of energy we encounter in everyday life. It is the energy associated with the movement of bodies and mechanical systems, such as machines, vehicles and even our own bodies.

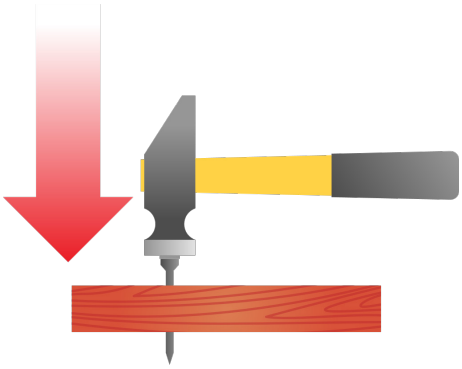
There are different types of mechanical energy, such as kinetic energy, which is the energy of movement, and potential energy, which is the energy stored in a body or system depending on its position or configuration.

The total mechanical energy of a system is the sum of its kinetic energy and its potential energy. For example, when a ball is thrown upward, it has kinetic energy due to its motion and gravitational potential energy due to its position relative to the ground.

The law of conservation of mechanical energy states that the total mechanical energy of an isolated system, that is, one that is not interacting with other systems, is constant. This means that the total mechanical energy of the system can neither be created nor destroyed, only transformed from one form to another.

For example, when a ball is thrown upwards and then falls, the total mechanical energy of the ball + Earth system is constant. When the ball is at the highest point of its trajectory, its kinetic energy is minimum and its gravitational potential energy is maximum.

Mechanical energy can also be used to perform work. Work



force is the amount of energy transferred from one system to another through a force applied to a body. For example, when a person lifts an object, he or she is doing work on the object, transferring mechanical energy to it.

The work done on a body is equal to the force applied to the body multiplied by the distance traveled by the force. The unit of measurement for work is the joule (J).

Furthermore, mechanical energy can be transformed into other types of energy, such as electrical energy, thermal energy or light energy. For example, when an internal combustion engine operates, the chemical energy of the fuel is transformed into mechanical energy, which in turn is transformed into thermal energy and electrical energy.

ENERGYT H E R M A ?

Heat Energy?

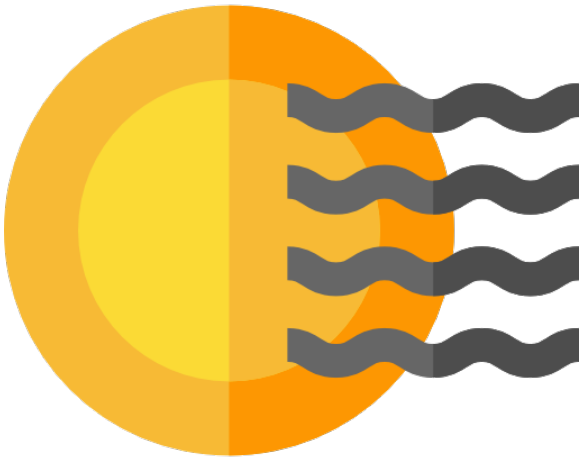
Thermal energy is the form of energy that is associated with changes in temperature of a body or system. It is measured in degrees Celsius (°C) and can be transferred from one body to another through three processes: conduction, convection and radiation.

Conduction is the most common form of heat energy transfer. It occurs when two bodies are placed in direct contact and heat energy is transferred between them. For example, when you touch a hot pan, the heat energy from the pan is transferred to your hand through conduction.

Convection occurs when there is a transfer of thermal energy through a fluid, such as air or water. For example, when there is a fire, hot air rises and cold air falls, forming convection currents that transfer thermal energy to the environment.

Radiation is the fastest form of heat energy transfer and occurs when electromagnetic radiation is emitted by a body. For example, the sun emits electromagnetic radiation that is absorbed by the Earth, transferring heat energy to our planet.

The law of conservation of thermal energy states that the total thermal energy of an isolated system, that is, one that is not interacting with other systems, is constant. This means that the total thermal energy of the system can neither be created nor destroyed, only transformed from one form to another.



Thermal energy is important in several fields, such as thermodynamics, which studies the processes of transformation of thermal energy into other forms of energy, and thermology, which studies the properties of thermal energy and how it behaves in different systems.

Another field in which thermal energy is very important is thermal engineering, which deals with the design of systems for generating, transferring and using thermal energy efficiently. For example, thermal engineering is responsible for the design of internal combustion engines, heating and air-conditioning systems, and also systems for generating electricity using thermal energy sources such as steam.

Furthermore, thermal energy is also used in industrial processes, such as the production of steel, cement and glass, which depend on the transfer of large amounts of thermal energy to occur.

ENERGYIS IT TRICA?

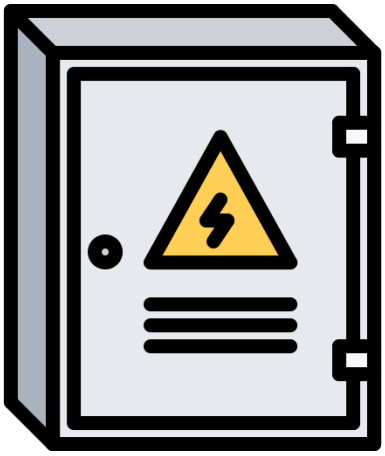
Fusion Energy?

Electrical energy is a form of energy that can be generated through different sources, such as batteries, cells and generators, and is characterized by the presence of electrical charges in motion. It is used in various applications, such as lighting, heating, the operation of electronic devices and even in the propulsion of electric vehicles.

The human body is also capable of generating and using electrical energy. This occurs mainly in nerve cells, which are responsible for transmitting information throughout the body through electrical impulses. These impulses are generated through an exchange of electrically charged ions between nerve cells, which generates a difference in electrical potential, known as the action potential.

Synapses are the places where nerve cells communicate with each other and with other cells in the body. They are made up of two nerve cells, the neuron that sends the information and the neuron that receives the information, separated by a space called the synapse site. When the neuron that sends the information is active, it releases chemicals called neurotransmitters into the synapse, which are capable of stimulating or inhibiting the electrical activity of the neuron that receives the information.

This process of transmitting information through electrical impulses is similar to the process of transmitting electrical energy in a power grid. In the power grid, energy is generated at a source, such as a power plant.



hydroelectric power plant or a thermal power plant, and is transmitted through electrical wires to the devices that use it. In the human body, nerve cells are the generators of electrical energy, and electrical wires are the nerves that carry electrical impulses to the muscles and organs that must be stimulated or inhibited.

Just as in the electrical grid, where it is possible to control the amount of energy that is used, in the human body it is possible to control the quantity and frequency of electrical impulses that are generated and transmitted. This is done through the activity of nerve cells, which can be stimulated or inhibited by various factors, such as hormones, medications, external stimuli and even the individual's thoughts and emotions.

Therefore, we can say that the electrical energy generated by thought synapses is a fundamental process for the functioning of the human body, allowing communication and control of bodily systems through electrical impulses generated and transmitted by nerve cells.

ENERGYCHEMICAL ?

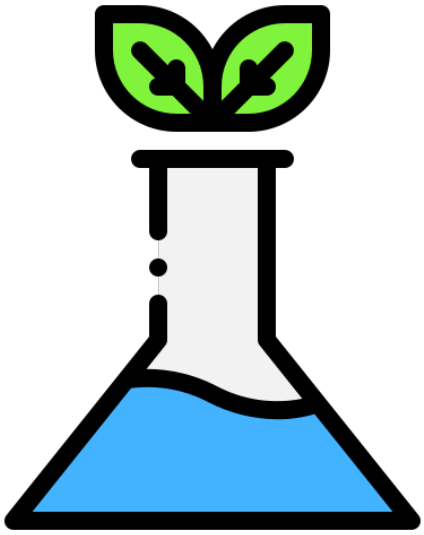
Reaction Energy

Chemical energy is a form of energy stored in chemical compounds, such as the food we eat or the fuel used in vehicles. When these compounds are broken down, chemical energy is released and can be used to do work, such as moving muscles, generating heat, or producing light.

In the human body, chemical energy is essential for the functioning of biological processes, and one of the main sources of this energy is ATP (adenosine triphosphate). ATP is a molecule that stores chemical energy and is used by cells to perform work. When the energy stored in ATP is released, it is used to move muscles, produce heat, generate light and perform other functions essential for the functioning of the body.

ATP is produced through biological processes that use chemical energy stored in the foods we eat, such as carbohydrates, fats and proteins. These processes are carried out by the cells of the body and involve the production of ATP from chemical compounds present in food, such as sugar (glucose) and fat.

The chemical energy stored in food is released through chemical reactions that occur in the body, and this energy is used to produce ATP. This process is essential for the functioning of the human body, as it allows cells to have enough energy to perform their functions and keep the body functioning.



chemicals such as ATP, which can be quickly mobilized when there is a need to use this energy. It is important to maintain a balanced, nutrient-rich diet to ensure that the body has enough chemical energy available to perform its functions.

In addition, it is necessary to exercise regularly to keep the body active and healthy, and to ensure that chemical energy is being used efficiently. This way, we can have more energy and vitality, and make the most of our abilities and potential.

In conclusion, we can say that chemical energy is present in practically all biological processes of the human body, from breathing to meditation. It is essential to ensure that the body functions efficiently and healthily, and is produced from chemical reactions that occur in all cells of our organism.

ENERGYEMOTIONAL ?

The hidden power of Human

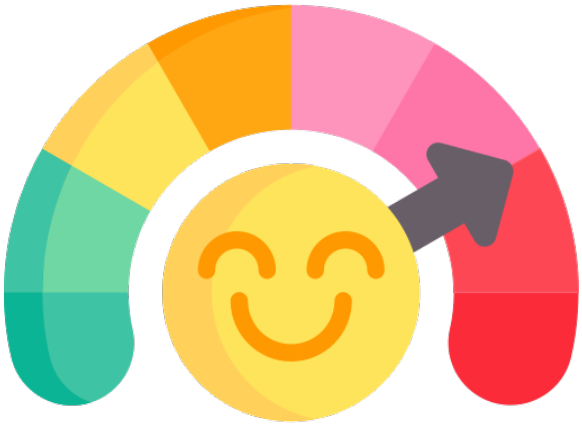
Emotional energy is the form of energy that is associated with our emotions and our state of mind. Each emotion is a vibrational frequency that emits a certain energy and can be perceived by others and the universe.

Emotions are a form of communication that allows us to express what we are feeling and connect with others. For example, when we feel joy, we emit a high-frequency vibrational frequency that can be perceived by others and that attracts positive situations and people into our lives.

The power of attraction is the ability we have to attract into our lives whatever we are vibrating and emitting as energy. For example, if we are emitting a frequency of fear, we will attract situations and people that reinforce that fear. If we are emitting a frequency of love, we will attract situations and people that reinforce love.

Manifestation is the process by which we harness our power of attraction and create our reality. This means that we can manifest whatever we desire in our lives simply by changing our vibrational frequency and emitting the right energy.

Emotional responsibility is the ability to take control of our emotions and our vibrational frequency. This means we can choose how we want to feel and



emit a frequency that attracts what we desire for our lives.

To take emotional responsibility, we need to learn to recognize and express our emotions in healthy ways, process difficult emotions, and use positive emotions to create the life we want.

One of the most effective ways to take emotional responsibility is through meditation and self-awareness. Meditation helps us stay present in the moment and recognize our emotional patterns. Self-awareness helps us understand why we react in certain ways and change patterns that no longer serve us.

Emotional energy is a powerful way to create our reality and attract what we desire into our lives. By taking responsibility for our emotions, we can use this energy consciously and create the life we desire.

ENERGYSPIRITUAL ?

Energy of transcendence

Spiritual energy is the form of energy that is associated with our soul, our essence, and our connection to the universe. It guides us on our life journey and gives us the information and insights we need to evolve and grow.

Collective consciousness is the energy that connects us to all living beings and the universe as a whole. It is the source of collective wisdom and universal knowledge and can be accessed through meditation and connection with nature.

The meaning of life is something that many people seek throughout their journey. Spiritual energy can help us find our purpose and place in the universe, as well as give us the guidance and support we need to fulfill our destiny.

Spirituality can take many forms and can be found in different ways, such as religion, meditation, nature, art, among others. The important thing is to find what makes us feel connected to something greater and that gives us peace and satisfaction.

Spiritual energy is a fundamental part of human life and can help us find meaning and purpose in life, as well as giving us the guidance and support we need to grow and evolve.

In our life journey, spirituality can help us find balance and harmony, as well as give us the strength and courage to face



challenges. It can help us find peace and joy even in the most difficult situations and connect with our true essence and potential.

Spirituality can also help us understand the mysteries of life and find answers to the questions we often ask ourselves. It can give us the opportunity to explore our potential and discover new ways of seeing the world and relating to others.

For many people, spirituality is a path of transformation and personal evolution, and a source of inspiration and meaning. It can help us find our true identity and connect with our essence and purpose in life.

Spirituality comes in many forms and can be experienced in many different ways, but the important thing is to find what makes us feel connected to something greater and that gives us peace and satisfaction. Spiritual energy can help us find our place in the universe and live our lives more fully and meaningfully.

DIFFUSIONENERGY TIC?

Energy Transformation.

Energy transmutation is the process by which energy is transformed from one form to another. According to the law of conservation of energy, energy cannot be created or destroyed, but only transformed from one form to another.

A practical example of energy transmutation is the digestion of food in the human body. When we eat food, it is transformed into energy by our body through the process of digestion. This energy is then used by our body to perform its vital functions, such as moving, thinking and healing.

Another example of energy transmutation is the production of electricity from fossil fuels. When we burn fossil fuels, such as oil or coal, we release the energy stored in these materials. This energy is then transformed into electricity by electric generators.

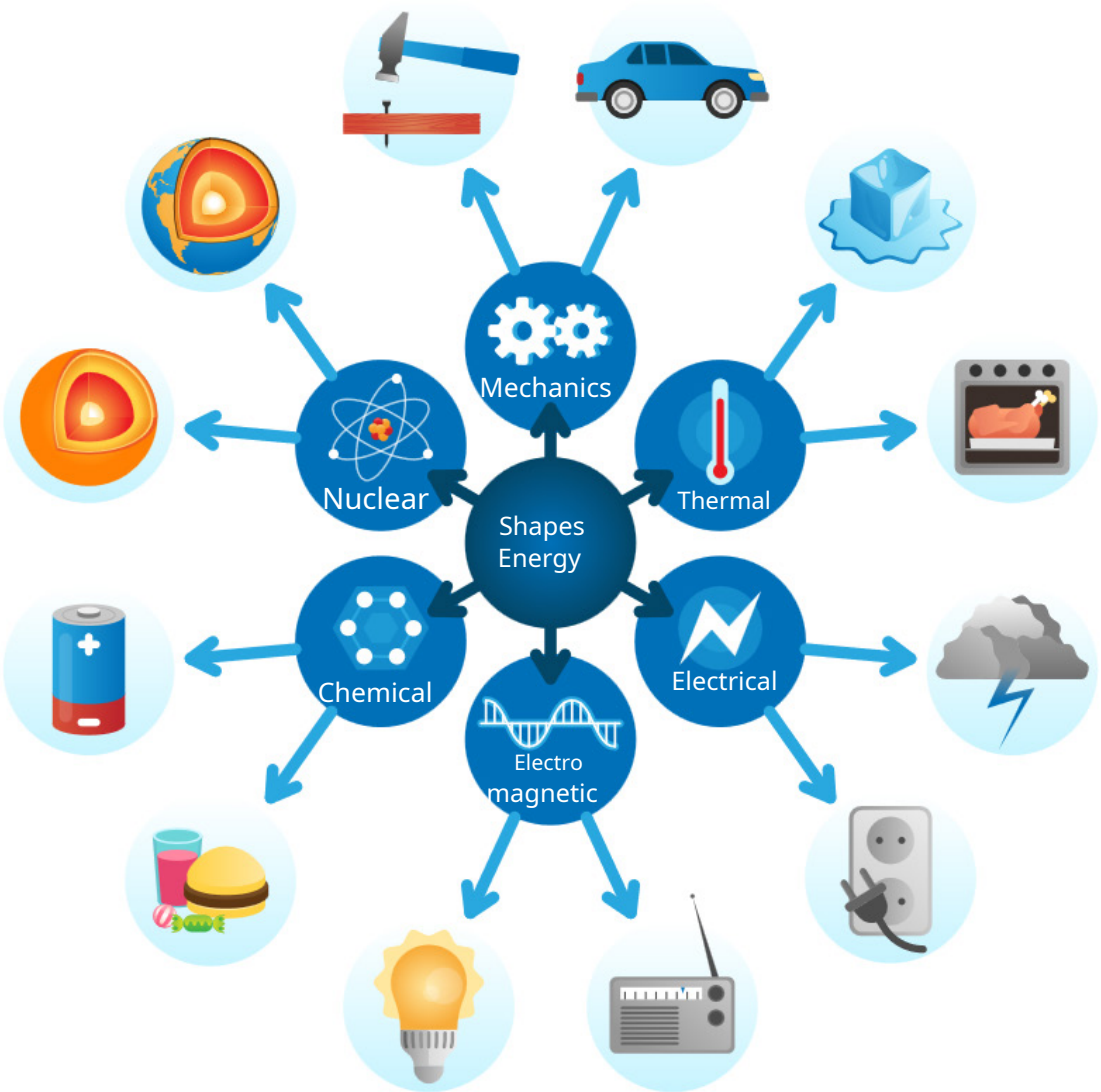
In addition to energy transmutation, there is also energy diffusion, which is the process by which energy is distributed or dispersed. For example, when we turn on a light bulb, the electrical energy is transformed into light and heat, which are diffused throughout the environment.

Human beings are also capable of transmuting their own energies and feelings. Through meditation, reflection and introspection, we can transform our negative energies into positive ones and learn to better deal with our feelings and emotions. We can also use techniques such as visualization and affirmation to transform our thoughts and beliefs.

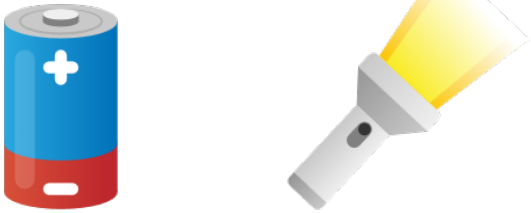


One very important thing to note is the variety of forms that energy takes in our universe... Many of these forms we are not able to see or even feel. Furthermore, it is important to remember that this energy can never be destroyed, only transformed.

Therefore, in order for us to better understand the world around us, we need to understand this natural transformation that occurs in nature and how we are also part of this process through our thoughts and emotions.



Note: Everything in life/Universe changes, nothing is permanent, nothing is destroyed, everything you are today on a physical level is borrowed from the world, the carbon inside your body once belonged to other living beings, it was once part of other stories, lives and experiences...



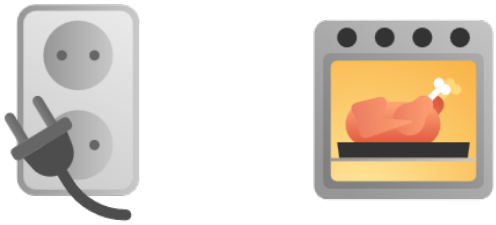
Chemist → L ight



L ight → Chemist



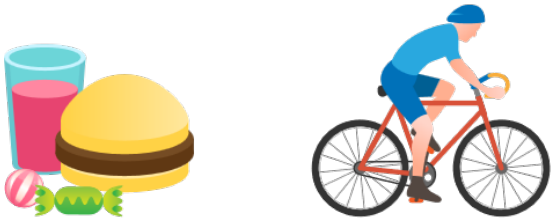
And l is knitted → L ight



And l is knitted → H ate



Chemist → Mechanic



Chemist → Mechanic

limiting thoughts into more positive and powerful beliefs.

Furthermore, practicing activities that bring us peace and balance, such as meditation, yoga or tai chi, also help us to transmute our energies and connect with our spirituality.

In short, energy transmutation and diffusion are fundamental processes that occur throughout the universe and that allow us to transform energy from one form to another and distribute it.
- throughout the environment. Human beings are also capable of transmuting their own energies and feelings through the practice of activities that promote balance and inner peace, such as meditation and yoga.

CHANGESTATES ?

Energy Transformation.

Water is a fundamental element for life and is present in all living beings and in nature. It can be found in different states, such as liquid, solid and gas, and these changes in state are influenced by temperature and pressure.

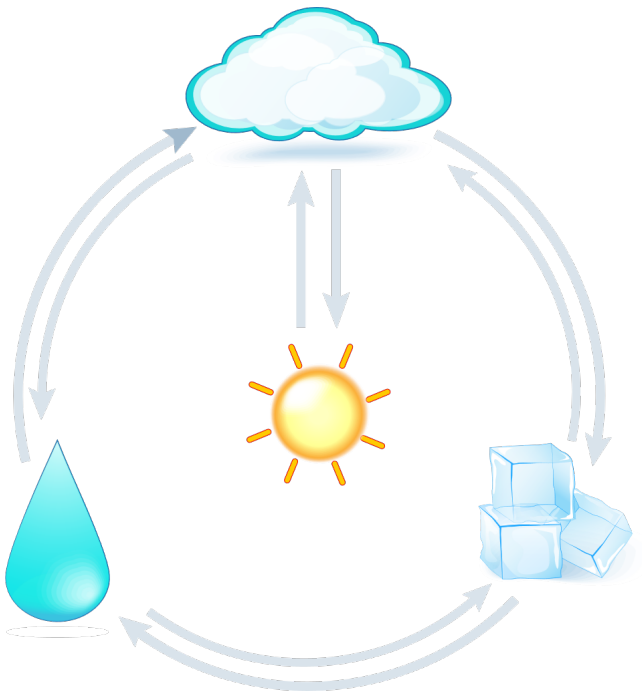
From a philosophical perspective, we can analyze water as a symbol of transformation and adaptation. Just as water can mold and adapt to different containers and environments, we can also adapt and transform ourselves according to the situations and experiences we face throughout life.

Furthermore, water is also a symbol of fluidity and flexibility. When it encounters obstacles, it flows and adapts, seeking the easiest path. This reminds us of the importance of being flexible and adaptable in our choices and decisions.

Finally, water can also be seen as a symbol of purity and cleanliness. It has the ability to dissolve and wash away impurities, and this reminds us of the importance of keeping our mind and soul pure and clean, free from negativity and selfishness.

In short, water and its changes of state can bring us a series of reflections and teachings about life and ourselves. It shows us the importance of being adaptable, flexible and pure, and inspires us to always seek transformation and personal evolution.

Gasoline



Only read

Liquid

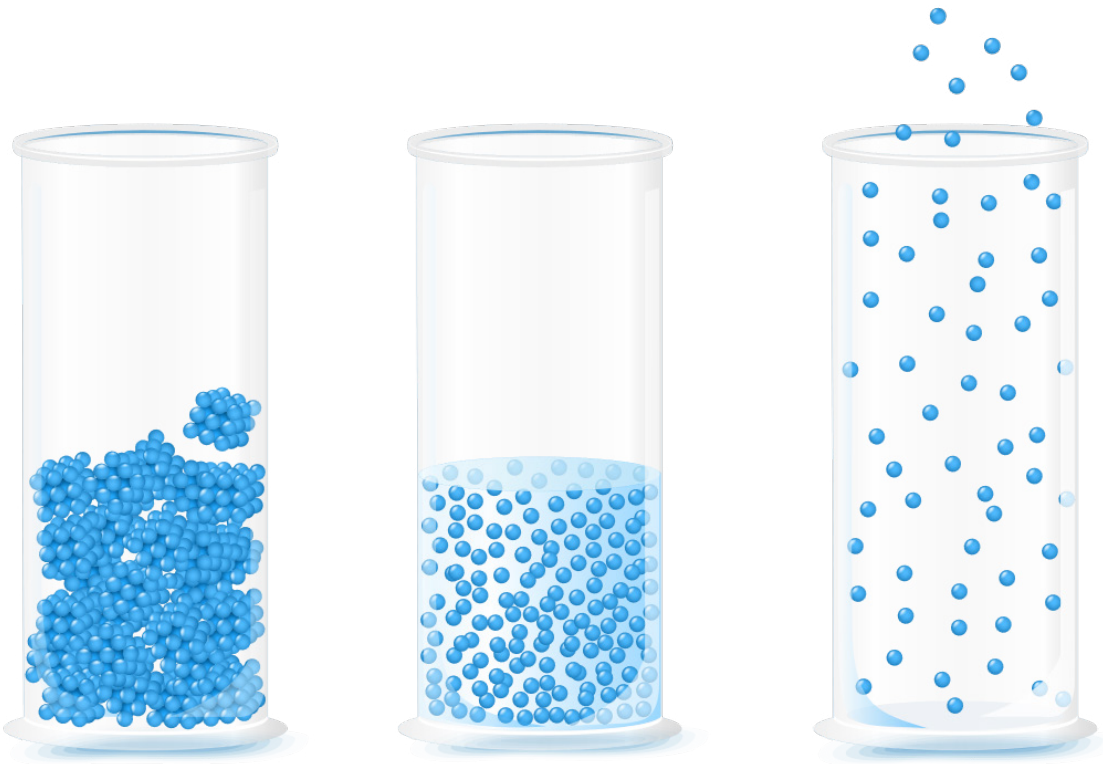
The water cycle and its changes of state are a good example of the constant transformation and mutability of life. Just as water can change from liquid to solid or gas, we also go through changes and transformations throughout life.

When water is in a liquid state, its molecules are closer together, but they are still able to move and flow. This can be compared to our everyday lives, when we are adapting and adjusting to different situations and circumstances.

When water is heated and turns into a gaseous state, its molecules separate and become more agitated, allowing them to expand and occupy a larger space. This can be compared to the changes and expansions that occur in our lives, when we feel freer and more open to trying new things.

On the other hand, when water is cooled and turns into a solid state, its molecules come closer together and become more rigid, reducing the space they occupy. This can be compared to the times when we feel we need to protect ourselves or close ourselves off from the world, when we are going through difficult changes or the learning process.

Thus, we can see that just like water, we also go through different states and changes throughout our lives, and that these changes are necessary for our personal growth and development. By accepting these changes and learning to adapt to them, we can become more flexible and resilient, just like water.



WE ARERECYCLING

We are the Recycled energy of the universe.

Human beings and all living beings on Earth are an integral part of the life cycle of the planet and the universe as a whole. From our atomic constitution to the biological processes that occur in our bodies, we are an expression of the energy and matter that exist in the cosmos.

For example, the chemical elements that make up our bodies, such as carbon, nitrogen and oxygen, are the same elements that make up all living beings and the elements of nature. They are formed from the fusion of stars and are dispersed throughout the universe through the explosion of supernovae. Thus, we can say that we are all made of stellar matter and that we are part of the constant recycling of matter and energy in the universe.

Furthermore, the biological processes that occur in our bodies, such as breathing and digestion, are also examples of how we are part of the planet's life cycle. Breathing, for example, is a constant exchange of gases between our bodies and the environment. When we breathe, we absorb oxygen from the air and release carbon dioxide, which is used by plants as a source of energy to produce food through photosynthesis. In this way, we can say that we are part of the planet's gas recycling chain and that we are inseparably interconnected with all living beings and with nature.

Therefore, we can conclude that we are



the recycling of the universe and that we are part of the constant transformation and renewal of

matter and energy that exist in the cosmos. This deep connection with the universe and nature leads us to understand the importance of taking care of ourselves and the planet we live on, as we are all interconnected and depend on each other to maintain this eternal cycle of life.

The recycling of energy and matter is a fundamental process for maintaining the balance of the universe. Nature is made up of a set of interconnected and complementary cycles, allowing life to be maintained and constantly renewed. That is why we are an integral part of the cycle of life and have the responsibility to care for our planet and preserve natural resources for future generations.

WHAT IS ITFREQUENCY

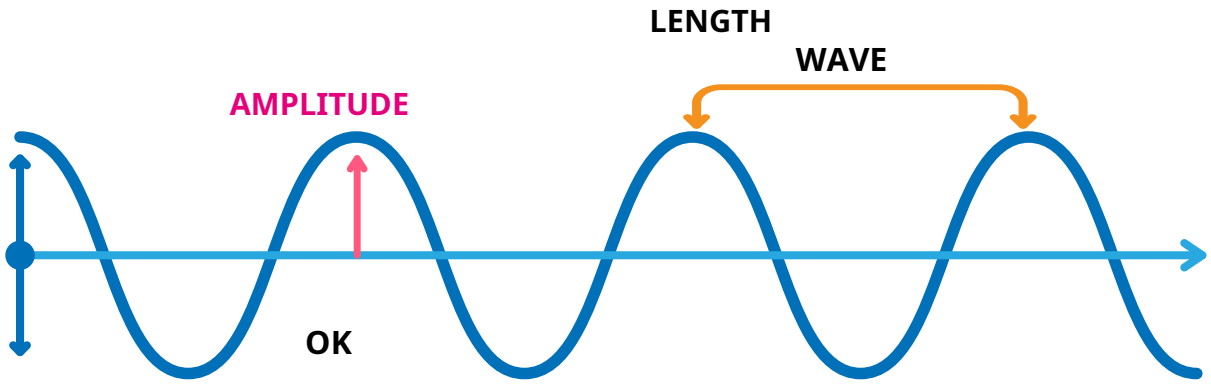
Everything is pure vibration

Frequency is a measure of the speed at which a wave oscillates. It is measured in Hertz (Hz), which is the unit of measurement for frequency in the International System of Units (SI). A wave with a high frequency oscillates more quickly than a wave with a low frequency. Frequency is important in many fields, such as physics, engineering, and information technology, because it determines the properties of a wave and how it behaves in different media. In addition, frequency can also be used to measure or control the behavior of vibrating systems, such as electric motors and electronic oscillators.

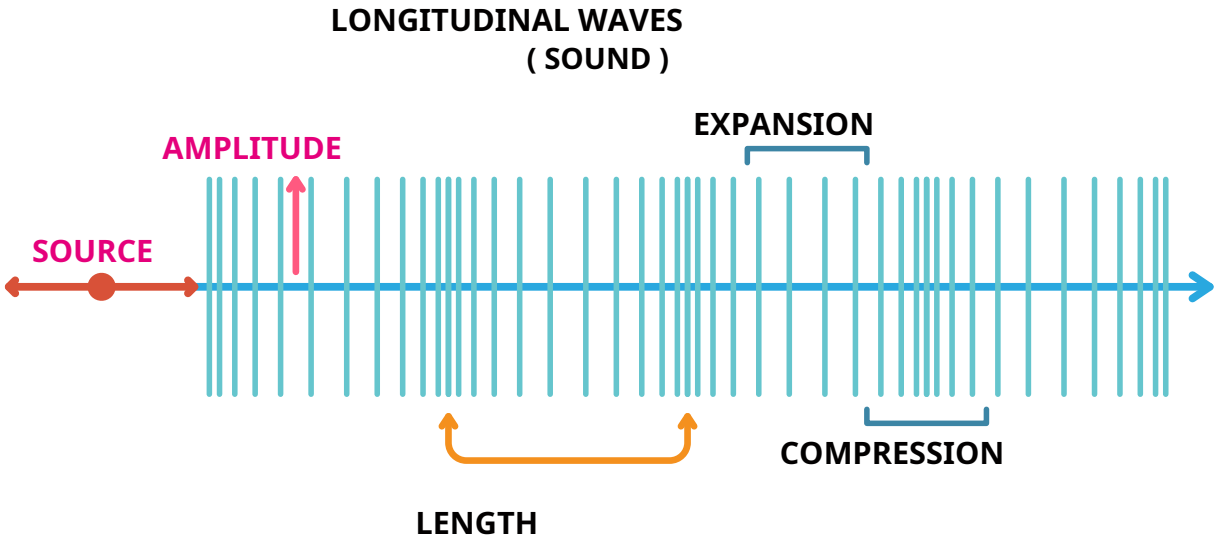
Frequency is the measure of the amount of oscillations or variations of a periodic quantity in a given time interval. It is generally measured in Hertz (Hz), which is the unit of measurement for frequency and is equivalent to one oscillation per second. Frequency can be applied in various rivers contexts, such as electromagnetic waves, sound, light, electric current, among others.

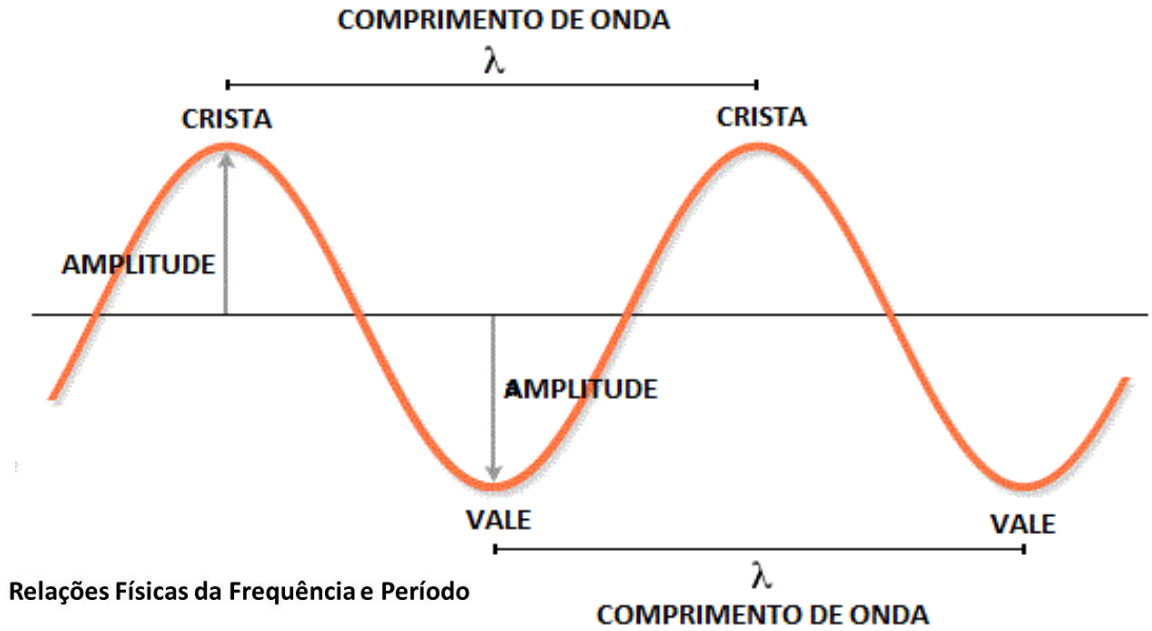
Frequency is inversely proportional to the period of a wave, i.e. the higher the frequency, the shorter the period of the wave and vice versa. For example, a sound wave with a frequency of 1000 Hz will have a period of 1/1000 of a second, while a sound wave with a frequency of 500 Hz will have a period of 1/500 of a second.

Frequency can also be used to measure the intensity of a wave or signal. For example, a light wave with a higher frequency will be perceived as brighter than a light wave with a lower frequency. Similarly, a sound wave with a higher frequency will be perceived as higher pitched than a sound wave with a lower frequency.



TRANSVERSE WAVES
(TV)





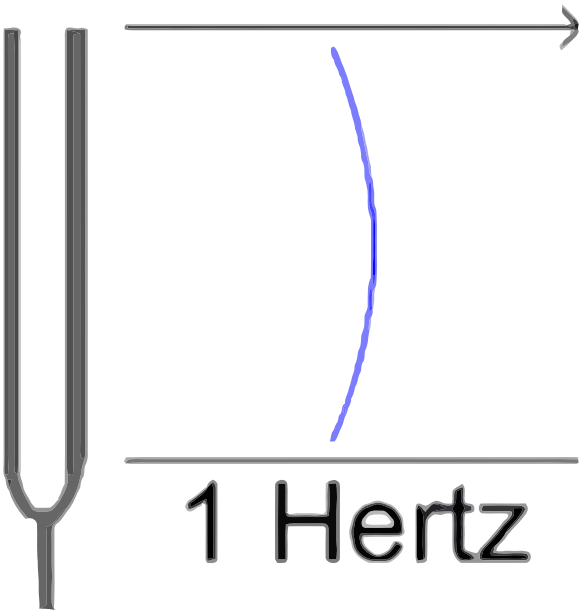
Relações Físicas da Frequência e Período

f= *Frequência* T= *Período*

$$f = \frac{1}{T}$$

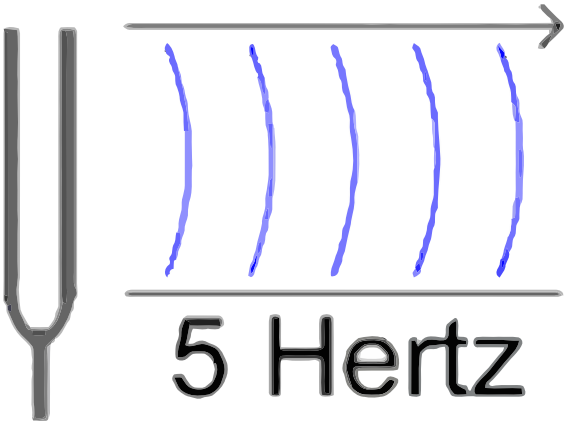
The length of a wave is the distance between two consecutive points of the same phase, such as between two consecutive crests. The height of a wave is the distance between the highest point (crest) and the lowest point (trough) of a wave.

Imagine a string tied at one end and being swung up and down. If the string is swung more frequently, that is, if the oscillations are faster, the wavelength will be shorter, because there will be less space between the crests.



Hertz are units of measurement for frequency. Frequency is the number of times an event occurs in a given period of time. For example, the frequency of a radio signal is measured in hertz (Hz), which means that the signal oscillates or vibrates at a certain frequency of times per second.

One hertz is equal to one oscillation or vibration per second. For example, a frequency of 50 Hz means that the signal is oscillating or vibrating 50 times per second. Lower frequencies are used for low-frequency radio signals, such as AM radio broadcasts, while higher frequencies are used for high-frequency radio signals, such as FM radio broadcasts. Frequency can also be measured in other units, such as megahertz (MHz) or gigahertz (GHz).

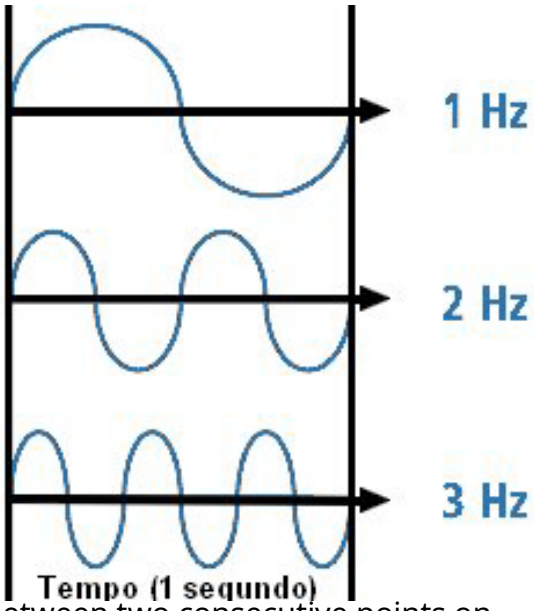


Waves are a form of transporting energy and information through a medium. They propagate through a sequence of vibrations and oscillations that are transmitted from one particle to another.

Sound is an example of a wave that travels through air. When a sound source, such as a human voice or a musical instrument, vibrates, it produces pressure ripples in the air. These ripples are transmitted to nearby air particles, which in turn are transmitted to nearby air particles, and so on, creating a sound wave that travels through the air.

Waves can also travel through other media, such as water, metal, and even the vacuum of space. The speed at which a wave travels depends on the medium through which it travels. In air, for example, the speed of sound is approximately 343 m/s.

Waves can also be classified by their length, which is the distance

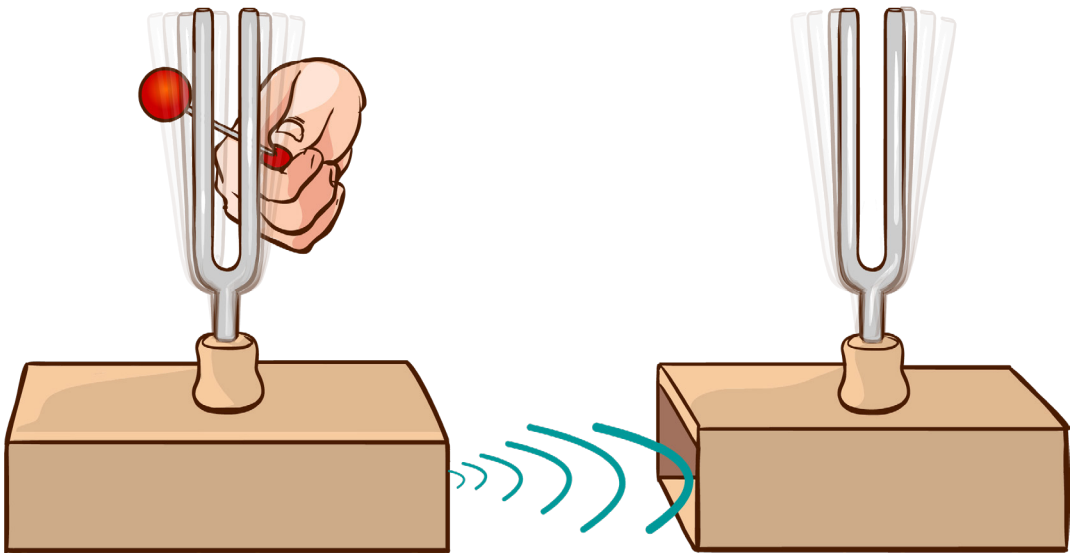


between two consecutive points on the wave. Sound waves, for example, have lengths ranging from a few centimeters to a few meters. Radio waves, on the other hand, have lengths ranging from a few centimeters to a few kilometers. Short-wave waves have higher frequencies and are capable of transmitting more information per second than long-wave waves.

When we talk about transmitting information through waves, it is common to use the analogy of TV or radio. TV and radio use radio waves to transmit video and audio signals. These signals are encoded at a specific frequency and transmitted through the air. When a TV or radio set tunes to a specific frequency, it is able to decode the signal and play the corresponding video or audio.

Waves travel through a medium, which can be air, water, soil, or any other material. The medium is affected by the wave, but the wave does not travel through the medium. For example, when we speak, sound waves are generated by the movement of our lips and tongue and are transmitted through the air to the ears of another person.

Frequency is a measure of the number of times a wave repeats itself in a given period of time. The higher the frequency, the higher the pitch of the wave, i.e., the higher the sound note. Conversely, the lower the frequency, the lower the pitch of the wave, i.e., the lower the sound note.



Waves can also be classified according to their wavelength. Waves of short length are called high-frequency waves and have high pitch. On the other hand, waves of long length are called low-frequency waves and have low pitch.

Audio and video signals are also transmitted using electromagnetic waves, which are generated by devices such as radios, televisions and mobile phones. These waves are transmitted through the air or cables and are received by other devices, such as speakers or television screens. The quality of audio and video signal transmission depends on the frequency of the electromagnetic wave used. The higher the frequency, the greater the amount of information that can be transmitted and, therefore, the higher the quality of the transmission.

Frequency resonance is a phenomenon that occurs when two or more vibrations or waves are in sync. This means that the vibrations or waves are occurring at the same time and at the same frequency, which causes them to reinforce and amplify each other.

A classic example of frequency resonance is two tuning forks placed side by side. When one tuning fork is struck, it begins to vibrate and emit sound waves. If the frequency of these waves matches the natural frequency of the second tuning fork, it will also begin to vibrate, even if it has not been struck directly. This is because the sound waves from the first tuning fork resonate with those from the second tuning fork, causing it to vibrate as well.

Frequency resonance is a phenomenon that occurs in many areas of nature and technology. In nature, for example, it can be observed in phenomena such as earthquakes, which are caused by the resonance between seismic waves and the Earth's natural frequencies. In technology, it is used in many applications, such as the transmission of radio, TV and telephone signals.

In short, frequency resonance is a phenomenon that occurs when two or more vibrations or waves are in sync, which causes them to reinforce and amplify each other. It is observed in various areas of nature and technology and is used in applications such as the transmission of radio, TV and telephone signals.

The phenomenon of frequency resonance can be easily observed with the example of a glass cup. When a glass cup is exposed to a specific frequency, the vibrations of that frequency are amplified by the cup, causing it to vibrate more intensely. If the vibration is strong enough, the cup can break due to the pressure exerted by the vibrations.

Another common example is a tuning fork struck near another tuning fork. When the first tuning fork is struck, vibrations of the frequency emitted by the tuning fork are transmitted to the air around it. If the second tuning fork is tuned to the same frequency, it will also begin to vibrate due to frequency resonance.

STATESCONSCIOUS

We materialize life around us.

States of consciousness are different levels of brain activity that determine how a person is perceiving, thinking, and feeling at a given moment. They are classified into different categories, such as beta, alpha, theta, and delta, each with its own characteristics and functions.

The beta state is the most common state of consciousness in which people spend most of their day. It is characterized by rapid, alert brain activity and is the ideal state for tasks that require concentration and attention.

The alpha state is a state of relaxation and light meditation. It is characterized by slower brain activity and is the ideal state for reflection and creativity. Some people also experience the alpha state when they are about to fall asleep or wake up.

The theta state is a state of deep meditation and concentration. It is characterized by even slower brain activity and is the ideal state for introspection and connecting with the unconscious.

The delta state is the deepest state of all and is characterized by extremely slow brain activity. It is the state that people go through when they are deeply asleep and is responsible for the body's repair and recovery.

It is important to note that these states of consciousness are fluid and people can move from one state to another depending on the activities they are doing or the emotions they are experiencing. In addition, meditation and relaxation techniques, such as deep breathing and visualization, can help people enter deeper states of consciousness and gain the benefits associated with them.



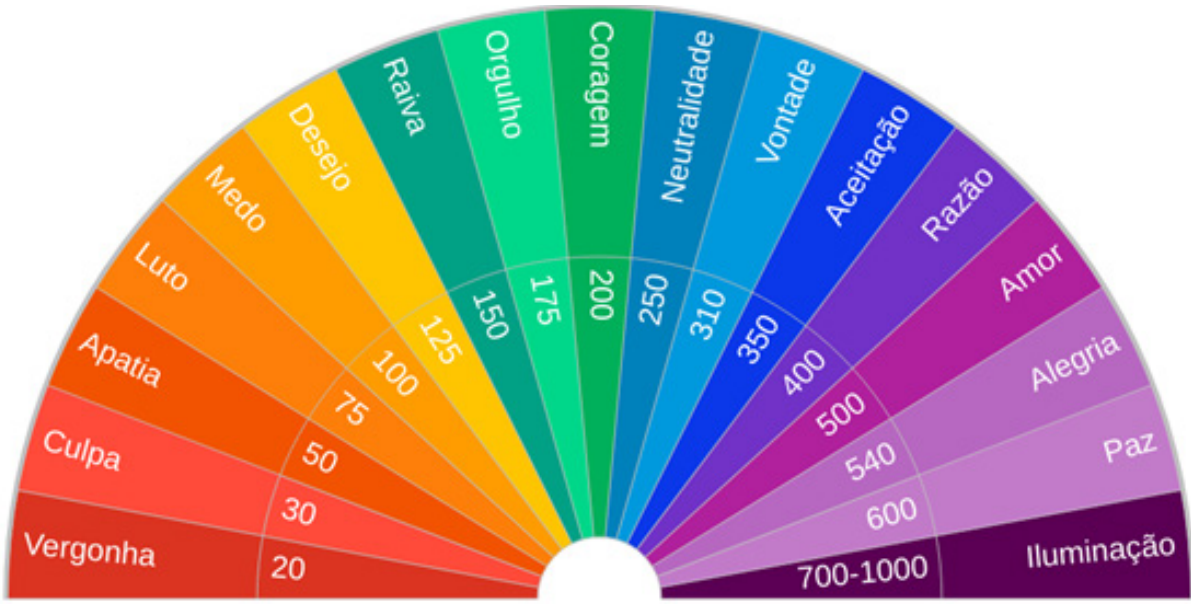
LEVELS OFCONSCIENCE

We materialize life around us.

According to David R. Hawkins, there are different levels of consciousness, which are measured on the Hawkins scale of consciousness. This scale is based on the idea that consciousness is a universal force that can be measured and mapped. Levels of consciousness range from 1 to 1000, with lower levels being associated with negative emotions such as fear, anger, and guilt, while higher levels are associated with positive emotions such as love, compassion, and gratitude.

According to Hawkins, a person's level of consciousness is determined by their ability to perceive reality clearly and objectively, as well as their ability to respond to that reality in a loving and compassionate manner.

Nível de Consiência	Frequência (Hz) - Log		Emoção	Visão de Vida	Visão de Deus	Processo
Iluminação	700-1000	↑	Indescritível	Eu sou	Eu	Plena Consciência
Paz	600	↑	Felicidade	Perfeito	Onipresença	Iluminação
Alegria	540	↑	Serenidade	Completo	Unidade	Transmutação
Amor	500	↑	Reverência	Benigno	Amoroso	Revelação
Razão	400	↑	Compreensão	Significativo	Sábio	Abstração
Aceitação	350	↑	Perdão	Harmonioso	Misericordioso	Transcendência
Boa vontade	310	↑	Otimista	Esperançoso	Inspirador	Intenção
Neutralidade	250	↑	Verdadeiro	Satisfatório	Autorizador	Libertação
Coragem	200	↓↑	Afirmação	Possível	Permissor	Empoderamento
Orgulho	175	↓	Desprezo	Exigente	Indiferente	Inflação
Riva	150	↓	Ódio	Antagônico	Rancoroso	Agressão
Desejo	125	↓	Desejo	Desapontador	Negador	Escravização
Medo	100	↓	Ansiedade	Assustador	Punitivo	Evazão
Tristeza	75	↓	Arrependimento	Trágico	Desrespeitador	Desânimo
Apatia	50	↓	Desespero	Desesperançoso	Condenador	Abdicação
Culpa	30	↓	Ofensa	Infortuno	Vingativo	Destruição
Vergonha	20	↓	Humilhação	Miserável	Desprezador	Eliminação



passive. The higher a person's level of consciousness, the greater their ability to live a full and meaningful life.

Hawkins believes that the journey to a higher level of consciousness is an ongoing process of self-discovery and personal transformation. He states that the practice of meditation and prayer are important tools for reaching a higher level of consciousness, as they allow people to get in touch with their true spiritual nature.

In short, according to David R. Hawkins, consciousness is a force that can be measured and mapped at different levels, and the journey towards a higher level of consciousness is a process of self-knowledge and personal transformation.

Furthermore, Hawkins argues that raising one's level of consciousness not only benefits personal growth, but also has a significant impact on society as a whole. He believes that the more people who reach higher levels of consciousness, the better the world becomes, as these people are more likely to act with love, compassion, and social responsibility. Therefore, developing consciousness is crucial to personal and collective well-being.

Finally, it is important to note that, according to Hawkins, each person has their own pace of growth in terms of consciousness. Some people can reach high levels quickly, while others need more time and effort. The important thing is that each individual follows their own path of self-knowledge and transformation, without comparing themselves to others. The journey towards a higher level of consciousness is a personal and unique journey, and it is important to remember that we are all evolving at our own pace.

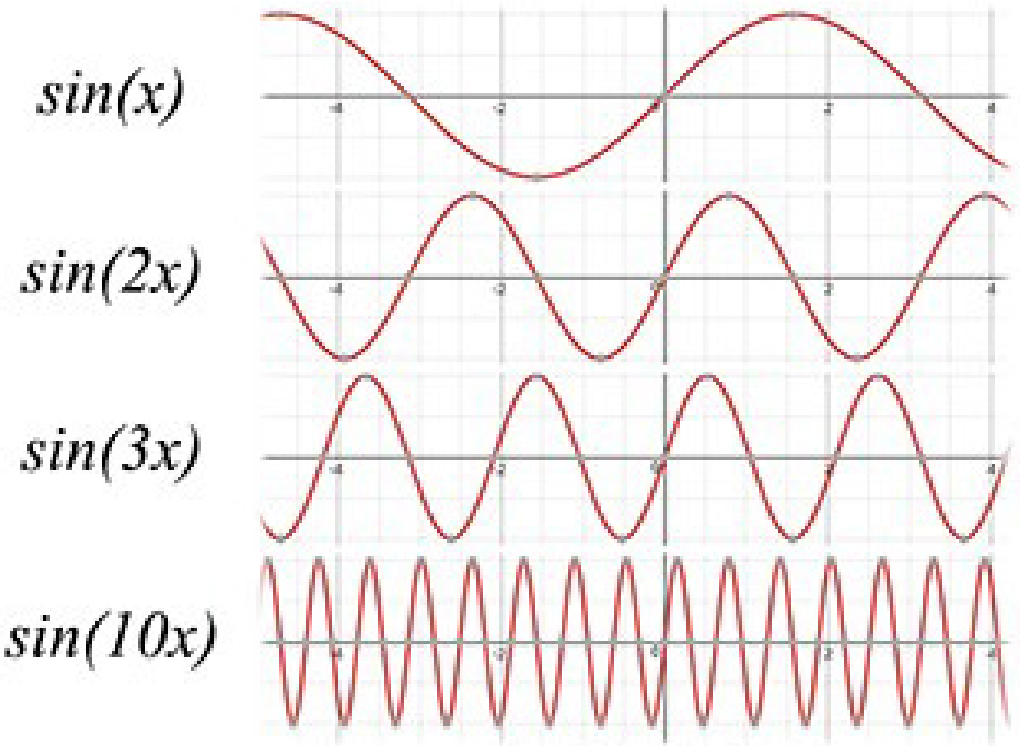
EMOTIONSFREQUENCIES

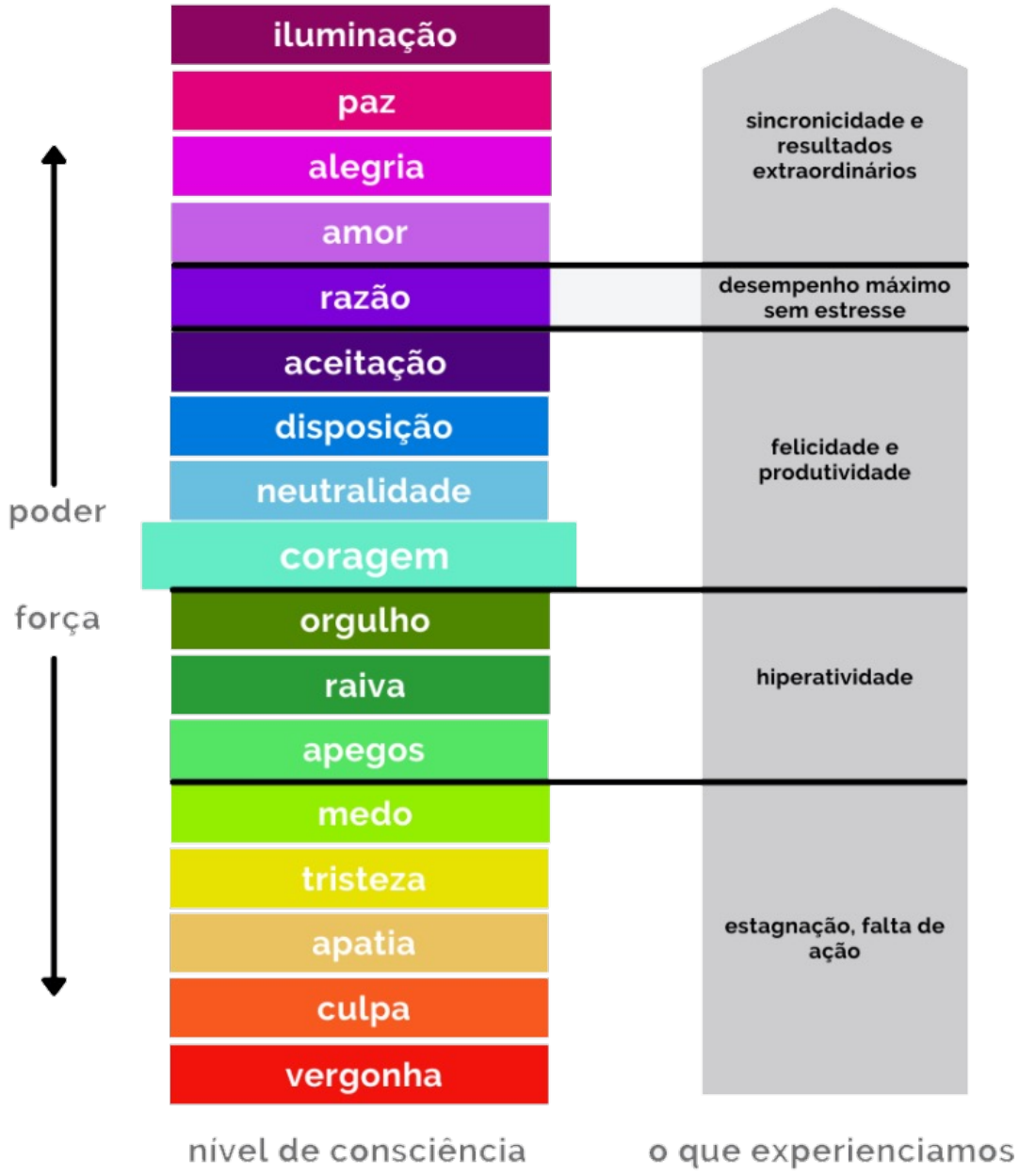
The power of what we think

Write a text relating Emotions and how they can spread in the form of frequency and vibration to the world around us. Directly impacting people's lives, our lives and what we attract.
Emotions are a fundamental part of our lives, and they have a profound impact on our actions and behaviors. In addition, emotions also have a significant influence on how we see and experience the world around us. According to the theory of frequency and vibration, emotions are understood as energetic frequencies and vibrations that can propagate in the world around us.

Negative emotions, such as fear, anger, and guilt, generally have a lower frequency and a heavier vibration, which can be harmful to both the person experiencing them and the people around them. On the other hand, positive emotions, such as love, compassion, and gratitude, have a higher frequency and a lighter vibration, which can have a positive impact on the lives of those around them.

According to this theory, the emotions we experience directly affect our reality, and can attract situations, relationships, and events that reflect the same frequency and vibration of those emotions. For example, if a person frequently experiences negative emotions, he or she may attract situations and relationships that reflect that frequency, which can perpetuate a cycle of negativity.




iluminação
paz
alegria
amor
razão
aceitação
disposição
neutralidade
coragem
orgulho
raiva
apegos
medo
tristeza
apatia
culpa
vergonha
poder
força
sincronicidade e resultados extraordinários
desempenho máximo sem estresse
felicidade e produtividade
hiperatividade
estagnação, falta de ação
nível de consciência
o que experienciamos

On the other hand, if a person strives to cultivate positive emotions, they can attract situations and relationships that reflect that positive frequency and vibration, which can lead to a more satisfying and fulfilling life. Therefore, it is important to be aware of the emotions we experience and strive to cultivate positive emotions, as this can have a positive impact on our lives and the lives of those around us.

According to the theory of frequency and vibration, emotional responsibility is important because it allows us to transmit positive frequencies and vibrations into the world around us. When we are emotionally responsible, we are less likely to be ruled by negative emotions, and more likely to cultivate positive emotions, which can have a positive impact on the people around us and our own lives.

Additionally, emotional accountability is also important because it allows us to develop a deeper understanding of ourselves and others. When we are able to recognize and manage our own emotions, we can better understand the emotions of others, which can lead to healthier relationships and more effective communication.

In short, emotional responsibility is essential for personal well-being and healthy interpersonal relationships. When we are able to manage and control our emotions in a healthy way, we can have a positive impact on the world around us and live a more satisfying and fulfilling life. Therefore, it is important to work on our emotional responsibility, cultivating positive emotions and managing negative emotions in a healthy way.

The frequencies emitted by our emotions create an energetic field around us, with a specific polarity. This field carries particles of intention that can influence everything and everyone around us. It works like a magnet, attracting unique people, situations, opportunities and experiences. However, negative emotions can also create a negative field.

Understanding and consciously communicating emotions is fundamental to holistic therapies, as it is the key to achieving real results. Without understanding your emotions and how they manifest in the universe, you will never fully understand the truth about holistic therapies and the world. When you understand the subtle nature of emotions, you are fully connected to the universal flow.

The subtle bodies are an extension of your emotions and can protect or harm you, depending on the polarity and quality of these emotions. This field is essential for the daily protection of the mind, chakras, emotions and projects. Our emotions create a shield against negative energies, but it is important to pay attention to keep them positive.

Holistic therapies are more than tools; they are means of creating awareness, perception and knowledge about a world not seen by many. They

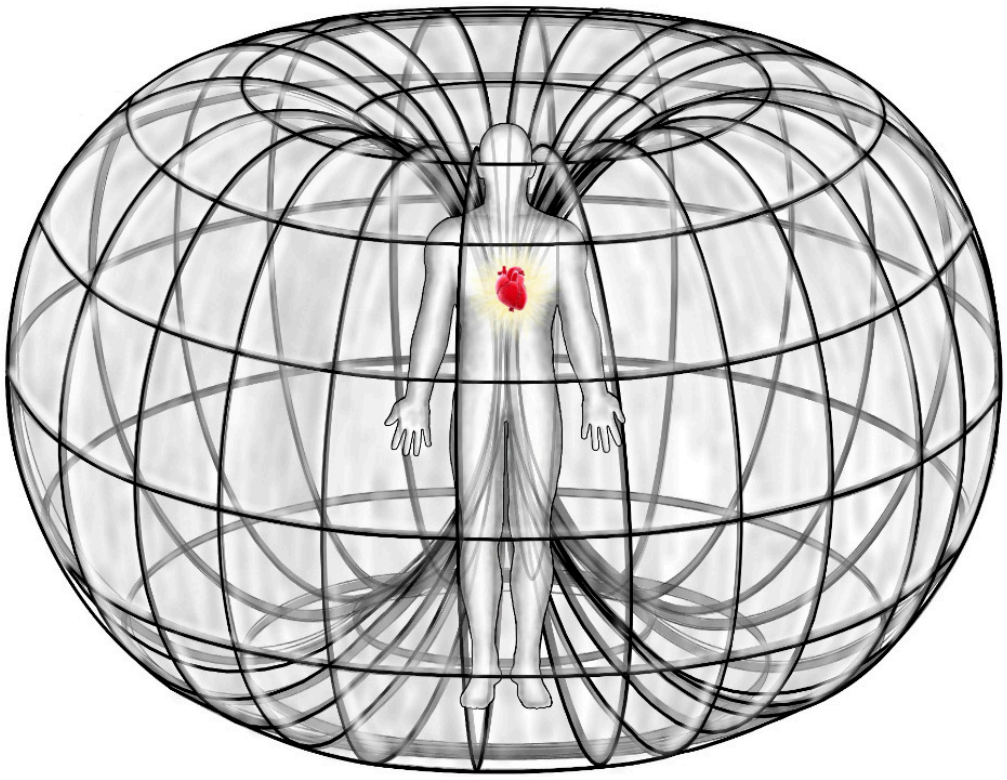
lead us to take more responsibility for our actions, thoughts and occupation of the mind. We understand that we are responsible for setting the tone of our lives and for choosing the chords and notes of life.

Understand that the universe will inevitably make you evolve and develop in every way. It is a natural process that occurs with all living beings, just like the transformation of butterflies. The essence never changes, but everything that it apparently is can change. Change only occurs when we give up what we are to transform ourselves into what we can be. Your life and that of your clients are energetic potentials that can be activated, just like a seed that has all the genetic information of a tree. However, development may not occur due to an inadequate environment.

Just like a seed, your life and that of your clients have the potential to evolve and develop. However, this potential can be influenced by the environment in which you live. Therefore, it is important to create an environment that is conducive to personal evolution and development.

Like butterflies, change is inevitable. However, you can choose how positive and constructive that change will be. Through your awareness and choices, you can accelerate the process of evolution and reach your full potential.

In short, understand that evolution is a natural process that occurs with all living beings and that, even though it is not possible to choose whether this evolution will occur, it is possible to positively influence its form and its outcome. Take advantage of your life and that of your clients to reach your maximum potential together.



PROPAGATIONFREQUENCIES

We materialize life around us.

This same field unfolds in human beings... There are energies being emanated from our crown chakra and being attracted through our base chakra. And vice versa.

Remember the cycles we taught you. At this point you can already understand that not all cosmic energy is 100% pure and not all telluric energy is 100% pure.

The energy absorbed by the base chakra can have cosmic remnants and qualities.

It's as if the base chakra were dry soil that madly attracts water... Or perhaps a sponge, rice... It attracts what is lacking and therefore attracts part of the cosmic energies sent through the crown back to the body.

Just like a magnet and just like us, the earth has its poles and also has different polarities.

For this reason we can always find ourselves using a compass.

These poles on Earth are also responsible for generating a magnetic field responsible for protecting and magnetizing the Earth.

Remember we are the likeness of nature. We are nature itself and the universe itself.

Now at this point you are ready to abstract a little more and realize that energy does not propagate in a linear fashion.

But rather in circular shapes in a 3D space.

Of course, there are certain waves that propagate linearly. However, the waves of our body take the form of circular and subtle bodies.

These are the so-called “energy blankets” that spread throughout the universe and the world around us.

Look at the image on the side

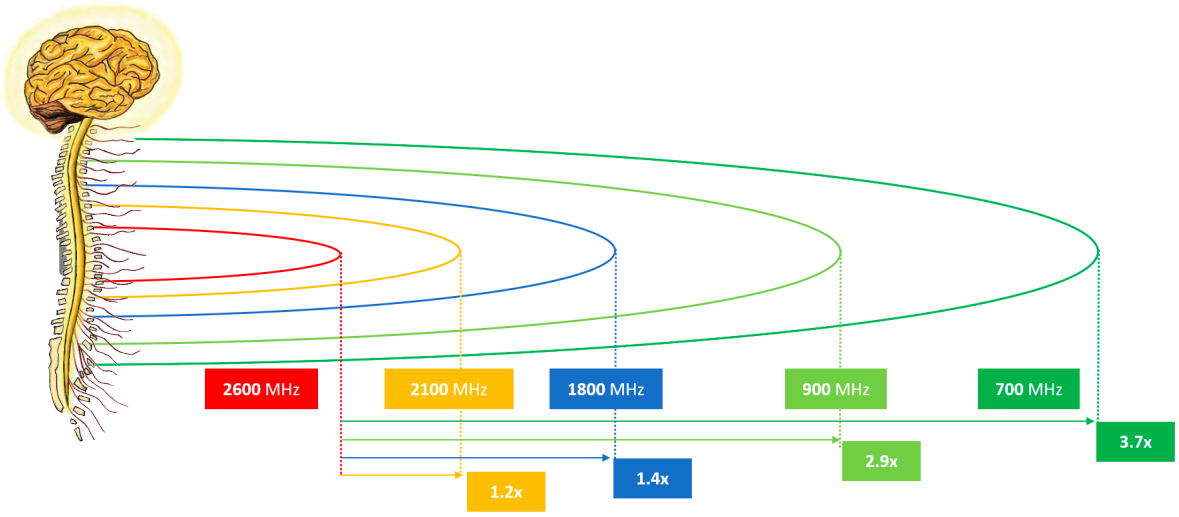
This perception gives us a new vision and understanding about sending and receiving energy.

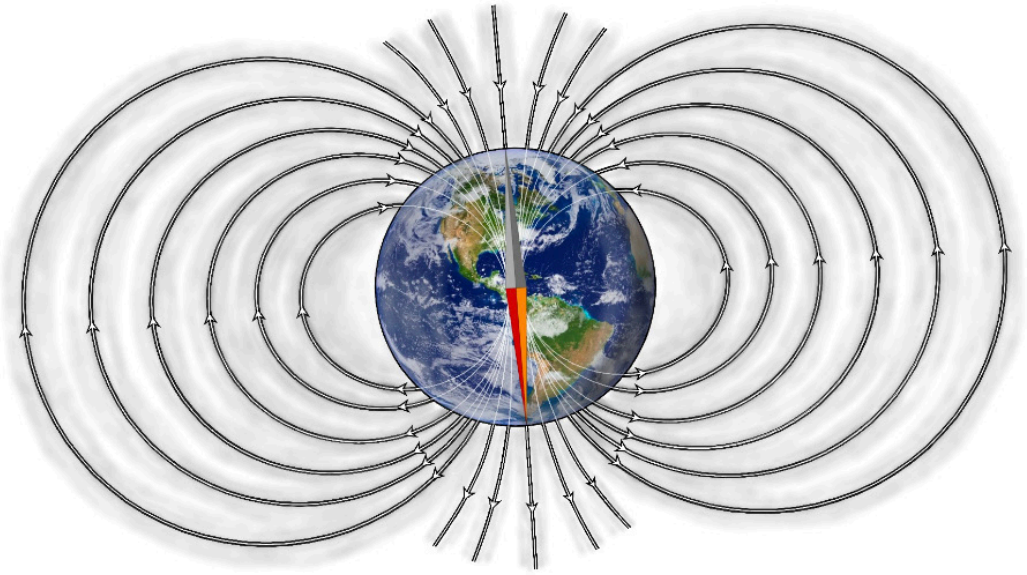
Ex: Reiki... Imagine that in a certain application you are the positive pole of the image on the side. You are carrying and overflowing healing energies.

On the other hand, your patient is the negative pole that is “needing” and attracting the positive that is lacking.

In this format, during a consultation, you integrate and join together. You automatically create an energetic screen that seeks harmony.

That is why we must be careful with energy, since the negative pole can “pull” a lot of our energy.





Look at the two images above... They represent part of the energy fields that are constantly propagating vibrations to the world. In other words, through our emotions and thoughts we can send different types of frequencies to the world around us.

Not only that, the earth, the world, the plates, everything that surrounds reality is propagating energy and vibrations. The atoms themselves that constitute all creation, even solids, are in motion!

From this page onwards we ask the reader to understand that everything you think, everything you do, everything you say, write or type, is creating and manifesting a field around you that propagates exactly the frequency that gives the action... If you are receiving negativity it is because you are at some point placing it in your field, as well as prosperity, good things, etc. Control your mind and you will be able to control your field and everything that approaches and attracts into your life!

For this reason we need to transmute the negative energies we come into contact with.

There is no specific rule or technique for this. Throughout the training you will learn some techniques.

But it's basically about being present with good control over your emotions.

Sometimes the patient may have some negative things to say, or you may have negative feelings. Your job is to not let these things affect you. In addition, you need to give a new direction to this energy.

We all have dreams, desires and wishes. We all want to have good thoughts and feel good throughout the day.

However, how many are willing to commit the necessary energy during the day to keep this field healthy and functioning perfectly?

How many are willing to maintain the thoughts and actions necessary to obtain the desired results indefinitely?

You know that feeling you get around someone? Good or bad?

Something that is beyond what is said?

Ex: Why is it good to be close to the person you love? Your parents, family, friends?

This is often correlated to the energy field that this person is propagating at a given moment.

This also occurs for momentary friendships. In the case that at a certain time the person's energetic propagation was very similar to yours, however at another time, it has already differed abruptly.

This same process occurs in energy propagation.

Remember, your care begins long before the patient enters your office.

Your goals begin to be achieved long before you move.

Your relationship starts to improve long before you say or do anything.

The life that materializes in front of us always begins in our mind, in our emotions and in the spiritual world.

In the spiritual world all possibilities have already happened.

ENHANCEMENTENERGY TIC

We materialize life around us.

Take note! All the processes that are unfolding in your life, if maintained, will automatically become more powerful. Even if there is no commitment.

In this way, negative cycles tend to become more negative as the years go by (if nothing is done about it).

With positive cycles, it's different. We human beings, within the society in which we live, have a natural tendency towards negativity and to give more value to problems than to solutions.

For positive cycles to be strengthened, a continuous commitment of energy and attention is necessary.

It is worth noting that positive cycles also have this “snowball” effect. However, they require attention and care. It often takes longer for results to appear.

A good example of this difference between “positive and negative energy snowballs” is;

Negative Ex: Snowball being pushed up a slope.

Positive Ex: Snowball being pushed onto a flat surface.

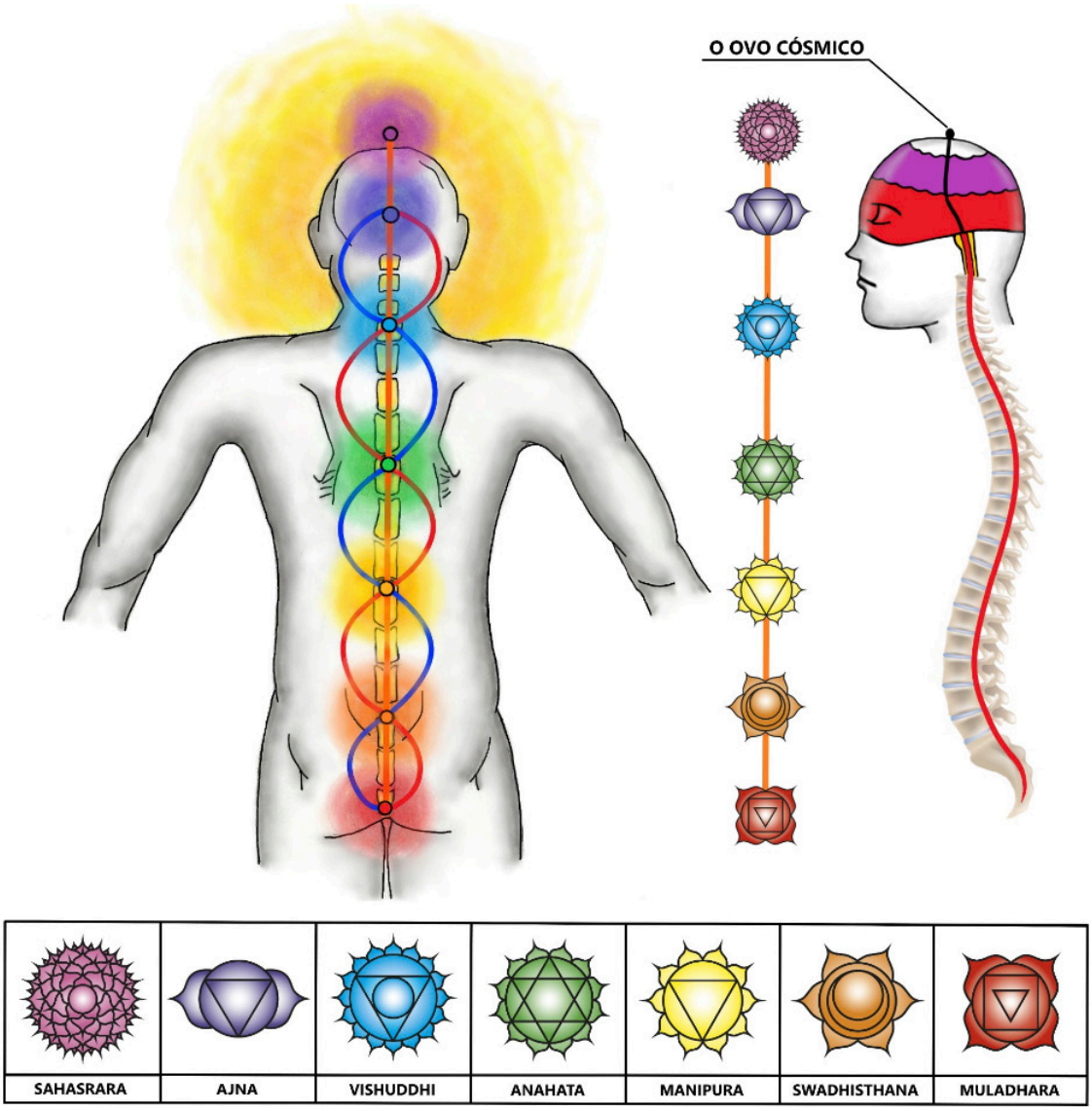
In both cases the energy snowball will grow and take shape. However, in the case of the energy snowball pushed up a hill...

You probably won't have any control over it. It could end up affecting people and even taking shapes and paths that you don't want.

The positive energy snowball is built on a flat surface. It may take longer to build, and you may need to put in more energy and attention. However, you have total control over where this energy is going and the shapes it takes.

Before getting into the subject of “apometry” you should reflect on this moment:

As subtle as it may be, you are generating a positive or negative energetic snowball.
Have you been aware of this energetic ball, or have you just been letting it run downhill?
Has this energy ball hurt or healed the people around you? Also realize that this energy ball can be in the things we do and don't like, things that hurt us but we accept. Situations we put ourselves in, mental maps, meanings we give to our lives.



In short, we can say that empowerment begins with the physical and extends to the mental, emotional, energetic and spiritual.

Every desire, every evolution, begins in the physical and rises through the chakras. In this sense, the most important chakra for any change is the base chakra. Without it, there is no desire, there is no will, ambition, courage.

Without these elements there is no movement, no life, no energy or evolution whatsoever. In this way we can understand that there is no point in wanting to become spiritual by giving up the body, desires and physicality.

It is because of the physical that we are alive! Furthermore, another crucial point for intensifying the energetic propagation of any kind is repetition and consistency. Everything that you repeat countless times, every thought that becomes a constant, every action that is performed daily, becomes a strong energetic catalyst and propagator that attracts people and opportunities regardless of distance or geographical barrier.

OURFIELDENERGY TIC

We materialize life around us.

In addition to chakras, we have electrical fields that propagate in layered forms.

Within the literature of holistic therapies, spiritualism, apometry, etc... It is said that there are several layers, where each one has a function.

This understanding is somewhat abstract and also controversial, since the “reports” and studies carried out were done through mediums or sensitive people who made this classification.

As we said before, this module demands abstraction and flexibility. There is not necessarily an analogy or a logical direction for this understanding.

You can use the concept of the Magnet taught previously where we generate an energy field that surrounds us. You can follow the line passed on by spiritualism and the knowledge passed on by mediums.

You may believe that both positions are correct.

The only thing you can't do is invalidate this knowledge. And close yourself off to the wonderful content that lies ahead.

Kirlian photography, also known as bioelectrography or bioelectrogram, is a photography technique that still arouses curiosity and sparks the imagination of many today. It involves photographing the ionization of gases and vapors that are exhaled by the bodies of all living beings, be they people, animals, or plants, as well as inanimate objects.

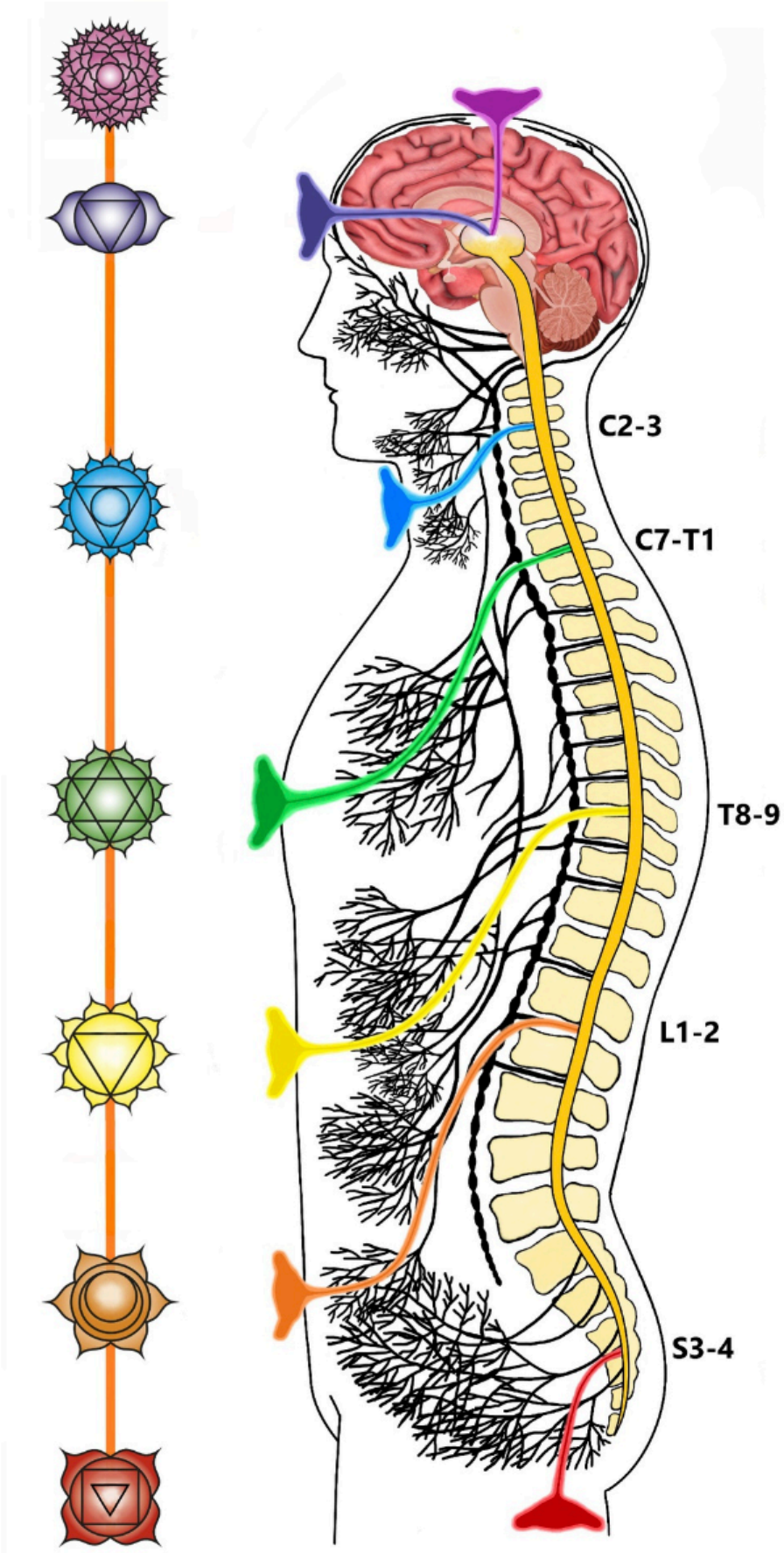
The person who made this technique official and perfected it was the electrical engineer Semyon Kirlian and his wife Valentina Kirlian, in 1939 in Russia. It involved placing the element to be photographed on a photographic plate connected to a certain voltage and the image of the gases and vapors were immediately projected onto the plate.

It is important for you to know... Some people will be able to develop the ability to see the subtle bodies, others will be able to feel.

There are people who can smell this energy field and there are those who can't smell it through their body (goosebumps).

One exercise you can do at home is the mirror exercise; Stand in front of the mirror, at a comfortable distance.

Focus on your nose for as long as you can.
Without looking to the sides or taking your focus off your nose, try to see or indirectly perceive if any color around you begins to appear.


C2-3
C7-T1
T8-9
L1-2
S3-4

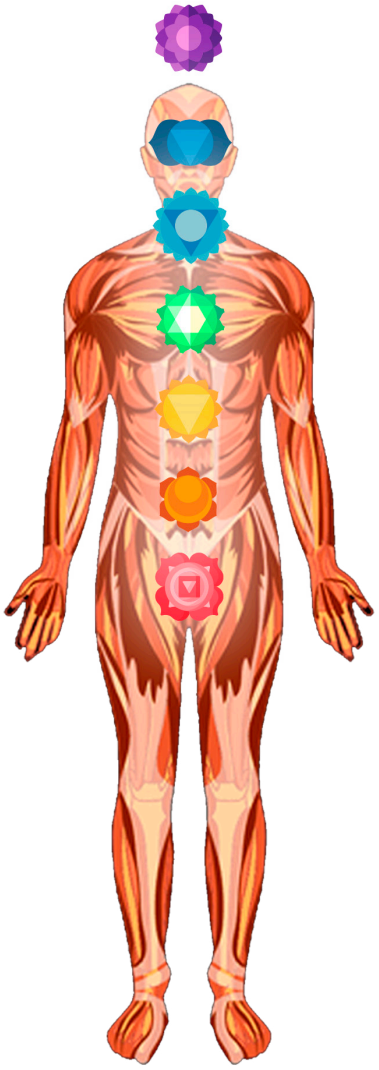
BODIESSUBTLES

The energetic power that protects and emanates us

Subtle bodies are concepts found in many spiritual traditions and philosophies that refer to different levels or layers of human existence that go beyond the physical body. These bodies are often described as energetic, immaterial, or spiritual.

Humans are believed to have several subtle bodies, each with different functions. The following are some of the most common descriptions:

Etheric body: This is often considered the closest body to the physical body and is described as a kind of energetic mold that gives shape to the physical body. Some believe that it is responsible for maintaining physical health and vitality.



Emotional body: This body is associated with emotions and feelings and is said to interact with the physical body and the environment to create emotional experiences.

Mental body: This body is related to thought and cognition and is said to interact with the physical body and the environment to create mental experiences.

Spiritual body: This body is often considered the highest and is associated with the spiritual aspect of human existence. Some believe that it extends beyond the physical body and is the source of consciousness and connection with the divine.

These concepts are often used in spiritual practices such as meditation, yoga, and other practices that aim to expand consciousness and spiritual development. However, it is important to note that these ideas are not scientifically proven and are not recognized by conventional medicine.

Subtle Body	Description
Physical ether	The densest of the subtle bodies, related to our physical body. It is responsible for sustaining the physical body and ensuring its basic survival.
Emotional ether	It corresponds to our feelings, emotions and passions. It is responsible for our ability to feel and express emotions.
Mental ether	It corresponds to our ability to think, reason and understand. It is responsible for mental processes and the control of our actions.
Astral body	It corresponds to our soul and our individual identity. It is responsible for our conscience, our capacity to love and our sense of purpose and meaning in life.
Etheric body	It is a more subtle layer that surrounds the physical body, providing energy and sustaining life. It is responsible for our ability to maintain health and vitality.
Buddhic body	It corresponds to our connection with higher consciousness, providing the basis for our spirituality and our ability to experience peace, joy and fulfillment.
Atomic body	It corresponds to our divine nature, our connection with the universal source of love and wisdom. It is responsible for our ability to experience peace, joy and spiritual fulfillment.

TIPSUSEFUL

The closest energy level we are

1. Understanding the Subtle Bodies:
The first step is to understand that even though they are not tangible like our physical bodies, these bodies have their own reality and influence our daily experience. They are interconnected and work together to create the complete human experience.

2. Meditation:
One of the most effective methods for connecting with your subtle bodies is through meditation. Meditation helps to quiet the mind and allows you to feel and perceive the subtle bodies more clearly.

Meditation for the Etheric Body: Visualize a radiant light surrounding your body, protecting and nourishing it. Feel this life force energy flowing through you, revitalizing every cell.

Meditation for the Emotional Body: Breathe deeply and bring to mind positive emotions such as love, joy, and gratitude. Imagine these emotions as bright colors surrounding you.

Meditation for the Mental Body: Focus on your breathing, then direct your attention to positive, inspiring thoughts. Visualize these thoughts as twinkling lights.

Meditation for the Spiritual Body: Feel the connection with the universe or your divinity. Imagine yourself surrounded by a golden light, elevating your consciousness to a higher state.

3. Energy Practices:
Yoga, tai chi, and qigong are all practices that can help balance and energize the subtle bodies. By moving your physical body in specific ways, you can also move and balance the energy in your subtle bodies.

4. Alignment and Cleaning:
It is important to keep the subtle bodies aligned and clean. Techniques such as pranic healing, reiki and aura therapy can help remove blockages and imbalances from the subtle bodies.

5. Education and Continuing Study:
Reading and studying about the subtle bodies can deepen your understanding and connection with them. There are many texts and courses available that explore these concepts in depth.

It is to havePhysical

The closest energy level we are

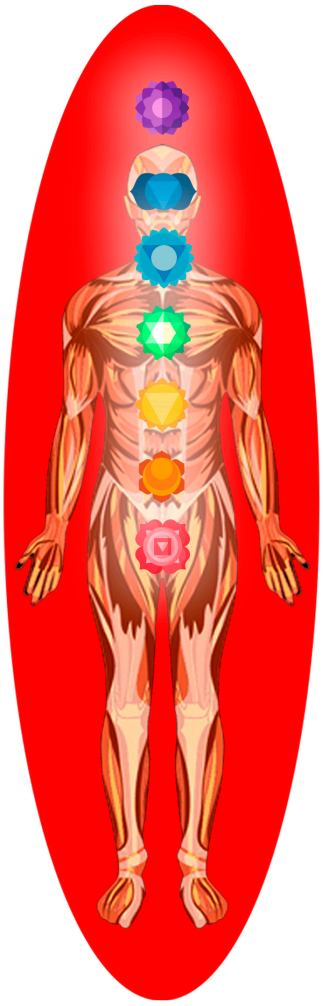
The physical subtle body is one of the densest layers of the subtle bodies and is considered the basis of our physical existence. It is responsible for sustaining our physical body and ensuring its basic survival. It is the first of the subtle bodies that form our being and is the closest to our material physical body.

The physical subtle body is responsible for a number of physical functions, including maintaining the body's balance, regulating temperature, and breathing. It is also responsible for our physical strength, endurance, and ability to perform physical activities.

The physical subtle body is affected by factors such as diet, sleep, physical activity and general health. When we are healthy and balanced, the physical subtle body functions properly and supports our physical body efficiently. On the other hand, if we are out of balance or suffer from some kind of health condition, the physical subtle body can be affected and in turn affect our physical body.

Furthermore, the physical subtle body is interconnected with the other subtle bodies and therefore it is important to work in balance with them to ensure overall health and well-being. This can be achieved through practices such as meditation, yoga, holistic therapies and health care.

In short, the physical subtle body is a crucial layer of our being that plays a vital role in our physical existence. It is important to take care of it and balance it with the other subtle bodies to ensure our health and well-being.



BODYThe stral

The subtlety of the abstract that takes shape from the physical

The astral subtle body is the second layer of the subtle bodies and is responsible for our emotions, desires and passions. It is considered as the intermediate layer between the physical body and the subtler layers of our existence.

The astral body is the seat of our emotions and is the place where our passions and desires are formed. It is responsible for our ability to love, feel joy, sadness, anger and other emotions. In addition, it is also responsible for our imagination, creativity and ability to visualize and feel things that have not yet happened.

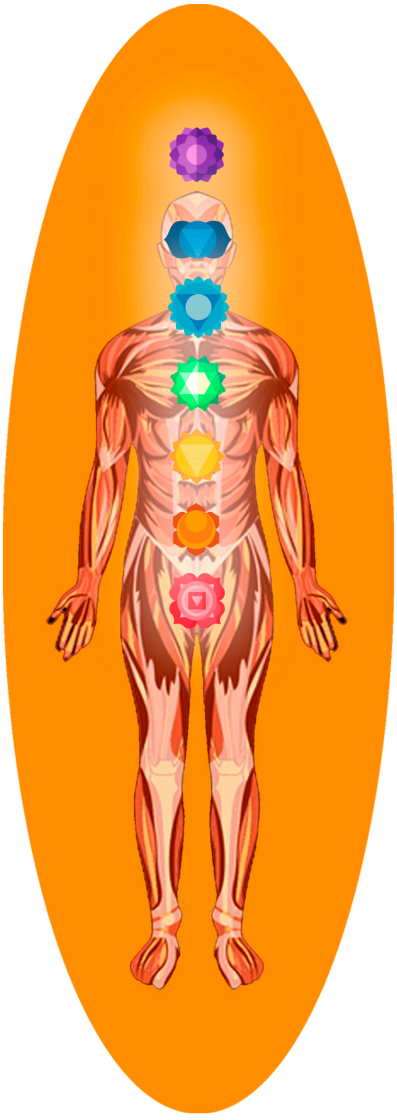
The astral body is very sensitive and is easily affected by negative thoughts and emotions such as fear, anxiety and anger. This can lead to emotional imbalances and distress which in turn affect our physical and mental health.

On the other hand, when the astral body is balanced and healthy, it can be a source of great joy and fulfillment. Practicing meditation, yoga, holistic therapies, and other activities that help balance emotions can be very beneficial for the astral body.

In short, the astral body is a crucial layer of our existence that plays an important role in our emotional and mental health. It is important to take care of it and balance our emotions to ensure our health and well-being.

The Functioning of the Astral Body and Its Implications

1. Astral Travel and Dreams: Many mystics and esoteric scholars believe that the astral body is the part of us that is released during so-called “astral travel” or when we dream. During sleep, the astral body can travel to different dimensions and planes of existence, bringing back information, insights, and experiences that can influence our waking life.



2. Connection with the Environment:
The astral body is highly influenced by the environment and people around us. Being in a negative or toxic environment can upset the balance of the astral body, while being in a positive and loving environment can nourish and strengthen it.

3. Bridge to the Spiritual:
The astral body acts as a bridge between the physical world and the higher spiritual realms. Through it, we are able to access intuition, spiritual guidance, and even communications with higher entities.

4. Care and Protection:
It is essential to protect and purify the astral body regularly. Practices such as salt baths, the use of protective crystals, and grounding techniques can help clear dense energies that may cling to the astral body.

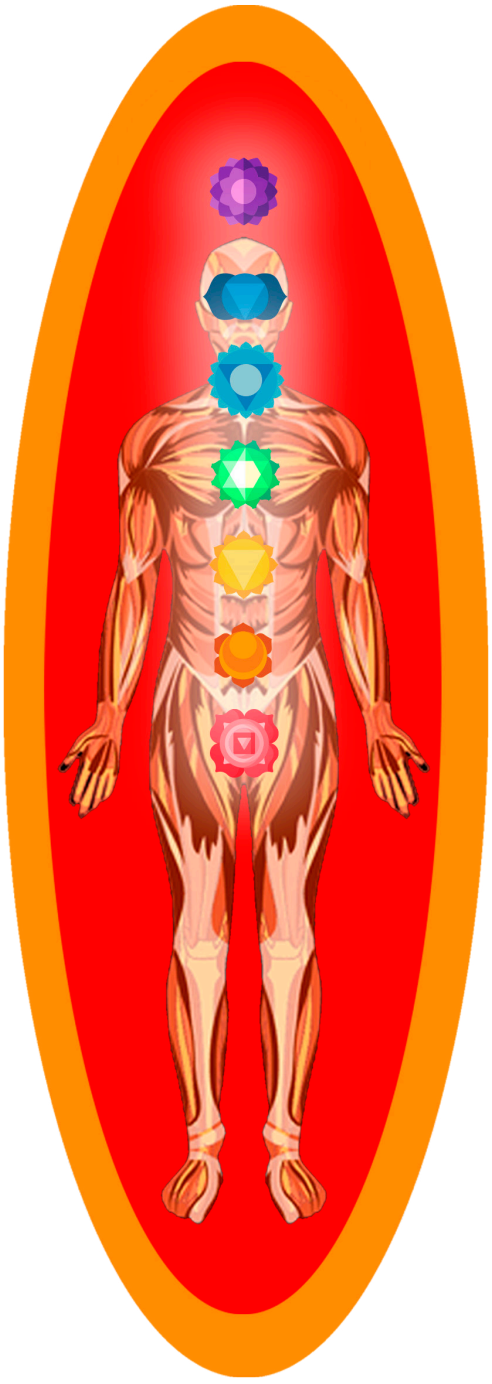
5. Interpersonal Relationships:
Our astral body is also intrinsically linked to our relationships. Strong emotional connections, whether positive or negative, can create astral "cords" that connect two people. While positive cords can strengthen and nourish a relationship, negative cords can drain energy and create dependencies.

Tips for Maintaining and Strengthening the Astral Body:

Dream Journal: Keep a journal to record your dreams. This helps you understand the messages and experiences of your astral body during sleep. Energy Practices: Therapies such as Reiki, pranic healing, and acupuncture can help balance and strengthen your astral body.

Avoid Toxic Substances: Alcohol, drugs and even certain medications can disturb the balance of the astral body.

Positive Affirmations: Daily mantras and affirmations can help raise the vibration of the astral body.
Music and Sound: Harmonic sounds, such as chanting, Tibetan bowls and meditation music, have the ability to harmonize the astral body.



BODIESLower Mental

The Beginning of the Energy Journey

The mental body is the third layer of the subtle bodies and is responsible for our thoughts, ideas and concepts. It is the layer that governs our ability to think, reason, make decisions and create solutions to problems.

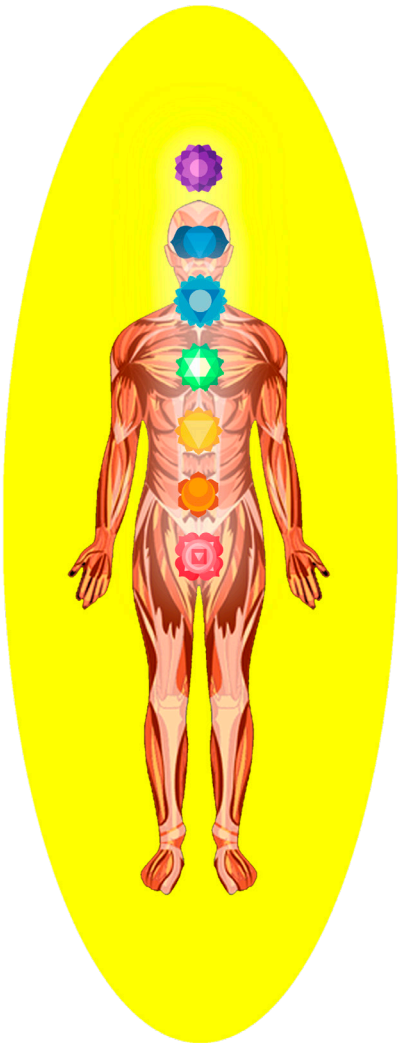
The mental body is responsible for our ability to understand and process information, as well as store and retrieve memories. It is also responsible for our ability to learn and develop new skills, knowledge and competencies.

When the mental body is balanced and healthy, it allows us to have a clear, objective and focused mind. This allows us to make rational decisions, solve problems efficiently and deal with stressful situations appropriately.

On the other hand, when the mental body is out of balance, it can lead to obsessive, negative or paranoid thoughts, as well as difficulties in making decisions and concentrating.

To keep your mental body balanced and healthy, it is important to engage in activities that stimulate your mind, such as reading, problem-solving, learning new skills, and meditating. These activities can help develop focus, mental clarity, and emotional resilience.

In short, the mental body is a fundamental layer of the subtle bodies. which plays a crucial role in our ability to think, learn and make decisions. Taking care of the health of the mental body is an important part of our well-being and personal development.



In addition to the mental activities already mentioned, it is essential to understand that the mental body is also influenced by the emotions and sensations of other subtle bodies, such as the emotional body and the etheric body. For example, repressed emotions or emotional trauma can create blockages in the mental body, leading to negative or distorted thought patterns.

To harmonize the mental body, it is also beneficial to maintain a daily routine that includes relaxation practices and centering techniques, such as yoga and tai chi. These practices not only strengthen the mind-body connection, but also help to quiet the mind and bring focus and presence to the present moment.

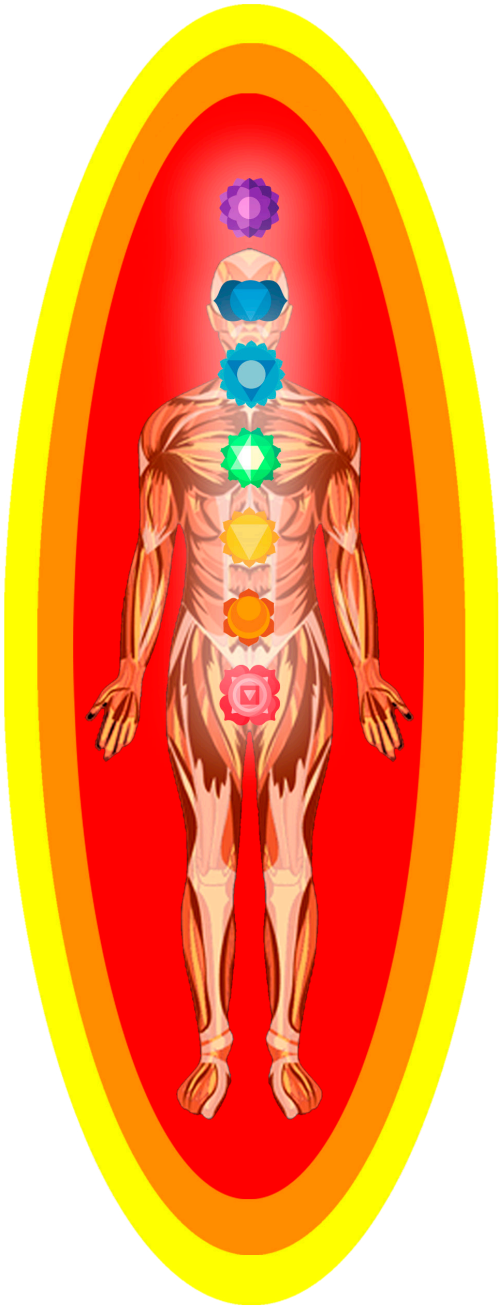
Another effective approach is energy healing therapy or spiritual practices that aim to clear and balance the chakras, especially the third eye chakra and crown chakra, which are directly associated with the mind and consciousness.

Nutrition also plays a significant role in the well-being of the mental body. A balanced diet that is rich in nutrients and free of toxins can enhance mental clarity and cognitive ability. Likewise, avoiding mind-altering substances such as alcohol and recreational drugs contributes to mental health.

Furthermore, it is essential to be surrounded by environments and companies that promote positive thoughts, as the vibrations and energies around us can directly influence our mental state.

Ultimately, understanding and caring for the mental body is an investment in the quality of our lives. A

Healthy eating not only enriches our daily experiences, but also allows us to live more authentically, consciously and harmoniously.



BODIESThe stral

The obstructed that materializes

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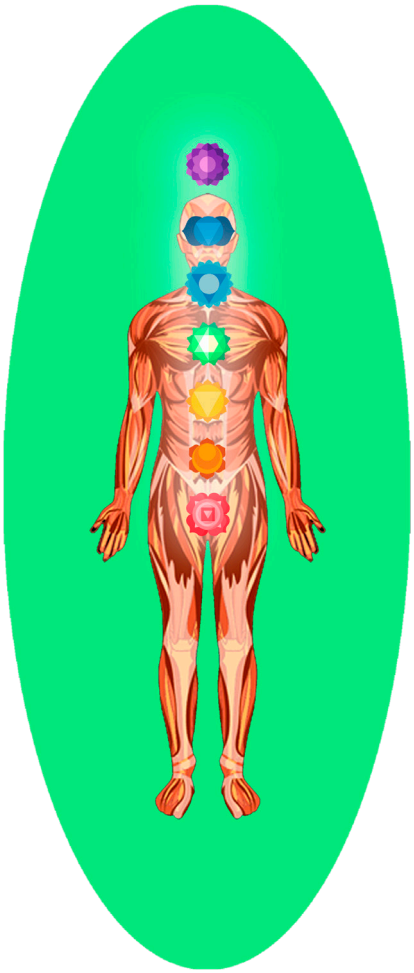
The astral body is very sensitive and is easily affected by negative thoughts and emotions such as fear, anxiety and anger. This can lead to emotional imbalances and distress which in turn affect our physical and mental health.

On the other hand, when the astral body is balanced and healthy, it can be a source of great joy and fulfillment. Practicing meditation, yoga, holistic therapies, and other activities that help balance emotions can be very beneficial for the astral body.

In short, the astral body is a crucial layer of our existence that plays an important role in our emotional and mental health. It is important to take care of it and balance our emotions to ensure our health and well-being.

The astral body is also often associated with out-of-body experiences, lucid dreams and astral travel. It is on this plane that many believe the soul moves during sleep, accessing memories of past lives, meeting spiritual guides or even connecting with other souls.

The health of the astral body can directly influence our ability to empathize and connect with others. A person with a harmonized astral body tends to be more understanding, receptive, and able to genuinely feel



mind the emotions of those around her. She also has greater ease in expressing her desires and intentions, as she can align her emotions with her thoughts and actions.

To strengthen and protect the astral body, it is essential to maintain energetic hygiene, avoiding negatively charged environments and people who drain our energy. Practices such as energetic baths, the use of crystals and specific mantras can help purify and strengthen this subtle body.

Furthermore, the astral body is also nourished through experiences that raise our vibration, such as listening to music, being in contact with nature, expressing oneself artistically and even through genuine laughter and moments of pure contentment.

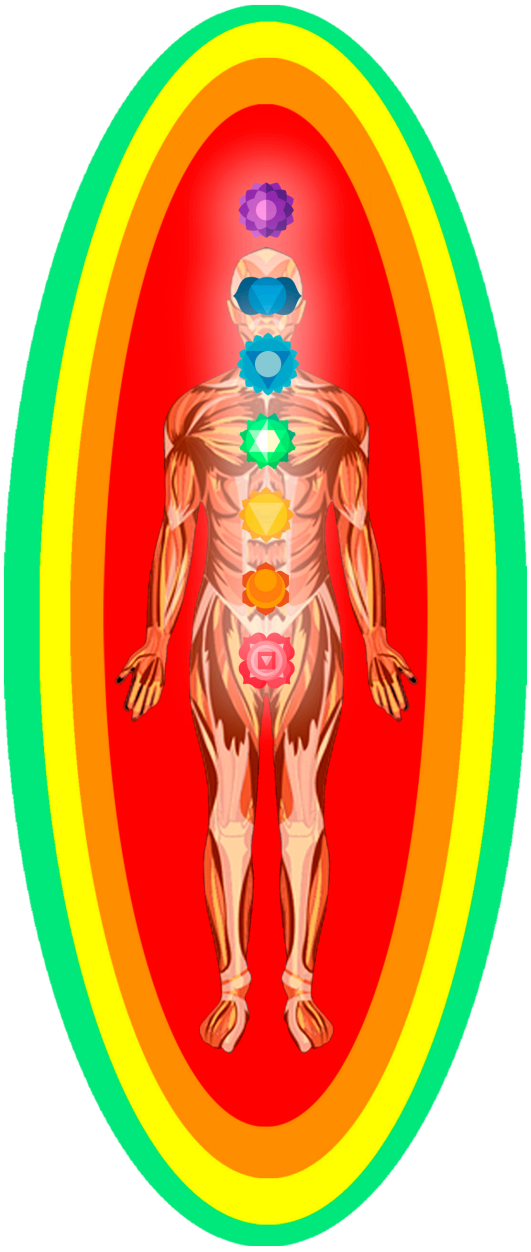
It is important to emphasize that balancing the astral body does not mean suppressing emotions. On the contrary, it is about recognizing them, embracing them, and processing them in a healthy way. By recognizing and accepting our emotions, we can transmute them, transforming negative energies into positive ones and promoting healing and integration of the different aspects of our being.

In short, caring for the astral body is cultivating a balanced, open and full heart, allowing us to live with passion, purpose and in harmony with the universe around us.

For a better understanding and harmonization with the astral body, regular introspection is essential. Just as we need regular check-ups with our physical body to detect possible imbalances, self-examination of our emotional and astral world allows us to identify energy patterns.

that may be harming us.

Grounding practices, such as mindful nature walks or deep breathing techniques, can help us reconnect with our astral bodies, especially when we feel disconnected or overwhelmed. In times of great emotional turmoil, grounding ourselves can be the first step toward restoring inner harmony.



BODIESIt's theoretical

What we cannot see, but only feel

The etheric body is the third layer of the subtle bodies and is responsible for sustaining and nourishing the physical body. It is considered the intermediate layer between the physical body and the astral body and is responsible for the circulation of vital energy that keeps the physical body functioning in a healthy manner.

The etheric body is responsible for the vital energy circulation system, which includes the lymphatic, blood and nervous systems. It is also responsible for regulating the balance of body fluids, such as blood, and for maintaining the body's thermal balance.

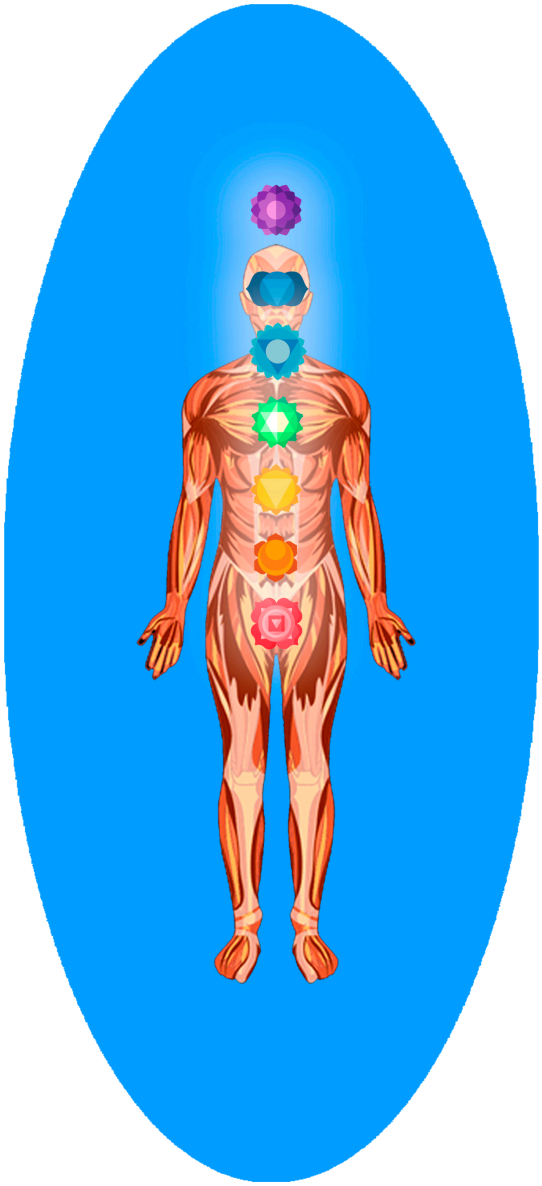
When the etheric body is healthy and balanced, it provides energy and vitality to the physical body, keeping it - the strong and healthy. However, when it is out of balance, it can lead to health problems such as tiredness, fatigue, pain and inflammation.

Practicing meditation, yoga, reiki, and other energy therapies can be beneficial in balancing and strengthening the etheric body. In addition, a healthy diet, regular exercise, and a good night's sleep can also help keep the etheric body healthy.

In short, the etheric body is an important layer of the subtle bodies that plays a fundamental role in maintaining physical health. It is important to take care of it and keep it balanced to ensure our health and well-being.

The etheric body is often described as an energetic matrix that reflects and shapes the physical body. It is made up of a network of meridians and energy channels that are interconnected with the chakras, energy centers that distribute the life force to the various parts of the body. This continuous flow of energy is what keeps us alive and active.

The health of the etheric body is directly affected by our emotions, thoughts and environment around us.



Traumatic experiences, prolonged stress, or exposure to energetically dense environments can cause blockages or leaks in our vital energy. These etheric imbalances, if left untreated, can manifest in the physical body as illness or disorders.

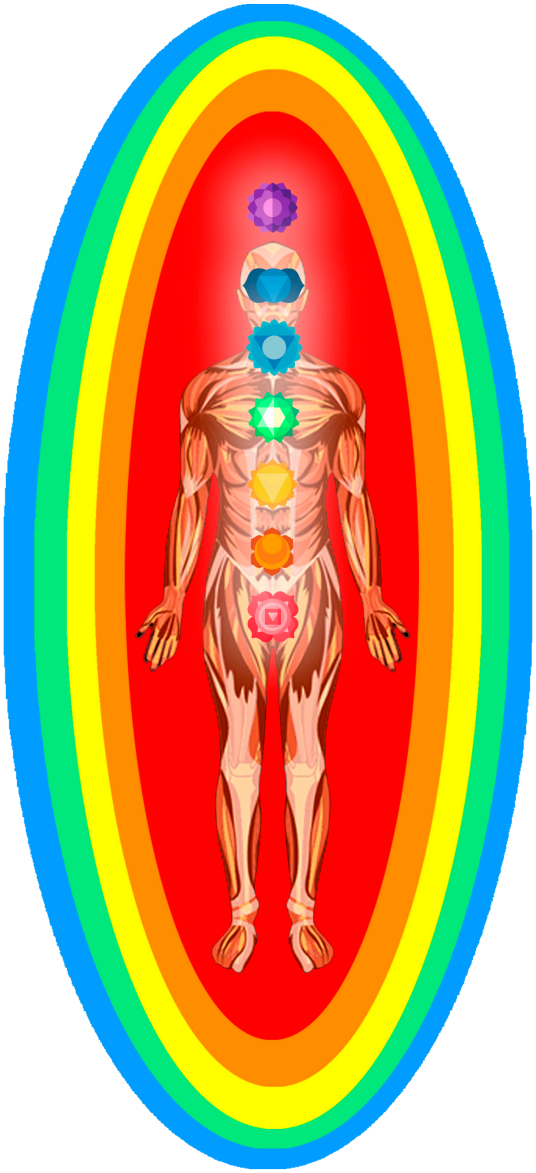
Protecting the etheric body is also essential. Practices such as visualizing a white light or golden aura around the body can create an energetic barrier against unwanted external influences. Similarly, wearing certain crystals, such as black tourmaline or rose quartz, can serve as a shield against negative energies.

It is also essential to be aware of our interpersonal relationships. People who constantly drain our energy or toxic environments can weaken the etheric body. Being surrounded by individuals and environments that nourish our soul and spirit is vital to maintaining a robust and vibrant etheric matrix.

Just as we care for our physical bodies with hygiene and health care, our etheric bodies also require their own form of “energetic hygiene.” Etheric cleansings, such as salt baths or herbal baths, can help to cleanse and rebalance the energy.

Understanding the etheric body is a vast field that has yet to be explored by modern science. However, ancient traditions and spiritual practices around the world have recognized its importance for millennia. For many cultures, the etheric body is seen not only as an extension of the physical body, but as the fundamental foundation that defines an individual’s health and vitality.

The connection between the etheric body and the environment is also a vital aspect. Natural environments, such as forests, mountains, and beaches, have an inherent ability to revitalize and purify our etheric matrix. The simple practice of walking barefoot on the earth, for example, known as “grounding,” can help discharge excess energy and realign the etheric body.



BODIESBuddhist

The unknown and infinite

The buddhic body is one of the most important parts of our physical and emotional existence. It is through it that we experience sensations, express emotions and carry out daily activities.

The buddhic body is composed of the internal organs responsible for digestion, blood circulation, respiration, excretion, reproduction and other vital functions. In addition, it is where we find the autonomic nervous system, responsible for controlling automatic bodily functions, such as heart rate and blood pressure.

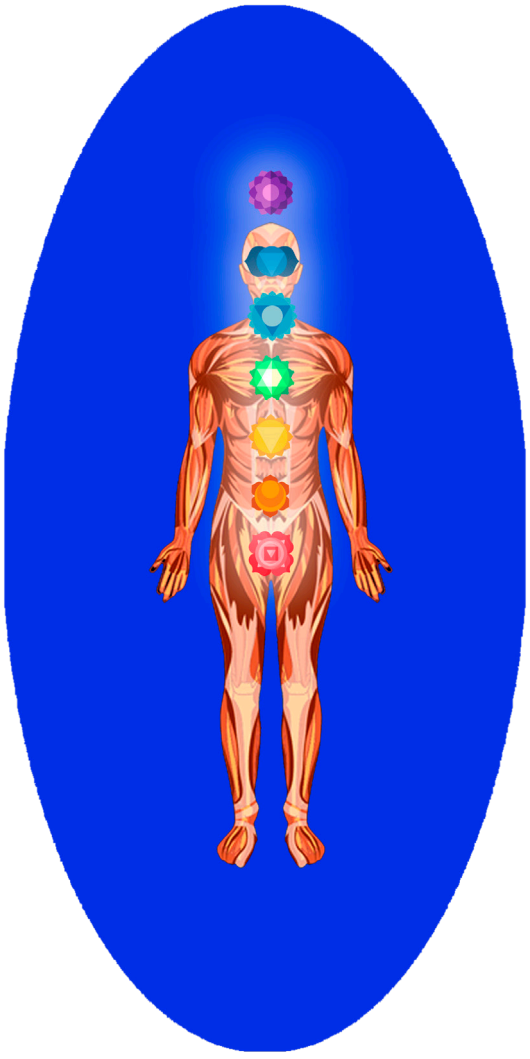
But the buddhic body is not just a physical machine. It is also the place where our emotions and feelings reside. Behavioral psychology has identified several areas of the body associated with different emotions, such as the muscular tension in the stomach associated with anxiety, or the dilation of the pupils associated with fear. Furthermore, it is through the body that we express our feelings, such as joy that manifests itself through smiles and laughter, or sadness that is reflected in tears and a dejected posture.

The Buddha body also plays an important role in mental health. Practicing physical activities, such as yoga or dancing, can help release tension and promote emotional well-being. In addition, breathing techniques and meditation can help control the body's automatic responses to stressful situations.

In short, the Buddha body is a fundamental part of our existence, that connects us with the physical and emotional world. It is through it that we experience and express our emotions, carry out daily activities and maintain physical and mental health. Therefore, it is important to take care of the buddhic body, practicing activities that promote its balance and well-being.

- to be.

Understanding and caring for the Buddhist body are essential for the harmonious development of the human being in all its dimensions.



This is because the body is not just a physical instrument, but also a living manifestation of our energies, emotions and thoughts.

There are Eastern philosophies that discuss the existence of several subtle bodies, of which the physical body is only the densest. The Buddha body, in this perspective, is considered one of these subtle bodies, associated with our higher consciousness and intuition. This view highlights the importance of balancing not only our physical health, but also our spiritual health.

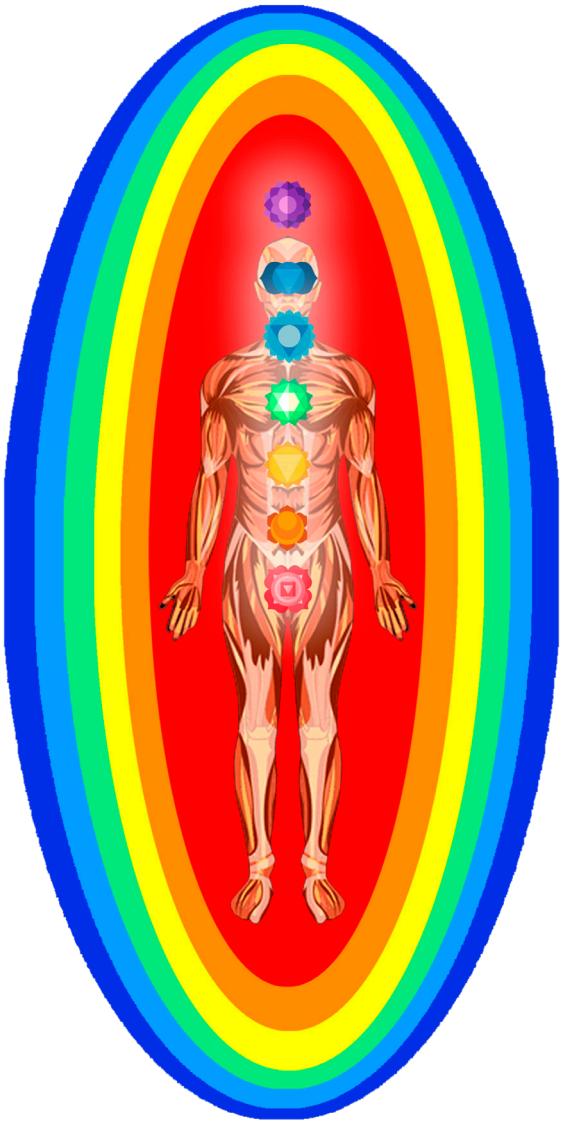
Increasingly, research has shown the connection between mind and body. An imbalanced Buddha body can lead to physical problems, while a neglected physical body can affect our mental and emotional health. Therefore, integration between the two is crucial.

Food also plays an important role in the well-being of the buddhic body. A balanced diet, rich in nutrients and low in toxins, promotes a more harmonious energy flow and benefits both physical and emotional health.

Likewise, the environment we live in, the people we interact with, and the experiences we have on a daily basis also influence our Buddha body. It is vital to surround ourselves with positive energies, cultivate healthy relationships, and seek self-knowledge.

Caring for the Buddha body, as well as for the other subtle bodies, requires a holistic approach. The harmonization of these bodies is intrinsically linked to our state of consciousness. The more we evolve in our understanding of ourselves, the more we ourselves and the universe around us, the more in tune we become with our own being.

One practice that can be extremely beneficial for the Buddha body is meditation. Through it, we can access deeper levels of consciousness, allowing a clearer connection with our spiritual essence. Meditation not only benefits our inner self, but also reverberates throughout our physical body, providing relaxation, stress reduction and even relief from physical pain.



BODIESThe thymic

What is beyond our vision and perception

The atmic body, often referred to simply as “Atma” in some esoteric and spiritual traditions, represents the highest and most subtle level of human consciousness. Compared to the other subtle bodies, such as the etheric, astral and mental bodies, the atmic body is closer to the Source or Divine Essence, and is considered by many to be the true essence or soul of the being.

Here are some important points about the atmic body:

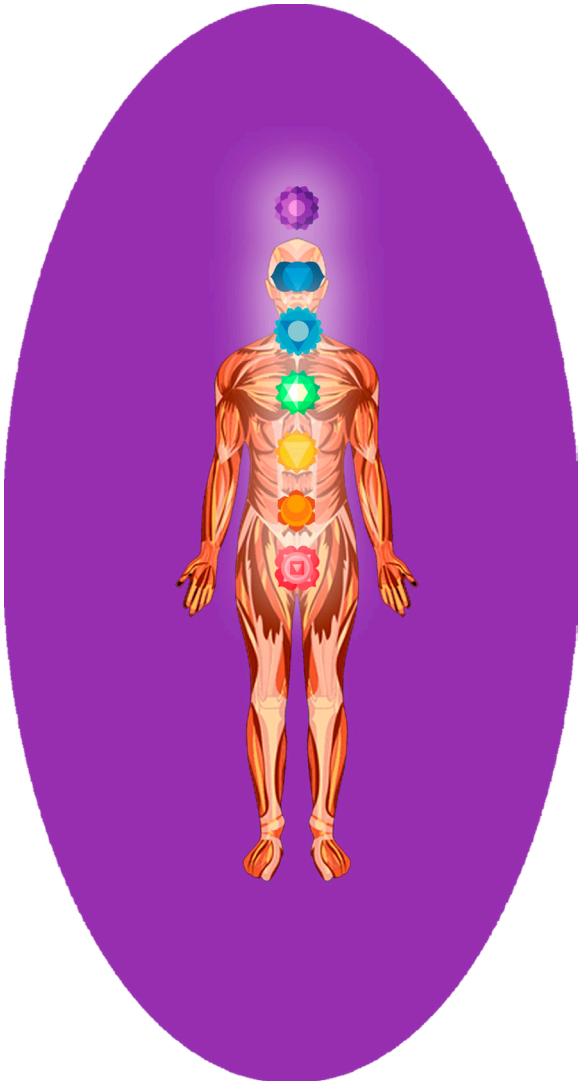
Nature of Consciousness: The atmic body is considered the divine spark within us, a direct manifestation of the Divine. It holds our highest consciousness, the one that transcends the ego and the limitations of the physical world.

Connection with the Divine: While the other subtle bodies deal with our experiences and learnings on the earthly plane, the atmic body is the bridge between the human and the divine. It connects us with universal wisdom and the higher purpose of our existence.

Immutability: Unlike other subtle bodies that can be shaped and transformed by our experiences, beliefs and emotions, the atmic body is immutable. It remains pure and unchanged regardless of life’s experiences.

The Spiritual Journey: Recognition and integration with the atmic body is often seen as the pinnacle of the spiritual journey. When one fully connects with the Atma, one reaches a state of enlightenment, where identification with the ego diminishes and consciousness expands.

Meditation and Spiritual Practices: Deep meditations and advanced spiritual practices can help you tune in to your inner self.
- with the atmic body. Many mystics and yogis throughout history have claimed to have experienced consciousness



atmic in deep states of meditation.

In many traditions, the atmic body is the goal of the spiritual journey, representing the unification of the individual being with the cosmic whole. It is the constant reminder of our divine nature and the infinite potential that resides within each human being.

Connecting with the atmic body is not an easy task, as it requires a deep dive into our own consciousness. It requires practice, dedication and, above all, surrender. Some ways to connect and integrate with the Atma include:

Deep Meditation: While regular meditation can help calm the mind and connect with the astral or mental body, deep meditation aims to transcend these bodies and reach the atmic. Advanced techniques, often taught by spiritual teachers, can help in this process.

Study and Reflection: Studying sacred and philosophical texts can offer insights into the nature of Atma. Reflecting on these teachings can, in turn, facilitate the integration of these concepts into our consciousness.

Living Universal Values: Cultivating qualities such as unconditional love, compassion, humility and selfless service can help align individual consciousness with atmic consciousness.

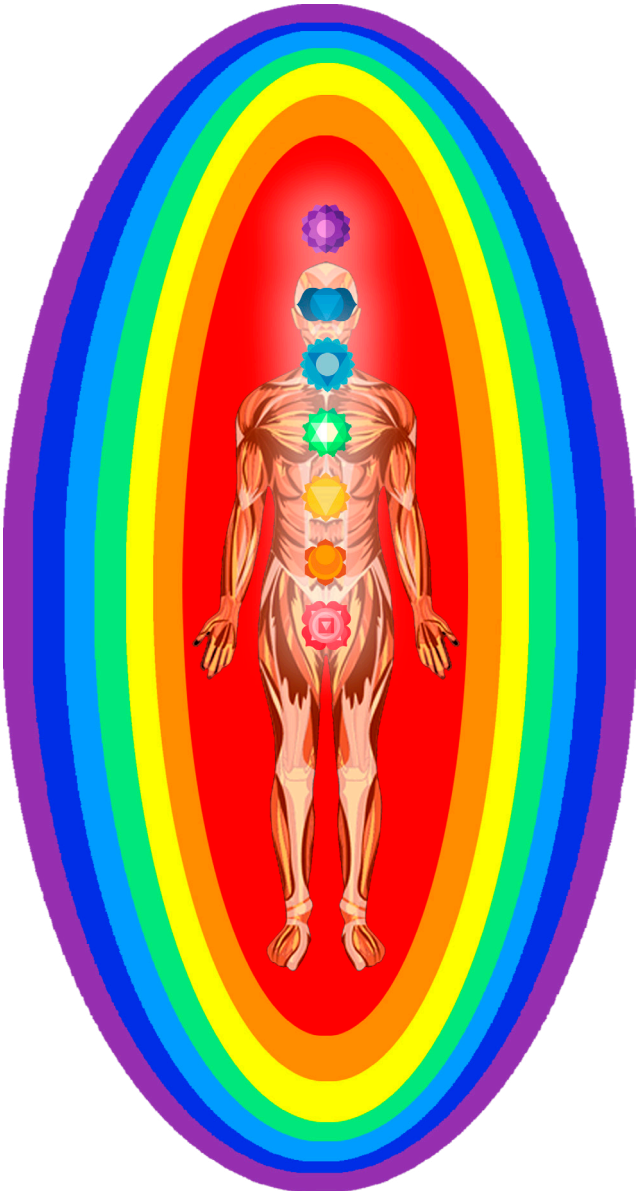
Benefits of Connecting with Atma

By connecting with the atmic body, many report a number of transformations in their lives, including:

Inner Peace: A deep connection with the Atma can bring a lasting sense of peace and serenity, regardless of external circumstances.

Expanded Vision: Identification with the atmic body can lead to a broader understanding of life, where daily challenges are seen from a higher perspective.

Oneness with the Whole: The sense of separation, which is the cause of much human suffering, diminishes when we recognize and experience our atmic nature.



OCHORD TO ODESILVER

The connection with the material

The silver cord is a concept present in several spiritual and religious traditions, understood as a subtle line that connects the human being to divinity. According to this concept, this cord is seen as a channel of light and energy that allows the connection between the human being and his spiritual guide, God or the Cosmic Source.

In the spiritualist tradition, the silver cord is seen as a line of light that connects the incarnated spirit to its divine presence, allowing the spirit to access divine wisdom and guidance. This cord is considered sacred and is protected by spirit guides and guardian angels.

In Kabbalah, the silver cord is known as the “column of light” and is seen as a direct link to the divine force. According to this tradition, the silver cord is the means by which a human being can ascend spiritually and attain divine knowledge.

In the Christian tradition, the silver cord is seen as a direct line of communication with God, through which humans can receive divine guidance and comfort. This cord is seen as a link of love and light that connects humans to divinity and that can be strengthened through prayer and meditation.

Furthermore, the silver cord is seen as a symbol of the connection between the physical and spiritual bodies. According to this conception, the silver cord is the channel through which the human being can feel the presence of divinity in his daily life and receive divine guidance and comfort.

The protection and strengthening of the silver cord is seen as important for the spiritual development of the human being. Practices such as meditation, prayer and self-knowledge help to strengthen this cord, allowing the human being to have access to divine wisdom and guidance.

In short, the silver cord is a concept present in several spiritual and religious traditions, being understood as a subtle line that connects the human being to divinity.

The silver cord is seen as a sacred link that allows humans to access divine wisdom and guidance. Furthermore, strengthening this cord is seen as important for the spiritual development of humans, allowing them to have a deeper connection with their divine presence.

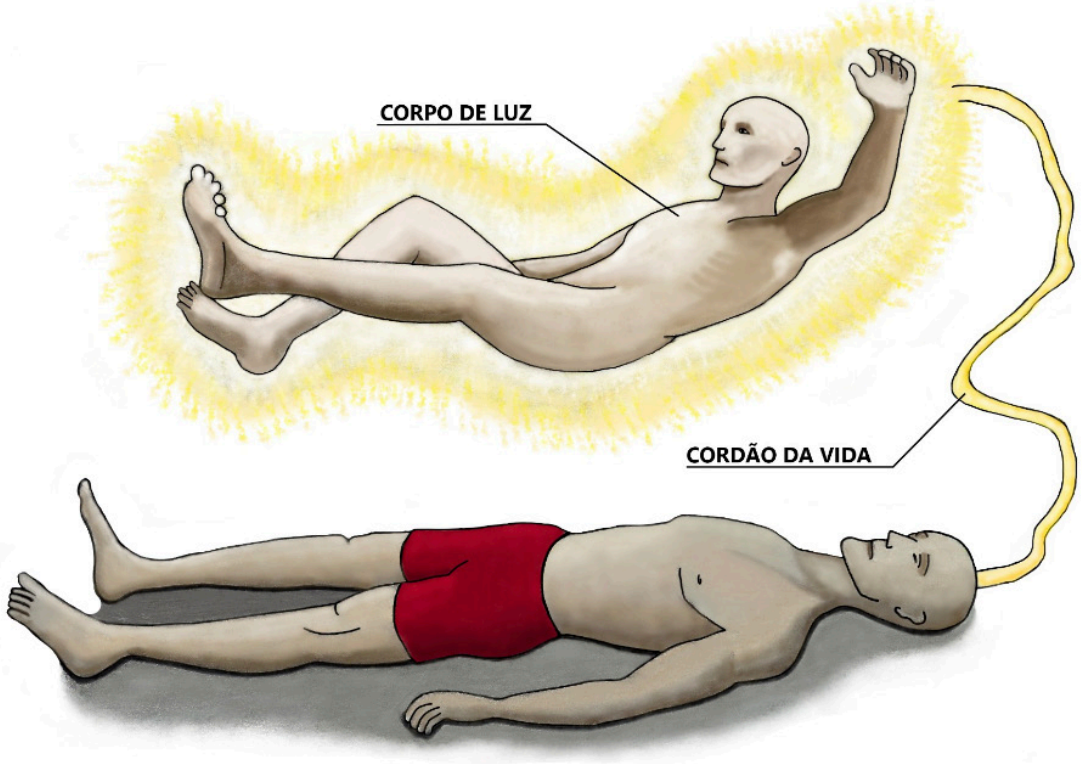
However, it is important to note that conceptions of the silver cord can vary between different spiritual and religious traditions. In some, it is seen as a permanent link that cannot be cut, while in others it is conceived as something that can be interrupted or weakened.

Furthermore, it is important to remember that the silver cord is a symbolic concept and that its existence cannot be scientifically proven. However, many people believe in its existence and its importance for the spiritual and emotional development of human beings.

In short, the silver cord is a concept present in various spiritual and religious traditions, and is understood as a subtle line that connects the human being to divinity. This cord is seen as a channel of light and energy that allows the connection between the human being and his divine presence, being important for the spiritual and emotional development of the human being.

In addition to the aforementioned traditions, many mystics and spiritualists believe that during experiences of astral projection or out-of-body experiences, the spirit remains connected to the physical body by means of this silver cord. Thus, it acts as a spiritual “umbilical cord,” ensuring safe return to the body after such experiences.

There is also a belief that at the moment of death, this cord breaks, signaling the soul's definitive transition to the spiritual plane. In this context, the silver cord represents the tenuous connection between life and death, the physical and the spiritual.



PERSONALITIESDISSONANT

The irregularity of who we are

The human being is made up of all the personalities acquired throughout life, stored in the memory of the immortal spirit. These personalities may not mix, but sometimes, when we experience similar situations to the past, they can resonate. This can result in inexplicable changes in behavior and attitudes that are seemingly incompatible with the current personality.

Sometimes a past personality can emerge from the subconscious and affect the current personality, even if the current personality knows nothing about it. This can disrupt the current personality and impede its evolutionary path. Therefore, it is important to exercise caution when investigating other people's pasts and avoid revealing unnecessary information.

Instead of ignoring or suppressing these dissonant personalities, we can try to understand them and learn from them. This can help us deal with current difficulties and move forward on our evolutionary journey. Furthermore, we are not alone in this journey; we can seek help and guidance from friends, family, or mental health professionals.

One way to deal with dissonant personalities is through therapy, where a therapist can identify the causes of these personalities, explore your feelings and thoughts, and guide you on how to manage them in a healthy way. Practicing meditation and relaxation techniques can also help you deal with these dissonant personalities.

In short, dissonant personalities can be challenging, but they can also be an opportunity for learning and growth. Seeking professional help and practicing stress management techniques can help you deal with these personalities in a healthy way and integrate them into your current consciousness.

In addition to seeking professional help and practicing stress management techniques, it is important to pay attention to our thoughts and emotions. When we realize that we are being affected by dissonant personalities, we can try to understand why they are emerging and how they are affecting our current lives. This can help us take steps to deal with them in a healthier way.

Additionally, it is important that we develop an attitude of self-awareness and self-compassion. Instead of judging or blaming ourselves for our actions, it is important that we allow ourselves to feel and understand our feelings and thoughts. This can help us deal with dissonant personalities in a healthier way and integrate them into our current awareness. By doing so, we can grow as individuals and evolve on our journey.

MOL IS STIAPSYCHOSOMATIC

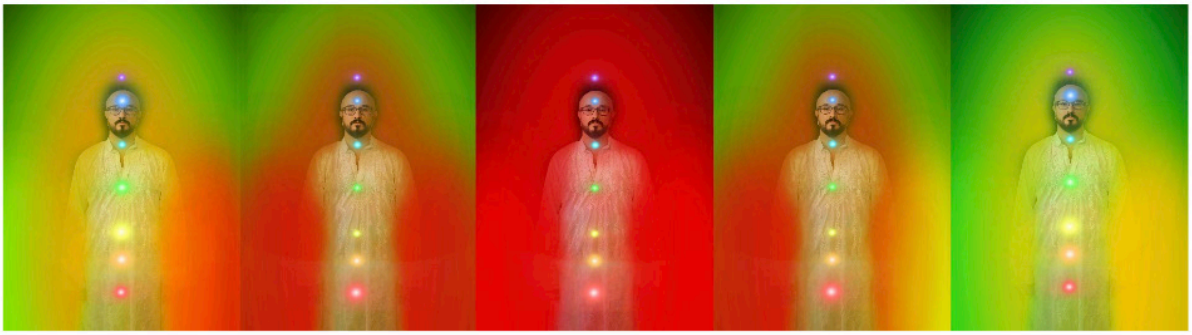
What repeats itself and solidifies.

Understanding the mechanisms that result in psychosomatic illnesses is crucial to selecting the most effective therapeutic interventions. These illnesses, which affect both the mind and the body, are one of the most common problems today and require immediate action. Mental health professionals are faced with the task of minimizing the effects of these mental disorders, which, if left untreated, can worsen and increase the risk of developing chronic diseases that are difficult to cure.

Psychosomatic illnesses are related to the control of emotions, feelings and thoughts. Uncontrolled emotions and negative thoughts can result in mental imbalances that, in turn, overload bodily functions and impair the functioning of the body. This can be caused by a number of factors, mainly negative experiences and unresolved traumas. The stress caused by these negative emotions can affect the brain's ability to regulate the release of substances that are important for the body's overall health.

People with psychosomatic illnesses often seek medical help or emergency services, but they rarely receive an accurate diagnosis for their problems. Therefore, it is recommended to seek professional help through mental rehabilitation therapies to prevent the condition from worsening. Some examples of psychosomatic illnesses include irritable bowel syndrome, migraines, asthma, and heart disease. These illnesses can be triggered by a variety of factors, such as stress, anxiety, depression, difficult relationships, financial problems, and stressful work.

To treat psychosomatic illnesses, mental health professionals may use a variety of therapeutic techniques, such as cognitive behavioral therapy, acceptance and commitment therapy, and problem-solving therapy. These therapies can help identify and change negative thoughts and behaviors, as well as manage stress and other factors that trigger psychosomatic illnesses.



ALLABOUTSPIRITISM

Understand in a simple and practical way

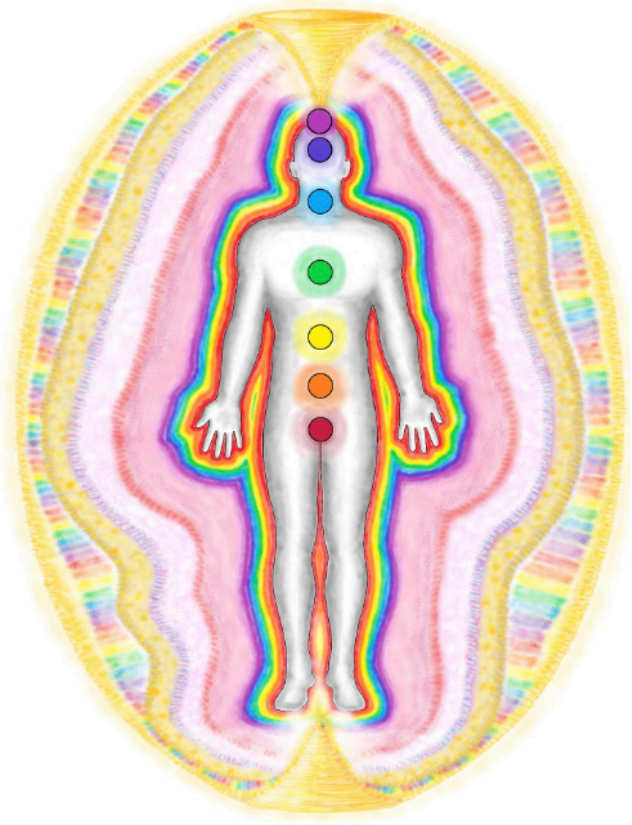
Until the mid-19th century, there was no systematic approach to establishing a connection between materialistic science and the immateriality of the spirit, despite advances in human understanding throughout the ages of civilization. It was in 1857 that the Spiritist Doctrine emerged, codified by Allan Kardec, based on messages from spirits. This doctrine, founded on scientific experimentation, established advanced concepts about the existence of a universe beyond our material world.

Through Allan Kardec's work, it was possible to create a bridge between these two universes and to study and understand more deeply man in his dual nature - material and spiritual. He revealed laws and clarified many of the mysteries of the human being, allowing a better understanding of ourselves as physical and spiritual beings. As a result, new concepts emerged and the evangelical teachings evolved into a philosophy of life.

Unlike materialistic science, the Spiritist Doctrine focuses on the study of the soul and offers rational therapy for mental disorders, such as obsession, one of the most common causes. Unfortunately, medicine still does not officially allow the use of spiritual techniques in psychiatric hospitals, which makes it difficult or impossible for patients to recover. It is necessary to advance in techniques and treatments that include the spirit, especially when the problems detected come directly from it. It is important to highlight that the Spiritist Doctrine

Spiritualism is not a religion, but rather a philosophy of life based on scientific principles and open to all people, regardless of their beliefs or religion. It seeks to help people understand and deal with important issues in life, such as death, reincarnation and spiritual evolution.

The Spiritist Doctrine also offers a perspective of hope and comfort to those facing difficulties, believing that life continues after death and that spirits are always available to help and guide us.

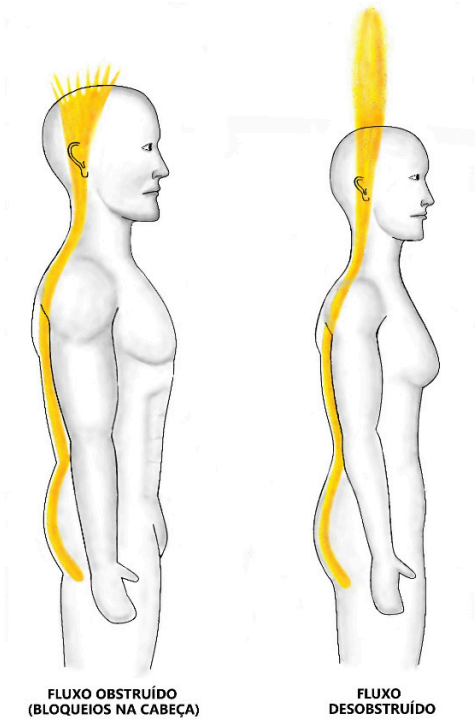


The Spiritist Doctrine is a universal doctrine and is available to everyone, regardless of race, religion, social class or nationality. Its teachings are accessible to everyone and are available in several languages. The Spiritist Doctrine is based on ethical and moral principles and promotes tolerance and respect for others. It encourages love for others and the practice of charity and solidarity, helping to build a more just and fraternal society.

The proper treatment for the sick spirit is spiritual, but unfortunately traditional medicine has treated the mind and spirit as if they were only the physical body. The Spiritist Doctrine offers a deeper understanding of human nature and the universe, including interaction with spirits from another dimension, and is based on principles such as reincarnation and karma.

Unfortunately, traditional medicine still does not officially recognize spiritual techniques in psychiatric hospitals, which can hinder or prevent patients from recovering. Medicine needs to evolve to include spiritual approaches such as the Spiritist Doctrine, in order to understand and treat mental and emotional illnesses more effectively.

The Spiritist Doctrine is a philosophy of life open to everyone, regardless of their beliefs or religion, and helps people deal with important issues in life, such as death and spiritual evolution. The incorporation of spiritual techniques into traditional medicine could be beneficial for patients, health professionals and society as a whole, expanding the understanding of human nature and leading to a more humane medical practice. It is important to



It is important that the scientific and medical community continues to investigate and consider these approaches as a way to improve mental and emotional health.

The Spiritist Doctrine is a constant source of discovery and learning and offers a broader and deeper vision of reality. It allows people to have a deeper understanding of life and death and to find meaning and purpose in their lives.

The Spiritist Doctrine also offers a more optimistic view of the future and a source of comfort and hope for those who are going through difficulties. Its teachings are a constant source of hope and inspiration for those seeking a more balanced and meaningful path in life.

WHAT IS IT MYUDINITY?

The sixth sense

Mediumship is the claim of communication between humans and spirits. It is the ability to communicate with spirits through a person called a medium. This practice has been popular in various societies throughout human history, but it was in the 19th century that mediumship began to be investigated scientifically. However, many of these investigations revealed fraud on the part of the mediums, which led to a loss of credibility in the practice.

Despite this, the practice of mediumship is still popular throughout the world. Mediums are seen as spokespeople for a world that many people wish existed and can be found in spiritualist, Catholic and other religions. Mediumship does not choose creed, race or social status.

Mediums have a greater responsibility than ordinary people. They must love, respect, and help people. They must strive to improve people's morals and remember that we are all subject to the law of karma. It is important for mediums to be instruments of light for themselves and for the people around them.

Communicate with spirits. The medium can use different techniques, such as incorporation, to connect with spirits. Incorporation is a process by which the spirit takes control of the medium's physical body, allowing him or her to communicate with the living.

The incorporation must occur smoothly and harmoniously, and the medium must be a bearer of words of love. After the work is finished, he needs to rebuild his ectoplasm, the semi-spiritual substance that is renewed later, and must ingest proteins to return to his normal state.

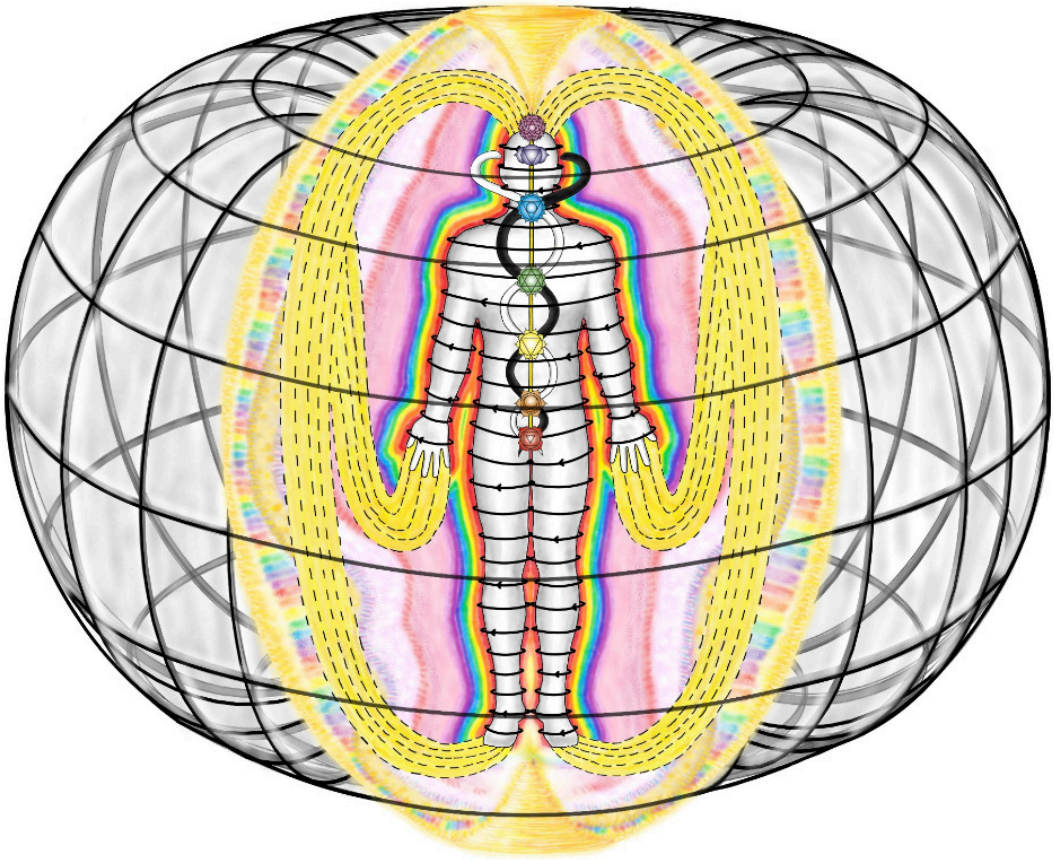
In Brazil, when it comes to mediumship and spirituality, the teaching is: “give freely what you have freely received” (in England, there is a charge for spiritual sessions).

French physicist Patrick Druot, a researcher at the Monroe Institute in the United States, stated that: “it is not possible to say that mediumship does not exist; science knows how the brain works chemically, but it still does not know what makes the brain work in mediumistic cases”.

Francisco Cândido Xavier, better known as Chico Xavier (Pedro Leopoldo, April 2, 1910 — Uberaba, June 30, 2002), was a medium, philanthropist and one of the most important exponents of Spiritism.

His legacy transcended religious barriers and today he is recognized as the greatest “spiritual leader” in Brazil, being one of the most admired and acclaimed personalities in the country, highlighted mainly by his strong altruism.

Famous works
#1 The Lives of Chico Xavier.
#2 Our Home.
#3 The Messengers.
#4 And Life Goes On...



There are several ways in which mediums can provide mediumistic services. Some examples include:

Seances: Many mediums hold seances, during which they connect with spirits and pass on the messages they receive to the participants. These sessions can be held in groups or individually.

Individual consultations: Some mediums offer individual consultations, during which they connect with spirits to pass on specific messages to the person being served.

Spiritual Healing: Some mediums also specialize in spiritual healing, where they connect with spirits to help people overcome physical or emotional health problems.

Embodiment: Some mediums also specialize in embodiment, where they allow spirits to take control of their body to communicate with the living.

Mediumistic development studies: beginning mediums can undertake mediumistic development studies, such as meditation, concentration exercises, and studying techniques to improve their mediumistic abilities.

Charitable work: some mediums dedicate themselves to charitable work, helping people find guidance and comfort in difficult times or helping to resolve personal or emotional issues.

WHAT IS ITKARMA?

The energy balance of life

The Law of Karma is a universal law that regulates the harmony of Creation. According to this law, all actions have consequences and each being is responsible for their actions and their consequences. Karma is interconnected with the Law of Reaction, which is responsible for ensuring that the harmony of the universe is restored when there is some kind of imbalance. Together, these laws form the Principle of Evolution, which is comparable to Heraclitus' eternal “becoming.”

When a human being acts against the Law of Harmony, he becomes antagonistic to it and causes chaos in his life and in his surroundings. The Law of Reaction then forces him to restore harmony, both in himself and in the space around him, including all beings affected by the chaos.

The recovery of karmic disharmonies involves four steps: knowledge of the disharmony, consent to recover it, understanding the value of the disharmony, and compensation. Knowledge of the disharmony allows us to know its extent and, therefore, to recover it. Consent to recover it is fundamental, since all creatures seek peace and harmony. The value of disharmony is measured by the suffering it causes, but this is not enough to pay off karmic debts. Compensation, in turn, is the payment of these debts and is only possible with the use of the universal currency: love.

In short, the Law of Karma is an important law that regulates the harmony of the universe and ensures the evolution of creatures. Each being is responsible for their actions and must redeem disharmonies.

karmic debts through knowledge, acquiescence, understanding of value and compensation. Love is the universal currency for paying karmic debts and is fundamental for the evolution of creatures.

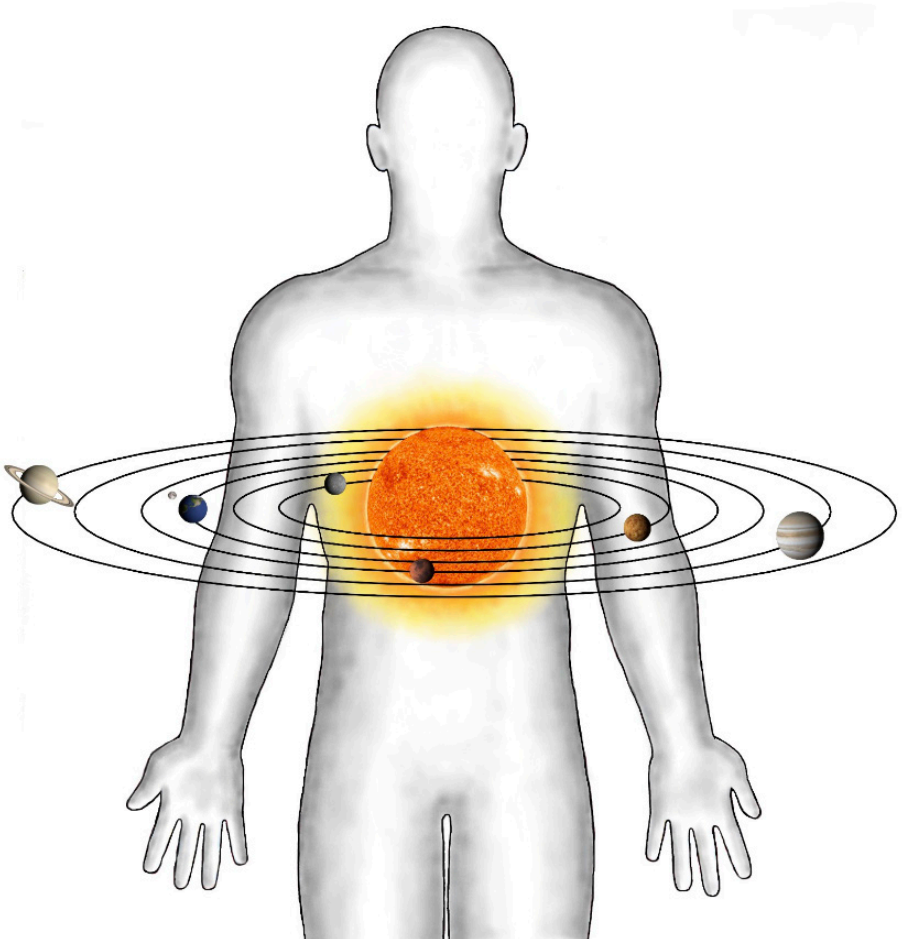
The evolution of souls is governed by the principle of Karma, and each being is responsible for its own evolution. There is no punishment or reward imposed by a higher entity, but rather the logical and natural consequence of actions. Those who act positively, contributing to the harmony and well-being of other beings, will evolve naturally and come closer to the Light. Those who act negatively, harming other beings, will suffer the consequences of their actions and will have to work harder to evolve and get rid of the disharmonies created.

Understanding the principle of Karma is fundamental to the evolution of the soul. By knowing one's past actions and the consequences that arise from them, one can become aware of one's mistakes and work to redeem them.
- them and evolve. It is important to remember that evolution is not something that happens all at once, but rather it is a continuous and gradual process that can take many lifetimes. Therefore, it is important to have patience and perseverance on the journey towards Light and wisdom.

At this stage of life, it is possible to face problems without revolt and with stoicism, even if these problems were caused by the individual himself. When someone is able to deal peacefully with irreversible situations, whether physical or emotional, they are showing a willingness to make amends for mistakes made in the past that affected other people. On the other hand, those who rebel against suffering and complain about injustice are not ready to make amends for their mistakes, as they do not consider themselves guilty. It is important to understand that moments of suffering can be a way of learning and redeeming debts acquired throughout life. Suffering is not a punishment, but rather an indicator of mistakes made, and it teaches love through education.

Karmic debt can only be paid with one currency: love. Love is capable of healing mistakes and elevating creatures, and it is the only way to redeem debts in the Universe. When someone is freed from the full value of their karmic debt, they will be able to make the payment. And when someone feels relieved and reborn after leaving the cycle of suffering, they will be better able to redeem their karmic debt.

Karma is the law by which the Creator manifests His absolute nature in all Creation. It is important to understand that suffering is not a divine punishment, but rather a form of learning so that mistakes are not repeated in the future. When Paul of Tarsus said that it was no longer he who lived, but rather Christ himself, he was entering into the fullness of divine love.



The laws of Karma, or the Law of Action and the Law of Reaction, are complementary and never antagonistic. They are almost independent of each other. The Law of Action is the great law that implies the Law of Reaction, which is that of karmic adjustment. This means that every action has a corresponding reaction, and that everything we do will have consequences for us in the future.

The Law of Reaction always tends toward good and harmony, because only good exists in the divine work. God could never create evil, which is contrary to his own nature. Even though evil may last for millennia, it is always relative and temporary. In fact, all evil constitutes a degeneration of good, just as disharmony is a disturbance of harmony.

Harmony and disharmony are complementary states, reversible from each other. They are considered antagonistic only because they represent the poles of a state. When evil is integrated into good, only good exists. When disharmony disappears into harmony, only harmony exists.

Good and evil walk together, but those who choose one of these paths will hardly follow the other. In our lives, harmony and disharmony walk together. Harmonizing disharmony is the action through which we can integrate disharmony into harmony, taking advantage of even disharmonious energies.

One law cannot completely replace another, because if one of them were complete, Man would be absolute at one of the poles, equaling himself to the Creator. When we study Man, the only living being with the conscious capacity to choose solutions in a continuous and sequential manner, we come across the terrible binomial in which he has struggled for centuries: ignorance and suffering.

We are not referring only to intellectual ignorance, but mainly to the spiritual ignorance in which we have lived and continue to live to this day. The spiritual crisis that humanity is going through has generated all the secondary crises in which we are struggling: a global economic crisis, insoluble political crises, a moral crisis with a decline in customs, existential crises, and all the disharmony and materialistic unrest in which we find ourselves mired, even though we have countless means of entertainment and comfort at our disposal.

The great spiritual crisis we are experiencing can only be resolved through the spiritual improvement of each individual. If we all improve, society will automatically improve as well. This can lead us to a classless society, something that has been dreamed of for centuries. We cannot wait for salvation to come from outside; it must come from within ourselves. Changes imposed from outside do not alter our essence, and that is why the government’s magic solutions do not work. The solution to our problems lies within each one of us. However, we often look for shortcuts and get lost in mazes that we have created. We must look within ourselves and interpret the things of the spirit spiritually.

OCYCLE DAVIDENERGY TIC

The infinite transmutation of energy

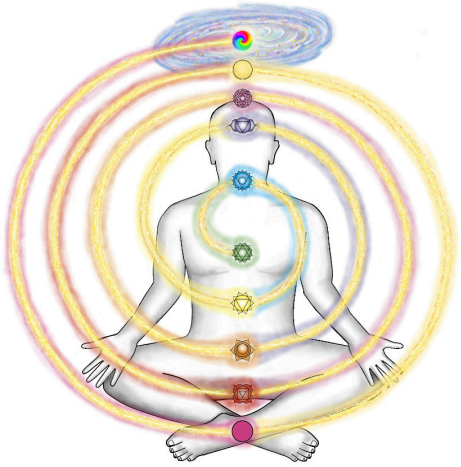
Just as we learn about how energy and matter work on Earth, our spirit also goes through a similar process. Our body is a tool that is loaned to us by the universe so that we can live this earthly experience.

We are here to learn, evolve and feel pleasure. Through our bodies, we have the opportunity to develop our spiritual side. While we are in the physical realm, we do not know everything, but we are always learning. However, in the spiritual realm, we already know everything and we have not forgotten anything.

When we come into this life, everything we have done in the past is erased from our memory so that we can have a new opportunity to learn and evolve. This is essential so that we can forgive the people and situations that have hurt us in the past. If we carried all the knowledge from previous lives and cycles, we would have no room to learn in this life.

The veil of forgetfulness is what allows us to live a unique experience and learn to love people, even if we have been hurt by them in past lives. Love and pain are emotions that accompany us in the afterlife, but other intense emotions can also arise, such as fear, attachment and jealousy.

Unfortunately, we often get lost on paths we have invented, looking for shortcuts in life. This



It happens because our intellectual mind is not capable of understanding spiritual things, which need to be interpreted in a spiritual way.

It is for this reason that throughout history, masters, prophets, and sages have emerged among us, bringing profound teachings that aim to guide humanity in its quest for higher understanding. These teachings not only serve as a compass for our spiritual journey, but also remind us of our true essence and purpose.

Introspection and meditation are powerful tools that help us reconnect with our higher selves and understand the subtleties of the spiritual realm. They lead us beyond the distractions and illusions of the material world and allow us to access wisdom that transcends knowledge acquired through conventional means.

P O SLIFE

Physical Body / Life / Death

Why don’t we know what happens after death? This is a question we’ve all asked ourselves at some point in our lives. Science and society are advancing, we’re constantly learning new things, but we still aren’t able to answer this question with any precision.

To develop apometry, we use the premises and studies of spiritualism, which sees life as a cycle of learning that repeats itself countless times. Spiritualism provides us with a solid foundation of knowledge and tools about spirits, our life processes and the energies that surround us, and is considered a potentializer of holistic therapies.

According to spiritualism, when we die, our existence ceases to be physical and becomes energetic, and our body returns to the ground while our essence (spirit) is sent to another place, where it will remember all its past lives and everything it learned during them. Our body no longer exists, but the spirit persists, which helps us understand many things about the energies and processes on Earth.

This understanding helps us to reflect on several questions, such as why we are incarnated, why we do not cease to exist, why we do not remember anything when we incarnate, where we are sent, if there are spirits on Earth, what are negative spirits, where do positive spirits go, what is my mission, if I chose to be incarnated and why is this the case?

knowledge is important for a therapist.

We can compare this understanding to a computer, which has a physical structure (hardware) and a data part (software). The physical part can be easily destroyed, but the data contained in it is not always lost. The data can be sent to the cloud and downloaded to another computer at any time. In the same way, our essence (spirit) is immutable and can be expressed independently of the body we are in.

Therefore, what really matters is the essence, the unchanging energy that we carry from life to life, which can be expressed regardless of the body we are in, the place and the situation. We wander then with a purpose - development. It is important to remember that there are no necessary reasons for so much prejudice and aversion towards others, because perhaps in a past life you were a man, a woman, of Eastern, Western or African culture. Prejudice and aversion exist only in our mind, socially constructed.

PROCESSREINCARNATION

Matter that becomes energy, Energy that becomes matter



The karmic process of reincarnation, according to spiritualism, is a mechanism that allows the moral and intellectual evolution of spirits. The term “karma” is of Sanskrit origin and can be translated as action, consequence or law of cause and effect. In spiritualism, karma is understood as the relationship of actions and reactions that a spirit experiences throughout its multiple existences.

Spiritism, a doctrine codified by Allan Kardec in the 19th century, understands that spirits are immortal beings who evolve through successive reincarnations. Reincarnation is, therefore, a natural and necessary process for spirits to learn, improve themselves and reach their moral and intellectual fulfillment.

In this context, the karmic process of reincarnation involves the following aspects:

Action and reaction: The actions performed by a spirit in its past lives can influence the experiences and challenges it will face in its future reincarnations. This is because karma establishes a cause and effect relationship, where each action generates a proportional and equal reaction.

Divine Justice: Karma, as a universal law, is a manifestation of divine justice. Spirits have the opportunity to correct their mistakes and learn from their past actions, so that, through reincarnation, they can evolve morally and intellectually.

Reincarnation planning: Before reincarnating, the spirit, together with its spiritual mentors, plans the trials and expiations it will face in its next earthly life. These trials and expiations are established based on the karma accumulated by the spirit, in order to provide the necessary conditions for its progress. Free will: The spirit has free will and, therefore, is responsible for the choices it makes throughout its incarnations. The decisions made by the spirit directly affect its karma and, consequently, the experiences it will have in its future reincarnations.

Evolution and redemption: The karmic process of reincarnation aims to promote the moral and intellectual evolution of spirits. Through successive reincarnations and the overcoming of trials and expiations, spirits have the opportunity to learn, grow and achieve redemption for their past mistakes.

INFLUENCESENERGY TIC

The influence we don't see?

Energetic influences are stimuli, desires and wishes that can come from external or internal sources. Most of the time, influences are exogenous and can come from incarnate or discarnate people. People with strong emotional attachment or fixation can be sources of influence. Spirits that approach due to the individual's energetic pattern, karmic debts or discarnate acquaintances can also be sources of influence.

The influences are mild and unnoticeable at first, but over time, the person may not be able to differentiate their own thoughts from the thoughts being influenced. In extreme cases, the influences can lead to self-harm or hurting loved ones. The influences can be positive or negative.

To identify the influences, pay attention to mood swings, emotions, thoughts from the past, desires and wishes, anger, pride, the urge to cry for no reason, jealousy, negative ideas and fears. The first step to releasing the influence of these energies is to become aware of their existence.

To distinguish between your own thoughts and the thoughts that are influenced by you, you must learn to recognize them. Influences can come in the form of judgments, envy, doubt, and fear. It is a process that takes practice to identify. Try to notice when you are free from influence and write down how you feel.

There is no need to name the forces that influence you, just feel their presence. It is important to take the time to understand these influences, both positive and negative.

It is crucial to remember that human beings are like energetic magnets. We are constantly attracting and repelling energies, and this exchange is largely determined by our emotional, mental and spiritual state. Therefore, one of the best ways to protect yourself from negative external influences is to maintain a balanced and harmonious internal state. Meditation, prayer and regular self-care practices are powerful tools in this process.

Furthermore, the environment in which we find ourselves plays a significant role in our vulnerability to influences. Places with low vibrations or with negative histories can facilitate the entry of unwanted influences. In these cases, energy cleansing techniques, such as the use of coarse salt, incense, crystals and mantras, can be beneficial.

However, it is essential to emphasize that self-knowledge is the key to discerning between our genuine feelings and external influences. This is because, when we deeply know our emotions, desires and traumas, it becomes more difficult for us to be influenced without our consent.

WHAT ARE THEOBSESSORS

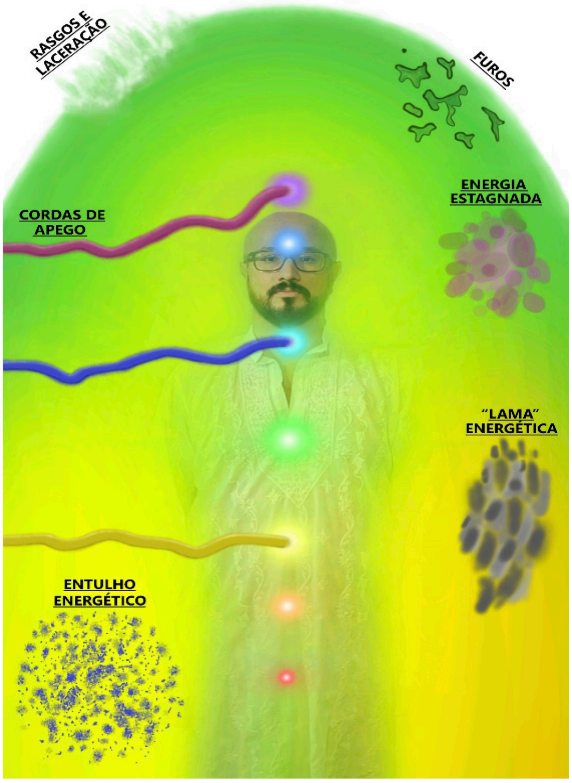
The influences we don't see

Obsession is a process of negative spiritual influence that occurs when a disembodied spirit, by its own will or through the action of other spirits, interferes in the life and free will of an incarnate individual. This interference can occur in many ways, from intrusive thoughts and uncontrolled impulses to changes in behavior and even physical and mental illnesses. Obsession can be classified as simple or complex, depending on the intensity and type of influence that the spirit exerts over the person. It is important to emphasize that obsession can occur in people who believe in the existence of spirits as well as in those who do not.

Obsession is a process that occurs when a person becomes subjugated or dominated by external influences, whether they are of a spiritual or mental nature. It is a complex and multifaceted phenomenon that can affect various aspects of a person's life, such as their emotions, thoughts, behaviors and even their physical and mental health.

Obsession can manifest itself in different ways, from a simple recurring thought to self-destructive behaviors, such as addictions and depression. In more severe cases, it can lead to psychiatric disorders and even suicide. Therefore, it is important to be aware of the signs of obsession and seek professional help if necessary. In addition, it is essential to develop a balanced and healthy spiritual life, cultivating values such as love, respect, forgiveness and gratitude, which strengthen the spirit and protect it against negative influences.

Understanding and raising awareness about obsession is crucial to preventing and treating this phenomenon. Often, the obsessed person does not realize that they are under the influence until their life is in disarray. Openness to discuss the topic, without prejudice and with empathy, can be the first step in identifying and helping someone in a situation of obsession. In addition to spiritual help, it is important to emphasize the importance of medical and psychological monitoring, since the body and mind are inextricably linked and can be equally affected. The combination of spiritual and therapeutic treatments enhances liberation and healing, offering the individual a fuller and more balanced life.



OBSESSIONSIMPLE

The influences we don't see

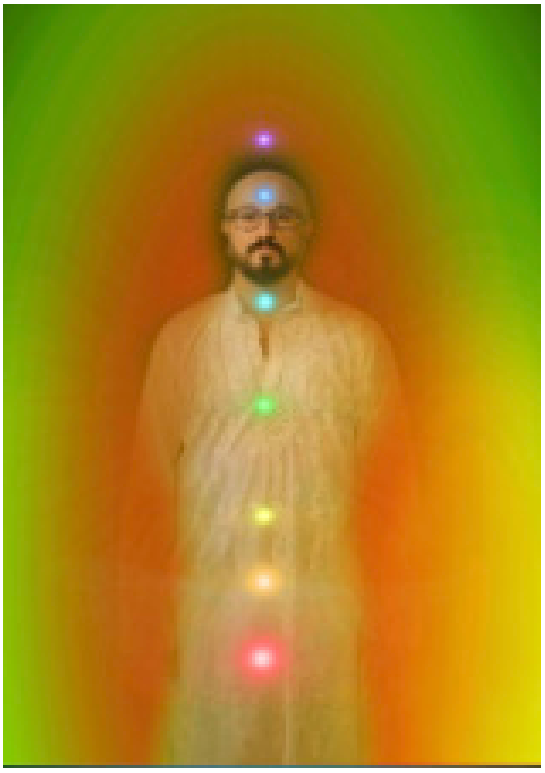
Simple obsession, in the spiritual context, can be understood as a harmful action triggered by one or more spirits who, driven by negative feelings such as hatred and resentment, aim to harm the victim. This action generally occurs through suggestions, ideas or images that are implanted in the mind of the obsessed individual, and does not involve more elaborate techniques or resources on the part of the obsessive agent.

In this type of obsession, the intensity of the harmful effect is limited by the mental strength of the obsessed individual and by the natural defenses that he or she possesses. Furthermore, the effectiveness of the obsessive action also depends on the knowledge that the obsessors have about the laws that govern the spiritual world. Thus, the obsessors often use rudimentary instruments such as sticks, whips, ropes and nooses to torment the victim.

It is important to emphasize that simple obsession can be classified into two main types: mono-obsession, when only one spirit acts on the victim, and poly-obsession, when several obsessors act together. Poly-obsession represents a more dangerous situation, since the action of the spirits intensifies and multiplies. However, even in this case, if there is no use of more sophisticated techniques or devices to cause irreversible damage to the victim, the situation can still be considered a form of simple obsession.

Simple obsession can affect people of any belief or religion, and is not necessarily linked to due to spiritual factors, and may also have their origin in emotional and psychological issues. Therefore, it is essential to seek both medical and spiritual help to deal with this condition.

Common symptoms of simple obsession include insomnia, anxiety, fear, headaches, and emotional instability. The affected individual may also perceive the presence of a strange energy or entity that is not part of their own personality. When faced with these symptoms, it is crucial not to ignore them and seek professional help to identify and treat simple obsession. With proper treatment, it is possible to overcome this condition and restore the individual's mental and spiritual health.



OBSESSIONCOMPLEX

The influences we don't see

Complex obsession represents a state in which the individual is the target of multiple forms of energetic and spiritual attacks, capable of generating serious consequences for the physical, mental and spiritual health of the affected person. These attacks can include black magic, implantation of parasitic devices, magnetic and spiritual fields that trigger illnesses and inhibit the creativity of the victim.

People who face complex obsession may experience deep discomfort and oppression, which can lead them to self-destructive behaviors and thoughts. Furthermore, they may become targets of spiritual enemies who seek to vampirize or parasitize their energies. It is crucial to emphasize that this condition is not caused by a single factor, but rather by a combination of different forms of energetic attacks.

To deal with complex obsessions, it is essential to seek spiritual and/or professional help. The individual can resort to alternative therapies, such as Reiki, energy and spiritual therapies, as well as seek the support of a medium or spiritual therapist. It is also important to work on strengthening the mind and body through physical exercises and meditative practices, in order to improve resilience in the face of attacks. It is essential to remember that, in addition to seeking external help, the person needs to take responsibility for their own healing and work on themselves to free themselves.

tar of complex obsession.

The consequences of complex obsession can be devastating to the physical, emotional and spiritual health of the victim. In addition to physical symptoms such as discomfort, pain, excessive fatigue and even serious illnesses such as cancer, the affected person may experience emotional changes such as depression, anxiety, fear and despair. Obsession can also impact the individual's spirituality, making them feel disconnected from their life purpose and their relationship with the divine.

Treatment for complex obsession involves a holistic approach that encompasses both conventional medical and spiritual treatment. It is important for the sufferer to seek professional help from doctors, psychologists, and holistic therapists to treat the physical, emotional, and spiritual symptoms. In addition, it is essential for the sufferer to engage in spiritual practices such as meditation, prayer, reading sacred texts, and seeking spiritual help from spiritual guides and mentors. The combination of these two approaches is essential for the sufferer to fully recover and restore their overall health.

OBSESSIONSPIRITUAL

The influences we don't see

Spiritual obsession is a phenomenon that occurs when an individual is negatively affected by spiritual influences, usually from disembodied spirits who seek, in some way, to exert control over or harm the person. This phenomenon can manifest itself in different ways and intensities, from a more subtle influence to more serious cases, such as complex obsession, in which the person is the target of different forms of energetic and spiritual attacks.

Causes and consequences of spiritual obsession:

Spiritual obsession can originate from disagreements and misunderstandings from past lives, feelings of revenge, envy or even ignorance of spiritual laws on the part of the obsessing spirit. The affected individual may present physical, emotional and spiritual symptoms, such as headaches, insomnia, anxiety, depression, mood swings, discouragement and even the development of more serious illnesses.

It is worth noting that spiritual obsession is not a condition exclusive to people who have a specific religious belief, and can affect any individual, regardless of their faith or philosophy of life.

Identifying and Dealing with Spiritual Obsession:

The first step in dealing with spiritual obsession is to recognize the symptoms. take and seek professional help, whether in the health field, such as doctors and psychologists, or through holistic and spiritual therapists. Treatment must be carried out in an integrated manner, considering the physical, emotional and spiritual aspects involved.

Furthermore, it is important to adopt spiritual practices that contribute to the strengthening and protection of the individual, such as meditation, prayer, the study of spiritual works and the practice of charity. Maintaining a balanced routine, with a healthy diet, physical exercise and leisure time, is also essential to strengthen the mind and body, making them more resistant to negative influences.

Prevention and protection against spiritual obsession:

The best way to prevent and protect yourself from spiritual obsession is to cultivate positive habits and attitudes, such as self-knowledge, forgiveness, gratitude, empathy and compassion. In addition, staying in tune with positive energies, through good reading, uplifting music and harmonious coexistence with people who share the same ideals, is essential to create an environment of protection and well-being.

PSEUDOOBSESSION

The influences we don't see

Pseudo-obsession is a phenomenon that can be confused with spiritual obsession, but which actually has its origins in psychological, emotional or behavioral issues of the individual. In these cases, the person believes that they are being affected by negative spiritual influences, when in reality the causes of their problems are related to internal and personal aspects.

Characteristics and symptoms of pseudo-
- obsession:

Pseudo-obsession can present symptoms similar to those of spiritual obsession, such as insomnia, anxiety, depression, mood swings, headaches, among others. However, the main difference between the two phenomena is the origin of the symptoms. In pseudo-obsession, the symptoms are caused by internal issues of the individual, such as trauma, fears, insecurities, emotional conflicts and even psychological disorders.

Identifying and dealing with pseudo-
- obsession:

To identify whether the symptoms presented are the result of a pseudo-obsession, it is essential to seek professional help, such as doctors, psychologists or therapists, who will be able to carry out an in-depth assessment of the case and determine whether the origin of the symptoms is related to psychological or emotional issues. It is important to remember that, even if the person believes that they are being affected by spiritual influences, it is necessary to investigate all possible causes of the symptoms.

symptoms before attributing them to a spiritual obsession.

Treatment for pseudo-obsession should focus on self-awareness and resolving the internal conflicts that are causing the symptoms. Psychotherapy can be a valuable tool in this process, helping the individual understand and deal with their emotions, thoughts, and behaviors. In addition, relaxation techniques, meditation, and self-care practices can help reduce symptoms and promote well-being.

Prevention and protection against pseudo-obsession:

To prevent and protect yourself from pseudo-obsession, it is important to maintain a balanced routine, with moments of leisure, rest and pleasurable activities. In addition, it is essential to cultivate emotional intelligence, learning to deal with your own emotions and express them in a healthy way. Maintaining a harmonious relationship with people who share the same values and interests can also help prevent this phenomenon.

In short, pseudo-obsession is a phenomenon that, although it can be confused with spiritual obsession, has its origins in internal and personal aspects of the individual. Identifying and treating the underlying causes of the symptoms is crucial to overcoming this problem and promoting mental and emotional health.

SELFOBSESSION

The influences we don't see

Self-obsession is a phenomenon in which the individual becomes responsible for creating and nurturing negative thoughts, emotions and behaviors, damaging their mental, emotional and even physical health. In this case, the person sabotages, limits and self-sabotages themselves through destructive thought patterns and actions, without the direct interference of external spiritual influences.

Characteristics and symptoms of self-obsession:

Self-obsession can manifest itself in a variety of ways, including persistent negative thoughts, low self-esteem, insecurity, pessimism, excessive self-criticism, and self-destructive behaviors. These mental and emotional patterns can lead to symptoms such as anxiety, depression, stress, insomnia, and even physical problems such as headaches and digestive disorders.

Identifying and Dealing with Self-Obsession:

To identify self-obsession, it is important to pay attention to your own thoughts and emotions, observing whether there is a pattern of negativity and self-sabotage. If you notice that these patterns are present and affecting your quality of life, it is essential to seek professional help, such as psychologists, therapists or coaches, who can help you understand and transform these negative patterns.

Treating self-obsession involves self-knowledge, understanding are the underlying causes of negative patterns and the development of strategies to change these patterns. Psychotherapy can be a valuable tool in this process, as can the practice of relaxation techniques, meditation and mindfulness. In addition, it is essential to work on strengthening self-esteem and self-confidence, promoting self-acceptance and self-compassion.

Prevention and protection against self-harm - obsession:

To prevent and protect yourself from self-obsession, it is important to cultivate positive habits and attitudes, such as gratitude, empathy, optimism and forgiveness. In addition, staying in tune with positive energies, through good reading, uplifting music and harmonious coexistence with people who share the same ideals, is essential to create an environment of protection and well-being.

It is also essential to invest in self-care, setting aside time for pleasurable activities, physical exercise and practices that promote relaxation and connection with oneself. This will help to strengthen the mind and body, making them more resistant to the negative patterns that characterize self-obsession. In short, self-obsession is a phenomenon in which the individual sabotages and harms himself through negative thought patterns and behaviors. Identifying and treating these patterns is crucial to overcoming this problem and promoting mental, emotional and physical health.

YOUDISEMBODIED

What are they?

The disembodied are spirits who have already experienced physical life and, after the phenomenon of death, returned to the spiritual plane. According to the Spiritist view and that of various religions and philosophies, death is not the end, but rather a stage of transition and continuity of life in another dimension.

What it is and how it works:

When a person dies, there is a separation between the physical body and the spirit, which is the immortal essence of the being. This separation is known as disembodiment, and the spirit that goes through this experience is called disembodied.

The disembodied continue their journey in the spiritual plane, where they experience a process of self-evaluation and learning. In this phase, they relive their earthly experiences, analyze their actions and become aware of the achievements and challenges they faced during their physical life. The objective of this process is to promote the spiritual growth and evolution of the disembodied, who may, in the future, return to material life in a new reincarnation to continue learning and improving.

Practical examples:

Communication with the disembodied: Many people seek contact with loved ones who have already passed away, whether to receive advice, comfort or simply maintain an emotional connection. This communication can occur through mediums, who are individuals with the ability to perceive and interact with the spiritual plane.

However, it is important to remember that not all disincarnated beings are ready or available for this communication and that it is essential to respect each person's time and space.

Action of the disembodied in the incarnate life: The disembodied can act as guides, protectors or spiritual mentors, helping and positively influencing people who are still on the physical plane. This action can occur in a subtle and imperceptible way, through inspirations, intuitions and stimuli for moral and spiritual growth.

Learning on the spiritual plane: The disembodied have the opportunity to continue learning and evolving on the spiritual plane. They can attend schools, temples and other institutions dedicated to teaching and practicing love and charity, where they dedicate themselves to improving their skills and virtues.

In short, the disembodied are spirits who have already experienced physical life and returned to the spiritual plane, where they continue their journey of learning and evolution. They can interact with and influence the incarnate in many ways, always aiming for the well-being and evolution of all involved. Understanding this process can help us face death with greater peace and hope, strengthening the idea of the continuity of life and the connection with the divine.

YOUINCARNATED

What are they?

Incarnate beings are spirits who are experiencing physical life, that is, people who inhabit the earthly plane in a material body. According to the Spiritist view and that of various religions and philosophies, incarnation is a fundamental stage in the process of spiritual evolution, where the spirit has the opportunity to learn, improve and develop virtues.

What it is and how it works:

Incarnation occurs when a spirit, who has already lived other lives or is beginning its evolutionary journey, joins a developing physical body, usually at the moment of conception. From that moment on, the spirit begins to experience a new material existence, with its joys, challenges and learning.

During incarnate life, the spirit has the opportunity to develop skills, acquire knowledge and experience experiences that contribute to its moral and intellectual growth. Incarnation allows the spirit to face challenges and obstacles that drive it to seek self-knowledge and personal transformation, developing virtues such as patience, love, tolerance, compassion and wisdom.

Practical examples:

Trials and expiations: Incarnate life is marked by trials and expiations, which are situations and challenges faced by spirits so that they can learn and evolve. These tests can be related to family, professional, emotional, social and even health aspects. The way each person deals with these challenges defines the spiritual progress achieved during incarnation.

Free will and responsibility: Incarnate beings have free will, which is the ability to choose and decide their paths and actions during their earthly life. With this power comes responsibility for the consequences of their choices, which can be positive or negative. Exercising free will with wisdom and discernment is fundamental for spiritual evolution.

Relationships with the disembodied: Incarnate beings can establish connections with the disembodied, whether through mediums, dreams, intuitions or subtle signs. These connections can bring guidance, comfort and learning, as long as they are established with respect and discernment.

In short, incarnates are spirits who are experiencing physical life, facing challenges and learning that contribute to their moral and spiritual development. Incarnation is a unique opportunity for growth, and the way each person deals with the trials and tribulations of earthly life defines the progress achieved in their evolutionary journey. Understanding the importance of this stage and seeking constant improvement is essential to achieving spiritual fulfillment and living a full life.

WHAT IS ITSYMBIOSIS

Understand in a simplified way

Symbiosis, according to spirituality, refers to the close relationship between two entities, usually an incarnate and a discarnate, in which both influence each other in an intense and continuous way. This relationship can be beneficial or harmful, depending on the intentions and energies involved.

In the spiritualist view, symbiosis occurs when there is an energetic exchange between the beings involved, and this exchange can affect various aspects of life, such as emotions, behaviors, thoughts and even physical health. It is important to emphasize that spiritual symbiosis is not necessarily negative, but it is essential to be aware of the consequences of this relationship.

Beneficial symbiosis:

Beneficial symbiosis occurs when the relationship between the incarnate and the disincarnate is based on love, respect and mutual learning. In this case, the disincarnate can act as a spiritual guide, helping the incarnate in their moral and spiritual development, bringing inspiration, intuition and comfort.

Harmful symbiosis:

Harmful symbiosis occurs when the relationship between the incarnate and the disincarnate is marked by negative influences, such as obsession, energetic vampirism or manipulation. In this case, the disincarnate seeks to take advantage of the incarnate to serve their own interests, which can negatively affect the life of the incarnate.

swimming.

How to deal with spiritual symbiosis:

To deal with spiritual symbiosis, it is essential to cultivate self-knowledge and vigilance over one's own emotions, thoughts and attitudes. It is important to discern the spiritual influences of one's own choices and seek emotional and spiritual balance.

Some practices that can help in the process of balance and protection against harmful symbioses include:

Meditation and prayer: These practices help you connect with your own essence and spirituality, strengthening your personal energy and creating a protective barrier against negative influences.

Cultivation of virtues: Developing virtues such as love, compassion, tolerance and forgiveness strengthens personal energy and wards off negative influences.

Seeking spiritual guidance: In cases of harmful symbiosis, it may be necessary to seek help from spiritual professionals, such as mediums, holistic therapists or study and support groups.

In short, spiritual symbiosis is a close relationship between incarnate and discarnate beings, which can be beneficial or harmful, depending on the energies and intentions involved. To deal with this relationship, it is essential to cultivate self-knowledge, emotional and spiritual balance, and seek

MONOOBSESSION

What is it ?

Mono-obsession is a form of spiritual obsession in which a single disembodied spirit negatively influences an incarnate person. This influence can manifest itself through undesirable thoughts, emotions or actions. The obsessor, driven by feelings such as hatred, revenge or envy, seeks to harm the victim, affecting their life in various ways. It is important to identify the signs of mono-obsession and seek spiritual and emotional help to treat this condition and break the negative connection between the obsessor and the victim.

Mono-obsession, despite involving a single entity, should not be underestimated. Its impact can be as profound as that of a poly-obsession. Each case is unique and, in many situations, the bond between the obsessor and the obsessed may have origins in past lives, making it a challenge to identify and undo these ties. Therefore, in addition to seeking spiritual help, self-observation and the constant practice of moral and mental elevation are essential, creating a natural barrier against negative influences.

POLYOBSESSION

What is it?

Polyobsession is a form of spiritual obsession in which several discarnate entities negatively influence an incarnate person simultaneously. In this case, the victim is the target of multiple obsessors, who act together or separately, intensifying the difficulties faced. These entities may be driven by feelings such as hatred, revenge or envy and seek to harm the person in different ways, affecting their emotional, mental and even physical life. Polyobsession can be more dangerous and difficult to deal with than monoobsession due to the multiplication of negative energies involved. To treat this condition, it is essential to seek spiritual, emotional and professional help in order to break the harmful connections between the obsessors and the victim.

The complexity of polyobsession requires a multidisciplinary approach. In many cases, victims do not realize the origin of their problems and attribute their challenges to merely physical or emotional causes. The manifestations of this form of obsession can range from sleep disturbances, sudden mood swings, to episodes of loss of consciousness or behaviors that do not match the individual's personality.

A striking characteristic of polyobsession is the intensity of the interferences, which tend to be persistent and varied, precisely because of the involvement of several entities with different objectives. Each obsessor can act in a different area of the person's life, making analysis and treatment more complex.

INDUCTIONSSPIRITUAL

Learn this powerful technique

Spiritual inductions are subtle influences exerted by discarnate entities on incarnate people, aiming to affect their thoughts, emotions or behaviors. These influences can be either positive or negative, depending on the intentions and moral characteristics of the spirits involved.

Positive inductions:

Positive spiritual inductions occur when spirits of high morality, such as mentors and spiritual guides, seek to inspire and assist incarnated people in their moral and spiritual development. These influences are characterized by feelings of peace, comfort, intuition, and wisdom, helping the person to make correct decisions and act in accordance with ethical and loving principles.

Negative inductions:

On the other hand, negative spiritual inductions are exerted by entities of low vibration and morality, which seek to harm or manipulate incarnated people. These influences can generate negative thoughts, fear, anxiety, irritation and even encourage self-destructive or harmful behaviors towards others. In more serious cases, negative inductions can evolve into spiritual obsessions, such as mono-

- obsession or poly-obsession.

How to deal with spiritual inductions:

To deal with spiritual inductions, it is essential to develop self-knowledge and vigilance over one's own thoughts, emotions and behaviors, discerning external influences from one's own choices and impulses. Some strategies can help in this process:

Practice of meditation and prayer: Meditation and prayer are powerful tools for connecting with one's essence and spirituality, allowing one to identify and filter spiritual influences.

Cultivation of virtues and healthy habits: The practice of virtues such as love, compassion, forgiveness and gratitude, as well as the adoption of healthy habits, contributes to raising personal vibration and strengthening spiritual protection against negative influences.

Seeking spiritual guidance and support: In cases of negative spiritual inductions, it may be necessary to seek help from spiritual professionals, such as mediums, holistic therapists or study and support groups.

In short, spiritual inductions are influences exerted by disembodied spirits on incarnate people, and can be positive or negative. It is essential to develop self-knowledge and vigilance to deal with these influences and seek spiritual support whenever necessary.

VAMPIRESENERGY TICOS

Tips and care

Energy vampires are beings, incarnate or discarnate, who absorb vital energy from other people, leaving them tired, weakened and, often, with impaired emotional and physical health. These beings act consciously or unconsciously, and their actions can be motivated by various reasons, such as emotional deprivation, envy, control or even ignorance of their own behavior.

Incarnate:
Incarnated energy vampires are people who, in their daily lives, drain energy from others, often without realizing it. They may exhibit manipulative, toxic, or negative behaviors, leaving those around them feeling emotionally and energetically drained. It is important to identify and maintain healthy boundaries with these people, seeking to protect yourself and, when possible, guide them on the impact of their actions.

Disembodied:
In the case of disembodied energy vampires, these are spirits that approach incarnate people to absorb their vital energy. These beings are generally attracted to vibrations similar to their own, such as fear, anger, sadness or addictions. Victims may experience unexplained fatigue, irritability, insomnia, among other symptoms.

To deal with energy vampires, here are some strategies:

Raising your personal vibration: Practicing activ-

Positive attitudes and thoughts, cultivating gratitude, love and compassion, as well as maintaining healthy habits, are ways to raise your own vibration and ward off negative influences.

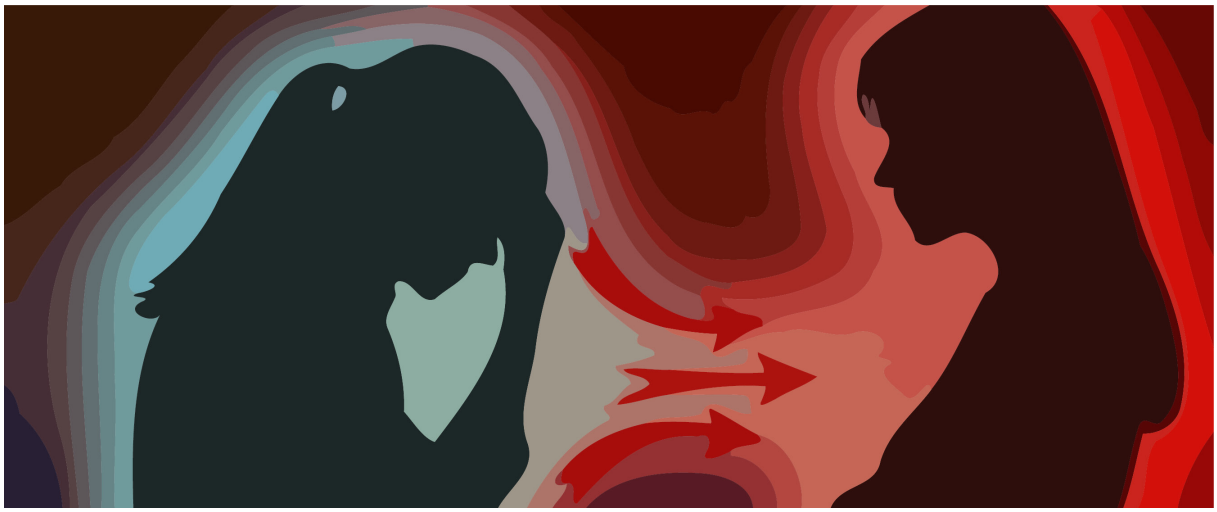
Energy protection: Practices such as meditation, prayer and visualization of protective shields are ways to create energetic barriers against energy vampires. Using crystals, incense and amulets can also be useful in this process.

Setting boundaries: In the case of incarnated energy vampires, it is essential to establish healthy boundaries, moving away from toxic situations and relationships and learning to say “no” when necessary.

Seek support and guidance: If you feel - if you are constantly affected by energy vampires, it is important to seek support from holistic therapists, mediums or study groups and spiritual support.

In short, energy vampires are beings that absorb the vital energy of other people, whether incarnate or disincarnate. It is essential to adopt protection and self-care strategies, in addition to seeking guidance and support when necessary.

It is worth noting that self-knowledge is a powerful tool in identifying and confronting energy vampires. The more we know about ourselves, our emotions, vulnerabilities and strengths, the better able we will be to discern what is an external influence and what are our own feelings.



and thoughts. In many cases, what makes us vulnerable to these influences is an internal predisposition, an unresolved trauma or an emotional addiction.

Working on our inner healing, through therapy, meditation, spiritual studies, or other personal growth practices, naturally makes us less susceptible to such influences. Remember that the inner light, when strong and bright, can dissolve the shadows around us. Cultivating this light is an ongoing journey of self-love, resilience, and growth.

In the daily fight against the influences of energy vampires, it is vital to understand that our energy, when well managed and protected, is inexhaustible and renewable. However, in a society where stress, pressure and constant demands are normal, it becomes easy to forget to nourish and care for this internal source of vitality.

Connecting with nature, for example, is one of the most effective ways to recharge and balance our energy. A simple walk in a park, contact with sea water or contemplating a natural landscape can bring rejuvenation.

deep into our being. Nature, with its ancient wisdom, teaches us
- us about cycles, pauses and regeneration.

Another important tool is to practice activities that bring pleasure and joy. Whether it's a hobby, reading a book, playing a sport or even appreciating art, activities that connect with our inner self help to strengthen our aura and create a shield against energetic interference.

Furthermore, it is essential to value human relationships that are truly meaningful and enriching. Being surrounded by people who understand, support and uplift us is a balm against any negative influence. The union of positive energies amplifies the capacity to defend against any attempt to drain energy.

WHAT ARE THELEVELS

Deepening knowledge about influences

In spirituality, levels refer to
- refers to the different stages of development and evolution that spirits go through throughout their multiple existences. These levels are related to the degree of consciousness, morality and knowledge acquired by beings on their spiritual journeys. Spiritual levels can vary widely, from newly-formed spirits
- created and still little evolved into highly developed beings, such as masters and spiritual guides.

Although there are different approaches and classifications for spiritual levels, a common way to understand them is through an evolutionary scale, which can be divided into three broad categories:

Spirits in early evolution: At this stage, spirits are beginning to develop their conscience and morality. They are characterized by a greater attachment to human passions and vices and tend to be more influenced by negative energies and emotions. They may have difficulty distinguishing between good and evil and often act impulsively and selfishly.

Spirits in progress:
At this level, spirits begin to develop a greater understanding of love, ethics, and the spiritual principles that govern life. They begin to recognize the importance of self-knowledge and moral improvement, seeking to correct their mistakes and improve their attitudes. Although they may face challenges and setbacks,

These spirits are committed to following a path of evolution and learning.

High spirits:
Elevated spirits have reached a high degree of moral and spiritual development. They are characterized by wisdom, unconditional love, compassion and altruism. These beings act as spiritual guides and mentors, assisting other spirits in their evolutionary journey and working for the well-being of others.
- being and harmony of the universe.

It is important to emphasize that spiritual evolution is a continuous and dynamic process, in which spirits go through countless incarnations and experiences to learn, grow and improve. Spiritual levels are not rigid, but rather represent stages of development through which beings can advance or regress, according to their choices and actions throughout their journeys.

In short, spiritual levels refer to the different stages of evolution and development that spirits go through. These levels are related to the degree of consciousness, morality and knowledge acquired, ranging from spirits in initial evolution to highly developed and elevated beings.

Take a look at the image below. It is a clear representation of energetic spiritual attacks and even the intentions of people who may be around us. As we have seen, the simple thought of another person about us, positive or negative, can generate and establish emotional states.

For this reason, we must protect ourselves through therapies and also through conscious mental states. So that we can be aware of the thoughts we are propagating and what we are attracting.

Remember: In short, we can say that our subtle body is a reflection of what we carry internally. If it carries light, your subtle body will be made of light; if it carries fear, your subtle body will be made of fear...



WHAT ARE THEMIASMAS / LARVAE

Deepening knowledge about influences

Miasmas and astral larvae are terms used in spirituality to describe harmful energies and entities that can affect people's physical, mental and emotional health. Both concepts are related to the negative influences that can be found in the astral plane, also known as the spiritual or etheric plane. Let's understand each of these terms better and how they manifest themselves.

Miasms:
Miasmas are clusters of negative energies that form on the astral plane and can interfere with people's energy fields, causing imbalances and illnesses. These energies can be generated by negative thoughts, emotions and attitudes, both from incarnate and discarnate beings. Miasmas can also be attracted to places with a history of suffering, violence or disrespect for nature and living beings.

Miasmas can cause symptoms such as fatigue, irritability, insomnia, headaches and even more serious illnesses. To protect yourself from miasmas, it is important to maintain a high vibration, practice healthy habits, cultivate positive thoughts and emotions and perform energetic cleansings in the environment and in the auric field itself, through practices such as meditation, prayer and the use of crystals and incense.

Astral larvae:
Astral larvae are low-vibration entities that feed on people's vital energy, causing imbalances and health problems. They

They are formed from negative energies and attach themselves to incarnate beings whose vibration is compatible with theirs, generally people who are going through moments of emotional, spiritual or physical fragility.
Astral larvae can cause symptoms similar to those of miasmas, in addition to intensifying negative emotions and thoughts, creating a vicious cycle of low vibration. To protect yourself and get rid of these entities, it is essential to adopt spiritual purification practices, such as meditation, prayer, energy cleansing and seeking help from professionals specialized in holistic therapies and spirituality.

In short, miasmas and astral larvae are harmful energies and entities that can affect people's health and well-being. Both are related to the astral plane and can be combated and prevented through spiritual and self-care practices, aiming to maintain high vibration and energetic balance.

WHAT ARE THECHIPS

Deepening knowledge about influences

Chips, in the context of spirituality, are energetic or spiritual devices implanted in a person's auric field or etheric body, with the aim of interfering, controlling or manipulating their vital energy, thoughts, emotions and behaviors. These devices can be created and implanted by low-vibration discarnate beings or even by black magic performed by incarnate beings.

Spiritual chips can cause a series of problems and imbalances in the life of the affected person, such as:

Energy blocks:
Chips can interfere with the flow of an individual's vital energy, causing blockages in the chakras and auric field. These blockages can lead to physical, mental and emotional health problems, as well as difficulties in relationships and personal and spiritual development.

Control and manipulation:
Spirit chips can be used to control and manipulate the affected person, interfering with their thoughts, emotions and behaviors. This can result in self-destructive attitudes, addictions, difficulty concentrating, among other problems.

Energy drainage:
Chips can act as energy vampires, draining the affected person's vital energy and leaving them constantly tired, unmotivated and fragile.

To protect yourself and free yourself from spiritual chips, it is essential to follow some practices and strategies, such as:

Vibrational elevation:
Maintaining a high vibration is essential to protect yourself from chips and other negative influences. To do this, cultivate positive thoughts and emotions, practice gratitude, meditation and seek to develop your spirituality.

Energy cleansing and protection:
Performing energy cleansing in the environment and in the auric field itself is important to get rid of chips and other spiritual impurities. Use techniques such as herbal baths, smudging, crystals and protective prayers.

Seek specialized help: In cases of suspected implantation of spiritual chips, it is important to seek help from professionals specialized in holistic therapies and spirituality, such as energy therapists, mediums or healers.

In short, spiritual chips are energetic or spiritual devices that can interfere in people's lives, causing imbalances and various problems. It is essential to maintain a high vibration, perform energetic cleansings and seek specialized help when necessary, to protect yourself and free yourself from these negative influences.

WHAT IS THETHRESHOLD

Deepening knowledge about influences

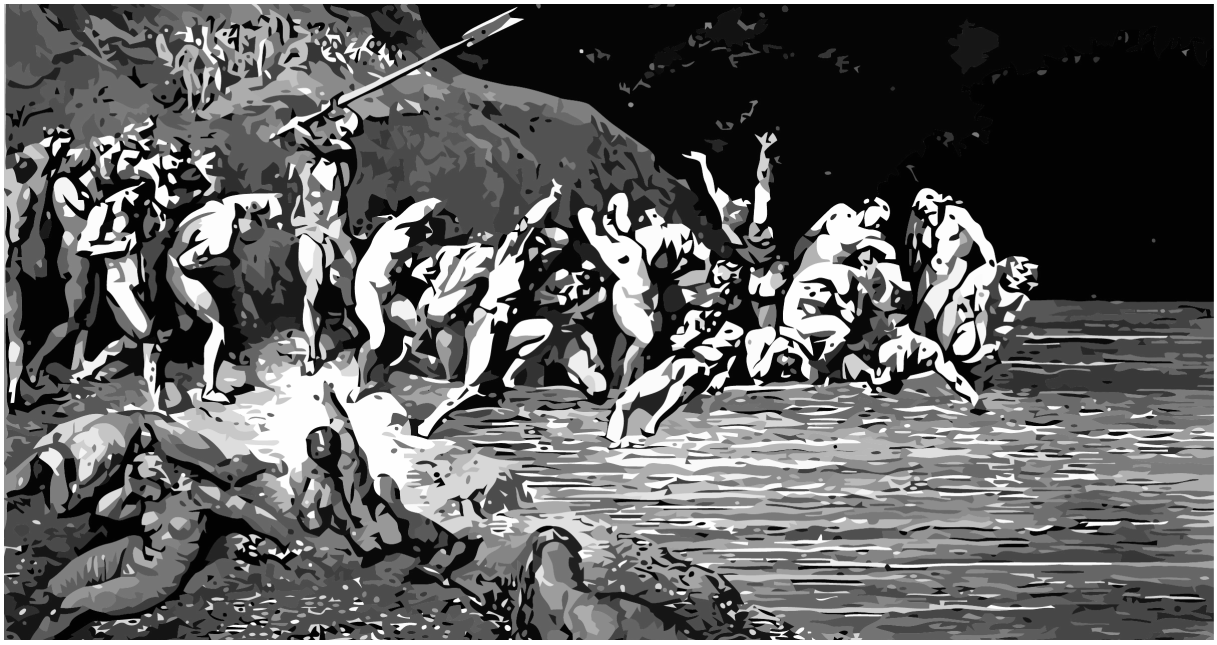
The Umbra is an astronomical phenomenon that occurs during solar and lunar eclipses. In this educational and practical text, we will explore this concept and understand its importance in the context of eclipses.

In simple terms, the umbra is the region of darkest shadow cast by a celestial body. When the Earth, Moon, and Sun are aligned, an eclipse occurs, and this is when we can observe the umbra. There are two main types of eclipses: the solar eclipse and the lunar eclipse.

In a solar eclipse, the Moon passes between the Earth and the Sun, blocking sunlight and casting its shadow on the Earth's surface. The umbra is the central, darkest part of this shadow, where sunlight is completely blocked by the Moon. Observing a total solar eclipse, when the Sun is completely covered by the Moon, is a rare and spectacular event that occurs only within the shadow area of the umbra.

During a lunar eclipse, the Earth is positioned between the Moon and the Sun, casting its shadow over the Moon. The Earth's umbra is the darkest region of this shadow, and during a total lunar eclipse, the Moon acquires a reddish or orange color, also known as a "Blood Moon". This happens because, even though direct sunlight is blocked, the Earth's atmosphere refracts and scatters sunlight, filtering out the colors of shorter wavelengths (such as blue and green) and allowing only the colors of longer wavelengths (red and orange) to reach the lunar surface.

Understanding the concept of umbra is essential to understanding solar and lunar eclipses. Furthermore, studying these phenomena also helps us learn more about the dynamics of our solar system and the relationship between the celestial bodies that compose it.



HOSPITALSENERGY TICOS

Deepening knowledge about influences

The threshold, according to spirituality and the Spiritist Doctrine, is a dimension or spiritual plane that functions as an intermediate zone between the earthly plane and the higher spiritual planes. In this didactic and practical text, we will address the concept of threshold and its relationship with spirituality.

The term “umbral” was popularized in Brazil by the medium Chico Xavier, through the psychographed works of the spirit André Luiz. According to spiritualist literature, the umbral is a place where disembodied spirits of low vibration or morality find themselves after physical death. These spirits are often those who lived a life of mistakes and excesses on the earthly plane and who are not yet ready to evolve spiritually.

The threshold has peculiar characteristics and is described as a dark place of suffering and pain, where spirits experience the consequences of their actions while incarnate. The purpose of the threshold is to promote a a kind of “purgatory” or “zone of atonement”, where spirits can purify themselves and redeem themselves from their mistakes before ascending to higher spiritual planes.

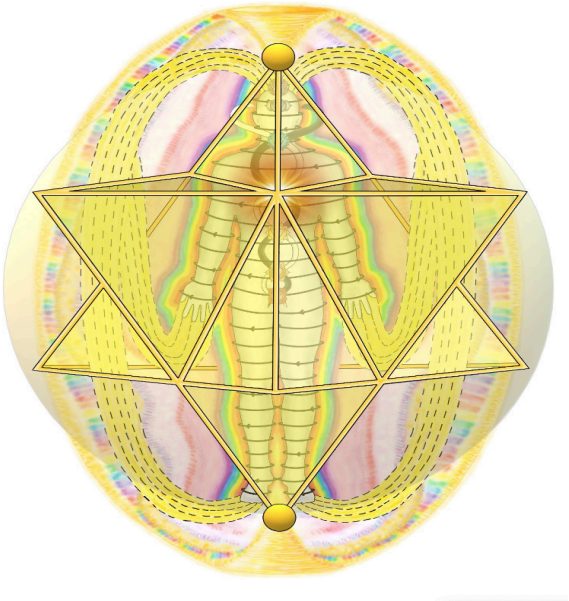
However, it is important to emphasize that the threshold is not an eternal punishment or divine retribution. According to the Spiritist Doctrine, all spirits have the ability to learn, evolve and develop, regardless of their current condition. Thus, the threshold is a temporary place where spirits can acquire knowledge, reflect on their past actions and, eventually, free themselves from the negative vibrations that keep them trapped there.

The idea of the threshold reminds us of the importance of self-knowledge, moral and ethical development, and responsibility for our actions while incarnate. The Spiritist Doctrine emphasizes the law of progress and the continuous evolution of the spirit, and the threshold is a stage in this journey of learning and spiritual growth.



HISTORYAPOMETRY

Basic concepts



Apometry is a therapeutic technique of a spiritual nature that aims to promote harmony and balance between the physical body and the subtle bodies of the human being. In this didactic and practical text, we will explore the concept of Apometry, its origins and its applications in the field of spirituality and health.

Apometry was developed in the 1960s by Brazilian physician José Lacerda de Azevedo. The word “Apometria” derives from the Greek “apo” (besides, separated from) and “metria” (measurement), indicating the idea of separation or unfolding of the subtle bodies. The technique is based on concepts from quantum physics, theosophy, spiritualism and various philosophical and esoteric systems.

According to Apometry, the human being is composed of several subtle bodies, which interact and influence the physical body and health in general. The technique seeks to work these bodies, acting on the individual's energetic and vibrational field to treat physical issues, emotional, mental and spiritual.

The practice of Apometry involves the use of mental commands, prayers and visualizations, as well as the intervention of spiritual beings and helpers who assist in the healing process. In addition, the technique addresses the recovery and harmonization of traumatic memories and disharmonious energies, which may be linked to past experiences, including from other incarnations.

Apometric therapists are trained to perform the unfolding of subtle bodies and identify energy imbalances that may be affecting the individual's well-being. Based on this assessment, specific treatments are performed for each case, aiming to rebalance and harmonize the patient's energies.

It is important to emphasize that Apometry is not recognized as a traditional medical practice and does not replace conventional treatment. However, it can be seen as a complementary therapy that seeks to promote comprehensive health and energy balance, working in conjunction with other therapeutic approaches.

In short, Apometry is a spiritual technique that seeks to act on the energetic and vibrational field of the human being, promoting harmonization and balance between the subtle bodies and the physical body. Through this practice, apometric therapists seek to assist in the process of healing and self-knowledge, contributing to the personal and spiritual development of each individual.

WHAT IS ITAPOMETRY

Deepening knowledge

Apometry is a term that comes from the Greek words “apo”, which means “beyond”, and “metron”, which means “measure”. This practice refers to spiritual unfolding or bilocation, which is studied by several classical authors, such as Bozzano.

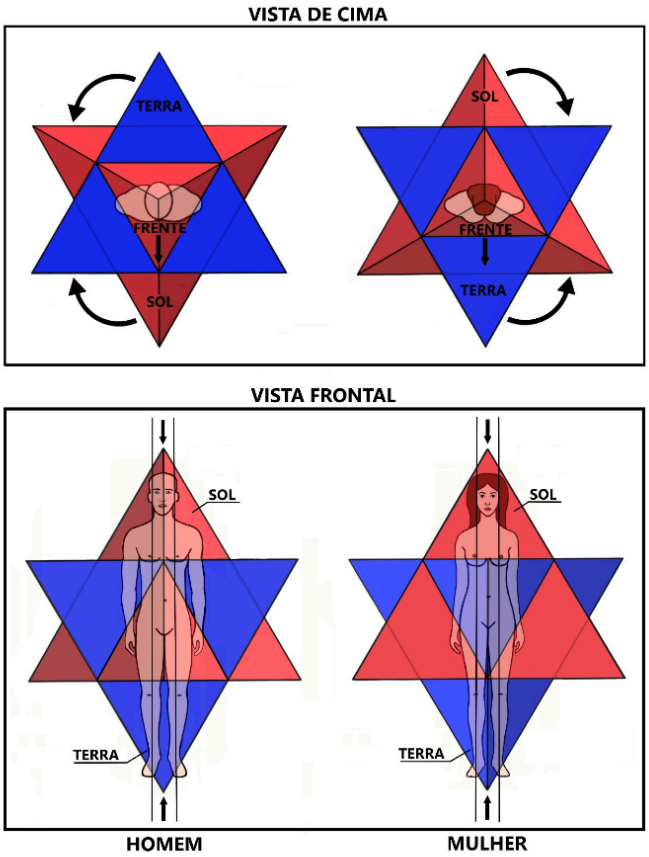
Unfolding is essentially the separation of the astral or mental body from the physical body and can occur spontaneously during sleep, hypnotic sleep, mystical ecstasy, great emotional shocks, fainting, coma, convalescence from serious illness, physical trauma, use of narcotics and mediumistic trance. In very sensitive people, it can also occur spontaneously.

Apometry is especially useful for mediums, who can use their clairvoyance to contact the spirit world. Experienced mediums can see and hear spirits during the out-of-body trance, move through space, visit astral colonies, and participate in relief caravans. They can also help in the care of the sick, putting astral doctors in contact with the patient.

In short, apometry is a practice that allows spiritual unfolding or bilocation, which can occur spontaneously or be induced by mediumistic trance. It is especially useful for mediums, who can contact the spiritual world and help in caring for the sick.

Apometry is a therapeutic technique that aims to treat spiritual and energetic imbalances through the dissociation of the spiritual bodies from the physical body. Emerging in the spiritualist context, apometry combines knowledge of quantum physics with doctrinal precepts, providing an integrative and holistic approach to the human being.

Symbols such as triangles and Metatron play a key role in this technique. The triangle, for example, is often associated with the idea of trinity, balance, and protection. In apometry, it can represent the connection between body, mind, and spirit, emphasizing the idea that healing must encompass all of these aspects to be effective.

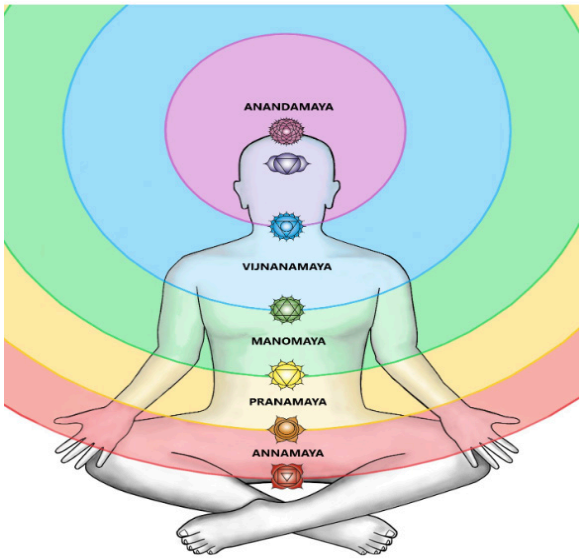


Apometry is a technique that uses the assistance of the higher astral plane to treat patients. To do this, patients are placed in a trance of out-of-body experience and transported to a hospital in the astral plane. There, they are examined, treated and undergo surgery according to a work plan governed by order, balance and advanced scientific concepts. Normally, the patient does not notice anything during the treatment, but in rare cases they may feel dizzy, drowsy, have a feeling of lightness or have a complete vision of the plane in which they are.

One of the forces used by the apometric technique is the mind, which produces a radiant energy different from the ones we are used to. This energy can be transmitted over a distance and captured by sensitive beings. Furthermore, thought has a direction and a point of application, which is the object of thought, and can act on free cosmic energy, shaping it.

It is important to ensure that there is perfect coupling between the astral and physical bodies during the unfolding, otherwise symptoms such as dizziness, a feeling of emptiness, malaise or headaches may occur. The apometric technique is a powerful tool that can be used to treat the sick and perform spiritual work of contact with the astral world.

In addition to cosmic and mental energies, the apometric technique uses a third, equally important energy: the energy coming from the physical body. Our body is a condensation of energy so powerful that, if released, it would be enough to supply the entire state of Rio Grande do Sul with electricity for more than one hundred and sixty years.



years. This energy held back in our atoms and molecules can be used by apometric operators to form powerful magnetic force fields that contain rebellious, demented spirits and groups of astral evildoers. In addition, this energy can be provided to unfolded mediums so that they can fulfill their astral missions.

Another energy used in apometry is cosmic energy, which refers to the energy of collective consciousness, the abstract, the unknown, and everything that is subtle and elevated. It is the energy of our higher consciousness, a place where we are all connected.

When cosmic plasma condenses, a frequency reduction occurs in its mass and it is transformed into radiant energy by the action of the gross energy released by the physical body. This energy becomes a continuous flow under the command of the mind guided by the will and can be used in the apometric technique to perform spiritual work. Understanding these phenomena with a scientific vision allows apometric operators to use these energies consciously and effectively.

During our work, we were able to observe and experience the phenomena of apometry and understand them scientifically. When condensing cosmic plasma, an undifferentiated cosmic energy, a lowering of frequency occurs that transforms this plasma into radiant energy. This energy becomes a continuous flow under the command of the mind guided by the will.

Just as in the physical world, there is also coupling of spiritual systems. The connection between spirits and mediums is an example of coupling that occurs between oscillating systems, with a vibrational level that escapes the sensors of measuring devices. Telepathy is a phenomenon that proves that mental waves are captured by sensitives located at considerable distances, but cannot be quantified by a device.

In spiritual coupling, the energy flow is one-way, from the medium to the communicating spirit. To facilitate contact, it is necessary to vary the medium's frequency at the time of coupling, using the projection of mental energy in the form of rhythmic impulses. In this way, the medium can function as a variable capacitor for radios, allowing the tuning of broadcasting stations.

Finally, to achieve spiritual coupling, it is important to harmonize the energies so that the vibrational attunement allows for coupling. This can be done by varying the medium's frequency and projecting mental energies. With this technique, it is possible to establish a connection between the physical and spiritual worlds, enabling communication and helping those in need.

Delving even deeper into the question-

As with spiritual coupling, one realizes the relevance of purity of intentions. A focused mind, combined with elevated feelings, provides a clearer and more effective channel of connection. Just like an antenna that captures signals better when well positioned and without interference, the medium, when prepared and balanced, can establish clearer and more assertive connections.

Another essential aspect is energetic protection. When opening up to the spiritual plane, the medium must be supported by beneficial energies, whether through prayers, protective visualizations or the use of auxiliary tools, such as crystals and amulets. This minimizes the risk of unwanted interference or communications with low-vibration entities.

Mediumship practice, when properly guided and conducted responsibly, can bring benefits to both incarnate and discarnate beings. The exchange of energy and information provides healing, understanding and evolution for both parties. However, it is crucial that this practice be accompanied by studies, preparation and, above all, respect for universal laws and the free will of each being. Commitment to truth and goodness should be the guiding principle of any activity in the field of spirituality.

For the medium to be able to communicate with the spirits, there must be a coupling between their energies. This is done through the modulation of the medium's vibrational frequency, which can be altered through mental counting. This modulation allows the medium to tune into the communicating spirit and receive its ideas and emotions.

In Physics, electromagnetic flux is vectorial and can be measured by the Poynting vector, which indicates the intensity of the energy. Associated and in three planes, the magnetic and electric vectors form the electromagnetic wave. Resonance is a phenomenon that occurs when an oscillating system is excited by an external agent with the same frequency.

In magnetic resonance imaging, frequency is determined by the number of cycles per second, which is the fundamental frequency. Wavelength is the path traveled by oscillating energy in motion.

In the spiritual realm, resonance occurs when there is a transfer of energy from one radiant system to another radiant system that has syntonic frequencies. This is a mental phenomenon in which the thought energy of the sending spirit is captured and absorbed by the receiving spirit, causing an influence on its mental state and fundamental frequency.

Therefore, in apometry, it is important that the medium is in tune with the frequency of the communicating spirit so that the transfer of energy and information occurs in a more efficient and harmonious way.

This attunement is achieved through coupling, which consists of connecting the vibratory systems of the medium and the communicating spirit. Just as in the coupling of physical systems, the passage of energy in spiritual coupling occurs in only one direction, with the medium donating his energy to the communicating spirit.

For the coupling to be effective, it is necessary to vary the vibrational frequency of the medium to the point where he or she becomes capable of connection. This is done by projecting mental energies in the form of rhythmic impulses, using counting for low-vibration spirits or raising the vibration of the medium for high-vibration spirits.

Just like resonance in physics, spiritual resonance occurs when there is a syntonic frequency between the sender and the receiver, allowing the transfer of energy. The thought energy of the sending spirit is captured and absorbed by the mental energy of the receiving spirit, influencing its mental state and raising or lowering its fundamental frequency.

Finally, it is important to highlight that the entire apometry process, including vibratory attunement and coupling, is carried out with the help of disembodied operators, who are responsible for the success of the work and act according to a work plan governed by order, balance and advanced scientific concepts.

Let's simplify and make this text more didactic:

When the frequency is reduced, the person may feel unwell, and depending on the level of disharmony caused, may even become ill. This varies according to the intensity of the effect: from a feeling of tiredness to general malaise, nausea and, finally, a state of illness. On the other hand, if the frequency is increased, the person feels well, light and lucid.

An operator, that is, a person, attracts cosmic energies (K), manipulates them (agglutinates and condenses) and mixes them with the vital energies of the body itself (Z). This transforms the vibrational frequencies of these energies into a magnetic mass that can be absorbed by spirits at low frequency. This mass is then projected onto those in need on the astral plane, relieving their pain or even healing them.

In this process, the operator acts as a transducer, which is a device capable of transforming one type of energy into another. It receives, transforms and projects the energies.

Furthermore, the operator is also a modulator, as he modifies the energies by mixing them with those of the body itself. In this way, the original frequencies are reduced, but the flow is intensified, allowing these energies to act on the astral plane and on the spirits that are suffering.

Modulation is a process in which a characteristic variable of a periodic phenomenon is altered by other phenomena.

It is important to know and correctly apply the principles of physics in spiritual work. The treatment of disembodied spirits loses its mystical aspect and becomes an exact science, since the laws that govern the phenomena are immutable.

In short, the goal is to intervene in the free energies of the cosmos to gather them, transform them and apply them correctly to sick spirits on the astral plane. Although it may seem mysterious or even miraculous, the process of mentally manipulating these energies is quite simple.

Success in the healing process depends primarily on pure and genuine love for one's fellow man, an intense and selfless desire to help others. This love should motivate a person to constantly mobilize healing energies for the good of many. Remember: love has great power in the spiritual world.

With sincere love and a desire to help others, simply count out loud (usually from 1 to 7) and imagine the energies gathering together as white, cotton-like flakes. As the count progresses, imagine these flakes becoming denser and more malleable. As you say the last number, project these energies onto the sick spirits.

The results are often surprising. In a short time, the spirits are amazed and grateful for the healing or well-being received.

In theory, the same process can be applied to living people with similar results. Jesus is an example of this, as he healed many sick people and his closest followers also performed healings and miracles through love.

However, when trying to apply these techniques to incarnate people, the results are usually not as impressive as when applied to discarnates. The reason for this may lie in the matter itself, which presents energetic barriers that are difficult to overcome. While a person full of love, good will and mental training can heal spirits, the dense constitution of matter seems to challenge the energetic potential of our minds in healing physical bodies.

Why is it that when we apply healing energies to spirits, we are successful, but we are unable to heal physical wounds? After all, physical healings have been performed by followers of Christ in different eras.

The difficulty may lie in the matter itself, which presents energetic barriers that are difficult to overcome. When a person has love, good will, and mental training, they are able to heal spirits. However, the dense constitution of matter challenges our energetic potential when we try to heal physical bodies.

However, the miracle is still possible, because it depends on the correct use of energies. It all comes down to solving a problem in physics. If we have enough mental strength to work with energies at the level of material density and interfere with molecular cohesion, we can perform feats similar to those of the Divine Master.

The mental energy required is not merely intellectual, but rather a force that emanates naturally from evolved beings, who are not bound by worldly and individualistic interests. As Jesus stated, these creatures are gods, co-creators of the Divine Work.

We believe that the day will come when humanity, purified, loving and mentally powerful, will know how to act on the cohesion of molecules and completely harmonize physical bodies. It is only a matter of time. Knowing the laws that guide the path, walking it will depend only on love and the will to take the first step.

MEANINGAPOMETRY

Dr. Lacerda, Father of Apometry says..

Let's make this text more didactic and accessible:

Dr. Lacerda chose the term “Apometry” (from the Greek “apo”, which means beyond, outside of, and “metron”, relating to measurement) instead of “Hypnometry”, as the latter suggests hypnosis, which is not related to the techniques of Apometry.

Apometry is a technique that involves the unfolding between the physical body and the spiritual bodies of the human being. It is not exactly mediumship, but rather a method to separate these components.

This technique can be applied to everyone, regardless of health, age, mental state or resistance. It is a general method, easy to use by trained people and competent leaders, and is usually effective for all patients.

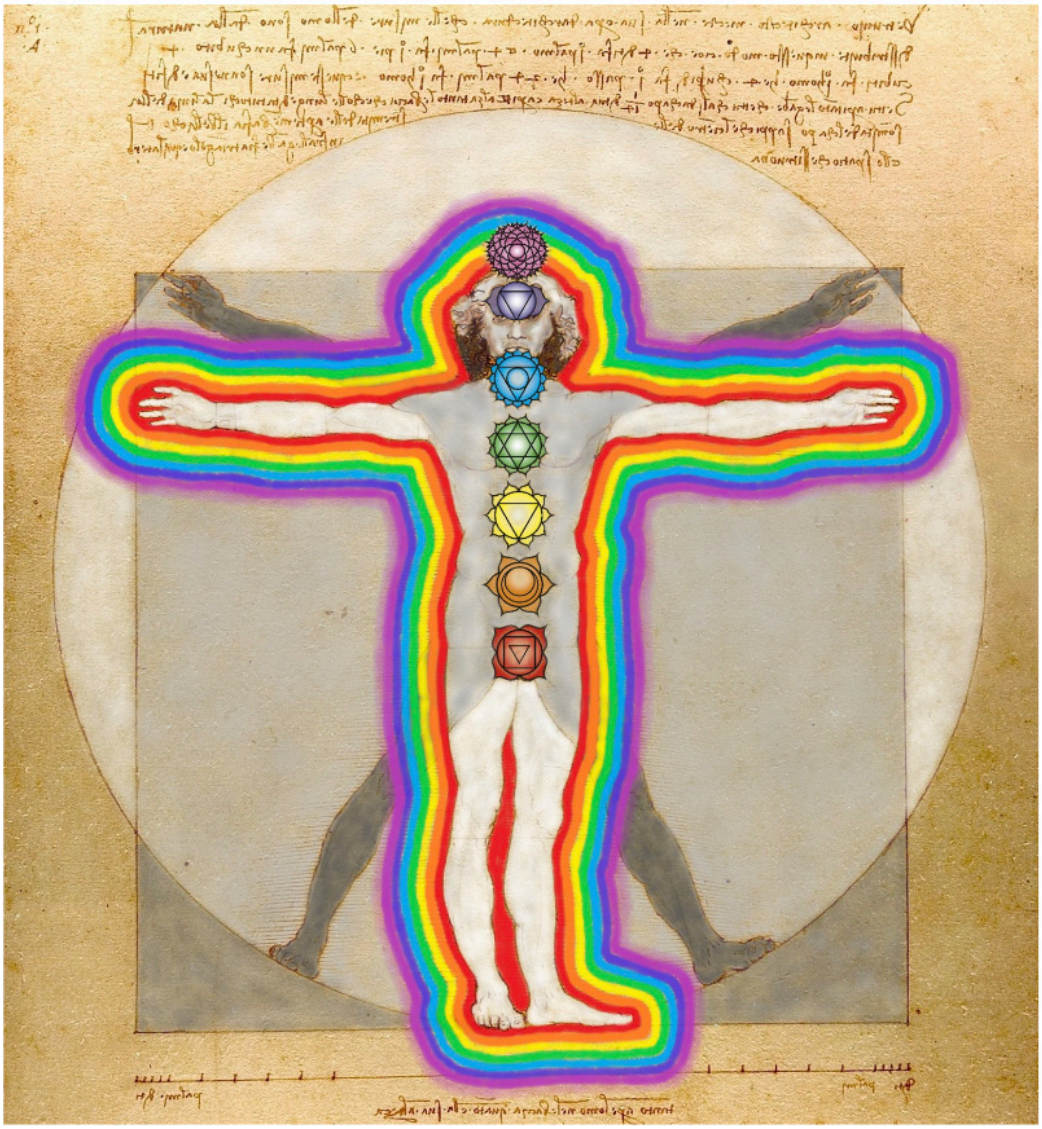
The success of Apometry lies in using mediumship to connect with the spiritual world in a simple and objective way, whenever we wish. Although it is not a mediumistic technique in itself, it can be used as such to establish contact with the spiritual world.

In his book Energy and Spirit, Dr. Lacerda explains that we live in a region of the planet called the “biosphere,” the area where life manifests itself on the Earth’s surface. The biosphere is where humans and animals live.

In addition to the biosphere, there is another vast region, larger and in a different dimension, called the “psychosphere”. This is the area inhabited by disembodied spirits.

The biosphere, the material region inhabited by humans on the Earth's surface, and the psychosphere do not mix. Although they are close, they are separate and have their own identity characteristics.

In terms of spatial location, the psychosphere is wider than the biosphere. While the biosphere occupies only the surface crust of the planet, exposed to sunlight, the psychosphere also extends to lower zones, possibly penetrating the Earth for several kilometers.



There are inferior and suffering spirits who have accumulated negative energies due to past experiences, where they have harmed other beings. These spirits need to purify themselves of these energies. Others, through acts contrary to cosmic harmony, have accumulated great debts and need to purge these negative charges.

The psychosphere has upper limits that extend for many kilometers above the Earth's surface, where more evolved and dematerialized spirits live, enjoying peace and happiness. These regions are divided into superior, intermediate and deeper zones, known as Heaven or Superior Astral, Purgatory or Umbral and Darkness or Hell, respectively.

Living alongside us, but separated by different dimensions, there are spiritual entities of low evolutionary level concerned with human issues, such as business, passions, hatred, unrequited love, among others. Many still live without useful goals, while others do not even realize that they are disembodied.

The disturbed thoughts of these spirits generate a characteristic vibrational pattern, the result of the sum of all their frequencies. These vibrations, influenced by the emotions of each spirit, can affect and even harm human beings, depending on the degree of attunement with these adverse fields.

Therefore, it is important to raise our own vibrational standard to protect ourselves from this environment, especially during moments of interaction with spirits, such as in spiritualist sessions. The first technique recommended to reach this spiritual level is prayer, through which we can ask for spiritual help and protection from the older brothers who accompany and protect us.

By raising our vibrational level, we connect with more positive energies and with spiritual beings of greater evolution. Through prayer, meditation and actions that promote love and compassion, we can distance ourselves from negative vibrations and spirits of a lower evolutionary level.

It is also essential to seek knowledge about the spiritual world and develop our own mediumship in order to understand and respect the phenomena that surround us. Studying and practicing self-knowledge helps us deal with our own emotions, which allows us to face adversity with greater serenity and wisdom.

Moral and spiritual development allows us to establish more harmonious relationships with our fellow human beings, both incarnate and discarnate. This provides us with a more balanced life, where we are able to better deal with challenges and learn from experiences, both good and bad.

Furthermore, it is essential to cultivate humility and detachment from material matters, as this brings us even closer to spirituality and helps us understand our true mission on this earthly plane. By prioritizing our inner growth, we become more resilient and prepared to face the obstacles that arise on our journey.

In short, to raise our vibrational standard and protect ourselves from the negative influences of the spiritual world, we must invest in self-knowledge, moral and spiritual development, the practice of love and compassion, and connection with beings of light through prayer and meditation. In this way, we will be better able to face life's challenges and fulfill our mission on this earthly plane.

LAWSAPOMETRY

The structure of apometry

Law	Description
Law of Spiritual Unfolding	It states that all beings have multiple spiritual bodies, which can be separated or "unfolded" from the physical body.
Law of Time Displacement	He claims that it is possible to travel through time on a spiritual level, revisiting past traumas for healing.
Law of Displacement in Space	It states that it is possible to move through space at a spiritual level, visiting different dimensions or planes of existence.
Law of Return Shock	It says that negative energies sent to others will return to the sender.
Pendulum Law	Claims that it is possible to use a pendulum to measure the energy or vibration of a person or place.
Law of Materialization	Claims that it is possible for spirits to materialize a temporary physical form.
Charge Formation Law	It says that negative thoughts and feelings can form energetic "charges" that can negatively affect the individual.
Law of Displacement of Consciousness	Claims that it is possible to move consciousness from one body to another.
Law of Attraction	It suggests that similar thoughts or vibrations attract each other.
Breaking Work Law	Claims that it is possible to break and neutralize black magic works.
Law of Action and Reaction	It states that every action has an equal and opposite reaction, also applying on the spiritual plane.
Law of Evolution	It states that all beings are on a path of continuous spiritual evolution.
Law of Cosmic Harmony	It states that harmony and balance are the natural state of the universe and that imbalances are corrected over time.
Law of Cancellation of Karma	It says that it is possible to cancel or alleviate karma through apometry.

1 # LAWAPOMETRY

Law of Spiritual Unfolding

Whenever we wish to promote the separation of the spiritual body - also known as the astral body - from a person's physical body, we can do so by giving the person a command and, at the same time, projecting energetic pulses through a slow count. With this, the person undergoes a complete unfolding while maintaining their consciousness.

The Apometry technique is based on this principle and allows us to explore and investigate the astral plane with ease. Although it does not allow us to enter the deepest abysses of the planet's interior nor reach spiritual peaks, Apometry can be used to help disembodied beings in erraticity and incarnate beings who suffer from obsessions.

The technique is simple to apply. First, a verbal command is given, which can be done by the group leader or the instructor of the pair formed. Then, energy impulses are projected by counting out loud, usually from 1 to 7. The incorporation medium, preferably a sensitive one, can also perform the command.

Verbal commands must be charged with energy, will, love and trust, propelling the phenomenon to happen. To project the energetic impulses, the operator's mind must induce them by counting out loud. In specific cases or different treatments, the count may reach higher numbers, but in general, counting from 1 to 7 is sufficient.



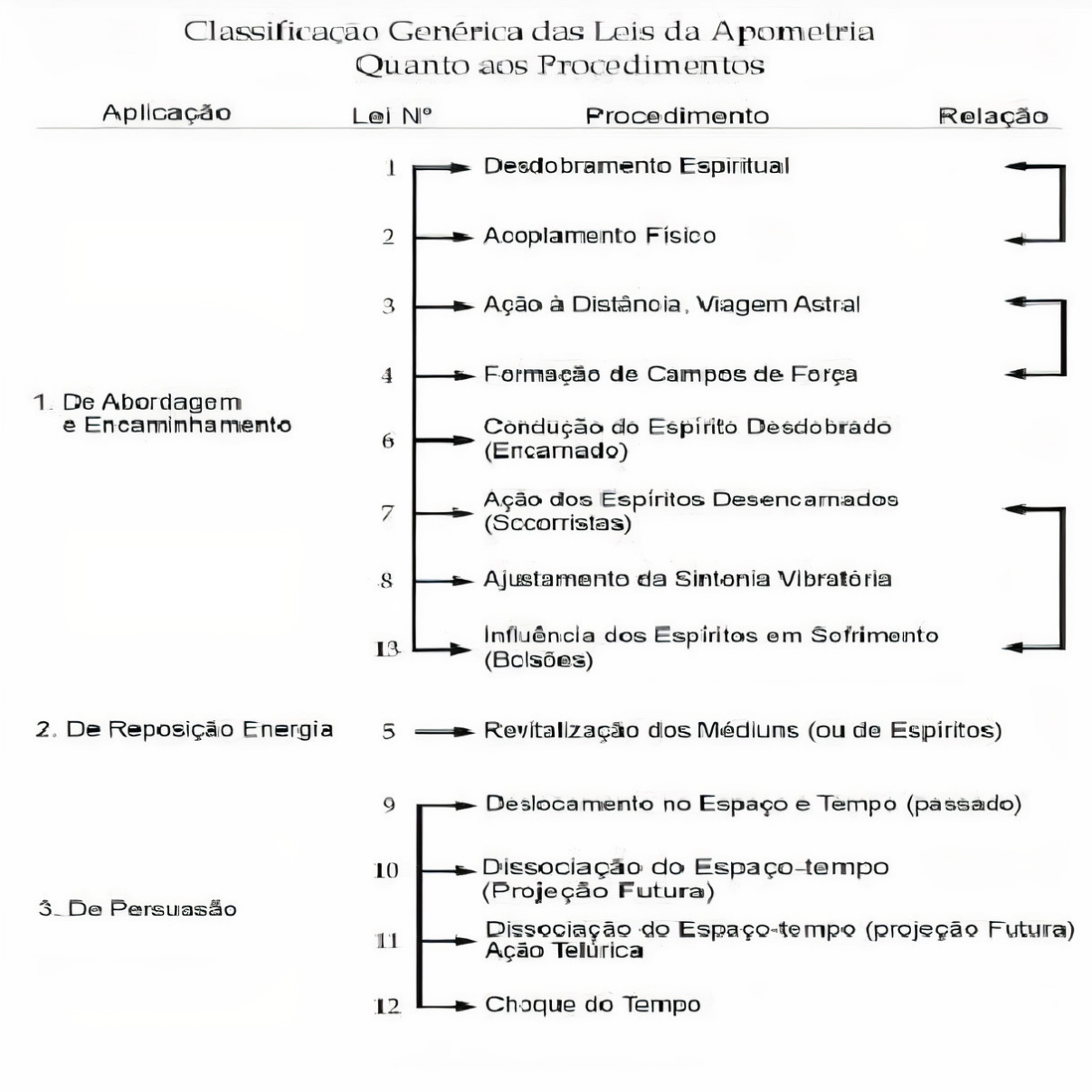
Apometry is a technique that enables a practical and efficient approach in the field of psychic phenomena, facilitating the study and understanding of the astral plane and benefiting both the disincarnate and incarnate spirits involved in the process.

The first law of Apometry is called the “Law of Spiritual Unfolding”. This law is the central pillar of the apometric technique and describes the ability to separate the spiritual body (or perispirit) from the physical body.

According to the first law of Apometry:

The incarnated spirit, under the action of a force field formed by magnetic pulses, unfolds, projecting itself - out of the physical body, taking with it all its perceptions.

This projection can occur with the



spirit keeping his consciousness awake, allowing him to interact, observe and even act on extraphysical planes.

The process of spiritual unfolding can be induced through verbal commands and projections of energetic impulses, as described in the Apometry technique.

Understanding this law is essential for the success of apometric techniques. It postulates that it is possible to induce a controlled and conscious unfolding, allowing the spirit to interact in spiritual planes in a lucid way. This is different, for example, from the natural unfoldings that occur during sleep, in which the consciousness is usually not as alert or clear.

The first law of Apometry, therefore, offers a powerful tool for therapists and mediums who work with the technique, enabling a direct and conscious approach to spiritual and energetic issues.

Q u ss ã oPossibilities?

Law of Spiritual Unfolding

Apometry, a practice that involves projecting energy to perform spiritual unfoldings, can be performed in different ways, according to studies, practice and guidance from spirits. It is not always necessary to count out loud or snap your fingers, practices that some groups use as a form of counting. These actions depend on the harmony, studies and practice of the group.

According to the book “Apometria”, by JS Godinho, it is often not even necessary to do the counting. We just need to think about performing the unfolding and, through the strength of the mental vibration, it occurs on several levels.

So, what does this law seek? It is the basis of Apometry, allowing for psychic unfolding, that is, the separation of the spiritual body from the physical body. And here a common question arises: does the unfolded person lose consciousness? The answer is no. Whether the patient or the medium, both maintain their consciousness during the unfolding.

The application of this first law enables the exploration and investigation of the astral plane in a very practical way. It seeks to quickly and effectively address disorders caused by obsessions, neuroses, anxieties, phobias, complexes and behavioral deviations. These disorders can be visualized, observed, diagnosed and treated using the technique of out-of-body vision.

So why and when should we use the resources of unfolding? The purpose should always be therapeutic, within apometric work, in groups of well-intentioned and trained people, whose sole aim is the well-being of - be next to.

And how is the command given for the unfolding? The command is verbal, given by the group leader or by the indoctrinator of the pair formed. The incorporation medium will benefit if he is also sensitive. Verbal commands are driven by energy - will, love and trust - so that the unfolding occurs.

Let's talk about how to project energy impulses in the context of Apometry. According to the book “Spirit and Matter” by Dr. Lacerda, magnetic pulses or impulses are projected by the mind of the person performing the procedure. This is usually done by counting out loud, from 1 to a maximum of 7. In some special cases or different treatments, this count can reach higher numbers.

However, experience and studies show that it is also possible to project this energy without having to count out loud. This will depend greatly on the harmony of the group, as well as their level of study and practice. If the group is well-tuned and experienced, there may not be a need to snap fingers or count numbers. It is worth mentioning that some groups choose to snap their fingers as a way of counting.

And how is the command given for this

energy projection? The command is given verbally, and can be done by the group leader or by the instructor of the pair formed. The incorporation medium, if also sensitive, can be more effective in this process. Verbal commands are driven by an energy charged with will, love and trust, elements that help the procedure to happen as expected.

Therefore, the projection of energetic impulses can vary according to the group, the experience and the context. The most important thing is to maintain harmony and positive intention during the process.

To expand a little further, we must understand that the practice of Apometry is a joint effort that depends on both the operator and the rest of the group. The ability to project energetic impulses is a skill that can be improved with study and continuous practice.

At the same time, spirits also play an important role in Apometry. They can help guide and facilitate the projection of energy. Therefore, it is essential to maintain good communication and connection with them.

The command is a fundamental aspect of energy projection. This order, which is given verbally, needs to be clear and firm. The command is charged with energy, which is driven by the will, love and confidence of the sender. Therefore, it is important that the person giving the command is well prepared and focused.

Furthermore, it is interesting to highlight that Apometry is a practice that should always aim at well-being and healing. Therefore, energetic impulses must be projected with the intention to help and heal. It is this intention that will guide the energy and allow it to act in the most effective way.

In short, the projection of energetic impulses in Apometry is a process that depends on several factors, such as the capacity of the operator, the harmony of the group, the guidance of the spirits, the clarity of the command and the intention behind the projected energy. All these elements work together to enable the effective practice of Apometry.

Let us better understand the law that underpins the practice of Apometry. This law allows the unfolding of the animic aggregate, which is the separation of the spiritual body from the physical body.

A common question is whether the person undergoing this outburst loses consciousness. The answer is no. Whether the patient or the medium, consciousness is maintained throughout the outburst process.

And what possibilities does this law provide? The first law of Apometry allows us to explore and investigate the astral plane more easily. The objective is to quickly and effectively treat disorders caused by obsessions, neuroses, anxieties, phobias, complexes and behavioral deviations. With the unfolding technique, it is possible to visualize, observe, diagnose and treat these disorders.

And what should be the objective when using the resources of unfolding? The purpose should always be therapeutic, within the scope of the Spiritist doctrine. It should be carried out in groups of well-trained people.
- intentional and trained, whose sole intention is to promote the well-being of others.

2 # LAWAPOMETRY

Law of physical coupling

The second law of Apometry, also known as the Law of Spiritual Unfolding, establishes that any human being can be unfolded, that is, have their spiritual body separated from their physical body.

This separation occurs temporarily and in a controlled manner, and is generally carried out for therapeutic purposes within the spiritualist context. The person undergoing the process of unfolding maintains their consciousness and, in general, there are no risks involved, since the physical body exerts a natural attraction on the spiritual body, ensuring its reintegration.

This law allows the exploration of the astral plane and the possibility of more effectively treating disorders such as neuroses, phobias and behavioral deviations, among others. The use of this law should always be done by trained and well-trained people.
- intentional, aiming at the well-being of others.

Unfolding is a practice used within the Spiritist doctrine with a primarily therapeutic purpose. It is a valuable resource that should be used by groups of well-intentioned, trained people who are committed to the well-being of others.

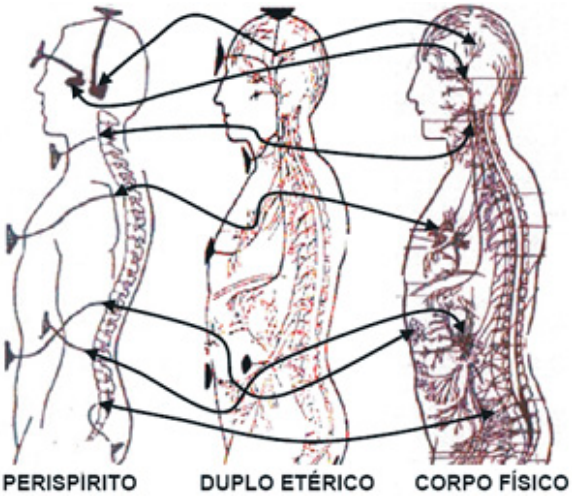
According to the Book of Mediums, out-of-body experiences apply to both the living and the dead. During sleep, the spirit acquires a certain freedom, separating itself from the physical body. This state of out-of-body experiences is often when we have the opportunity to observe the spirit.

It is important to remember that out-of-body experience is a temporary state. Usually, a spontaneous reintegration into the physical body occurs within a few minutes, even without a specific command to do so. The physical body has an automatic attraction to the astral body, so there is no danger of someone remaining out-of-body.

However, to ensure the safety and comfort of all involved, it is advisable to closely monitor those undergoing the unfolding process. If symptoms or suspicion of an imperfect coupling occur, the coupling command should be repeated.

The countdown that accompanies unfolding and coupling serves to direct the flow of energy. The forward countdown is believed to strengthen the operator's will to direct the energy. It encourages the idea of moving forward and solving problems. In contrast, the backward countdown can give the feeling of moving backward.

However, it is essential to remember that there is no mystique surrounding counting or tone of voice. The most important thing is the operator's intention. The practice should not be viewed as



It is not like a ritual, but rather an act of will guided by the intention to help.

In the practice of Apometry, there is no rigid ritual to be followed. The most important thing is the intention behind the act. It is a genuine and loving desire, firm in the conviction that what is desired will be achieved or accomplished. The count, whether progressive, regressive or even absent, is just a tool.

When we talk about out-of-body experiences, some people may wonder: what if I am not properly coupled again? What will I feel? The answers may vary. Some may experience headaches, from mild to very severe, nausea, dizziness, malaise and even a feeling of emptiness, which may last for a few hours. But it is important to remember that, in general, there is spontaneous reintegration within a few minutes, even without command. There is no danger of remaining out-of-body, as the physical body exerts automatic attraction on the astral body.

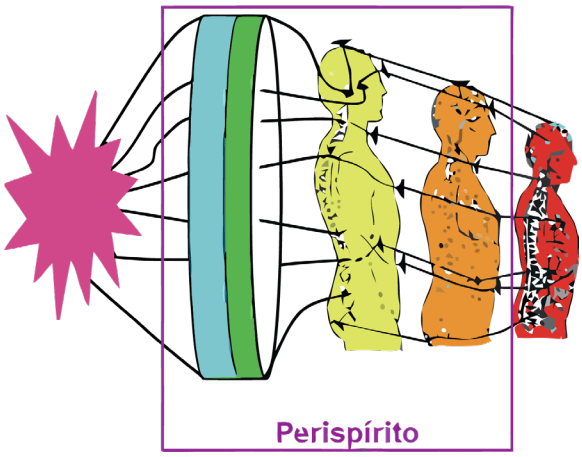
And when should we repeat the coupling command? Whenever we suspect that someone may be poorly coupled, especially if that person sounds like you may have the symptoms mentioned.

So why use a progressive countdown? It is believed that a progressive countdown can reinforce the operator's idea that there is a firm will to gather free energy in space, in obedience to the command. This countdown can give the feeling of continuing, of moving forward. A regressive countdown can give the feeling of moving backwards in the operation.

The “Book of Mediums”, in turn, reinforces the theory of unfolding without the need for us to be completely asleep. In other words, unfolding is a practice that can be carried out during the waking state.

Continuing the explanation, it is important to note that the counting process itself serves only to pace the flow of energy impulses or pulses. There is nothing mystical or special about the specific number chosen, nor about the tone of voice or gestures of the operator.

All of this is secondary to the intention and will that drive the action. What really matters is the certainty that what you want will be accomplished. The process is more about in-

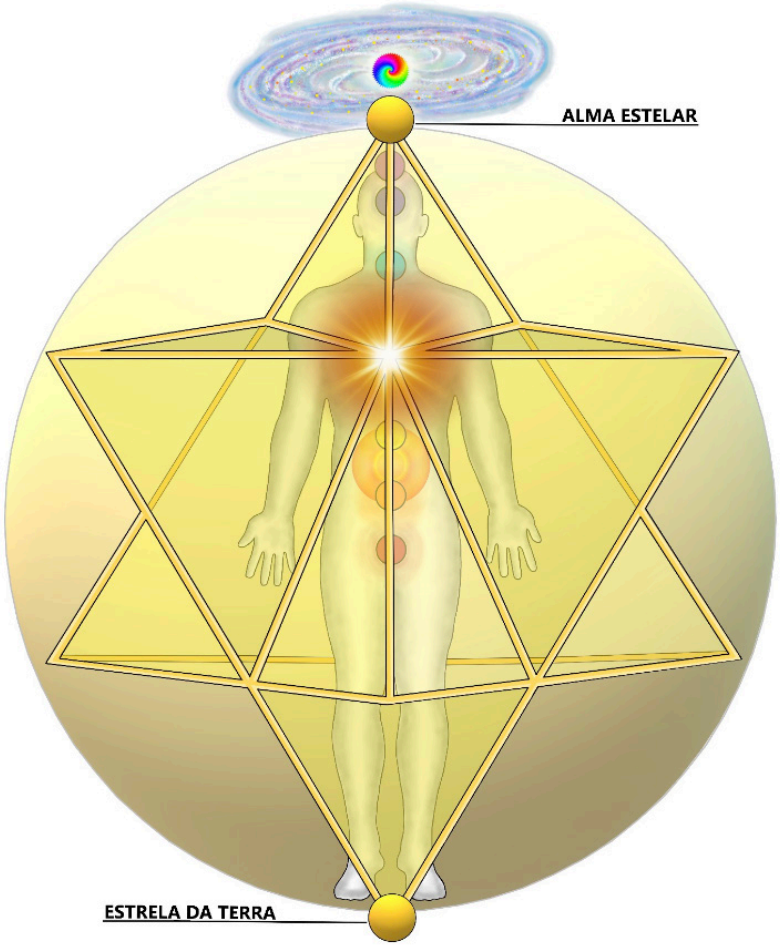


attention and determination than on the exact method used.

Additionally, if someone going through a splitting does not reattach successfully, they may experience a variety of symptoms. These can include headaches ranging from mild to severe, nausea, dizziness, malaise, and a feeling of emptiness. However, it is important to remember that spontaneous reattachment usually occurs within a few minutes, even without specific prompting.

If someone is suspected of being poorly mated, the mating command should be repeated. This is especially important if the person is exhibiting the symptoms mentioned.

In short, Apometry is a practice that involves unfolding and coupling, and is guided by the intention and will of the operator. It is flexible in its methods and its main objective is the well-being of those who practice it.



3 # LAWAPOMETRY

Action at a distance by the unfolded Spirit

The third law of Apometry, also known as the Law of Spiritual Displacement, states that when a medium is deployed—a process in which their spirit is temporarily separated from their physical body—they can be directed to visit distant locations. During this visit, the medium's spirit maintains its consciousness and is able to clearly perceive the environment to which it was sent. This perception can include both physical and spiritual environments.

This law is commonly applied to sensitive mediums who, even when out of body, continue to have clairvoyant abilities. The technique for applying this law involves the emission of energetic pulses, accompanied by a slow count, while directing the out of body medium to visit a specific location. The medium then moves according to the count and, upon arriving at the location, can transmit detailed descriptions of what is happening there.

During the unfolding process, it is important to take some care with the medium's physical body. It should be at rest and, ideally, should not be touched. This helps to maintain the connection between the spirit and the medium's physical body.

When unfolded, the medium has the ability to travel to distant places and, through his physical body that remains conscious, describe what is happening in those places. He can also participate, together with rescue spirits unfolded incarnate, in helping those who suffer, whether they are disincarnate or unfolded from patients.

However, it is important to note that not all mediums acquire the ability to clairvoyantly unfold. Those who are clairvoyant when in their normal state continue to be clairvoyant when unfolded. Those who are not clairvoyant cannot always describe the scenes they experience when unfolded, although they are still able to follow apometric commands.

Be careful with the unfolding medium: During the unfolding process, the medium may be in a state of increased sensitivity. It is extremely important to ensure that the medium's physical body is in a calm and safe environment. Avoid touching the medium as much as possible during this process, as a sudden shock or interruption can cause trauma to the physical body.

Incorporation of the spirit of an incarnate sick person: In the apometric practice, it is possible to incorporate the spirit of an incarnate person who is sick. Here, we consider “sick” all the spirits that inhabit our world and that, for some reason, are out of balance. Often, illnesses of the physical body are reflections of disorders in the spirit. Therefore, it is of great importance to work directly with the spirit to promote healing.

Importance of Clairvoyance: Clairvoyance plays a crucial role in the application of this law. It allows us to

the medium provides valuable information during the session, facilitating the use of available apometric techniques.

Possible actions of the unfolded medium: When unfolded, the medium can travel to distant places and, maintaining consciousness through the physical body, describe what is happening in the visited place. The medium can also collaborate with disembodied rescue spirits in helping suffering spirits, both disembodied and unfolded from patients.

Perception of a non-clairvoyant medium when unfolded: If a medium already has the ability to be clairvoyant, he or she will continue to be clairvoyant when unfolded. However, if the medium is not clairvoyant, even when unfolded, he or she may not be able to describe the scenes he or she experiences, although he or she may still be able to obey the apometric commands.



4 # LAWAPOMETRY

Formation of force fields

The Fourth Law of Apometry refers to the creation of magnetic force fields through mental visualization and energetic impulses. Let's take a closer look at this technique:

Concept: Whenever we mentally visualize the formation of a magnetic force field and emit energetic impulses by means of a count, we create magnetic force fields that circumscribe the spatial area we are imagining.

Application technique: First, we focus our mind to visualize a magnetic barrier. Then, we project energies to achieve it, usually by counting to seven. Depending on our will, we can create a single, double or triple force field, with different frequencies. The density of these fields is directly proportional to the intensity of the thought that generated them. This technique is normally used to protect work environments or contain rebellious spirits.



Historical examples: The ancient Egyptians were experts in this technique. They used force fields to protect tombs and mummify bodies, and these force fields persist to this day.

Importance of Field Shape: The shape of the force field is crucial. Pyramid-shaped force fields, especially tetrahedral ones (four-sided polyhedrons), have such a great containment capacity that once rebellious spirits are placed within them, they cannot leave unless they are allowed to. Furthermore, these spirits can be led anywhere safely and easily within these fields.

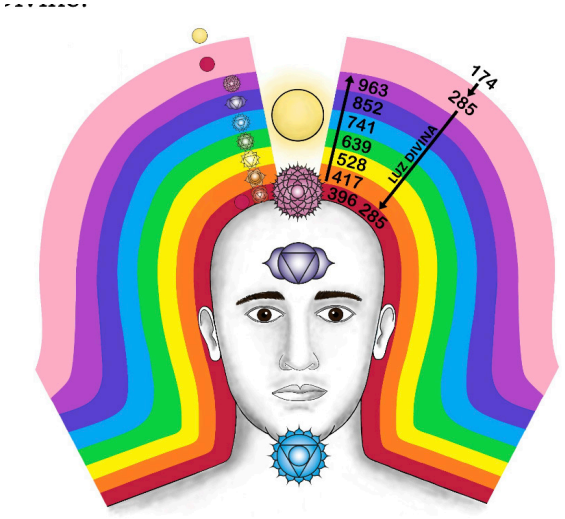
Special properties of the angles of the pyramids: The dihedral angles (right angles of the bases) of the pyramids have special properties. They are very resistant and rarely break unless they are exposed to energies that, most of the time, these spirits do not possess.

Technique developments: The manipulation of force fields is not limited to defensive or containment functions. It can be used in energy cleansing therapies, environmental harmonization and even in healing techniques. To do this, the operator needs to be well trained and in tune with the technique, ensuring its correct application.

Interaction with other elements: Force fields created by the mind can be enhanced by interacting with natural elements, such as crystals and stones, which have the ability to amplify and direct energies. In the past, advanced civilizations used these elements in combination with the visualization of magnetic fields to create true energetic fortresses.

Contemporary Aspect: Although the technique dates back to the ancient Egyptians, its relevance and application remain current today. Many modern groups and practitioners of alternative and holistic therapies use similar principles to create protected and harmonized environments. The resurgence of this ancient knowledge in our time demonstrates the timelessness and universality of these principles.

In short, the Fourth Law of Apometry emphasizes the power of thought and will in shaping and manipulating energies. When used correctly, these force fields become valuable tools for protecting, harmonizing, and even guiding entities to places of assistance and learning. The operator's responsibility and preparation are crucial to ensuring the ethical and effective use of this ancient technique.



5 # LAWAPOMETRY

Revitalization of mediums

The Fifth Law of Apometry concerns the transfer of vital energy from one individual to another, in this case, from the operator to the medium. This transfer occurs through physical touch and the mentalization of the passage of this energy, accompanied by the counting of pulses. Let's understand better how this works.

Transfer of vital energy: When the operator touches the medium's body, whether on the hands or head, and visualizes the transfer of his/her vital force, this energy will be transferred. The medium, in turn, begins to receive this energy and feels revitalized.

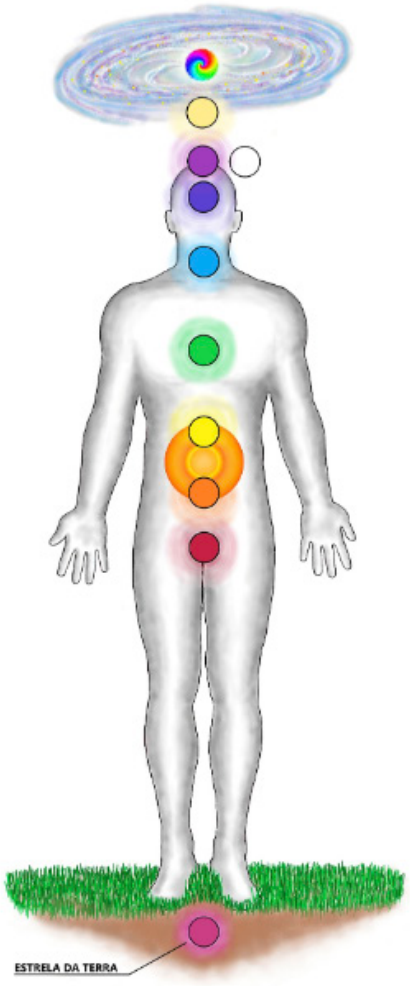
How to transfer energy: First, the operator must concentrate on the idea of transferring vital energy from his/her physical body to the physical body of the medium. Then, the operator takes the medium's hands or places his/her hands on the medium's head and counts slowly. With each number pronounced, a portion of vital energy, coming from the operator's metabolism, is transferred to the medium.

When to apply this technique: This technique is especially useful when the medium feels weakened, either at the time of giving a pass or while working at the table. It can also be used to revitalize patients who are very devitalized after magnetic passes.

Where does the transferred energy come from: The transferred energy comes from the physical body of the operator, but can be com-

supplemented by the energy of spiritual workers.

Benefits of this technique: This technique allows the medium and the operator to work for longer periods, four to five hours consecutively, without significant fatigue. To maintain this rhythm, the operator can transfer vital energy to the medium every thirty minutes, thus allowing the medium to work without exhausting his or her strength.



6 # LAWAPOMETRY

Guidance of the unfolded spirit, of an incarnate patient to the higher planes in astral hospitals

The Sixth Law of Apometry deals with the unfolding of incarnate patients and the importance of freeing them from magnetic bonds before taking them to higher astral planes for treatment. Let us explore this law in detail:

Objective of the Sixth Law of Apometry: This law allows the unfolded spirits of incarnate patients to be led to spiritual hospitals, but for this to happen, it is essential that they are free from magnetic shackles.

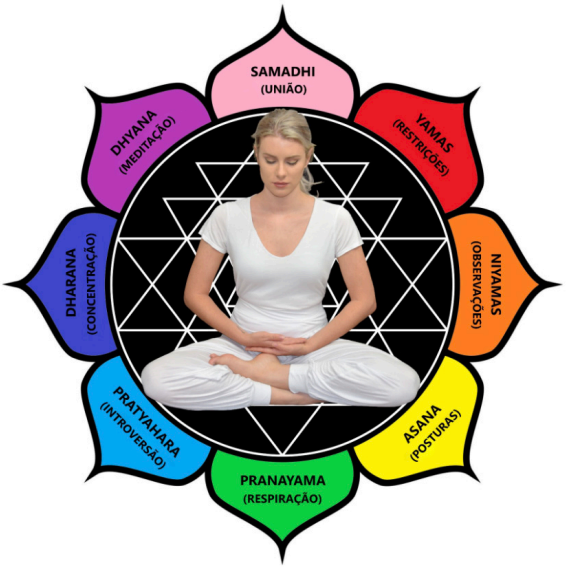
Magnetic bonds: These are magnetic ties or connections placed by obsessors with the intention of harming the patient. They can appear as shrouds, ties, ties and other obstacles attached to the patient's astral body.

Cleansing the astral body: Before taking the unfolded patient to the higher planes, it is necessary to completely cleanse his or her astral body. This task can be carried out by the spirits of the unfolded mediums or by spiritual rescuers who assist in the process.

Ineffectiveness of conventional passes: Passes administered in spiritualist centers are generally not effective in these cases, as they only act on the patient's aura and more on the vibratory field, not being sufficient to remove the densest energies.

Energy Transfer: Energy can be transferred to unfolded mediums to assist in the removal of magnetic restraints and the patient's heaviest material. The energy transfer is carried out through will, with the use of vocal commands and magnetic pulses, accompanied by verbal or non-verbal counting.

Thus, the Sixth Law of Apometry highlights the importance of freeing incarnated patients from magnetic bonds before sending them for treatment in the higher planes of the astral. In addition, it emphasizes the need to transfer energy to the unfolded mediums to assist in the process of cleansing the patient's astral body.



7 # LAWAPOMETRY

Law on the action of disembodied spirits as rescuers on disembodied patients

The Seventh Law of Apometry emphasizes how much the treatment of the sick is facilitated when patients are unfolded, that is, when their spirits are in the same spatial dimension as the rescue spirits. Let us detail this in a didactic way:

The Importance of Out-of-body Treatment: When patients and protective spirits share the same dimensional universe, the action of the latter becomes more profound and rapid. This means that diagnoses tend to be more accurate, and astral surgical operations are facilitated, since the spirits of the patients can be taken to astral hospitals equipped with abundant resources and highly perfected medical techniques.

Apometry and Spiritual Treatment: By unfolding patients for treatment, Apometry contributes decisively to the success of spiritual treatment. It is believed that, in the future, medicine will be integral, with incarnate doctors treating physical illnesses and their discarnate colleagues treating spiritual illnesses, working together.

Apometry and Mental Illness: Considering that most illnesses, perhaps 80% of them, begin in the astral body, Apometry has wide application, especially in the field of mental illnesses. The treatment of these conditions is greatly facilitated by Apometry, as it allows the treatment and removal of obsessors, which are the most common causes.

of psychopathies.

Therefore, the Seventh Law of Apometry highlights the importance of unfolding patients for more effective spiritual treatment and the vision of an integral medicine in the future, in which incarnate and discarnate beings will work together to treat physical and spiritual ailments.

Why does unfolding make the work of disembodied rescuers easier?

Because this way, both patients and rescuers will be in a state of mind. Where are deployed patients normally treated?

In astral hospitals, in the same way as disembodied spirits when they receive assistance.

What would be the great achievement of Apometry in spiritual treatment? That of integral medicine. Care for the physical body and spirit. What is the scope of the applications of Apometry? Apometry can act on approximately 80% of the illnesses of the physical body. What is the origin of most illnesses? Most illnesses originate in the astral body, where Apometry has an excellent way of accessing them.
and treatment.

8 # LAW APOMETRY

Adjustment of Vibratory Tuning

We will explore in a didactic way the eighth law of Apometry, which addresses the vibratory connection between mediums and disembodied spirits, as well as the attunement with the environments in which they are found.

Objective: The eighth law of Apometry teaches us that it is possible to establish a vibratory connection between mediums and disembodied spirits, as well as to tune the spirits with the environments in which they are present so that they perceive and understand the vibrations of these places.

Technique: To establish contact with a disembodied spirit that is in the environment and has a vibrational level compatible with our evolutionary state, we must project energy in the form of rhythmic pulses and command the psychic connection. This facilitates communication by creating a vibrational harmony between the medium and the spirit, establishing a channel of connection.

Tuning into the environment: By emitting energetic pulses through counting, we adjust the medium's vibrational frequency, similar to what happens on a radio when we tune into a station. This allows the medium and the spirit to connect more easily.

Frequency Adjustment: If the visiting spirit has a very low vibrational pattern or is suffering, the medium can adjust his or her vibrational frequency to match the spirit's level, facilitating communication. However, after the spirit has disincorporated, it is important that the medium raises his/her vibratory pattern again to avoid the persistence of negative sensations, such as anguish, oppression and discomfort.

In this way, the eighth law of Apometry teaches us the importance of establishing vibratory connections with disembodied spirits and the correct way to adjust our vibratory frequency to facilitate communication and understanding of situations experienced by spirits and the environment.

Symptom of poorly conducted spiritual work: It is common to see mediums feeling unwell, psychically exhausted or even ill after spiritual sessions. This is an indication that the spiritual work was not conducted correctly. This occurs because, after establishing a connection with suffering spirits, the mediums are unable to undo the vibrational resonance when these spirits leave.

Vibrational cleansing: In well-conducted sessions, the spiritual plane often uses the strategy of incorporating a spiritual guide into one of the mediums at the end of the sessions, with the aim of processing a vibrational cleansing. This is a common procedure in Umbanda work.

Disobsession work: In these activities, it is often necessary to confront rebellious spirits with uncomfortable situations from the past or future in order to clarify them. In these situations, the aim is to make these spirits feel the environment, that is,

resonate with the oppressive vibrations they themselves have triggered in the past, so that they understand the disharmony they have caused and its consequences. Attunement is established by projecting energies in the form of pulses, through counting.

Vibratory attunement: The technique of vibratory resonance allows a connection to be established between the sensitive and the disembodied spirit. It is also possible to connect one spirit to another, allowing them to relive scenes from the past with the characters involved, thus clarifying problems in the current life.

Effect of attunement with a spirit of low vibrational pattern on the medium: When a medium attunes to a spirit that has a low vibrational pattern, he or she will temporarily suffer from the fluidic limitations of that spirit. This situation can be uncomfortable and cause negative sensations in the medium.

What to do then? To stop this effect, it is necessary to raise the medium's vibrational pattern after disincorporation. This can be achieved through energy cleansing and harmonization techniques.

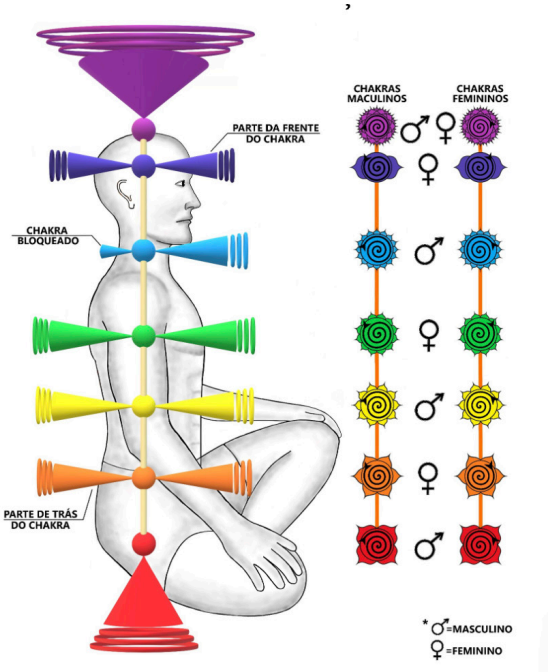
Application of the spirit's attunement to situations or environments: The law of attunement is applied when a suffering spirit does not voluntarily accept to attune itself to its antecedents, but we perceive that this vision can help it on its journey.

For what purpose? In disobsession processes, it is sometimes necessary to lead the rebellious spirit to confront situations from the past or future in order to clarify it, helping it to understand

understand the consequences of their actions and seek evolution.

Possibilities of attunement with this technique: It is possible to establish a vibrational attunement between the sensitive (medium) and the disembodied spirit. In addition, it is possible to connect one spirit to another, allowing them to relive scenes from the past and clarify problems in their current life.

Understanding the Law as the “law of incorporation”: Yes, we can understand this law as the “law of incorporation”. This is because it explains the phenomenon of harmony between spirits, whether incarnate or discarnate, enabling communication between them in various ways.



9 # LAWAPOMETRY

Displacement of a spirit in space and time

The Ninth Law of Apometry is the Law of Displacement of a Spirit in Space-Time. Let's explore this concept in a didactic way:

What is the Ninth Law of Apometry?

The Ninth Law of Apometry deals with the movement of a spirit in space-
- time. This means that through specific techniques it is possible to move a spirit to different points in time and space.

How does this law work?

This law applies when a spirit needs to relive certain moments from the past or have a vision of the future. This usually occurs when the spirit needs to understand the consequences of its actions, learn from past experiences, or have a vision of what might happen if it continues with certain behaviors.

In the context of Apometry, mediums have the ability to help spirits move through time and space. They do this by projecting energy in the form of rhythmic pulses and commanding the spirit to move to the desired point in time and space.

Why is this law important?

This law is a valuable tool in Apometry. It allows spirits to have a deeper understanding of their lives and actions. By reliving the past or visualizing the future, they can gain a new perspective and, with that, they can grow and evolve spiritually.

How is this law applied?

In practice, the medium, after coming into contact with the spirit, projects energy and commands the movement of that spirit in time and space. This can be done to make the spirit relive moments from the past, or even to glimpse the future.

Applying this law requires skill and care. The medium must have a clear understanding of the purpose of the displacement in time and space, and must always act with respect and consideration for the spirit. After all, the goal is to help the spirit in its process of evolution and understanding.



1 0 # LAWAPOMETRY

Time/Space Dissociation

The Tenth Law of Apometry is a very complex issue, so let's try to understand it in a simpler and more didactic way:

What is the Tenth Law of Apometry?

The Tenth Law of Apometry deals with the effect of time acceleration on a spirit. By accelerating time, an embodied spirit can be projected into the future. In this new context, the spirit immediately finds itself under the influence of all the negative karmic energies it carries, which we call its karmic specific weight (Km).

How does this law work?

Time acceleration is achieved through energy pulses. When these pulses are applied, the spirit undergoes a sudden change, a quantum leap, and is transported to an astral region that is in accordance with its vibratory field and its Km.

Km is the measure of the negative karmic energy that a person carries. It is considered the karmic mass to be redeemed by an individual and, because it is specific to each person, it is called “specific weight”. The factor 'm' represents the disharmonious malevolent mass.

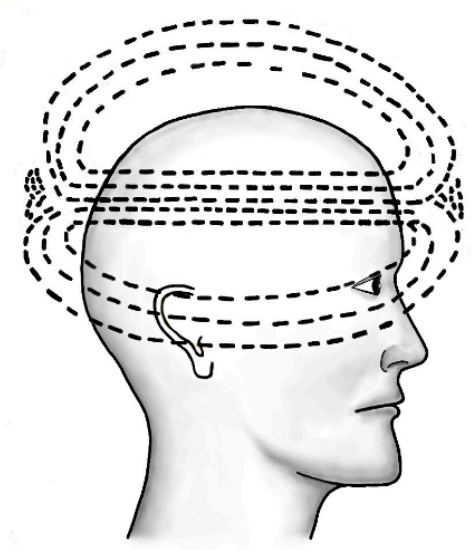
Why is this law important?

This law is fundamental for the treatment of obsessive spirits that are simple but persistent. The displacement to the future allows the spirit to spirit directly confronts the weight of its negative karmic energy, which can be a crucial step towards its treatment and evolution.

How is this law applied?

By accelerating time through energy pulses, the spirit is projected into the future, making a quantum leap. This leap is not progressive, but rather instantaneous, and the spirit finds itself in an often hostile environment, inhabited by beings who are in tune with its vibrational frequency.

This technique requires great care and skill, as it projects the spirit into a situation that can be very challenging. The goal is always to assist in the spirit's process of evolution, helping it to deal with the consequences of its past actions.



Understanding the tenth law of Apometry can be a challenge, so let's break it down in a didactic way to make it easier to understand.

What happens when you dissociate Space-
- Time?

In situations where Space-Time is dissociated, a very particular phenomenon occurs. If we accelerate Time, the karmic burden, which would normally be distributed over, for example, 300 years, ends up accumulating all at once on the spirit. This results in a feeling of intense oppression, which can be quite uncomfortable for the spirit. But, even if it is an uncomfortable situation, it is momentary and can be useful to show the spirit the consequences of its actions and their negative impact on the harmony of the cosmos.

How is this technique applied?

The technique for doing this is relatively simple. We project magnetic energies in rhythmic pulses and by counting, onto the embodied spirit, while giving the order for it to jump into the future. It is important to emphasize that this technique should only be used with disembodied spirits, for the purpose of enlightenment. The quantum leap occurs immediately and the spirit finds itself in a new environment, deeply feeling the hostility of the place and confronting all the accumulated negative karmic mass.

What care is necessary?

Care must be taken when applying this technique. If the spirit is disconnected from the medium abruptly and without preparation, it can be crushed by the accumulated energy field, leading to the destruction of its astral body and turning it into an “ovoid”. To avoid this, the spirit must be brought back to the present time slowly and carefully before being disconnected from the medium.

How does the issue of Karma work in this process?

When the spirit is projected into the future, it is faced with a new equation of Time. The future has not yet been lived by it, but its negative Karma (Km) continues to burden it.
- it. Since this Km has not yet been redeemed, it has not been distributed throughout Time and remains condensed and accumulated on the spirit's astral body. If the spirit is abruptly disconnected from the medium, all this negative mass rushes over it at once, resulting in its reduction to an “ovoid”.

To understand this better, imagine that this spirit has a truckload of bricks to unload over several days, but by some accident, the entire load falls on him at once. The crushing would be inevitable.

What is Km?

Km is the specific weight of the individual's Karma, that is, the negative karmic energy that he carries.

1 1 # LAWAPOMETRY

Telluric Action on disembodied spirits

Unraveling the complexity of life after death can be challenging, but let's try to simplify the concept you asked to be written.

There are situations where a disembodied spirit, who possesses a strong mind and intelligence, manages to resist the Law of Reincarnation. He does this by suspending the application of this law to himself for extended periods of time, generally motivated by petty interests of power and domination of other beings, both incarnate and discarnate.

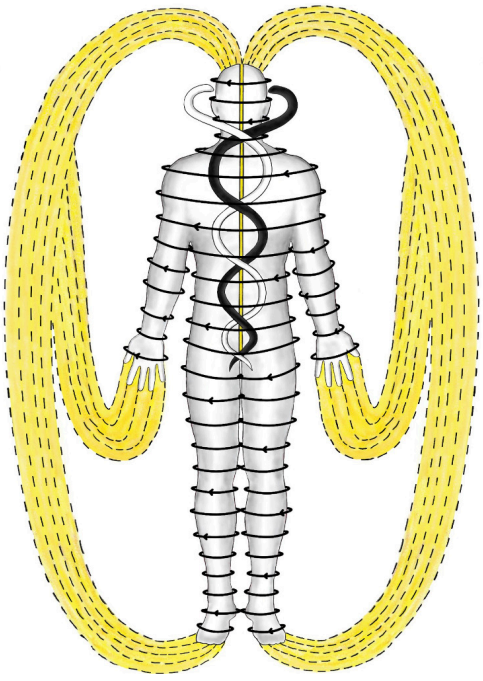
The result of this resistance is that the spirit begins to be attracted to the planet's magnetic mass. This process is slow but progressive, and the spirit ends up tuning in to the planet. Unfortunately, the consequence of this is the deterioration of the spirit's vibratory pattern, since the planet exerts a destructive and deforming action on it, which ends up deteriorating the spirit's form and everything around it.

Adaptation to the environment is an essential part of life and is explored in detail by the biological sciences. However, it is important to remember that the source of life is the spirit, and the medium of the spirit is eternity. Each time a spirit reincarnates, immersing itself in a particular time and place, it is faced with cosmic and eternal choices.

The spirit then has two options: to evolve, increasing the light of itself that it has gained through previous experiences, or to regress, creating its own shadows and the pains he will have to endure to readjust to the Cosmic Harmony, which he himself disturbed.

The evolution of the spirit is a continuous process, with occasional advances and setbacks. When a human being commits crimes, immerses himself in perversions and vices, to the point of regressing in his evolution, it is known that upon disincarnating, this spirit will feel all the consequences of his actions.

The spirit will assume a form appropriate to the environment it has created: a degraded, misshapen, monstrous astral body. When it realizes that other companions, who were slender when incarnated, have transformed and assumed the appearance of animals, it will understand that the degradation of its form is parallel to its spiritual degradation. The legends of men who transform into animals, known as zoanthropy, have a permanent reality on the astral plane.



The deterioration of the spiritual form may seem like a terrifying process, but it is important to remember that when viewed from the perspective of eternity, it is temporary and comparable to the duration of a curable disease. Sooner or later, the spirit reintegrates itself into the flow of reincarnations and thus, through the cycles of life and death, resumes the path it had lost.

However, the situation becomes much more serious when a spirit systematically disregards the Law of Reincarnation. This is not a common phenomenon, and occurs mainly with extremely negative entities with powerful minds, such as black magicians. These beings have the audacity and ability to despise and reject life.

For about five years, we have been carefully observing spirits who avoid reincarnation at all costs, even interrupting the reincarnation process itself for millennia. These spirits begin to suffer an almost imperceptible, but slow and inexorable action, of the coercive and primitive magnetism of the planet.

As a result, the astral body deteriorates and wears out, the spirit loses its normal appearance and transforms into a repulsive creature. This process is similar to the aging of a house, where the action of time causes signs of progressive ruin, such as the displacement of walls, cracks and loss of plaster. This degradation is so slow that the spirit itself usually does not realize it is happening. The seriousness of this lies in the fact that, as far as is known, the deformation cannot be reversed. We have observed many black magicians exhibiting these signs of decay, in more than thirty cases.

Divine Laws cannot be violated with impunity. He who opposes the cycle of reincarnations, rejecting evolutionary opportunities; he who abhors experiences in the flesh; he who prefers the illusions of power, through the tyrannical domination of incarnate or discarnate beings, or even of vast regions of the lower astral; this spirit ends up clinging, unconsciously and automatically, to the mass of the planet. And sinks into it, in a tragic regression.

This phenomenon only occurs with spirits that have enough intelligence and mental power to interrupt their own reincarnations for centuries. They are spirits of high intelligence and great mental power. However, they are inferior, since they are still subject to the cycle of reincarnations and depend on them to progress on the evolutionary scale.

Superior spirits, who due to evolutionary merit no longer need to incarnate, never experience this type of degradation. They are redeemed, escaping the magnetism of the planet due to the degree of dematerialization they have already achieved.

Knowledge of this Law of Telluric Action is of utmost importance. It provides us with profound spiritual lessons, revealing the evolution of beings and shedding light on hardened spirits who have grown old in evil through the malignant power of their minds. The importance of this Law leads us to illustrate it with the presentation of a case, in the hope that the details of its application will thus become clear.

Does the spirit regress? In what sense? The spirit is always in progress, for it always learns something along the way.

1 2 # LAWAPOMETRY

Shock in Time

The Twelfth Law of Apometry addresses the phenomenon that occurs when a disembodied spirit, embodied in a medium, is taken to the past. In this situation, the temporal unfolding that we know ceases, and the present time is superimposed on the past.

This temporal displacement creates a tension of potential energy between the present and the past. As long as the spirit remains incorporated into the medium, it does not suffer any harm; on the contrary, it begins to experience and perceive the new environmental situation that has been imposed on it.

However, if the spirit is abruptly disconnected from the medium, it leaves the mediator's protective field and becomes, as it were, loose in another spatial dimension.
- temporal. At that moment, it receives the full potential energy created by the displacement.

This energy is so strong that it can destroy the astral structure of the spirit through the shock that is produced, reducing it to a state known as “ovoid”. In this state, the spirit maintains only its superior spiritual structures: the atmic, buddhic and superior mental bodies.

To prevent this aggression to the spirit when it is subjected to treatments in the past, it is necessary to slowly bring it back to the present, through a countdown.

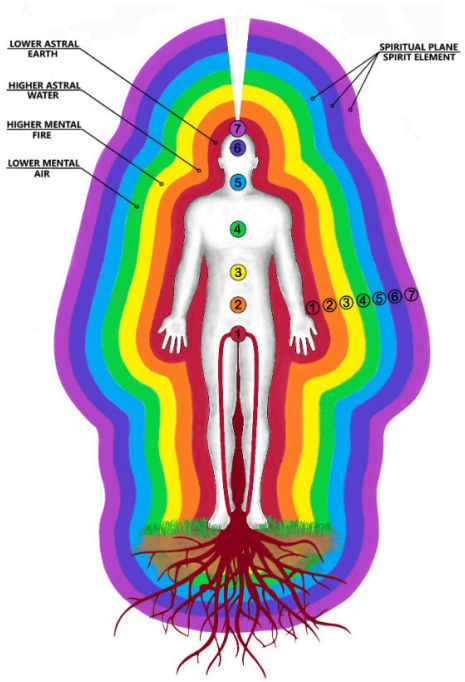
The technique used for this involves the use of energy pulses through counting, as described in previous laws of Apometry.

It is important to note that when a spirit is taken to the past, it may be confronted with events that have already been experienced and are unresolved, having the opportunity to redirect current behaviors.

So, to summarize:

If a spirit is abruptly disconnected from the medium while in the past, it may undergo a process called “ovoidization.”

To avoid this transformation, the spirit must be brought back to the present slowly before being disconnected from the medium.
After ovoidization, the bodies that remain active in the spirit are: Buddhic, Superior Mental and Inferior Mental. We take spirits to the past with the purpose of facing events already experienced and unresolved, providing the opportunity to change current behaviors.



The Twelfth Law of Apometry is a powerful tool in spiritual healing, but it must be used with caution and understanding. As with any healing practice, the principles of respect and non-violence must always be kept in mind.

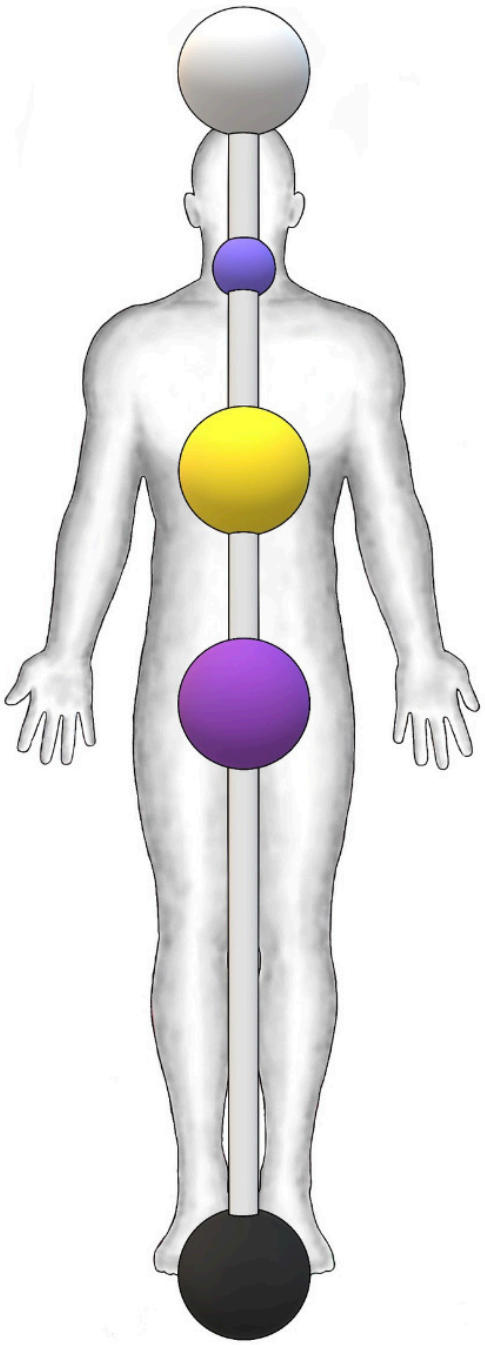
When a spirit is transported to the past, they are like a time traveler, revisiting events and experiences that may have had a significant impact on their evolution. In many cases, these journeys to the past can bring to light traumas or emotional wounds that have not yet been healed, and that are preventing the spirit from progressing.

By bringing these unresolved issues to the surface, the spirit has the opportunity to face them and work to overcome them, which can lead to significant growth and development.

However, this time travel is not without its risks. If the spirit is abruptly disconnected from the medium during the journey, it may suffer a form of spiritual trauma known as “ovoidization.” This occurs when the spirit’s astral structure is destroyed by the energy shock caused by the abrupt return to the present, leaving the spirit in a reduced state.

To avoid this, it is crucial that the spirit is brought back to the present in a gradual and controlled manner, usually through a countdown. This allows the spirit to adjust to the energy shift and avoids the shock that can lead to ovoidization.

In short, the Twelfth Law of Apometry teaches us about the importance of care and consideration. when dealing with the subtle energies of the spirit. It shows us that while time travel can be a powerful tool for healing and spiritual growth, it must also be used wisely and respectfully.



1 3 # LAWAPOMETRY

Influence of disembodied spirits in suffering

The Thirteenth Law of Apometry concerns the connection between an individual and suffering souls in their past. The law suggests that as long as there are suffering spirits linked to an individual's past, disobsession treatments may not be completely successful. This may result in a cyclical pattern of improvement and relapse, with periods of well-being followed by episodes of deep depression or psychomotor agitation.

To address this, the apometric technique involves first treating the obsessive spirits that surround the patient. These spirits are then directed to specialized areas of the astral plane, where they can receive appropriate treatment. It is crucial to remember that an obsessive spirit should only be treated once. If the treatment is carried out correctly, with the appropriate spiritual assistance, all the evil spirits can be permanently removed in a single contact.

Allowing obsessive spirits to be free after a brief explanation can be a mistake. A simple conversation lasting a few minutes will not dissuade stubborn persecutors or black magicians. This classic procedure can make the work fruitless and even harmful. The complete removal of these beings can be accomplished in a few sessions.

If the patient does not show definitive improvements after this stage, it is necessary to investigate his incarnations. previous ones. To this end, the frequencies of these incarnations are opened to assist spirits who are trapped in time. Often, these spirits are suffering deeply. Some are still chained in dungeons, others live in caves or hide in the woods, fearful, hungry and ragged. They curse those who have harmed them, forming magnetic fields of hatred, despair and pain, which are deeply damaging.

Therefore, the Thirteenth Law of Apometry highlights the importance of dealing with all aspects of spiritual suffering, both present and past, to achieve true healing and liberation.

The Thirteenth Law of Apometry also refers to the influence of spirits that are trapped in the past on the incarnated individual. According to this law, when an individual receives relief after the departure of the closest spirits - those present in the current incarnation - this relief may not be lasting. This happens because the low-frequency vibrational bands from the past can return and become present again, due to vibrational resonance.

The incarnated individual, being a participant or a causer of these turbulent pasts, continues to receive emanations of these bands of pain and hatred. This results in deep and indefinite anguish, suffering and despair. True peace will only be achieved when the past is resolved in a sustainable way.

1 4 # LAWAPOMETRY

Convergence of causality factors

The Fourteenth Law of Apometry involves the way in which several facts, both objective and subjective, can converge in a restricted area of Space-Time to create a specific event. This law aims to coordinate phenomena such as clairvoyance, precognition, premonition and even prophecy, the mechanisms of which are still unknown to humanity.

To date, we have no logical explanation for how a human being can accurately predict a future event, whether near or distant, as well as have intuitive knowledge or perceive events that are occurring in the present moment but in distant places.

This ability is not exclusive to humans, but seems to be shared by all animal species, being more pronounced in higher animals. They all have a mysterious sixth sense, which allows them to foresee situations that, if realized, could put their physical integrity at risk. Consequently, this sense gives them time to move away from places that will be affected.

An interesting example in history is the eruption of Mount Vesuvius in 79 AD, which destroyed the cities of Herculaneum, Stabiae, and Pompeii. Three days before the disaster, the animals of Pompeii, including dogs, cats, horses, and birds, seemed to sense the catastrophe and fled the site. Those that were trapped or stabled and could not escape were extremely uneasy. quiet.

This example illustrates how this apometry law can manifest itself. However, there is still much to be explored and understood about these phenomena and how they occur.

First, we need to focus on the sensitive individual, the one who is able to pierce through the fog of time. Who really has this ability?

We believe that only a few people are gifted with stronger psychic energies than most, allowing them to “ascend” beyond the limitations of their environment to glimpse realities that do not yet exist.

John, in the book of Revelation, said, “On the Lord’s day I was in the Spirit and heard a loud voice behind me.” Paul, in Corinthians, exhorted, “Pursue love. But desire the gifts of the Spirit, especially prophecy.”

This ability is highly individual and specific. The phenomenon of “ascending,” of freeing ourselves from the limited environment in which we live materially, in body and spirit, is necessary for us to enter another dimension, as John suggested when he recounted the Apocalypse: “On the Lord’s day I was moved by the Spirit...”

OBSERVATIONSGENERAL

Respect, commitment and professionalism

To conclude this chapter, I invite you to reflect on the essence of apometry and the seriousness required in its work. The content presented here is deep and detailed. However, many aspects, complexities and nuances can only be fully understood through practical experience.

Before you try any test or apply this knowledge, I recommend that you look for groups specialized in apometry in your city. It is important to note that apometry is not linked to a specific religion. Many spiritualist centers, followers of Umbanda and even Christians use this technique.

I invite you to delve even deeper into the teachings of apometry and discover the vast universe that exists within and outside of you.

It is crucial to emphasize that the journey in apometry is an ongoing process and not necessarily a final destination. It is a powerful tool that helps us understand our sensitivity, mediumship and all the hidden abilities present in each of us.

Remember: there are many different types of mediums. Some see, others feel or hear. But the reality is that we all have an innate sensitivity. Recognize and value this power within you.

Certainly, many people wonder about the origin and foundations of apometry. It is not just a technique, but a profound exploration of the human soul and the different dimensions of being.

It is a journey of self-knowledge that goes beyond the limits of the tangible. Each experience in apometry is unique and personal, shaped by the experiences, beliefs and emotions of each individual.

It is worth noting that, like any spiritual or therapeutic practice, apometry requires responsibility and ethics. It is not a game or simply a fad, but a commitment to personal growth and evolution.

For those who feel called to this practice, it is essential to seek qualified guidance. Apometry, although powerful, can be misinterpreted or applied inappropriately. Therefore, it is always important to surround yourself with professionals and scholars who respect and understand its depth.

By delving deeper into apometry, you not only discover more about yourself, but you also expand your understanding of the universe and the infinite possibilities it offers. It is a journey that invites introspection, discovery and connection with the divine that dwells within each of us.

So, when you seek this practice, do so with an open heart and a receptive mind. Apometry is an invitation to see beyond the visible, to touch the essence of life and to transform yourself deeply. Recognize this opportunity and embrace it with dedication and love.

MANUAL RADIESTHESIA

FUNDAMENTALSRADIESTHESIA

Powerful Identification and Healing Tool

Radiesthesia is an ancient technique that involves using instruments such as twigs, pendulums and rods to detect and measure energy fields. It has its roots in the technique known as “dowsing”, which was used to find groundwater.

Radiesthesia is a technique that is still widely used today, especially in the United States, to identify artesian wells. Companies specialized in this technique exist and are used for this purpose.

Radiesthesia is a simple and practical technique that does not require special skills or esoteric knowledge to be used. Furthermore, it has no religious or spiritual content.

The purpose of this text is to show readers how radiesthesia can be used in everyday life to identify patterns, obtain answers, restore their energies, emotions and energy fields. In addition, graphs used in radiesthesia treatments, their meanings, uses and application indications will be provided.

Radiesthesia is a technique that can be used to detect and measure energy fields in different contexts, such as:

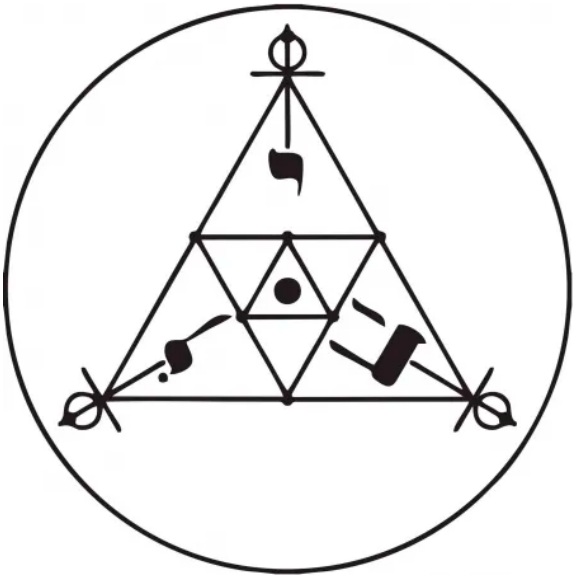
Finding groundwater or minerals

Identify areas with radiation or other energy sources
Measure the energy quality of an environment or object

Locate energy faults or blockages in humans or animals. Identify the presence of spirits or entities.

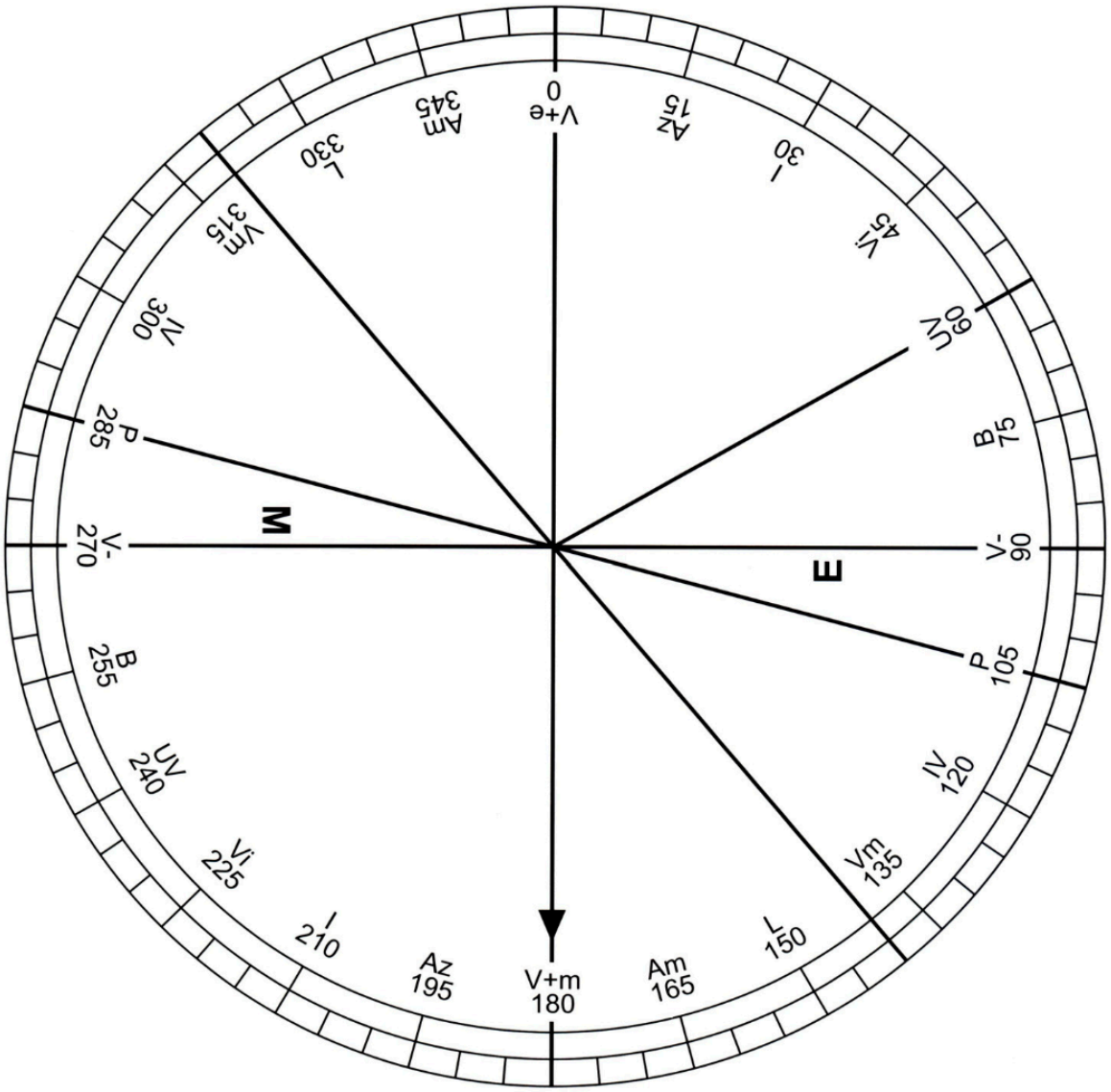
In addition, radiesthesia can also be used for energy healing, cleansing environments and balancing chakras. The technique can be used to measure the energy of food, medicine, plants and even clothing.

It is important to note that radiesthesia is a subjective technique and, as such, depends on the skill and sensitivity of the practitioner to interpret the results. Furthermore, it is important to remember that radiesthesia is not a scientifically proven science and the results obtained with this technique should be interpreted with caution.



DISKEQUATORIAL

life around us.



In radiesthesia and radionic tables, the equatorial disc is a tool that is used to help balance and harmonize energies.

In dowsing, which is a practice that involves detecting energies and vibrations, the equatorial disc can be used to identify energy imbalances. This may involve using the disc to check for the presence of negative or harmful energy, and then using the disc to rebalance that energy.

On radionic tables, which are used for diagnosis and treatment of energy imbalances, the equatorial disc can be used as a tool to help direct and focus energy during the treatment process. This may involve placing the disc over a specific point on the radionic table to

help channel energy to that point.

The equatorial disc itself is usually made of metal or some type of crystal, and can be programmed with different energies or vibrations to aid in the energetic harmonization process. The use of the equatorial disc can vary depending on the practitioner and the specific type of dowsing or radionic table being used.

Step by step guide on how to use the equatorial disk:

Programming the Disc: Before you begin using the equatorial disc, you must program it with your desired intention. This can be done by holding the disc in your hands and focusing on the energy or outcome you wish to manifest. Some practitioners may also use verbal statements or affirmations to help program the disc.

Identifying Unbalanced Energy: Once the disc is programmed, you can begin using it to identify unbalanced energy. This is usually done by holding the disc over the person, object or area being tested. You should then feel for any changes in the disc's energy – this may be a physical sensation, such as a tug or a change in temperature, or it may be an intuition or feeling.

Rebalancing Energy: If the disc indicates that there is imbalanced energy, the next step is to use the disc to help rebalance that energy. This can be done by moving the disc in a specific pattern, or by focusing on the disc.
- if you channel balanced energy through the disc to the person or object.

Balance Check: After rebalancing, you should recheck the power using the disk to confirm that balance has been restored.

Disk Cleanup: After use, it is important to cleanse the disc to remove any residual energy. This can be done by holding the disc under running water, burying it in the earth, or using sage or incense smoke.

Reported benefits of using the equatorial disk may include:

Energy Harmonization: The main benefit of the equatorial disc is its ability to detect and rebalance imbalanced energy, which can help promote a greater sense of harmony and balance.

Health and Wellbeing: Some practitioners believe that using the equatorial disc can help promote physical and mental health by reducing stress and improving overall well-being.

Energy Cleansing: The equatorial disc can be used to clear negative or stagnant energy from people, objects or areas, which can help improve the overall energy of the environment.

Meditation and Focus: Using the equatorial disc can help improve focus and concentration during meditation or other spiritual practices.

BODYVITAL

Vitality arises from...

The idea behind the Life Field chart is that all living things possess a vital energy, or life force, that can be measured and analyzed. According to this belief, when a person's life energy is balanced and flowing freely, they are in a state of health and well-being. However, when this energy is blocked or out of balance, it can lead to health problems or discomfort.

In using the Vital Field chart, a pendulum is usually hung over the chart and the person performing the reading asks specific questions or sets intentions related to the subject's energy field. The movement of the pendulum over the chart is then observed and interpreted to provide information about the state of the subject's vital field.

The Vital Field Chart is a tool in dowsing for analyzing the "vital energy" of beings and objects using a pendulum. This energy is believed to reflect the health and well-being of a being. Here's how to use it:

Preparation: Have a clean pendulum and Life Field Chart.
Question: Hold the pendulum in the center of the chart and ask a mental question related to the energy field, such as "What is the state of this person's life field?"
Interpretation: Observe the movement of the pendulum. The direction indicates the energetic state of the subject.
Registration: Note the results to track energy changes in the future.

Cleaning: Wash the pendulum after use or use methods such as sage smoke to clean it.
Benefits:

Measure someone's vital energy. Identify energy imbalances. Monitor energy treatments. Improve intuition when interpreting the pendulum.

Points to Consider:

Subjectivity: The interpretation of the pendulum's movement can vary from person to person. Therefore, it is crucial to practice regularly and develop a personal understanding of what the movements mean to you.

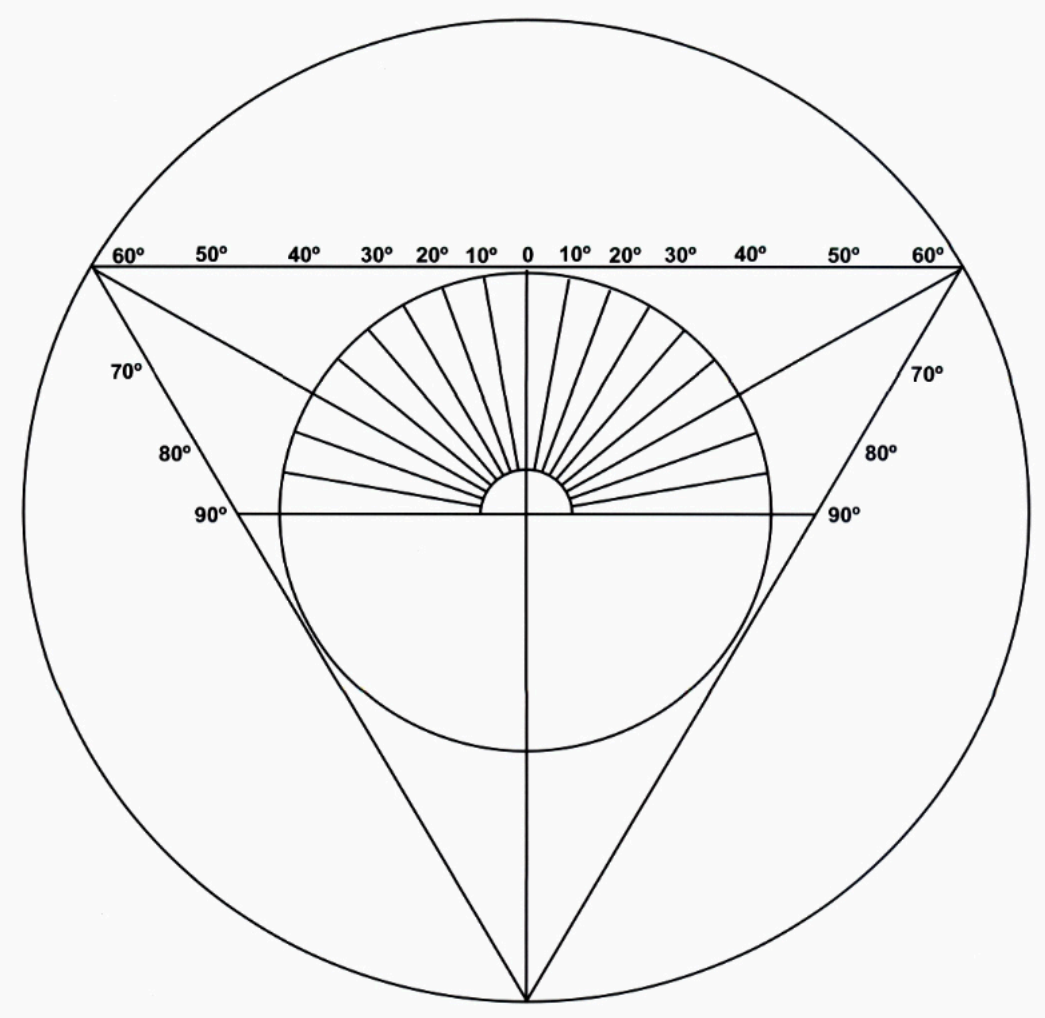
Environment: When using the Vital Field Chart, choose a quiet location free from outside interference. Distractions can influence the accuracy of the readings.

Approach with Respect: Radiesthesia, like any other spiritual or energetic practice, should be approached with respect and seriousness. Never use the tool frivolously or without a clear purpose.

Health and Wellness: While the chart may indicate energy imbalances, it should not be used as a substitute for medical advice or professional treatment. If someone is experiencing health concerns, it is essential to consult a healthcare professional.

GRAPHICDEWOOD

Energy Levels



The Wood chart is a tool often used in radiesthesia and radionics practices. It is typically used to measure the vital energy levels of an individual, environment or object.

The Wood chart is named after its creator, Malcolm Rae, a famous British dowser and radionician. Despite the name “Wood”, the tool has no direct relation to wood; it is simply a name given to the chart.

As an assessment tool, the Wood chart is typically used in conjunction with a pendulum. The person performing the reading will hold the pendulum over the chart and ask questions or express intentions. The direction in which the pendulum moves in response to these questions or intentions is interpreted to provide information about the life energy of the subject in question.

The Wood chart itself is composed of a series of concentric lines divided into segments, each representing a different level of life energy. The position of the pendulum over a specific segment indicates the level of life energy present.

Practitioners of these techniques believe that the Wood chart can be a useful tool for identifying energy imbalances and for assisting in promoting energy healing.

Prepare your Pendulum and Wood's Chart: First, you will need a pendulum and a Wood's Chart. Make sure the pendulum is clear of any previous energies.

Ask a Question or State an Intention: Hold the pendulum over the center of the chart. Then, mentally formulate a question or state an intention. The question or intention should be related to the level of life energy you wish to measure. For example, you might ask, “What is this person’s life energy level?”

Interpret the Pendulum's Movement: After formulating your question or intention, observe the movement of the pendulum. The pendulum will begin to move toward one of the segments on the chart. Each segment on the Wood Chart represents a different level of life energy. The segment to which the pendulum is drawn indicates the level of life energy of the subject in question.

Record the Results: After interpreting the pendulum's movement, record the results for future reference. These results can be used to track changes in your life energy level over time.

Clean the Pendulum: After use, clean the pendulum to remove any residual energy. This can be done by holding the pendulum under running water, burying it in the ground, or using the smoke of sage or incense.

Benefits of using the Wood Chart may include:

Measuring Life Energy: The Wood Chart allows you to measure the level of life energy in a person, environment or object. This can provide useful insight into energetic health and well-being.

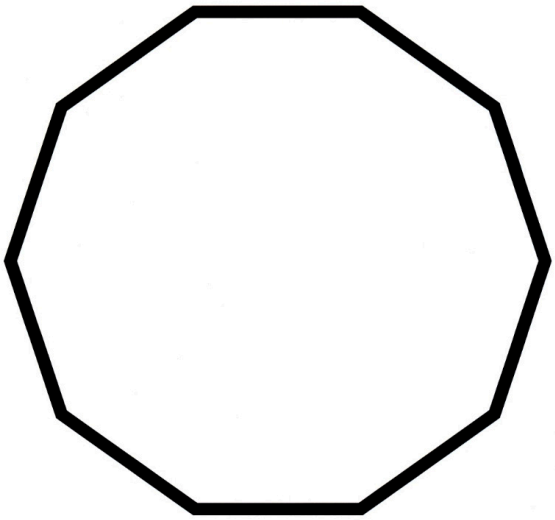
Identifying Energy Imbalances: The Wood Chart can help identify energy imbalances that may be negatively affecting health and well-being.

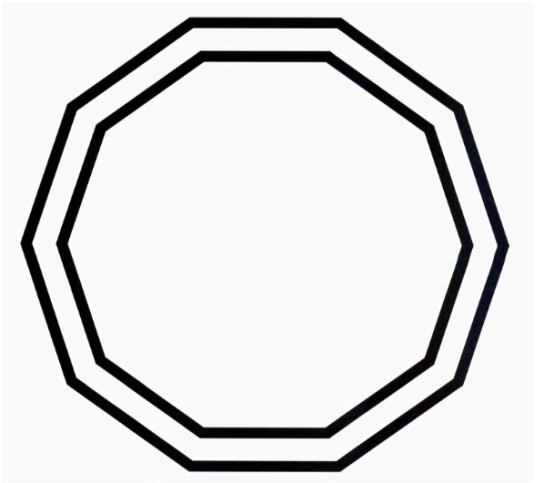
Energy Healing Monitoring: If you are using energy healing techniques, the Wood Chart can be a useful tool for monitoring the progress and effectiveness of these techniques.

Developing Intuition: Using the Wood Chart can help develop your intuitive abilities as you learn to interpret the movement of the pendulum.

GRAPHICDECAGON

Intensity assessment





Shape and Structure: As its name suggests, the decagon is a geometric figure with ten sides. In terms of dowsing, this shape is often divided into ten segments or areas.

Common Uses: The decagon is often used to gauge energy levels or to classify and evaluate intensities. Each segment or area of the chart can be associated with a specific intensity level or category.

Interpretation: When using a pendulum on the decagon chart, the movement of the pendulum to a specific area or segment of the chart indicates a response. The position and movement of the pendulum on the chart helps the dowser interpret the information or energy being evaluated.

Versatility: The beauty of the chart

The great thing about the cagon is its versatility. It can be customized to suit a variety of needs. For example, it can be used to assess energy levels in different areas of a person's life, such as health, finances, relationships, etc.

Connection to Numerology: The number ten has its own spiritual and numerological meaning. In numerology, the number ten is often associated with completeness or a return to unity. Therefore, the decagon can also be used in esoteric practices that incorporate numerology.

Work Environment: Start by choosing a quiet, distraction-free environment. Some practitioners also choose to purify the space using incense or another method of their choice.

Positioning: Place the decagon chart on a flat surface, preferably in front of you. Sit down
- sit comfortably and breathe deeply.

evenly a few times to center yourself.

Question Formulation: Before you begin, have in mind a clear and specific question that you want to answer. Remember that the question should be appropriate for the type of chart you are using.

Using the Pendulum: Hold the pendulum by the chain or cord, allowing the pendant portion to hang freely above the chart. Ask the pendulum for permission to begin the session, then ask your question.

Interpretation: Observe the movement of the pendulum. If it moves toward a specific segment of the decagon, interpret the answer based on the meaning of that segment. For example, if you are evaluating energy levels in various areas of your life and the pendulum moves to the segment labeled “health,” this indicates that your health is the area that needs the most attention at the moment.

Finalization: Once you have received your answer, thank the pendulum and store it, along with the graph, in a safe place.

Benefits of Using the Decagon Chart in Radiesthesia:

Deep Insights: The decagon can offer deeper insights into various areas of life, helping the practitioner to understand and balance their energies.

Versatility: Due to its ten-segment structure, the decagon chart is versatile and can be adapted for different purposes and questions.

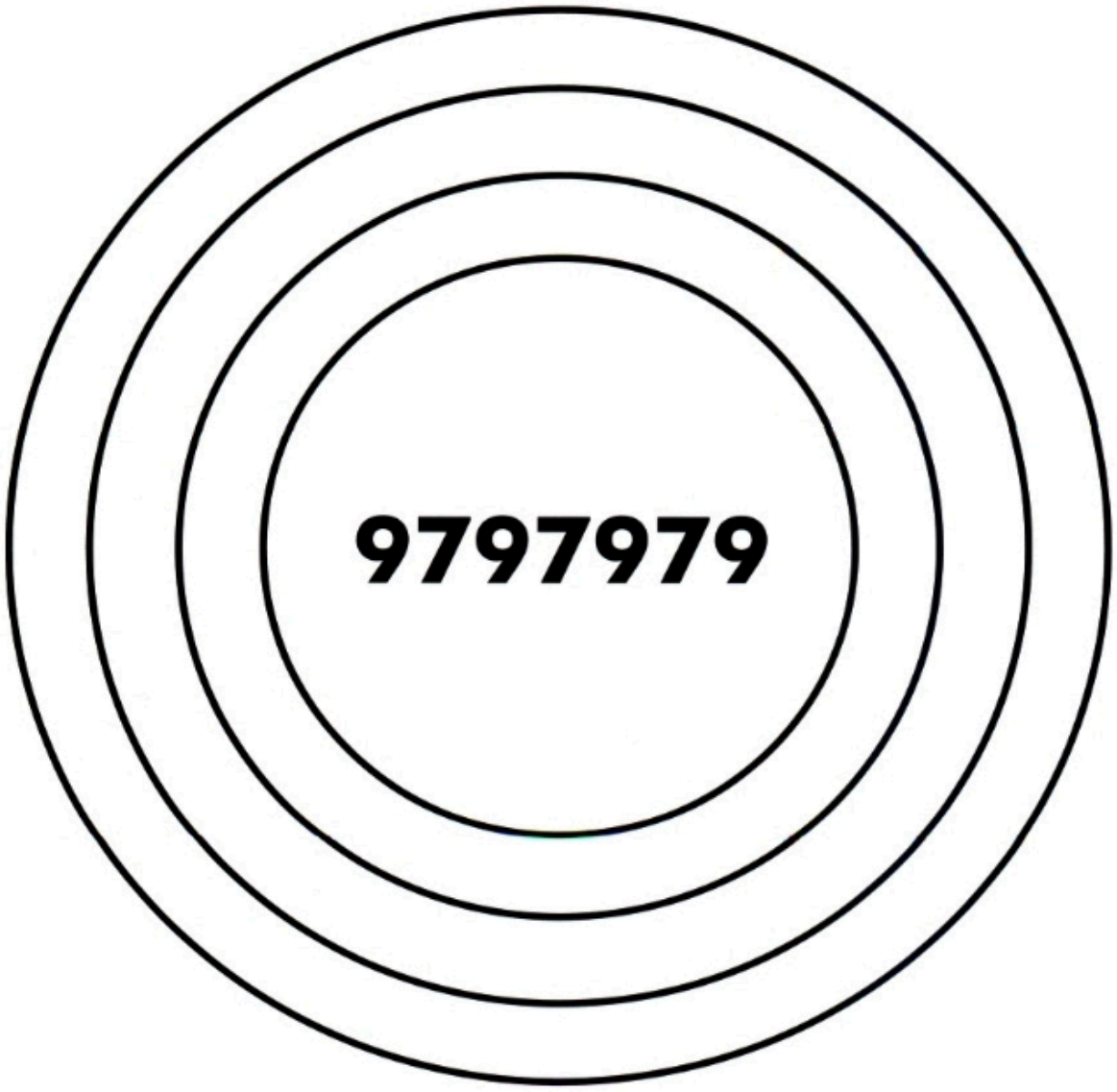
Tool of Self-Knowledge: Through regular use, the chart can become a powerful tool for self-knowledge, helping the individual to become more aware of their energetic patterns and areas that need harmonization.

Promoting Balance: By identifying imbalances or areas of concern, the chart helps the practitioner take steps to restore balance in their life.

Spiritual Connection: For many, the practice of radiesthesia is also a form of meditation and spiritual connection, deepening the individual's relationship with the universe and the understanding of subtle energies.

HIGHVITALITY

Energy restoration



The High Vitality Chart is a tool used in radiesthesia and radionics that aims to evaluate and, often, assist in raising the energy or vitality level of an individual, object or environment. Like other radiesthetic tools, it is generally used in conjunction with a pendulum.

The idea behind the High Vitality chart is that life energy, also known as life force or “chi,” can be manipulated or adjusted to improve health and well-being. When life energy is high or in balance, it is believed that an individual can experience greater health, well-being, and vitality. Conversely, low or unbalanced levels of life energy can, according to this view, lead to illness or malaise.

In using the High Vitality chart, the pendulum is usually hung over the chart and the person performing the reading sets specific intentions or asks questions related to the subject's vitality. For example, an intention might be "To increase this person's vitality." It is believed that the movement of the pendulum over the chart can help direct energy toward fulfilling this intention.

Prepare your Pendulum and High Vitality Chart: First, you will need a pendulum and a High Vitality Chart. Make sure the pendulum is clear of any previous energies.

State an Intention: Hold the pendulum over the center of the chart. Then state an intention related to the vitality you wish to increase. For example, you might state, "Increase this person's vitality."

Move the Pendulum: Begin to move the pendulum in a clockwise circular pattern over the chart, keeping your intention clear in your mind. Continue this movement for a period of time that feels appropriate to you, usually until you intuitively feel that the session is complete.

End the Session: When you feel the session is complete, stop the pendulum movement and give thanks. Some practitioners may choose to seal the session with a special gesture, word or phrase.

Cleanse the Pendulum: After use, cleanse the pendulum to remove any residual energy. This can be done by holding the pendulum under running water, burying it in the ground, or using the smoke of sage or incense.

Benefits of using the High Vitality Chart may include:

Increased Vitality: The main goal of the High Vitality Chart is to increase life energy or vitality. This can lead to a greater sense of energy, well-being, and overall health.

Energy Balance: Using the High Vitality Chart can help balance the energy field, which can contribute to overall health and well-being.

Improved Emotional and Mental Well-Being: By increasing vitality, you may also experience improvements in emotional and mental well-being.

Developing Intuition: Using the High Vitality Chart can help develop your intuitive abilities as you learn to sense when a session is complete.

GRAPHICKEITI

Energy symbols



The Keiti chart is one of the charts used in radiesthesia and radionics, and is well known by practitioners of these techniques. This chart is generally composed of a series of concentric rings, divided into 12 sectors. Each sector is associated with a different aspect of life or personality, similar to the signs of the zodiac in astrology.

Within each sector, there are a number of keywords that represent different aspects of that area of life. For example, a sector might represent health and might include keywords such as “digestion,” “heart,” “nervous system,” etc.

Keiti chart sectors can include, but are not limited to, areas such as:

- Physical and mental health
- Personal and interpersonal relationships
- Career and finance
- Spirituality and personal growth
- Education and learning

To use the Keiti chart, the practitioner usually uses a pendulum, which is a suspended object that can move.
- freely. The practitioner holds the pendulum over the Keiti chart and asks a question or seeks guidance in a specific area of life. The movement of the pendulum over the chart is then interpreted to provide the desired answer or guidance.

Despite its popularity in certain circles, it is important to emphasize that the use of the Keiti chart and the practice of dowsing are not recognized or supported by mainstream science. Many critics view dowsing and the use of charts such as the Keiti as pseudoscience, and there is no rigorous scientific evidence to support their effectiveness. However, many people find value and personal benefit in these practices, and they remain an important part of many spiritual and holistic belief systems.

Here are the general steps for using the Keiti chart:

Prepare yourself: As with any spiritual practice, it is important to be in a calm and focused state. Take deep breaths, meditate, or do whatever it takes to achieve this state.

Formulate Your Question: Think about the question you want to answer. The question should be specific and clear. For example, “What aspect of my health do I need to focus on?” or “What area of my life needs more attention?”

Use the Pendulum: Hold the pendulum over the center of the Keiti chart. Ask permission to obtain the information, then ask your question.

Interpret the Pendulum's Movement: Let the pendulum move freely. Observe the sector of the chart where the pendulum moves. This sector represents the answer to your question. You can also use the pendulum to get more detailed information within each sector by pointing to key words.

Record the Results: After interpreting the pendulum's motion, it is helpful write down what has been revealed for future reference. Often, information may not make sense immediately, but it may become clear over time or as events unfold.

Repeat if Necessary: If you don't get a clear answer or if you feel like the pendulum is undecided, you can try again. Sometimes taking a break and coming back to it later can help you get clearer answers.

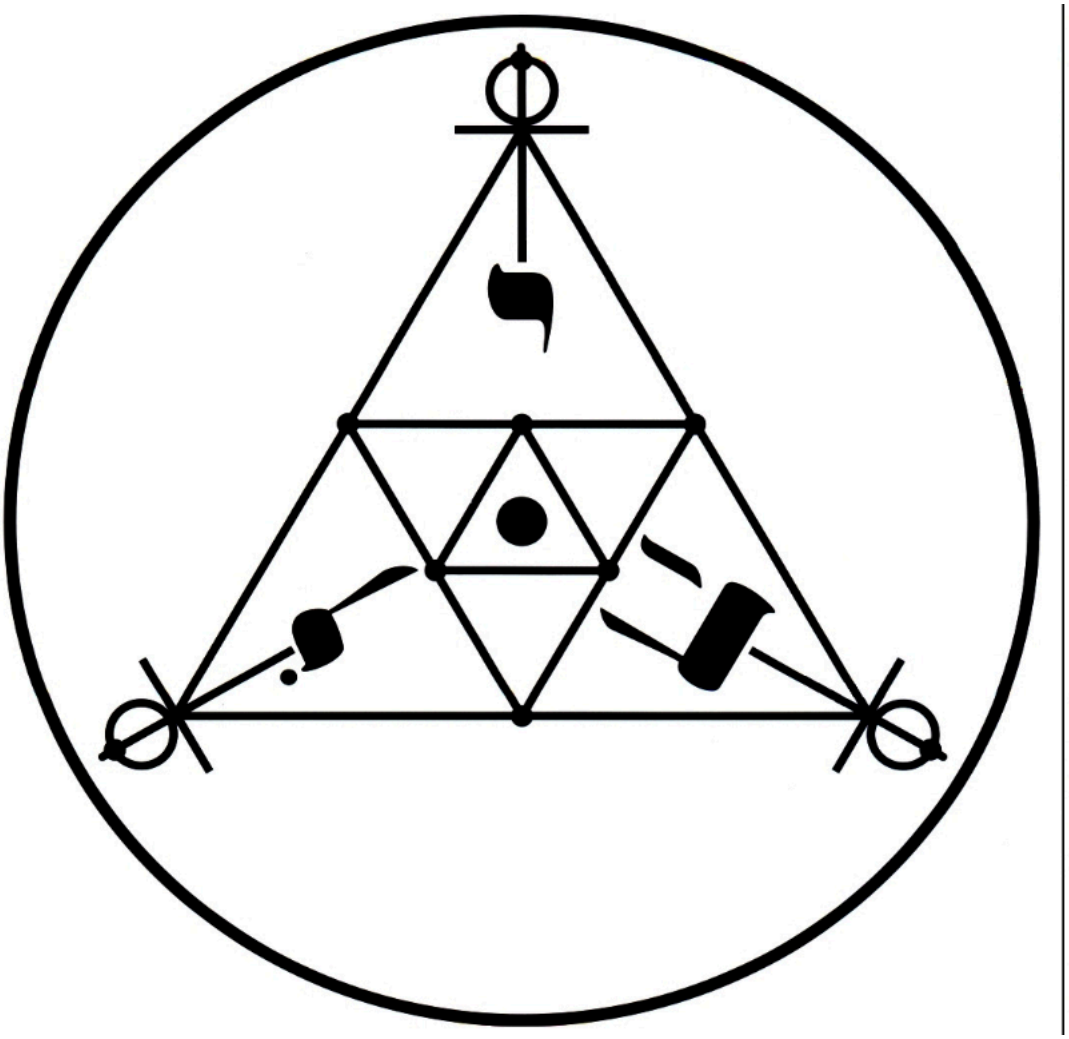
Trust Your Intuition: While the pendulum and Keiti chart can provide guidance, it is always important to trust your own intuition and discernment when interpreting the messages. Answers can be subjective, and in many cases, true wisdom comes from listening to your own gut.

Conclusion:

The Keiti chart, like other dowsing tools, is simply a way to access and interpret the subtle energy that surrounds us. While it may not be accepted by mainstream science, many find value and insight through its practice. However, it is essential to approach these practices with an open and critical mind, balancing intuition with discernment. Regardless of how one views the effectiveness of the Keiti chart, what is most important is how it is used and the intentions behind it. When used with respect, integrity, and a genuine desire for growth and understanding, it can be a valuable tool for personal introspection and guidance.

GRAPHICS . C . A . L . P

Energy Fortification



The SCAP chart is one of the many charts used in dowsing. SCAP is an acronym that stands for the initials of Saint, Christ, Angel and Protector. It is a chart that is used to seek protection and help from these spiritual entities.

When using the SCAP chart, the dowser typically uses a pendulum, which is moved over the chart. The direction and pattern of the pendulum's movement is interpreted to answer questions or seek guidance from the entities represented on the chart.

However, it is important to note that dowsing and the use of charts such as SCAP are not recognized by mainstream science. There is no scientific evidence to support the effectiveness of this practice, and many people consider it a form of pseudoscience.

So while some people believe in the power of the SCAP chart and use it regularly, others may find its effectiveness and usefulness questionable. As with many areas of mysticism and spirituality, the effectiveness of these practices often depends on the individual beliefs of the practitioner.

Step by step:

Set the Stage: Find a quiet, clean, and distraction-free place where you can focus. Some people like to light candles, incense, or use crystals to help create a conducive environment.

Prepare Yourself Mentally: Take a deep breath and try to calm your mind. Some people find it helpful to meditate for a few minutes to help center and calm the mind.

Position the Chart: Place the SCAP chart in front of you.

Ask Your Question: Hold the pendulum over the chart and ask your question. The question should be phrased in a way that the answer can be either “yes” or “no.” For example, “Am I protected from negative influences?”

Interpret the Pendulum’s Movement: Watch the pendulum move across the graph. Different movements will indicate different answers. Generally, a back-and-forth movement indicates “yes,” while a side-to-side movement indicates “no.”

Benefits:

The benefits of using the SCAP chart, as with most esoteric and spiritual practices, vary from person to person. to person and depend largely on the user's individual beliefs. However, some potential benefits include:

Spiritual Guidance: Using the SCAP chart, some individuals believe they can receive guidance and advice from spiritual entities.

Protection: The SCAP chart is used to seek protection from negative influences.

Inner Peace: The process of using the SCAP chart can provide a sense of peace and tranquility for some, particularly if used as part of a regular meditation or reflection routine.

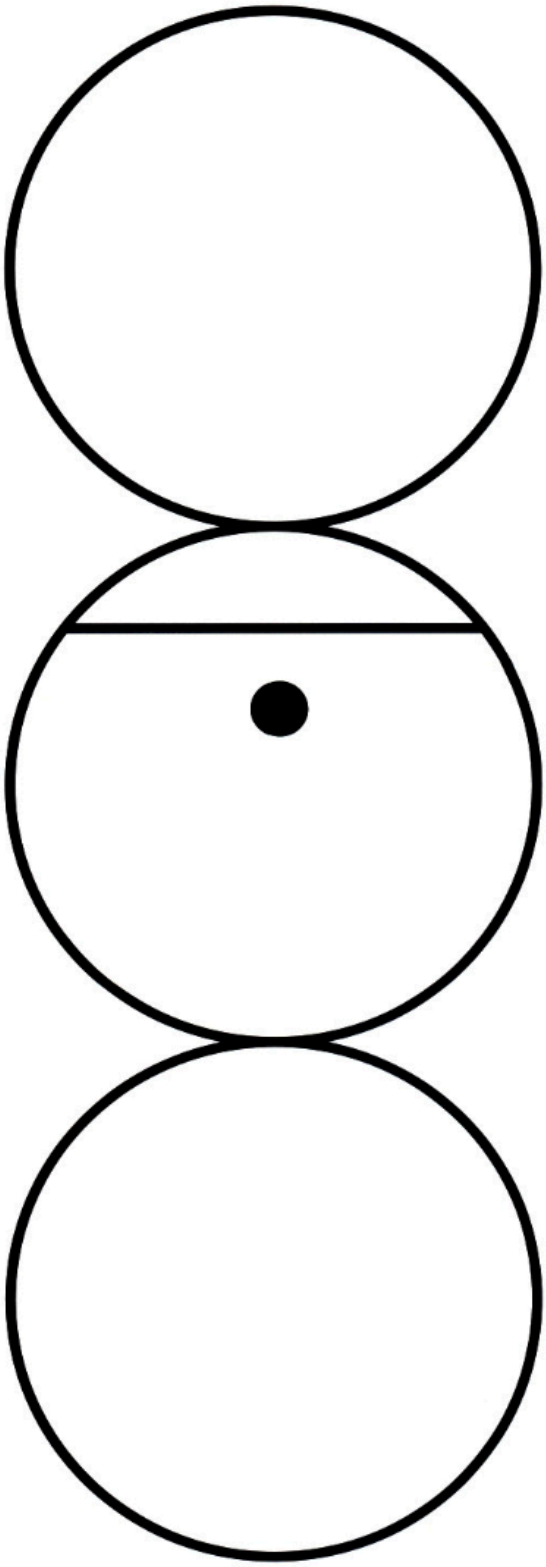
Connection to the Divine: For those who believe in spiritual entities, using the SCAP chart can help strengthen your connection to the divine.

The field of dowsing and the use of charts such as SCAP offers a window into the vast world of the esoteric and spiritual. Although skepticism exists and mainstream science does not support these practices, many individuals find deep meaning and transformative experiences by engaging in these techniques. For many, it is a way to find answers when conventional methods fail or a way to supplement their spiritual journey.

Intention and respect for the practice are key to ensuring a positive experience. Additionally, it is essential to remember that while the chart can provide guidance and insight, final life decisions should be made with discernment, considering all available information.

GRAPHICT ri - Circle

Energy and performance levels



The Tri Circle chart is a radiesthesia and radionics tool used to assist in various processes, including diagnosis, harmonization and remote treatments. As the name suggests, the chart is composed of three concentric circles, representing three levels of energy or vibrational frequencies.

Each circle in the Tri Circle chart has a specific function:

Outer Circle: This circle represents the physical, material or concrete level. It can be used to evaluate physical health issues, material situations or tangible circumstances.

Middle Circle: This circle represents the emotional or astral level. It relates to emotions, feelings and interpersonal relationships.

Inner Circle: This circle represents the mental or spiritual level. It deals with issues of thought, ideas, spirituality and divine connection.

To use the Tri Circle chart, the practitioner typically places a witness (a hair sample, photo, or writing of the person or situation being assessed) in the center of the chart. Then, the practitioner uses a pendulum to gain insight into the different levels represented by the circles.

For example, if someone wanted to assess their physical health, they would place their testimony in the center of the chart and ask the pendulum to show the condition of their physical body.

The pendulum may move to different areas of the outer circle, indicating different aspects of physical health that may need attention.

To further explain the Tri Circle chart, the use of the pendulum in this chart is essentially a form of dowsing, or radiesthesia. The pendulum, being a suspended object that can move freely, is used to capture the supposed energies or vibrations of the object of interest.

The movement of the pendulum is interpreted according to the circle it is in. For example, if the pendulum moves towards the outer circle, it could indicate an issue or problem on a physical or material level. If it moves towards the middle circle, it could indicate an emotional issue, and so on.

Many people believe that the Tri Circle chart and the practice of dowsing in general can provide valuable insights into their health, well-being, and other aspects of their lives. However, it is important to reiterate that these practices are not scientifically proven and are considered pseudoscientific by many in the scientific community.

The Tri Circle chart, like many other dowsing charts, can be seen as a tool for self-knowledge and introspection. For those who believe in their abilities, using these charts can provide a sense of control and understanding of their lives.

Finally, it is important to emphasize that the interpretation and use of the Tri Circle chart can vary significantly between different practitioners, with each applying their own belief systems and understandings to their practice

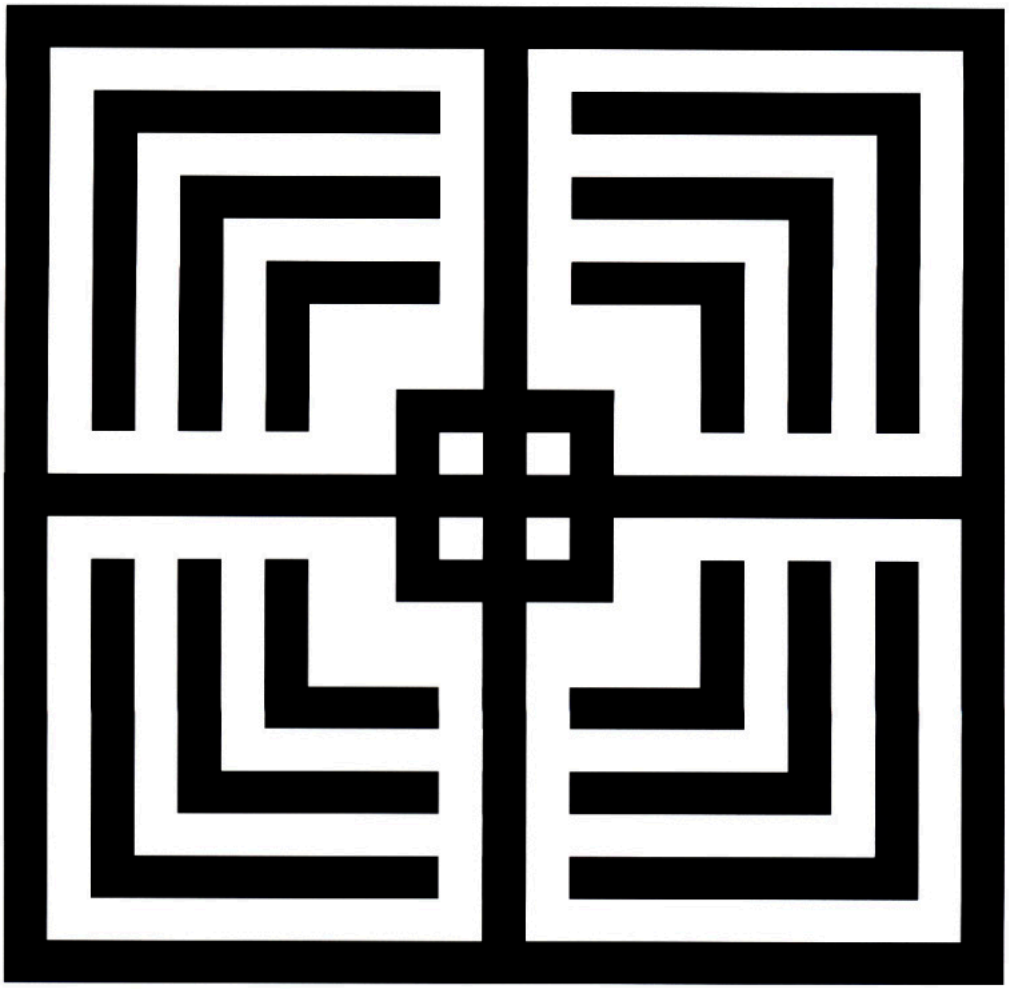
When entering the world of radiesthesia and radionics, it is vital that the practitioner acts with respect and discernment. As in many esoteric and spiritual traditions, the relationship between the individual and the tool is fundamental. In the case of the Tri Circle chart, it should not be used lightly or without the proper mental and spiritual preparation. Each time a radiesthesist accesses information through this tool, it is essential that they do so with the right intention, always seeking well-being and truth, rather than simple curiosity or malicious intentions.

Adaptation and Evolution of Practice:

Over time, many dowsers have adapted and evolved the practice of using charts, such as the Tri-Circle, to suit contemporary needs. Individual experience, insights and discoveries during dowsing sessions can lead to new interpretations and methods of using the chart. Therefore, it is always recommended that practitioners continue their education, share experiences with colleagues and be open to the continuous evolution of their practice, thus ensuring the richness and relevance of dowsing in the modern world.

TableTo me

Energy Harmonizations



The Amiens table is a tool used in both radiesthesia and radionics, assisting in various processes such as diagnostics and energy harmonization. This tool is marked by a series of geometric designs and key words, which are organized in such a way that they aid in concentration and focus during radiesthesia sessions.

Each component of the Amiens table has a specific purpose:

Geometric designs: They act as energy receivers and amplifiers, helping to fine-tune questions and answers during a radiesthesia session.

Keywords: They facilitate the direction of questions and the interpretation of answers, allowing a deeper and more direct connection with the desired information.

To use the Amiens table, the dowser sits comfortably, focuses on the question and holds the pendulum over the table. The pendulum, which is a freely moving tool, helps to capture the vibrations and energies of the environment or the person being analyzed. Depending on the nature of the question, the pendulum will move in a way that indicates a specific answer, based on the symbology present on the table.

For example, if we wanted to better understand a specific situation in our work environment, we would focus on that issue while using the pendulum on the table. The movement of the pendulum would indicate the answers, which would then be interpreted through the symbols and words present on the table.

Delving deeper into the practice with the Amiens table, it is notable that it is an instrument of radiation, operating through pendulum movement to detect subtle energies and vibrations, often seen as a means of self-knowledge and introspection.

It is important to note, however, that many in the scientific community classify radiesthesia and radionics as pseudoscientific practices, without established empirical evidence. Even so, there are those who attribute great value to these practices, using them as a way to better understand themselves and the environments around them.

In practice with the Amiens table, each dowser may apply his or her own system of beliefs and understandings, which may result in very different interpretations and uses of the table. It is an area where individual perspective and personal interpretation play a major role, and many find in it a rich source of insights and understandings.

The Relationship with Other Cultures and Practices:

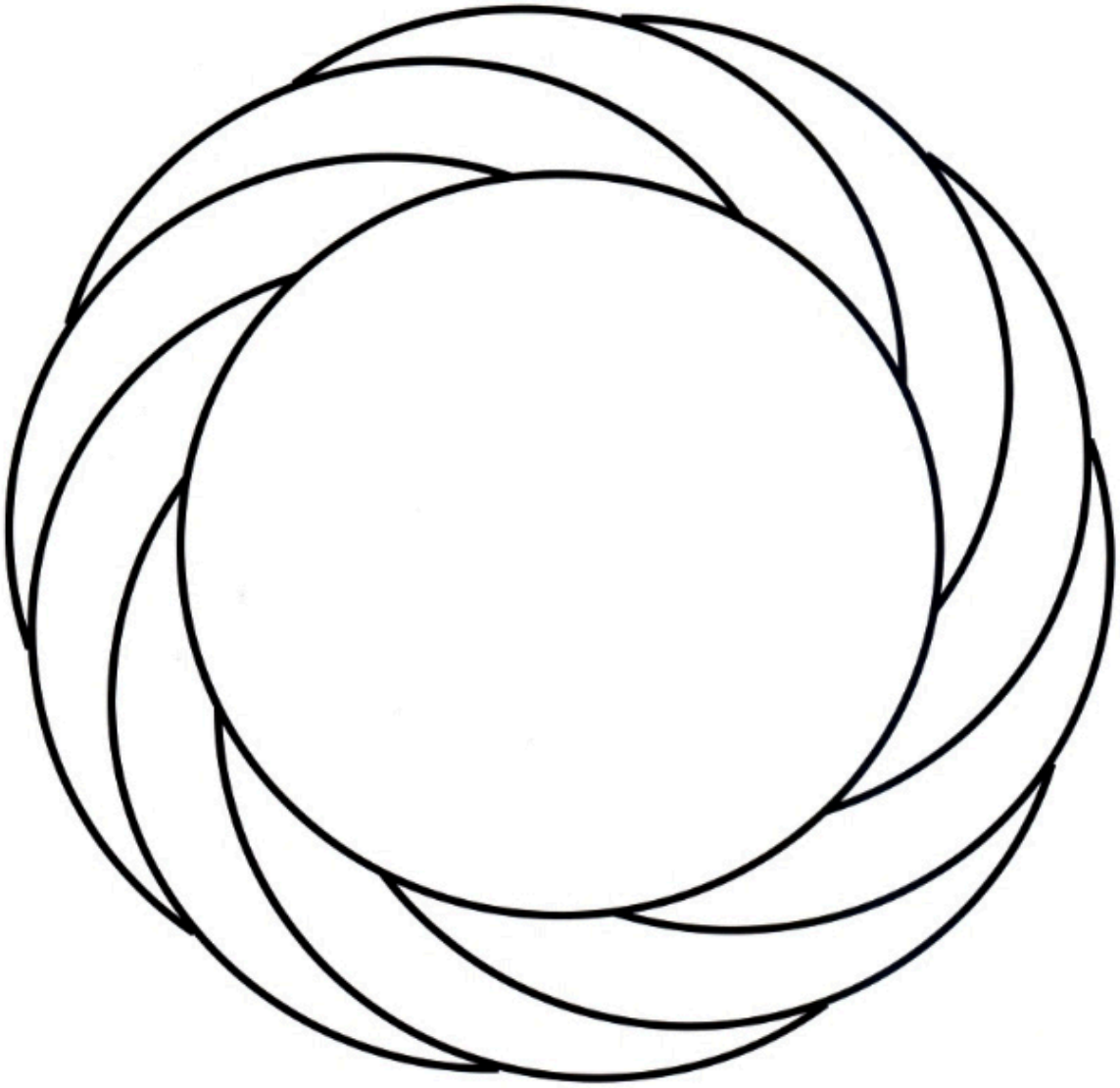
Interestingly, the idea of using tools to capture and interpret energy is not unique to dowsing. Cultures around the world have their own practices and tools that reflect the same quest to understand the invisible or intangible. The Amiens table, with its specific combination of geometric designs and keywords, can be seen as a Western manifestation of this ancient quest. The connection between sacred geometry and spirituality is a theme present in many traditions, where specific shapes are used to represent spiritual concepts and to aid meditation and focus.

Ethical Considerations in Practice:

For those who practice dowsing and radionics with the Amiens table, it is crucial to approach the practice with integrity and ethics. Given that many use the table for counseling or to help others on their personal journeys, it is vital to ensure that the information gained is used responsibly and beneficially. Furthermore, it is important to be transparent about the interpretive nature of the practice and its limitations. In this way, the dowser can create an environment of trust and understanding with those who seek their skills and insights.

G r a p h i cWhirlwind

Balance and Vitalization



The whirlwind radionic chart is a graphic representation used in radiesthesia and radionics, which are disciplines that explore subtle energy and the influence of geometric shapes on the environment and the human body. The whirlwind chart is known for its circular shape with several interconnected spirals.

This chart is used as a tool to balance and harmonize energies. It is believed to neutralize negative energies and increase people's vitality and well-being. It is also used as a tool to enhance intention and visualization during radiesthesia and radionics practices.

Each spiral in the whirlwind chart has a specific meaning, relating to different aspects of life and energy. These spirals can be directed

for different purposes, such as health, prosperity, protection, love, among others.

To use the whirlwind radionic chart, it is common for the practitioner to hold it in their hands or place objects or samples related to the desired purpose on the chart. It is believed that the energy of the practitioner and the objects is amplified and harmonized through the chart.

It is important to note that radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment. They are used as a holistic approach to promote balance and well-being, working with the subtle energies present in our environment and in our body.

The whirlwind radionic chart is just one of the many tools and techniques used in radiesthesia and radionics, and its effectiveness can vary according to the individual beliefs and experiences of each practitioner.

Step by step guide to using the whirlwind radionic chart:

Choose a whirlwind radionic chart according to your desired purpose. There are different versions of the chart, each with spirals related to different aspects of life, such as health, love, prosperity, protection, among others.

Hold the chart in your hands or place it - on a flat, stable surface.

Clearly define the intention or purpose for which you are using the chart. It could be healing an illness, attracting prosperity, harmonizing relationships, energy protection, among others.

Focus on your intention and visualize your desired outcome. Use your imagination to create a vivid, positive image of what you want to achieve.

Place objects or samples related to your desired purpose on top of the chart, if applicable. For example, if you are seeking physical balance and healing, you might place a small sample of water or a photo of yourself in the center of the chart.

Maintain an attitude of trust and openness to receive the benefits of the practice. Believe in the effectiveness of the chart and the ability of subtle energies to positively influence your life.

Benefits of using the whirlwind radionic chart:

Energy balance: The chart can help balance the subtle energies of the environment and the body, promoting a feeling of harmony and well-being.

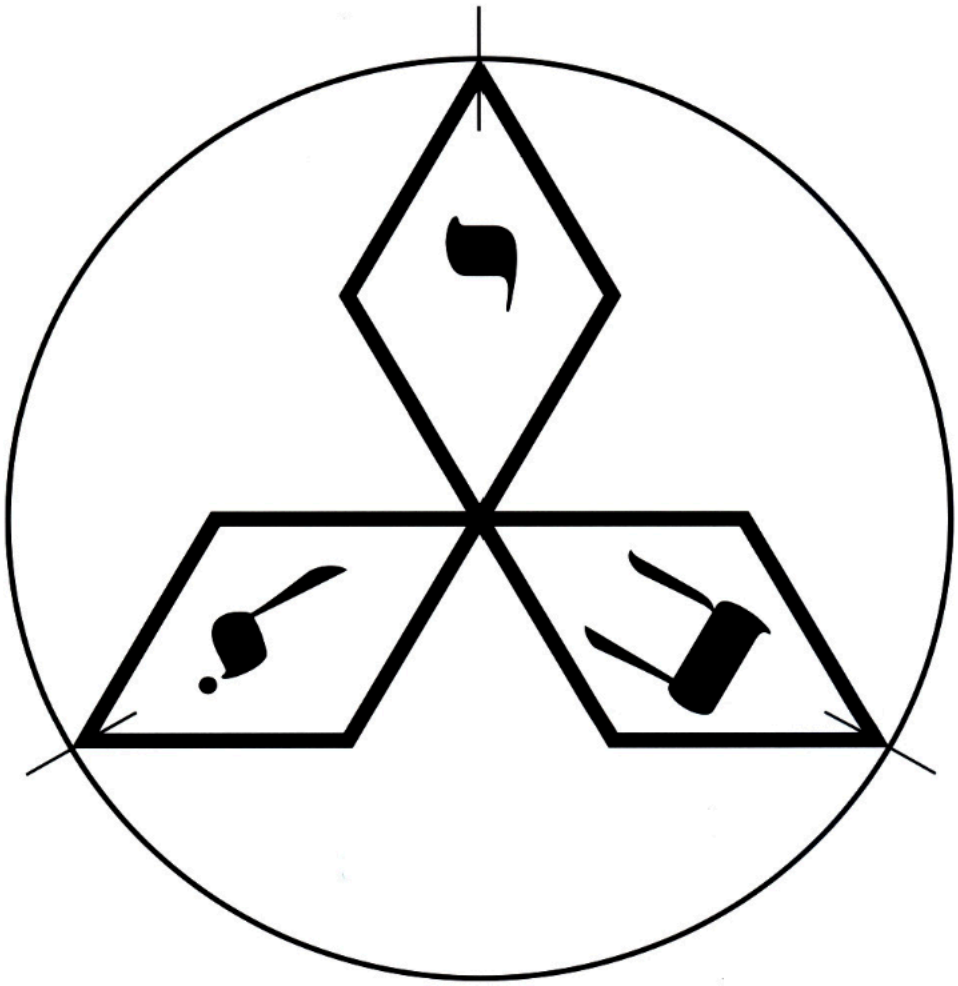
Amplifying Intention: By using the chart, you can enhance your intention and visualization, increasing your ability to manifest positive results in your life.

Energy Protection: The whirlwind graphic is believed to neutralize negative energies and protect against unwanted influences, creating an aura of protection around you.

Stimulating vitality and health: The use of the chart can be directed towards promoting health and balance in the body, stimulating vitality and assisting in healing processes.

CompensatingMindtron

Harmonization and Balance



The Mindtron Compensator chart is a tool used in radiesthesia and radionics to harmonize and balance subtle energies. It is used to neutralize or compensate for the influence of harmful or unbalanced energies present in a given environment.

The Mindtron Compensator chart is made up of a series of symbols and geometric shapes arranged in a specific pattern. These symbols are designed to interact with the energies present in the environment and perform a compensation or neutralization of these negative energies.

When using the chart, the practitioner usually holds it in their hands or places it in a specific location in the environment that needs to be harmonized. It is believed that the chart can absorb unbalanced energies and transform them into more harmonious and beneficial energies.

The use of the Mindtron Compensator chart aims to promote a more balanced and healthy environment, neutralizing the negative influence of electromagnetic fields, radiation, geopathies and other harmful energies.

It is worth noting that the effectiveness and benefits of the Mindtron Compensator chart may vary according to the individual beliefs and experiences of each practitioner. In addition, radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment.

Step by step guide to using the Mindtron Compensator chart:

Choose a suitable location: Select the location where you want to use the Mindtron Compensator chart. This can be a specific room in your home, office or any other space that you feel needs harmonization.

Position the chart: Place the Mindtron Compensator chart in a central location in your chosen environment. It can be hung on a wall, placed on a flat surface, or placed in a strategic location.

Intention and focus: Focus on the intention of balancing and harmonizing the energies of the environment. Visualize the cleansing and neutralization of negative or harmful energies present.

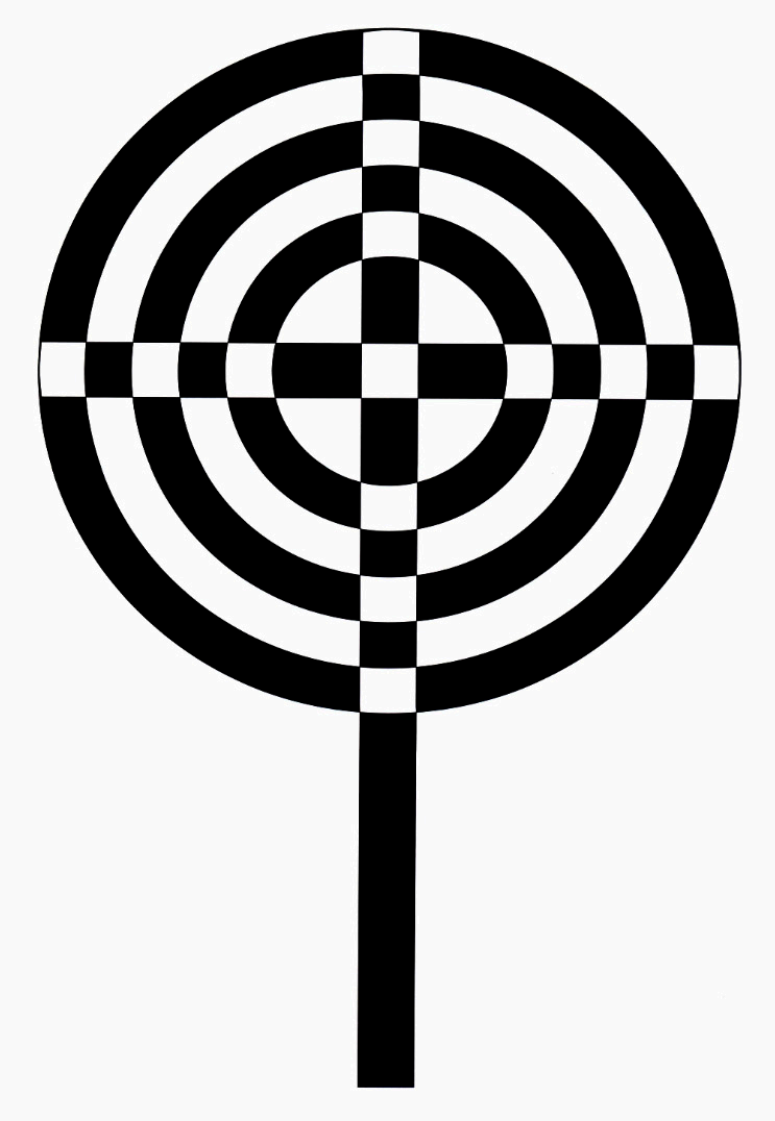
Activation: With your hands placed close to the chart, visualize and imagine a white or golden light filling the chart and emanating a harmonizing energy into the environment. Feel this energy flowing through you and the chart.

Maintenance: Leave the Mindtron Compensator chart in the chosen location for as long as you consider necessary. Some practitioners choose to leave it permanently in the environment, while others prefer to do daily activation sessions.

Follow-up: Observe the changes in your environment and how you feel after using the chart. Pay attention to possible positive effects, such as a greater sense of calm, harmony and well-being.

CrossThe tlant

Protection



The Atlantean Cross graphic is a graphic representation used in radiesthesia and radionics. It is called the “Atlantean Cross” because it is inspired by the symbolism associated with the ancient civilization of Atlantis, which according to some theories, existed thousands of years ago.

The Atlantean Cross chart consists of an X-shaped cross with ends expanding in each direction, forming a sort of stylized “T.” Each arm of the cross contains specific symbols or letters that represent different energies or frequencies.

This chart is used to harmonize, balance and protect environments and people. It is believed that it can neutralize negative energies, create a protective shield and promote a more harmonious and beneficial atmosphere.

To use the Atlantean Cross chart, the practitioner usually holds it in their hands or places it in a specific location in the environment. The intention is to harmonize and balance the energies of the space, promote personal protection or direct the energy towards a specific purpose, such as health, prosperity, love, among others.

It is important to mention that the benefits and effectiveness of the Atlantean Cross chart may vary according to the individual beliefs and experiences of each practitioner. Furthermore, radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment.

Step by step guide to using the Atlantean Cross chart:

Choose an Atlantean Cross Chart: There are different versions of the Atlantean Cross chart available. Choose the one that you feel most connected to or that is recommended by a professional dowser.

Hold the chart in your hands or place it in a specific location: Hold the Atlantean Cross chart in your hands so that you can easily see and access the symbols and letters on it. If you prefer, you can also place it in a strategic location in the room, such as hanging on the wall or resting on a flat surface.

Set your intention: Focus on the intention for which you are using the Atlantean Cross chart. It could be to harmonize the environment, promote personal protection, balance energies, attract prosperity or any other specific purpose.

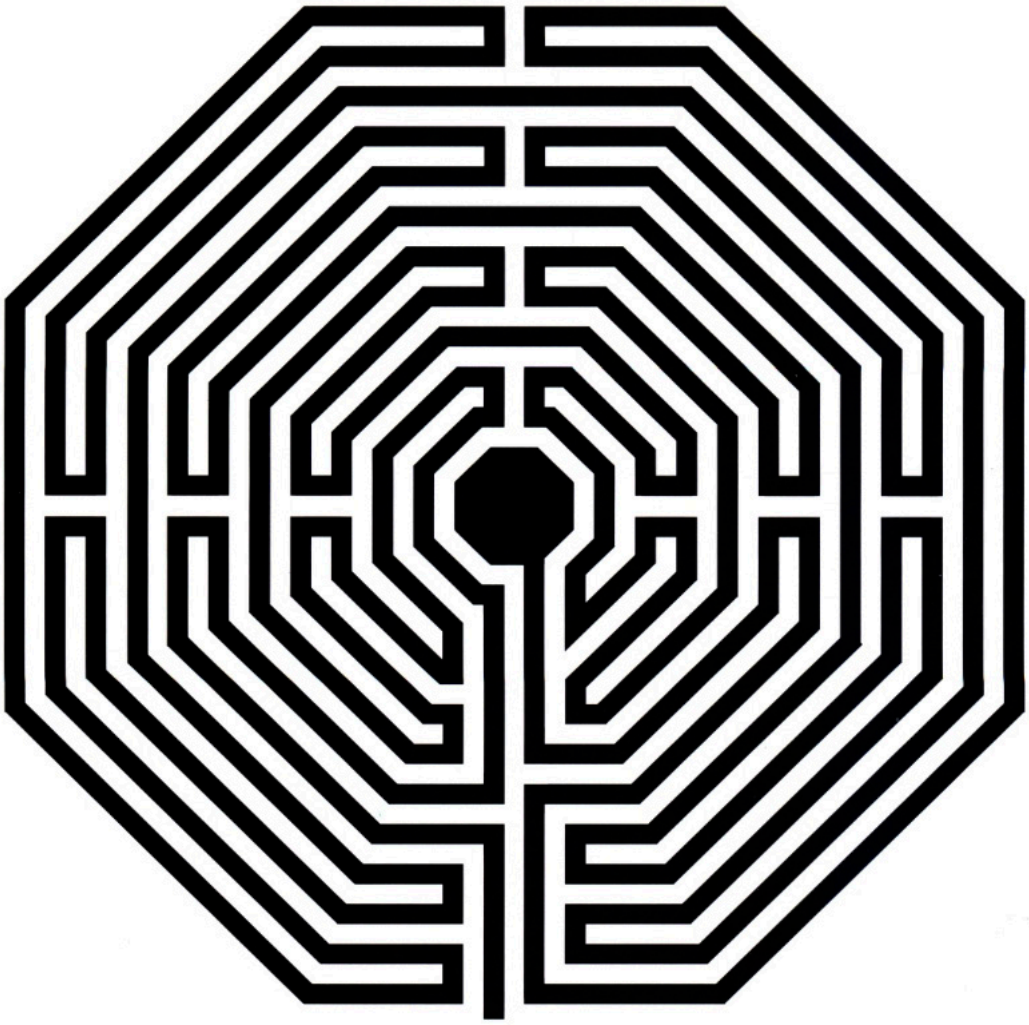
Activate the Chart: Visualize and imagine a white or golden light filling the Atlantean Cross chart. Feel this energy flowing through the chart, emanating its harmonizing, protective or transformative qualities.

Place the chart in a strategic location: If you chose to hold the chart in your hands, you can keep it with you for as long as you want. If you placed the chart in a specific location in your room, leave it there for as long as it takes to achieve your desired goals.

Monitor the effects: Observe the changes in the environment or in yourself after using the Atlantean Cross chart. Pay attention to possible positive effects, such as a feeling of calm, balance, protection or the achievement of desired results.

LabyrinthTo me

Search for answers



The Amiens Labyrinth is an intriguing dowsing tool that assists practitioners in processes of introspection, meditation and the search for answers to specific questions. This tool is characterized by a complex labyrinthine pattern, which is often used as a symbolic guide to explore deep questions of the mind and spirit.

Each path in the Amiens labyrinth is designed to represent different aspects of a journey:

Outer Path: Represents the beginning of the journey of introspection and the beginning of the search for answers. It is where practitioners mentally prepare themselves for the exploration that is about to take place.

Middle Path: This is the point of deep reflection, where practitioners begin to explore their innermost emotions and feelings, perhaps bringing to the surface memories and insights that have been dormant.

Inner Path: Represents the final phase of the journey, where answers begin to emerge. It is the time to connect with the core of your own essence, perhaps finding deep answers and understandings.

To use the Amiens labyrinth, practitioners typically begin with a clear focus on what they are seeking. As they walk the symbolic paths of the labyrinth, they meditate and reflect on different aspects of their lives or questions they wish to explore. A pendulum can be used to help navigate the paths, interpreting the energetic responses gained during the journey.

The process of moving through the labyrinth can be considered a form of mental “dowsing,” where the pendulum functions as a compass that guides practitioners through a complex inner landscape, helping them navigate their own minds and spirits.

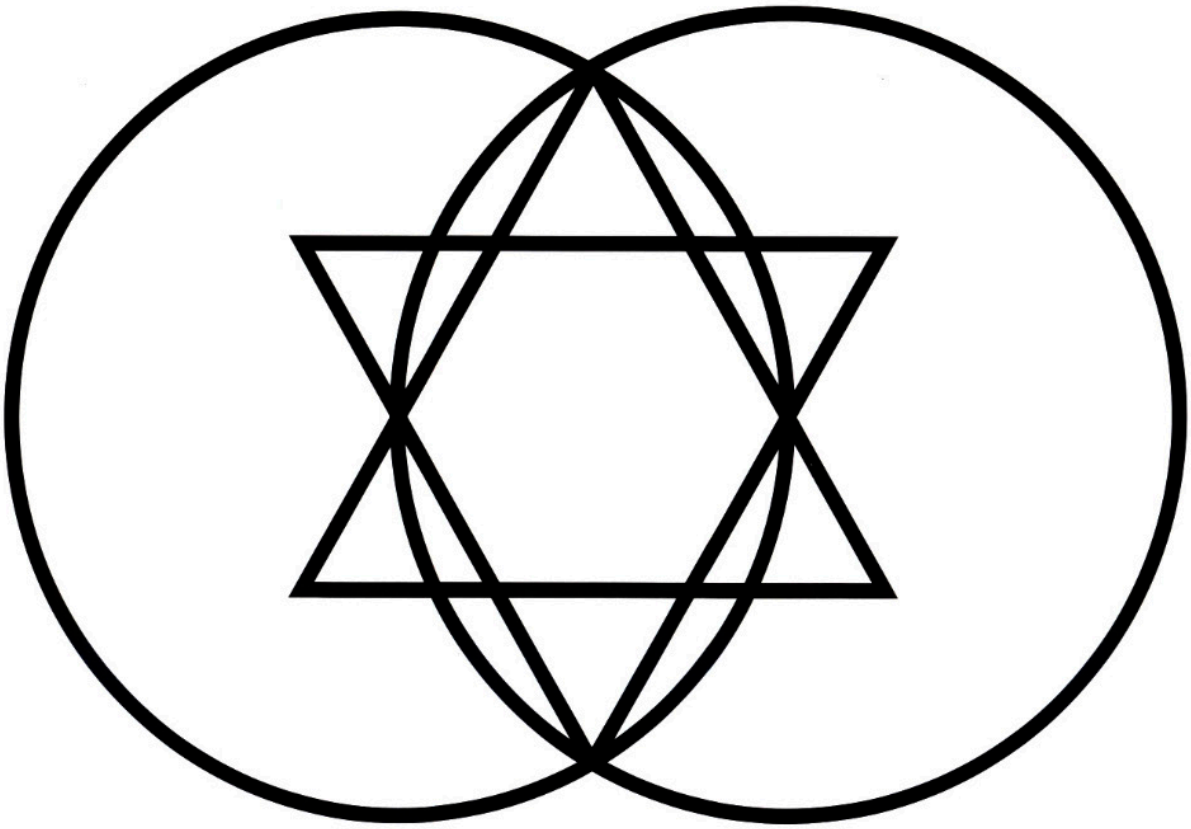
It is imperative to note that although many people find valuable insights through the use of the Amiens Labyrinth, this practice is not supported by traditional scientific evidence. It is therefore categorized by many as a pseudoscientific practice.

Despite this, the Amiens Labyrinth remains a popular tool for self-discovery and introspection. For those who believe in its power, it can offer a unique opportunity to explore and understand the deepest recesses of their own psyches.

Finally, it is important to emphasize that the way of interpreting and using the labyrinth can be very personal, with each individual bringing their own beliefs and perspectives to the practice. It is a tool that invites individual exploration and personal discovery, offering a space for reflection and personal development.

V esicaPiscis

Energy Channeling



The Vesica Piscis chart is a geometric figure consisting of the intersection of two circles of the same diameter, forming a shape similar to an almond or a figure of two halves. This figure has been used throughout history in various cultures and traditions as a sacred symbol and as a representation of duality and the connection between the divine and the earthly.

In radiesthesia and radionics, the Vesica Piscis chart is used as a tool to balance, harmonize and channel subtle energies. It is believed that this figure has special properties and can act as an amplifier of intentions and energies.

To use the Vesica Piscis chart, the practitioner typically holds it in their hands or places it in a specific location in the environment. During use, it is common to visualize the energy flowing within the figure and radiating out into the surrounding space.

The benefits of using the Vesica Pisces chart can vary depending on each practitioner's individual beliefs and experiences. Some report that it helps create an environment of greater harmony and balance, while others use it to channel specific energies, manifest intentions, or strengthen connection.

spiritual.

Step by step guide to using the Vesica Piscis chart:

Get a Vesica Piscis Chart: You can find printed or drawn versions of the Vesica Piscis chart in books on dowsing and radionics, or even through online resources. Choose a chart that is of good quality and that you like.

Prepare and find a quiet place: Before you begin using the chart, take a moment to calm down and find a quiet place free from distractions. This will help focus your mind and increase the effectiveness of the practice.

Hold the chart in your hands or place it in a specific location: Take the Vesica Piscis chart and hold it between your hands, or place it on a flat surface in front of you. Choose whichever method you prefer and is most comfortable for you.

Focus on your intention: Clearly define the intention for which you are using the Vesica Pisces chart. It could be to balance energies, manifest a specific intention, strengthen spiritual connection, among other purposes. Keep your intention in mind throughout the process.

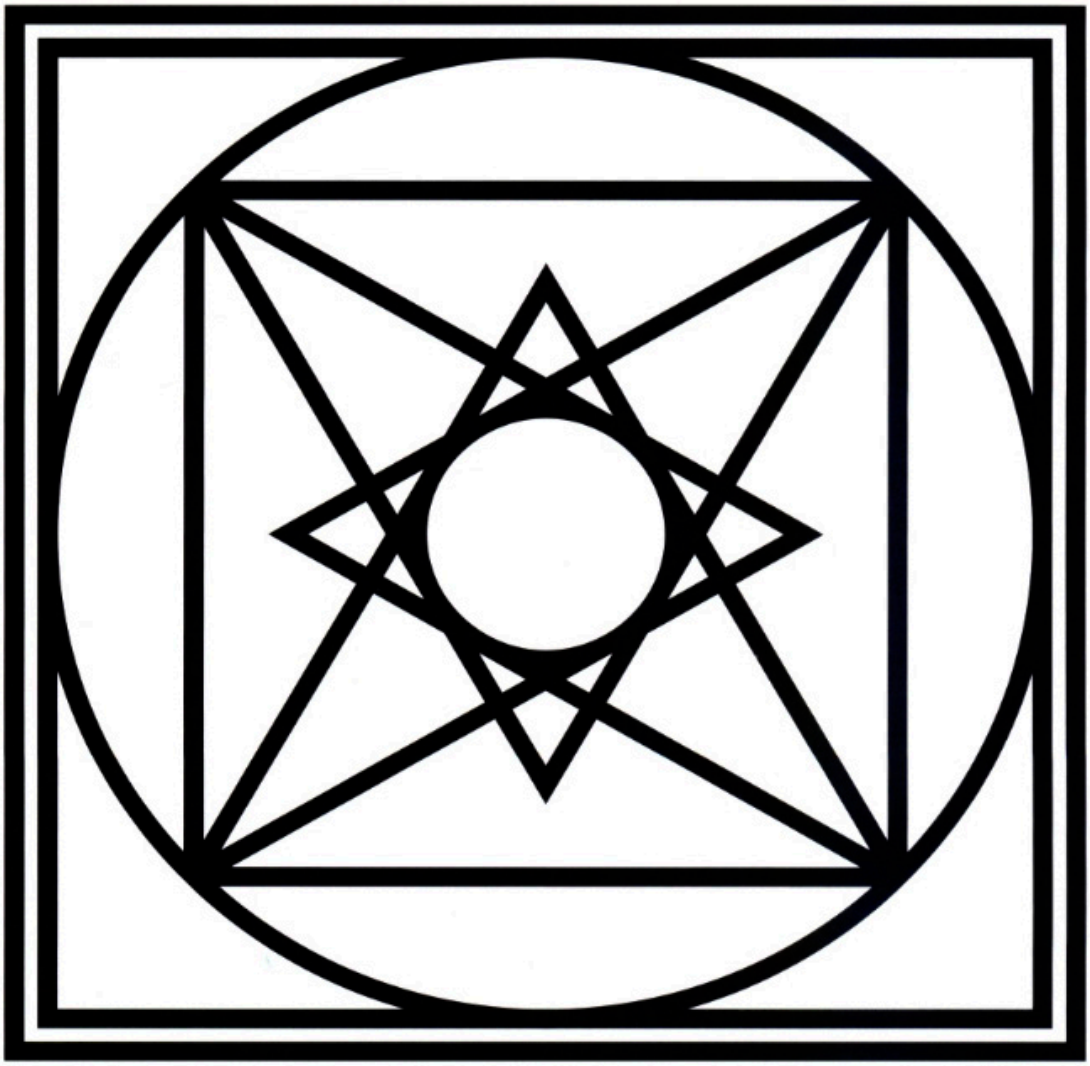
Visualize and feel the energy: Close your eyes and visualize the energy flowing through the Vesica Pisces chart. Imagine this energy radiating from the figure and filling the environment around you. Feel this energy in your body and focus on the sensations it brings.

Stay in this state for a few minutes: Stay in this state of connection with the Vesica Pisces chart for a few minutes, focusing on your intention and allowing the energy to flow freely. You can repeat positive affirmations or mantras related to your intention during this time if you wish.

Give thanks and close the practice: When you have finished using the Vesica Piscis chart, give thanks for the harmonizing and beneficial energies that were channeled. Close the practice with a sense of gratitude and trust that your intention was sent and received by the universe.

PyramidPlan

Energy Amplifier



The Flat Pyramid chart is a graphic representation used in radiesthesia and radionics. As the name suggests, it is a flat representation of a pyramid, with a square base and four triangular sides converging to a central point.

This graphic is used as a tool to channel and amplify subtle energies. It is believed that the pyramid shape can act as an amplifier and concentrator of energies, directing them more efficiently.

To use the Flat Pyramid chart, the practitioner usually holds it in their hands or places it in a specific location in the environment. The intention is to direct and enhance the energies present, amplifying their influence and impact.

The use of the Flat Pyramid chart can vary according to the practitioner's intention. It can be used to harmonize, balance, protect or direct energies for a specific purpose, such as health, prosperity, love, among others.

It is important to note that the benefits and effectiveness of the Flat Pyramid chart may vary depending on the individual beliefs and experiences of each practitioner. Furthermore, radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment.

Step by step guide to using the Flat Pyramid chart:

Obtain a Flat Pyramid Chart: You can find printed or drawn versions of the Flat Pyramid chart in books on dowsing and radionics, or even through online resources. Choose a chart that is of good quality and that you like.

Get ready and find a quiet place: Take a moment to calm down and find a quiet place where you can focus on your practice. Make sure
- make sure there are no distractions around you.

Hold the chart in your hands or place it in a specific location: Take the Flat Pyramid chart and hold it between your hands, or place it on a flat surface in front of you. Choose whichever method you prefer and is most comfortable with.

Set your intention: Focus on the intention for which you are using the Flat Pyramid chart. It could be to harmonize the environment, direct energies, amplify specific intentions, protect, or any other purpose you desire.

Visualize and Feel the Energy: Close your eyes and visualize the energy flowing within the shape of the Flat Pyramid graphic. Imagine this energy concentrating and amplifying at the central point of the pyramid. Feel this energy in your body and focus on the sensations it brings.

Stay in this state for a few minutes: Stay in this state of connection with the Flat Pyramid chart for a few minutes, holding your intention in mind and allowing the energy to flow freely. You can repeat positive affirmations or mantras related to your intention during this time if you wish.

Give thanks and close the practice: When you have finished using the Flat Pyramid chart, give thanks for the directed and amplified energy. Close the practice with a sense of gratitude and trust that your intention was sent and received by the universe.

G r a p h i cB water

Feng Shui



The Bagua chart is a symbolic representation used in Feng Shui, an ancient Chinese practice that seeks to balance the energies in an environment to promote harmony and well-being. “Ba” means eight and “gua” means trigrams, thus representing the eight trigrams that make up the Bagua.

The Bagua is an octagon divided into eight sectors, each representing a specific area of life, such as health, prosperity, career, relationships, among others. Each sector is associated with a specific element of nature, colors and symbols.

The Bagua sectors are:

Career
Knowledge
Family
Prosperity
Fame and reputation
Relationships
Creativity and children
Health
Benefits area

The Bagua is used to map a space, such as a house or room, and determine which areas are related to each sector of the chart. Based on this analysis, adjustments can be made to harmonize the energies and optimize each area of life.

To use Bagua, you need to have a floor plan of the space and superimpose the octagon of the chart, aligning it with the main entrance to the room. Then, each sector is analyzed and improvements can be made, such as adding colors, elements or symbolic objects related to the specific area.

It is important to mention that Bagua is just one of the tools of Feng Shui and its application requires a more in-depth knowledge of this practice. For more precise and effective use, it is recommended to seek guidance from a Feng Shui specialist consultant, who can provide guidance.

In addition to Bagua, Feng Shui presents a series of other concepts and techniques that aim to optimize the circulation of energy in a space. For example, the arrangement of furniture, the use of colors and the positioning of doors and windows are also aspects considered when creating a harmonious environment.

Another central element in Feng Shui is the flow of “Chi” or vital energy. Chi should flow smoothly in a space, without obstructions. If there is any blockage or stagnation in the flow of Chi, it can have negative impacts on the health, relationships and prosperity of the inhabitants of that space.

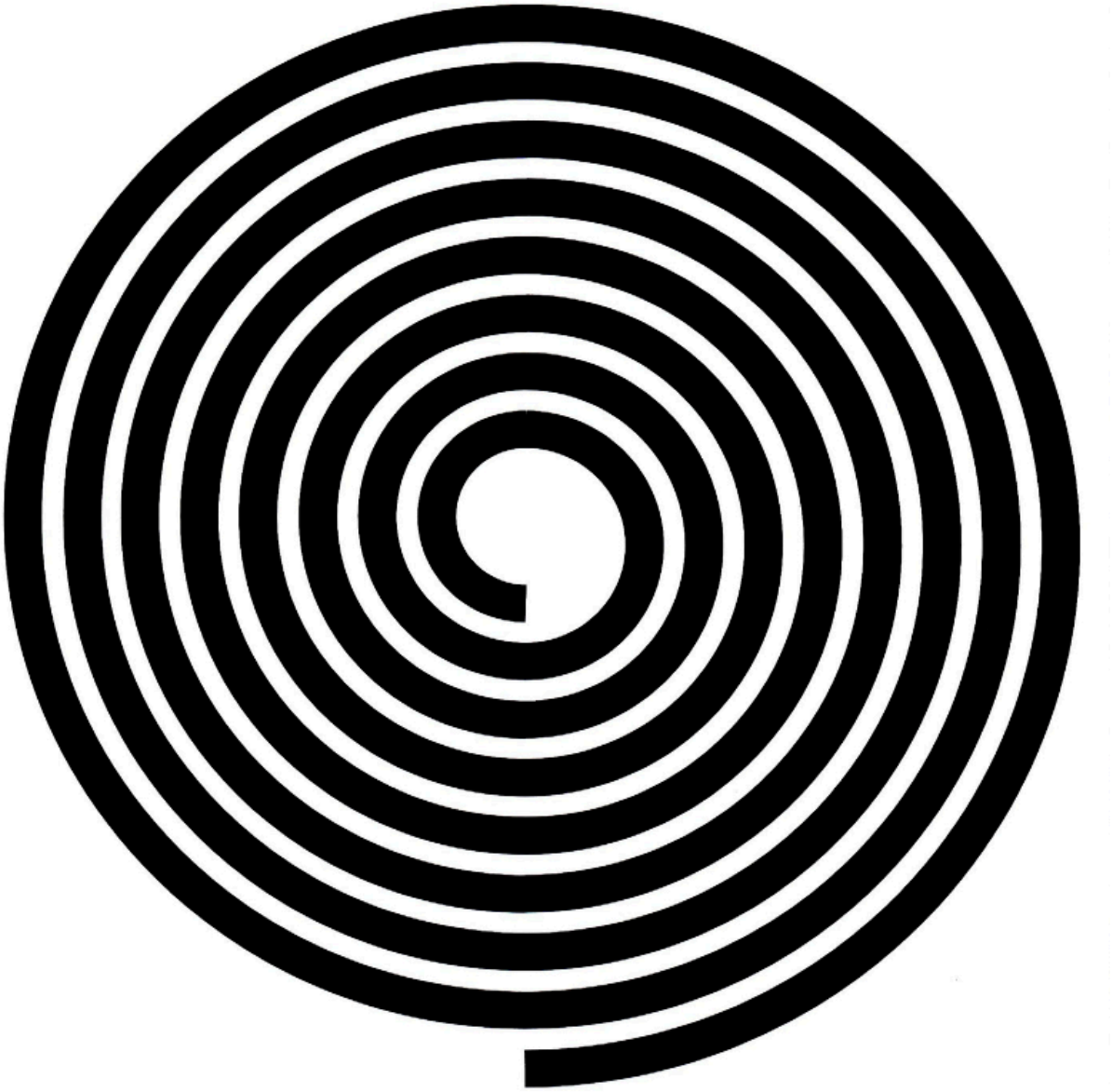
The application of Feng Shui also considers the balance between Yin and Yang, the two opposing and complementary principles that represent the forces of nature. For example, a very bright and busy space may have an excess of Yang energy, while a dark and quiet space may have a predominance of Yin energy. The ideal is to find a balance between these two forces to promote well-being.

It’s also worth noting that the practice of Feng Shui varies across different schools and traditions. Some approaches are more spiritual, while others are more pragmatic and focus on the physical aspects of the environment.

In short, Feng Shui is a rich and complex practice that goes beyond the use of the Bagua chart. For those who wish to incorporate its principles into their lives, it is essential to approach it with an open mind and, if possible, under the guidance of an expert who can provide insights and recommendations based on the culture and wisdom of this ancient Chinese art.

G r a p h i cAnd spiral

Amplify Subtle Energies



A spiral graph is a graphic representation consisting of a curved line that expands or contracts in a continuous progression around a central point. The spiral is a shape found in nature and is also used in various practices and disciplines, such as radiesthesia and radionics.

The spiral chart is considered a powerful and energetic shape due to its constantly moving and expanding nature. It is used to channel, balance and amplify subtle energies present in an environment or in the human body.

There are different types of spiral charts used in practices such as ra-

diaesthesia and radionics. Some examples include the Fibonacci spiral, the golden spiral and the logarithmic spiral. Each type of spiral has unique characteristics and can be used for specific purposes.

To use a spiral chart, the practitioner typically holds it in their hands, places it on their body, or positions it in a specific location in their environment. The intention is to allow energy to flow along the spiral and expand or contract as needed.

The spiral chart can be used for a variety of purposes, such as harmonizing energies, promoting emotional balance, stimulating creativity, increasing vitality and amplifying intentions. The spiral shape is seen as a representation of the cycle of life, growth and transformation.

It is important to note that the effectiveness and benefits of the spiral chart may vary depending on the individual beliefs and experiences of each practitioner. Furthermore, it is essential to remember that radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment.

In cultural and historical contexts, the spiral has been used as a symbol in many ancient civilizations around the world. It can be found on petroglyphs, monuments, and artifacts from cultures ranging from the Celts to the Mayans. In many of these cultures, the spiral is seen as a symbol of life's journey, rebirth, and the eternal cycle of growth and decay.

The spiral is also found in natural phenomena. For example, the

The way galaxies curl, the shape of many seashells, and the very structure of DNA are spirals. These manifestations in nature reinforce the belief that the spiral is a fundamental pattern in the universe, representing the interconnectedness of life in all its forms and scales.

In the practice of dowsing, for example, the spiral chart can be used with a pendulum. The movement of the pendulum over the chart can help the dowser obtain answers or insights into specific questions. In radionics, the chart can be used as a tool to transmit specific intentions or frequencies.

When used with awareness and respect, spiral charting can be a powerful tool for self-awareness and healing. However, it is essential to approach such practices with discernment and, whenever possible, under the guidance of experienced professionals in the field.

As with any esoteric or alternative practice, it is essential to maintain an open but also critical mind, recognizing the limits and possibilities of the tool in question. And, once again, it is crucial to emphasize that these practices should not be seen as substitutes, but as complementary to traditional methods of treatment and healing.

G r a p h i c**SHIN**

High Energy



The Shin chart is a graphic representation used in radiesthesia and radionics. This chart is named “Shin” due to its similarity to the Hebrew letter Shin.

The Shin chart has a complex shape, composed of interconnected lines and curves. It is considered a high-energy chart and is used for a variety of purposes in dowsing and radionics.

The use of the Shin chart can vary depending on the desired objective. It can be used to harmonize and balance energies, promote healing and well-being.
- being, increasing vitality, strengthening spirituality, among other specific purposes.

To use the Shin chart, the practitioner typically holds it in their hands, places it on their body, or positions it in a specific location in the environment. It is believed that

The complex shape and interconnected lines of the Shin chart allow energies to flow and be directed more intensely and effectively.

It is important to note that the effectiveness and benefits of the Shin chart may vary depending on the individual beliefs and experiences of each practitioner. Furthermore, it is essential to remember that radiesthesia and radionics are considered complementary practices and do not replace conventional medical treatment.

The history of the Shin chart dates back to ancient traditions where esoteric knowledge and interaction with energies were highly valued. Its exact origins are a mystery, but it has been used for centuries by those seeking to improve the energy flow around them.

Some scholars of radiesthesia and radionics believe that the Shin chart works as a kind of antenna, capturing and amplifying the subtle energies present in the environment. Thus, it would be able to expand the practitioner's perceptions, making him or her more sensitive to vibrations and energies.

In practical terms, many dowsers and radionic practitioners use pendulums, wands, or even their hands to detect and interact with the energies around the Shin chart. Depending on the need, they may move the pendulum in specific patterns over the chart or simply focus their intention while holding it.

Despite its use and acceptance in various esoteric communities, it is essential that those seeking to benefit from the Shin chart do so with discernment. As mentioned previously, it should not be used as a substitute for traditional medicine. Furthermore, openness to new experiences and practices should be accompanied by in-depth study and, if possible, under the guidance of an experienced professional in the field.

In conclusion, the Shin chart is a rich and fascinating tool within the practices of radiesthesia and radionics. With its unique shape and energetic properties, it offers a different approach for those seeking harmony, well-being and balance in their lives. However, like any tool, its use must be done with responsibility and awareness.

G r a p h i cS rim H rim K rim K lim

Meditative Practices





“Srim”, “Hrim”, “Krim” and “Klim” are Sanskrit mantras used in the Hindu tradition. Each of these mantras represents a sacred sound and has its own energy and associated meaning. They are often used in meditation practice and mantra recitation to achieve different spiritual goals and promote inner balance.

Srim: The mantra “Srim” is associated with Goddess Lakshmi, the goddess of wealth, prosperity and abundance. Reciting this mantra seeks to attract and cultivate these qualities in all aspects of life.

Hrim: The mantra “Hrim” is considered a universal mantra that represents the divine feminine aspect. It is often used to invoke the energy of the goddess Kali, who represents strength, transformation, and protection. The recitation of “Hrim” is used to stimulate creative energy and promote connection with the feminine power within.

Krim: The mantra “Krim” is associated with the goddess Kali and is often used to invoke her powerful, transformative energy. Reciting this mantra is considered purifying and can aid in overcoming obstacles, developing courage, and spiritual awakening.

Klim: The mantra “Klim” is associated with the goddess Saraswati, the goddess of knowledge, music and creativity. Reciting this mantra seeks to stimulate artistic expression, learning and intellectual development.

It is important to mention that using these mantras requires proper understanding and proper practice. To get maximum benefit, it is recommended to learn these mantras with a qualified teacher or experienced practitioner who can provide appropriate guidance in its pronunciation and application.

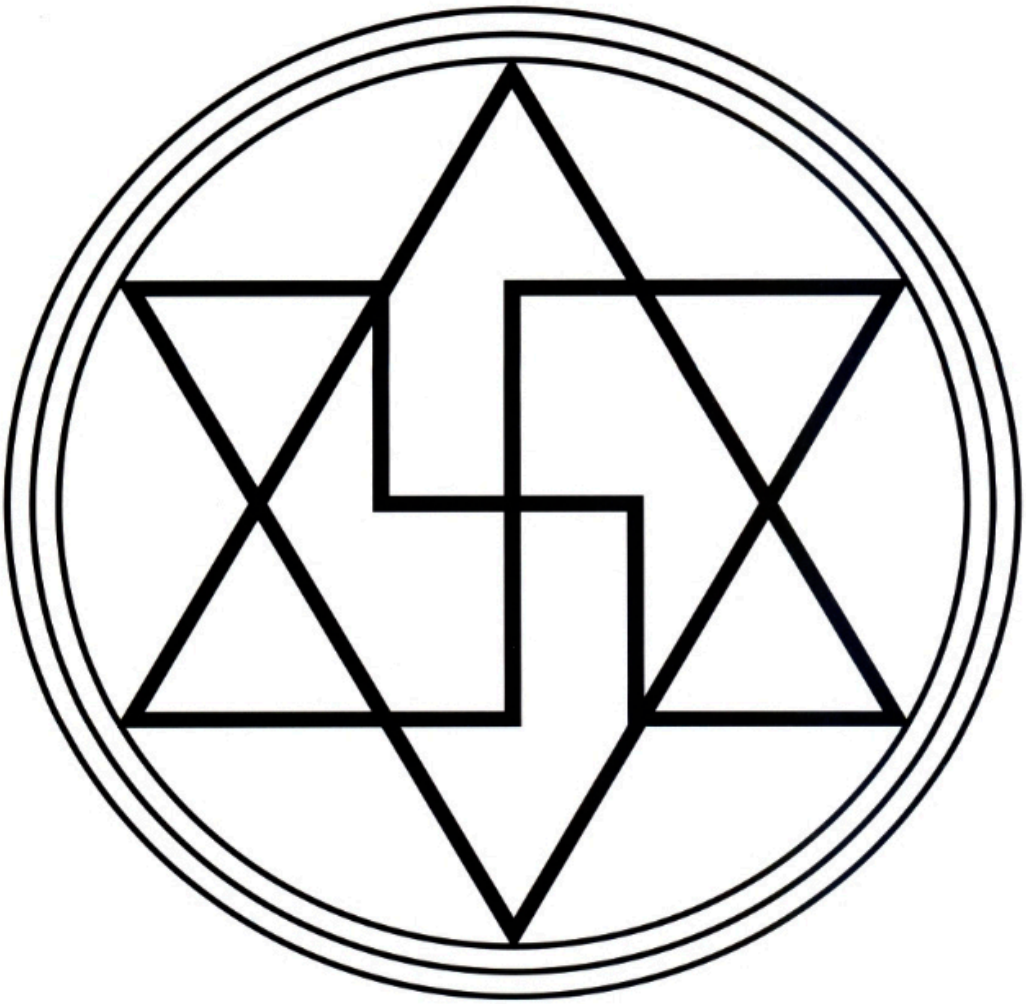
These mantras can be recited individually or as part of meditation practices and devotional rituals. They are used to cultivate specific qualities, attune to divine energy, and promote spiritual expansion.

Furthermore, it is crucial to remember that while these Sanskrit mantras have deep origins and meanings in the Hindu tradition, their power lies not just in the repetition of the words, but in the intention and consciousness behind the practice.

Presence, focus, and reverence while reciting them amplify their effects and depth. As with any spiritual tradition, the sincerity and dedication of the practitioner are crucial. In addition, it is beneficial to delve deeper into the teachings and stories of the deities associated with each mantra, thus enriching the meditative experience and strengthening the connection with the sacred.

G r a p h i cA nti - Magic

Energy Protection



The anti-magic chart is a tool used in radiesthesia to neutralize or block negative or unwanted energies associated with black magic or negative influences. It is used as a form of energetic protection against malevolent influences.

The anti-magic chart is made up of specific symbols and geometric shapes that are designed to act as protective shields and block negative energies from entering the environment or the person.

To use the anti-magic chart, the practitioner usually holds it in their hands or places it in a specific place in the environment they wish to protect. It is believed that the chart has the ability to absorb and transform negative energies, preventing them from affecting the environment or the person.

It is important to note that the effectiveness of the anti-magic chart may vary depending on the individual beliefs and experiences of each practitioner. Furthermore, radiesthesia and the use of charts like this are considered complementary practices and are not a substitute for proper medical or professional treatment.

If you are facing situations of negative energy or suspect negative influences, it is recommended to seek guidance from professionals specialized in radiesthesia, who will be able to provide appropriate guidance for the use of the anti-magic chart or other energy protection techniques.

Step by step guide to using the anti-magic chart in radiesthesia:

Obtain the anti-magic chart: Find or create an anti-magic chart of your choice. This can be obtained from specialized books, online resources, or drawn manually on paper.

Prepare yourself and find a quiet place: Before you begin using the chart, take a moment to calm down and find a quiet place where you can concentrate without interruptions.

Hold the chart in your hands or place it in a specific location: Hold the anti-magic chart between your hands, visualize it, and feel its energy. Alternatively, you can also place the chart in a strategic location in the room you want to protect, such as hanging it on a wall or placing it on a flat surface.

Focus on the intention of protection: Focus on the intention of neutralizing zar and block negative or unwanted energies. Visualize the chart as a protective shield that acts as a barrier against negative influences, including black magic.

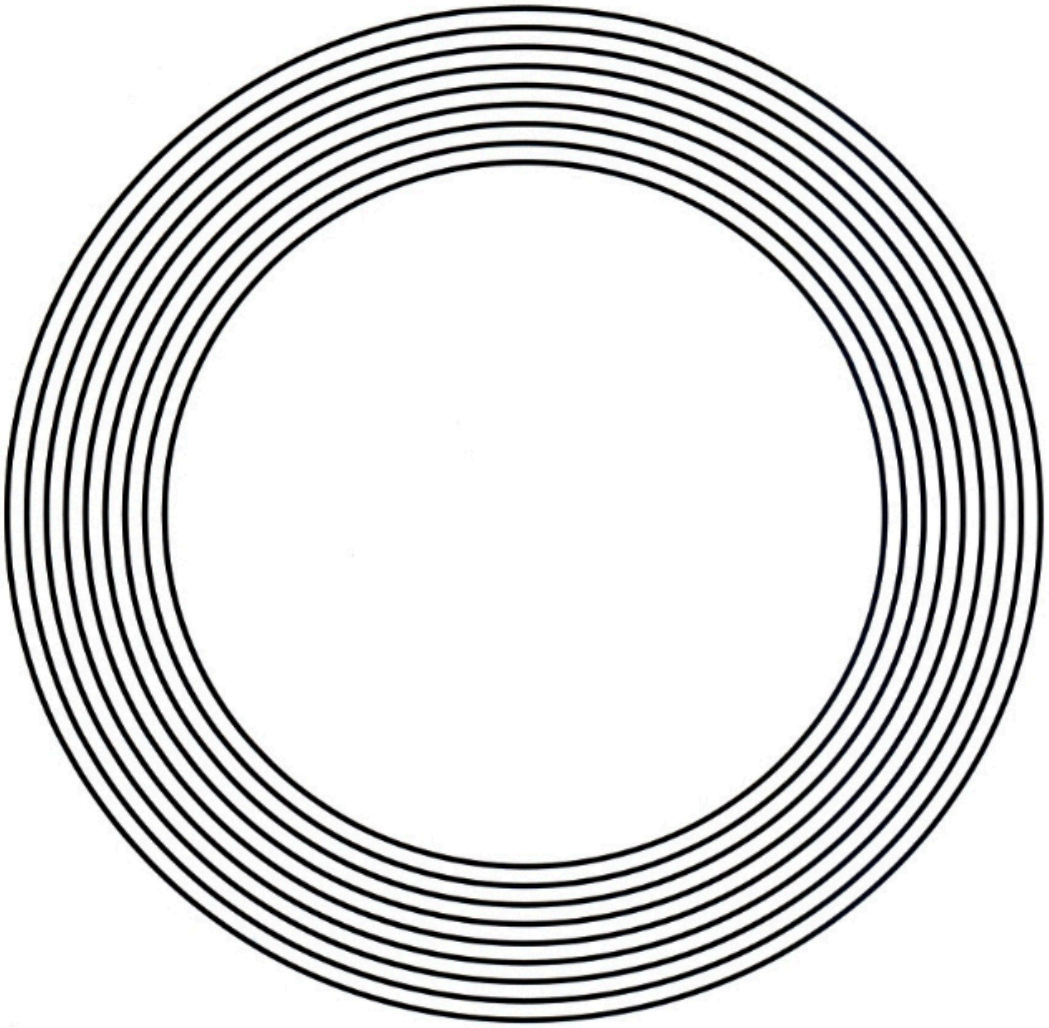
Activate the Chart: Visualize and imagine a white or golden light surrounding the anti-magic chart, emanating a powerful energy of protection. Feel this energy flowing through the chart and expanding to form a protective shield around you or your environment.

Keep the chart in use: Leave the anti-magic chart in the chosen location for as long as necessary to maintain protection. Some practitioners prefer to leave it permanently in the environment, while others use it temporarily at specific times.

Renew and Cleanse the Chart: Periodically, cleanse and renew the energy of the anti-magic chart. You can do this by visualizing it being enveloped in a purifying light, or by exposing it to sunlight or moonlight for a few moments.

G r a p h i cNine Circles

Energy Director



The Nine Circles chart is a graphic representation used in radiesthesia and radionics. As the name suggests, this chart is made up of nine circles positioned in a specific way.

Each circle in the Nine Circles chart has a different symbol or representation, which may vary depending on the intention or purpose for which the chart is being used. These symbols can be associated with different energies, chakras, elements of nature, among other aspects.

The Nine Circles chart is used to balance, harmonize and direct subtle energies. It is believed that the arrangement of the circles and the presence of the symbols allow the channeling and amplification of these energies, helping to obtain

of desired results.

To use the Nine Circles chart, the practitioner typically holds it in their hands or places it in a specific location in the environment. During use, it is common to visualize and focus on the energy flowing through the circles and symbols present.

The benefits of using the Nine Circles chart can vary depending on each practitioner's individual beliefs and experiences. Some report that it helps balance chakras, harmonize the body and mind, promote healing, or manifest specific intentions.

Step by step guide to using the Nine Circles chart in radiesthesia:

Get the Nine Circles Chart: Find or create a Nine Circles chart of your choice. You can find it in specialized books, online resources, or draw it manually on paper.

Prepare yourself and find a quiet place: Before you begin using the chart, take a moment to calm down and find a quiet place where you can concentrate without interruptions.

Hold the chart in your hands or place it in a specific location: Hold the Nine Circles chart between your hands, visualize it, and feel its energy. Alternatively, you can also place the chart in a strategic location in the room you wish to harmonize or balance.

Set your intention: Focus on the intention for which you are using the Nine Circles chart. It could be to balance your chakras, promote healing, manifesting specific intentions or any other purpose you wish to achieve.

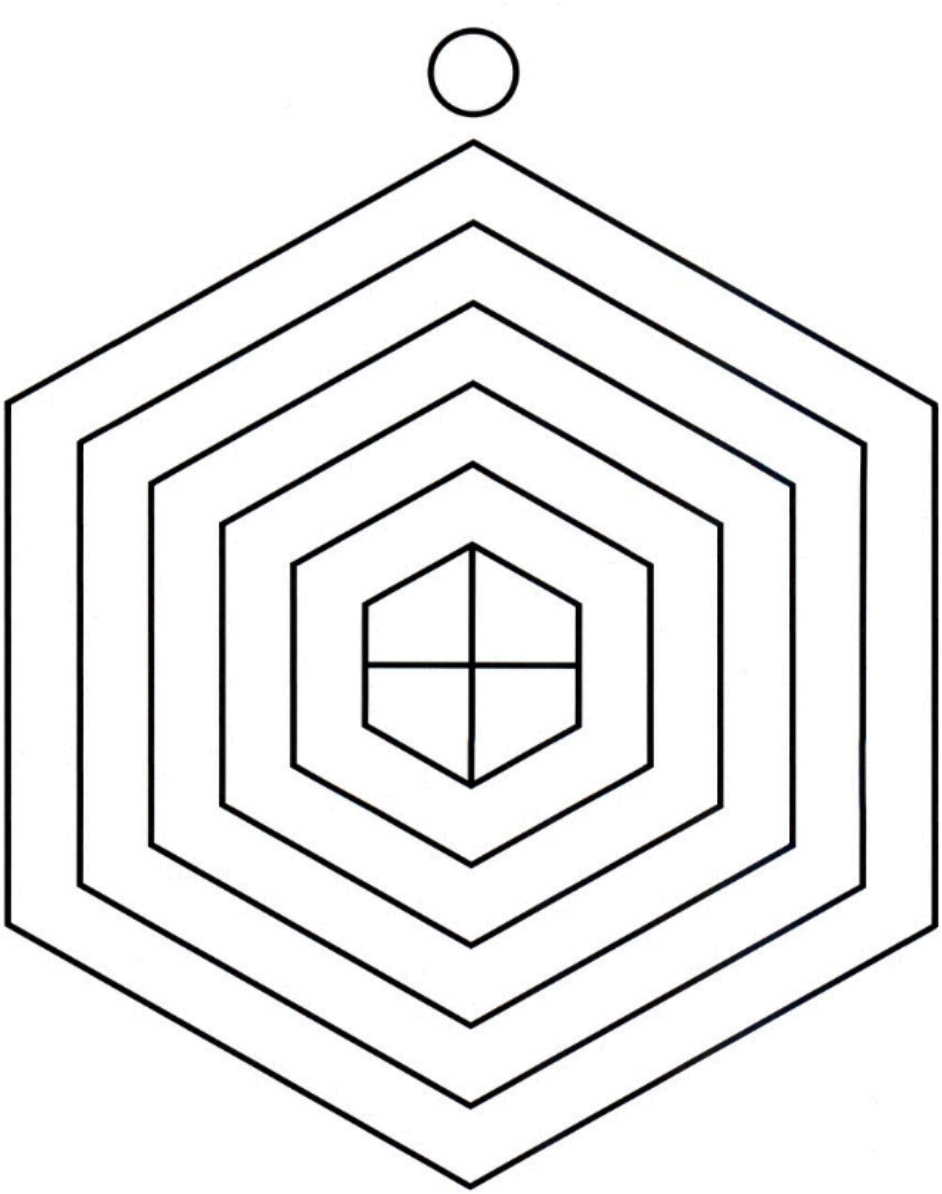
Visualize energy flowing through the circles: Close your eyes and visualize energy flowing through the circles of the Nine Circles chart. Imagine this energy filling each circle and emanating its specific qualities. Feel this energy in your body and focus on the sensations it brings.

Stay in this state for a few minutes: Stay in this state of connection with the Nine Circles graphic for a few minutes, focusing on your intention and allowing the energy to flow freely. You can repeat positive affirmations or mantras related to your intention during this time if you wish.

Give thanks and end the practice: When you have finished using the Nine Circles chart, give thanks for the balanced and harmonized energies. End the practice with a sense of gratitude and trust that your intention was sent and received by the universe.

G r a p h i cAnd shield

Protection



The shield graphic is a graphic representation used in radiesthesia and radionics as an energetic protection tool. It is designed to create a shield or barrier of energy around a person, object or environment, with the aim of blocking unwanted influences or negative energies.

The shield graphic can have different shapes and symbols, but it is generally created with the intention of creating a protective barrier. It is used to strengthen and energetically protect against harmful external influences, such as negative energies, psychic attacks, electromagnetic interference, among others.

When using the shield graphic, the practitioner can hold it in their hands or place it in a specific location. Through intention and visualization, it is possible to imagine the energetic shield being activated and expanding around the person, object or environment, forming a protective barrier.

The shield chart can be used preventively, as a daily protection measure, or in specific situations where one wishes to strengthen energetic defense. It is important to remember that the effectiveness of the shield chart may vary according to the individual beliefs and experiences of each practitioner.

Step by step guide to using the shield graphic in radiesthesia and radionics:

Get a shield chart: Find or create a shield chart of your choice. You can find it in books, online resources, or draw it by hand on paper. Choose a chart that is of good quality and resonates with you.

Prepare and find a quiet place: Take a moment to calm down and find a quiet place where you can focus without interruptions. This will help create an environment that is conducive to practice.

Hold the chart in your hands or place it in a specific location: Take the shield chart between your hands, visualize it, and feel its energy. Alternatively, you can place the chart in a strategic location in the room you wish to protect, such as hanging on a wall or placing it on a flat surface.

Set your intention: Focus on intention to create a protective shield of energy around yourself, an object, or a specific environment. Visualize the shield graphic being activated and emanating protective energy.

Visualize the shield forming: Close your eyes and visualize the energetic shield forming around the person, object or environment. Imagine it as a solid, impenetrable barrier, blocking unwanted influences and negative energies.

Stay in this state for a few minutes: Stay in this state of connection with the shield graphic, visualizing it and feeling its protective energy. Believe that the shield is working effectively, providing powerful and safe protection.

Give thanks and end the practice: When you have finished using the shield graphic, give thanks for the protection and safety provided by the energy shield. End the practice with a sense of gratitude and trust in the power of the shield.



In radiesthesia, the mystical symbol plays an important role as a tool to aid in the detection and direction of subtle energies. Radiesthesia is a practice that seeks to identify and measure energy fields using instruments such as pendulums, rods or radiesthetic charts.

Mystical symbols are used in dowsing in a variety of ways. For example, some practitioners use dowsing charts that contain a variety of symbols to facilitate communication and interpretation.

of energetic information. These graphics can represent chakras, natural elements, sacred symbols, among others.

In addition, certain mystical symbols are used individually as radiesthetic tools. For example, the “crystal pendulum” is a pendulum made of crystal or precious stone, which has its own specific energetic properties and is used to tune and amplify the practitioner’s perception of energies.

The choice of mystical symbols in radiesthesia can be personal and based on the radiesthesist's preferences, the traditions in which he or she is based, or the practitioner's own intuition. It is important to remember that mystical symbols are a form of symbolic representation and do not have inherent powers. It is the radiesthesist's skills and sensibilities that are fundamental in the interpretation and use of these symbols to access energetic information.

In short, in radiesthesia, mystical symbols are used as tools to detect and direct subtle energies. They can be represented in radiesthesia charts or used individually, such as crystal pendulums. The choice of symbols depends on the preferences, traditions and intuitions of the radiesthesist, and his or her skill and sensitivity are fundamental in the interpretation and use of these symbols to access energetic information.

Step 1: Choose the appropriate chart - Select a dowsing chart that contains the mystical symbol you wish to use. There are several charts available, each with different symbols and purposes.

Step 2: Prepare and Set Your Intention - Before you begin, relax and center yourself. Clearly establish your intention or purpose for using the mystical symbol in the chart.

Step 3: Hold the pendulum or rod - If you are using a pendulum, hold it gently between your thumb and forefinger. If you are using a rod, hold it firmly, keeping it parallel to the floor.

Step 4: Align yourself with the chart - Place the dowsing chart on a flat surface or hold it in your non-dominant hand. Make sure the chart is level and does not move during the process.

Step 5: Establish the language of your instrument - Before you start asking questions, establish the language of your pendulum or rod. Ask simple questions that you already know the answers to to determine the movements that correspond to “yes,” “no,” and “I don’t know.” For example, ask the pendulum, “Does it move to the right for ‘yes,’ to the left for ‘no,’ and back and forth for ‘I don’t know’?” Observe the pendulum’s movements for each answer.

Step 6: Ask Your Question - With your intention set, ask your question related to the mystical symbol in the chart. Keep the question clear, to the point and specific.

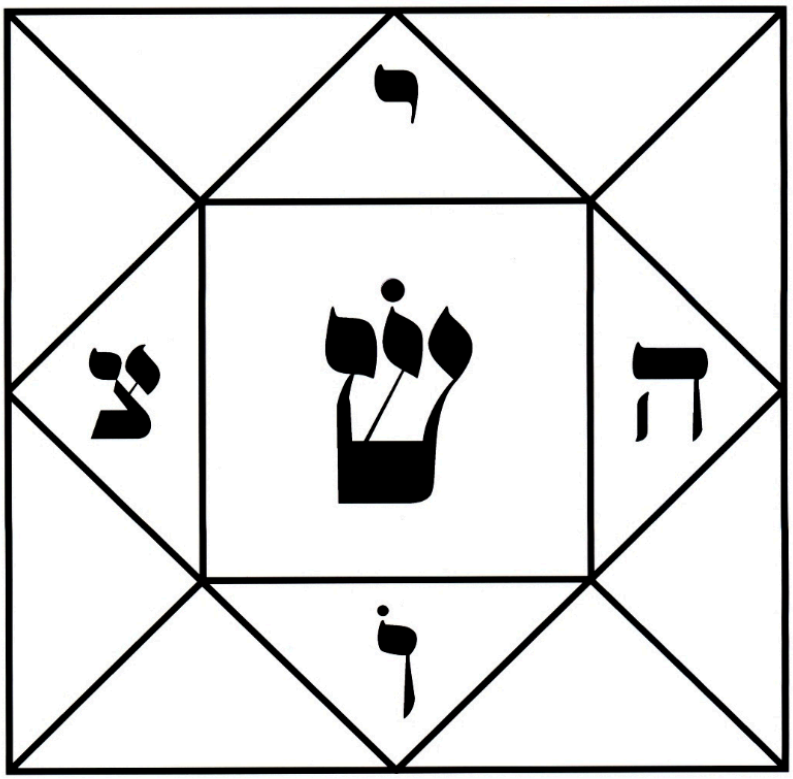
Step 7: Observe the movement of the pendulum or rods - Hold the pendulum or the sticks above the graph and observe the movements they make. The pendulum can swing, swing, move in straight lines, while the sticks can cross, open, or point in different directions, depending on the answer to your question.

Step 8: Interpret the Answer - Based on the movements of the pendulum or the position of the rods in relation to the mystical symbol on the chart, interpret the answer to your question. Remember to consider the language established earlier for “yes,” “no,” and “I don’t know.”

Step 9: Say thank you and end the session - After receiving the answer, thank the pendulum or rods, as well as the radiesthesia chart, for the guidance received. End the radiesthesia session by cleaning and energizing your instrument and storing the chart in a safe place.

SquareMagical

Energy Spreader



The magic square is a radiesthetic graph used in the practice of radiesthesia. It consists of a square grid made up of numbered cells, each number being associated with a specific energy or quality.

In radiesthesia, the magic square is used to direct and balance subtle energies. Each number within the magic square represents a specific vibration, and the practitioner can use the chart to channel or alter these energies according to their intentions.

The radiesthetic magic square can have different sizes, commonly ranging from 3x3 to 9x9 cells. Each cell contains one single number, and the sum of the numbers in each row, column and diagonal always results in a constant value.

Each number within of the magic square has a meaning-of the associate, general-mind related the characteristics are-specific or to particular energies. For example, the number 1 can represent the energy of creativity-of, the number 3 can represent harmony and the number 9 can represent completeness.

When using the radiesthetic magic square, the practitioner can position his pendulum, rods or radiesthetic instrument above the numbered cells and observe the movements or responses obtained. The movements may vary according to the energies present in each cell and the intentions of the radiesthesist.

It is important to note that the interpretation and use of the magic square in radiesthesia may vary between practitioners and traditions. In addition, the practice of radiesthesia requires skill, intuition and practice to develop a deeper connection with the energies and obtain significant results.

you.

In short, the magic square is a radiesthetic chart used in the practice of radiesthesia. It consists of a square grid with numbered cells, each number representing a specific energy or quality. The radiesthesist can use the magic square to direct and balance subtle energies, observing the responses obtained through radiesthetic instruments. The interpretation and use of the magic square can vary between practitioners and requires practice and skill.

Step 1: Choose the size of the magic square - Select the size of the magic square you want to use. It can be a 3x3, 4x4, 5x5 square or any other available dimension.

Step 2: Prepare yourself and set your intention - Before you begin, relax and focus. Clearly define your intention or goal for using the dowsing magic square.

Step 3: Hold the pendulum or rod - If you are using a pendulum, hold it gently between your thumb and forefinger. If you are using a rod, hold it firmly, keeping it parallel to the floor.

Step 4: Align yourself with the magic square - Place the dowsing magic square on a flat surface or hold it in your non-dominant hand. Make sure the magic square is level and does not move during the process.

Step 5: Establish the language of your instrument - Before you start asking questions, establish the language of your pendulum or rod. Ask simple questions, the answers to which you already know, to determine the movements corresponding to “yes,” “no,” and “I don’t know.” For example, ask the pendulum, “Does it move to the right for ‘yes,’ to the left for ‘no,’ and back and forth for ‘I don’t know’?” Observe the movements of the pendulum for each answer.

Step 6: Ask your question - With your intention set, ask your question related to the magic square. You can direct the question to a specific number or combination of numbers within the magic square.

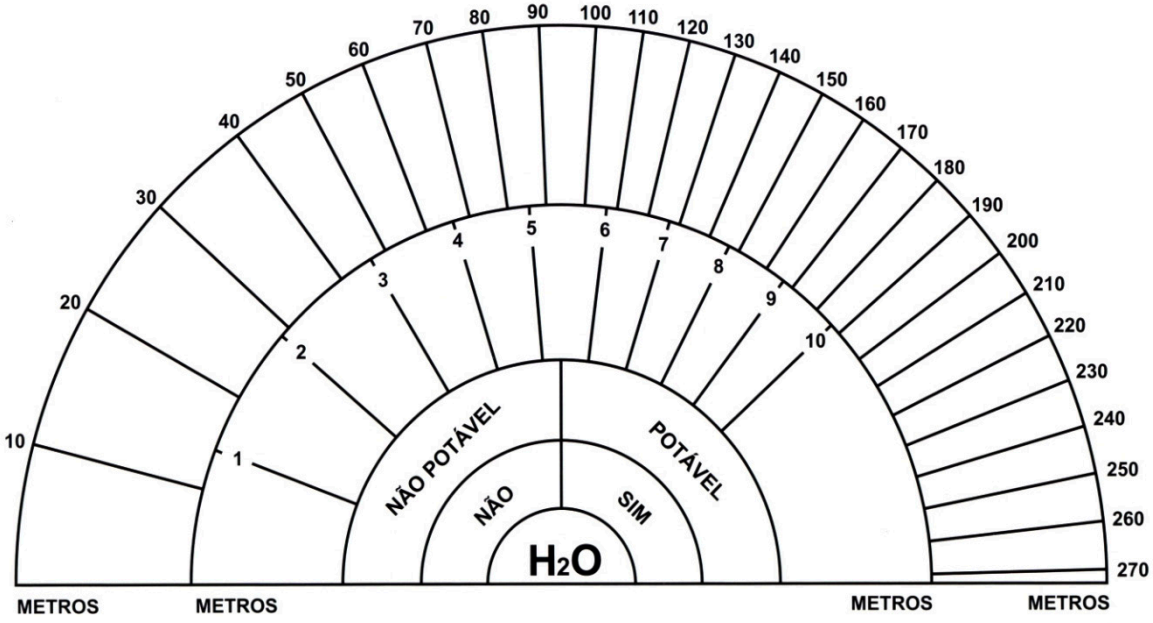
Step 7: Observe the movement of the pendulum or rods - Hold the pendulum or rods above the magic square and observe the movements they make. The pendulum may rotate, swing, or move in straight lines, while the rods may cross, open, or point in different directions, depending on the answer to your question.

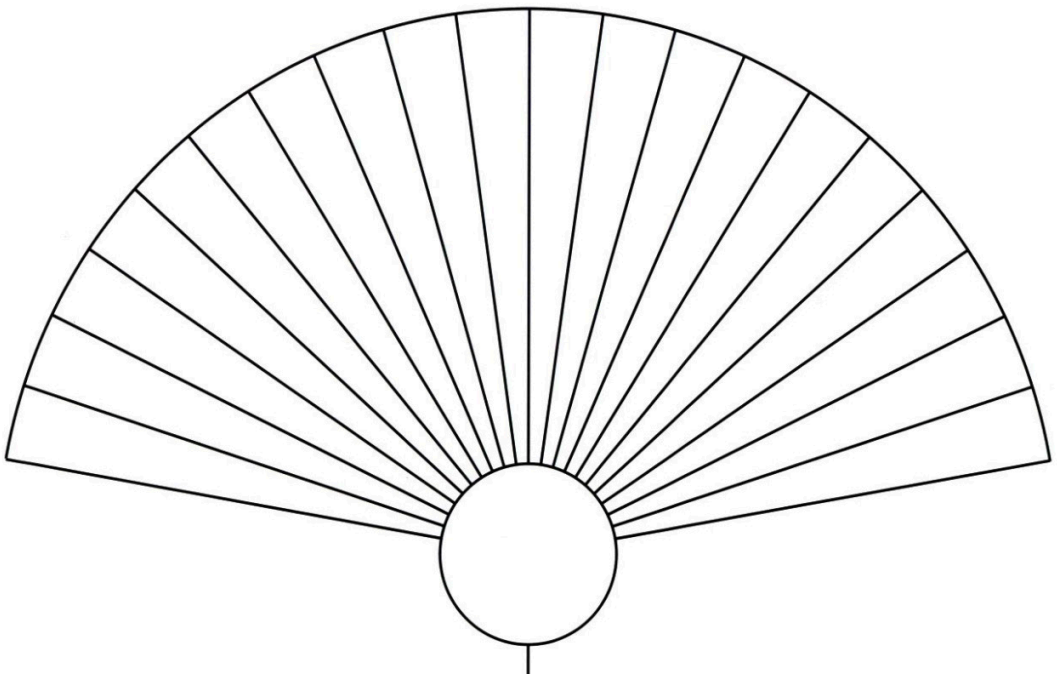
Step 8: Interpret the answer - Based on the movements of the pendulum or the position of the rods in relation to the magic square, interpret the answer to your question. Remember to take into account the language established earlier for “yes,” “no,” and “I don’t know.”

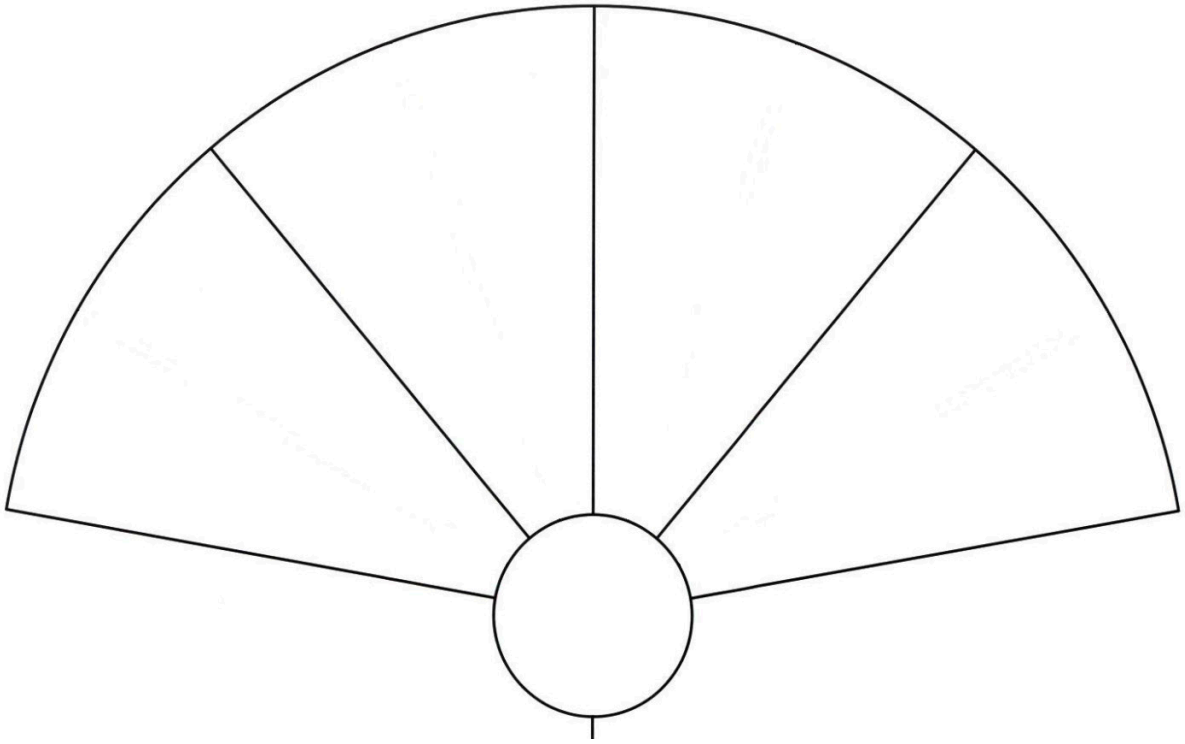
Step 9: Give thanks and end the session - After receiving the answer, thank the pendulum or rods, as well as the magic square, for the guidance received. End the radiesthesia session by cleaning and energizing your instrument and storing the magic square in a safe place.

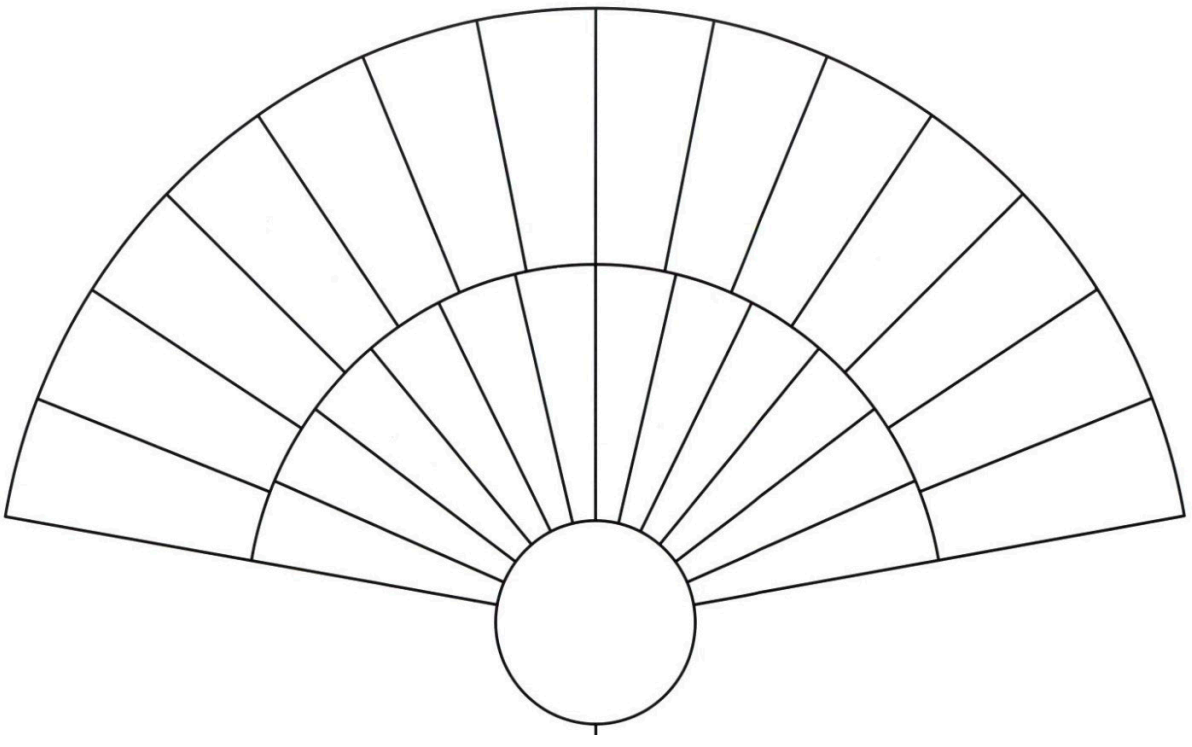
Others Graphics

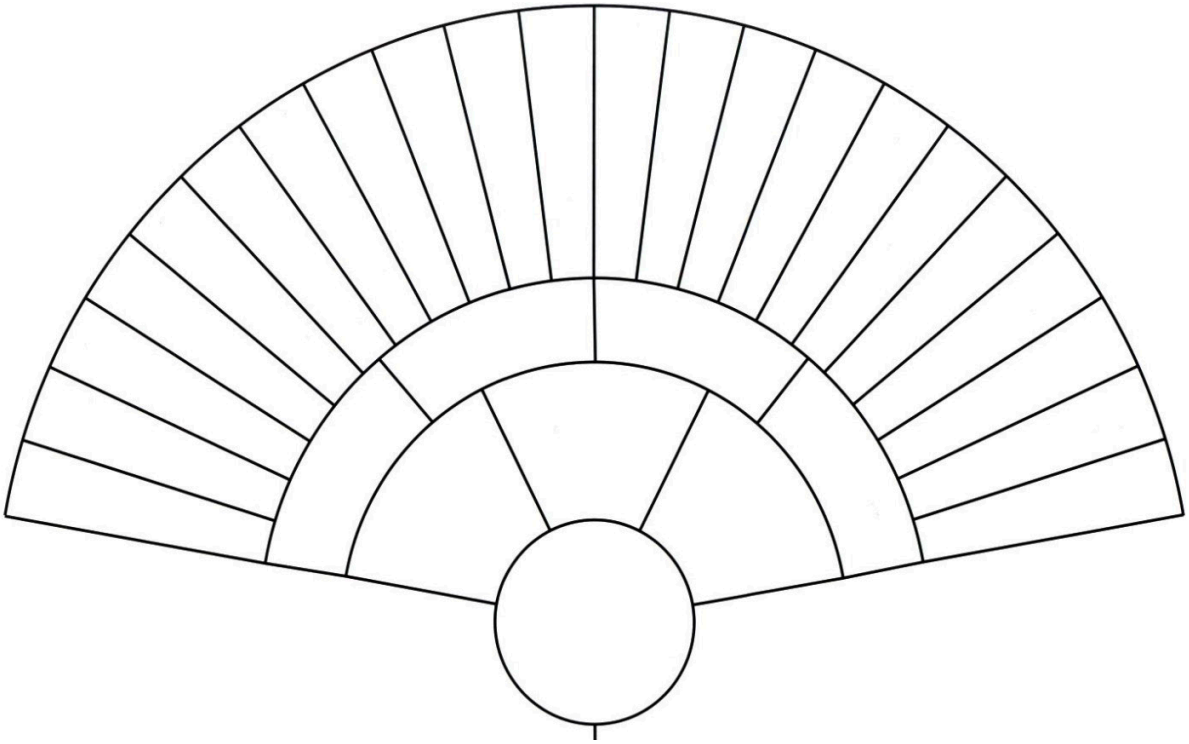
Main Radionic Charts



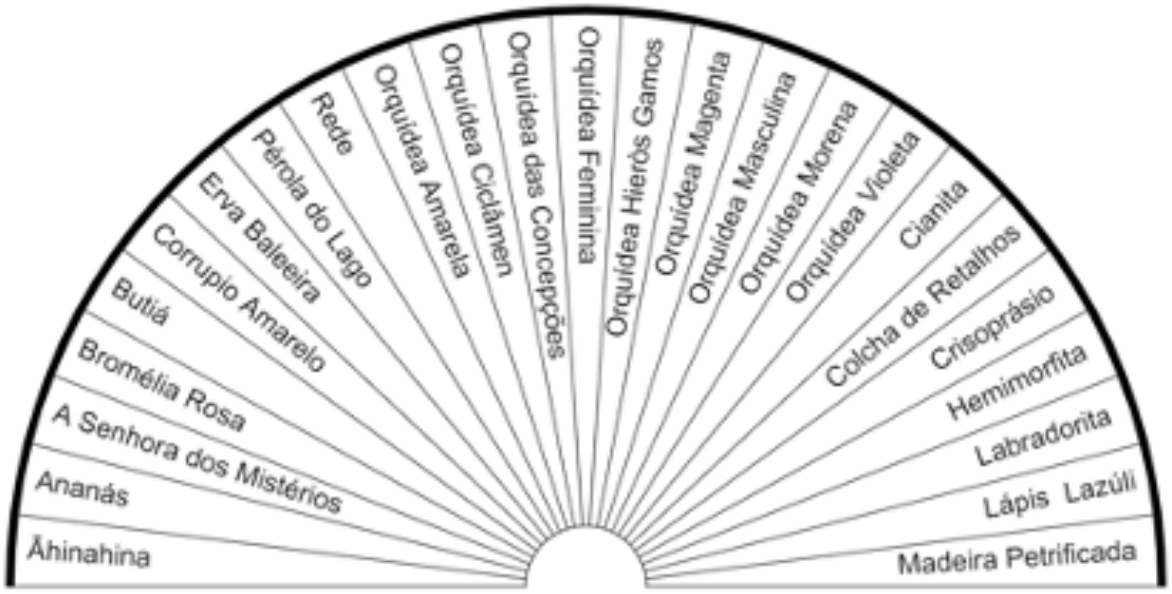


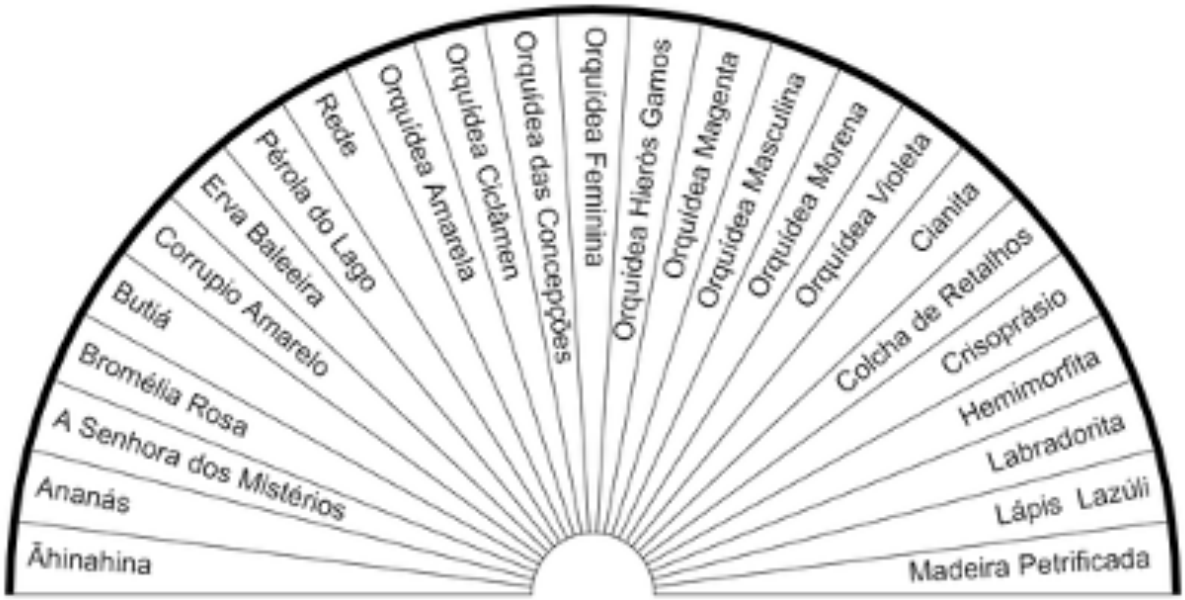


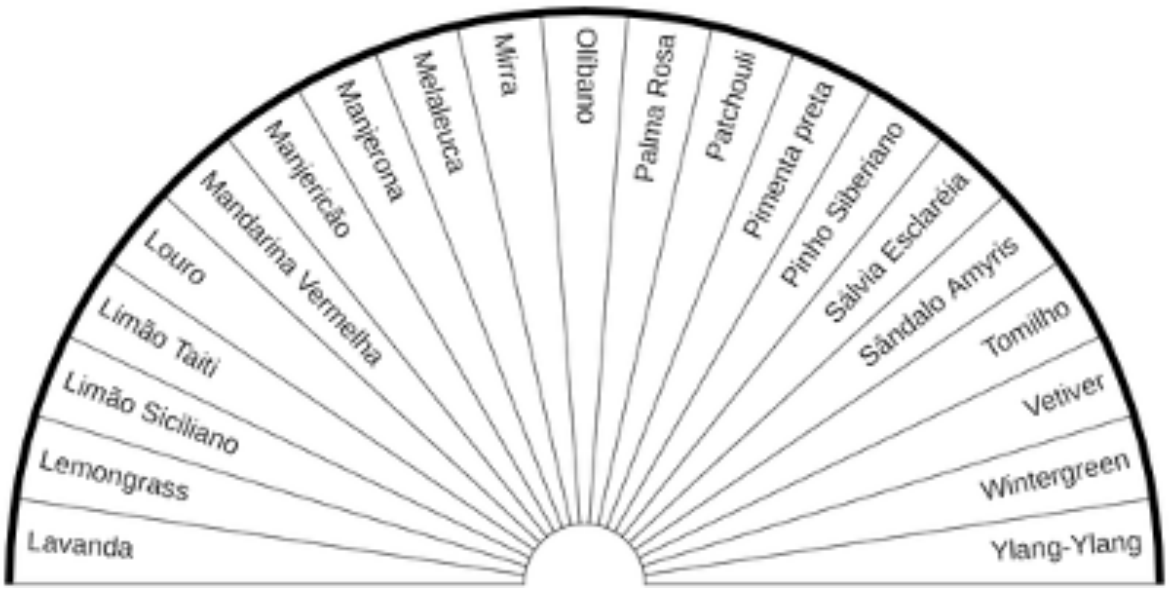




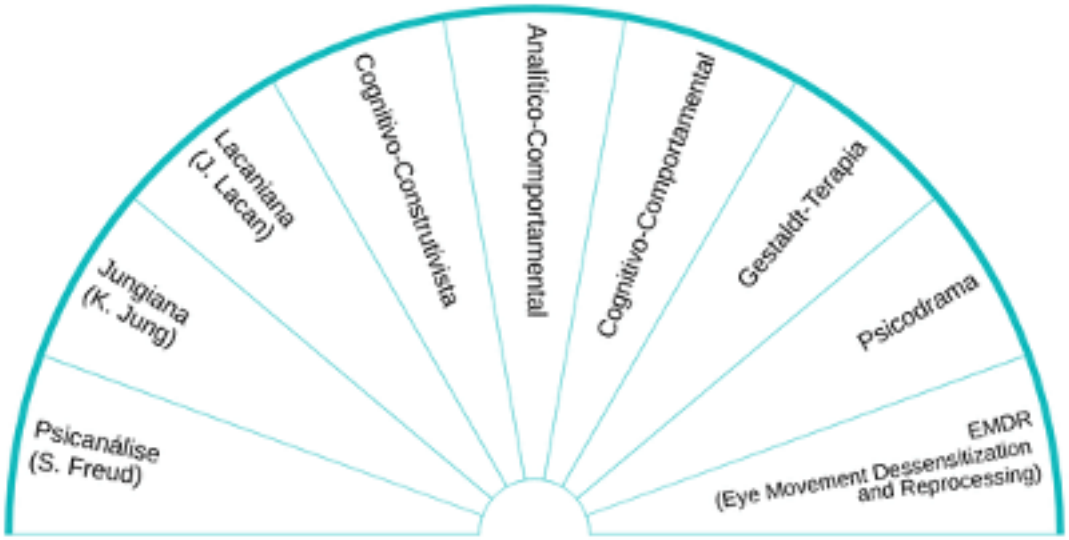

Escrever
Exercitar a criatividade
Contato com a natureza
Atuar no mundo de forma consciente e reflexiva
Viver o aqui e agora
Meditar
Perdoar
Identificar suas prioridades
Atentar-se à sua intuição
Dedicar um tempo ao autocuidado
Passar um tempo com outras pessoas
Cuidar das plantas
Evitar o excesso de atividades
Deixar sua criança interior se expressar
Dormir o suficiente
Deitar-se cedo
Evitar dormir em excesso
Evitar ingestão gorduras
Evitar excesso de comida
Comer comida viva
Evitar café
Evitar bebidas gasosas
Evitar bebidas alcóolicas
Evitar medicamentos
Praticar Exercícios
Ler
Estudar

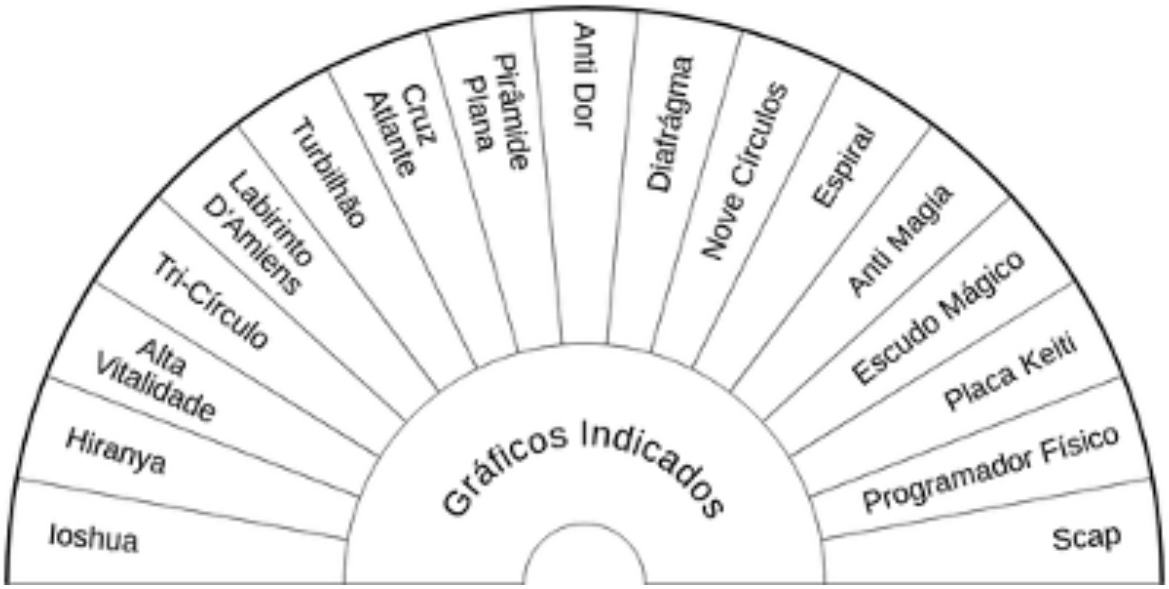

Orquídea Feminina
Orquídea Hierós Gamos
Orquídea Magenta
Orquídea Masculina
Orquídea Morena
Orquídea Violeta
Cianita
Colcha de Retalhos
Crisoprásio
Hemimorfita
Labradorita
Lápis Lazúli
Madeira Petrificada
Orquídea das Concepções
Orquídea Ciclâmen
Orquídea Amarela
Rede
Pérola do Lago
Erva Baleeira
Corrupio Amarelo
Butiá
Bromélia Rosa
A Senhora dos Mistérios
Ananás
Ãhinahina

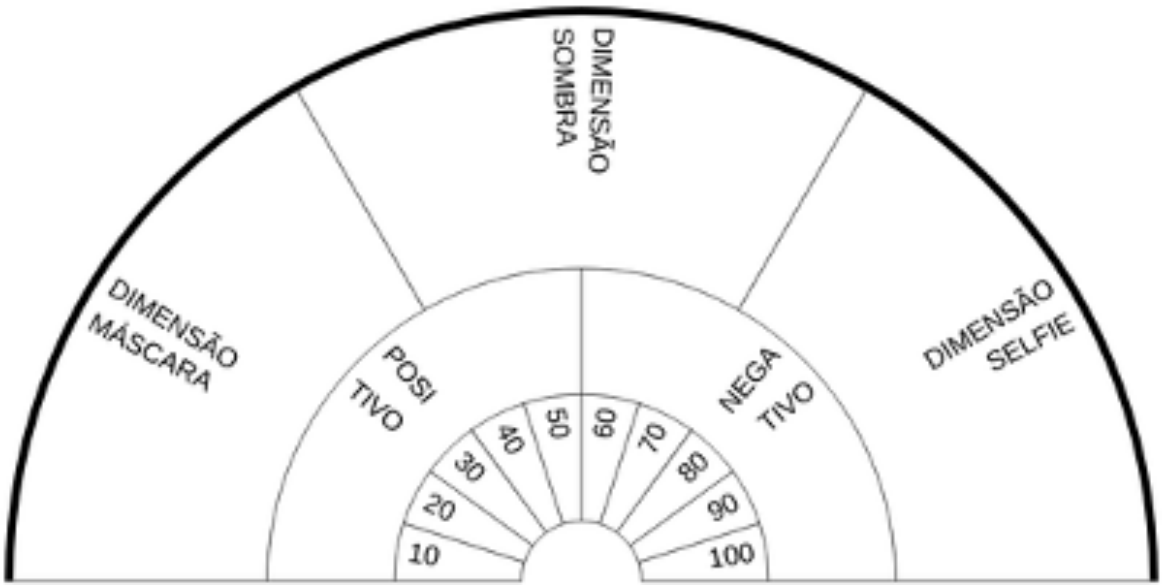

Orquídea Feminina
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Orquídea Masculina
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Bromélia Rosa
A Senhora dos Mistérios
Ananás
Ãhinahina

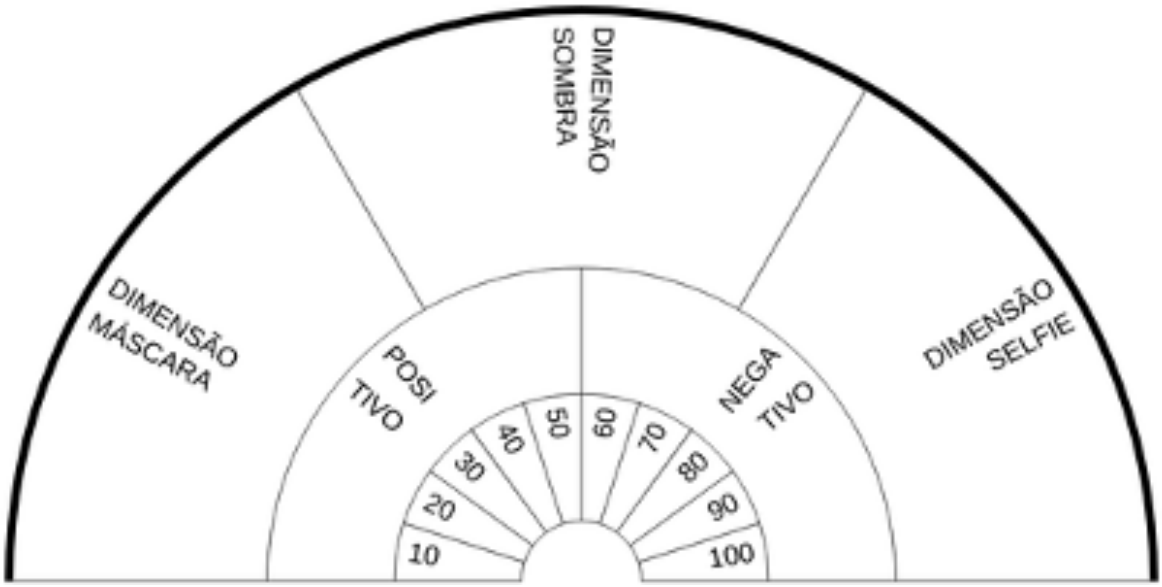

Lavanda
Lemongrass
Limão Siciliano
Limão Taiti
Louro
Mandarina Vermelha
Manjericão
Manjerona
Melaleuca
Mirra
Olíbano
Palma Rosa
Patchouli
Pimenta preta
Pinho Siberiano
Sálvia Esclaréia
Sândalo Amyris
Tomilho
Vetiver
Wintergreen
Ylang-Ylang


Psicanálise
(S. Freud)
Jungiana
(K. Jung)
Lacaniana
(J. Lacan)
Cognitivo-Construtivista
Analítico-Comportamental
Cognitivo-Comportamental
Gestaldt-Terapia
Psicodrama
EMDR
(Eye Movement Dessensitization
and Reprocessing)

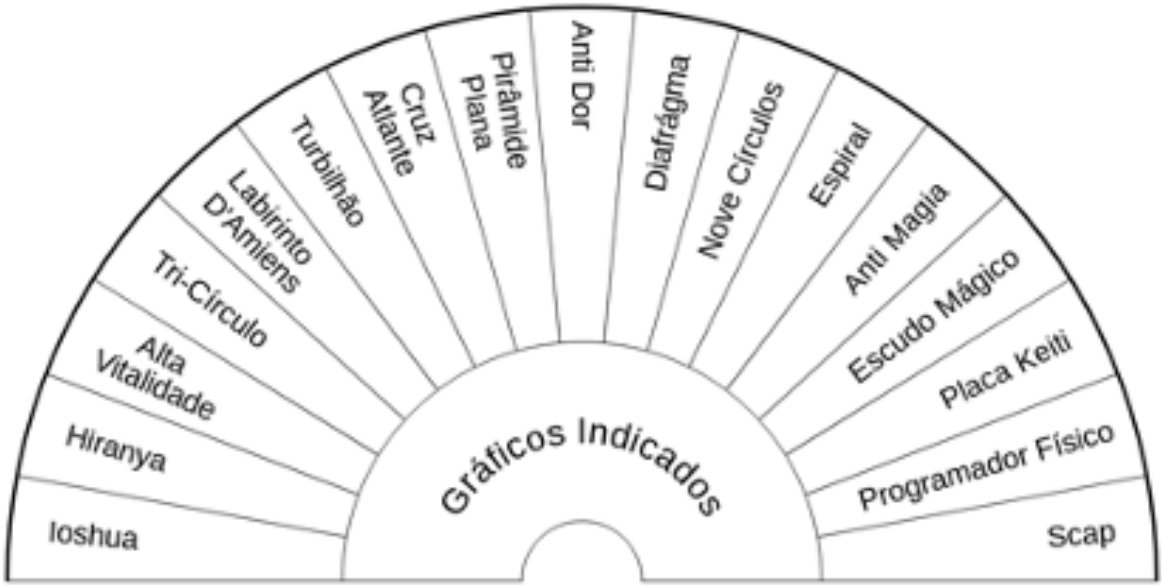

Psicanálise
(S. Freud)
Jungiana
(K. Jung)
Lacaniana
(J. Lacan)
Cognitivo-Construtivista
Analítico-Comportamental
Cognitivo-Comportamental
Gestaldt-Terapia
Psicodrama
EMDR
(Eye Movement Dessensitization
and Reprocessing)


Gráficos Indicados
Ioshua
Hiranya
Alta
Vitalidade
Tri-Círculo
Labirinto
D'Amiens
Turbilhão
Cruz
Atlante
Pirâmide
Plana
Anti Dor
Diafrágma
Nove Círculos
Espiral
Anti Magia
Escudo Mágico
Placa Kelti
Programador Físico
Scap

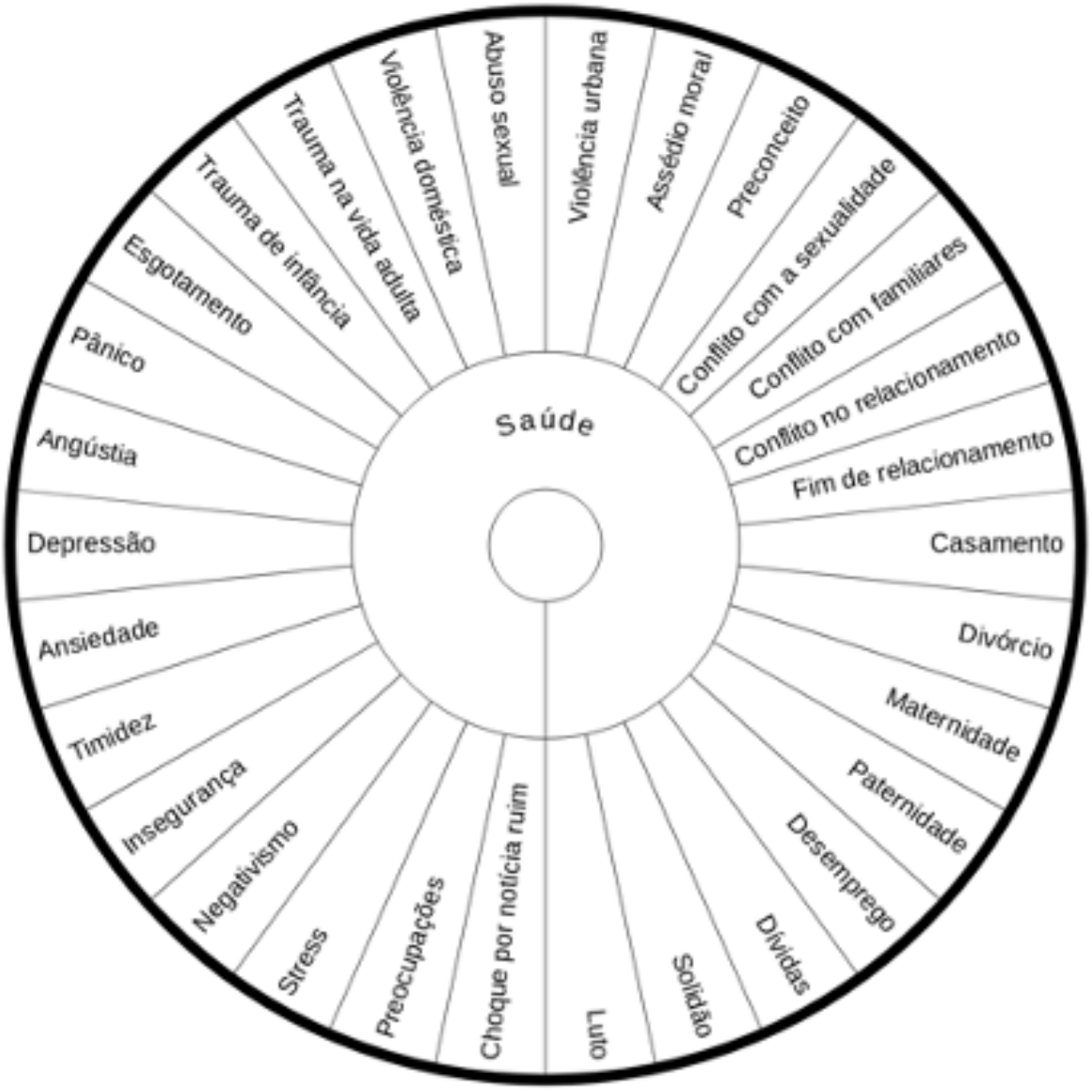

DIMENSÃO SOMBRA
DIMENSÃO MÁSCARA
DIMENSÃO SELFIE
POSI TIVO
NEGA TIVO
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100

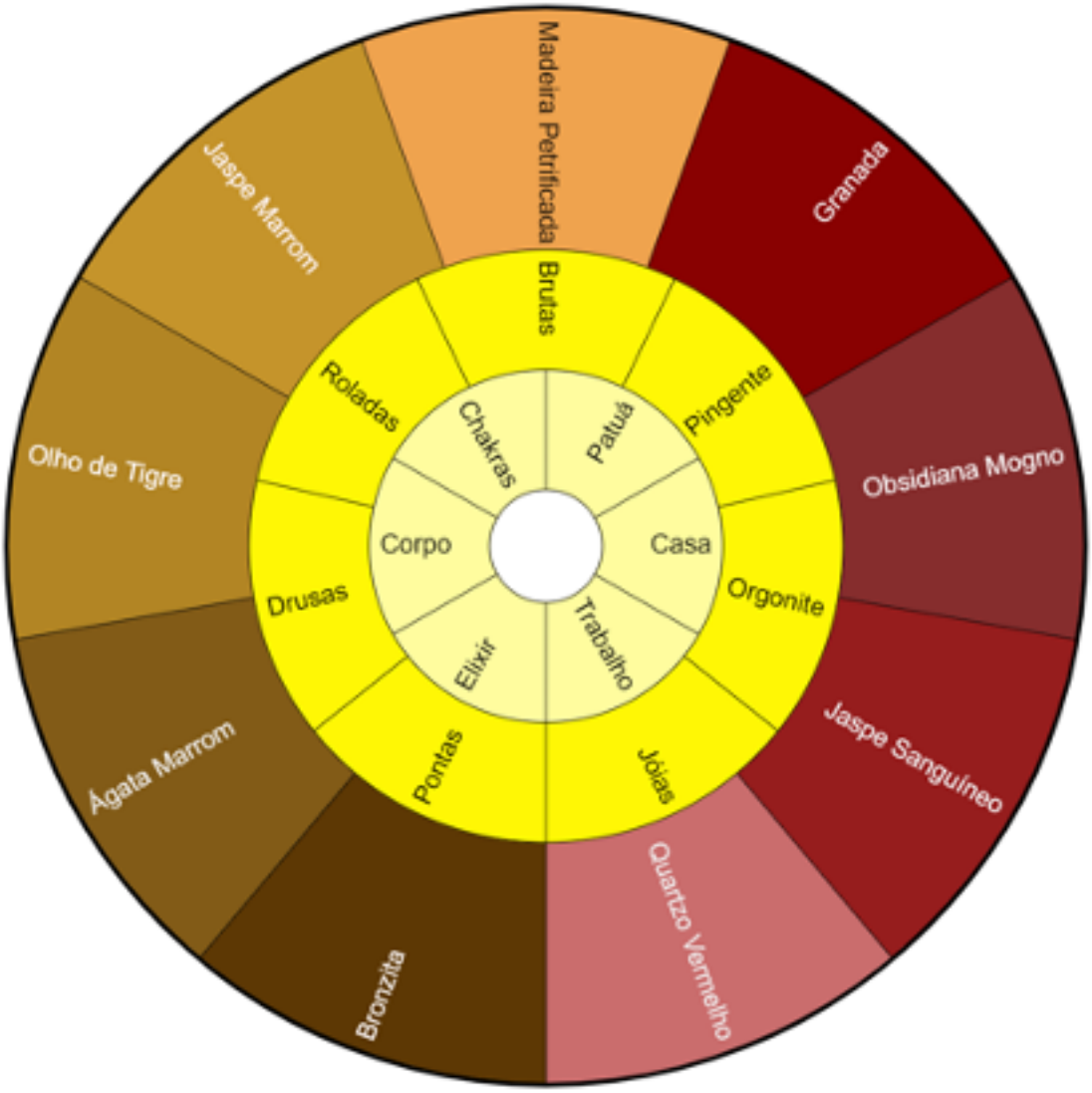

DIMENSÃO SOMBRA
DIMENSÃO MÁSCARA
DIMENSÃO SELFIE
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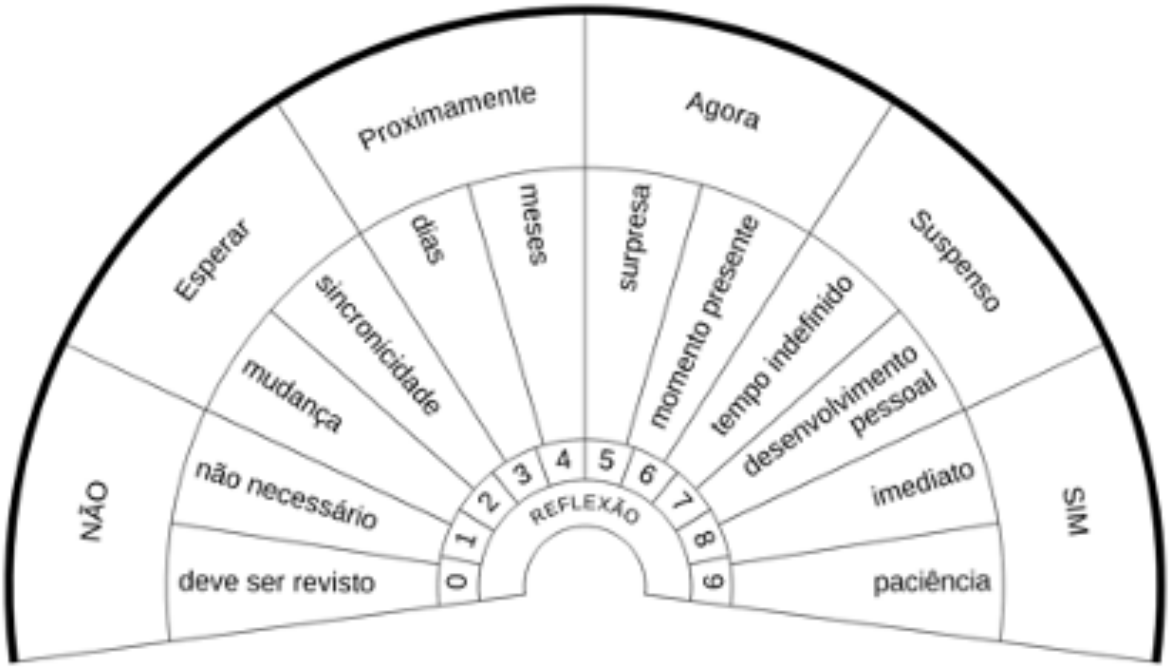

AMARELO BRILHANTE
Despertar Espiritual, Alegre, Divertida
AMARELO PÁLIDO
Renovação Espiritual Futura
VERMELHO
Sexualidade Forte, Nervosismo
VERMELHO ESCURO
Auto Suficiente, Centrada
VERMELHO BRILHANTE
Apaixonada, Sensual
VERMELHO NUBLADO
Guarda Raiva Profunda
LARANJA
Ambição, Muita Energia Sexual
LARANJA ESCURO
Forte Poder Pessoal
LARANJA CLARO
Possui uma Mente Criativa
NEGRO
Desequilíbrio, Bloqueio Físico, Suicida, Má
BRANCO
Pureza e Paz
BRANCO CRISTALINO
Ser Crístico, Budico
BRANCO LEITOSO
Falta de Ideias, Insatisfação
PRATEADA
Curandeiro/Medium Natural
VERDE ESCURO
Ciumento, Guarda Rancor
VERDE FLORESTA
Curandeiro Natural
VERDE TURQUEZA
Curandeiro Poderoso
AZUL
Paz, Harmonia
AZUL CLARO
Sinceridade, Calmo
AZUL ESCURO
Desconfiado
AZUL INDIGO
Estudioso da Espiritualidade
VIOLETA
Clarividente, Ligada a Espiritualidade
DOURADA
Grande Desenvolvimento Espiritual
ROSA
Suavidade, Amor, Gentileza, Ternura
ROSA ESCURO
Engano, Desonestidade, Ruim
AMARELA
Felicidade, Otimismo, Clareza Mental
AMARELO Limão
Medo Geral

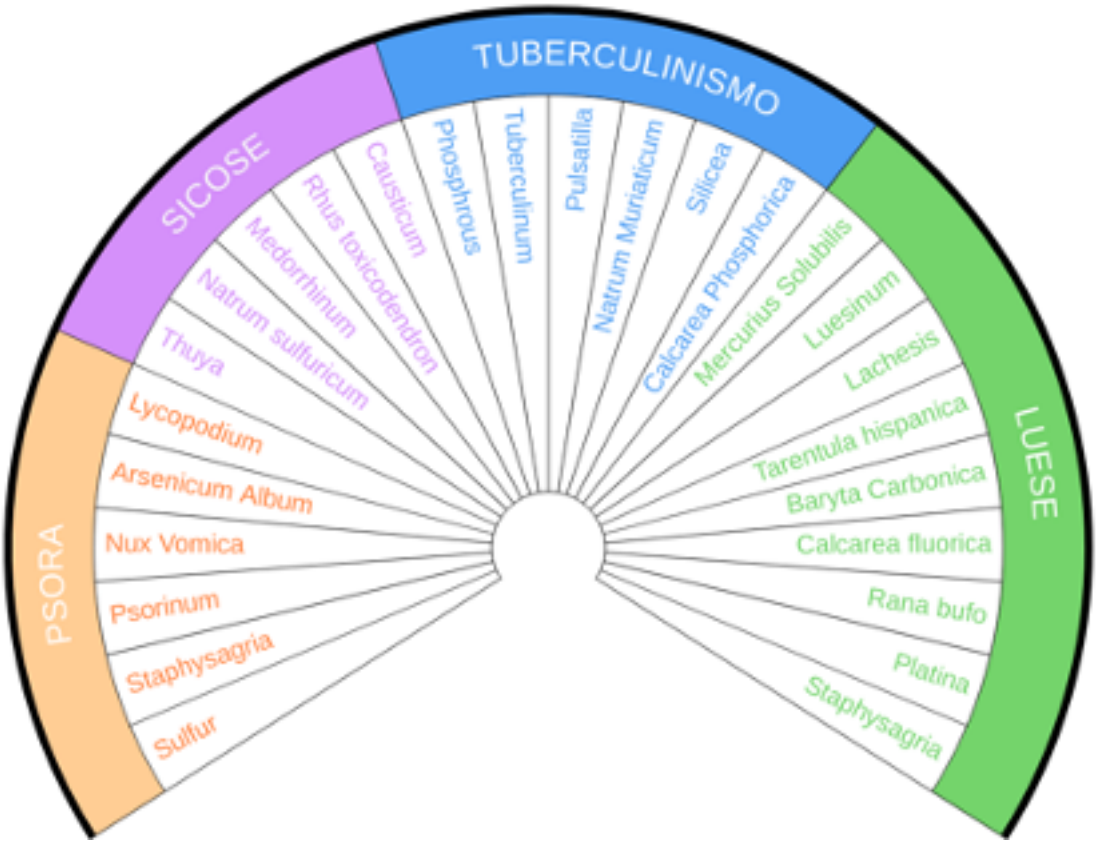

Gráficos Indicados
Anti Dor
Diafrágma
Nove Círculos
Espiral
Anti Magia
Escudo Mágico
Placa Keiti
Programador Físico
Scap
Pirâmide Plana
Cruz Atlante
Turbilhão
Labirinto D'Amiens
Tri-Círculo
Alta Vitalidade
Hiranya
Ioshua

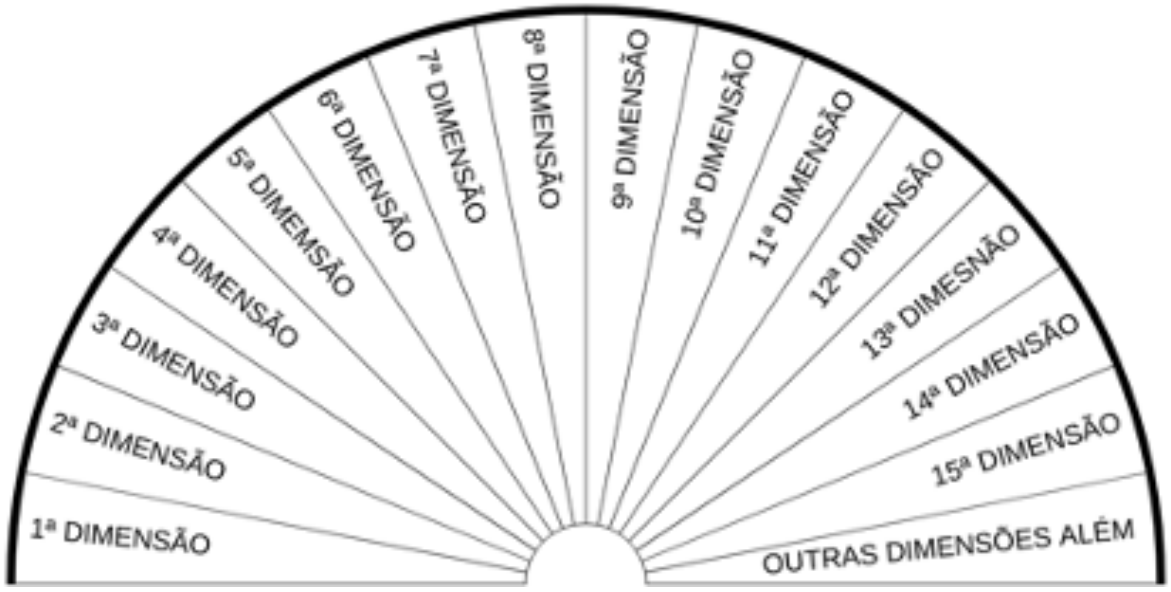

Causal
Mental
Morontial
Emocional-Astral
EU SOU
Físico-Etérico
Outros
Personalidades obsessoras
Deficiência energética
Falta de energia
Hiperatividade energética
Personalidades atuantes (-)
Fraqueza e sujidade na aura
Bloqueio energético nos chakras
Matéria energética doente
Traumas da vida atual
Pensamentos negativos
Entidades psíquicas negativas
Ego negativo
Malhas magnéticas rompidas
Malhas magnéticas fracas
Chakras super ativados
Chakras desvitalizados
SIM
NÃO

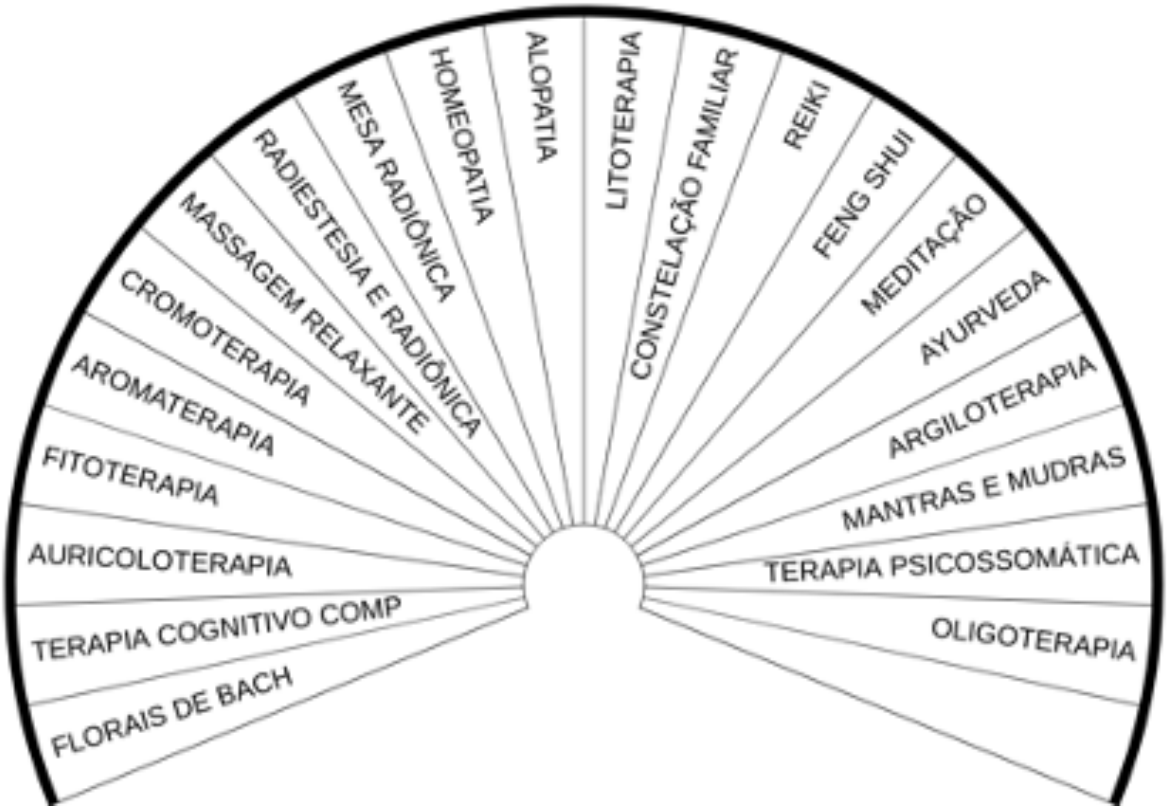

Saúde
Abuso sexual
Violência urbana
Assédio moral
Preconceito
Conflito com a sexualidade
Conflito com familiares
Conflito no relacionamento
Fim de relacionamento
Casamento
Divórcio
Maternidade
Paternidade
Desemprego
Dívidas
Solidão
Luto
Choque por notícia ruim
Preocupações
Stress
Negativismo
Insegurança
Timidez
Ansiedade
Depressão
Angústia
Pânico
Esgotamento
Trauma de infância
Trauma na vida adulta
Violência doméstica

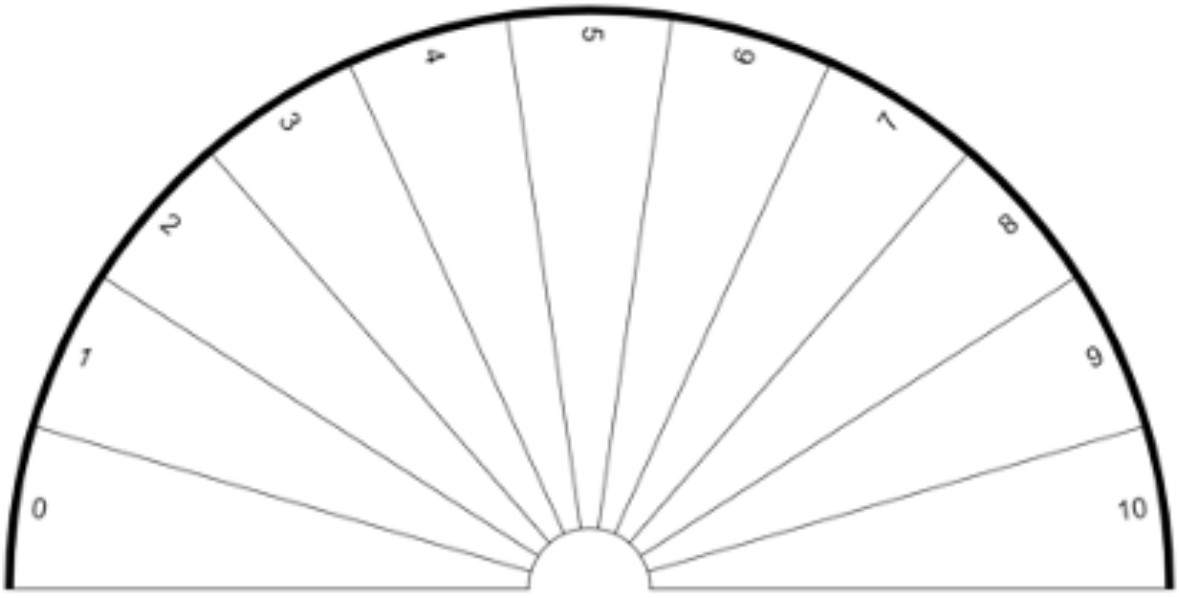

Madeira Petrificada
Granada
Obsidiana Mogno
Jaspe Sanguíneo
Quartzo Vermelho
Bronzita
Ágata Marrom
Olho de Tigre
Jaspe Marrom
Brutas
Pingente
Polida
Orgonite
Jóias
Trabalho
Pontas
Elixir
Drusas
Corpo
Roladas
Chakras
Casa


Proximamente
Agora
Esperar
Suspenso
dias
meses
surpresa
momento presente
tempo indefinido
desenvolvimento pessoal
sincronicidade
mudança
não necessário
deve ser revisto
imediato
paciência
NÃO
SIM
REFLEXÃO
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1
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3
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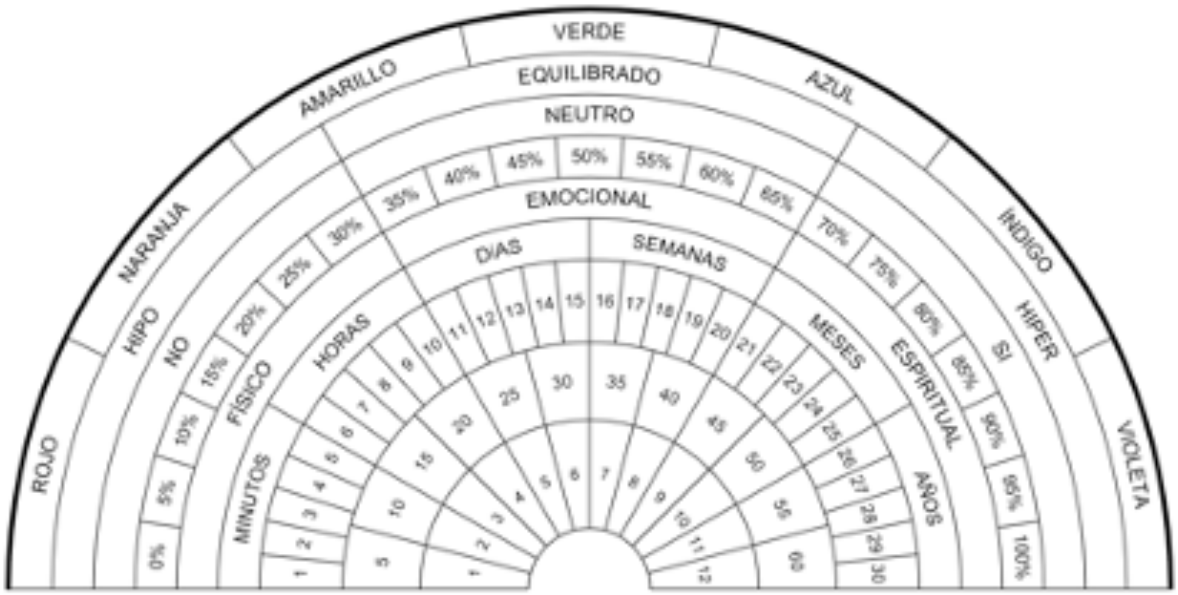

TUBERCULINISMO
SICOSE
LUESE
PSORA
Phosphorous
Tuberculinum
Pulsatilla
Natrum Muriaticum
Silicea
Calcarea Phosphorica
Mercurius Solubilis
Luesinum
Lachesis
Tarentula hispanica
Baryta Carbonica
Calcarea fluorica
Rana bufo
Platina
Staphysagria
Causticum
Rhus toxicodendron
Medorrhinum
Natrum sulfuricum
Thuya
Lycopodium
Arsenicum Album
Nux Vomica
Psorinum
Staphysagria
Sulfur

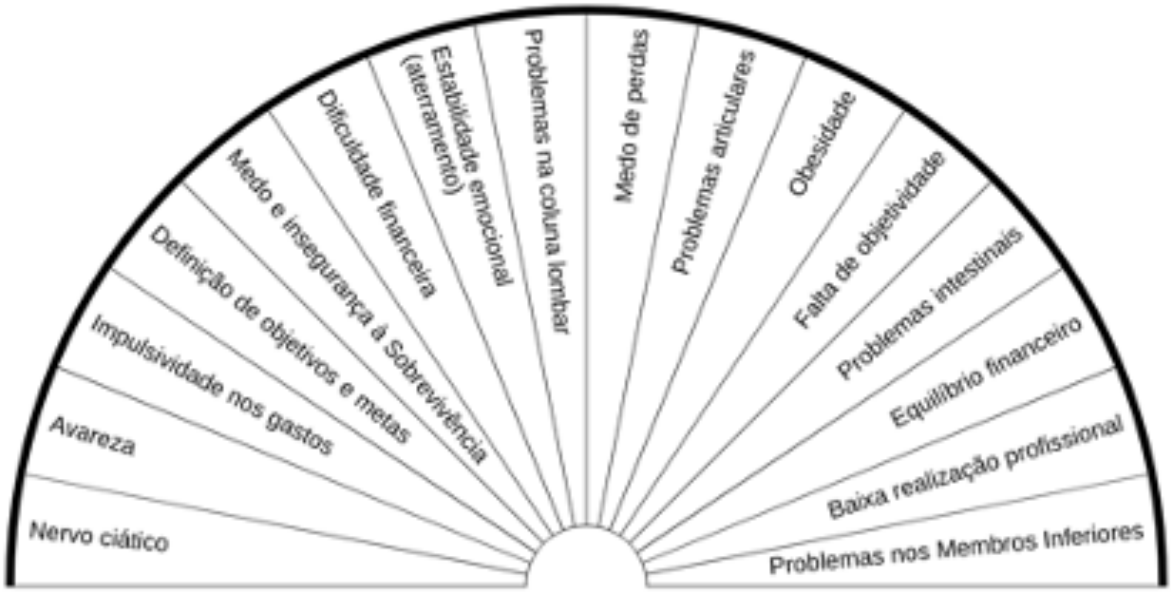

1ª DIMENSÃO
2ª DIMENSÃO
3ª DIMENSÃO
4ª DIMENSÃO
5ª DIMEMSÃO
6ª DIMENSÃO
7ª DIMENSÃO
8ª DIMENSÃO
9ª DIMENSÃO
10ª DIMENSÃO
11ª DIMENSÃO
12ª DIMENSÃO
13ª DIMESNÃO
14ª DIMENSÃO
15ª DIMENSÃO
OUTRAS DIMENSÕES ALÉM

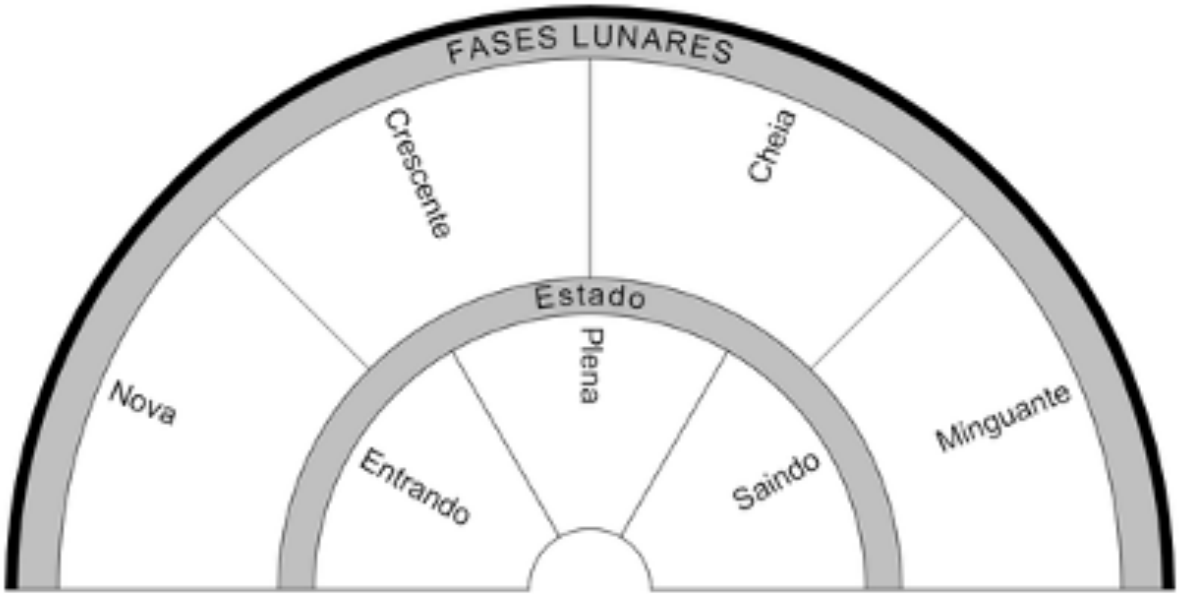

FLORAIS DE BACH
TERAPIA COGNITIVO COMP
AURICOLOTERAPIA
FITOTERAPIA
AROMATERAPIA
CROMOTERAPIA
MASSAGEM RELAXANTE
RADIESTESIA E RADIÔNICA
MESA RADIÔNICA
HOMEOPATIA
ALOPATIA
LITOTERAPIA
CONSTELAÇÃO FAMILIAR
REIKI
FENG SHUI
MEDITAÇÃO
AYURVEDA
ARGILOTERAPIA
MANTRAS E MUDRAS
TERAPIA PSICOSSOMÁTICA
OLIGOTERAPIA


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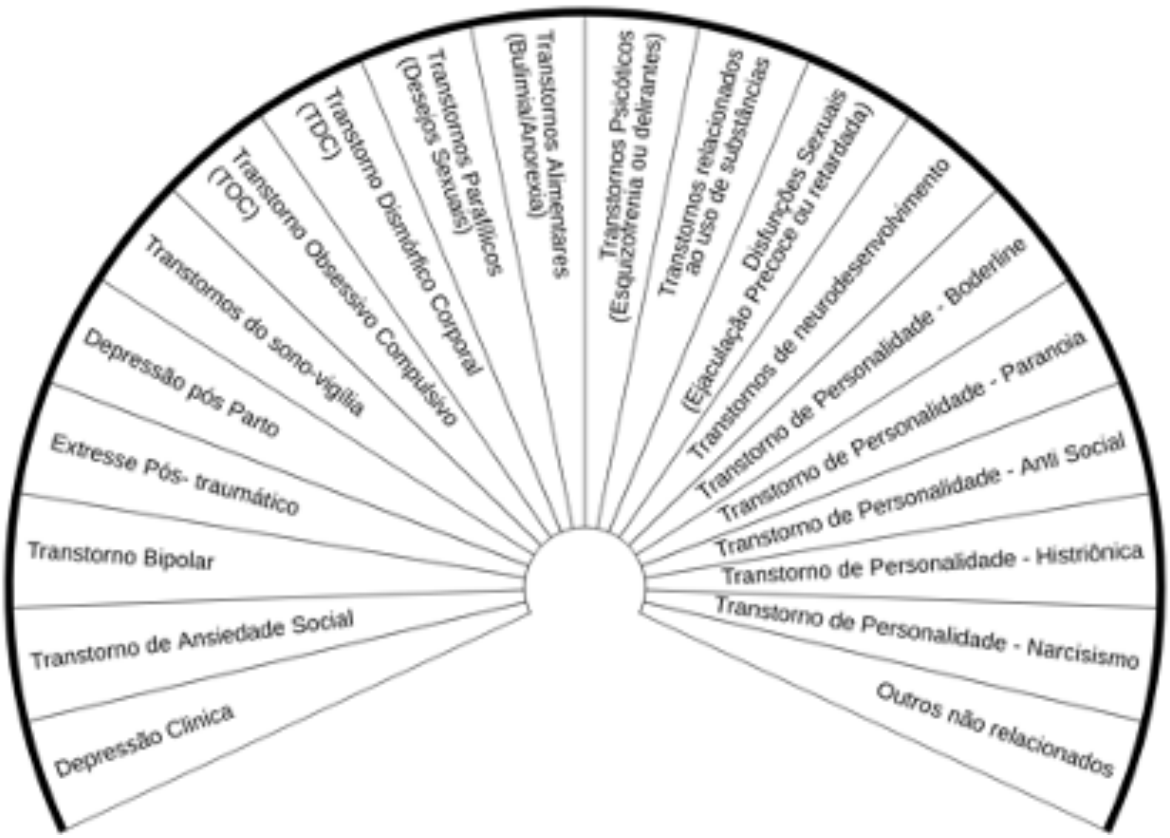

Medo
Independência Pessoal
Independência Profissional
Solidão
Insegurança
Alegria
Fadiga
Cólica
Dificuldade de Engravidar
Infecções Urinárias
Candidíase
Próstata
Hemorróidas
TPM
Menopausa
Dores Lombares
Doenças Musculares
Doenças Crônicas
Doenças do Sangue
Equilibrar Chakra Básico
Vícios
Relação Dinheiro
Aceitação do Merecimento
Dificuldades de Tomar Decisões
Fim e Início de Ciclos
Escolha dos Caminhos a Seguir
Relações Familiares
Posse/Apego/Desapego
Rigidez
Aceitação de Culpas
Relação com o Outro
Despertar Desejo Sexual
Acalmar Desejo Sexual
Desespero
Ganância
Preocupação


VERDE
AMARILLO
AZUL
EQUILIBRADO
NEUTRO
NARANJA
INDIGO
EMOCIONAL
HIPO
HIPER
DIAS
SEMANAS
NO
SI
HORAS
MESES
FÍSICO
ESPIRITUAL
MINUTOS
AÑOS
ROJO
VIOLETA
0%
5%
10%
15%
20%
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75%
80%
85%
90%
95%
100%

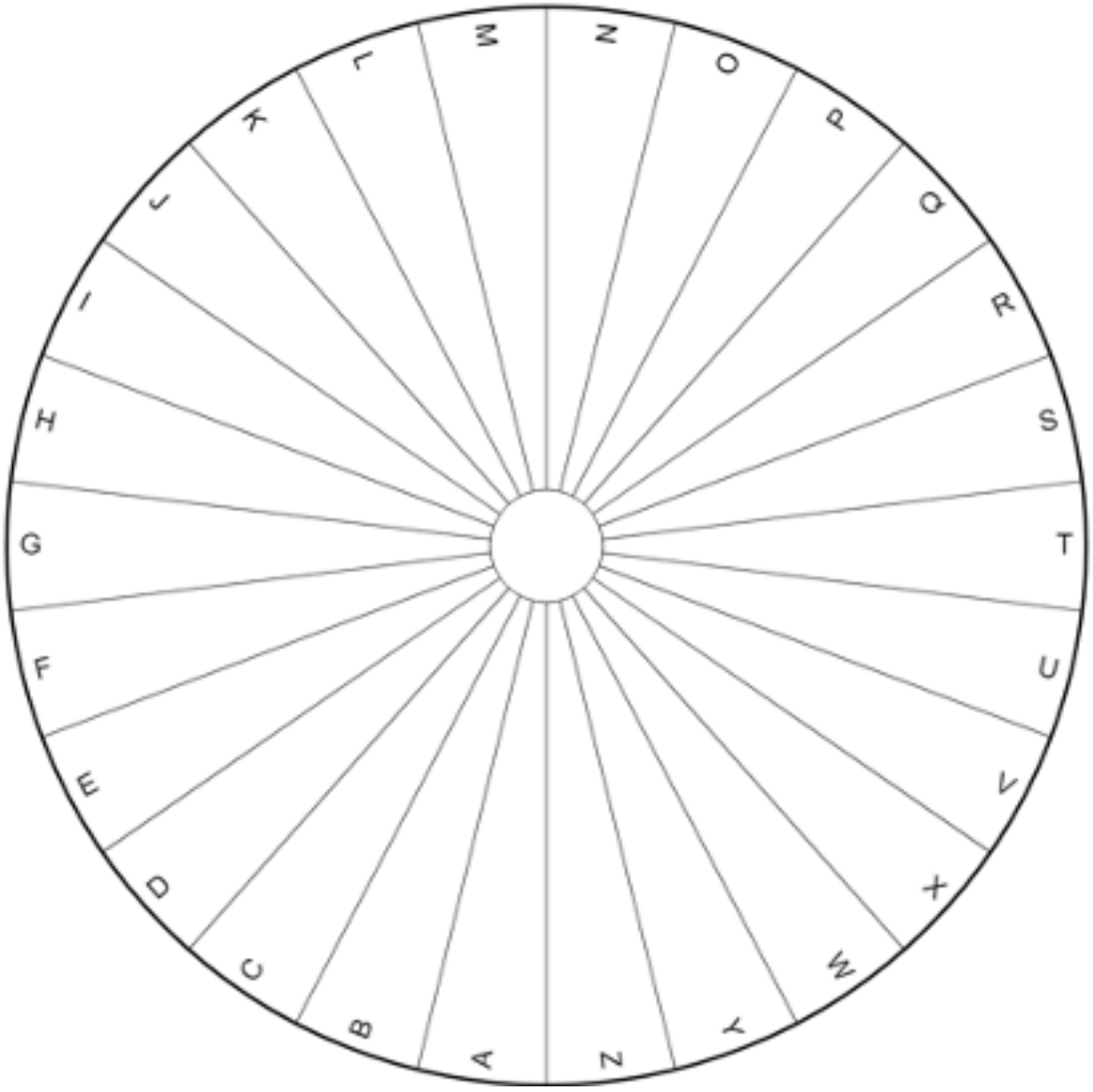

Nervo ciático
Avareza
Impulsividade nos gastos
Definição de objetivos e metas
Medo e insegurança à Sobrevivência
Dificuldade financeira
Estabilidade emocional (aterramento)
Problemas na coluna lombar
Medo de perdas
Problemas articulares
Obesidade
Falta de objetividade
Problemas intestinais
Equilíbrio financeiro
Baixa realização profissional
Problemas nos Membros Inferiores

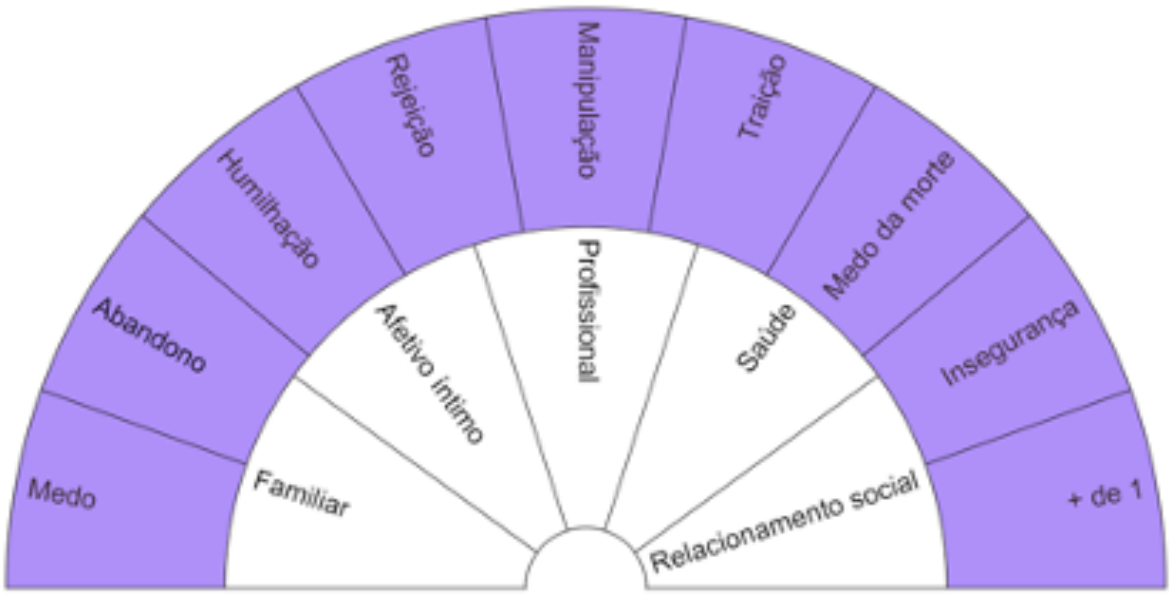

FASES LUNARES
Nova
Crescente
Cheia
Minguante
Estado
Entrando
Plena
Saindo

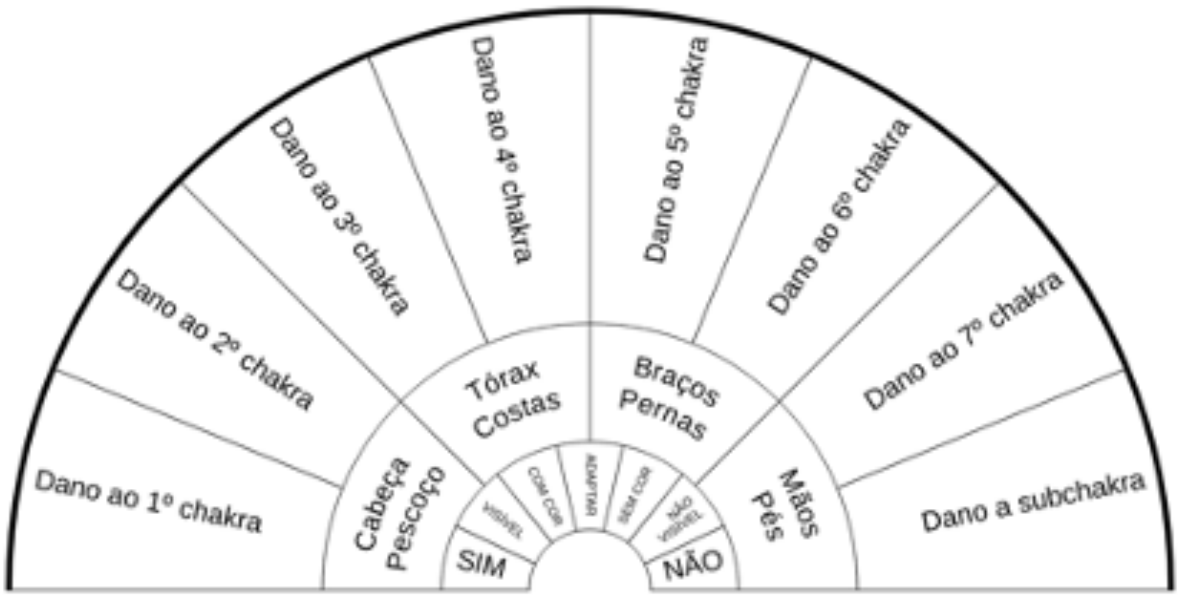

RELACIONADO AO CONSULENTE
RELACIONADO A ALGUÉM DA LISTA
NÃO SE RELACIONA MAIS
AINDA SE RELACIONA
INTIMAMENTE RELACIONADO
RELACIONAMENTO OCASIONAL
Companheiro
Companheira
Enteado
Enteada
Padrasto
Madrasta
Padrinho
Madrinha
Colega
Vizinho
Vizinha
Conhecido
Conhecida
Desconhecido(a)
Funcionário
Pessoa pública
Sobrinho
Sobrinha
Outros
Amigo
Amiga
Irmã
Irmão
Neta
Neto
Avó
Avô
Prima
Primo
Tia
Tio
Filha
Filho
Mãe
Pai

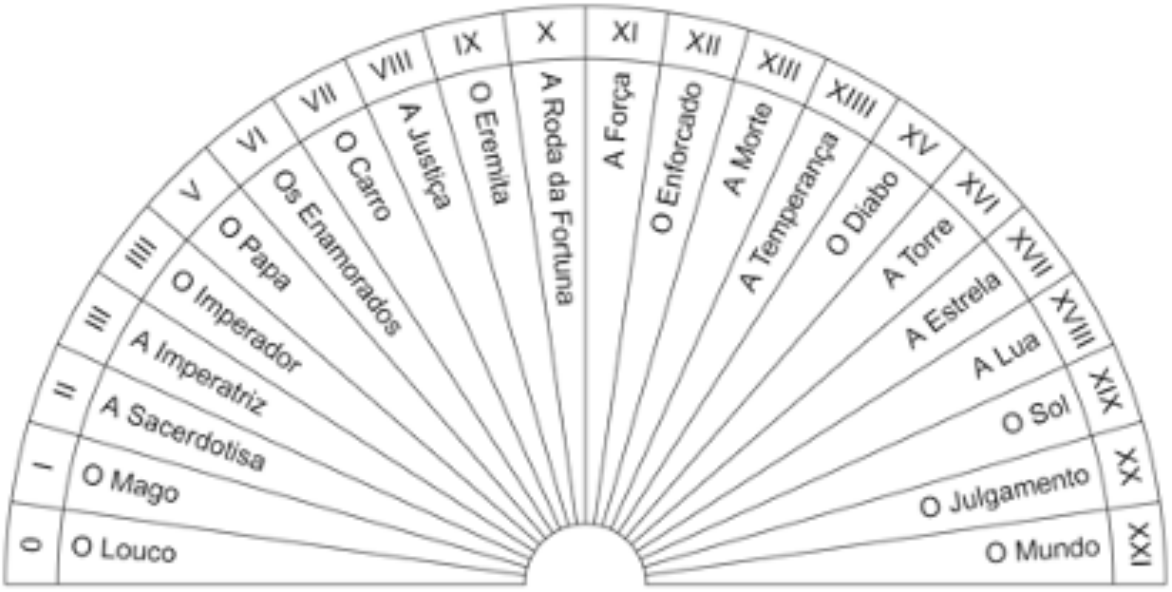

Transtornos Psicóticos (Esquizofrenia ou delirantes)
Transtornos relacionados ao uso de substâncias
Disfunções Sexuais (Ejaculação Precoce ou retardada)
Transtornos de neurodesenvolvimento
Transtorno de Personalidade - Boderline
Transtorno de Personalidade - Parancia
Transtorno de Personalidade - Anti Social
Transtorno de Personalidade - Histriônica
Transtorno de Personalidade - Narcisismo
Outros não relacionados
Transtornos Alimentares (Bulimia/Anorexia)
Transtornos Parafílicos (Desejos Sexuais)
Transtorno Dismórfico Corporal (TDC)
Transtorno Obsessivo Compulsivo (TOC)
Transtornos do sono-vigília
Depressão pós Parto
Extresse Pós- traumático
Transtorno Bipolar
Transtorno de Ansiedade Social
Depressão Clinica

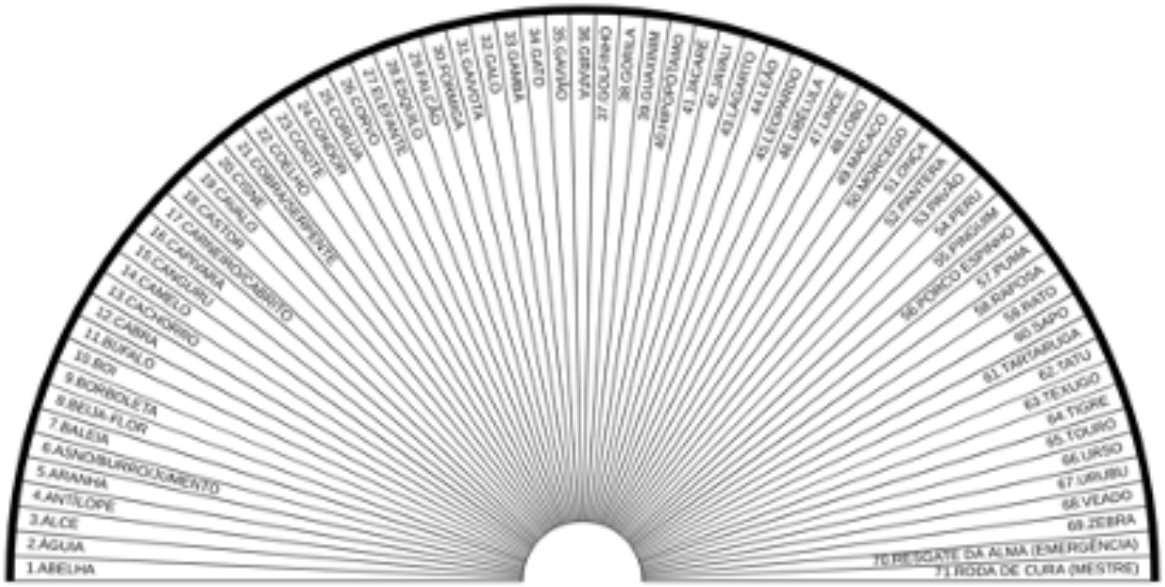

Meses
Janeiro
Fevereiro
Março
Abril
Maio
Junho
Julho
Agosto
Setembro
Outubro
Novembro
Dezembro
Semana
Domingo
Segunda
Terça
Quarta
Quinta
Sexta
Sábado
Dias
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
Horas
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23


A B C D E F G H I J K L M N O P Q R S T U V X W Y Z

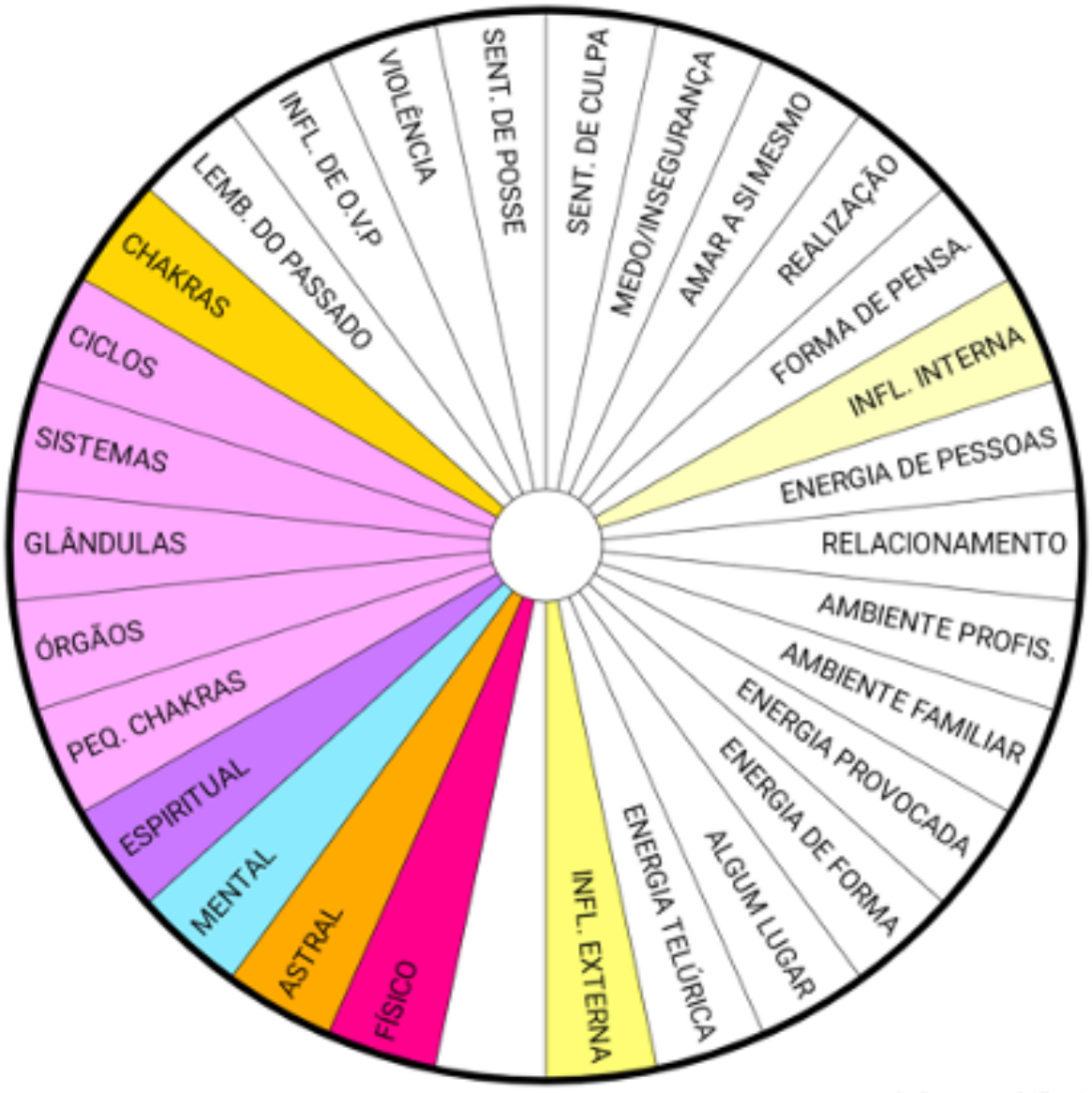

Medo
Abandono
Humilhação
Rejeição
Manipulação
Traição
Medo da morte
Insegurança
+ de 1
Familiar
Afetivo íntimo
Profissional
Saúde
Relacionamento social

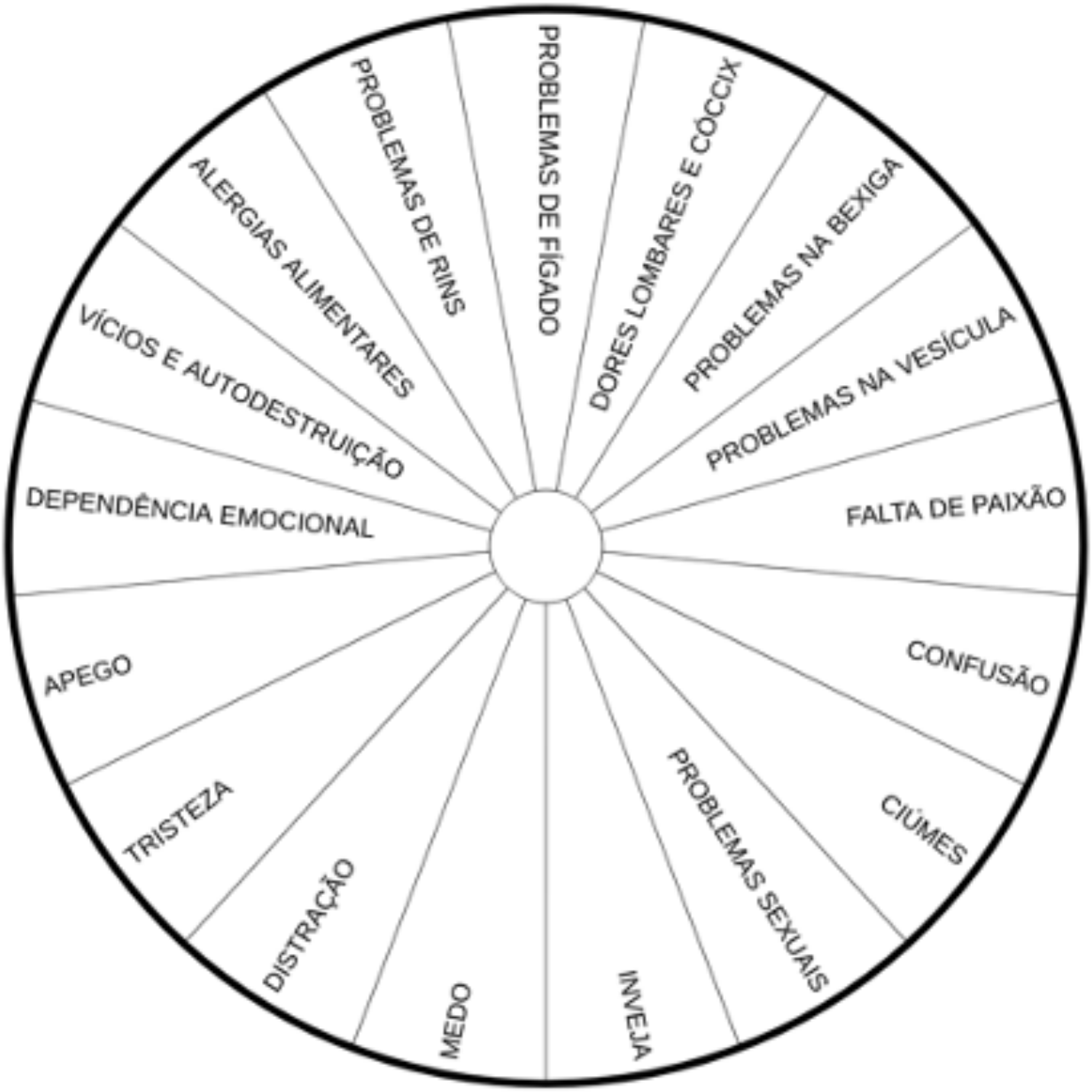

Dano ao 1º chakra
Dano ao 2º chakra
Dano ao 3º chakra
Dano ao 4º chakra
Dano ao 5º chakra
Dano ao 6º chakra
Dano ao 7º chakra
Dano a subchakra
Cabeça Pescoço
Tórax Costas
Braços Pernas
Mãos Pés
SIM
NÃO
VISÍVEL
COM COR
ADAPTAR
SEM COR
NÃO VISÍVEL

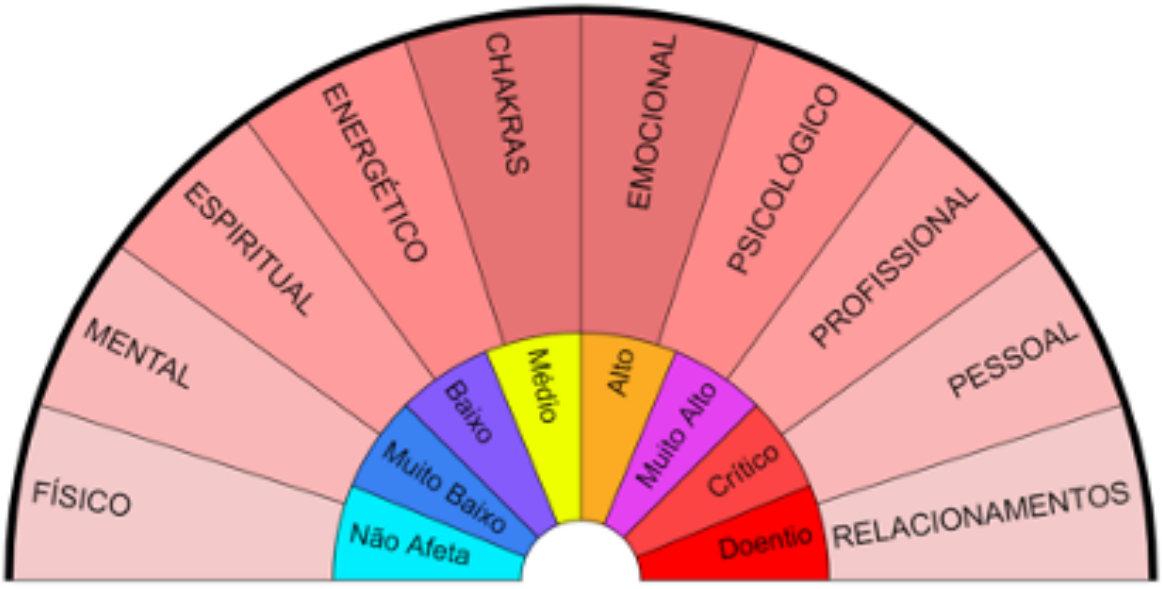

0 O Louco
I O Mago
II A Sacerdotisa
III A Imperatriz
IIII O Imperador
V O Papa
VI Os Enamorados
VII O Carro
VIII A Justiça
IX O Eremita
X A Roda da Fortuna
XI A Força
XII O Enforcado
XIII A Morte
XIIII A Temperança
XV O Diabo
XVI A Torre
XVII A Estrela
XVIII A Lua
XIX O Sol
XX O Julgamento
XXI O Mundo

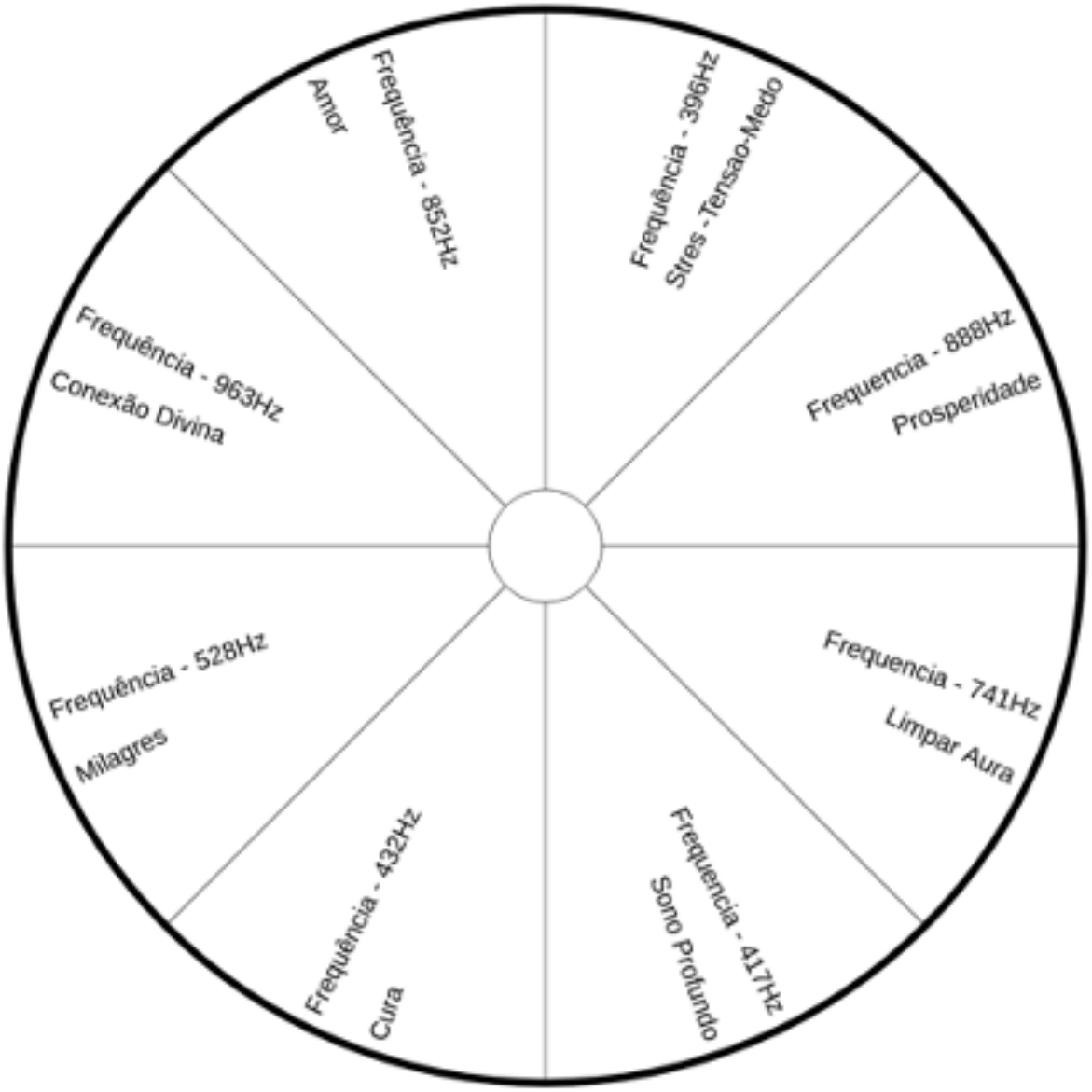

1.ABELHA
2.ÁGUIA
3.ALCE
4.ANTÍLOPE
5.ARANHA
6.ASNO/BURRO/JUMENTO
7.BALEIA
8.BEIJA-FLOR
9.BORBOLETA
10.BOI
11.BÚFALO
12.CABRA
13.CACHORRO
14.CAMELO
15.CANGURU
16.CAPIVARA
17.CARNEIRO/CARNEIRO
18.CASTOR
19.CAVALO
20.CERVO
21.COBRA/SERPENTE
22.COELHO
23.COIOTE
24.CORUJA
25.CORVO
26.ELEFANTE
27.ESQUILO
28.FALCÃO
29.FORMIGA
30.GANSO
31.GATO
32.GALO
33.GAMBA
34.GATO
35.GAVIÃO
36.GIRAFA
37.GOLFINHO
38.GORILA
39.GUAXINIM
40.HIPOPÓTAMO
41.JACARÉ
42.JAVALI
43.LAGARTO
44.LEÃO
45.LEOPARDO
46.LHAMA
47.LINCE
48.LOBO
49.MACACO
50.MORCEGO
51.ONÇA
52.PANTERA
53.PAVÃO
54.PERU
55.PINGUIM
56.PORCO ESPINHO
57.PUMA
58.RAPOSA
59.RATO
60.SAPO
61.TARTARUGA
62.TATU
63.TEXUGO
64.TIGRE
65.TOURO
66.URSO
67.URUBU
68.VEADO
69.ZEBRA
70.RESGATE DA ALMA (EMERGÊNCIA)
71.RODA DE CURA (MESTRE)


Bullying
Professores que não explicam direito
Professores maldosos
Solidão
Procrastinação
Desinteresse
Problemas psiquiátricos ou psicológicos
Local onde se está sentando
Local da instituição de ensino
Alimentação
Problemas físicos

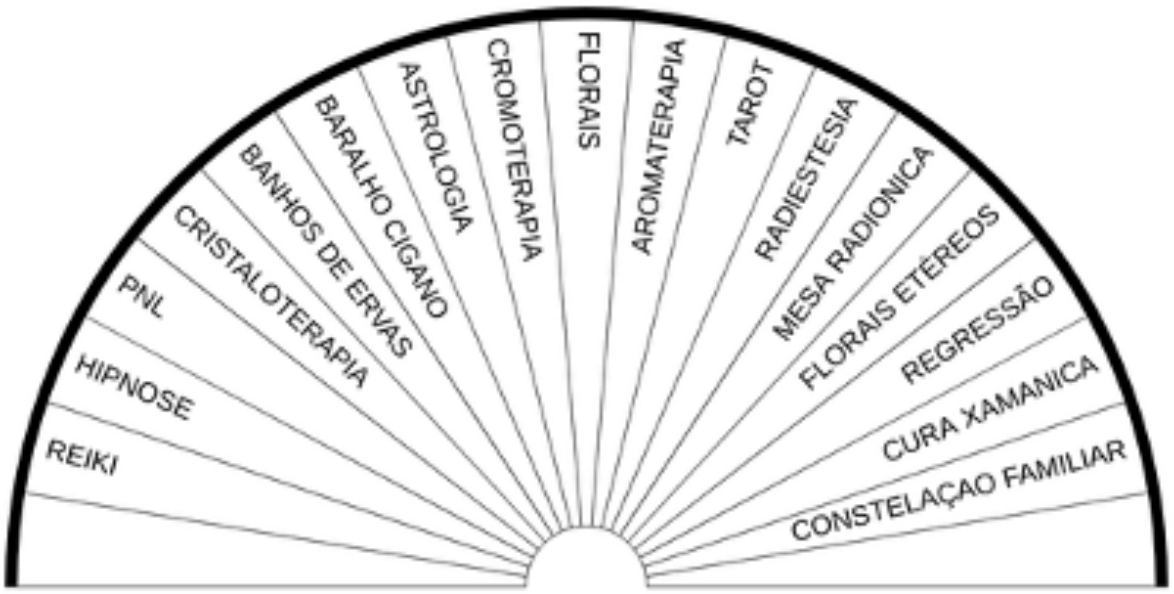

CHAKRAS
CICLOS
SISTEMAS
GLÂNDULAS
ÓRGÃOS
PEQ. CHAKRAS
ESPIRITUAL
MENTAL
ASTRAL
FÍSICO
LEMB. DO PASSADO
INFL. DE O.V.P
VIOLÊNCIA
SENT. DE POSSE
SENT. DE CULPA
MEDO/INSEGURANÇA
AMAR A SI MESMO
REALIZAÇÃO
FORMA DE PENSA.
INFL. INTERNA
ENERGIA DE PESSOAS
RELACIONAMENTO
AMBIENTE PROFIS.
AMBIENTE FAMILIAR
ENERGIA PROVOCADA
ENERGIA DE FORMA
ALGUM LUGAR
ENERGIA TELÚRICA
INFL. EXTERNA

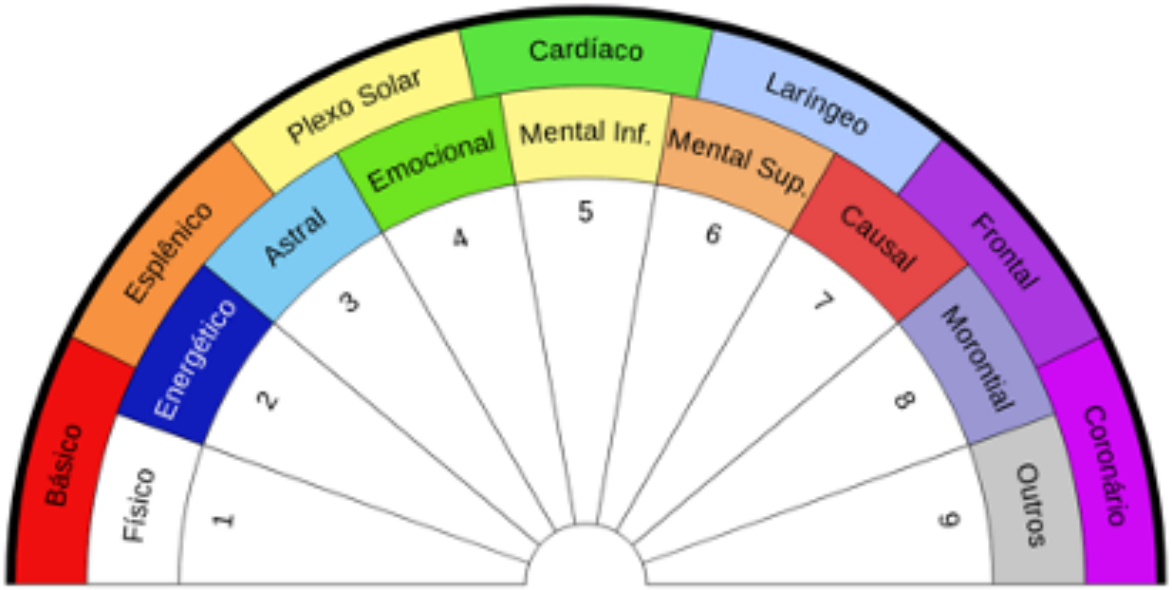

PROBLEMAS DE FÍGADO
DORES LOMBARES E CÓCCIX
PROBLEMAS NA BEXIGA
PROBLEMAS NA VESÍCULA
FALTA DE PAIXÃO
CONFUSÃO
CIÚMES
PROBLEMAS SEXUAIS
INVEJA
MEDO
DISTRAÇÃO
TRISTEZA
APEGO
DEPENDÊNCIA EMOCIONAL
VÍCIOS E AUTODESTRUIÇÃO
ALERGIAS ALIMENTARES
PROBLEMAS DE RINS


CHAKRAS
EMOCIONAL
PSICOLÓGICO
PROFISSIONAL
PESSOAL
RELACIONAMENTOS
ENERGÉTICO
ESPIRITUAL
MENTAL
FÍSICO
Médio
Alto
Baixo
Muito Alto
Muito Baixo
Crítico
Não Afeta
Doentio


Frequência - 852Hz
Amor
Frequência - 396Hz
Stres - Tensão-Medo
Frequência - 963Hz
Conexão Divina
Frequencia - 888Hz
Prosperidade
Frequência - 528Hz
Milagres
Frequencia - 741Hz
Limpar Aura
Frequência - 432Hz
Cura
Frequencia - 417Hz
Sono Profundo

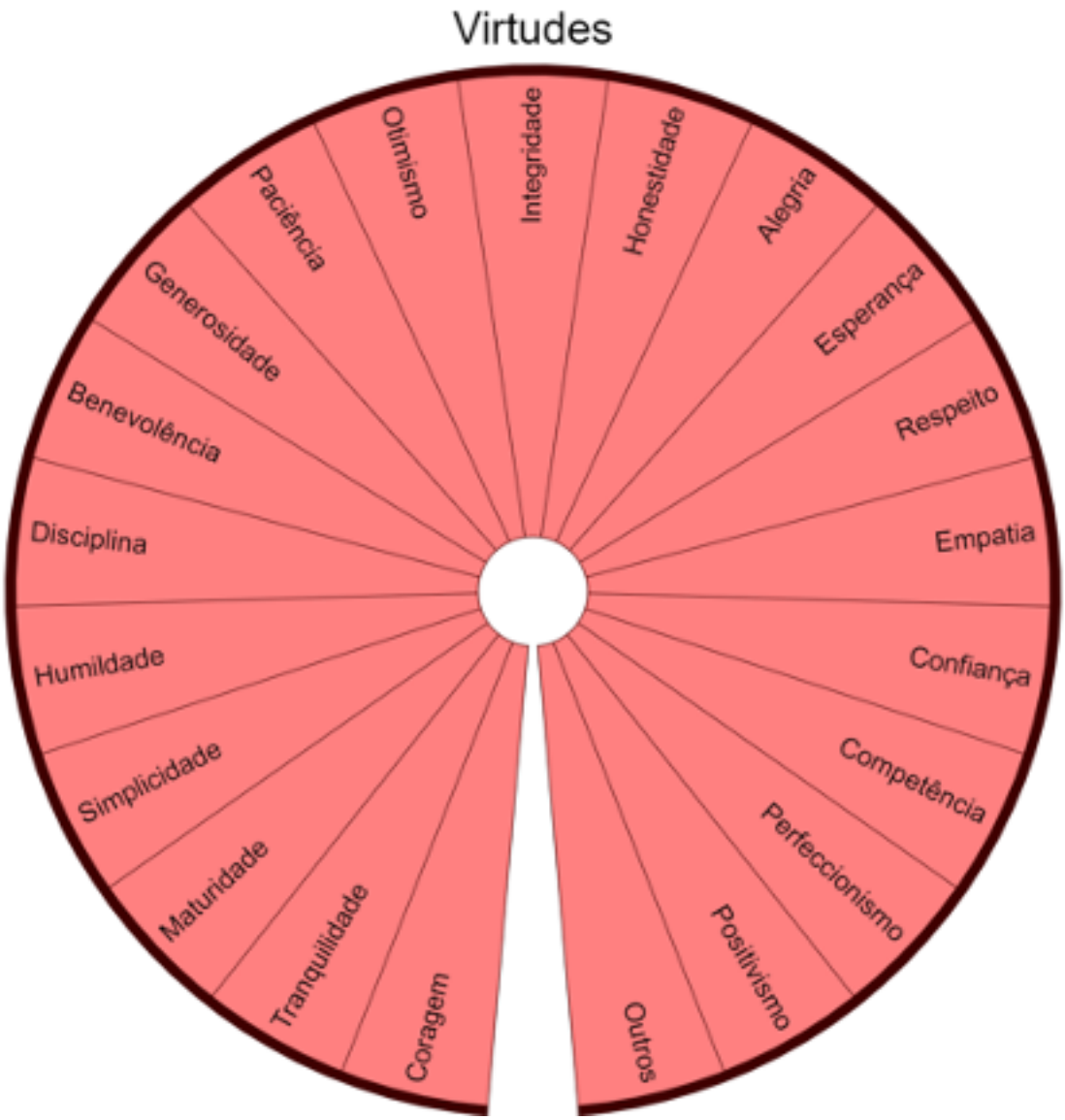

SIM
NÃO
LEVE
MODERADO
CRÔNICO
GRAVE
MUITO GRAVE
TERMINAL
DROGAS
HIPERTENÇÃO
SEDENTARISMO
OBESIDADE
DORES
GLÂNDULAS
CARDIOPATIAS
COLESTEROL
TUMOR
ESTRESSE
DESEQUILIBRIOS HORMONAIS
INFLAMAÇÃO
MÚSCULOS
CARÊNCIA VITAMINAS/ MINERAIS
PARALISIAS
ÁLCOOL
PROBLEMAS ÓSSEOS
ANEMIA
DIABETES
FUMO/TABAGISMO
ALERGIA
PARASITAS
OUTROS


REIKI
HIPNOSE
PNL
CRISTALOTERAPIA
BANHOS DE ERVAS
BARALHO CIGANO
ASTROLOGIA
CROMOTERAPIA
FLORAIS
AROMATERAPIA
TAROT
RADIESTESIA
MESA RADIONICA
FLORAIS ETÉREOS
REGRESSÃO
CURA XAMANICA
CONSTELAÇAO FAMILIAR


Básico
Esplênico
Plexo Solar
Cardíaco
Laríngeo
Frontal
Coronário
Energético
Astral
Emocional
Mental Inf.
Mental Sup.
Causal
Morontial
Outros
Físico
1
2
3
4
5
6
7
8
9


COMANDOS QUÂNTICOS
Invocações para Crescimento Espiritual
Amor Universal
Compreensão da Missão
Despertar Espiritual
Purificação da Essência
Reconexão com a Estrela do Amago
Verdade Interior
Aceleração da Ascensão em Luz
Integridade Cósmica em Luz
Integração em Luz
Integração das Realidades Paralelas em Luz
Purificação para Ascensão em Luz
Reorganização Quântica do Ser em Luz
Remoção de Cristais Terrestres em Luz
Virtudes para a Ascensão em Luz
Abertura do 3º Olho em Luz
Iniciação à 7a Dimensão em Luz
Ativação do Veículo de Luz para Ascensão em Luz
Integração do Coronário com o 3º Olho em Luz
Alinhação do Chakra Cardíaco na 5a Dimensão em Luz
Iniciação da Luz Crística
Contratos Sagrados em Luz
Corte e Remoção de Contratos Negativos em Luz
Símbolos Sagrados que Estão a ser Despertos do meu Arquivo Akáshico
Manifestação da Liberdade em Luz
DNA Cósmico em Luz
Grade Planetária da Chama Gêmea em Luz
Matriz Ortogonal em Luz
Pilar de Diamante em Luz
72 Nomes de Deus
Acesso às 352 Dimensões de Deus
Símbolos Sagrados de Deus
Quebra de Votos de Avalon em Luz
Aterramento Universal em Luz

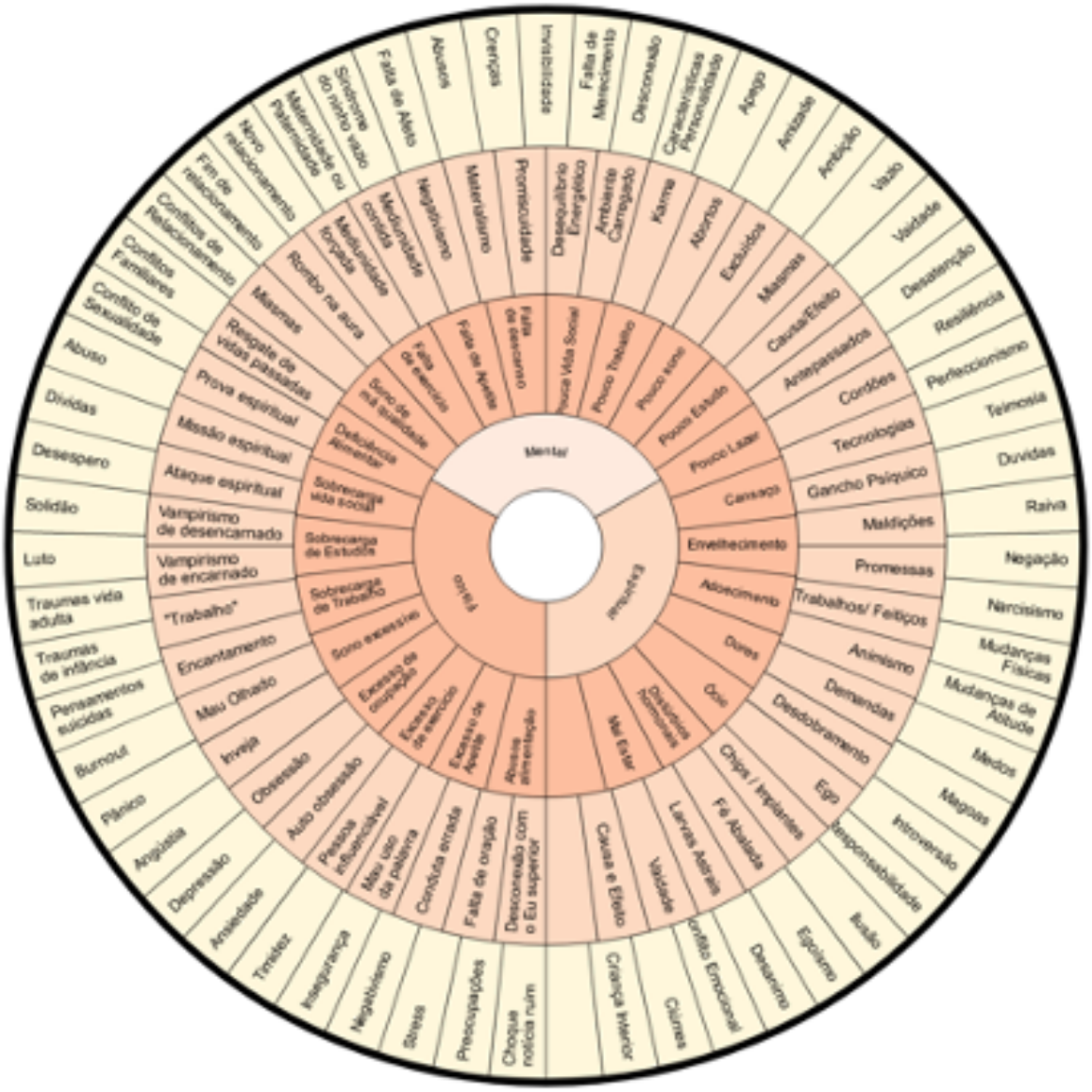

V - VERMELHO
L - LARANJA
Am - AMARELO
V+ - VERDE POSITIVO
Az - AZUL
I - INDIGO
V - VIOLETA
UV - ULTRAVIOLETA
B - BRANCO
V- - VERDE NEGATIVO
Ne - NEGRO
IV - INFRAVERMELHO

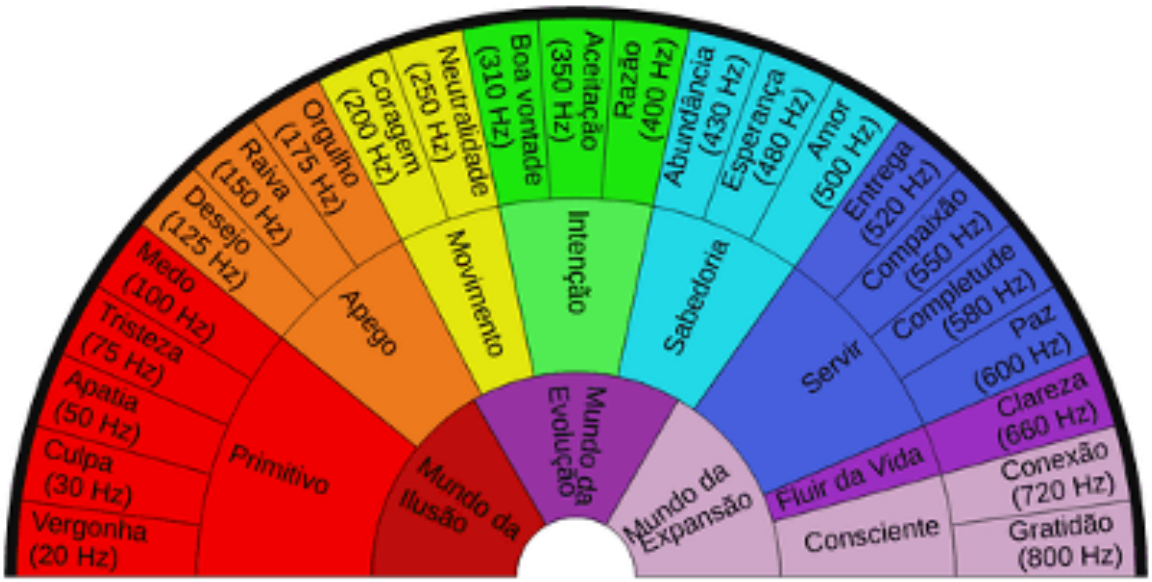

Virtudes
Otimismo
Integridade
Honestidade
Alegria
Esperança
Respeito
Empatia
Confiança
Competência
Perfeccionismo
Positivismo
Outros
Coragem
Tranquilidade
Maturidade
Simplicidade
Humildade
Disciplina
Benevolência
Generosidade
Paciência


Aspectos Emocionais
Impulsividade
Fatores
Autorregulação
Moderado
Desatenção
Leve
Nível de prejuízo existente
Grave
Hiperatividade
Moderada
Leve
Intensidade
Grave


Apatita
Quartzo Azul
Cianita Azul
Ágata Rendada
Angelita
Celestita
Turmalina Azul
Turquesa
Topázio Azul
Purpurita
Mica Roxa
Ametista Chevron
Ametista
Fluorita Roxa
Lepidolita
Lápis Lazuli
Sodalita
Brutas
Pingente
Orgonite
Jóias
Pontas
Drusas
Roladas
Patuá
Casa
Trabalho
Elixir
Corpo
Chakras


Floraís de Bach
Limpeza São Miguel
Ho´oponopono
Meditação
Aromaterapia
Cristaloterapia
Tarot
Radiestesia
Alinhamento de Chakras
Reiki
Banhos Energéticos
Quantidade de Sessões
1
2
3
4
5
6
7
8
9
+
Diário
Semanal
Quinzenal
Mensal


Mental
Emocional
Físico
Pouca Vida Social
Pouco Trabalho
Pouco Sono
Pouco Estudo
Pouco Lazer
Cansaço
Envelhecimento
Abrecimento
Dores
Dificuldade Financeira
Mal Estar
Ciúmes
Alterações alimentares
Excesso de Apatia
Excesso de exercício
Excesso de ocupação
Sono excessivo
Sobrecarga de Trabalho
Sobrecarga de Estudos
Sobrecarga vida social
Dificuldade Alimentar
Ganho de má qualidade
Falta de exercício
Falta de Apetite
Falta de descanso
Invalidade
Falta de Merecimento
Desconexão
Características Personalidade
Apego
Amizade
Ambição
Vazio
Vaidade
Desatenção
Resiliência
Perfeccionismo
Teimosia
Dúvidas
Raiva
Negação
Narcisismo
Mudanças Físicas
Mudanças de Atitude
Medos
Magoas
Introversão
Impessoabilidade
Ilusão
Egoismo
Desamor
Egrégora
Desdobramento
Demandas
Animismo
Trabalhos/ Feitiços
Promessas
Maldições
Gancho Psíquico
Tecnologias
Cordões
Antepassados
Causa-Efeito
Mágoas
Excluídos
Abortos
Karma
Ambiente Carregado
Energético ou Espiritual
Promiscuidade
Materialismo
Negativismo
Mediunidade comida
Mediunidade forçada
Rombo na aura
Magoas
Rompo de vidas passadas
Prova espiritual
Missão espiritual
Ataque espiritual
Vampirismo de desencarnado
Vampirismo de encarnado
"Trabalho"
Encantamento
Mau Olhado
Inveja
Obsessão
Auto obsessão
Pessoa influenciável
Mau uso da palavra
Conduta errada
Falta de oração
Desconexão com o Eu superior
Choque emocional
Preocupações
Stress
Negativismo
Insegurança
Tristeza
Ansiedade
Depressão
Angústia
Pânico
Burnout
Pensamentos suicidas
Traumas de infância
Traumas vida adulta
Luto
Solidão
Desespero
Dívidas
Abuso
Conflito de Sexualidade
Conflitos Familiares
Conflitos de Relacionamento
Fim de relacionamento
Novo relacionamento
Maternidade/ Paternidade
Síndrome do ninho vazio
Falta de Afeto
Abusos
Crenças
Criança Interior
Ciúmes
Conflito Emocional
Desamor
Egoismo
Ilusão
Imaturidade
Culpa
Vergonha
Orgulho
Raiva
Desejo
Medo
Tristeza
Apatia
Culpa
Vergonha


Primitivo
Apego
Movimento
Intenção
Sabedoria
Servir
Mundo da Ilusão
Mundo da Evolução
Mundo da Expansão
Fluir da Vida
Consciente
Vergonha (20 Hz)
Culpa (30 Hz)
Apatia (50 Hz)
Tristeza (75 Hz)
Medo (100 Hz)
Desejo (125 Hz)
Raiva (150 Hz)
Orgulho (175 Hz)
Coragem (200 Hz)
Neutralidade (250 Hz)
Boa vontade (310 Hz)
Aceitação (350 Hz)
Razão (400 Hz)
Abundância (430 Hz)
Esperança (480 Hz)
Amor (500 Hz)
Entrega (520 Hz)
Compaixão (550 Hz)
Completude (580 Hz)
Paz (600 Hz)
Clareza (660 Hz)
Conexão (720 Hz)
Gratidão (800 Hz)


REPRODUTOR
PÊNIS
BOLSA ESCROTAL
TESTÍCULOS
VULVA
CLITÓRIS
ÚTERO
TROMPAS
ESQUELÉTICO
OSSOS
CARTILAGENS
LIGAMENTOS
TENDÕES
COLUNA VERTEBRAL
MUSCULAR
MÚSCULO CARDÍACO
MÚSCULO ESQUELÉTICO
MÚSCULO LISO
LINFÁTICO
LINFONODOS
LINFA
VASOS LINFÁTICOS
BAÇO
AMIGDALAS
APÊNDICE
IMUNOLÓGICO
CÉLULAS DEFESA
MEDULA ÓSSEA
EPITELIAL
TECIDO EPITELIAL
TECIDO CONJUNTIVO
TECIDO SUBCUTÂNEO
SENSORIAL
OUVIDO DIREITO
OUVIDO ESQUERDO
OLHO ESQUEDO
OLHO DIREITO
CIRCULATÓRIO
CAPILARES
VEIAS
ARTÉRIAS
CORAÇÃO
SANGUE
RESPIRATÓRIO
ALVÉOLOS
BRÔNQUIOS
TRAQUEIA
LARINGE
FARINGE
NARIZ
DIGESTIVO
ÂNUS
INTESTINO GROSSO
INTESTINO DELGADO
ESTÔMAGO
FÍGADO
ESÔFAGO
BOCA
NERVOSO
MEDULA
TRONCO ENCEFÁLICO
CEREBELO
CÉREBRO
ENCÉFALO
EXCRETOR
GLÂNDULAS SUDORÍPARAS
URETRA
BEXIGA
URETER
RINS
GÂNGLIOS
NERVOS
NERVOSO PERIFÉRICO



PHYSICAL QUANTUM



WHAT IS ITQUANTUM PHYSICS

Understand the basic concept

Quantum physics, in a scientific context, is the theory that describes the behavior of subatomic particles. It introduces complex and non-intuitive concepts such as superposition of states (where a particle can be in several states simultaneously until measured) and quantum entanglement (where entangled particles influence each other instantaneously, regardless of the distance between them).

From a spiritual perspective, quantum physics is often associated with concepts of universal interconnectedness, infinite possibility, and the power of the mind. Some interpretations suggest that quantum ideas of potentiality and interconnectedness may reflect our human capacities to change our lives and the world around us, and theories of quantum observation may suggest an active role for consciousness in the creation of reality.

However, it is important to note that this association between quantum physics and spirituality is a subject of controversy. Many physicists argue that such interpretations extrapolate the original meaning and purpose of quantum theory, which is to describe the behavior of the subatomic world, not the macroscopic world or human consciousness.

Therefore, the perceived connection between quantum physics and spirituality derives largely from the conceptual and metaphorical similarities between the two fields. However, to date, there is no rigorous scientific validation that establishes a direct, causal link between quantum physics and spiritual concepts. Even so, quantum physics continues to inspire spiritual and philosophical reflections, offering an intriguing and complex perspective on the nature of reality.

Continuing the explanation, it is important to emphasize that quantum physics is based on the world of subatomic particles, where rules and laws that govern the macroscopic world (as we know it in classical physics) do not apply. What happens at the quantum level may seem paradoxical or even magical when seen from our everyday perspective.

Spirituality, on the other hand, deals with the search for meaning, purpose, and connection in our lives, often through a metaphysical lens. Aspects of spirituality may seem aligned with quantum phenomena, such as the feeling of connection and oneness with the universe, similar to quantum entanglement, where particles are connected regardless of distance.

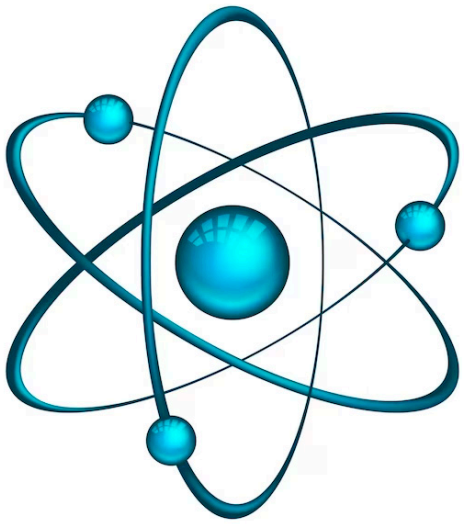
Furthermore, some concepts of spirituality are similar to the principle of quantum superposition. For example, the idea that all potentials exist until

At the heart of the infinitely small, beyond the reach of our eyes and even our most powerful microscopes, lies a universe of possibilities, a realm where the laws of classical physics give way to the weird and wonderful dance of quantum physics.

To begin our journey, we first need to understand some of the fundamental concepts of quantum physics. The first of these is wave-particle duality. In classical physics, something is either a wave or a particle. But in the quantum world, particles can behave both as particles and as waves. This is evidenced by the famous double-slit experiment, where particles such as electrons or photons can exhibit wave-like behavior when they pass through two slits, creating an interference pattern.

Another fundamental concept is the Heisenberg uncertainty principle, which states that we cannot accurately measure both the position and velocity of a particle at the same time. The more precisely we try to measure one of these variables, the less accurately we can measure the other. This leads us to the idea that quantum reality is fundamentally indeterminate, a cloud of possibilities until we make a measurement.

We also have the phenomenon of quantum entanglement, where two particles can become instantly correlated in such a way that measuring the state of one of them ins-



tantamount to determining the state of the other, no matter how far away they are from each other. This phenomenon defies our conventional understanding of space and time and was described by Einstein as “spooky action at a distance.”

These concepts may seem strange and even counterintuitive to those of us who are accustomed to the laws of classical physics. But they have been confirmed by a series of experiments and are now an accepted part of our understanding of the universe.

Although quantum physics can be difficult to understand, it has profound implications for our understanding of reality. It challenges us to rethink our notions of causality, reality, and even consciousness. And as we will see in the following chapters, it also has surprising and fascinating connections to spirituality.

In this chapter, our goal is to delve into the quantum universe and understand how its rules, as strange as they may seem, fit into our reality. To do this, we need to take a closer look at the experiments that led to the discovery of these laws.

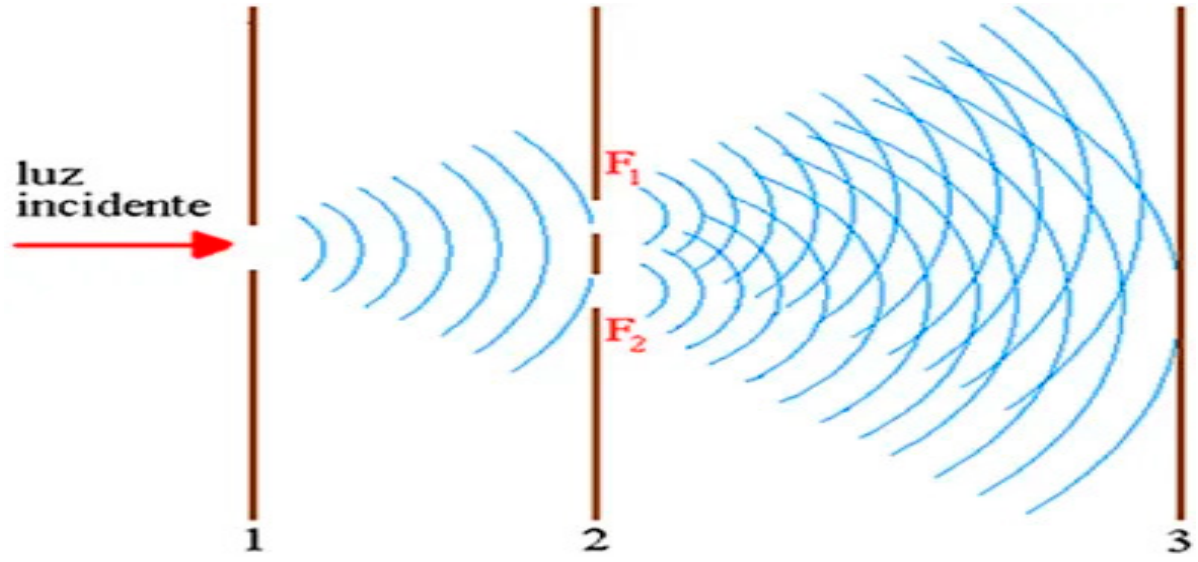
The double-slit experiment is one of the most famous and is often cited as a clear demonstration of wave-particle duality. In this experiment, individual photons—the particles that make up light—are fired through two parallel slits. If light were composed solely of particles, we would expect to see two beams of light emerging from the slits. But what we actually see is an interference pattern—a series of bright and dark bands that only makes sense if the photons are behaving like waves.

What's even stranger is that this interference pattern appears even when we fire the photons one at a time. Somehow, each individual photon appears to pass through both slits at the same time.

and interfere with itself. This challenges our conventional understanding of reality and forces us to accept that at the quantum level, particles can exist in a superposition state
- where they can be in several places at the same time.

Another fundamental concept we need to understand is the Heisenberg uncertainty principle. This principle states that we cannot simultaneously measure both the position and velocity of a particle with complete precision. The more precisely we try to measure one of these variables, the less accurate we are in measuring the other. This is not due to any limitations in our measuring instruments, but is a fundamental feature of the quantum universe.

Quantum entanglement is another surprising feature of the quantum universe. It challenges our conventional understanding of space and time, suggesting that two entangled particles can instantly affect each other, no matter how far apart they are. This was called “spooky action at a distance” by Einstein, who initially had difficulty accepting it.



MechanismQuantum

What is it about? Basic Principles

Quantum mechanics, with its wave-like particles, the uncertainty principle, and quantum entanglement, points to a reality that is radically different from the one we experience in our everyday lives. At our macroscopic scale, we are accustomed to a world of solid, discrete objects, where cause and effect follow a logical sequence, and where time and space are consistent and predictable.

But in the quantum universe, these rules don't apply. Particles exist in a state of superposition, being in multiple places at once until they are measured. A particle's position and velocity can't be known precisely at the same time. And particles can become entangled, instantly affecting each other's states, regardless of distance.

These weird and wonderful features of the quantum universe force us to rethink our understanding of reality. They challenge us to look beyond our assumptions and biases and accept that the universe is far more complex and intriguing than we could have imagined.

Furthermore, quantum physics has profound implications for our understanding of consciousness and spirituality. Quantum theories suggest that consciousness may play a fundamental role in determining reality. The act of observation

- or measurement - appears to collapse the wave of possibilities in a single observed reality.

This raises fascinating questions about the nature of consciousness and its relationship to the physical universe. Is consciousness just a byproduct of brain activity, as conventional science tells us? Or is it something more fundamental, something that is intrinsically linked to the very fabric of the universe?

These are some of the questions we will explore in the coming chapters. As you embark on this journey, I invite you to keep an open mind, embrace the mystery, and marvel at the cosmic dance of the quantum universe.

This journey will take us beyond the familiar, beyond the comfortable, into the realm of the unknown. But this is where the real discovery begins. This is where we begin to unravel the mysteries of the universe and explore the true nature of reality. And this is where we begin to understand the role that quantum mechanics and spirituality play in our lives.

In the quantum universe, reality is a dance of possibilities. Particles exist in a state of superposition, floating in a sea of potential until an observation forces them into a definite position. This aspect of quantum physics challenges us to rethink our notions of reality and suggests that reality, at its most fundamental level, may be constructed more of possibilities than of certainties.

But what does this mean for us as conscious human beings? How can we understand these abstract concepts and apply them to our everyday lives?

One of the most fascinating aspects of quantum physics is that it suggests that consciousness may play a fundamental role in the creation of reality. The act of observation appears to be necessary for particles to assume a definite position. This has led some scientists to suggest that consciousness is not just a byproduct of brain activity, but something more fundamental.

This raises profound questions about the nature of consciousness and its role in the universe. If consciousness is fundamental, then perhaps we are not just passive observers of the universe, but active participants in its creation. Perhaps our thoughts, beliefs, and intentions have the power to shape reality at a very profound level.

This idea has interesting parallels with many spiritual traditions. Many traditions teach that our thoughts and beliefs create our reality, and that by changing our thoughts and beliefs, we can change our lives. This is similar to the idea in quantum physics that observation collapses the wave of possibilities into a single observed reality.

As we explore these ideas, we begin to see that quantum physics and spirituality may not be as different as they seem. Both challenge us to rethink our notions of reality and ourselves. Both invite us to look beyond the material and to consider the role of consciousness in creating reality.

As we continue our journey in the coming chapters, we will explore these ideas more deeply and examine the surprising ways in which quantum physics and spirituality intertwine.

But for now, I invite you to reflect on the ideas presented in this chapter. I invite you to consider the possibility that you are more than just a passive observer of the universe, but an active participant in the cosmic dance of reality. And I invite you to open yourself to the mystery, wonder, and infinite possibility that is the quantum universe.

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CONSCIENCEOF THE UNIVERSE

Hidden power not yet understood

Let's start thinking about life as if we were at a dance party. Imagine a party where no one decides to dance until the music starts playing. And when the music starts, everyone at the party starts dancing. This is a bit like the quantum universe. The particles are like the people at the party, and the music is like our consciousness, that is, our thoughts and perceptions.

Now, remember how in the previous chapter we talked about particles being in multiple places at once, until someone notices them? This is called "superposition." It's like at a dance party, a person could be dancing in every corner of the room at the same time, until the music starts playing. Then they pick a spot to dance.

This may sound strange, but this is how the quantum universe works. And the interesting thing is that it gives us an idea of how our thoughts and perceptions - our consciousness - can play an important role in creating reality.

Many spiritual traditions around the world have taught for thousands of years that our thoughts and intentions can shape the world around us. Now, it seems that quantum physics is starting to say the same thing!

But how can this happen?

How can our thoughts and perceptions influence the physical world around us? This is something we don't yet fully understand. But there are many scientists and thinkers who are exploring this idea.

In this chapter, we'll explore some of these ideas. We'll see how quantum physics and spirituality can intertwine, and how our consciousness can play a role in the dance of the universe.

So, get ready for an exciting journey! Let's dive into the mystery of consciousness and explore the magical dance of the quantum universe.

So how exactly can our consciousness, our thoughts and perceptions, influence the world around us? Let's try to understand this with a simple metaphor.

Think of your mind as a magnet. Now, we all know that a magnet has the ability to attract things to itself, right? For example, if we have a bunch of paper clips lying around and we pass a magnet over them, the paper clips will be attracted to the magnet. They will move towards the magnet because of the magnetic force.

Now imagine that our thoughts and emotions are like this magnet. And the universe around us is like the paper clips. When we have a thought or an emotion, it is as if we are moving our mental magnet through the universe. And just as the paper clips are attracted to the magnet, the universe responds to our thoughts and emotions.

This doesn't mean we can simply wish something to happen and expect it to materialize instantly. But it does suggest that our thoughts and emotions can have a subtle but powerful impact on the reality around us.

This aligns with many spiritual practices that encourage us to cultivate positive thoughts and maintain an attitude of gratitude and love. Because if our thoughts are like magnets, then it makes sense that we want to attract positive things into our lives.

The idea that our thoughts and emotions can influence reality also has implications for how we live our daily lives. If our thoughts are so powerful, then we have a responsibility to take care of them. We have to pay attention to what we are thinking and feeling and try to cultivate positive thoughts and emotions.

This leads us to a deeper understanding of how quantum physics and spirituality connect. Both encourage us to look within, to pay attention to our thoughts and emotions, and to recognize the power we have to influence the reality around us.

In the chapters to come, we'll continue to explore these ideas and delve deeper into the mystery of the quantum universe and consciousness. But for now, I invite you to reflect on what we've discussed in this chapter. Think about how you can apply these ideas to your daily life. How can you cultivate more positive thoughts and emotions? How can you use the power of your mind to positively influence the world around you?

Now that we are beginning to understand that our thoughts and emotions can have a subtle influence on reality, the question is: how can we put this into practice in our everyday lives?

Let's start with a simple example: the act of smiling. Did you know that when you smile, not only does it improve your mood, but it also improves the mood of those around you? This is because humans are social creatures and we tend to mirror the emotions of those around us. Therefore, a simple smile can have a positive impact not only on you, but also on the environment around you.

Now, imagine if we could apply the same principle to our thoughts.

ments. Imagine that, just like a smile, our positive thoughts could spread and have a positive impact on the world around us. That would be amazing, wouldn't it?

Here's another way to look at it. Think of a stone being thrown into a pond. When the stone lands in the water, it creates ripples that spread out across the pond. In the same way, our thoughts and emotions can create ripples in the universe. And just like ripples in a pond, these ripples can spread out and have an impact beyond ourselves.

This is what many spiritual traditions teach us. They tell us that our thoughts and emotions have power. That we can use this power to create positivity in our lives and in the world.

But just as a magnet can attract paperclips, it can also repel them. Similarly, if we focus on negative thoughts and emotions, we can end up attracting more negativity into our lives. Therefore, it is important to be aware of our thoughts and emotions and try to cultivate a positive state of mind.

At this point, it may be helpful to introduce some practices that can help us cultivate a more positive state of mind. Meditation, for example, is a practice that many people find helpful for this. Meditating regularly can help us become more aware of our thoughts and emotions and develop a more positive attitude.

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To further explore the implications of quantum physics for our everyday lives, it is essential to talk about the idea of “wave function collapse.” As mentioned earlier, in quantum mechanics, particles exist in a superposition state, where they can be in multiple places at once, until they are observed. When this happens, the wave function “collapses” and the particle chooses a state or position.

Now, what does this have to do with our thoughts and emotions? Some theorists suggest that the action of observation itself may be influenced by the mind of the observer. In other words, our thoughts and emotions, our consciousness, may play a role in the “collapse” of the wave function.

For example, let’s say you have a big decision to make. At a quantum level, all possible choices exist simultaneously in a superposition state. When you make your choice, it’s as if you’re “collapsing” the wave function and choosing a path.

This isn’t to say that we can control reality with our thoughts. There’s still a lot we don’t understand about the connection between consciousness and the quantum universe. But what this theory suggests is that our consciousness may play a role in shaping reality in ways we’re only just beginning to understand.

And if that’s true, then we have an incredible responsibility. It means that every thought we have, every emotion we feel, could be contributing to how the universe unfolds. Every choice we make, every action we take, could be shaping the reality around us.

MICROEMACRO

From Simple to Complex

Throughout the previous chapters, we explored the idea that our thoughts and emotions, our consciousness, can play a role in shaping reality. But how does this interaction occur? How does the inner world of our consciousness connect with the outer world of quantum physics? To answer this question, we need to understand a little more about the concept of quantum entanglement.

Quantum entanglement is a weird and wonderful phenomenon in which two or more particles become interconnected in such a way that the state of one particle is instantly correlated with the state of the other, no matter how far away they are from each other. If we measure the state of one of the entangled particles, we instantly know the state of the other particle, even if it is on the other side of the universe.

Now, how does this apply to our discussion of consciousness and reality? Some theorists propose that consciousness itself may be an entangled phenomenon. In other words, our thoughts and emotions, our state of consciousness, may be intertwined with the universe around us.

This suggests that there is a deep and fundamental connection between our minds and the physical world. We are not simply observing the universe from the outside; we are deeply intertwined with it. Our thoughts and Emotions, our consciousness, are not just internal phenomena; they are intrinsically linked to external reality.

And if our consciousness is intertwined with the universe, then every thought we have, every emotion we feel, can have a real, tangible impact on the world around us. We are not just observing reality; we are actively participating in its creation.

This gives us a new perspective on the role our thoughts and emotions play in our lives. They are not just internal phenomena that affect our state of mind; they are active forces that can shape the reality around us. And if this is true, then we have an incredible responsibility. Every thought we have, every emotion we feel, is a contribution to the reality we are creating.

In the chapters that follow, we will explore the concept of quantum entanglement in more depth and how it applies to our consciousness. We will also discuss some of the practical implications of this understanding and how we can use it to improve our lives. But for now, I invite you to reflect on this interconnectedness between our minds and the universe. How can you use this understanding to create a reality that is more aligned with your values and aspirations?

The idea of quantum entanglement leads us to reflect on the depth of the interconnection between ourselves and the universe. In some ways, it echoes the teachings of various spiritual traditions that speak of the fundamental unity of all existence. But what does this actually mean for us on a practical level?

To begin with, it suggests that we are not isolated from the rest of the universe, but are deeply connected to it. Every thought we have, every emotion we feel, reverberates through this interwoven web of reality. This gives us a sense of belonging and responsibility. We belong to the universe and the universe belongs to us, and every action we take has an impact on the whole.

This also suggests that change is possible. If our thoughts and emotions are intertwined with reality, then changing our thoughts and emotions can change reality. This doesn't mean that we can control reality with our thoughts. But it does mean that we have the power to influence it.

We have the power to choose our thoughts and emotions. We can choose to focus on love instead of fear, on gratitude instead of dissatisfaction, on compassion instead of judgment. And by making these choices, we are contributing to the creation of a more loving, grateful, and compassionate reality.

So how can we put this into practice? How can we cultivate thoughts and emotions that contribute to creating a more positive reality?

There are many practices that can help us in this regard. Meditation, For example, it is a powerful practice that can help us become more aware of our thoughts and emotions and choose the ones that are most beneficial. Gratitude practices, such as writing down three things we are grateful for each day, can help us focus on the positive. And loving-kindness practices, such as wishing happiness on ourselves and others, can help us cultivate an attitude of love and compassion.

Now, let's delve a little deeper into quantum physics and the concept of "superposition." As mentioned earlier, superposition is the idea that a particle can be in multiple places at once, until it is observed. When it is observed, the particle "chooses" a state, in a process known as "wave function collapse."

But what does this really mean? And how does it apply to our consciousness and the reality we are creating?

Think of superposition as the universe of all possibilities. At any given moment, there are countless possibilities that could become reality. We can choose one path or another, we can react one way or another, we can have one thought or another. All of these possibilities exist simultaneously in a state of superposition.

When we make a choice, it is as if we are "collapsing" the wave function. We are choosing one possibility over all others. We are shaping the reality around us with the choices we make.

But here's the really interesting part.

resent: Because we are constantly making choices, we are constantly creating new realities. With every moment, with every thought, with every emotion, we are shaping and reshaping the reality around us. We are actively participating in the creation of the universe.

This gives us a new perspective on the power of our thoughts and emotions. These are not just internal phenomena; they are active forces that are shaping reality. And this gives us an incredible responsibility. Every thought we have, every emotion we feel, is a contribution to the reality we are creating.

So what do you choose? What kind of reality do you want to create? What kind of universe do you want to be a part of creating? In the next chapters, we'll explore these questions in more detail and discuss some practices that can help us make more informed choices. But for now, I invite you to reflect on the power of your thoughts and emotions. How can you use them to create the reality you desire?

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thinking that our consciousness can play an active role in creating our reality, we are led to reflect on the importance of cultivating a healthy and balanced consciousness.

Many spiritual traditions emphasize the importance of practices such as meditation, mindfulness, and gratitude to cultivate a calm and clear mind. From a quantum physics perspective, these practices can help us “tune” the lens through which we observe the world, allowing us to make more conscious and intentional choices.

Meditation, for example, can help us become more aware of our thoughts and emotions, observe them without judgment, and not over-identify with them. This can give us a greater sense of balance and control, allowing us to choose wiser, more compassionate responses instead of reacting impulsively.

Practicing mindfulness can help us become more present and aware in each moment, and fully appreciate the beauty and preciousness of life. It can help us cultivate an attitude of gratitude and wonder, which can have a positive impact on our mental and physical health.

Practicing gratitude, in turn, can help us focus on the positive and cultivate an attitude of appreciation and contentment. This can help us create a more positive and satisfying reality for ourselves.

Ultimately, what quantum physics and spirituality teach us is that we have an active role in creating our reality. Our thoughts

QUANTUMECONSCIENCE

Quantum Physics Present in our lives

The quantum universe is, in many ways, a universe of harmony. Quantum particles can exist in a state of coherence, where all parts of the system work together in perfect synchrony. This is similar to an orchestra, where each instrument is playing in harmony with all the others.

Quantum coherence is a powerful concept that has profound implications for our understanding of consciousness and reality. If quantum particles can exist in a state of coherence, could our consciousness also exist in a similar state of harmony and synchrony?

Let's start by exploring the concept of quantum coherence in more detail. Quantum coherence is a state in which all parts of a quantum system are in perfect synchrony. Each particle is in harmony with all the others, and they are all working together to create a unified reality.

But quantum coherence is a delicate state. It can be easily disturbed by external factors, a phenomenon known as "decoherence." When decoherence occurs, the quantum system "falls" into a state of disorder and uncoordination.

Now, think of consciousness as a quantum system. Our thoughts and emotions, our perceptions and experiences, are all parts of a complex, interconnected system. And just like a quantum system, tical, our consciousness can exist in a state of coherence or decoherence.

When our consciousness is in a state of coherence, we are in harmony with ourselves and the universe around us. Our thoughts and emotions are aligned with our values and goals. We are present and aware, able to respond to life with wisdom and compassion.

On the other hand, when our consciousness is in a state of decoherence, we are in conflict with ourselves and the universe. Our thoughts and emotions are at odds with our values and goals. We are distracted and disconnected, reacting to life in ways that can cause suffering for ourselves and others.

In the following paragraphs, we will explore how we can cultivate coherence in our consciousness and how this can help us create a more harmonious and satisfying reality.

Cultivating coherence in our consciousness can be challenging, but there are practices that can help us in this process. As mentioned earlier, techniques such as meditation and mindfulness can be particularly helpful.

Meditation helps us quiet our minds and find a space of inner calm and clarity. It can allow us to observe our thoughts and emotions without judgment, which can help us recognize when we are in a state of decoherence and make more conscious and aligned choices.

Mindfulness, in turn, helps us to be fully present in each moment. It can help us tune into the natural flow of life and recognize the beauty and preciousness of each moment. It can help us cultivate an attitude of gratitude and appreciation, which can contribute to the coherence of our consciousness.

In addition to these practices, it is also important to cultivate an attitude of love and compassion, both for ourselves and for others. This can help us create a more harmonious and satisfying reality.

However, it is important to note that coherence does not mean that we should suppress or deny our negative thoughts and emotions. Rather, it means that we should acknowledge and accept them as part of our human experience. By doing so, we can learn from them and use them as opportunities for growth and transformation.

Ultimately, coherence is about being in harmony with ourselves and the universe. It's about recognizing that we are part of a greater whole and that our thoughts and emotions have an impact on the reality we are creating.

Another way to cultivate coherence is through the practice of gratitude. Gratitude helps us focus on the positive, appreciate the blessings in our lives, and cultivate an attitude of appreciation and contentment. This can help us tune into the beauty and bounty of the universe and create a more positive and fulfilling reality for ourselves.

Being in a state of gratitude can also help strengthen our connection with others and the universe. When we are grateful, we are recognizing the interdependence of all things. We are acknowledging that we are part of a greater whole and that each person, each experience, each moment is a precious part of this web of interconnection.

Practicing gratitude can also have a positive impact on our physical and mental health. Research shows that gratitude is associated with a range of benefits, including better sleep, fewer symptoms of illness, and greater happiness and life satisfaction.

Additionally, gratitude can help us navigate life’s challenges and hardships with greater grace and resilience. When we are grateful, we are able to see hardships as opportunities for growth and transformation, rather than just obstacles or problems.

In short, coherence is about living in harmony with ourselves, with others, and with the universe. It is about recognizing our interconnectedness with all that exists and honoring that interconnectedness.

through our thoughts, words and actions. And it is about cultivating an attitude of gratitude, love and compassion, which can help us create a more harmonious, meaningful and satisfying reality.

Finally, it's important to remember that coherence is not a state that we achieve and maintain forever. Like any other skill or practice, it takes time, effort, and patience. There will be times when we feel disconnected, confused, or overwhelmed. And that's okay. The important thing is to keep coming back to the practice, to keep coming back to mindfulness, gratitude, love, and compassion.

Likewise, it's important not to use the idea of consistency as a way to deny or avoid our difficulties or challenges. Consistency doesn't mean that everything in our lives will always be perfect. But it can help us navigate life's challenges with greater grace, wisdom, and resilience.

Furthermore, coherence is not something we can achieve alone. We are all interconnected, and our coherence affects the coherence of others and the world around us. Thus, cultivating coherence in our consciousness also means contributing to the coherence of the collective.

In this chapter, we explored the concept of quantum coherence and how it applies to our consciousness. We saw how meditation, mindfulness, and gratitude can help us cultivate coherence, and how coherence can help us create a more harmonious and satisfying reality.

In the next chapters, we will delve deeper into these ideas and explore other practices that can help us help cultivate coherence in our consciousness. But for now, I invite you to reflect on what you have learned so far and consider how you can apply these ideas in your own life.

Remember, the journey to coherence is a journey of self-discovery, growth, and transformation. And every step you take on that journey, no matter how small, is a step toward a more loving, peaceful, and fulfilling reality.

DUALITYFROM THE PARTICLE

The power of intention

Wave-particle duality is one of the most intriguing and mysterious concepts in quantum physics. According to this principle, subatomic particles can behave both as particles and as waves. That is, they can exist in definite, localized states (as particles) and in indefinite, nonlocalized states (as waves).

But what does this have to do with human consciousness? And how can it help us understand the relationship between quantum physics and spirituality?

To begin, let's explore the concept of wave-particle duality a little more deeply. According to quantum physics, a particle is not just a defined "thing" located in space. It is also a "wave of probability" that spreads throughout the universe.

When we measure the particle, the "probability wave" collapses into a definite state and the particle appears to be in a specific place. But before we measure it, the particle exists in a superposition state, where it can be in many places at once.

Now, think about human consciousness. Like the quantum particle, our consciousness also seems to have a dual nature. On the one hand, our consciousness is localized and defined. We have a sense of "self" that seems to be located in our bodies and that has specific, defined experiences.

On the other hand, our consciousness also appears to have a non-localized and undefined nature. We can have experiences that transcend our physical location and identity, such as when we have vivid dreams or experiences of altered states of consciousness.

In this chapter, we will explore this duality of human consciousness and how it can help us understand the relationship between quantum physics and spirituality. We will also discuss some practices that can help us experience and integrate this duality in our own lives.

But before I go any further, I want to invite you to reflect on your own experiences of consciousness. Have you ever had experiences that transcend your physical identity and location? What was that experience like for you? And how does it influence your understanding of yourself and the universe?

So how can we begin to experience this duality in our own consciousness? There are many practices that can help us in this regard, but one of the most powerful is meditation.

Meditation is an ancient practice that helps us quiet the mind and get in touch with the essence of our consciousness. When we meditate, we can begin to experience the duality of our consciousness.
- the feeling of being at the same time

a localized and defined “I” and a vast and unlimited consciousness.

By practicing meditation regularly, we can begin to integrate this duality into our daily lives. We can begin to live in a way that honors both our individuality and our interconnectedness with the whole. And this can help us live in a more harmonious, conscious, and fulfilling way.

Another practice that can help us experience the duality of our consciousness is mindfulness. Mindfulness helps us to be fully present in each moment, to observe our thoughts and emotions without judgment, and to cultivate an attitude of acceptance and compassion.

By practicing mindfulness, we can begin to realize that our consciousness is more than just our thoughts and emotions. We can begin to realize the vastness and depth of our consciousness, and recognize that we are part of a greater whole.

In this chapter, we explore the wave-particle duality and how it applies to human consciousness. We discuss how meditation and mindfulness can help us experience and integrate this duality into our daily lives.

In the next chapters, we’ll explore other concepts from quantum physics and how they relate to human consciousness and spirituality. But for now, I invite you to reflect on what you’ve learned so far and consider how you can apply these ideas to your own life.

Remember, the journey to understanding

Understanding and integrating duality is a journey of self-discovery, growth, and transformation. And every step you take on this journey, no matter how small, is a step toward a deeper understanding of yourself and the universe.

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ENTANGLEMENTQUANTUM

The power of thoughts

Quantum entanglement is one of the strangest and most mysterious phenomena in quantum physics. According to this principle, two interacting particles can become “entangled” in such a way that the state of one particle instantly affects the state of the other, no matter how far apart they are.

This phenomenon challenges our common notions of space and time and suggests that, at a fundamental level, we are all interconnected. But what does this have to do with human consciousness? And how can it help us understand the relationship between quantum physics and spirituality?

To begin, let’s explore the concept of quantum entanglement a little deeper. According to quantum physics, when two particles interact with each other, they can become “entangled.” This means that the state of one particle is instantly linked to the state of the other, no matter how far apart they are.

This phenomenon is so strange and counter- - intuitively Albert Einstein called it “spooky action at a distance.” However, numerous experiments have confirmed the reality of quantum entanglement, making it one of the best-confirmed predictions of quantum physics.

Now, think about human consciousness. Just like quantum particles, our consciousness also seems to be interconnected at a fundamental level. We have all had the experience the experience of feeling a deep connection with another person, even from a distance.

Think, for example, of the experience of thinking about someone and then receiving a phone call from that person. Or the experience of feeling what another person is feeling, even without verbal communication. These are just a few of the many ways in which our consciousness seems to be interconnected.

In this chapter, we will explore the idea of quantum entanglement and how it applies to human consciousness. We will discuss how this idea can help us understand the interconnectedness of all things and cultivate a sense of unity and harmony in our lives.

So how can the notion of quantum entanglement help us understand the interconnectedness of all things? And how can we integrate this understanding into our daily lives?

One of the most important lessons of quantum entanglement is the idea that we are all connected at a very deep level. This connection is not dependent on space or time. No matter how far apart we are from each other, we are all connected by the web of life.

This realization can have profound implications for how we live our lives. If we truly understand that we are all interconnected, it can motivate us to treat each other with more kindness and

compassion. It can motivate us to care for our planet more responsibly. And it can help us feel a deeper sense of purpose and meaning in our lives.

Another important lesson from quantum entanglement is the idea that every action we take has an effect on the whole. Every thought we have, every word we say, every action we take – all of these have an impact on the whole. And that means that each of us has the power to make a difference.

This concept is often expressed in spirituality through the idea of karma - the idea that our actions have consequences and that what we do to others, we do to ourselves. But it is also a fundamental idea in quantum physics.

So what are some practices that can help us cultivate a sense of interconnectedness and live in a way that honors that interconnectedness?

One powerful practice is meditation. Meditation helps us quiet our minds and get in touch with our core consciousness. When we meditate, we can begin to see the interconnectedness of all things and feel a sense of oneness with the whole.

Another important practice is the practice of compassion. Compassion is the ability to empathize with the suffering of others and to want to alleviate that suffering. When we practice compassion, we recognize that we all share the human experience and that we are all interconnected at a fundamental level.

A related practice is the practice of Loving-kindness. Loving-kindness is the ability to wish happiness and well-being for all beings, without exception. When we practice loving-kindness, we cultivate an open heart and an attitude of inclusion and acceptance.

It can also be helpful to cultivate an appreciation for the beauty and wonder of the universe. When we stop to appreciate the beauty of a flower, the vastness of the night sky, or the complexity of a snowflake, we can begin to feel a sense of wonder and awe for the universe and our place in it.

In short, quantum entanglement challenges us to expand our consciousness and live in a way that honors the interconnectedness of all things. And while this can be challenging, it is also an incredible opportunity for growth, learning, and transformation.

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In short, quantum entanglement challenges us to expand our consciousness and live in a way that honors the interconnectedness of all things. And while this can be challenging, it is also an incredible opportunity for growth, learning, and transformation.

To integrate these insights into our daily lives, we can begin to practice mindful observation. This means paying attention to our environment, our thoughts, our emotions, and our actions in a non-judgmental and open-minded way. By doing this, we can begin to notice the subtle ways in which we are interconnected with everything around us.

We can also begin to practice gratitude. Gratitude is a powerful tool that helps us recognize and appreciate the blessings in our lives. By expressing gratitude, we acknowledge the interconnectedness of all things and honor the web of life.

Additionally, we can begin to practice conscious actions. This means acting in a way that is aligned with

in line with our values and that honors the interconnectedness of all things. This might include actions like recycling, eating sustainably, treating others with kindness and respect, and contributing to causes that are important to us.

These are just a few of the many practices that can help us cultivate a sense of interconnectedness and live in a way that honors that interconnectedness. In doing so, we can begin to experience a deeper sense of purpose, meaning, and joy in our lives.

At the end of this chapter, I would like to leave you with a question to ponder: How can you integrate the understanding of the interconnectedness of all things into your daily life? What can you do to honor and support the web of life?

MANUAL
TAROT

WHAT IS ITTAROT ?

Learn the meaning of each of the cards

Tarot is a form of divination based on a set of 78 cards, divided into 22 major arcana and 56 minor arcana. The cards are illustrated with symbolic images and each one has a specific meaning.

The history of tarot is controversial and there is no consensus on its origins. Some believe that it emerged in Italy in the 15th century, while others claim that it has older roots, linked to ancient Egyptian or Celtic esoteric traditions. What is certain is that tarot became popular in Europe in the 18th century and has been used for divinatory purposes ever since.

There are several types of tarot readings, each with its own methods and interpretations. One of the most common ways to read tarot is through the “Celtic spread,” in which the cards are spread out randomly and then interpreted according to their relative positions to each other. Another popular form is the “three-card spread,” in which three cards are chosen to represent the past, present, and future of a specific question.

Each tarot card has a specific meaning and can be interpreted in different ways depending on the context of the reading. For example, the “Strength” card can symbolize courage, determination, and self-control, while the “Death” card can represent profound changes and transformations. In addition, cards can also be interpreted according to their position in the reading, such as a card in the past position may have a different meaning than a card in the future position.

In addition to being used for divination purposes, tarot can also be used as a therapeutic tool. This is called therapeutic tarot, which is a way of using the cards as a means of exploring and understanding psychological and emotional issues. Therapeutic tarot is a form of complementary therapy where a person can use the cards to gain insight, understand their problems, and find solutions to them.

Therapeutic tarot can be used to deal with issues such as stress, anxiety, depression, relationship problems, and other emotional issues. It can help a person gain a new perspective on their situation, understand their feelings and thoughts, and ultimately find a solution to their problems.

It is important to note that therapeutic tarot should be performed by a qualified professional, someone who has solid knowledge of the technique and experience in working with psychological and emotional issues. It is also important to emphasize that it should not be considered the sole treatment for mental health problems, but rather as a complement to other therapies.

THE MEANINGTAROT ?

How does it work? What is it about?

Tarot is a complex and fascinating system of divination that uses a set of cards with symbolic images. The tarot deck is divided into two main categories: the Major Arcana and the Minor Arcana.

The Major Arcana is made up of 22 cards that reveal the “greater secrets” or grand themes of life. These cards include the Fool, the Magician, the High Priestess, the Empress, and so on, all the way to the World. The Major Arcana cards are numbered 0 through 21 and represent a sort of spiritual journey, with each card symbolizing a phase or experience in life that we all inevitably go through.

This concept of a spiritual journey is well explored in Joseph Campbell’s book “The Hero with a Thousand Faces.” According to Campbell, all human stories follow a basic structure called “The Hero’s Journey,” which is reflected in the 22 cards of the Major Arcana. It is important to note that these phases can repeat themselves multiple times throughout life, suggesting a cyclical nature in which there is no true beginning or end.

On the other hand, the Minor Arcana are made up of 56 cards that reveal the “minor secrets” or more everyday aspects of life. These cards are divided into four suits: Wands, Swords, Cups and Pentacles. Each suit has 14 cards, ranging from Ace to Ten, in addition to the Court Cards, which include the Page (or Princess), Knight (or Prince), Queen and King.

The suits of the Minor Arcana are associated with the four elements of nature: Wands represent Fire, Swords represent Air, Cups represent Water, and Pentacles represent Earth. These suits can reflect attitudes and temperaments, such as an impulsive person (fire) or someone who is more rational and logical (air).

The naming conventions may vary slightly depending on the tarot deck you are using. For example, in some decks, the King may be called the Knight. Most tarot decks come with an explanatory booklet to help you familiarize yourself with the specifics of the deck.

Interpreting the tarot is an art that requires intuition and knowledge. The meaning of a card depends not only on its symbolism, but also on the question asked, the reader, the person receiving the reading, and the position of the other cards in the reading. Each reading is unique and offers a different perspective on life and its challenges and opportunities.

THESTRUCTURETAROT

Major Arcana? Minor Arcana?

Understanding the Tarot can seem daunting at first, but with a little guidance, you can become familiar with its basic structure and begin to explore the rich symbolism it offers. Here's a practical, educational guide to help you understand the structure of the Tarot.

The Tarot is made up of 78 cards, divided into two main groups: the 22 Major Arcana and the 56 Minor Arcana.

Major Arcana

The Major Arcana**are composed of 22 cards,**numbered 0 to 21, each representing an important stage or lesson in life's journey. They are representations of major universal themes and tend to arise when significant changes are occurring in the querent's life.

The complete list of Major Arcana is:

00# The Fool

01# The Magician

02# The Priestess

03#The Empress

04# The Emperor

05# The Hierophant

06# The Lovers

07# The Car

08# The Force

09# The Hermit

10# The Wheel of Fortune

11# Justice

12# The Hanged Man

13# Death

14# Temperance

15# The Devil

16# The Tower

17# The Star

18# The Moon

19# The Sun

20# The Trial

21# The World

Minor Arcana

The Minor Arcana are a set of 56 cards divided into four suits: Wands, Swords, Cups and Pentacles. Each suit contains 14 cards, numbered from 1 (Ace) to 10, followed by four Court Cards: Page (or Princess), Knight (or Prince), Queen and King.

The Minor Arcana are more related to everyday situations, events and people we encounter in our lives. Each suit is associated with an element, which in turn represents an aspect of the human experience:

Wands (Fire): It symbolizes action, creativity, passion and energy.
Swords (Air): It represents thought, communication, truth and conflict.

Cups (Water): It is linked to emotions, relationships and feelings. Pentacles (Earth): Represents the material world, finances, work and practical matters.

Nomenclature and Variations

Tarot card naming can vary depending on the deck you are using. For example, in some decks, the King may be called the Knight. Most tarot decks come with an explanatory booklet to help you familiarize yourself with the specifics of the deck.

Tarot Interpretation

Interpreting the tarot is an art that requires intuition, knowledge and practice. The meaning of a card depends not only on its symbolism, but also on the question asked, the reader, the person receiving the reading and the position of the other cards in the layout.

The relationship between adjacent cards can modify, amplify, or even attenuate the meaning of a particular card. For example, a card that suggests conflict or challenge may be softened if it is next to cards that symbolize support or resolution. Similarly, a positive card may indicate obstacles if it is surrounded by negative cards.

There are many ways to arrange the cards in a tarot reading, each focusing on different types of questions and insights. Some of the most popular layouts include the Celtic Cross, the Horseshoe, and the Star. Regardless of the layout chosen, it is essential that the reader is centered and attentive, seeking to connect not only with the cards, but also with the energy of the person seeking the reading.

Tips for Efficient Reading

Energetic Connection: Before beginning your reading, take a moment to connect with the deck. Many readers enjoy meditating or saying a short prayer. Formulate the Question: A clear, direct question usually results in a more enlightening reading. Avoid vague or overly broad questions.

Be Open: Tarot is a tool for introspection. Sometimes the messages can be challenging or unexpected. It is important to be open to receiving the messages as they come. Study and Practice: Like any skill, tarot reading improves with practice. Additionally, studying different decks and the variations in interpretations can enrich the experience.

Respect and Ethics: Always remember to approach tarot with respect. When doing readings for others, maintain confidentiality and be compassionate. In short, the Minor Arcana offers valuable insights into the nuances of everyday life. By immersing yourself in the study and practice of tarot, you can connect more deeply with your intuition and gain a new perspective on the challenges and opportunities that present themselves.

LETTERSINVERTED?

What it means?

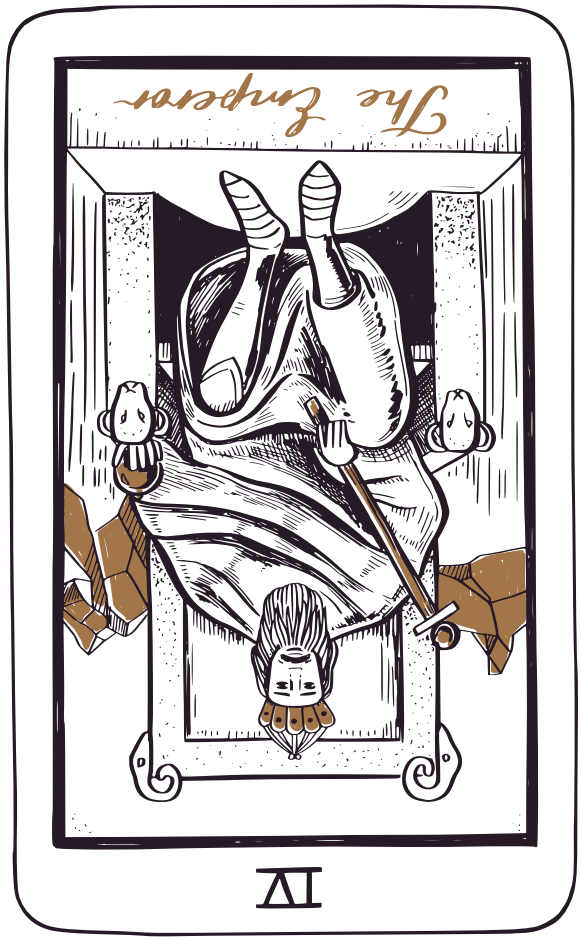
In Tarot, cards that appear upside down are known as reversed cards. These cards can appear accidentally or intentionally during a reading, depending on the tarot reader's practice. The reversed position of a card can modify or add nuances to its original meaning.

There are many ways to interpret reversed cards, but in general, they are understood as representing a denial or a challenge related to the meaning of the card when presented in its normal (or “upright”) position. For example, if the card in the upright position symbolizes success, its reversed version may indicate failure or obstacles on the path to success.

Additionally, reversed cards can also suggest the need to look at a situation from a different perspective, that is, to analyze the issue from an alternative angle. This can be particularly useful when dealing with complex or ambiguous problems.

It is crucial to remember that the interpretation of reversed cards must be done in conjunction with the cards in the upright position and taking into account the issue under analysis and the arrangement of the cards in the spread. An experienced reader will be able to integrate the interpretation of the reversed cards with the cards in the upright position, achieving a more comprehensive understanding of the situation.

So, in short, reversed cards in Tarot are those that appear upside down during a reading. They can symbolize denial, challenges, or the need to reevaluate the situation from a new perspective. These cards should always be interpreted in conjunction with the upright cards, taking into account the question posed and the arrangement of the cards in the spread, in order to obtain a more complete understanding of the context.



Letter	Meaning Direct	Meaning Inverted
The Fool	New journey	Lack of planning ment
The Witch	Intelligence	Lack of concentration traction
The Popess	Wisdom	Illusion
The Empress	Maternity	Lack of stability emotional age
The Emperor	Authority	Authoritarianism
The Hierophant	Teaching	Dogmatism
The Lovers	Choice	Indecision
The Car	Success	Failure
Justice	Balance	Injustice
The Hermit	Loneliness	Isolation
The Wheel of Fortune	Changes	Stagnation
The Force	Self-control	Weakness
The Hanged Man	Change of perspective	Resistance the changes
Death	Change	Fear of changeces
Temperance	Balance	Excess
The Devil	Wishes	Obsession
The Tower	Changes re-pentinas	Disaster
The Star	Hope	Hopelessness
The Moon	Instinct	Fear
The Sun	Happiness	Sadness
On Trial	Self-assessment	Self - condemnation
The World	Conclusion	Incompleteness

Letter	Suit	Meaning Direct	Meaning Inverted
To the	Swords	New beginning	Lack of initiative
Two	Swords	Harmony	Conflict
Three	Swords	Realization	Failure
Four	Swords	Stability	Instability
Five	Swords	Problems	Solution
Six	Swords	Success	Failure
Seven	Swords	Courage	Fear
Eight	Swords	Speed	Slowing down
Nine	Swords	Purpose	No purpose
Ten	Swords	Conclusion	Incompleteness
Jack	Swords	Intelligence	Lack of intelligence
Knight	Swords	Action	Inaction
Queen	Swords	Wisdom	Lack of wisdom
King	Swords	Power	Lack of power

Letter	Suit	Meaning Direct	Meaning Inverted
To the	Cups	New love	End of a relationship
Two	Cups	Harmonization	Disharmony
Three	Cups	Happiness	Sadness
Four	Cups	Party	Loneliness
Five	Cups	Gift	Loss
Six	Cups	Success in love	Failure in love
Seven	Cups	Spirituality	Lack of spirituality
Eight	Cups	Happiness	Unhappiness
Nine	Cups	Realization	Failure
Ten	Cups	Conclusion	Incompleteness
Jack	Cups	Kindness	Lack of kindness
Knight	Cups	Loyalty	Betrayal
Queen	Cups	Emotions	Lack of emotion
King	Cups	Understanding	Lack of understanding they are

Letter	Suit	Meaning Direct	Meaning Inverted
To the	Sticks	Beginning of an adventure	Lack of motivation
Two	Sticks	Growth	Stagnation
Three	Sticks	Realization	Failure
Four	Sticks	Stability	Instability
Five	Sticks	Problems	Solution
Six	Sticks	Success	Failure
Seven	Sticks	Effort	Lack of effort
Eight	Sticks	Readiness	Delay
Nine	Sticks	Realization	Failure
Ten	Sticks	Conclusion	Incompleteness
Jack	Sticks	Initiative	Lack of initiative
Knight	Sticks	Progress	Backtrack
Queen	Sticks	Leadership	Lack of leadership
King	Sticks	Authority	Lack of authority

Letter	Suit	Meaning Direct	Meaning Inverted
To the	Diamonds	New financial start-ro	Lack of opportunity-financial des
Two	Diamonds	Financial growth	Financial stagnation frog
Three	Diamonds	Financial achievement	Financial failure
Four	Diamonds	Financial stability	Financial instability
Five	Diamonds	Financial problems	Financial solution
Six	Diamonds	Financial success	Financial failure
Seven	Diamonds	Financial effort	Lack of financial effort
Eight	Diamonds	Financial readiness	Financial delay
Nine	Diamonds	Financial achievement	Financial failure
Ten	Diamonds	Financial conclusion	Incompleteness finan-ceira
Jack	Diamonds	Financial initiative	Lack of financial initiative
Knight	Diamonds	Financial progress	Financial setback
Queen	Diamonds	Financial leadership	Lack of financial leadership
King	Diamonds	Financial authority	Lack of financial authority

OS 2 2MAJOR ARCANA

The main tarot cards

The Major Arcana represent a set of 22 cards: 21 numbered from 1 to 21 and an additional one without a number. These cards are characterized by evolutionary symbols, which connect our abstract and subjective mind to the essence of life, enhancing the energy and potential of situations.

The Major Arcana cards offer a broad and generalist view, providing a broader overview of the situation in question. In addition, these cards have the ability to cover the four fundamental levels of human existence: the spiritual, the emotional, the mental and the physical.

When working with the Major Arcana, you are dealing with symbols that open doors to our subconscious and offer a deep connection with the genesis of life and the latent potential in every situation.

This group of cards provides a holistic view, covering all aspects of the situation under analysis.

Finally, the Major Arcana moves through the four planes of our existence: the spiritual, the emotional, the mental and the physical, showing us - us the fullness of our human experience.

It is important to mention that when you come across a Major Arcana card in a reading, it is a sign that you should pay special attention to its meaning, as it is pointing to central and fundamental issues in the person's life. The Arcana Bigger ones are like lighthouses illuminating the deepest paths of the soul, indicating the great challenges, lessons and opportunities that are manifesting.

The energies represented by these cards are universal archetypes that exist within the human collective. For example, “The Magician” represents manifestation and the ability to utilize available resources, while “The Empress” symbolizes fertility, nurturing, and connection with nature. Each card has its own energy and message, guiding us through the ups and downs of life.

However, to correctly interpret these cards, it is necessary to develop a keen intuition and a deep understanding of symbolism. In addition to connecting with the card itself, it is vital to consider the relationship between it and the other cards in the spread to gain a complete picture.

The Major Arcana, therefore, are a powerful tool in the art of cartomancy. They remind us that even in the face of challenges, there is a greater purpose and cosmic order. By connecting with these archetypes, we are able to delve deeper into our own journey, understanding and embracing the mysteries of life.

OS 5 6MINOR ARCANA

Tarot Support Cards

The set of cards in question consists of a total of 56 pieces. Of these, 40 are numbered, and the remaining 16 are known as the “court cards”. The deck is structured according to suits, and each suit is associated with a specific aspect of human existence, expressed through an analogy with natural elements.

First, we have the suit of Wands, which is directly associated with the element Fire. This represents the spiritual sphere of life, referring to the fire that feeds our soul and illuminates our consciousness.

Next, we find the suit of Swords. This is linked to Air, symbolizing the human mind, thought and logic. It represents the ability to rationalize, argue and make decisions.

The suit of Cups is associated with the element Water, denoting the universe of feelings, emotions and affective relationships. Like water, feelings flow and adapt to the container they are in, just as our heart adapts to circumstances.

Finally, the suit of Pentacles or Pentacles is connected to the Earth, representing the material plane. This suit symbolizes the tangible world, possessions, work, health and everything that we can touch and feel physically.

The court cards, in turn, represent characters from the royal court and are associated with archetypes of human personalities, playing an important role in the interpretation of the cards. The figures include the Pages, Knights, Queens and Kings.

The Pages symbolize innocence, inexperience, subtlety, aspiration, abundance, dedication and practicality.

The Knights represent will, persistence, skill, idealism, leadership and honor, bringing the energy of action and determination.

The Queens, in turn, bring objectivity, preservation, power and matriarchy. They symbolize feminine energy in its fullness, expressing wisdom, compassion and inner strength.

Finally, Kings represent achievement, production, domination and patriarchy. They symbolize authority, power, protection and generosity.

Additionally, these court cards can also be used to identify certain characteristics or people in a reading.

Numbered cards, on the other hand, are a symbolic representation of the trajectory of an idea or process. Each number represents a stage or step on the path to completion or realization of that idea. Therefore, each numbered card offers a unique perspective on the path being taken.

ARCANOZEROFOOL / CRAZY

Letter 00

The Fool card in tarot is often seen as a card of change and spiritual journey. It represents the search for new horizons and the willingness to risk everything in search of personal fulfillment.

In most interpretations, the Fool is seen as a symbol of courage, boldness, and independence. It represents the decision to move forward, even in the face of uncertainty and risk. It can also symbolize the need to break free from old habits and patterns, and to embrace new perspectives and possibilities.

The Fool card can also indicate that it is time to make an important decision, and that you need to act impulsively and without fear of making mistakes. It can suggest that it is time to follow your dreams and intuitions, even if it means leaving your comfort zone.

Additionally, the Fool card can be seen as a symbol of spontaneity and joy in life. It represents the ability to have fun and enjoy life without worrying about the consequences. It can be a reminder that it is important to not take yourself too seriously and to allow yourself to be free and spontaneous every now and then.

However, it is important to note that the Fool card can also indicate recklessness and lack of planning. It can be a sign that you need to be more sensible and rational before making an important decision. In general, the Fool card is a reminder to balance the bold with the sensible, and to take the necessary steps.



right decisions, even if it means leaving your comfort zone.

The Fool card in tarot can also be associated with the figure of the adventurer, who travels the world in search of new experiences and knowledge. It represents the search for discoveries and new perspectives, and the willingness to face challenges and overcome obstacles. The Fool card can indicate that it is time to embark on a spiritual or physical journey, and that one must be prepared to face the uncertainties and risks that this journey may bring.

However, the Fool card also warns us about the dangers of carelessness and impulsiveness. It suggests that while it is healthy and necessary to take some risks, it is also crucial to consider our actions and consider the possible consequences before embarking on a new journey. The Fool encourages us to be bold, but also reminds us that every action brings with it a reaction.

In the context of a Tarot reading, the appearance of the Fool can suggest that the person being consulted is in a transitional phase or the beginning of a new cycle in their life. It can indicate that the person is feeling drawn to a new adventure or experience, but is still hesitant about taking the next step. The card can then be an invitation to trust your instincts, and allow yourself to explore the unknown.

Furthermore, the Fool can also symbolize the need to break free from self-imposed restrictions and limitations. He challenges norms and conventions, encouraging the person to question the status quo and dare to be different.

However, it is crucial to remember that the Fool also has a dark side. When interpreted negatively or in a reversed position during a Tarot reading, it can suggest a propensity for irresponsible behavior, rash decisions, or the need to consider more carefully before acting.

Positive Aspects	Negative Aspects
Freedom and independence	Irresponsibility
Spontaneity and openness to new experiences	Unpredictability and chaos
Confidence and optimism	Naivety and lack of planning
Beginning of a new journey	Lack of direction or purpose
Emotion and joy of living	Lack of seriousness or commitment
Ability to take risks	Reckless behavior
Living in the present	Neglect of consequences

ARCANOUMOMAGO

Letter 01

The Magician card is one of the 78 tarot cards, and is generally considered to be one of the most important and powerful cards in a tarot reading. It represents the power of mind and intention, as well as the ability to manifest what we desire in life.

In the image on the card, we see a magician standing in front of a table, with several symbolic objects arranged on it. He holds a staff with a snake wrapped around it, symbolizing the strength of will and the ability to control our instincts. He also holds a sword in his other hand, symbolizing logic and reason.

Surrounding the magician, we see various alchemical symbols, such as the triangle with the eye at the top, which represents the union of opposites, and the cup, which symbolizes emotion and intuition. These symbols remind us that the magician's power comes from a balance between reason and emotion, and from an ability to unite opposites to achieve a goal.

The Magician card is also associated with the element of air, which symbolizes the mind and communication. It represents the ability to use our mind to create the reality we desire through clear and effective communication with others and ourselves.

When this card appears in a tarot reading, it usually indicates that it is time to use our minds more effectively and consciously. This could mean making more informed decisions, being more assertive in communication, or simply being more aware of our intentions and goals.



objectives.

Furthermore, the Magician card can also indicate that it is time to start something new, to create something from nothing. It is a sign that we have all the resources and skills necessary to achieve success, and that we need to trust ourselves and move forward with courage and determination.

In short, the Magician card is a powerful and inspiring card that reminds us of our ability to create the reality we desire through the power of mind and intention. It encourages us to be more conscious and effective in our actions, and to trust in ourselves and our abilities. It also encourages us to work in balance with our reasoning and emotions, and to unite opposites to achieve our goals.

On the other hand, the Magician card can also be seen as a warning about the dangers of manipulation or abuse of power. It reminds us that while we have the ability to shape our reality, we also have the responsibility to do so in an ethical and respectful manner. The Magician can use his gifts and abilities for good or for evil, and it is important to remember that every action has its consequences.

Additionally, the Magician card can indicate a need for clearer, more direct communication. It may be a sign that we are having difficulty expressing our thoughts and feelings, or that we are struggling to make ourselves understood by others. The Magician reminds us that good communication is essential to success and that we need to work on improving our skills in this area.

The Magician card can also suggest that we are experiencing an imbalance between reason and emotion. It could be that we are relying too much on logic and neglecting our feelings, or vice versa. The Magician encourages us to seek a balance between these two aspects of ourselves, and to recognize that both reason and emotion are valuable tools for decision-making.

Positive Aspects	Negative Aspects
Manifestation and creation	Manipulation or cheating
Skill and competence	Dishonesty
Initiative and action	Frustration due to lack of progress
Personal power	Abuse of power
Connection between heaven and earth (spiritual and material)	Disconnection and lack of direction
Concentration and focus	Distraction or lack of focus
Self-confidence	Arrogance or egocentrism
Available resources	Misuse of resources
Effective communication	Misleading communication
Versatility	Lack of specialization

ARCANODOISPRIESTESS

Letter 02

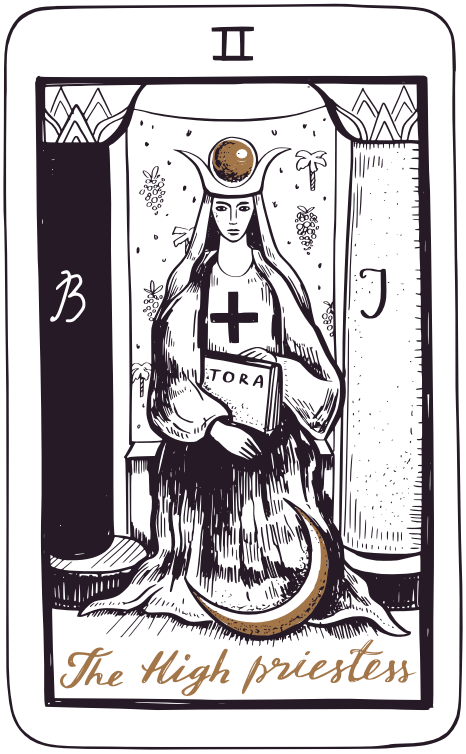
The High Priestess card, also known as the Sarsedostist card, is one of the 78 tarot cards and is generally considered to be one of the most mysterious and powerful cards in a tarot reading. It represents intuition, inner wisdom, and connection to spirituality.

In the image of the card, we see a woman sitting between two columns, symbolizing the duality between light and darkness. She has a veil over her head, symbolizing mystery and hidden knowledge. She also holds a cup, which symbolizes emotion and intuition.

Around the High Priestess, we see various symbols such as the moon and the star, symbolizing the connection with the unconscious and spirituality. We also see the waxing and waning of the moon, symbolizing change and evolution. These symbols remind us that the High Priestess's Inner Wisdom comes from a deep understanding of the unconscious and the connection with spirituality.

The High Priestess card is also associated with the element of water, which symbolizes emotions and intuition. She represents the ability to listen to our inner voice and follow our intuition, even when it doesn't make logical sense.

When this card appears in a tarot reading, it usually indicates that it is time to trust our intuition and follow our instincts. This could mean following a spiritual path, seeking occult knowledge, or simply following our heart in



instead of our brain.

Additionally, the High Priestess card can also indicate that it is time to look within yourself and explore your own mysteries. This could mean working on your self-esteem, or learning meditation and visualization techniques. It could also mean exploring your limiting beliefs and working on releasing them.

In short, the High Priestess card is a mysterious and powerful card that reminds us of our connection to spirituality and the importance of trusting our intuition. It encourages us to look within ourselves and explore our own mysteries, and to trust our inner voice to guide our decisions and actions. It reminds us that true wisdom comes from a deep understanding of ourselves and a connection to the unconscious and spirituality.

Moving on, the High Priestess is also an arcane that inspires us to seek the truth beyond the superficial, to not be content with simple answers, but to investigate the deepest mysteries of life and the universe. She encourages us to question and always seek more knowledge, to expand our horizons beyond what we can immediately see and understand.

In the image of the High Priestess, it is also common to find the Torah, a symbol of sacred knowledge, which she holds on her lap. This indicates that true wisdom only becomes accessible through introspection and self-knowledge. The knowledge she symbolizes is both external and internal. She encourages the search for truth, whether through the study of philosophies and spiritual traditions, or through the exploration of one's own inner self.

Furthermore, the High Priestess, being a tarot card that also represents femininity and the mystery of creation, can signal the time to cultivate characteristics such as sensitivity, empathy and intuition. She reminds us of the strength and power that reside in gentleness, care and compassion.

The High Priestess challenges us to keep an open and receptive mind, to connect with our deepest feelings and to trust our instincts. She is the tarot card that shows us that wisdom is not just a matter of facts and information, but also of feelings, intuitions and perceptions.

Positive Aspects	Negative Aspects
Spiritual knowledge and wisdom	Dogmatism and intolerance
Guidance and advice	Rigidity and inflexibility
Tradition and continuity	Fear of change
Connection with the divine	Excess of religious orthodoxy
Stability and order	Stagnation and resistance to innovation
Education and learning	Limitation of free thought
Community Connection	Conformity and fear of standing out
Revelation of secrets	Concealment of truths
Search for a greater meaning	Spiritual blindness
Ritual and ceremony	Superstition and empty rituals

ARCANOTRE SEMPRESS

Letter 03

The Empress card is one of the 78 tarot cards and is generally considered to be one of the most powerful and significant cards in a tarot reading. It represents fertility, creation, and nurturing, both physically, emotionally, and spiritually.

In the image of the card, we see a woman sitting on a throne, surrounded by symbols of nature, such as flowers and fruits. She holds a scepter, symbolizing power and self-control, and is dressed in a robe decorated with stars, symbolizing the connection with the divine.

Surrounding the Empress, we see various symbols that remind us of nature and creation, such as the sun and the moon, symbolizing the union of opposites and the harmony between the masculine and feminine aspects. We also see the eagle, symbolizing strength and courage, and the serpent, symbolizing wisdom and renewal. These symbols remind us that the Empress's strength comes from her ability to create and nurture, and to be in harmony with nature.

The Empress card is also associated with the element of earth, which symbolizes stability and security. It represents the ability to create a safe and stable environment for ourselves and others, and to nurture and care for ourselves and others.

When this card appears in a tarot reading, it often indicates that it is time to focus on creating and nurturing. This could mean focusing on creating a secure foundation for your life, whether it be financial, emotional, or spiritual.



spiritual, or taking care of your physical and emotional health. It may also mean that it is time to focus on creating and nurturing healthy relationships.

Additionally, the Empress card can also indicate that it is time to focus on your creative projects and express your creativity more effectively. It can also indicate that it is time to focus on your authority and self-confidence.

In summary, the Empress card is a powerful and meaningful card that reminds us of the importance of nurturing and nurturing ourselves, both physically and emotionally and spiritually. It encourages us to focus on creating a secure foundation for our lives and taking care of ourselves and others. It also encourages us to express our creativity more effectively and to work on our authority and self-confidence.

The Empress, with her symbols of fertility and creation, appears as a matriarch, a symbol of maternal love and care. This card brings with it a call to recognize the importance of connection with the earth, the need to ground oneself and establish oneself in a solid way. It indicates that in order for seeds to flourish and thrive, fertile and safe ground is necessary.

In a tarot reading, the appearance of the Empress can also indicate a fruitful phase in the life of the person being consulted. A time when all previous efforts and care begin to show their results, whether in personal life, career or creative projects. The Empress is a promise of abundance and harvest, as long as one continues to nurture and care for the seeds planted with love and dedication.

On the other hand, this card also serves as a reminder of the need for balance. Just as the Empress brings with her the power of creation and nurturing, she also brings the message of the importance of self-care. One should not exhaust all of one's energy caring for others and forget to take care of oneself.

Overall, the Empress emphasizes the idea that life is a continuous process of creation and nurturing. She invites us to embrace our creative power, to nurture our ideas and projects, to care for ourselves and others, to cultivate security and stability, and to connect deeply with the earth and nature.

Positive Aspects	Negative Aspects
1. Creativity	1. Overdependence
2. Nutrition	2. Suppression of personal needs
3. Fertility	3. Insecurity or fear of taking control
4. Abundance	4. Suffocation or overprotection
5. Stability	5. Resistance to change
6. Connection with nature	6. Disconnection from reality
7. Loving care	7. Personal negligence
8. Expression of emotions	8. Drama or hyperemotionality
9. Self-confidence	9. Arrogance or self-centeredness
10. Renewal	10. Stagnation or fear of new beginnings

ARCANOFOUREMPEROR

Letter 04

The Emperor card is one of the 78 tarot cards and is generally considered to be one of the most powerful and significant cards in a tarot reading. It represents authority, leadership, and structure.

In the image on the card, we see a man sitting on a throne, surrounded by symbols of power and authority, such as an ankh and a sword. He holds a scepter, symbolizing power and control, and is dressed in armor, symbolizing protection and strength.

Around the Emperor, we see several symbols that remind us of structure and order, such as the four faces of the four elements, symbolizing stability and balance. We also see the eagle, symbolizing strength and courage, and the serpent, symbolizing wisdom and renewal. These symbols remind us that the Emperor's strength comes from his ability to lead and establish structure, and to be in harmony with the forces of nature.

The Emperor card is also associated with the element of fire, which symbolizes passion and determination. It represents the ability to make decisions and act decisively, and to exercise authority in a fair and balanced manner.

When this card appears in a tarot reading, it usually indicates that it is time to focus on exercising your authority and leadership. This could mean focusing on making decisions and acting decisively, or establishing



create structure and order in your life. It can also mean that it is time to focus on your goals and objectives, and working towards achieving them.

Additionally, the Emperor card may also indicate that it is time to focus on your self-confidence and personal authority. It may also indicate that it is time to focus on your relationships and how to exercise your authority in a fair and balanced way.

In short, the Emperor card is a strong and meaningful card that reminds us of the importance of exercising authority and leadership in a fair and balanced manner. It encourages us to make decisions and act decisively, to establish structure and order in

our lives, and work hard to achieve our goals. It challenges us to seek wisdom, courage and balance in all our actions, and to respect the forces of nature.

In the context of a Tarot reading, if the Emperor appears, it can be a signal for the reader to take control of their life, establish clear structures and rules, and move forward with confidence and determination towards their goals. The card can indicate that now is the time to act, and that inaction or indecision can lead to stagnation and delays.

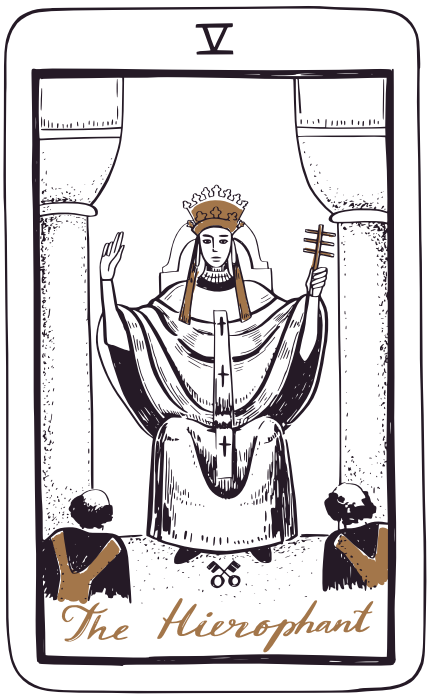
But the Emperor also warns about the dangers of abuse of power and excessive authority. He reminds us that true leadership comes from the ability to balance strength and compassion, and that a just and balanced authority is one that respects the rights and needs of others.

Thus, the Emperor card, although strong and powerful, carries a message of balance and moderation. It encourages leadership and authority, but also compassion, understanding and respect for others. It reminds us that our power and authority must be exercised fairly and in a balanced way, and that we must always seek wisdom and understanding in all our actions.

Positive Aspects	Negative Aspects
Authority and leadership	Abuse of power
Stability and structure	Rigidity and inflexibility
Determination and strength	Excessive domination and control
Protection and security	Authoritarianism and tyranny
Decision-making capacity	Intransigence
Harmony with the forces of nature	Disconnection from emotions
Self-confidence	Arrogance and selfishness
Justice and balance	Disregard for others
Achievement of goals	Lack of vision or perspective
Renewal and wisdom	Fear of change or the new

ARCANE FIVEPOPE

Letter 05



The Hierophant is “the one who teaches sacred things” (hieros = sacred, phantes = to teach). The two keys refer to Saint Peter, and Jesus’ words “I will give you the keys of the kingdom of heaven. (Matthew 16:19). This represents the Priesthood and communication with the Astral. Whatever you bind on earth will be bound in heaven; and whatever you loose on earth will be loosed in heaven.” The triple crown, the three crosses on the garment and the triple cross are reflections of his competence over the three planes: body, soul and spirit - or also heaven, earth and hell.
At his feet are two novices, ready to receive instructions from the priest. Thus, in the hero's education, The Hierophant represents his preparation for what he will later have to face out there in the world. The card represents the period in which the hero's conscience develops, in which he learns to differentiate between good and evil. It also represents the confidence that the hero will need during his journey, and which grows from childhood onwards.
Anyone who only looks at the outside will not find direction and the essential, just as anyone who turns only to the transcendental will not find them. That is why the hero must travel through both worlds in order to find the essential: the external, conscious world, which corresponds to the day, and the internal, unconscious world, which corresponds to the sea voyage.

The Hierophant is a symbol of wisdom and sacred knowledge, a bridge between the divine and the human, a guide who teaches and guides through the spiritual path. He holds the keys to heavenly kingdom, a reference to the biblical passage in Matthew 16:19, where Jesus gives Saint Peter the keys to the kingdom of heaven. This power to “bind and loose” in heaven and on earth is a metaphor for the ability to establish and dissolve bonds, to open and close doors, both on the physical and spiritual planes.

The Hierophant's robes are marked by elements that reflect his competence over the three planes of existence: body, soul and spirit, or, even, heaven, earth and hell. The triple crown, the three crosses and the triple cross are reflections of this domination, symbolizing the totality of his power and wisdom.

At the feet of the Hierophant, we find two novices, apprentices eager to absorb the sacred instructions. In this context, the Hierophant represents the educational stage in the hero's journey, where he is prepared for the challenges

The Hierophant, therefore, is a messenger of divine wisdom and knowledge, serving as a bridge between the sacred and the profane. He holds the keys that open the doors to the heavenly realms, symbolizing a reference to the passage in the book of Matthew in the Bible, where Jesus gives Saint Peter the keys to the kingdom of heaven. This power to “bind and loose” on both the earthly and heavenly planes represents the ability to establish and break connections, open and close doors, in both spheres of existence.

The Hierophant's costume is adorned with elements that express his dominion over the three planes of existence: the body, the soul and the spirit, or even heaven, earth and hell. The triple crown, the three crosses and the triple cross on his costume symbolize the totality of his power and knowledge.

At the foot of the Hierophant are two novices, eager to assimilate his sacred instructions. In this context, the figure of the Hierophant illustrates the learning stage in the hero's journey, preparing him for the challenges and trials he will encounter in the world. This is the moment of evolution of the hero's consciousness, where he learns to discern good from evil, strengthening the confidence necessary to continue his journey.

Positive Aspects	Negative Aspects
Wisdom and sacred knowledge	Dogmatism
Bridge between the divine and the human	Rigidity and inflexibility
Guidance and direction	Excessive orthodoxy and conformity
Mastery over the planes of existence	Lack of practical vision
Education and learning	Authoritarianism
Development of consciousness	Suppression of individuality
Building trust	Intolerance to new or different ideas
Exploration of the outer and inner world	Imposition of beliefs and values
Search for the essential	Limitation of perspective
Acquisition of true wisdom	Dependence on external authorities

ARCANOSEISLOVERS

Letter 06

The Lovers card is the sixth Major Arcana of the Tarot and is a double card: it can represent a man divided between two women but it can also simply represent a couple. The card refers to a choice and can also symbolize “sin”. It has the number VI and the Hebrew letter VAU.

It shows Adam and Eve in paradise, naked and innocent before the original sin, under the gaze of Raphael, the archangel of love, who blesses them. Behind them grows the Tree of Life and the apple tree, the Tree of Knowledge, around which the serpent is coiled. The mountain in the background symbolizes peak experiences, high points, and moments of greatest happiness. If we analyze the hero's path as an analogy to the journey of the Sun, with this card we find ourselves at the highest point of the solar path, its position at noon.

- day, and at the same time facing the happiest experience on the path to awareness.
In this letter, the topic to be discussed is the moment of choice or doubt. It motivates us to check whether our reason (masculine side) is consistent with our heart (intuition, feminine side) before making a choice.
This card represents the Hero's doubt about taking the risks of the journey. He needs to make a decision that is crucial to his destiny. He can refuse or continue on the journey, but to make the right choice, he must listen to his intuition and reason. Do what is right and what his heart tells him.



The Lovers, as a Major Arcana, symbolizes the duality of life and the power of choice. This card represents the intersection where the hero's path splits in two. Choosing one path means abandoning the other, making this choice a crucial decision in the hero's life. He is faced with the dilemma of whether to follow the path that his reason tells him is the most sensible or to choose the path that his heart desires to follow.

The Lovers are also a representation of harmony and union between the masculine and feminine, the conscious and the unconscious, reason and intuition. This duality reflects the hero's need to balance these

aspects of your personality and recognize that both have a role to play in your journey.

The Lovers card is a clear reference to the biblical story of Adam and Eve, with the Archangel Raphael, the representative of divine love, blessing them in the Garden of Eden. The Tree of Life and the Tree of Knowledge, with the coiled serpent, are reminders of the choice they had to make and the consequences of that choice. This is a warning to the hero about the possible consequences of his decisions.

The mountain in the background symbolizes the heights the hero can reach on his journey, the peak moments of happiness and fulfillment he can experience. This is the highest point in the hero's journey, where he is at the peak of his consciousness and his ability to make decisions.

The Lovers card is an invitation for the hero to pause, reflect, and seek guidance from both their reason and intuition before making a decision. It is a reminder that all choices have consequences and that true wisdom lies in recognizing when to follow reason and when to let the heart guide them. In this way, the hero will be able to follow their path with courage and confidence, facing the challenges and overcoming the obstacles that arise on their journey.

Positive Aspects	Negative Aspects
Love, attraction, union	Indecision, doubt, disunity
Harmony and balance between reason and intuition	Imbalance, discordance
Conscious choices, discernment	Reckless choices, lack of discernment
Personal growth, self-knowledge	Stagnation, resistance to change
Open communication, honesty	Blocked communication, dishonesty
Commitment, loyalty	Infidelity, lack of commitment
Deep emotional connection	Emotional disconnection, superficiality
Openness to new experiences	Fear of the new, resistance to new experiences
Acceptance and understanding of the dualities of life	Neglect or rejection of the dualities of life
Responsibility for one's own actions and decisions	Lack of responsibility, impulsiveness

ARCANOSETCARRIAGE

Letter 07

The Chariot is the seventh major arcana of the Tarot deck. Its central figure is a chariot pulled by two horses: one white and one black. The chariot is driven by a king, or emperor. This card has the number VII and the Hebrew letter Zain.



The hero has set out on his journey - to go out and experience the world - in the double sense of the word. Behind him he leaves the city of his childhood, which until then had given him protection and security, the care of his parents.
In this card he is presented as the liberator, the one who goes ahead to free the people. The eight-pointed star on his crown represents the connection with the sky and the higher plane. In contrast, the square on his chest (number 4) represents the material plane, the Earth.
The hero's chariot is pulled by a white and a black sphinx, which also carry the color of the other within themselves. With this, the two draft animals assume the symbolism of Yin-Yang, the ancient Chinese symbol of totality. This representation consists of the masculine and feminine, which combined generate life.
The Chariot, therefore, signifies that the paradise of childhood, the unity lived (unconsciously) with the sincere decision of the preceding season (THE LOVERS), has passed. The hero has set foot in the polar world, and will mature. He is still at the beginning of his apprenticeship, he is still inexperienced, and if he is well advised, his power should not be underestimated.

In this new world, the hero's every step is a test of his character and willpower. The challenge is balance, symbolized by the chariot that remains steady while being pulled by two opposing forces. The king, or emperor, must maintain control of the chariot, indicating the need to maintain control over the different parts of one's life, over chaos and order, dark and light, physical and spiritual.

The Chariot card indicates that the hero's journey will be full of obstacles and challenges, but also of triumphs and achievements. He will have to face situations that will require courage and determination, moments in which he will have to make difficult decisions and overcome his own limits. He will encounter resistance, internal and external conflicts.

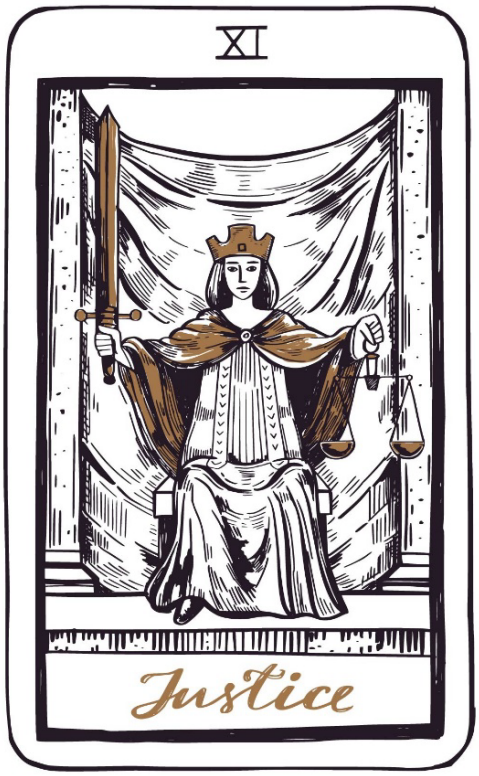
us, but also experiences of growth and learning.

The Chariot, being the seventh major arcana, comes with the message that change is necessary and inevitable. It is an invitation to action, to conquest, to overcome obstacles and to victory through self-control and determination. It reminds us that we have the ability to control our own destiny and that our will and determination are the driving forces that take us forward.

Therefore, the Chariot is not only a card of action, but also of responsibility. It represents the hero's journey, a figure who faces challenges and obstacles to achieve his goal, but who must also be careful not to let power and victory corrupt him. The hero must remember his true mission: to free his people, guided by the connection with the higher plane, represented by the eight-pointed star on his crown, and to keep his feet firmly on the material plane, symbolized by the square on his chest.

On his journey, the hero learns that true power is not just physical, but also spiritual. And that true victory is found in the balance between these two worlds. Thus, the Chariot is a powerful symbol of life’s journey, a reminder that we are all heroes on our own path, facing our own challenges and seeking our own growth and maturity.

Positive Aspects	Negative Aspects
1. Determination	1. Intransigence
2. Self-control	2. Impatience
3. Victory	3. Arrogance
4. Ambition	4. Aggressiveness
5. Courage	5. Tyranny
6. Conquest	6. Stubbornness
7. Willpower	7. Selfishness
8. Discipline	8. Out of control
9. Progress	9. Domination
10. Fast forward	10. Insensitivity



impartiality.

In the Tarot de Marseille and Raider-Waite decks, the chair on which the figure is seated is often situated between two columns, which represent duality and the balance between opposites, symbolizing justice and equity.

In the context of a Tarot reading, the Justice card may indicate that an important decision needs to be made or that a situation is being (or needs to be) analyzed impartially. It may suggest the need for balance and justice in some area of the querent's life.

Additionally, the Justice Tarot card can also suggest that you are being called to account for your actions and will be judged accordingly. This does not necessarily imply a negative outcome. On the contrary, if you have acted with integrity, Justice may bring rewards and recognition.

When the Justice card appears, it is also an invitation for careful self-reflection. Ask yourself: Am I living according to my values? Am I treating others fairly? This is an opportunity to evaluate your own conduct and correct any injustice you may have caused.

It is also worth noting that although Justice is depicted as a female figure, this does not imply gender characteristics, but rather the receptive and intuitive energy usually associated with the feminine. Justice requires a balanced approach, one that feels intuitively correct as well as logically sound.

In terms of advice, the Justice card may be telling you to consider all sides of a situation before making a decision, to strive for fairness and balance, and to remember that every action has a consequence. It indicates that truth and integrity should be your guiding forces at this time.

Finally, if the Justice card appears reversed in a reading, it can indicate a sense of injustice or imbalance in the querent's life. This could mean that an unfair decision has been made or that the querent may be avoiding responsibility for their actions. Like all Tarot cards, Justice has many layers and its meaning can vary depending on the context of the reading.

Positive Aspects	Negative Aspects
1. Balance	1. Rigidity
2. Justice	2. Prejudice
3. Honesty	3. Injustice
4. Integrity	4. Dishonesty
5. Responsibility	5. Impunity
6. Clarity	6. Ambiguity
7. Truth	7. Lie
8. Consciousness	8. Insensitivity
9. Fair play	9. Fraud
10. Resolution	10. Evasion



lighting the way, symbolizes inner wisdom and introspection. His lantern, which contains a six-pointed star, represents the balance between the physical and the spiritual, a guide on the path of self-discovery and enlightenment. He wears a gray robe, a sign of neutrality, indicating that he has turned away from the distractions and temptations of the material world.

In his left hand, he carries a staff, symbolizing authority and willpower. He guides the hero, but also keeps his distance, knowing that the journey of self-discovery is something the hero must travel alone. The staff also serves as a tool that helps him stay strong, even when the journey becomes difficult.

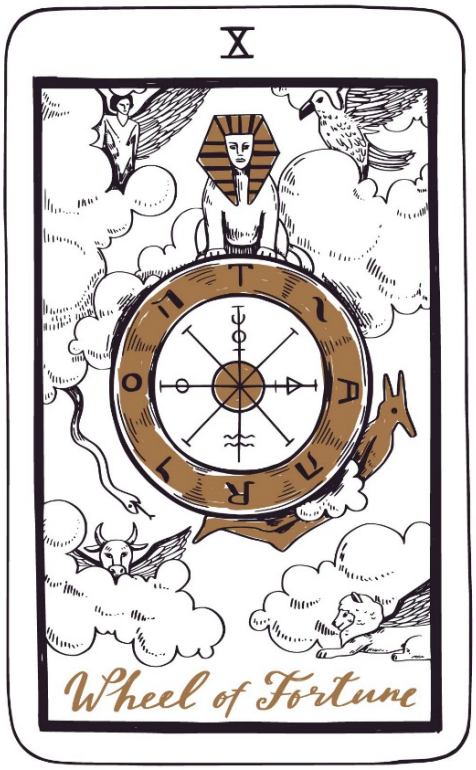
The mountainous backdrop represents the solitude and serenity of the hermit. It is in this solitude that he finds clarity and peace of mind. However, it can also be a reminder that the search for knowledge and truth can be a lonely and arduous journey.

The Hermit card, therefore, is a representation of the search for wisdom through isolation. This does not necessarily mean isolating oneself physically, but rather disconnecting from the distractions and noise of the outside world to connect with one's own essence. It is a call for introspection and reflection, to look within and discover the truth that lies within us.

The lesson the Hermit brings to the hero is that true knowledge and true wisdom come from within. And that in order to achieve enlightenment and self-knowledge, we must be willing to venture into solitude, to face our own fears and doubts, and to explore the depths of our own soul.

Therefore, the Hermit is a guide, a mentor, and a beacon of wisdom and self-knowledge. He teaches us that the most important journey we can undertake is the inner journey, the path of discovering who we truly are. And that by turning on the lantern of awareness and introspection, we can light the path to our own enlightenment.

Positive Aspects	**Negative Aspects**
1. Wisdom	1. Excessive isolation
2. Introspection	2. Loneliness
3. Lighting	3. Social disconnection
4. Self-knowledge	4. Stagnation
5. Search for truth	5. Fear of the new
6. Orientation	6. Rigidity
7. Meditation	7. Ignorance of the outside world
8. Patience	8. Neglect of physical needs
9. Balance between the physical and the spiritual	9. Melancholy
10. Self-sufficiency	10. Stubbornness



to understand the inconstancy (ups and downs) that we have in our lives.

The Wheel of Fortune in Tarot is the card that represents the inevitability of change and the never-ending cycle of life, of ups and downs, of beginnings and ends. The Wheel never stops turning, and our challenge is to learn to navigate these changes with grace and resilience.

The figure at the top of the wheel, half angel, half devil, illustrates the duality of life. It is a reminder that light and dark, good and evil, joy and sorrow, are all interconnected, and one cannot exist without the other. This figure also reminds us that all of our actions have consequences, and what we put out into the world will return to us in one form or another.

The characters around the wheel - the baby, the boy, the young man, the man and the old man - represent the different stages of human life and the lessons we learn at each stage. From the innocence and wonder of childhood, through the passion and idealism of youth, to the wisdom and acceptance of old age, the Wheel of Fortune reminds us that each stage of life has its value and purpose.

The four cherubim in the corners of the card represent the four elements - Fire, Water, Earth and Air - which symbolize the many facets of the human experience and the totality of life. They also remind us of the importance of balance in all things.

Ultimately, the Wheel of Fortune is a reminder that the only constant in life is change. And while we may not have control over what fate has in store for us, we do have control over how we choose to navigate those changes. With courage, resilience, and a positive attitude, we can navigate life's twists and turns and come out stronger on the other side.

Therefore, each time the Wheel of Fortune appears in a Tarot reading, it is an invitation to embrace change, accept the natural cycle of life and trust that, no matter what happens, the wheel will keep turning, and new opportunities and experiences will come your way.

Positive Aspects	**Negative Aspects**
1. Change	1. Uncertainty
2. Life cycles	2. Instability
3. Opportunity	3. Discomfort with change
4. Destination	4. Insecurity
5. Balance	5. Fear of the unknown
6. Evolution	6. Resistance to change
7. Karma	7. Uncontrollability
8. Progress	8. Loss
9. Transition	9. Chaos
10. Flexibility	10. Fear of future losses



we learn to accept it, to understand it - it and work with it. We must learn to respect its roars and recognize the wisdom in its actions. We need to understand that the lion is not our enemy, but rather an essential part of who we are.

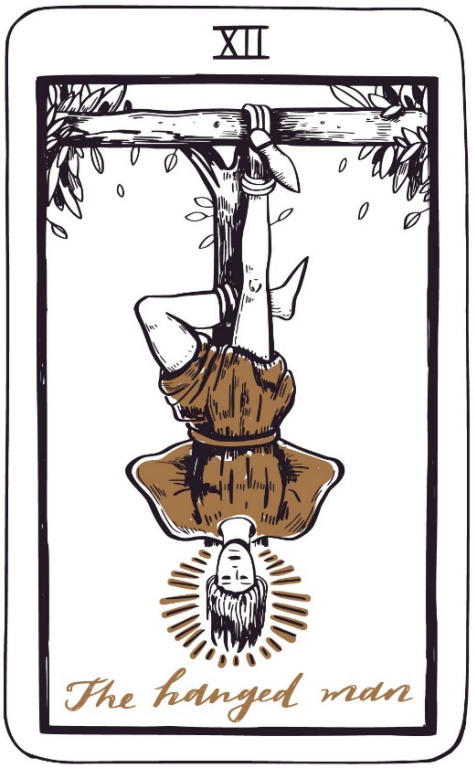
It is not about dominating the lion, but rather learning to live with it. If we can do this, then the lion will become our ally, helping us face challenges and taking us down paths we would never have dared to take alone.

Our consciousness must learn to dance with the unconscious, to accept

We must embrace our wild nature and allow it to guide us. We must learn to listen to the lion within us and respect its voice. And most of all, we must learn not to let our selfish desires or greed control the lion. After all, the lion is not a beast to be feared or dominated, but rather a guide who will lead us to self-knowledge and personal growth.

This is the central message of the card: by embracing the lion within us, we can find the strength to follow our own path, to be authentic and to live according to our deepest values and convictions. And in doing so, we discover that the lion is not only a symbol of our wild and instinctive side, but also of our courage, our passion and our will to live life to the fullest.

Positive Aspects	**Negative Aspects**
1. Courage	1. Aggressiveness
2. Self-control	2. Impulsivity
3. Determination	3. Out of control
4. Compassion	4. Anger
5. Inner strength	5. Fear
6. Patience	6. Internal conflict
7. Mastery of instincts	7. Misdirected force
8. Spirituality	8. Lack of self-knowledge
9. Harmony between the conscious and the unconscious	9. Repression of instincts
10. Personal power	10. Violence



daytime. He refused to make the journey at night and so he is forced by fate to return.
We can also interpret it as a sacrifice, because the crisis it represents demands the giving up of an expectation and it is even natural, so that life can continue.
Suffering will help in its emergence, which is why we should not deny it, despise it, or allow awareness to fail. Nor should we glorify suffering, cling to it, or dramatize it, but use it as an impetus for knowledge.

Given over to his condition, the Hanged Man seems to find a certain serenity.

of our own misfortune. It teaches us that it is in crises and moments of greatest challenge that we find the opportunity to grow, to evolve. This letter is not a punishment, but rather a call for introspection, for detachment, for transcendence.

He remains in this position not because he is trapped, but by his own choice. The Hanged Man indicates the importance of conscious sacrifice, the need to give up something in order to achieve a greater good. He chooses suffering as a form of self-knowledge and purification.

The Hanged Man's inverted perspective is an invitation to reflection. Like the Hermit, he seeks knowledge, but

along a different path: that of renunciation, introspection, meditation. It is an invitation to change perspective, to look at the world in a different way. It teaches us that we often need to invert our beliefs, our values, to find the truth.

This posture also represents the need for a pause, for retreat. It is necessary to slow down, to stop, so that we can see more clearly the path we must follow. This moment of pause can be uncomfortable, it can bring suffering, but it is through it that we find the opportunity for self-knowledge, for transformation.

The Hanged Man is therefore a symbol of patience, surrender, and sacrifice. But he is also a symbol of resistance and resilience. In the midst of chaos, he finds serenity. In the midst of suffering, he finds wisdom. In the midst of darkness, he finds light.

Positive Points	**Negative Points**
1. Self-sacrifice	1. Stagnation
2. Deep reflection	2. Delays
3. Renewal	3. Useless sacrifice
4. Transformation	4. Waste of time
5. Spiritual enlightenment	5. Disconnection from reality
6. New and unique perspective	6. Limited vision
7. Peace and serenity	7. Passivity
8. Altruism	8. Martyrdom
9. Acceptance	9. Lack of progress
10. Wisdom gained through pause	10. Involuntary isolation



One phase can be the dawn of another, full of freshness, new opportunities and learning.

It is in this context that the Death card invites us to embrace transformation, to leave behind what no longer serves us, what is worn out and no longer benefits us. It symbolizes a moment of deep regeneration, where energies are renewed and given a new chance to flourish more alive and strengthened.

It is important to emphasize that the path towards this transformation and evolution is not without challenges. The process of change requires us to leave our comfort zone, to take risks

We find ourselves in unfamiliar terrain and inevitably face the fear of the unknown. Yes, there is the risk of falling, of failing, and it is precisely this risk that lends the journey an aura of courage and authentic growth. The path of renewal calls us to an introspective journey, where the only guarantee is that we will emerge transformed, perhaps reaching a state of superconsciousness, a higher level of understanding and harmony with the universe.

Death, in this arcane, acts as a guide, a conductor of souls through the valley of transformation. It reminds us that, although there are no guarantees of a safe return, there are always spiritual guides, “conductors of souls”, ready to assist us in this journey.

passage, offering support and wisdom to navigate the tumultuous waters of change.

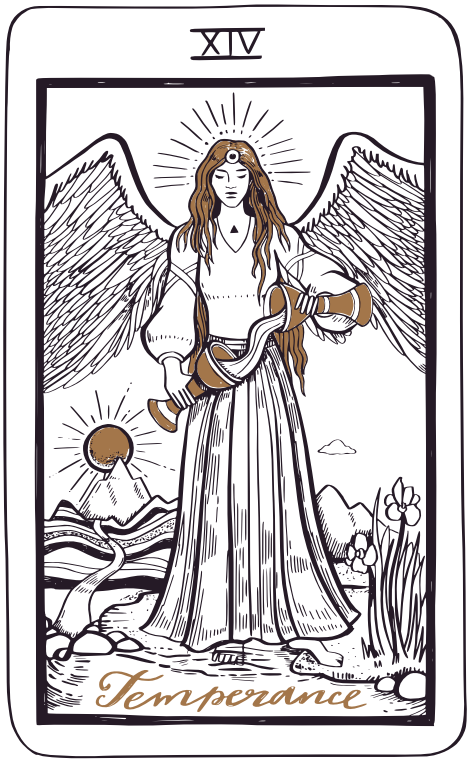
Given this perspective, it is imperative that we view the Death card not as an end in itself, but as a gateway to new beginnings, an invitation to evolution and growth. It is a call to embrace the transience of life, accepting with courage and optimism the transformations that the universe offers us. Instead of fearing Death, we can choose to welcome it as a wise friend, ready to guide us in the next phase of our existential journey.

Positive Points	Negative Points
1. Renewal and regeneration	1. Fear and resistance to change
2. Ending harmful cycles	2. Loss and separation
3. Release of stagnant energies	3. Mourning and sadness
4. Opportunity for new beginnings	4. End of important cycles
5. Deep personal transformation	5. Feeling out of control
6. Spiritual growth	6. Uncertainty and anxiety
7. Awaken to new perspectives	7. Abrupt ruptures
8. Evolution and maturity	8. Difficulty adapting
9. Connection with the natural cycle of life and death	9. Confrontation with the unknown
10. Freedom and relief from past burdens	10. Resistance to detachment

ARCANE FOURTEEN

TEMPERANCE

Letter 14



Temperance is an illustrious entity, gracefully and masterfully governing balance and harmony. The continuous and ethereal act of transferring water from one vessel to another symbolizes not only moderation and sobriety, but also the sublime alchemy of life, a fluid dance between giving and receiving, between retaining and releasing.

In the firmament, this force is mirrored by the zodiac sign of Sagittarius, bringing wisdom and deep insight, while the constellation of Aquarius presents us with the cosmic perspective, an amplified vision of existence in a larger and more universal context. The water, through which the operation unfolds, is not only the medium, but the liquid mirror that reflects the deep connection between all beings and elements.

Under the careful guidance of an angel, the mediating figure between the divine and the human, this balanced dynamic gains not only consciousness but also a sacred delicacy. The gentle contact of the angel's foot with the water suggests a conscious and respectful interaction with the life forces, a way of finding harmony not through domination but through sensitive understanding and cooperation with natural forces.

After the cataclysms of the ego, where death dismantles structures that were once considered indispensable, temperance emerges as a comforting bridge to reintegration, to the discovery of a deeper and truer unity. The act of mixing, of finding the correct proportion of elements, becomes a path of refined sensitivity and discernment, guiding us to avoid the dangers that may lie in wait on life's journey.

The Temperance card, then, is not a mere representation of balance, but a manifestation of the wisdom that arises from dynamic harmony, from fluid and conscious interaction with the world. It calls us to be mediators in our own existence, guiding the soul with a firm but gentle hand through the challenges and joys of life.

At the core of each of us resides

this archetype, a silent mentor who can take many forms — a therapist, a priest, a friend, or even a spiritual guide — leading us in the search for true harmony, not as a static state, but as a constant and sublime dance, a journey of discovery where the right mix of elements can create not only balance, but a new form of beauty and truth.

By embracing temperance, we are invited to become artists of our own existence, carefully and creatively blending the elements of our lives into a vibrant and harmonious tapestry, where each thread resonates not only with individual beauty, but as part of a larger and more glorious fabric of interconnection and universal resonance.

Positive Points	Negative Points
1. Represents balance and harmony.	1. It may indicate indecision or hesitation.
2. Symbolizes moderation and sobriety.	2. Possibility of being perceived as passivity or complacency.
3. It is associated with alchemy and transformation.	3. It may indicate an avoidance of facing real problems.
4. Suggests keen sensitivity and discernment.	4. Risk of being seen as lacking passion or enthusiasm.
5. Encourages the search for the correct proportion and mixture.	5. It can be interpreted as a lack of direction or purpose.
6. Encourages integration and the union of opposites.	6. It can lead to overthinking and inaction.
7. Represents the conscious guidance of the soul.	7. Risk of being seen as a stagnation card.
8. Inspires cooperation with natural forces.	8. May indicate a tendency toward overcommitment.
9. It is a symbol of healing and rejuvenation.	9. May suggest resistance to radical or decisive change.
10. Encourages mediation and understanding between incongruent forces.	10. It can be interpreted as a lack of assertiveness or conviction.

ARCANEFIFTEENTHE DEVIL

Letter 15

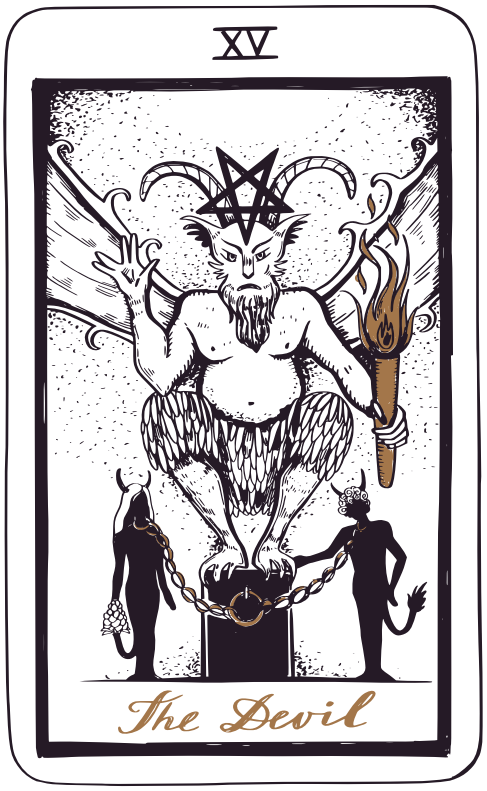
The “Devil” Arcanum is, without a doubt, one of the most complex and enigmatic within the vast gallery of symbols and images that make up the tarot. Often associated with negative aspects, this Arcanum goes far beyond the simplistic representation of evil. It invites us to reflect deeply on the desires, ambitions and shadows that inhabit human beings.

Visual Representation
In the Rider-Waite Tarot, for example, we are confronted with a powerful image: the devil, a creature with ferocious features and a somewhat grotesque appearance, finds himself in a prominent position, demonstrating his dominance over two beings who are subjugated to him, tied by chains.

Each character's body reveals a miscellany of symbols. The devil, a hybrid figure that blends human and animal, holds an inverted torch, a sign of vital energy, but also of destruction. This character emerges not only as the master of basic and primitive impulses, but as the guardian of the most hidden secrets and the most sublime powers of existence.

Psychological Depth
The interpretation of this arcane can be done from the perspective of Jungian analysis, which explores the deepest recesses of the human psyche. Here, the devil personifies the shadow, the part of us that we refuse to see, the repressed desires, and even the unrealized potential.

Challenges and Adversities



Facing this arcane is accepting the invitation to a journey of self-knowledge, where each person is challenged to face their own limitations and fears. The chained characters are a clear warning of the dangers of servitude to uncontrollable desires and ignorance of one's own impulses.

The Middle Way
However, it is essential to understand that this arcane is not an invitation to repress these forces, but to find balance. The intrinsic message is that we must learn to live with our desires and impulses, without being slaves to them. The devil, in this perspective, represents the need for conscious integration of our facets.

dark, in order to achieve a more complete and authentic personality.

Conclusion
The Arcanum “Devil” is, therefore, an invitation to recognize and accept our darkest sides, a journey to discover the parts of ourselves that we hide, deny or repress. It is a card that speaks of freedom, but a freedom that can only be achieved through honesty with oneself, through understanding and accepting our own inner demons.

As we delve into the depths of this arcane, we are invited to face and transmute our shadows, finding, in the midst of darkness, the light that will guide us towards growth and spiritual maturity.

Positive Points	Negative Points
1. Determination and focus	1. Temptation and addiction
2. Intense passion	2. Self-destructive behaviors
3. Self-knowledge	3. Feeling of imprisonment
4. Awakening hidden desires	4. Manipulation or control
5. Willpower	5. Obsession
6. Personal transformation	6. Illusions and deceptions
7. Sexual energy	7. Lack of morality
8. Self-expression	8. Attachment to toxic relationships
9. Freedom of choice	9. Feeling of guilt
10. Discovering the dark side	10. Unbridled impulse

ARCANODEVIL SIXTEENTOWER

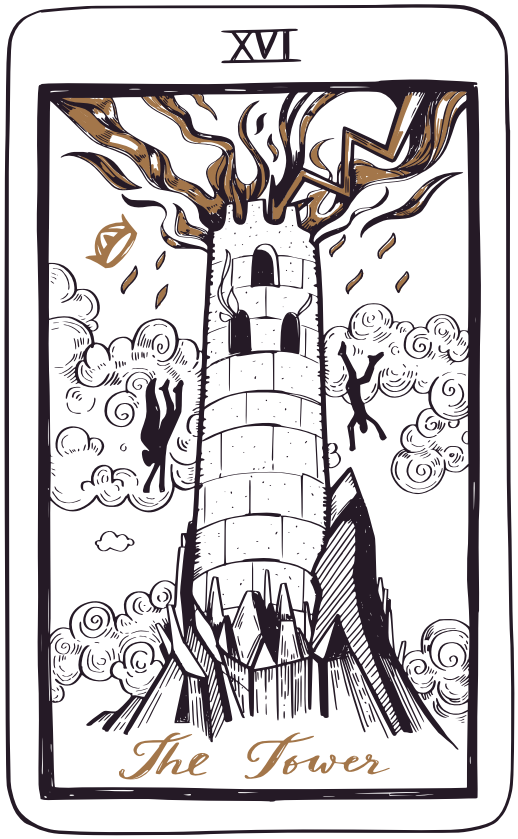
Letter 16

The Tower card in the tarot carries with it an intense and nuanced symbolism, translating a moment of rupture and renewal that moves between chaos and opportunity. When we look at the traditional illustration of this card, we come across a tower being struck by lightning, a dramatic scene that arouses both fear and a certain fascination in the face of the power of natural forces in action.

The dual connotation that the Tower card brings points to a duality intrinsic to human existence: destruction and creation, the end and the beginning, always in a continuous and uninterrupted cycle. The destruction of the tower, which often represents solid and deep-rooted structures in our lives, can be seen as a need to break, to free ourselves from patterns that no longer serve us. It is the universe demanding a sudden pause, a moment of reflection so that we can see the constructions that are fragile and that need to be reviewed and reformed.

But beyond the catastrophic vision, this letter brings at its core an invitation to rebirth. It asks us to look at these ruins not as an end, but as fertile ground, ready to receive new seeds, new ideas and new beginnings. It is a powerful reminder that in disorder and chaos arise the most beautiful and unexpected opportunities for growth and evolution.

The dichotic perspective we choose when approaching the Tower card can thus move between fear and hope,



the tragic and the sublime, inviting us to a deep meditation on the impermanence of things. By allowing old structures to fall apart, we are making room for the new, for the unexplored, for the surprise that breaks with monotony and takes us out of our comfort zone, leading us along unusual and, at times, wonderful paths.

When we contemplate the Tower, we are called to be the architects of our own existence, to take the rubble and from it build new structures, more solid, more truthful and more aligned with our evolutionary purpose. It is a card that challenges us to be resilient, to find beauty in destruction and to face chaos as a

field of infinite possibilities, where everything can be reinvented and nothing is definitively lost.

Thus, the Tower emerges not only as a symbol of destruction, but as the latent promise of renewal, a sudden flash of light that illuminates the shadows and reveals a path of transformation and rebirth, guiding us through the turbulence toward a future of greater authenticity and fulfillment. It is a vivid representation of the phoenix rising from its own ashes, ready to take flight once more, with stronger wings and a clearer vision of the heavens that await it.

Positive Points	Negative Points
Release from restrictions.	Unpleasant surprise.
Revelation of important truths.	Destruction of existing plans.
Radical change needed.	Emotional shock.
Opportunity for spiritual growth.	Feeling of chaos and instability.
Renewal after destruction.	Loss of material security.
Interrupting negative patterns.	Abrupt break in relationships.
Awaken to new perspectives.	Unexpected conflicts.
Release of pent-up energy.	Fear of the unknown.
Clarity and understanding.	Resistance to change.
Preparing for a new beginning.	Need for reconstruction.

ARCANOSEVENTEENSTAR

Letter 17

The “Star” Card in Tarot: Hope and Renewal

In the world of tarot, the “Star” card is the seventeenth card of the major arcana, and it is a card that evokes images and feelings of hope, faith, and inspiration. When you come across this card in a reading, you may glimpse an invitation to optimism and a window to self-confidence and regeneration. Let’s explore in more detail the symbolism and implications of the “Star” in the tarot journey.



Symbolism of the Card
The Star in the Sky: Represents the hope and spiritual guidance that we all possess, referring to a sense of direction and purpose.
Young Woman: The central figure is usually a young woman, who symbolizes purity and innocence, being in harmony with the universe.
Water: Water flowing freely from the jars indicates the uninterrupted circulation of life and purification.
Land and Plantation: Around you, the fertile land symbolizes the ability to nurture new ideas and projects.
Bird: There is often a bird in the background, representing the transcendent spirit and freedom.
Positive Aspects and Light When this card appears in a reading, it can indicate a period of renewal and new opportunities. The “Star” brings with it the energy of hope, encouraging the reader to believe in themselves and follow their dreams with faith and determination. It signals a calm phase after the storm, where there is room for healing and recovery.

Negative Aspects and Shadow In its negative aspect or in an inverted position, the card can indicate hopelessness, disappointments and loss of faith. It can represent moments where dreams seem distant and unattainable, generating frustration and pessimism.

Practical Aspects and Advice In a practical context, the “Star” invites you to connect with your purest essence and allow yourself to dream. It suggests that it is a good time to start creative projects and to invest in your dreams and aspirations. It advises cultivating patience, delicacy and faith in the process of life.

Conclusion
The “Star” card is a breath of hope and inspiration on the path

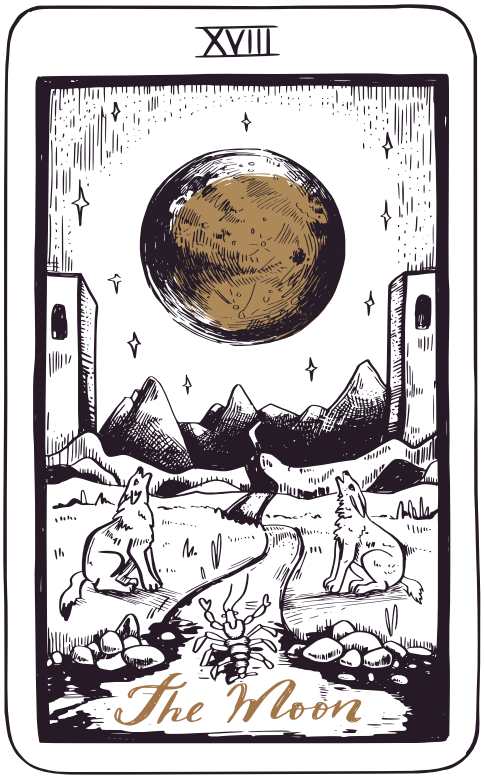
The often turbulent times that life presents us with. It illuminates possibilities and encourages renewed faith in ourselves and the universe. To fully integrate the energy of this card into your life, allow yourself to be open to healing, inspiration, and the wonder of human potential. Be like the star, shining brightly in the sky, always guided by the light of hope and resilient faith.

Positive Points	Negative Points
Hope and optimism	Lack of realism
Inspiration to achieve high goals	Illusions and excessive idealizations
Clarity and vision for the future	Difficulty keeping your feet on the ground
Spiritual renewal	Lack of focus or clear direction
Inner peace and tranquility	Tendency to naivety
Belief in possibilities	Disappointments when expectations are not met
Faith in the power of healing	Need for attention to reality
Acceptance and authenticity	It can be seen as a passive card
Artistic inspiration	Risk of relying too much on the stars
Interior lighting	Lack of practical effort

ARCANEEIGHTEENMOON

Letter 18

The Moon card is one of the most mysterious and multifaceted cards in the tarot. Let's explore the symbolism and meanings associated with this card in a unique and educational way:



The Moon Card in Tarot: Deep and Unique Understanding

Visual and Symbolism

The traditional representation of the Moon card shows two towers flanking a path leading to the unknown. A dog and a wolf stand on opposite sides of the path, symbolizing the duality between the wild and the domesticated. The Moon, in the night sky, sheds a soft but deceptive light, illuminating a landscape that blends the real and the imaginary.

Positive Aspects

Intuition: The Moon invites us to trust our intuition, to be guided by an inner light that can be more reliable than the illusory world around us.

Subconscious: Represents diving deep into the sea of our subconscious, opening doors to creativity and understanding ourselves on a deeper level.

Receptiveness: Encourages a receptive and open approach, allowing us to perceive subtleties and nuances that may be hidden in the light of day.

Negative Aspects

Illusion: It can represent a phase of confusion and illusion, where it is difficult to distinguish what is real from what is imagination.

Fears: The letter also talks about fears and insecurities that can arise in the silent hours of the night, often amplified by the deceptive light of the Moon.

Uncertainty: In the presence of the Moon, there is a sense of uncertainty and doubt, a breeding ground for anxiety and insecurity.

Practical Application

When reflecting on the Moon card in a tarot reading, it's helpful to consider areas of your life where you may be feeling lost or confused. It may be a time to look inward and trust your intuition rather than relying solely on logic and tangible facts.

Meditation and Personal Growth

For a unique and didactic approach, we can consider the Moon card as an invitation to deep meditation, a moment of pause to connect with your inner wisdom. It is a reminder to honor your feelings and emotions, making room for the mystery and magic that resides within you.

Conclusion
The Moon Tarot card invites us on a journey of self-discovery, a path illuminated by a soft, introspective light. By embracing the energy of the Moon, we can find a trustworthy inner guide, a compass that guides us through the shadows and helps us navigate the complex tapestry of human experience.

Positive Aspects	**Negative Aspects**
1. Deep Intuition	1. Confusion and Illusion
2. Revealing Dreams	2. Mistakes
3. Inner Exploration	3. Hidden Fears
4. Mystery and Magic	4. Emotional Difficulties
5. Sensitivity	5. Disconnection from Reality
6. Spiritual Development	6. Manipulation
7. Adaptation	7. Dark Secrets
8. Introspection	8. Instability
9. Gradual Lighting	9. Emotional Repression
10. Creative Freedom	10. Lack of Clarity

ARCANENINETEENSUN

Letter 19

The “Sun” card in Tarot is an archetype that evokes an aura of optimism, clarity and personal fulfillment. Let’s explore this card from a detailed and educational perspective:



The Sun Card in
Tarot Overview
When we come across the “Sun” card in a Tarot reading, we are immediately greeted by the vibrant and luminous image of the sun, usually represented in its fullness, radiating light and warmth. This powerful symbol evokes a series of positive associations that refer us to consciousness, vitality and enlightened truth.

Symbolism
The Sun: Represents the source of life and energy, illuminating the path forward and revealing the truth.
Flowers and Gardens: Many cards feature flowers or a blooming garden, symbolizing the fulfillment and abundance that comes through personal growth.
Child: The presence of a child in the card is a symbol of innocence, new beginnings, and pure, uninhibited joy.
Wall: Some decks depict a wall, representing barriers that have been overcome, demonstrating that now is a time for celebration and recognition of one's own worth. Positive Aspects

When presented in a reading, the “Sun” card brings with it a highly positive message, promising success, joy and fulfillment. It points to a period of clarity, where the truth is seen without obstacles. It is a time of personal flourishing and achieving a state of purity and innocence, where the vision of the world is simple and uncomplicated.

Negative Aspects
In a reversed position or in a context of challenging aspects, the “Sun” can warn of the risk of over-optimism, naivety or failure to recognize the complexities of a situation. It can also suggest ego-related issues, such as arrogance or self-deception.

Practical Applications
When meditating with the “Sun” card, try to connect with your inner light and seek clarity in your actions and decisions. It is a good time for creation, for starting new projects and for celebrating your achievements. Cultivate joy.

pure and childlike, allowing yourself to be open and receptive to the wonders that life has to offer.

Conclusion
The Sun card is an invitation to open ourselves to the light, joy, and clarity of purpose that are available to us when we tune into our deepest truth. It asks us to celebrate life in its fullness, embracing the joy and innocence that resides within each of us. For those who find themselves in moments of doubt or confusion, the Sun appears as a beacon of hope, promising clarity, enlightenment, and the opportunity for a new beginning.

Positives	**Negatives**
Lighting	Selfishness
Happiness	Arrogance
Success	Blindness
Positive energy	Lack of focus
Trust	Excessive optimism
Clarity of purpose	Ignore the shadow
Vigorous health	Lack of authenticity
Creativity	Risk of burning yourself
Realization	Self-indulgence
Vitality	Overcoming limits

ARCANOTWENTYJUDGMENT

Letter 20

The Judgement card, one of the 78 cards in the tarot deck, has deep and multifaceted meanings. To fully understand this card, let's explore its visual and symbolic elements, and the lessons it can offer us during a tarot reading.



Visual Elements and Symbolism In most decks, the Judgment card is represented by an image of resurrection and rebirth, often depicted as people rising from open graves, responding to the call of an angel blowing a divine trumpet.

Here are some of the symbolisms we can find in this card:

The Angel: Represents a divine messenger, bringing a call for awakening and fulfillment.
The Trumpet: Symbolizes a divine calling, a summons to rise up and serve a higher purpose.
People Reemerging: Represents rebirth, the opportunity to start over with a renewed perspective.

The Flag with the Cross: Carries an energy of unification and resurrection; the cross is a universal symbol of intersection between the divine and the earthly.
Meanings in Tarot Reading
1. Right
When the Judgement card appears in a reading in the upright position, it carries a number of positive and transformative meanings, which include:

Self-Assessment: A moment of pro-

deep reflection and evaluation of one's own life and the choices made so far.
Resurrection: The possibility of rebirth and the chance to start over.

Revelation: A period of spiritual awakening and deep understanding of universal truths.
Healing: The opportunity to heal old wounds and move forward with a new perspective.
2. Reverse
When the card appears in the reverse position, it can indicate:

Delay in Progress: A hesitation to heed the call of destiny, perhaps out of fear or uncertainty.
Poor Judgment: Making hasty decisions without fully considering the consequences.

Denial: Refusing to face the truth about yourself or a situation. Guilt: A period of regret and guilt that may be preventing progress.

Practical Applications
The Judgement card asks us to reflect deeply on our path and life choices. It is an invitation to self-examination and the awakening of a new consciousness.

Personal Development: Encourages you to forgive yourself for past mistakes and learn from them.
Relationships: May indicate a need for evaluation and possibly renewal in a relationship.
Career: Signals a time to reevaluate career goals and directions.

Positive Points	Negative Points
1. Spiritual Renewal	1. Harsh Judgment
2. Authenticity	2. Feeling of Guilt
3. Transformation	3. Consequences of the Past
4. Self-knowledge	4. External Judgment
5. Liberation	5. Difficulty in Forgiving
6. Call to Action	6. Making Difficult Decisions
7. Forgiveness	7. Resistance to Change
8. Recognition	8. Emotional Discomfort
9. Acceptance of Inner Truth	9. Re-evaluation of Choices
10. New Spiritual Beginnings	10. External Pressure

ARCANOVINTEEUMWORLD

Letter 21

The World Card in Tarot: Symbolism and Meaning

Tarot, an ancient tool of divination and self-knowledge, uses richly symbolized cards to guide individuals through journeys of introspection and clairvoyance. Among these cards, “The World” stands out as one of the major arcana, offering a profound and auspicious message to those who consult it.

Symbolism
“The World” is usually represented by a female figure, who can be seen dancing or simply in a posture of harmony and balance, surrounded by a halo of victory. In the corners of the card, we can find figures that refer to the four elements of nature (earth, water, fire and air), or even to the evangelists of the Christian tradition, symbolizing a kind of totality and unity with the cosmos.

The central figure represents the synthesis of a journey, the consummation of a cycle, and the attainment of an integrity that is only possible through the balance and harmonization of the diverse aspects of the self. She dances at the intersection of heaven and earth, indicating the harmonious union of the divine and the earthly.

Meaning in a Reading When the card “The World” appears in a Tarot reading, it signals a phase of conclusions and culminations. It is a time of closing cycles, where the client reaches a much-desired level of fulfillment and integration.



The central message here is one of wholeness and fulfillment. This major arcana suggests that you have reached or are about to reach a state of completeness in some area of your life, be it emotional, professional or spiritual.

Positive and Negative Aspects
Positive:

Achievement: The achievement of a goal or dream.
Integration: Harmony and balance between the different aspects of your life.
Happiness: A state of satisfaction and joy, the result of your own effort and dedication.
Negatives:

Stagnation: In its inverted position, it can indicate a phase of stagnation and difficulty in ending cycles.
Disharmony: The feeling that things are not flowing as they should, due to internal or external imbalances.

Practical Application

In a practical context, “The World” can encourage the client to celebrate their achievements and recognize the value of their journey. It can be a call to close pending cycles, promoting cleansing and preparing the ground for new adventures.

Final Considerations

The “World” card in Tarot is an invitation to celebrate the totality of life, the fulfillment of cycles and the harmonious integration of the various elements that make up our existence. It invites us to dance to the rhythm of life, welcoming endings as harbingers of new beginnings, and embracing the fullness that each moment holds. When you find this card, allow yourself to celebrate the victories and embrace the completeness that you have achieved.

Positive Points	Negative Points
1. Success and achievement	1. Feeling of stagnation
2. Completion of an important cycle	2. Lack of closure
3. Achieving goals and objectives	3. Resistance to change
4. Fulfillment and contentment	4. Difficulty adapting
5. Recognition and rewards	5. Ephemeral satisfaction
6. Celebration and festivities	6. Feeling of isolation
7. Broad understanding of the world	7. Difficulty letting go
8. Success in undertakings	8. Fear of the unknown
9. Travel and expanding horizons	9. Lack of closure
10. Harmony and integration	10. Postponement of decisions

SUITS

We materialize life around us.

FOUR SUITS



Sticks — Refers to everything that is understood and accepted by transcendence

Cups — It refers to everything that is a dream, hope and aspiration of the soul.

Swords — It refers to everything that is rationalized, thought and directed by action and verbal expression.

Diamonds — It refers to everything that is tangible, sensitive and obtained by the physical.

NAIPEDESTICKS

We materialize life around us.

The suit of clubs is one of the four suits found in traditional playing cards, the other three being hearts, spades and diamonds. This suit is symbolically represented by a design that resembles a staff or a club, with the surroundings symbolizing agriculture, work and growth. Below, we will explore in more detail the characteristics and curiosities about the suit of clubs.

Origins and Symbolism
The suit of clubs has historical origins that date back to the Latin deck, which later influenced the modern deck used in various regions of the world. In the Spanish deck, for example, the suit of clubs remains and carries with it a strong connection with the idea of work and agriculture.

The symbolism of wands is often related to the element of earth, which denotes stability, practicality, and connection with the material world. In Tarot decks, for example, this suit is associated with themes of finance, prosperity, and material fulfillment.

Practical Uses
In card games, the suit of clubs operates similarly to other suits, and is integrated into many game rules and strategies. Many types of card games require a thorough understanding of the roles of the suits to be successful, and learning the nuances of each suit can be vital.

Additionally, the suit of clubs as a teaching tool, whether to teach card game strategies or to explore concepts of probability and statistics in an educational context.

Curiosities
The suit of clubs has some interesting facts:

Gypsy Deck: In the gypsy deck, the suit of clubs is often linked to events and dynamic energy, being a call to action and achievement.

Traditional Games: In traditional games such as bisca and truco, the suit of clubs has highly valued cards, with emphasis on the three of clubs and the ace of clubs.

Art: The cards of the suit of clubs, like the other suits, are true works of art, featuring detailed and complex illustrations, often representing the history and culture of the time in which they were created.

NAIPEDECUPS

We materialize life around us.

The suit of hearts is one of the four suits present in traditional playing cards, accompanied by the suits of diamonds, spades and clubs. This suit is represented by a symbol that resembles a cup or glass, and is often associated with themes of love, emotions and relationships. Let's explore in more detail the characteristics and particularities that involve the suit of hearts.

Origins and Symbolism
The history of the suit of cups is quite ancient, dating back to the traditions of Latin playing cards, from which modern decks are derived. The symbolism behind this suit is profound and is directly related to emotional issues and love, often being represented by hearts and other symbolism linked to feelings.

In Tarot readings, the suit of cups often represents emotions, relationships, connections, and matters of the heart. Cards in this suit can indicate positive aspects such as love, harmony, and compassion, but they can also warn of illusions, emotional imbalances, and challenges in relationships.

Practical Uses
In traditional card games, the hearts suit plays an equivalent role to the other suits, and is used in a wide range of games, each with its own rules and strategies. One of the most popular practical uses of the hearts suit is in truco games, where strategy and the ability to read your opponent are vital.

In addition to games, the suit of hearts can be an educational tool, serving as a means of teaching basic mathematical concepts, such as counting and probability, through fun and educational games.

Cartomancy and Tarology
The relationship between the suit of Cups and the emotional sphere is often explored in cartomancy, where each card can represent a different facet of human relationships. For example, the Ace of Cups can symbolize a new beginning in love, while the Ten of Cups can indicate harmony and domestic happiness. The depth of meanings associated with this suit makes it a rich tool for exploring matters of the heart in tarot readings.

Traditional Games
In traditional games such as Bridge or Canasta, the suit of hearts is of central strategic importance, significantly influencing the development of the game. Skilled players will know how to use cards of this suit not only to form winning combinations, but also to interpret the strategies of their opponents, creating a fascinating and complex mind game.

NAIPEDESWORDS

We materialize life around us.

The suit of swords, present in the traditional deck of cards along with the suits of diamonds, hearts and clubs, has a deep symbolism and a rich history that spans centuries. This suit is represented by the symbol of a sword, and is often associated with concepts of power, action, conflict and intellect. Let's learn more about this fascinating suit, covering everything from its origins to its contemporary representations and uses.

Origins and Symbolism
The origin of the suit of swords is linked to the tarot and the Latin deck. In this historical context, the suit is associated with challenges, struggles and adversity, but it also represents strength, protection and power.

In tarot, the suit of swords is linked to the element of air, which connects it to the world of ideas, reasoning and communication. This association leads to a deeper interpretation of the suit, relating it not only to conflicts, but also to clarity of thought and truth.

Practical Uses and Traditional Games In the world of card games, the spade suit plays a crucial role. In popular games such as bridge and sueca, cards of this suit are key elements in winning strategies, requiring skill and cunning from players.

Furthermore, the suit of spades can be a valuable educational tool, being used to teach logic, strategy and even mathematics, through games that stimulate thinking. critical and problem solving.

Art and Culture
In art and culture, swords are powerful symbols. They can represent honor, nobility, and sacrifice, and are often depicted in heroic and epic contexts. In paintings and literature, it is not uncommon to see swords associated with great leaders and warriors, representing strength and bravery.

Curiosities
In Astrology: In some traditions, the suit of swords is linked to the sign of Libra, representing balance and justice.

Dual Symbolism: This suit carries dual symbolism, representing both conflict and war as well as protection and strength.
Modern Applications
In the modern era, the suit of spades has transcended the traditional playing card, finding its place in various digital games, films and literature, where it symbolizes the same traditional concepts of power, action and adventure, attracting and fascinating new generations.

NAIPEDEGOLD

We materialize life around us.

The suit of pentacles, also known in some places as the suit of pentacles or coins, is one of the four traditional suits that make up a deck of cards, accompanied by cups, swords and clubs. Represented by the symbol of a coin or a golden disk, this suit is intrinsically related to themes of materiality, prosperity and the physical body. Let's explore the universe of the suit of pentacles in more depth, addressing its history, symbolism and practical applications.

History and Symbolism
Historically, the suit of diamonds has its origins in Latin decks, being a symbol that represents materiality and the physical sphere of existence. In various esoteric practices, such as tarot, cards of this suit are often associated with matters of finance, career, health and the home.

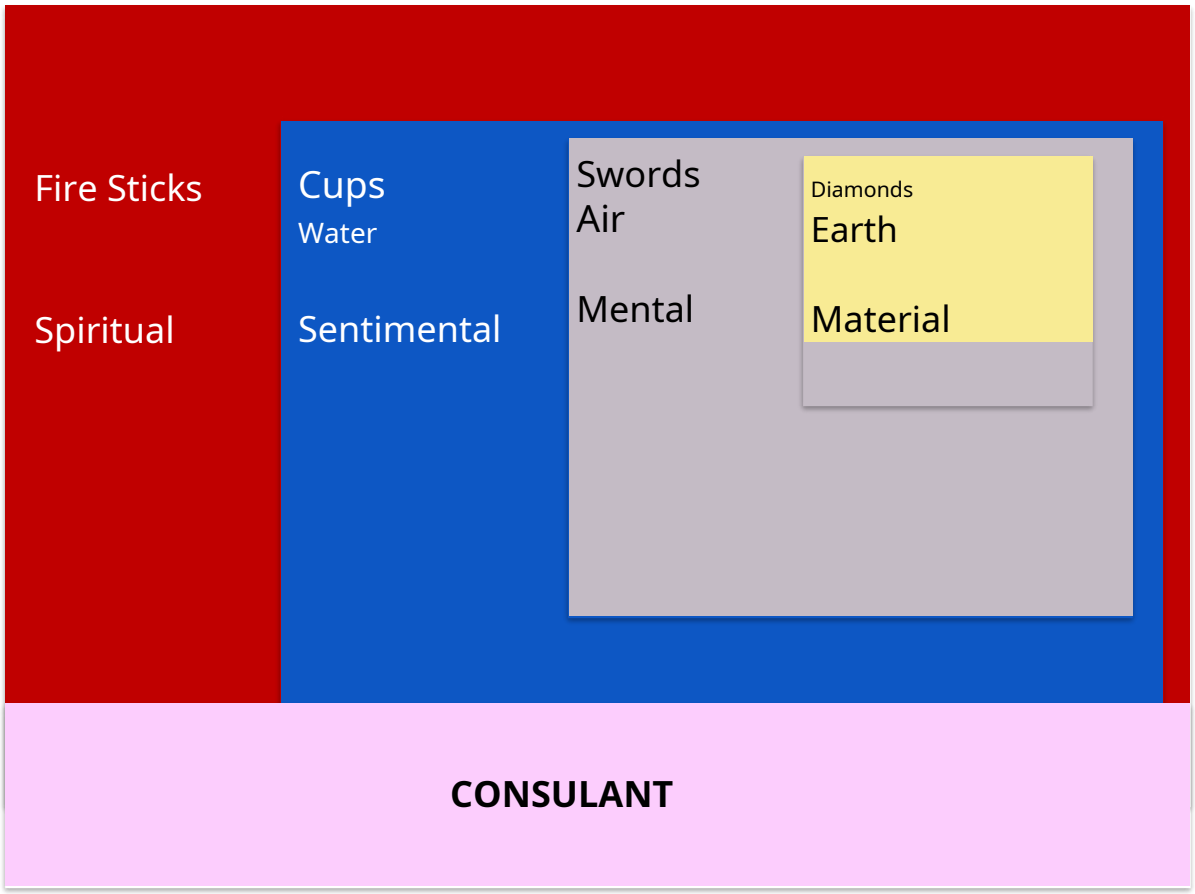
In astrology, this suit can be associated with the earth element, which brings in its symbolism concreteness, stability and practicality, characteristics that are highlighted in the interpretations of the pentacles cards in esoteric readings.

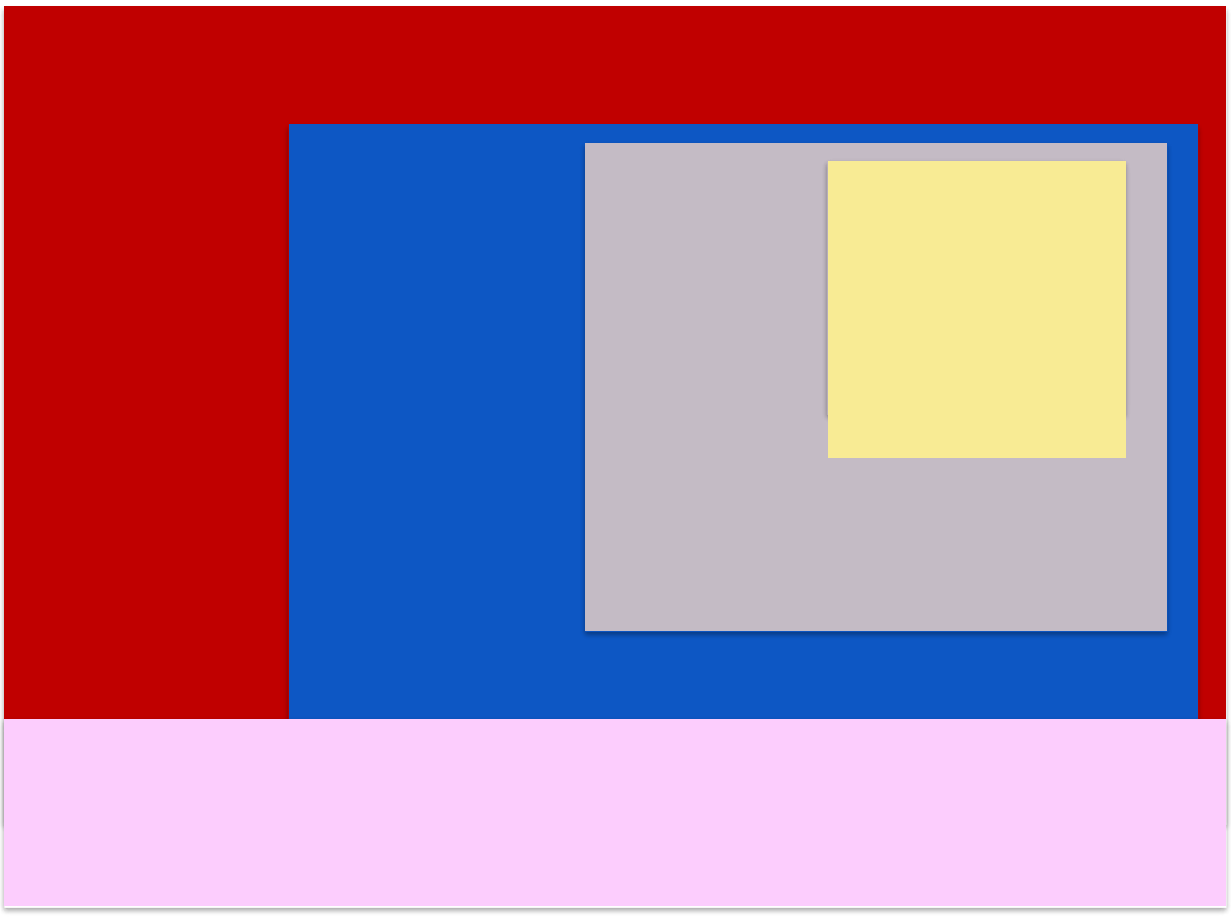
Practical Uses and Traditional Games In traditional card games, the diamond suit has a very similar application to the other suits, being used in a series of games, each with its own rules and nuances. In addition, it is often used in games of chance, representing, in a certain way, the search for prosperity and material success.

Art and Culture
In art and culture, the suit of diamonds is often used to symbolize wealth and power, and is a visual resource for representing nobility, prosperity, and abundance. The rich symbolism of this suit allows for a wide range of artistic representations, from the display of luxury to the representation of the difficulties and challenges of the search for material stability.

Curiosities
Artistic Representations: Historically, gold cards have featured intricate and beautiful artistic detail, depicting not only coins but also elements associated with wealth and prosperity, such as crowns and scepters.

Use in rituals and meditations: In esoteric practices, the cards of the suit of pentacles are often used in rituals and meditations aimed at attracting prosperity and abundance. Modern Applications
Nowadays, the suit of diamonds is not confined to the traditional deck of cards, but can be seen in various modern media, from video games to series and films, maintaining its classic symbolism of representing material values and concreteness.


Fire Sticks
Spiritual
Cups
Water
Sentimental
Swords
Air
Mental
Diamonds
Earth
Material
CONSULANT



LETTERSCOURT

We materialize life around us.

Letter	Archetype	Position Social	Gender	Ascension	Age
Page	Assistant Assistant	Joins the Court Servant	Androgen It doesn't matter	Knight	Young
Knight	Warrior Fighter Messenger Hero	It is part of the nobility by merit	Masculine	King or Queen	Adult
Queen	Mother Leader of nation Empress	Holds the power Manager	Feminine	-	Adult Half age - Old
King	Father Leader of the Nation Monarch	Owner of power Ruler	Masculine	-	Adult Half age - Old

Letter	Vibration
Page	Fragility Temporary energies Depends on consultant
Knight	Productive Energies Fulfilling Free will is fundamental to success.
Queen	Maintenance Continuity
King	Natural achievement Development as per wish They don't want to lose control Everything can be changed by will

Letter	Diamonds	Swords	Cups	Sticks
Page	Director Try to be helpful Ambitious	Little Gossip Reflective Smart	Sentimental Act by Feeling Generous Creative	Sex Appeal Instinct Delivery to the desire
Knight	Persevering Search for Solidity Pragmatic	Cold and Calculating Very Rational and Logical Sarcastic and ironic	Idealist Well humorous Jealous Costumer	Passionate Impatient and aggressive Anxious Choleric
Queen	Kind Trusting Brave Sustains Values	Hardness and domination Intelligence Owner of the Truth	Dark and mysterious bear Melancholic Sensitive Wise too much Protector	Self confident Determined Sensual and voluptuous Unread well with criticism
King	Ostentation Conqueror Extreme Ambition Lover of pleasures	Rationality Extreme - Coldness Knowledgeable	Creative Sage Linked to Arts Attentive	Self confident and Loves power Like to be revered Very Egoic

MANUAL ASTROLOGY

What is itAstrology

The hidden power that surrounds us



In the 5,000 years that have passed since the study of astrology was first recorded, the twelve signs of the zodiac have acquired special associations, characterizations and meanings.

Hundreds of years before the time of Christ, Greek philosophers formulated the theory of Man in Microcosm – that is, the human being is a miniature version of the cosmos. According to this concept, everything in nature has a parallel in human beings, and thus humanity and the universe are linked in a system of correlations.

From this idea, known as the Hermetic Theory, came divinatory arts such as palmistry, which holds that the solar system corresponds to various parts of the human hand.

According to Hermetic theory, a vast body of correspondences has grown up around the twelve signs of the zodiac. Many of these affinities thousands of years old.

Most were known when Claudius Ptolemy recorded them in his definitive astrological treatise, the Tetrabiblos, during the second century AD. Some knowledge is more recent: the three modern planets, for example, were only discovered in the last 250 years,* and with their discovery came new associations and definitions.

It can be said that each astrological sign is a miniature Book of Knowledge, and all twelve together give a picture of human beings, our bodies, minds and emotions, and the surrounding world in which we live.

To begin with, the twelve signs of the zodiac are divided into several sets of groups or numbers. They are divided into twos, threes, fours, and sixes.

The twelve signs are divided into two groups, masculine and feminine. Six signs are masculine and six signs are feminine.

This is known as sign duality. In astrological terms, a masculine sign is direct and forceful; a feminine sign is receptive and magnetic. These masculine and feminine attributes were given to the signs about 2,000 years ago.

Today, modern astrologers try to avoid the sexism implicit in these distinctions. A masculine sign does not mean “positive and forceful” any more than a feminine sign means “negative.”



tive and weak". In modern terminology, masculine signs are defined as outwardly directed and strong through action. Feminine signs are independent and strong through internal reserves.

Within this perspective there are several observations, analyses and perceptions that we can develop from this ancient knowledge.

Astrology is a method of predicting worldly events based on the assumption that the celestial bodies—particularly the planets and stars considered in their arbitrary combinations or configurations (called constellations)—in some way determine or indicate changes in the sublunary world. The theoretical basis for this assumption lies historically in Hellenistic philosophy and radically distinguishes astrology from the celestial omens ("omens") that were first categorized and catalogued in ancient Mesopotamia. Originally, astrologers assumed a geocentric universe in which the "planets" (including the Sun and Moon) revolved in orbits whose centers were at or near the center of the Earth and in which the stars were fixed in a sphere of finite radius whose center is also the center of the Earth. Later, the principles of Aristotelian physics were adopted, according to which there is an absolute division between the eternal circular motions of the celestial element and the limited linear motions of the four sublunary elements: fire, air, water, earth.

Special relations were believed to exist between particular celestial bodies and their varied motions, configurations to each other, and the processes of generation and decay apparent in the world of fire, air, water, and earth. These relations were sometimes considered so complex that no human mind could fully comprehend them; thus the astrologer might readily be excused for any errors. A similar set of special relations was also assumed by those whose physics was most similar to that of the Greek philosopher Plato. The Platonic astrologers believed that the element of fire extended throughout the celestial spheres, and they were more likely than the Aristotelians to believe in the possibility of divine intervention in natural processes through celestial influences upon the Earth, since they believed in the creation by the divinity of the celestial bodies themselves.



“The houses are essentially what ground astrology in earthly matters, as each one is associated with certain areas of life, such as career, home and relationships,” they explain.

Your chart starts with your first house (and your rising sign), which the Gemini notes deals with beginnings and identity. As the houses progress, broader themes come into play, such as family, public image, career, and more.

“As the planets make their journey around the sun (and through our zodiac), they appear to be moving through the houses. The first six houses are known as the ‘personal houses’ because they govern themes of daily life, community, and family, while the last six houses are considered the ‘interpersonal houses’ as they govern experiences like relationships, travel, career, and friendships,” the twins tell mbg.

HOMEASTROLOGY

What are they? What is their meaning/function?

How is the natal chart structured? The natal chart is theoretically divided into twelve parts, each with an angle of 30 degrees. However, some of these parts can be more extensive, known as “interceptions”. When this occurs, at least two signs and two houses are affected, since every sign and house has its opposite. People who have intersections in their chart often have repeated signs, denoting that they carry the positive qualities of those signs.

The divisions in the astral chart We use the cusps to establish the limits of each house in the astral chart. These are imaginary lines that demarcate the beginning and end of each house. They indicate the point of change between two houses and show the degree of the sign present at that specific point in the zodiac.

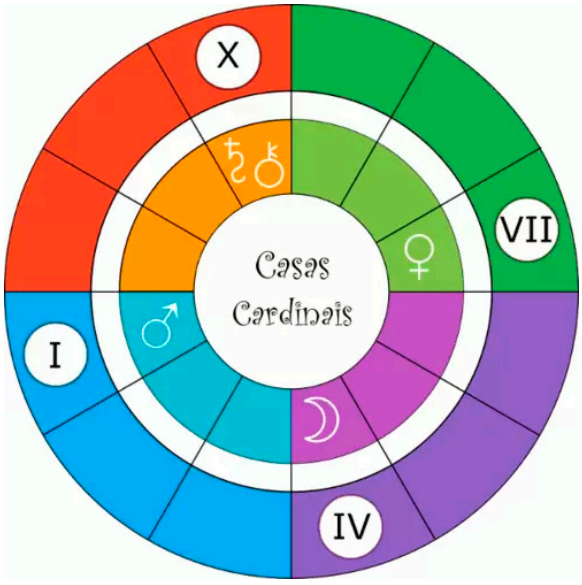
What is the meaning of houses without elements?

There may be houses in the astral chart that do not contain any elements, which may indicate that there are no significant activities in that area of life or that the person already has fulfillment in that sector. On the other hand, densely occupied houses indicate areas of life that deserve greater observation and understanding, depending on the meaning of the house or the planet located there.

Astrological houses can be classified into three groups: angular or cardinal, succedent and cadent. Angular houses are related to personality, succedent houses to materiality and cadent houses to teeth represent the spirit. Each house has a ruling astrological sign and a specific influence on the person's life.

Angular or Cardinals

The angular or cardinal Houses of the astral chart collectively demonstrate the areas of activity of each individual in earthly life.



These are the houses that tell us who we are, what we are, why we are and how we are. Thus, the angular houses are made up of the following houses:

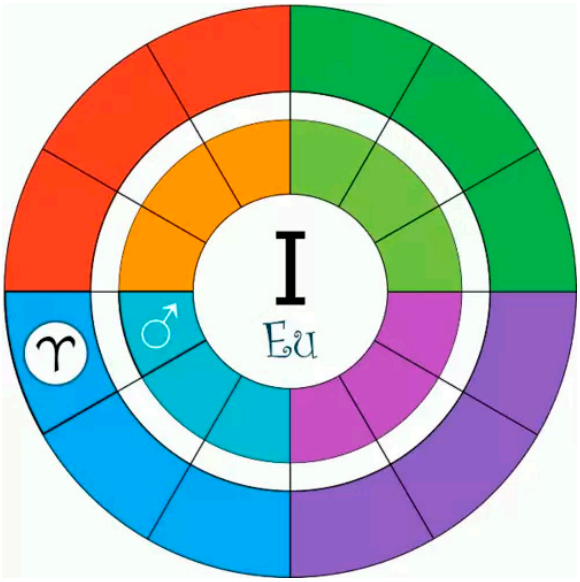
House I - Who We Are (Personality)
House IV - Why We Are (Home)
House VII - What We Are (Marriage)
House X - How We Are (Profession)

FIRST HOUSE

This is the House of Self. It is the most personal and most powerful House in your chart, for it symbolizes you—your mannerisms, your style, your disposition, and temperament. This is the House of your outward behavior, your likes and dislikes. The First House reveals both the way you
you present yourself to others as the outside world sees you.

It often indicates your physical characteristics, especially your head and facial features. Sometimes called the House of Self-Interest, it denotes what you want in life and how you achieve it.

The place in your chart where this House begins is the most important point in a horoscope, as it determines where all the other Houses will follow. In astrology, the First House is seen as a giant lens through which the rest of your chart is viewed and interpreted.



FOURTH HOUSE

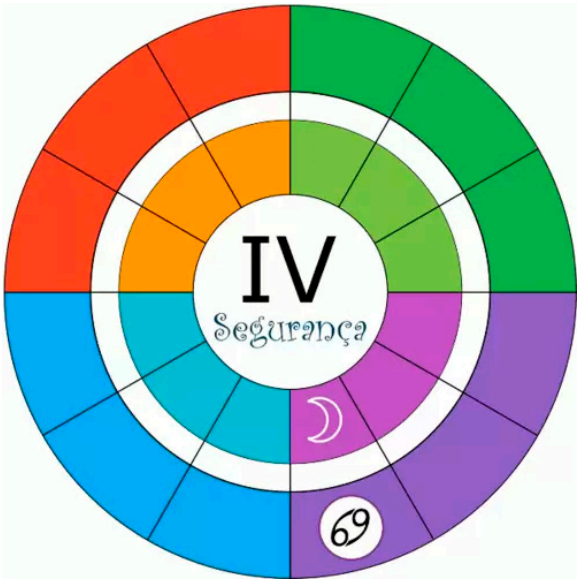
All the security and emotional support and self-esteem of the subconscious are represented by the IV House.

All this support is based on experiences lived during childhood, just as the way of acting and thinking is determined by the experience transmitted by educators.

The way people accept or reject others is determined during childhood and as an individual grows up. It is these emotional experiences that develop the capacity to receive.

It is through this house that the origins and the deepest self of the individual are revealed, as well as all their roots and emotional supports transmitted by their educators, be they fathers, mothers, grandparents, etc.

Keyword: Security Natural Sign: Cancer Ruling Planet: Moon



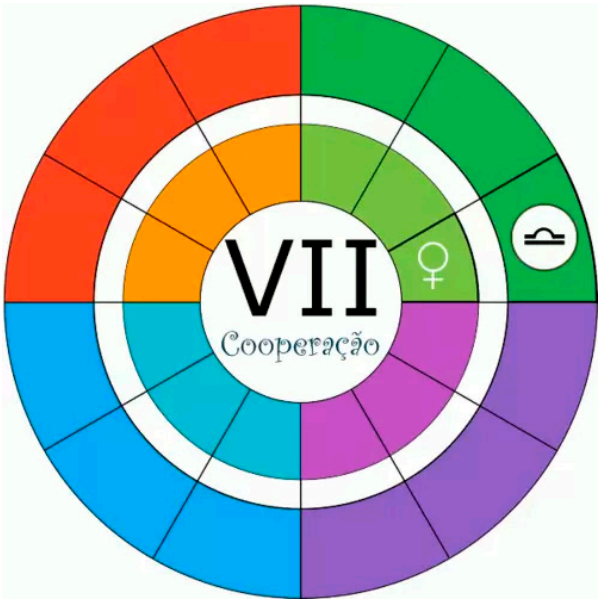
SEVENTH HOUSE

This is the House of Partnership and Marriage. On a personal level, it relates to your husband or wife, the partner you choose.
in life.

It usually indicates what kind of marriage you will have and whether you may divorce or remarry. This is your House of partnerships, not only in marriage but also in work, business, legal matters, and sometimes politics. It covers legal unions or contracts you enter into and both sides of an issue or dispute.

The Seventh House concerns your ability to work harmoniously with others. Paradoxically, it also governs what astrologers call your open enemies, those who are usually your adversaries in the business or professional world.

The Seventh House is the opposite of the First House of Self; here you blend your personality with others to pursue shared goals.

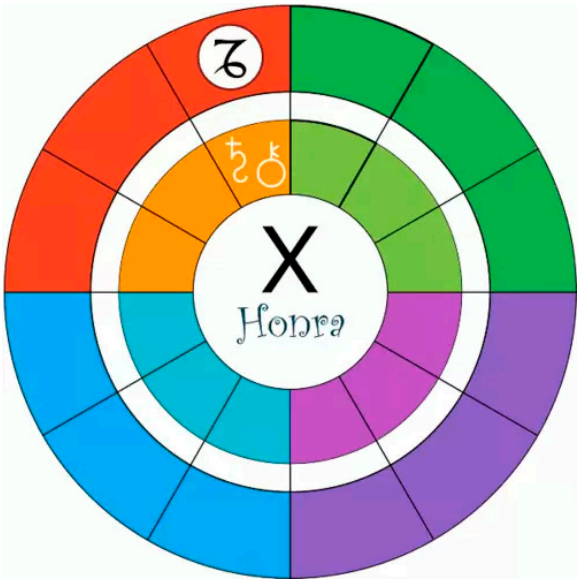


TENTH HOUSE

This is the House of Career and Public Career. Its right house (the Fourth House) rules the home; the Tenth House rules all matters outside the home—your profession, your status in the community, and your public reputation.

It has been called the House of ambition, aspiration, and achievement. This House also reveals in what esteem you are held by others. The Tenth House reflects your image, as shown in the power, position, and honors you may achieve.

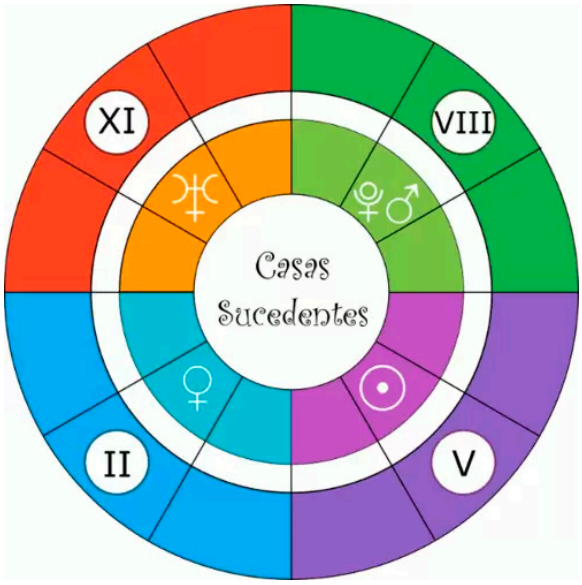
It is an outward expression of your talents, the way you accept responsibility, the place you reach through your own efforts. This House has a great influence on your material success in life.



Successors

Succedent houses in the astral chart are made up of houses II, V, VIII and XI, representing personal development in each quadrant.

These are the houses that define where values and things can be defined, understood, transformed or used as instruments and materials necessary for this development.



These houses are directly related to the intrinsic desires that people have to control and govern, which is directly related to security. It is the succeeding houses that organize and adapt the impulses of the Angolan houses.

In this way, the Succedent houses are made up of the following houses:

House II
House V
House VIII
House XI

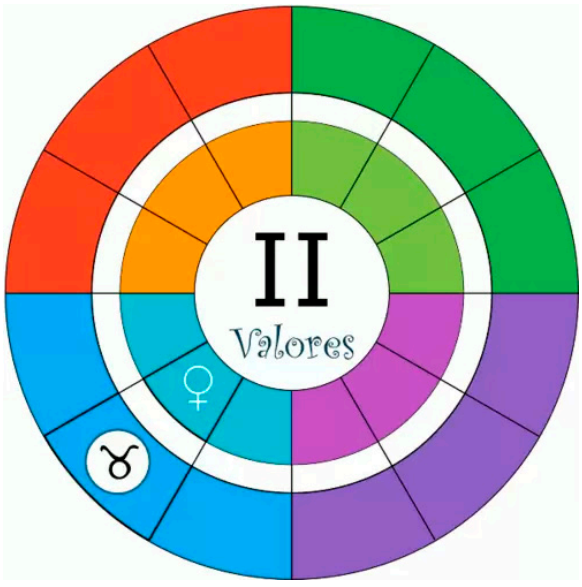
SECOND HOUSE

The second house represents all the resources, whether material or emotional, that people value as well as their self-love and self-esteem.

These values are what determine how people face the challenges that arise throughout their lives.

Emotional resources transform-
- if in personal value and self-esteem, material resources offer security. It is in this house that values and the force of attraction are defined since the planets show the way in which people are united and the degree of dependence and the sense of possession and belonging.

Keyword: Values
Natural Sign: Taurus
Ruling Planet: Venus

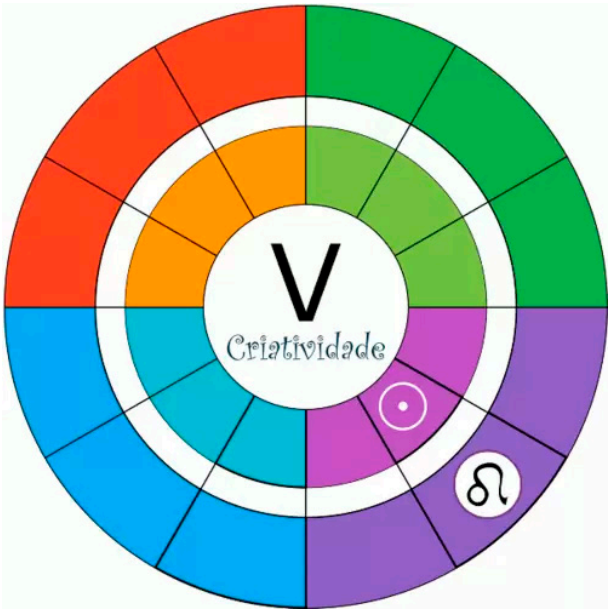


FIFTH HOUSE

This is the House of Creativity and Sex. The Fifth House governs everything you do for pleasure and to express yourself creatively. Your sexual nature (the most basic creative impulse in your psyche) is a large part of its domain. Children and the joy you receive from them are ruled by this House.

The Fifth House also relates to entertainment, holidays, amusements, and the arts. It rules love affairs, new ventures in life, speculation, and gambling.

This is the House that expresses your artistic talents as well as your ability to have fun in life. In childhood, pets and playmates are part of this House, as it dominates all the things you instinctively care for. This is the House of your heart.

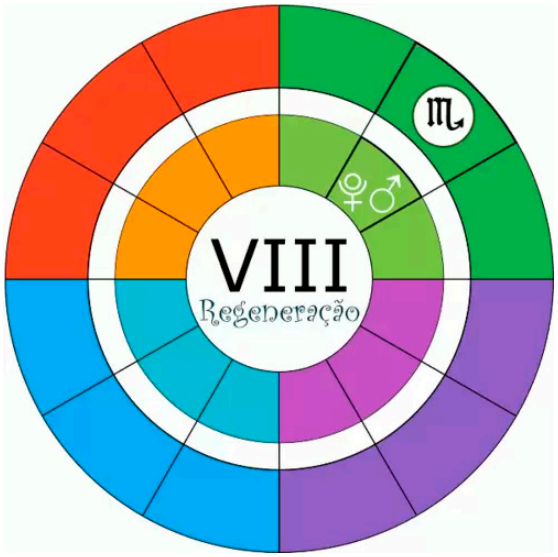


EIGHTH HOUSE

This is the House of Death and Regeneration. The Eighth House is one of the three mystical houses in your chart (the others are the Fourth and Twelfth), and one of the most difficult to understand. Sometimes called the House of spiritual transformation, it rules the life forces surrounding sex, birth, death, and the afterlife.

It refers to legacies and what you inherit from the dead—both materially and spiritually. Money belonging to your partner, taxes, and debts also fall under the domain of this house.

The Eighth House can give some indication of the conditions surrounding your death, although the exact time will always remain a mystery. Surgery is ruled by this House, as it concerns regeneration. This is the House of powers
psychic and occult studies and knowledge.

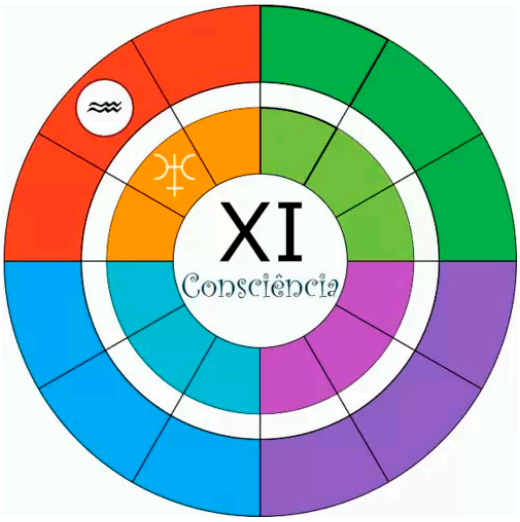


ELEVENTH HOME

This is the House of Friends and Hopes and Desires. Unlike its opposite house (the Fifth House) with its concern for immediate pleasures, the Eleventh House has to do with long-term dreams and goals and with intellectual pleasures.

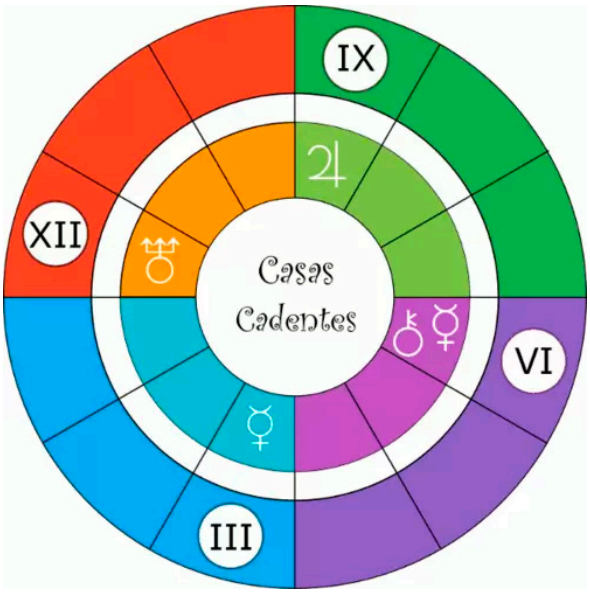
This House rules your involvement with groups and organizations that have to do with your work, profession, or family. The clubs, societies, or political associations to which you belong fall under its domain. This House often indicates the types of
friends and acquaintances who can best promote your interests and goals in life.

The Eleventh House reflects your ability to enjoy other people. At its highest level, this House represents the harmonious working of all people, each doing what best expresses his or her individual personality. It is the House of idealism and vision.



Falling

The cadent houses of the astral chart are made up of houses III, VI, IX and XII, representing the interactions of thoughts and observation.



These are the houses that drive Knowledge aimed at satisfying people's immediate needs and indicate where people can expand on the successes already achieved in the various domains that may be related to their environment and interests.

In this way, the Cadent houses are made up of the following houses:

House III
House VI
House IX
House XII

THIRD HOUSE

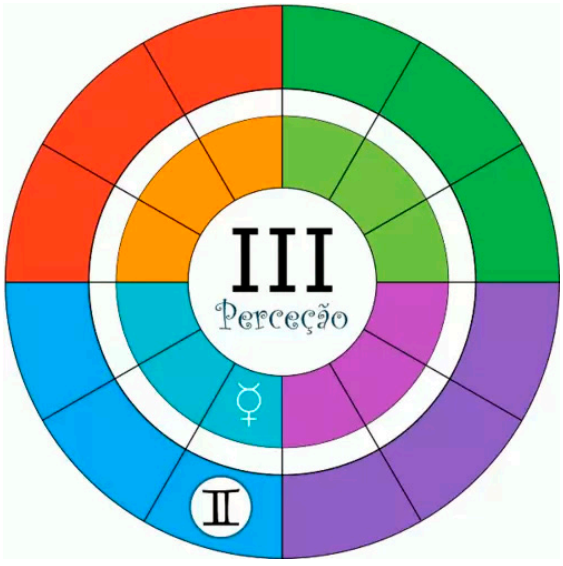
This is the House of Communication. The Third House relates to your immediate environment in three main areas: self-expression, your family ties, and your day-to-day travels. This House governs the way you think, speak, and write. Logic, memory, and manual dexterity are in its domain.

The Third House generally indicates what type of early education you received and your ability to study and learn.

Your relationships with brothers and sisters, aunts and uncles, cousins and neighbors are all part of the influence of this House. Short journeys and the vehicles for such journeys are ruled by the Third House.
– especially the trips you take for work or study.

The Planets in this house describe the quantity and quality of the mental and nervous energy of individuals.

Keyword: Perception
Natural Sign: Gemini
Ruling Planet: Mercury



SIXTH HOUSE

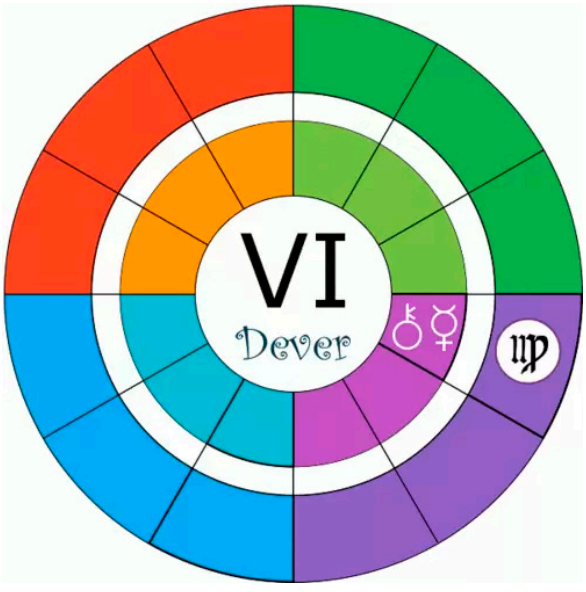
This is the House of Service and Health. Often called the House of Service to Others, it indicates your need to help others and be useful in the world.

In ancient times, it governed a person's attitude toward servants and those of lower rank. In modern times, this House rules your relationships with the people you work with, those who are subordinate to you, and your

employers.

The Sixth House also relates to your state of health and applies especially to illnesses caused by worries or emotional disturbances.

This Chamber often signifies whether you have a robust or delicate constitution, and
what types of diseases you may be subject to.



NINTH HOUSE

This is the House of Mental Exploration and Long Travel. The Ninth House can be thought of as an enlargement of the Third House; study, travel, and mental activities are expanded in the Ninth House to a much broader plane. This is the House of the higher mind.

Under its dominion are higher education, philosophy, and the in-depth study of profound subjects. Long journeys of the mind and physical body are controlled by this house. It refers to royal journeys to foreign lands and business interests in other countries. It governs the meeting of foreigners who broaden one's way of thinking, and also the study of languages.

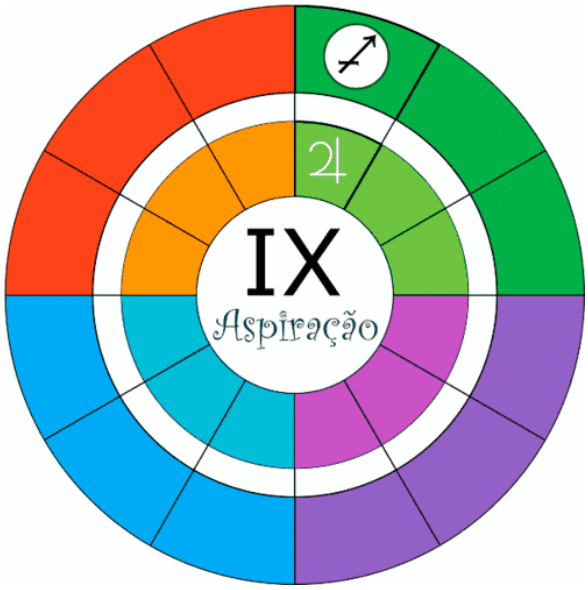
The Ninth House rules your public expression of ideas and is therefore the House of editorial and literary endeavor.

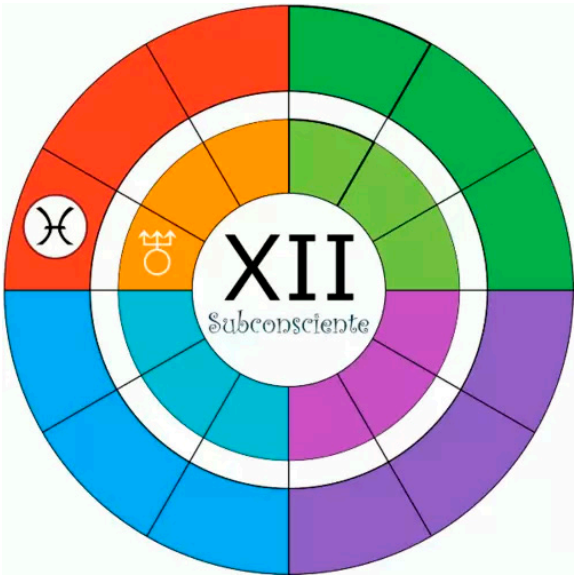
TWELFTH HOME

This is the House of Secrets, Pain, and Self-Undoing. It is the most mystical of all the Houses, the last House, the end of the circle. This is not necessarily a negative, dark place, but it defines the limitations imposed on your life, including by yourself through self-destructive behavior.

This House rules disappointments, accidents, troubles, and self-defeat. It governs unseen forces, secret enemies, escapism, asylums, hospitals, and prisons.

The Twelfth House has been called the House of Karma, the House of spiritual debt, for it contains the rewards and punishments for one's actions in the world. It is associated with psychic powers and the ability to ultimately discover the meaning of life.





ARIES

(March 21 - April 19)





ARIES is the first sign of the zodiac, the sign that symbolizes new beginnings. It connotes rapid changes and sudden forks in the road. Your life is marked by arriving at a certain place and then being turned in a new direction.

Certainly, you could say that your life is adventurous! There is a dynamic restlessness in the Aries character.

With the Sun in this sign, you are an activist and a doer. If you have a new plan or idea - if a venture appeals to you - you will hardly
can wait to dive in head first. The funny little prayer: “Give me patience NOW!” is typical of the Arian attitude.

When others meet you for the first time, the instant impression is that you are exciting, vibrant, talkative. If someone brings up a topic, you will be happy to tell them in detail exactly what you think about it. As an Aries, you appreciate vita toward the center of the action. You are bold and intent on going your own way. Because your nature is to express power, you treat opposition as an annoyance to be eliminated.

You are a natural leader who exudes self-confidence. From an early age, you feel that you are on the path to success.

Fortunately, you are also generous in helping others in a crisis. You are an open-hearted friend who shares ideas and advice and enjoys receiving the check. You have a quality of generosity. You are not interested in the small or the stingy.

“Go for the best” is their motto.

There's nothing weak or indifferent about an Aries. While others may be more cautious, you truly enjoy living on the edge. A touch of recklessness makes you feel alive.

The chase is always more exciting than achieving the goal. (As one Aries recently observed quite insightfully, “Wanting is always better than getting.”) You are willing to take risks, follow a dream, set your mind on a goal, and pursue it with irresistible enthusiasm.

Your supreme quality of optimism attracts others. Underneath may be insecurity, but no one will ever know about it.

This isn't to say that you don't get depressed or moody. But the winter of despair doesn't last a week with Aries. You have an unwavering optimism. It's true, however, that Aries people are notorious for taking offense at perceived slights and hurts.

Hot tempers and toddler tantrums are rife, and their boredom threshold is extremely low.

If success isn't immediate, you tend to lose interest and move on to other thrills. As a result, patient and slow types often get to the front of the class before you.

Aries have a well-deserved reputation for not finishing what they start. You are very short of patience, and your lack of persistence is your weak point. In addition, you expend your energy in many different ways, like the hero Ring Lardner who mounted a horse and set off in all directions at once.

Independence is a key word. You can get moody
and grumpy if you have to take orders. You'd rather be the world's biggest lizard than the world's smallest dragon. You want to run the whole show.

If you can't, you up the ante and look for a situation where you can show off your style and brilliance. If you're faced with a superior force, you'll bend but never break.

Your aggressive and combative spirit cannot be broken by anyone but yourself.

One of the pitfalls of being an Aries is that you are essentially self-involved. Unless you make an effort to look at others and their feelings, you can easily become a spoiled brat.

Although generally sincere and honest, you will tell a harmless lie if it seems advantageous. You are not a very skilled liar, however; others see right through you. You sometimes lack tact and diplomacy, but no malice is intended.

They also lack this quality of tact because they do not know how to be oblique or indirect. With you, tactlessness is an impulsive act—a careless expression of your innate strength.

You often speak without thinking and say whatever comes to your mouth, and you usually regret your impulsiveness later.

Aries is lucky with money, but has trouble keeping it. You tend to pay large bills, live extravagantly, go over budget.

However, you usually find a way to pay back what you owe. You have too much pride to be indebted to anyone.

In friendship, you give magnanimously if someone is in need, but you want to receive credit for your good deeds. In the Aries garden, there are few shrinking violets.

You are creative, open-hearted, high-spirited, pioneering, also vain, resolute and impatient. Those who deal with you on an intimate basis will have one main problem: how will they keep up?

The Inner You You like to be in charge, you want to control your own projects and plans and not being under anyone's control. You have an intense desire to succeed and put a lot of pressure on yourself. Inside, you are full of nerves. You have very little patience; you need to practice sticking to things.

You are also impatient with people who can't solve a problem. You believe in taking action. What you have is great generosity and enthusiasm. And although you suffer from occasional doubts, you know that if you really want to do something, you can!

How Others See You Your optimistic, magnetic personality draws people to you – you bring enthusiasm into their lives.

They envy your aggressiveness when faced with a challenge. Whatever the problem, you give the impression that you have a ready answer.

You are also admired for your honesty; you don't sugarcoat difficulties. What people don't like is your tendency to be bossy and your well-deserved reputation for being sharp-tongued. They are afraid to cross you in an argument because they know you can cut them down quickly.





Aries
(March 21 – April 19)

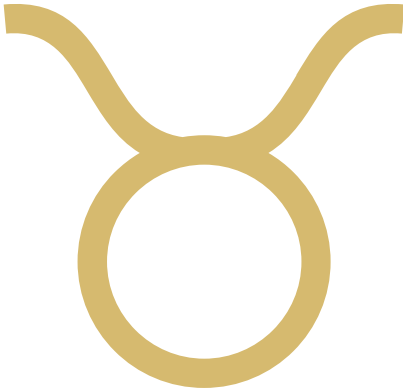
DUALITY	Masculine
TRIPLICITY (ELEMENT)	Fire
QUADRUPLICITY(QUALITY)	Cardinal Aries is active, energetic, excitable and impulsive, optimistic, open to changes and new experiences.
RULER PLANET	Mars: Ancient god of war, aggression, and conflict. In astrology, Mars' influence denotes courage, passion, and competition. It can foster tension and accidents, and governs fire and danger.
SYMBOL	Aries: Assertive, sexual, capable of scaling great heights.
GLYPH (WRITTEN SYMBOL)	The pictogram represents the horns and long nose of the Ram. It also depicts the eyebrows and nose of the human face (the head is the part of the anatomy that Aries rules). In symbolic terms, the glyph is two half-moons joined by a straight line, which indicates idealism linked to authority and leadership.
DOMINANT KEYWORD	I AM.
POLARITY	Libra: Aries is a “me first” sign. People with Aries tendencies project their own personalities strongly and can be very self-oriented. Libra, which is the opposite sign of Aries, is the sign of partnership. Libra natives feel incomplete without a partner or lover and strive for happiness as a couple.

PART OF THE BODY REGULATED	**The head:**Aries people are prone to headaches and are prone to injuries around the head and face.
LUCKY DAY:	Tuesday
LUCKY NUMBERS:	1 and 9
MAGIC BIRTHSTONE	**Diamond:**It attracts love, financial success and brings luck in new ventures. Diamond is particularly fortunate for Aries people when worn on the left side of the body.
SPECIAL COLOR Red:	The color of fire and excitement.
CITIES:	Florence, Naples, Verona, Marseille
COUNTRIES:	England, Germany, Poland
FLOWERS:	Geranium, honeysuckle, sweet pea
TREES:	All trees with thorns
METAL:	Iron
GOVERNED ANIMALS	Sheep and especially rams
DANGER:	Aries people are susceptible to damage from fire and sharp instruments. They are also prone to accidents while spinning at high speeds, and tend to get into violent and dangerous situations.

BULL

The Loving Nature





You are the person others count on for grit, the one who perseveres when less determined spirits fall by the wayside. Since perseverance is the most necessary quality for success, you tend to be successful.

You are not the pioneer who starts a new territory, but the determined settler who goes on and builds houses and cities and cultivates the soil. If you were born under this second sign of the zodiac, there is a pronounced tendency towards stubbornness in you.

Your greatest strength lies in your tenacity and constant, relentless drive. You are a purposeful achiever who has infinite patience to see a thing through, to make it a success. You are the original immovable object and irresistible force.

Taurus is a fixed sign, which means that its natives do not like change. You simply can't be rushed into anything new. A different approach creates discomfort and anxiety in you. You are more comfortable and secure with the familiar, and their attitude can be summed up as "If everything is working fine the way it is, why try something new?"

Everyone knows you have a temper, although you rarely show it. As one subordinate commented about an executive Taurus: "No one has ever really seen him lose his temper, but no one has ever I doubted he had one." You are usually equanimous and patient, as patient as time itself, and it is only when you are opposed (and even then it will take a lot of effort) that you become angry. However, there is volcanic activity going on beneath your easygoing, friendly exterior.

Like a bull grazing peacefully in a pasture, you are not willing to challenge anyone, but it would be a fatal mistake if someone challenged you.

However, unless someone seriously provokes the fierce side of your personality, you are like Ferdinand the Bull, the cartoon character

lively gentle person who loves to sit and smell the flowers.

You are loving, generous, and affectionate, and have a great fondness for all things beautiful. Ruled by Venus, goddess of love and beauty, you are gifted with genuine creative gifts, sensitive to color and design, and inspired by art and music.

The Taurean taste is extremely elegant. You have a keen eye for what is valuable and are often an avid collector. In fact, you were born under one of the two money signs of the zodiac (Cancer is the other), as Taurus represents possessions.
materials.

It is rare for a native of this sign to not think that possessions, objects, wealth and money are definitely worth having—and the more the better.

Others are fascinated by his rare mix of a down-to-earth person
ground that is so romantic and poetic. In Taurus, the stability of an earth sign combines with the aesthetic influence of Venus to create
a responsible and firm personality, with a deep appreciation for the finer aspects of life. Time and again, you will discover that the unique combination of your artistic vision with your determination to achieve a goal is one of the great secrets of your success.

You are also driven by the quest for security - your proverb. You seek permanence in career, love, marriage and home. Let others loaf, jetset, bum and sleep around. You are happiest in

home, surrounded by the beautiful and expensive things he has collected, safe in the warmth of a companion's devotion, firm and faithful to those you love.

Beneath the surface you are sensual and sentimental. You don't give lavish gifts as tokens of affection because you are not a carefree spender - value is what you expect from your hard-earned money.

Although you are willing to follow where your heart leads, you find it difficult to show your feelings openly. Your personality is private and independent.

Living with you is not always easy. You can be dogmatic, reserved, petty, stubborn and suspicious, and your quiet manner can hide feelings of envy and rivalry. It is difficult to get you to move, as you tend to be self-indulgent, even lazy.

You have great reserves of energy, however, which you put to use when you want to - not when others want you to.

Venus emphasizes the social side of Taurus. Although basically shy and reserved with strangers, you can be a wonderful host or hostess.

You enjoy entertaining those you care about. You may not indulge as freely in frivolous pleasures as, say, Leo or Libra, but you are known to enjoy good food and wine in luxurious surroundings.

You believe in pampering yourself with the comforts of the good life.

As a person born under this sign, you are a captivating combination of reliable and sensible, sensitive and emotional. Within every Taurus

practical and impassive-looking, there is a romantic dreamer struggling to get out.

The Inner You How Others See You You need order in your life – you get anxious when things are out of control. And because the unknown makes you feel insecure, you tend to isolate yourself from new experiences.

You need to be more open to change. Having beautiful things is important to you, and your instinct to collect things even extends to relationships.

Bull
(April 20th to May 20th)

DUALITY	Masculine
TRIPLICITY (ELEMENT)	AIR
QUADRUPLICITY(QUALITY)	Mutable: Gemini is lively, energetic, versatile and intellectual, lives mainly in the mind and not in the emotions and is extremely adaptable to new situations.
RULER PLANET	**Mercury:**Ancient messenger of the gods. In astrology, Mercury rules communication and travel. Its influence emphasizes quick intelligence and a nervous temperament.
SYMBOL	**The Twins:**Associated with duality, humanism, versatility, communication.
GLYPH (WRITTEN SYMBOL)	The pictogram represents the two figures of the Twins. The double symbol also represents the human arms or lungs (the parts of the body ruled by Gemini). In symbolic terms, two vertical lines bounded by the upper and lower lines represent wisdom, learning, and the powers of the mind to synthesize information. **DOMINANT KEYWORD:**I THINK THAT.
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POLARITY	Scorpio: Taurus is the sign of property and money. Taurus natives place a high value on collecting possessions and are known for holding on to what is theirs. Scorpio, the opposite sign of Taurus, is the sign of legacies and shared wealth. Scorpios' wealth tends to be spiritual rather than material, which they give to others in the form of teaching, writing, and the healing arts.
BODY PART	Neck and Throat: Many Taurus people have beautiful speaking and singing voices. But they are vulnerable to colds, laryngitis, sore throats and thyroid problems.
LUCKY DAY	Friday
MAGIC BIRTHSTONE	**Emerald:**Protects against infidelity and deception, ensures loyalty and improves memory.
LUCKY NUMBER	6 and 4
SPECIAL COLORS	Pale blue and mauve: The soft colors of refinement and gentleness.
CITIES	Dublin, Lucerne, Leipzig, St. Louis
COUNTRIES	
FLOWERS	
METAL	Copper
DOMINATED ANIMALS	Cattle
DANGER	Taurus people tend to get involved in violent situations that have to do with love or money. They tend to antagonize others and incite the passions of lovers because of their stubbornness and possessiveness.

TWINS

The Loving Nature



People born under this sign are multifaceted, quick in thought and action, skillful with words, skillful in dealing with others, full of new ideas.

Astrologers consider this third sign of the zodiac to be the essentially human sign, as it seems to summarize qualities that are the distinctive marks of the human race.
intelligence (Gemini is an air sign), adaptability (Gemini is a mutable sign) and communicativeness (Gemini is ruled by Mercury).
Gemini people don't sit back and watch the scenery go by.

As a Gemini, you are endlessly curious about everything and must be part of the bustling scene as you pass by. If all the world's a stage, Gemini must be the actor on that stage.

Unlike Leo, who just wants to be the star, Gemini wants to play everything. the parts - and be the director, the producer and the stagehand!

Duality is your most famous characteristic. You usually want more of everything. This includes jobs, hobbies, careers, and lovers. Basically, your nature is restless, on the move, in search of new ideas and new experiences. Things get very boring for you unless you have a constant change of scenery.

Variety is your game. As a result, you often
leaves a trail of unfinished tasks. Your tendency is to waste
energy on many projects instead of focusing your intelligence on
a task.

Gemini is the sign of communication, and its natives have an urgent and continuous need to communicate. You enjoy writing notes, talking to strangers, surfing the web, sending emails, instant messages and text messages — and the phone is the main means of communication.

People should learn not to give out their number if they don't like spending too much time on the phone!
Your astrological symbol should really be the question mark. You are an eternal student of life who never stops asking questions. You love talking to people, and that is the great secret of your charm.

Others open up to you like flowers. As a result, you are a wonderful people manager who can foster enthusiasm and loyalty.

Born with the gift of persuasion, you could sell ice in Greenland. Your quick mind can explain any action, defend any position, justify any course. A mental magpie, you pick up information here, gossip there, rumors everywhere. This makes you an ideal conversationalist, for you know a little about everything, though, some have said, not much about anything.

You are also inclined to have strong opinions about everything (subject to revision at any time). What you value most is intellectual independence, and what you lack most is perseverance.

Another weakness of Gemini is superficiality. Because you are so quick to grasp an idea or assess a situation, you tend to
travel across its surface, without worrying about exploring it in depth.

The other side of the coin, however, is that with very little preparation, you can make a wonderful first impression.

Your easy gifts of writing, speaking and expressing yourself make you a success in dealing with the public. You have a Mercury personality that can adapt to many types of people.
of people. You are often drawn to the stage and the dramatic arts.

Famous writers and artists born with the Sun in Gemini include Sir Arthur Conan Doyle, Dashiell Hammett, Lillian Hellman, Laurence Olivier, Marilyn Monroe, and Judy Garland.

Fun, versatile and witty, you are a wonderful friend who lifts people out of depression. Anyone need advice?

Instruction? An introduction? You’re right there, ready to go, and others are energized by your enthusiasm. It’s easy to see why you’re usually surrounded by friends and admirers, because you’re so much fun to be around. It’s true that you can get impatient with people who aren’t as quick as you are, or who can’t keep up with the rapid flow of your

thought and speech.

However, your natural exuberance sweeps even the most reluctant and grumpy along with you. In almost any situation, you can be as charming as you want with a little extra.

Life is a game and all things show it; I thought so

Once and now I know it, explains the Gemini philosophy. You don't waste time plumbing dark emotional depths, and you certainly don't want to get sucked into anyone's problems that might sabotage your freedom. Although you have a brooding side to your Jekyll and Hyde disposition, you determinedly put on a cheerful face to make the best impression. You try not to let anything dampen your high spirits or throw cold water on the fun and games.

Geminis have a wide range of contacts and benefit from
advice and help from influential people. You will attract financial luck, but a tendency to extravagance often outweighs
that compensates for it. In your ledger, income always adds up to something a little less than expenses.

Routine and monotony are two things that you have and you will do anything to avoid them. Change is your 20 keyword, and what you value most is freedom. It is useless for anyone to try to hold you back. For you, the fun is in traveling, not in reaching a destination.

You love exploring new territories, seeing how people live on the other side of the world. Inquisitive and imaginative, you are open to a different way of seeing things. Your modern and up-to-date lifestyle means you are constantly living in the fashion of the land.
For the sheer allure of it, people should have at least one Gemini in their lives. (Two can be exhausting.)

The Inner You You react instantly to new situations, but because you are so deeply attuned to your environment, you tend to have a temperament that is nervous chin. And although you emit sparks of energy, excitement and charm, inside you feel like a coiled spring.

Others are fascinated by your enthusiasm, while inwardly you are already bored with this person giving, but you also need time for yourself.

You enjoy performing, using your wit and intelligence to move to center stage. You love to gossip, especially because you discover such interesting things! You are generous with your time, friendship, and possessions.

One problem is that instead of looking at people's deeper qualities, you tend to judge them by their reaction to you. Are you coming off well; are you fascinating them?

How Others See You People like to be around you because you are interesting and entertaining. They admire you for your gift with words and sense of humor. Although you are considered a more cerebral type, friends trust your judgment on emotional matters.

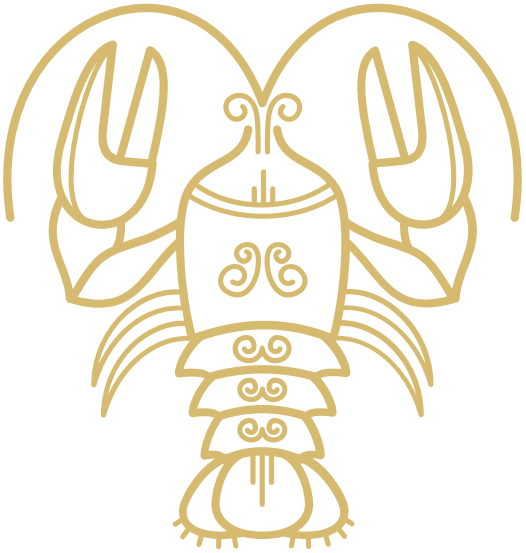
Twins
(May 23rd - June 20th)

DUALITY	Masculine
TRIPLICITY (ELEMENT)	AIR
QUADRUPLICITY(QUALITY)	Mutable: Gemini is lively, energetic, versatile and intellectual, lives mainly in the mind and not in the emotions and is extremely adaptable to new situations.
RULER PLANET	**Mercury:**Ancient messenger of the gods. In astrology, Mercury rules communication and travel. Its influence emphasizes quick intelligence and a nervous temperament.
SYMBOL	**The Twins:**Associated with duality, humanism, versatility, communication.
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POLARITY	**Sagittarius:** Gemini is the sign of thought and communication on a personal level. Geminis strive to express themselves and try to impose their point of view on others. Sagittarius, which is Gemini's opposite sign, is the sign that rules the broader provenance of philosophy and mental exploration. Sagittarians tend to shy away from close personal involvement and, unlike Geminis, are shaped by what others think of them.
BODY PART	Hands, arms, shoulders and lungs: Geminis are susceptible to strains and accidents involving arms and hands; also prone to bronchitis and respiratory diseases.
LUCKY DAY	Wednesday
MAGIC BIRTHSTONE	**Agate:**eloquence, especially in declarations of love.
LUCKY NUMBER	**4-9**
SPECIAL COLORS	**Yellow:**Bright and luminous, the color of novelty.
CITIES	London, San Francisco, Versailles, Melbourne
COUNTRIES	Scotland, Netherlands, New Zealand
FLOWERS	Lily of the Valley and Lavender
METAL	Mercury
DOMINATED ANIMALS	Brightly colored birds and butterflies
DANGER	Gemini people are prone to accidents while traveling, especially by air. Their natures

C ANCER

The Loving Nature



Cancerians are easy to understand. You may seem kind, gentle, understanding, and a patient listener. Then someone asks you for advice, and you become grumpy, moody, and seem completely indifferent to anyone's problems but your own. You may wallow in self-pity and complain endlessly about how badly you are treated by the world.

Turn another page of the calendar and suddenly you're back to being helpful, solicitous, ready to do anything asked of you. More than any other sign, Cancer is a series of contradictions. You value security above all else, but you love new adventures. You're the soul of caution, but you're also a courageous initiator who strives to overcome obstacles with your driving personality.

What's your secret? Cancer, which is ruled by the Moon and has water
as an element, it can be compared



to the shifting tides of the oceans. Like the tides, Cancer is the sign of powerful forces moving beneath the surface. This surface, however, is quite difficult to penetrate, as Cancerians tend to build an elaborate

set of defenses to hide their deep feelings and extreme sensitivity.

Complex, fragile, unpredictable, temperamental, the typical Cancerian needs constant support and encouragement. You desperately want to be loved and approved of, but you resent your need for approval so much.

Cancer's big lesson is to recognize the hidden anger you carry inside you and not let it erode the relationships that give you the emotional support you seek. Fortunately, when you

What you need, you give the best you have in return. Those who make you feel safe command your undying loyalty. When you truly care about someone, there is nothing anyone can say about them that will make the slightest difference.

You have a real blind spot when it comes to seeing flaw in those you love. If you could wave a magic wand and

doing the only thing that would make him happier would be to open the Crab's shell and venture into the world of possibilities.

Being closed off emotionally and psychically keeps you fearful. Cancer's fears are based on the fact that you have difficulty trusting. You don't trust others or the universe or yourself. A Cancerian recently told me, "We were sold a bill of goods by the stories we were told as children.

There is no joy or happiness in life. Life is just hard." The problem with this viewpoint is that it leaves very little room for any kind of abundance to flow. It's a dog-eat-dog world. However, the most contradictory thing of all is the fact that you are a

educator who gives selflessly to those who need you. Your
biggest impact is on human relationships; you have an instinct for make others feel cared for and understood. Among their
most endearing characteristics is his loyalty.

You tend to be a worrier and a quiet person. People may

open their hearts to you, but the flow never goes the other way. You are cautious about revealing too much of yourself; you guard your secrets well.

If offended, you don't retaliate directly. Your method of retaliation is to sulk, and it is often very effective. The technique is like being whipped to death by a dozen strands of cooked spaghetti.

The Cancer symbol, the Crab, has a hard outer shell that protects the soft, vulnerable flesh beneath. The same is true for Cancerians, who are often grumpy, rude, and ill-tempered, but possess a proverbial heart of gold. Beneath your tough exterior, you are a sentimental brat who will make any sacrifice for someone in need.

If someone asks you for a favor, your first reaction will probably be no, but the ultimate answer is always yes. You should be judged not by what you say, but by what you do.

You are possessive. Anyone who becomes a part of your life is never entirely free again. You try to keep in touch with friends, ex-lovers, ex-spouses, business partners, people you knew as children. Cancer is the cosmic collector—if you let someone out of your life, it is against your will and never completely.

This reflects your preoccupation with the past. An aura of nostalgia hangs over you; events and people from years gone by continue to inhabit your memory and often become dearer to you as time passes. You are devoted to family and home and continue to believe in the old-fashioned idea that marriage is

forever — even if the events of your own life contradict this. It is difficult to fool you, as you can identify the smallest nuances of behavior.

In fact, you are almost psychic in your intuitions. A photographic memory coupled with intense powers of observation make you extremely astute at divining other people's inner motivations.

Cancerians are like crabs in their indirect approach to an intended target. Watch a crab moving on a beach

and you will notice its strange lateral movement towards a goal.

People born under the sign of Cancer never take the direct approach. You take a step one way, then the other way, and sometimes a complete turn. But you get where you want to go.

If channeled in the right direction, your enormous sensitivity can be a great source of strength. Once you overcome your shyness and sensitivity and master your turbulent emotions, your intellect and imagination allow you to become successful in almost anything you undertake.

You have the ability to delve into your own inner life and transform your creativity into practical ideas. Contrary to the impression you often give, you can be shrewd and shrewd in business.

Cautious, conservative in your approach, you have an antenna that quickly gauges public taste and opinion and detects new trends in the making. You are also a judge of people's branding. You are artistic

and creative, and has formidable intellectual talents.

This business instinct combined with imagination is magical for acquiring financial security. Cancer people cling to money with the same tenacity they do with everything that belongs to them. For you,
Money means security, but no matter how much wealth you accumulate, you never really feel secure. This also applies to your emotional security.

A Cancerian can never get enough love and approval; you always need more. It's easy to fall in love with this loyal, devoted, affectionate, and protective Moon child.

The Inner You On the surface, you are the picture of calm and strength, but underneath you tend to feel insecure and inadequate. You are certain that other people know what they are doing while you are just winging it.

You also imagine the worst outcome for a scenario, never the best. You are a very emotional person; you are constantly feeling. Hearing a song on the radio makes you feel sentimental, and a particular scent, flower, or image can jolt your memory.

You are also extraordinarily in tune with other people’s feelings. In fact, you are almost as involved in your friends’ problems as you are in your own. When you are around someone, you believe that you should help that person. Harmony is important to you —

Any kind of conflict or fight makes him depressed.

However, you are definitely not wishy-washy; you have the courage of your convictions and the strength to stand up for what you believe is right.

You don't accept change and are hesitant to move forward with something you haven't tried yet, but that doesn't stop you from doing what needs to be done.

How Others See You Those in your circle think of you as a den mother, the one who tries to solve other people's problems and make sure everyone is happy.

They appreciate your concern for their well-being and appreciate your wise advice. But why, even

who follow your advice, keep it a secret? Because they think you are controlling and they don't want to be a puppet on your string.

They also think you're grumpy. One minute you seem to care about them, and the next you're grumpy and should be avoided at all costs.

In your career, you are seen as someone who can quickly identify a profit opportunity.
financial.

CANCER
(August 23 – September 22)

DUALITY	Feminine
TRIPLICITY (ELEMENT)	Water
QUADRUPLICITY(QUALITY)	Cardinal: Cancer is receptive, sensitive and imaginative, sympathetic, kind and emotional, and has an active, astute and intuitive mind.
RULER PLANET	**Moon**: Earth's only satellite, which waxes and wanes and exerts a powerful magnetic influence. In comotrology, the Moon rules emotions and intuitive behavior.
SYMBOL	**Crab:**Possessing an impenetrable exterior covering soft flesh underneath, at the first sign of danger, it pulls itself back into its shell and runs back to the sea, where it feels safe.
GLYPH (WRITTEN SYMBOL)	The pictogram represents the claws of the Crab. It is also an image of the human breast (a part of the anatomy ruled by Cancer). In symbolic terms, the glyph is two circles of the Sun connected to two crescent moons. The moons represent Cancer's desire to store memories and possessions; the circles connected to the moons represent strength and energy expressed through emotions and imagination.
DOMINANT KEYWORD	I FEEL.

POLARITY	**Capricorn**: Cancer is the sign of home and family life. Cancerians seek close personal relationships and are happiest surrounded by family and loved ones. Capricorn, the opposite sign of Cancer, is the sign of reputation and public prestige. Capricorns are concerned with the image they project and seek power and achievement in the outside world.
PART OF THE BODY REGULATED	Breasts and belly: Cancerians love to eat and have to fight the weight gained in later years. They are also prone to digestive diseases caused by tension and emotional stress.
LUCKY DAY	Monday
MAGIC BIRTHSTONE	**Pearl:**It transforms bad luck into good and discord into harmony. It also brings support from fluent people.
LUCKY NUMBER	**4-9**
SPECIAL COLORS	
CITIES	Venice, Amsterdam, New York,
COUNTRIES	Scotland, Netherlands, New Zealand
FLOWERS	Larkspur and Acanthus
METAL	Silver
DOMINATED ANIMALS	Those with shell coverings
DANGER	People with Cancer are susceptible to accidents at home. They are also likely to become victims of theft.

LION

The Loving Nature





Every Leo has a kingdom. The kingdom can be big or small, it can be your home or a lover or a creative work or your entire career. But whatever it is, you are unquestionably the ruler of that kingdom.

Self-confidence surrounds Leos like a ghost image on a television set. While others wait in the wings, you bask in the spotlight.

Whatever you do, you do it with a flair for the dramatic - everything about you is theatrical. You don't need to look for a role to play in life. You have found it. You are the monarch of all you survey.

When you walk into a room, you secretly hope everyone will stand up and sing a few verses of the Hallelujah Chorus! At a party, it doesn't take long for you to take control of the evening. Witty, vivacious, a fluent talker, you are a born entertainer who can spice up any occasion. Your energy is electric and people gravitate towards you like steel filings to a magnet.

Your Sun sign gives you a flair for drama and an instinct for attention. Because you are so flamboyant and outgoing by nature, you despise the dull, the ordinary, and the boring. When real life doesn't provide all the excitement you need, you try to create your own. Hyperbole is second nature to you. You were born to do things in a very big way.

If you invite people to your castle (which is what you think of as your home), you entertain them masterfully. You are a splendid host.

Others can reconcile themselves with accepting second best; not Leos. Born under the most regal sign of the zodiac, there is absolutely nothing Leos can think of that is too good for them.

Luxury is as vital to you as breathing. You want to enjoy the good life, no matter what it costs. You are not a good haggler or negotiator because you basically want what you want when you want it.

Your public image is very important to you. When a Leo woman's checking account is down to double digits, she'll somehow find the means to buy a glorious new dress, and when her credit cards are maxed out, a Leo man will still make reservations at the best restaurant in town.

Leos are the most prodigal spenders of the zodiac (Libras are a close second). Generous, kind, and open-hearted, you find it hard to believe in evil in others. If hurt, you are quick to retaliate, but you also forgive easily and never hold a grudge.

Wonderfully affectionate and cheerful, you have a genuine joy for life. The Sun is your ruler, and you always bring a little sunshine into the lives of others. Obviously, this is one of your most endearing characteristics.

In many ways, you are like the Sun itself —enhancing life, radiating energy and magnetism, burning with constant steadfastness.
Astrologers call Leos eternal children because you have
pleasure in the moment and are uninhibited in giving affection.

No one could ask for a better friend. If approached the right way (flattery is the way to go), you will do almost anything, but expect praise, appreciation, and admiration in return.

Pride is your Achilles heel. Your ego demands not respect but adoration, not praise but flattery, and when you receive lavish praise, you never stop to wonder if it is insincere. Despite your self-centeredness, you need others to give it, if only to receive their appreciation in return.

However, because you are too proud to ask for appreciation, you often suffer silently because of a bruised ego. Your hidden secret is that you need to be needed.

In business, you are the one in charge. Another sign that gravitates toward authority is Capricorn, but its natives are constantly rising to a high position. Leos simply assume that they were born to be in a high position. One of their most useful career assets is an unerring instinct for getting along with people who are in a position to be of help.

You know the value of socializing and work better in group endeavors than in solitary activities. You are an order taker, not an executor of orders, but you are usually so cheerful and enthusiastic that others do not mind.

care about taking orders from you. You are also a worker who does not demand more from anyone than yourself.

You will not flinch from a challenge or back down from a confrontation. You

You will do what scares you, because doing otherwise means failure in your eyes. You are ambitious, but not ruthless.

Among his most striking characteristics is his refusal to be constrained by petty rules. The routine of everyday life
- The day quickly leads to boredom and leaves you desperately unhappy. Your unhappiness does not last long, because you simply cannot tolerate it. You have an unshakable belief in your luck and quickly recover from discouragement.

It's hard (though not impossible) not to like a Leo. It's true that you can be bombastic and arrogant at times. It's true that you love giving advice and telling people how to lead their lives. Like your symbol, the Lion, you can be

quite indolent and lazy; you like to sit and relax in
his own glory.

But their great warmth and sunny disposition is very hard to resist. The world would be a lot less fun without Leos.

The Inner You How Others See You You have larger-than-life emotions; whether you're experiencing joy, despair, excitement, or love, it might as well be playing out on a giant movie screen.

You feel like you have an important role to play in life, and you go out and find it. You need to be involved in the world; in fact, you tend to think of any plan or project you're a part of as an extension of who you are.

You believe in taking action. Your immediate reaction to any problem is to do something about it, rather than sitting around

pondering.

But you are extremely sensitive and try to hide this fact under great bravado. It is very important for you to gain the approval of others.

What makes you special, however, is that despite all your inner qualms, you stick your chin out and face any challenge head on. You have a deep need to prove yourself—not to others, but to others.
others, but for himself.

You have a real quality, a way of standing out in the
crowd.

The unique combination of emotion you project, your sense of style, your way of speaking and your laugh is what draws people to you. They are also attracted by the fact that you think big, which feeds their own fantasies of success.

and power. They are attracted to your energy and enthusiasm and your take-charge attitude.

They assume you will take on a leadership role. But some people don't like what they see as your giant ego.

They think you hog the spotlight and are acting even when you are perfectly serious and sincere; they question your sincerity.

Others consider you a show-off who just talks a big game. And there are those who think you have the temperament of a child.
demanding and spoiled.

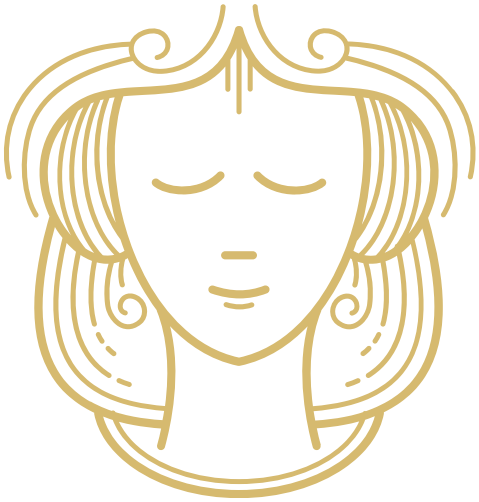
Lion
(August 23 – September 22)

DUALITY	Masculine
TRIPLICITY (ELEMENT)	Fire
QUADRUPLICITY(QUALITY)	Fixed: Leo is enthusiastic, powerful, expansive and creative, generous and extravagant, dogmatic and opinionated.
RULER PLANET	**Sun:**The center of our solar system, a star that burns with intense fire and provides us with light, heat and energy. In astrology, the Sun is the most powerful planetary influence, conferring vitality and authority.
SYMBOL	**Lion:**Royal, courageous, domineering, sometimes indolent. Possessing nobility and pride.
GLYPH (WRITTEN SYMBOL)	The pictogram represents two valves of the human heart (a part of the anatomy that Leo rules). It is also the Greek symbol for the first letter of Leo. In symbolic terms, it is two incomplete circles of the Sun joined by a crescent moon, symbolizing the power derived from both the intellect and the emotions.
DOMINANT KEYWORD	I WILL GO.

POLARITY	**Fish:**Virgo is the sign of work and self-improvement. Its natives are perfectionists who dissect facts to find the truth and obtain all available information. Pisces, the opposite sign of Virgo, is the sign of illusion and self-deception. Pisces are prone to daydreaming, imagination, vagueness, self-delusion and escapism.
PART OF THE BODY REGULATED	The nervous system and intestines: Virgos are prone to diseases caused by stress and nervous tension. They are particularly susceptible to ulcers.
MAGIC BIRTHSTONE	**Ruby:**It protects against physical harm and ensures fidelity. It also brings its bearer serenity of mind.
SPECIAL COLORS	Gold and orange: The magnetic colors of the Sun.
CITIES	Rome, Prague, Damascus, Hollywood
FLOWERS	Sunflower and marigold
METAL	Gold
DOMINATED ANIMALS	All felines
DANGER	Leo people tend to be bombastic and defiant, and often unconsciously provoke others into impulsive violence. They are also prone to being victims of slander.

VIRGIN

The Loving Nature



Tele is a real drama of the Virgo personality and its interior.

To the world you may give an impression of calm authority, but you are aware of your own nervous intensity,

restless and controlled, the desire to be on your feet and doing, reorganizing, improving. You can exhaust yourself more simply by standing still than others can by moving around.

The planet Mercury, which rules Virgo and Gemini, inclines its subjects to constant activity. However, in Gemini the nervous energy is directed mainly toward stimulation and adventure, while in Virgo the incessant drive is toward achievement and improvement.

It is impossible for Virgos to put off until tomorrow what can be done today, or to do later what can be done now. You are, in a word, organized. Your idea of being calm seems like hard work to most people.

people. You are not a dreamer, you are a doer.

Your emotional life is a constant effort to bring order to chaos. Although you have a great capacity for love, love alone is not enough to make you happy. You need more than a partner, a home, children, friends. You must justify your life, behave like a good bookkeeper who keeps a ledger—always ready to assess whether there is profit or loss. You are ambitious, but not just for money. You want to know more, gain wisdom, and put that wisdom into practice.

Its astrological symbol of Virgo tends to be misinterpreted.

This doesn't mean you're a prude or lack sensuality.
The Virgin represents purity of purpose.

You are not in the game of life to cheat or extract from others. You have higher motives. You want to be useful. In ancient times,
Virgo was the sign of the harvest – and the symbolic meaning of Virgo holding a sheaf of wheat is that Virgo people take what has been sown (knowledge, information, skills) and harvest that energy to do something of practical benefit.

Just as wheat is turned into bread to nourish our bodies, you want to use the gifts you were born with to nourish the world.

Intelligence is the hallmark of your sign. You have an excellent memory, an analytical mind, and are known for crystal-clear thinking. You also have a keen ability to probe human motivations.

People like to check their plans with you before they put them into action because you have microscopic vision when it comes to spotting a flaw. Your superb logic cuts through muddled thinking like a laser beam. You instantly zero in on a problem, dismantle the difficulties, and put them back in the correct order. Because you believe that life should be approached rationally, you are unmatched in solving complicated problems or tangled disputes.

You are convinced that a reasoned presentation of the facts will win out. Until you have the facts in front of you, you are reluctant to make a decision; you want to know why and how something will work.

However, it would do you a lot of good to have a little more faith in general and trust in synchronicity – that certain events occur or that people connect for a fortuitous reason.

Your important life lesson is to expand your vision, to look at things in broader terms and to believe in the power of faith. Virgo is ruled by Mercury, the planet of thought and mental perceptions, and your ideas shape your reality.

If you hold on to a negative attitude, your reality will unfold negatively as well. You tend to have a hard time getting in touch with your deepest feelings because your denial mechanism is firmly in place. “I’m not upset,” you’ll say. “I feel good about [this other person getting promoted over me, him dating another woman, etc.].” Saying that you feel “good” covers up a lot of confusing feelings that you’d rather not examine.

Furthermore, you often fail to see the forest for the trees. Your preoccupation with neatness and precision sometimes limits your breadth of vision. This estimable faith in logic also confines your imagination and leaves you somewhat timid in your inspiration, too dependent on established practices and methods. Your nature is to look back and analyze rather than to move forward in a new direction. You must know the why and how of everything. Virgo is a mutable sign, however, you can easily adjust to change once you find a way to fit the new situation into your routine.

You may have difficulties because of a tendency to complicate everything. No problem is simple for Virgo. For every answer you have a

question, and making mountains out of molehills is one of their specialties.

Your nature is shy and reserved; it is difficult for you to relax, converse, or be gregarious with strangers. You prefer one-on-one encounters, in which you can offer the full benefit of your sharp insights and shrewd opinions.

It's also when people discover how well-read, insightful, charming, and witty you are.

The first thing you learned about money is that money matters. Although you tend to downplay your own financial abilities, no one is better at staying within a budget than you.

You are not tempted by foolish ventures. Your bank balances are usually down to the decimal point. You want the best, but you rarely overpay, and

you have a built-in resistance against self-indulgence.

A highly developed sense of discrimination can lead you to be hypercritical. You are dissatisfied with the way things are and continue to analyze situations and people in the hope of finding a way to make them better. Sometimes, your finely tuned sensibilities can even make you unhappy, as they make you more aware of the imperfections in the world.

However, you resist criticism from others about your shortcomings. It is rare for a Virgo to take criticism well or admit being wrong. You are concerned about your health and try to make sure you get the best out of it.
sufficient vitamins and have regular checkups at the dentist.

However, in this as in other areas, you cannot help but worry. As a result, you are prone to nervous tension and illnesses. Hypochondria is common among Virgos.

A warm and loving relationship brings out the best in anyone born under this sign, because you are basically kind,

devoted and very loyal. When your affections are committed, you tirelessly try to serve your loved ones. They will never have to worry about who will keep the checkbook balanced or take care of them when they are sick.

The Inner You You have a lot of willpower and dedication, and you work harder than anyone else to make sure something is perfect. Why? Because if you can't do everything superbly, you start to fear that you're failing.

You are very critical of yourself. In fact, you are an enigma that no one has figured out. You withdraw with people you don't know well and are reserved even with those you love.

Inwardly, however, you feel very deeply. Intensity and extreme sensitivity are part of your secret self. You enjoy caring for others—giving advice to friends, feeding stray animals, tending to sick plants—but you need to be appreciated.

for the kind things you do. Above all, you want to be helpful because really cares about people.

How Others See You You are considered a true go-getter. People trust you to handle any job. They think of you as a

person who can analyze almost any problem logically.

Others come to you when they want their own actions explained to them, or are feeling confused about relationships.

You are valued for your ability to set priorities and create order out of confusion. Because you are both discriminating and sincere, people trust your judgment about books, theater, and clothes. However, you do not wear your heart on your sleeve, and as a result, others often perceive you as arrogant and cold.

Virgin
(August 23 – September 22)

DUALITY	**Feminine**
TRIPLICITY (ELEMENT)	**Earth**
QUADRUPLICITY(QUALITY)	Mutable - Virgo is reserved, modest, practical, discriminating and hard-working, analytical and meticulous, seeking to know and understand.
RULER PLANET	**Mercury:**Ancient god of communication and commerce. In astrology, Mercury rules intelligence and reason and predisposes to a tense temperament.
SYMBOL	**The Virgin:**Representing purity of motives, modesty, diligence, and service of oneself and one's talents to help others. The virgin is often depicted holding a sheaf of wheat symbolizing the utilization of ideas and abilities to benefit (nourish) the world.
GLYPH (WRITTEN SYMBOL)	The symbol represents a Virgin, as it is a pictogram of human reproduction organs closed and untouched. In symbolic terms, the glyph is a straight line connected to two curved lines, one of which is crossed. This represents wisdom linked to feeling and emotion, and crossed by practicality.
DOMINANT KEYWORD	I ANALYZE.
POLARITY	**Fish:**Virgo is the sign of work and self-improvement. Its natives are perfectionists who dissect facts to find the truth and obtain all available information. Pisces, the opposite sign of Virgo, is the sign of illusion and self-deception. Pisces are prone to daydreaming, imagination, vagueness, self-delusion and escapism.

BODY PART	The nervous system and intestines: Virgos are prone to diseases caused by stress and nervous tension. They are particularly susceptible to ulcers.
SPECIAL COLORS	Navy Blue and Gray: Classic colors of refinement and good taste.
CITIES	Paris, Boston, Heidelberg, Strasbourg
FLOWERS	Morning Glory and Pansy
METAL	Mercury
ANIMALS RULED BY VIRGO	Small pets
DANGER	Virgo people sometimes arouse anger and violence in others because of their tendency to interfere, their critical tongues, and their unemotional attitudes.

POUND

The Loving Nature





You are easy to like, as you have a captivating charm, elegant taste and are generally beautiful to look at. In addition, you have a gift for making others feel important, as you are an excellent listener and instinctively know how to attract another person.

You are famous for the ease with which you smooth down ruffled feathers, bring smiles and make others think they are the most wonderful people in the world. You are a natural charmer.

Ruled by Venus, goddess of love and beauty, you admire beauty in all its forms, in music, art, decoration and people. Your home will always have a touch of
elegance and you love to entertain in style. Flowers, champagne, beautiful jewelry and clothes, beautiful (and expensive) objects, luxurious surroundings - these are the ornaments of life for
you.
You like all the things that money can buy.

A narcissist at heart, you crave admiration. You want to be the jewel in the center of any scene, and you have a computer memory for every compliment ever paid to you. You tend to judge others by their outward appearance. If someone puts on a charming facade, you won't look any deeper. As a result, you can become easy prey for a sophisticated schemer with an affable demeanor.

You intuitively deal with other people's emotions, and no one is better at understanding and considering another person's point of view.

However, very soon this external point of view will be lost or subsumed into your own subtly self-centered concerns.

In the professional world, you are an excellent team player. You are able to merge many disparate egos into a smooth union. Your friendships and associations bring opportunities, and your best luck comes when you bring together your creative talents and intelligence with powerful individuals who open doors for you.

Born under the sign of Libra, you seek balance and harmony and are happiest when your surroundings are orderly and serene. Peace is worth any price to you and you will generally go to great lengths to avoid friction and dissension.

Because you clearly see all sides of an argument, all possibilities of a particular course, you have the tact and ability to smooth over disputes. You are a born diplomat.

In order to avoid an unpleasant scene, you will even stifle your own true feelings. In fact, you are often not sure what your true feelings are.

Because you try to be all things to all people, there is a general impression that you are indecisive. You seem to be constantly on edge, seemingly able to move one way or another, balancing pros and cons, advantage with disadvantage, risk with gain.

Beneath your cool, calm surface, you struggle to make decisions. The problem is that at the core of Libra is someone who doesn't
feel complete in yourself. Behind your shine and charm, you feel a psychic lack, something missing - whether that something is a perfect lover, a rewarding career, a wonderful project that showcases your talents, etc. not “real,” that you have fooled others into thinking you are smart and well-
- successful, but very soon they will find out that you are a fraud.

One of Libra's best-kept secrets is how shaky their self-confidence is – and certainly their sense of not being whole and creating a false facade is at the heart of their insecurity.

Although you have superb instincts, you don't trust them enough. You're likely to be a failure because of your laid-back attitude. Most of the time, you don't want anything enough to fight for it. The exception is when you're denied a privilege to which you feel entitled. That ruffles your skin.

Libras have a reputation for stubbornness, but that's because you are a justice system. You resent being treated unfairly and are upset by inequality in the world in general. It often seems that your strength is only brought out in crisis. This is when you are at your most courageous.

You get along well with people with an even temperament, especially those who can laugh in the face of difficulties.

Libra is a cardinal sign, which means you are an initiator. You love new projects, unusual people, different ideas, and will travel anywhere. Gifted with imagination, talent, and enthusiasm, you have an open and independent mind that tries to evaluate the world dispassionately and rationally.

You also have a good head for money (although your great weakness is your love of luxury). In fact, money has a way of slipping through your fingers because it's not money you love, it's the things money can buy.

Essentially frivolous, people born under this sign dislike hard work – unless someone else is doing it. A love of beauty leads many born under this sign to careers in art, decoration, theater and composition, but the approach often remains that of a dilettante who enjoys the reward but avoids the effort required to achieve it.

You are an incorrigible idealist and romantic par excellence. Affectionate, warm, sentimental, naturally optimistic, you do everything in your power to please. Your stock in trade is charming.

You work hard to please others, and as a result, they find you endearing. However, beneath your friendly exterior, you desperately crave love and approval.

You have a hard time saying no to other people's requests and take on too many jobs or commitments - and then, to prove how cool you are, you keep smiling through the tension while hiding a lot of resentment.

It may be more helpful to spend time building your self-esteem rather than waiting for others to give it to you. Basically, you give your power away. You hate anything unpleasant and avoid conflict, vulgarity, or strife. If life were a play, you would always insist on a happy ending.

The problem with trying to have constant peace and harmony is that you have difficulty making decisions. Sometimes you fear that any move you make will bring something terrible crashing down around you.

If you could relax and not be so hard on yourself, you would be much more satisfied with what you achieve. You have all the ingredients for happiness!

How Others See You People feel important around you because you always seem to understand their point of view. You are considered warm and outgoing because you know how to draw people in and are seen as someone with an unmatched ability to deal with the public.

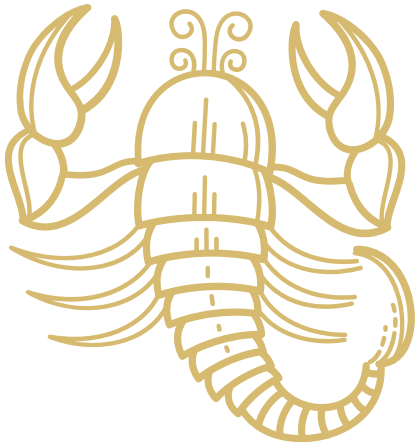
Pound
(September 23 - October 22)

DUALITY	**Masculine**
TRIPLICITY (ELEMENT)	**Air**
QUADRUPLICITY(QUALITY)	CardinalLibra is active, artistic, relaxed, peaceful, values beauty and harmony, is diplomatic, polite and very socially inclined.
RULER PLANET	**Venus:**Goddess of love and beauty. In astrology, Venus rules pleasure, social activities, art, and adornment. ment. Its influence also leans towards self-indulgence and love of luxury.
SYMBOL	Scales: Meaning balance, equilibrium, order and justice.
GLYPH (WRITTEN SYMBOL)	The pictogram represents the Scales, which are in perfect balance. This was the ancient Egyptian symbol for the setting sun, which was considered the gateway between two worlds. In symbolic terms, the glyph is a crescent moon connected to two straight lines that rest above a third line. This represents emotion. limited on both sides by reason; the line below symbolizes partnership.
DOMINANT KEYWORD	BALANCE.

POLARITY	Aries: Libra is the sign of partnership and marriage. Libras are happiest functioning within a union, and often lose their balance and positive outlook when forced to be alone. Aries, the opposite sign of Libra, is the sign of ego, personality, and self. Aries people tend to put themselves first, and selfishness is one of their negative traits.
BODY PART	Lower back and buttocks, and the kidneys: Libras suffer from back strain and lower back problems. They are also prone to kidney infections.
SPECIAL COLORS	Blue
CITIES	Vienna, Copenhagen, Charleston, Lisbon
COUNTRIES	Burma, China, Tibet, Argentina, Japan
FLOWERS	Rose, Cosmos and Hydrangea
METAL	Copper
DOMINATED ANIMALS	Snakes and lizards
DANGER	Libra people tend to provoke bad feelings in others in situations related to love. Because they are indecisive and sometimes make a declaration of war

SCORPIO

The Loving Nature



Scorpios are described as powerful, weak, independent, clingy, passionate, and cold. Clearly, you are a bundle of contradictions that encompasses the best and worst of human nature.

The key to your personality is intensity. You do nothing by half measures. Magnetic, emotional, capable of exerting tremendous force, your strength lies hidden deep within.

In the sign of Scorpio, the water element is fixed, an image that suggests an iceberg or a bottomless pit. You may seem impassive, sometimes unapproachable, but turbulent passions are always stirring beneath, invisible on the surface.

You live on many levels. While you present a calm, smiling face to the world, you are fiercely persistent and extremely stubborn. You are also flexible when it comes to devising solutions. When frustrated, you don't just accept defeat. You are extremely agile when it comes to working around obstacles and discovering a dozen new ways to reach your goal. In a wonderful paradox, flexibility is one of the most effective methods of controlling situations.

Scorpio is the most misunderstood sign of the zodiac because of its complications and convolutions. Basically, you always have a hidden agenda. You are someone of incredible depth and brilliance, and your inner psyche is a

When it comes to money, you are wise. You are careful about spending and have real potential to accumulate wealth. In business, your strategy is to act first and then advertise. By the time your competitors notice your advance, it is already too late.

By nature, you can have obsessive tendencies that often defy logic. You exert influence and dominate those who give you this freedom. Although you are suspicious and cautious, once you trust someone, your love is deep and sincere. Many people neglect to mention the Scorpio sign when talking about it.

Your ability to be loving, generous, and loyal. Many selfless individuals are born under this sign. All Scorpios share one characteristic: the intensity with which they feel. Your emotions not only guide you, they define you.

Deep down, your strength and determination are immeasurable. Despite your serene appearance, deep inside, there is a tide of emotions. However, you usually keep this fervor under control, directing it towards productive activities. With sharp instincts, you feel that you are destined for great things. When faced with a new opportunity, you carefully consider it before taking the plunge. At your core, there is a warrior spirit.

From the perspective of others, there is always an air of mystery surrounding you, which arouses curiosity. Many see you as a mentor, someone with accurate predictions and deep insights. People respect your insight and sometimes fantasize about your passion. Some may see you as domineering or overly ambitious, but most recognize your sincerity and reliability.

For many, your ability to remain enigmatic is both a challenge and an attraction. This mystery surrounding you makes people want to know more, explore more, and understand more about what moves your inner being. Your introspective nature not only creates an aura of mystery, but also shows the depth of your character.

In relationships, while it may take time to trust, once a bond is established it is unquestionable.

Brave. You value loyalty above all else and expect the same in return. Even though your demeanor may seem reserved, those who really know you are aware of the passion and dedication you bring to the table.

At work, your work ethic is unmatched. You dedicate yourself to each project, ensuring that every detail is perfect. Your ability to see beyond the obvious and identify innovative solutions often puts you ahead of the pack.

Despite all your intense qualities, it is essential for you to find moments of introspection and rest. These are the moments that allow you to recharge, reflect and reconnect with your essence.

Scorpio
(October 23 – November 21)

DUALITY	**Feminine**
TRIPLICITY (ELEMENT)	**Water**
QUADRUPLICITY(QUALITY)	Scorpio is imaginative, passionate and emotional, subtle, persistent, intense, stubborn and unyielding.
RULER PLANET	Pluto: Ancient god of the underworld and the dead. In astrology, Pluto rules regenerative forces, and the beginnings and ends of the stages of life.
SYMBOL	Scorpion: A secretive and deadly creature that can poison its enemies. Its sting is often fatal.
GLYPH (WRITTEN SYMBOL)	The pictogram is the scorpion's stinger linked to a representation of the human reproductive organs (the part of the anatomy ruled by Scorpio). This was the symbol in ancient times for the phoenix, the bird of immortality and regeneration. In symbolic terms, the curved lines and arrow represent strong emotions linked to practicality and aiming for higher consciousness.
DOMINANT KEYWORD	I WISH.

POLARITY	Taurus: Scorpio is the sign of inheritance and legacies. Its natives are given a sense of purpose and destiny, and find true happiness in giving their life force to others. Taurus is the sign of possessions and possessions, and people born under this sign want to possess, collect, and have. They will not easily let go of what is theirs.
BODY PART	s genitals: Scorpio people are susceptible to urinary tract infections, nervous system infections and venereal diseases. In addition, their volatile emotions are often the cause of exhaustion and health problems.
SPECIAL COLORS	Crimson, Burgundy
CITIES	Liverpool, New Orleans, Washington, DC, Newcastle
COUNTRIES	Norway, Algeria, Morocco, Tahiti
FLOWERS	Chrysanthemum and rhododendron
METAL	Plutonium
DOMINATED ANIMALS	Insects and crustaceans
DANGER	

SAGITTARIUS

The Loving Nature





Influenced by Jupiter, the planet of fortune, you seem to glide through life with ease. You seem to be an ally of luck, always being at the right time and place. The stars indicate that luck is your constant ally. Whether at work, in relationships, in your career or in finances, opportunities arise just when you need them most. This streak of luck makes your nature more cheerful and vibrant. Of course, there are moments of gloom, but they are fleeting. You always have your eyes on the future, confident that something incredible is about to emerge.

In Sagittarius, fiery passion blends with Jupiter's restlessness and youthfulness, resulting in a personality that accepts no limits. You value independence above all else, with a progressive and adventurous spirit, always eager for innovation and changes of environment. You carry within you an insatiable desire to explore and are rarely satisfied with always being in the same place. Sagittarius, like Gemini, seeks knowledge. But, while Gemini experiments with new ideas, Sagittarius delves deeper into them, in search of wisdom.

Emotionally, Sagittarians are enigmas. They hate feeling trapped or tied down by complicated emotions. They prioritize freedom and avoid getting too deep into intense emotions. However, when it comes to friendship, they are unmatched, being extremely generous and loyal, without expecting anything in return. Freedom is your most precious treasure, and you are willing to make sacrifices to preserve it.

Your sense of humor is irresistible. In addition to being charismatic, you are a great communicator, with an emphasis on writing and public speaking. There are several Sagittarians who are renowned in the world of arts and communications, such as Mark Twain and Woody Allen.

Versatility is another of your trademarks. Your interests range from music to technology, but your most striking characteristic is your constant search for new challenges. In the corporate world, you are innovative and bold, especially when there is something significant at stake.

You are transparent and sincere. You do not hide your thoughts and even

being direct, he has no intention of hurting. As paradoxical as it may seem, he has a certain shyness and is sensitive to criticism.

For Sagittarius, the key word is “potential.” Restrictions and limitations are discouraging to you. You prefer to see the world not as it is, but as you would like it to be. In many ways, you defy maturity, but when necessary, you demonstrate responsibility and resilience in the face of adversity.

Your daily routine can be your biggest enemy. You often dream of a bold career, creating an ideal world, or making the world a better place. However, you often find yourself putting things off, leaving the details to others, and losing interest in a project. And sometimes you wonder why you’re still in the same place.

Despite this, Sagittarians are some of the most charismatic individuals in the zodiac. Although they may be considered excessive or even careless, and despite their lives being full of neglected commitments, missed deadlines and unfinished projects, the fact is that it is a pleasure to be in their company. Even if you promise the world and don't deliver, you have a transparent sincerity. Everything about you is clear and direct.

With your bold, vibrant and captivating manner, you seem to dance through life with an uncomplicated grace. Your philosophy is similar to Scarlett O'Hara's: "Tomorrow is another day." Even in your darkest moments, you believe that something good is about to happen. Your faith in the future is genuine, but you hate obstacles in your path. You long to live intensely, travel, meet fascinating people and discover new things. New things always catch your attention and you often accept proposals without much skepticism, just because you find them exciting. And although you are not usually grumpy, you have moments of tension and irritation, especially when you feel bored. In these moments, you may feel misunderstood, but your self-esteem always rescues you.

How people perceive you: Your vivacity and sense of humor attract people. Even in the face of setbacks, you always have an optimistic outlook and plans for the future. You are always willing to help, and your friends and colleagues appreciate this. Many people admire your honesty, even if they sometimes think you are too direct. To some, you may seem inconsistent or emotionally reserved, but most see you as a free-spirited and unpredictable being.

Sagittarius
(November 22 – December 21)

DUALITY	**Masculine**
TRIPLICITY (ELEMENT)	**Water**
QUADRUPLICITY(QUALITY)	Scorpio is imaginative, passionate and emotional, subtle, persistent, intense, stubborn and unyielding.
RULER PLANET	Pluto: Ancient god of the underworld and the dead. In astrology, Pluto rules regenerative forces, and the beginnings and ends of the stages of life.
SYMBOL	Scorpion: A secretive and deadly creature that can poison its enemies. Its sting is often fatal.
GLYPH (WRITTEN SYMBOL)	The pictogram is the scorpion's stinger linked to a representation of the human reproductive organs (the part of the anatomy ruled by Scorpio). This was the symbol in ancient times for the phoenix, the bird of immortality and regeneration. In symbolic terms, the curved lines and arrow represent strong emotions linked to practicality and aiming for higher consciousness.
DOMINANT KEYWORD	I WISH.

POLARITY	Gemini: Sagittarius is the sign of philosophy, higher education, and broad concepts. Sagittarius is happiest when discovering new ideas, exploring faraway places, and not being tied down by personal commitments. Gemini, the opposite sign of Sagittarius, is the sign of personal expression and “one-on-one” communication. Geminis are extremely verbal, love to give advice, and tend to try to guide (even control) other people’s lives.
BODY PART	Liver, hips and thighs: Sagittarians need plenty of outdoor exercise to stay healthy. They have a sensitive liver and are susceptible to excessive alcohol use and hepatitis.
SPECIAL COLORS	Unusual color of royalty and the artistic.
CITIES	Budapest, Cologne, Toledo, Acapulco
COUNTRIES	Spain, Hungary, Australia
FLOWERS	Narcissus, holly and dandelion
METAL	Can
DOMINATED ANIMALS	Horse
DANGER	Sagittarians are prone to fire and explosion accidents, especially while traveling.

CAPRICORN

The Loving Nature





Those born under the sign of Capricorn are driven by an unwavering determination to achieve their goals. They seek success, recognition, power, and, often without realizing it, they also seek affection.

Capricorn's earthy nature, combined with its cardinal attribute, shapes a personality naturally inclined toward leadership and influence. In the horoscope, Capricorn is linked to the zenith, symbolizing the highest point of achievement. As someone always determined to climb, this nature resembles the tenacity of goats, who overcome adverse terrain.

Capricorn's ruling planet, Saturn, represents limitations, including those of time. This instills in Capricorns a deep appreciation for the value of time, making them meticulous planners and organizers. They are notoriously patient, often postponing immediate gratifications in favor of more substantial rewards in the future.

Many may notice an air of seriousness around Capricorns, originating of their disciplined nature. However, they also have a creative streak, with the ability to turn dreams into reality, especially in the artistic field.

Capricorn's self-sufficiency is often interpreted as coldness, but it is simply an expression of their need to keep everything under control. Behind the exterior, there is a sensitive and caring person, ready to support those in need.

Defying the image of someone who is always serious, Capricorns have a dry and sly sense of humor that often catches others by surprise. Financially, they are prudent and have the ability to stretch their resources, often building wealth over their lifetime.

In the business world, Capricorn’s success is a result of their meticulous preparation. They delve deep into research before making decisions, ensuring that all the details are in place. And once they’ve made up their minds, they move forward with unwavering determination.

Ultimately, you seek clarity in everything. You dislike ambiguity and feel most comfortable with definitive decisions. For some Capricorns, there is only one correct approach to things - their own.

Those born under the sign of Capricorn are often seen as determined and focused, especially on success and power. For them, security is paramount, and this need is often expressed through a materialistic perspective. Any disrespect or slight is met with resentment, but they are also known for valuing and reciprocating the favors they receive.

Many Capricorns are motivated by practical reasons in their relationships, such as financial stability or status. In many interactions, they like to be in control, avoiding feeling vulnerable. Although they may seem distant and unapproachable due to their self-sufficient nature, there is a mysterious charm to Capricorn's enigmatic personality.

Despite their cold exterior, those who take the time to truly get to know a Capricorn will discover their deep loyalty and caring. In difficult times, they are pillars of support.

Internally, Capricorn is aware of the responsibilities of life. This awareness leads them to continually question their progress and effectiveness. Although they have a strong determination, they also have insecurities. Their personality is a sea of contradictory emotions, and they crave order and discipline. Their potential is enormous, but perhaps a little doubt is necessary to keep them humble.

From the perspective of others, Capricorns are seen as natural leaders, recognized for their pragmatism and ability to remain calm in crises. Some are drawn to their wisdom and stability, while others may find their approach somewhat skeptical. However, everyone recognizes their determination and persistence. While it can be challenging to get to know Capricorn’s true self, those who try understand their deep need for privacy.

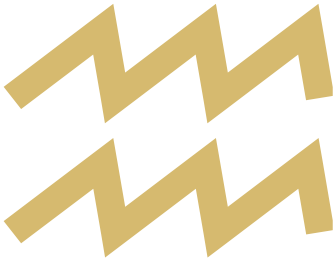
Capricorn
(December 22 – January 19)

DUALITY	Feminine
TRIPLICITY (ELEMENT)	**Earth**
QUADRUPLICITY(QUALITY)	Cardinal Capricorn is reserved, prudent, patient, uses strategy rather than force, seeks security, is acquisitive, disciplined, determined, and quick to seize opportunities.
RULER PLANET	Saturn: Roman god who presided over the sowing and harvesting of grain. In ancient times, the outermost planet of the known universe. In astrology, Saturn represents obstacles, limitation, restriction, discipline, responsibility.
SYMBOL	Goat: A sure-footed animal that is able to climb to heights by taking advantage of every foothold. The goat makes its way through obstructions.
GLYPH (WRITTEN SYMBOL)	Pisces (the Sea Goat, which was the ancient symbol of Capricorn). It also depicts the human knee and the circular patella (the part of the anatomy that Capricorn rules). In symbolic terms, the glyph is two straight lines meeting, connected to a circle and a crescent. This represents the fusion of authority and responsibility that is strengthened by both energy and passion.
DOMINANT KEYWORD	I USE.

POLARITY	Cancer: Capricorn is the sign that rules reputation, career, and community standing. Its natives seek honor, praise, and approval in the world at large, but tend to be emotionally reserved in personal relationships. Cancer, Capricorn's opposite sign, is the sign of domesticity and home life. Cancerians derive security from the love and closeness of partners and family.
BODY PART	Bones, joints and knees: Capricorn natives tend to have beautiful bone structure, but are prone to joint stiffness, rheumatism and orthopedic problems.
SPECIAL COLORS	Dark Green and Brown: Classic and Comforting Colors of Nature and Earth.
CITIES	Oxford, Boston, Brussels, Chicago, Montreal
COUNTRIES	Mexico, Afghanistan, Bulgaria, India
FLOWERS	Carnation and Ivy
METAL	
DOMINATED ANIMALS	Goats and animals with cloven hooves
DANGER	Other people may harbor hidden grudges and resentments because of Capricorn's coldness and reserve.

AQUARIUM

The Loving Nature





Aquarius is the eleventh sign of the zodiac, situated between Capricorn and Pisces. Ruled by Uranus, the planet of originality and revolution, people born under this sign are known for being independent, visionary and sometimes eccentric.

Those with the Sun in Aquarius are often seen as the innovators of the zodiac. They are intellectual, progressive, and want to create a more just and equitable world. In many ways, Aquarius is the sign of utopia. Aquarians are drawn to revolutionary ideas and new ways of thinking. It is not uncommon to find an Aquarian at the center of social or environmental movements, fighting for changes that benefit the community.

One of the most striking traits of the Aquarius sign is their desire for independence. Aquarians don't like to be confined by rules or traditions. They value their freedom above all else and often challenge the status quo. This can make them rebellious, but it's also what makes them innovative.

They are not afraid to think outside the box, and it is this ability to see beyond the conventional that often leads them to ingenious solutions.

Despite their independent nature, Aquarians are extremely social and value community. They have a strong desire to belong and be part of something bigger than themselves. However, they tend to connect more with groups than with individuals. This can make them a bit distant in personal relationships, but they are undeniably loyal to their friends and loved ones.

In terms of compatibility, Aquarius usually pairs well with air signs like Gemini and Libra because they share an intellectual and communicative approach to life. They can also get along well with fire signs like Sagittarius and Leo, who admire their passion and dynamism.

However, Aquarians may face challenges in relationships with

Earth signs, such as Taurus and Virgo, may see them as unpredictable or inconsistent. Relationships with water signs, such as Cancer and Scorpio, can also be complex, as these signs seek emotional depth, while Aquarius seeks more freedom and space.

In short, Aquarius is a complex but fascinating sign. Its combination of intellectuality, idealism and desire for freedom makes it unique in the zodiac. If you know an Aquarius, you can be sure that you are in front of someone who will always fight for what they believe in and who will never stop dreaming of a better world.

The element associated with Aquarius is Air, which connects it to an intellectual and abstract dimension of existence. This explains why Aquarians are often involved in activities that require deep thought, analysis, and communication. They are naturally curious and have an insatiable thirst for knowledge. In debates or discussions, Aquarians are known for presenting innovative and sometimes controversial perspectives, but always with the intention of expanding horizons and stimulating thought.

Another intriguing characteristic of Aquarius is its duality. Represented by the symbol of the water bearer, we often see a human figure pouring water. This symbolizes the idea of distributing life and spirituality to the world, but it also highlights the dual nature of Aquarius: being about both the individual and the collective. Aquarians are able to think of the greater good while also valuing their individuality.

The stone associated with the sign of Aquarius is amethyst. This stone is believed to promote mental clarity and help balance energies, which is perfect for Aquarians, who are always seeking harmony between their inner self and the world around them.

Aquarians are also known for their sense of humor. They have a quick wit and a taste for absurd or ironic humor. This is another way they challenge the norm and show their unique nature. However, behind this humor is often a deeply contemplative mind, constantly pondering life’s big questions.

Challenges for Aquarius often revolve around the need to find balance. Because they are so collectively oriented, they can sometimes neglect their own needs or emotions. Learning to listen to their inner voice, while still dedicating themselves to the greater good, is a valuable lesson for many Aquarians.

In conclusion, the Aquarius sign is truly a force to be reckoned with in the zodiac. With their sharp mind, selfless heart, and rebellious spirit, Aquarians have the power to bring real change to the world, challenging the status quo and inspiring others to do the same. Their legacy is one of innovation, understanding, and most of all, hope for a better future.

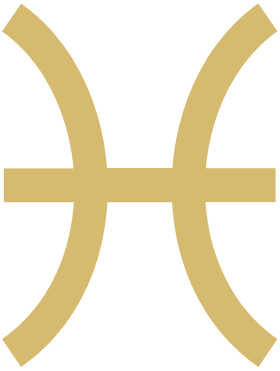
Aquarium
(January 20 – February 18)

DUALITY	Masculine
TRIPLICITY (ELEMENT)	Air
QUADRUPLICITY(QUALITY)	Aquarius is assertive, independent, progressive, analytical, original and inventive, has strong dislikes and firm opinions.
RULER PLANET	Uranus: Ancient Greek sky god, first ruler of the universe. It was the first modern planet to be discovered (in 1781). In astrology, Uranus is the planet of change, disruption, the unconventional and the unexpected. It rules invention, aerodynamics and modern science.
SYMBOL	Water Bearer: Dispensing a gift that flows freely and equally to all; representing the creation and giving of life. The water that Aquarius pours symbolizes the truth, which you freely give to the world.
GLYPH (WRITTEN SYMBOL)	The pictogram represents the water flowing from the Water Bearer's vessel. It is also an image of the human ankle in motion (the part of the anatomy ruled by Aquarius). In symbolic terms, the unbroken lines represent electrical energy, universal thought, and the wisdom of the future.
DOMINANT KEYWORD	I KNOW.

POLARITY	Leo: Aquarius is the sign of hopes and dreams, friends and desires. Its natives tend to be idealistic humanitarians who care about the broader issues of the world, but remain personally distant in their own relationships. Leo, the opposite sign of Aquarius, is the sign of pleasure, affection, and love affairs. Leos seek out fun and good times to make them happy; they need close bonds with others and tend to dominate in love affairs.
BODY PART	circulatory system, shins and ankles: Aquarians are prone to ankle sprains and breaks; also to varicose veins and hardening of the arteries.
SPECIAL COLORS	Electric blue: The light color of the sky.
CITIES	Stockholm, Moscow, Buenos Aires, Salzburg
COUNTRIES	Mexico, Afghanistan, Bulgaria, India
FLOWERS	
METAL	
DOMINATED ANIMALS	
DANGER	Aquarians are innovative, unconventional, and sometimes eccentric, and therefore are often the target of attacks by narrow-minded people. Aquarians also tend to get into unusual situations and get involved with eccentric individuals.

FISH

The Loving Nature





Pisces is the twelfth and final sign of the zodiac, coming after Aquarius. Ruled by Neptune, the planet of imagination, dreams and spirituality, those born under this sign are often considered the most intuitive and empathetic of all the signs.

Those with the Sun in Pisces are often seen as dreamers. They have an innate ability to tune into the world around them, feeling deep emotions and picking up on subtle vibrations that others might miss. This sensitivity makes Pisces extremely compassionate and caring. They often feel a deep connection with others and have a genuine desire to help.

Water is the element associated with Pisces, and this makes perfect sense. Just as water flows and adapts to its surroundings, Pisces are adaptable and fluid in their emotions. This fluid nature, however, can also be a double-edged sword. While they have the ability to adapt and understand the feelings of others,

Others may also feel overwhelmed by emotions, sometimes losing themselves in them.

Spirituality often plays a significant role in the life of a Pisces. They are always searching for a deeper meaning in life and may be drawn to mystical practices, meditation, or religion. The symbol of two fish swimming in opposite directions, which represents Pisces, also speaks to this duality: the search between the physical and the spiritual, the real and the imaginary.

In terms of relationships, Pisces is an incredibly loyal and devoted sign. They give their all to their loved ones, often putting others' needs before their own. However, it's crucial for them to find partners who recognize and respect their sensitivity. Earth signs like Taurus and Virgo can offer the stability that Pisces often seeks, while water signs like Cancer and Scorpio can understand and share their emotional depth.

The stone associated with Pisces is amethyst, as with Aquarius, but also aquamarine. These stones are believed to promote peace and mental clarity, helping Pisces to find balance.

One challenge for many Pisces is setting boundaries. Because of their empathetic nature, they can easily absorb the emotions and problems of others. Learning to protect themselves and recognize when they need time for themselves is essential to their well-being.

In short, Pisces is a sign of great depth and compassion. Their inner world is rich and complex, full of dreams, hopes and emotions. Pisces have the rare gift of seeing beyond the superficial, connecting with the depths of the human experience. They remind us of the importance of feeling, dreaming and, above all, loving with all our hearts.

The artistic nature of Pisces is undeniable. Many Pisces are drawn to the arts, whether it's music, painting, writing, or dance. Through these expressions, they are able to channel their deep emotions and unique perspectives, creating works that often touch the soul. For a Pisces, art is not only a form of expression, but also a way to connect with the universe and the divine.

In addition to their artistic inclination, Pisces also have a strong connection to the mystical. They are often drawn to the unknown and the esoteric. Astrology, tarot, and other forms of divination may be areas of interest, as they offer a window into what lies beyond our immediate understanding.

At work, Pisces are known for their dedication and empathy. They are often found in professions that involve helping others, such as medicine, therapy, or social work. Their ability to understand and connect with people makes them invaluable in any profession that requires human understanding.

That said, Pisces also has its challenges. Their dreamy nature can sometimes lead them to become distracted or lost in their own thoughts. Additionally, their sensitivity can make them prone to feeling hurt or misunderstood. It's important for them to learn to ground themselves and find ways to protect themselves emotionally.

Another aspect to consider is their tendency toward escapism. When faced with harsh realities or stressful situations, Pisces may lean toward escape mechanisms, whether through dreams, art, or even substances. Recognizing this tendency and finding healthy ways to cope with reality is crucial to a Pisces' well-being.

Despite their challenges, the world needs Pisces. They bring us a perspective that is often forgotten in our modern society: the importance of dreaming, feeling, and connecting on a deeper level. In a world that often values pragmatism above all else, Pisces reminds us of the beauty of the intangible and the mystical. They are a reminder that behind the physical reality lies a world of dreams, emotions, and spiritual connections waiting to be explored.

Fish
(February 19 – March 20)

DUALITY	
TRIPLICITY (ELEMENT)	
QUADRUPLICITY(QUALITY)	Pisces is receptive, intuitive and emotional, imaginative, romantic, impressionable and mystical, adaptable and very changeable.
RULER PLANET	Neptune: Ancient god of the sea; second of the modern planets to be discovered (in 1846). In astrology, Neptune is the planet of illusion, glamour, mystery, deception.
SYMBOL	Two fish tied to each other and swimming in opposite directions: signifying hidden depths, changing international currents of emotions, conflicting desires and extremes of temperament.
GLYPH (WRITTEN SYMBOL)	The pictogram represents two fish tied together. It is also an image of the human hupes (the part of the anatomy ruled by Pisces). In symbolic terms, the glyph is two crescent moons connected by a straight line. This represents emotion and higher consciousness bound and limited by the material world.
DOMINANT KEYWORD	I BELIEVE.

POLARITY	Virgo: Pisces is the sign of dreams and mysticism. Its natives trust their intuitions and feelings and tend to seek more spiritual values in life. Virgo, the opposite sign of Pisces, is the sign of work and service. Virgos deal with facts and reality; they are practical and strive for material success.
BODY PART	Feet: Pisces have beautiful, sensitive feet that are unpleasant. They are naturally prone to pain, bunions, and calluses. Ill-fitting shoes are a particular danger for people of this sign.
SPECIAL COLORS	Pale green and turquoise: The dreamy colors of the sea.
CITIES	Casablanca, Alexandria, Lisbon, Seville, Dublin
COUNTRIES	
FLOWERS	Water Lily, White Poppy, Jonquil
METAL	Platinum
DOMINATED ANIMALS	Fish
DANGER	Pisces have a high susceptibility to alcohol and drugs. They are also easily drawn into unpredictable situations and unbalanced people.

SUN

(March 21 - April 19)



The Planet Sun in Astrology represents the Soul, Father, Ruler, Power, Authority and how you go about and deal with people. Simply understand that a strong Sun gives you life energy, will power, immunity, the ability to fight against all the evils in your life including internal struggles against diseases. A strong Sun basically gives you the power to lead in all the adversities of life but it can also give you aggressiveness leading to self-centered tendencies. On the other hand, a weak Sun can cause lack of confidence, poor self-expression and challenging situations towards authorities. Sun signifies how will be the tolerance level of a person towards the father and to what extent you can benefit from your father. Sun with a good association with Jupiter (Guru) shows all the good that you will learn from your father as father is your greatest Guru. Sun with Rahu is like you will have all the bad habits of your father like smoking, drinking and others. Sun with Ketu shows what good habits and spiritualism you learn from your father and elders. Likewise, the relationship of the Sun to Venus shows what you give to your wife and what you will receive.

Role of the Sun in Astrology

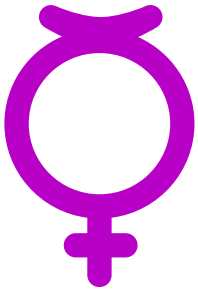
Sun is such a powerful planet that it can overshadow the natural energies of all the planets. But on the other hand, if it comes under the shadowy planet Rahu, it will also lose all its shine and go into Eclipse. So in a nutshell, no planet is powerful or powerless, just on its own. It needs a breather, aspect support and even protection from many other planets and the results depend on the intrinsic relationship of any planet with other planets. One does not need a strong Sun in every phase of life, like you need a rising Sun, Sunlight and Sunshine; you need the setting Sun and Moon too in life.

The role of Sun is by nature authoritarian, argumentative and domineering. It rules Krittika, Uttara Phalguni and Uttara Ashadha Nakshatras. Its friendly planets are Mars, Jupiter and Moon. Its enemy planets are Saturn and Venus. Sun is seen as a neutral planet for Mercury. Sun is exalted in Aries 10 degrees and debilitated in Libra 10 degrees. Therefore, the role/importance of Sun in astrology is immense when we consider different aspects of people's lives related to all the planets. Sun as a planet is so powerful that it can erode the natural good results of any planet and can bless or affect the results of many planets.

Another role/importance of the Sun in astrology is that it deals with the rulership. Father and higher authorities. It rules and affects the Heart, Brain, head, eyes, chest and lungs. The

MERCURY

(March 21 - April 19)



Mercury is often associated with the ability to make life understandable, as it represents the planet of the mind in astrology. Mercury's influence can be assessed through several characteristics: the ease of communicating with strangers or just with close people, the predisposition to travel impulsively or the preference for quiet moments at home, and even the ability to dedicate oneself to multiple projects simultaneously or focus on a single idea.

To understand this influence, it is recommended to check the position of Mercury in the horoscope. Historically, Mercury has been symbolized by its swiftness. In ancient mythology, he was known as the messenger of the gods, with attributes of joviality, attraction and speed, symbolized by his winged feet. He was the god of communication, commerce and other activities that required skill and dexterity. In addition to being eloquent, he was credited with inventing music, mathematics and astronomy. In Roman culture, he was also associated with deceivers due to his cunning.

In the astrological context, Mercury is responsible for thought, communication and intellectual activities. It influences the way information is processed and expressed, covering areas such as perception, memory and speech. It is related to short trips and means of transport and has control over the nervous system and hand functions.

When Mercury has a strong presence in someone's horoscope, it is common for that person to be communicative, with narrative skills and an aptitude for negotiation. These people also tend to have a good memory and agility in their movements.

Mercury also influences the voice, favoring those who have a strong presence of the planet in areas such as public speaking, singing and acting. In addition, it protects travelers and is beneficial for studies and research. Its rulerships range from fundamental aspects, such as communication skills, to specific details such as writing tools.

On the other hand, a strong influence of Mercury can lead to characteristics such as excessive criticism, sarcasm and a tendency to argue. Dishonest attitudes and crimes, such as fraud, can be associated with the negative aspect of this planet.

It is important to note that, due to Mercury's proximity to the Sun, this planet is often close to the sun sign in an astral chart, and may be located in the same sign or in adjacent signs.

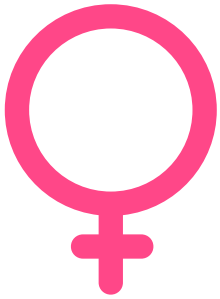
VENUS

Venus is recognized as the planet of love and pleasure, governing the ability to express affection and appreciate aesthetics. It contributes to personality by providing charm and magnetism, and influences the nature of an individual's sexual attraction. By identifying the location of Venus in the birth chart, it is possible to discern aspects such as: the partners that attract each other, the satisfaction in romantic relationships and the inherent creative talents.

Historically, Venus, in mythology, is the goddess of love and emotions. She is credited with teaching mortals the techniques of seduction. Her dominion over hearts is legendary, said to be capable of “deceiving even the wisest.” She was notable for her beauty, with flowers blooming wherever she went. However, she was also known for her fickle temperament and could sometimes be deceitful and vengeful.

Astrologically, Venus controls passions, the arts, aesthetics, social conventions, affection, harmony and camaraderie. The planet is associated with elevated emotions, and its main contribution is its ability to bring happiness. In short, Venus beautifies existence.

The presence of Venus in the natal chart provides insights into relationships with the opposite gender, popularity, the ability to make friends, and artistic inclinations. It dictates the aptitude for love and sharing, and influences preferences for gifts, cosmetics, flowers, and decorative items. As the planet of joy, it indicates forms of entertainment.



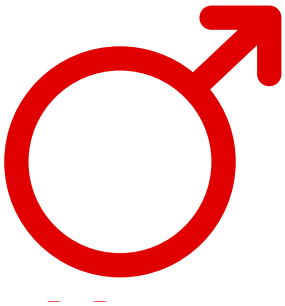
that attract and how the financial resource is used.

When Venus is highlighted in the horoscope, it usually indicates a person who is affable and charming, and pleasant to be around. This planet also gives a keen perception of design, aesthetics and a keen sense of dress and presentation.

However, the opposite aspect of Venus' influence can lead to hedonism, prioritizing pleasures, comfort and luxury over self-discipline. A strong tendency towards narcissism and a lack of determination are indicative of an unfavorable Venus in the birth chart.

Finally, it is important to highlight that Venus is close to the Sun in its trajectory. In the astral chart, it is usually located in the solar sign or in the immediately adjacent signs.

MARS



Mars is identified as the planet of physical vitality. It determines an individual's libido, strength, and combative stance. It is Mars that incites action. Are your romantic relationships intense and tumultuous? Does your patience suddenly run out, or do you hold back before expressing your anger? In situations of dispute, do you act indifferently or do you show indignation? Is your determinism consistent? Is a competitive spirit natural to you?

To understand your assertive nature, it is advisable to look at the position of Mars in your natal chart.

Historically, Mars, because of its reddish hue, has always been symbolized as a “fiery” planet. It is named after the Roman god of war. Characterized as bold and combative, Mars has always been ready for confrontation.

Astrologically, Mars governs dynamics, courage, the drive to win and the ability to materialize concepts. It represents passion, vigor and resistance. It symbolizes aspirations and desires, bravery and energy. Much of its influence is linked to freedom.

bido, since it governs the genitals. The location of Mars in your astral chart reflects what awakens your fervor and whether you are capable of following your own path. It indicates your physical resistance and propensity for the unexpected.

However, Mars is also associated with confrontations and disagreements, stress and anger, misfortunes and ruin. It controls elements such as heat, flames, earthquakes, aggression and armed conflicts. The adverse face of Mars can result in sudden injuries or illnesses.

With Mars highlighted in the natal chart, the personality is vibrant, with remarkable impetus and resistance. There is a tendency towards entrepreneurship, agility and an aversion to submission. As one channels Martian energy, one can be controversial, aggressive and reckless, facing disagreements in intimate relationships. However, this same energy can be directed towards leadership, innovation and pioneering, even with moments of irritability and impetuosity.

In its purest essence, Mars symbolizes liberated vigor and human impetus. The responsibility for employing this force beneficially lies with the individual.

JUPITER



J upwards is the planet of good luck, optimism,
success and generosity. Jupiter brings joy to life.
Are you a generous person? You seem to attract success
through your close associations? Are you able to
Turn your ideas into profit? Your luck works for you
when you need it most?
If you answer yes to these questions, Jupiter is fine.
aspected in your horoscope. The position of Jupiter in your chart
natal chart can indicate where your fortunate opportunities may
be found. This benevolent planet shows you where you have
more room to expand and the areas where you will get the
best of life.
Jupiter has always been identified with the idea of
expansiveness and abundance. In mythology, Jupiter was the
ruler of the heavens, supreme god of gods. He was a
all-powerful and benign guardian who symbolized honor,
good faith and wisdom.
In astrology, the planet Jupiter is known as the Great
Fortune (Venus is the Lesser Fortune). The
tions, and in which career you will have the most luck. Jupiter means
the good things that come to you easily and with little effort
– this is the planet of the “free lunch”. It is said that when Jupiter
is working for you, you will never

der. You will often find that Jupiter's power comes to your rescue at the last minute. However, it is also true that unless you make good use of Jupiter's gifts and do not waste them, they can be taken away as quickly as they were given.

You and the Planets • 2 5 9 When Jupiter is prominent in your horoscope, you tend to
to be popular and well-liked, friendly, open-minded and cheerful, successful in career and business. (An observation

interesting: you will probably find that a large
number of people you have a relationship with
immediately has Jupiter in the same sign as your sun sign.)
Jupiter can also be a very good thing, as its influence
can make you extravagant, lazy, and luxury-loving, wasteful with money, and blindly optimistic. If things fall into your lap too easily, you never develop strength of character or spiritual wisdom.

Jupiter is the planet of blessings—blessings we must learn to use wisely.

SATURN



aturn is the planet of responsibility and symbolizes ethics
of hard work. Under its influence, the character of a
person is strengthened through trials and hardships.
It has been said that Saturn disciplines us until we can
learn to discipline ourselves.
Are you able to stick with a task until you have completed it?
Do you sometimes feel surrounded by problems or see
obstacles at every step? Other people would call it
stubborn? Have you ever felt lonely and depressed?
If you answer yes, then you have felt the presence of
Saturn in your life.
The planet is named after the Roman Titan god who
was the father of Jupiter, Neptune and Pluto. Saturn was also
a symbol for Father Time, as he put an end to all
things that had a beginning. In astrology, Saturn is the planet of diligence,
self-control and limitation. His domain is patience,
stability, maturity and realism. Its influence is severe and
restrictive, cold and severe.

Saturn is called the Celestial Trainer because it
teaches the lessons we must learn in life. In the great
plan of the universe, Saturn does not give us more than we can
endure. Under the influence of Saturn, we achieve overcoming
obstacles and difficulties. Sometimes the effort itself is the reward, because effort is what builds character. In the end, what
we learn under the influence of Saturn, we save it for the rest of
our lives.
The position of Saturn in your chart indicates how well you
accept responsibility, whether you are self-disciplined and what
delays and opposition you can expect to encounter. When your
influence is prominent, you tend to be trustworthy, reliable
and patient. Saturn gives the power to persevere and provides the
tenacity and perseverance to realize your potential.
Saturn's effect is to delay rewards until they are
you win. It perfects human nature while conferring the ability to wait. It is the planet of courage, firmness and integrity.
Many people avoid accepting their burdens, but
Saturn is not to be feared. If you look at its
past, you will probably see that you have achieved strength and
lasting satisfaction in triumphing over obstacles.
As a negative influence, Saturn can make a
overly ambitious, calculating and selfish person, lonely,

URANUS



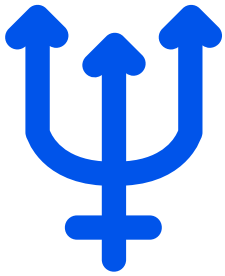
you ranus are the planet of change and originality,
symbolizing the element of surprise in your life.
Uranus brings sudden events and opportunities.
It awakens, shocks and revolutionizes. It is responsible for
flash of human genius that creates something new, whether in
art or science.
Do you often perform an action that has no rhyme or reason? Do you
Are you drawn to an unusual line of work or to strange, colorful people? Do you feel that you are a more inventive thinker than those around you? Are you interested in modern science and the world's latest discoveries? Are you known for your

surprising statements or for being a character
unusual?
A person who has a strong Uranus in their birth chart
birth will answer yes to these questions. It is important for
that you know the sign that Uranus occupies in your
horoscope to see where your originality and self-expression lie
special can be better utilized.

Uranus was not known to the ancients, as the planet was
discovered only in 1781. Uranus is the first of the three planets
modern and the first to be found through a telescope.
On March 13, 1781, in Bath, England, the court astronomer
British Sir William Herschel discovered what he thought was a
comet. After a year of careful observation, he found that
This celestial body was a new planet in our solar system.

Herschel named the planet Georgium Sidus (Star of
George) in honor of King George III of England, but the
name never stuck. For a while it was called Herschel, and
was finally changed to Uranus. (The letter H, for Her-schel, is still incorporated in the symbol for Uranus: -.) Uranus was the Roman god of the sky, the first ruler
of the universe. In astrology, Uranus is the planet of the future,
associated with modern science, invention, electricity,
humanitarian movements and revolution. It is the planet of
sudden convulsions and rapid events and
unexpected. Its domain is everything that is new, original,
different and heterodox.
Uranus relates to your inner will and power
secret. In certain respects, its power is similar to that of
Mars. The difference is that Uranus is a deeply
rooted in personality, a purpose

NEPTUNE



Neptune is the planet of mystery and illusion. Its power is that of imagination. Neptune represents your life of dream and its mystical qualities. It is the planet of enchantment.

Do you have an active fantasy life? Have you been told that there is a hypnotic quality in your personality? Do you have compassion for the suffering of others? Are you interested in occult and psychic phenomena? If you answer yes to these questions, Neptune exerts a strong influence on your life. Anyone who has had a artistic vision, or is attracted to spiritual matters, or experienced an unusual and unexplained event, felt the power of Neptune. Know the position of this planet in your horoscope will help you better understand your action in your matters.

Neptune was named after the Roman god of the sea, who ruled over oceans, rivers, streams, springs and all things hidden by the depths of the water. In astrology, Neptune is the planet of idealism and spirituality. His kingdom is the world subconscious, hidden memory, intuition and clairvoyance.

The positive side of Neptune's influence represents glamour and mystery, artistic imagination, dreams and visions.

Its negative side is characterized by deception, confusion, fraud, treachery and deception. Neptune rules a wide domain of human activity, from films, theater, dance and poetry to hypnosis and anesthesia, hospitals, institutions and prisons, poison and drug addiction.

you are, and if you possess a magnetic allure that people respond. Neptune's influence brings great depth of understanding, ESP ability and creative genius. Unlike the power of Uranus, which is sudden and forceful, the power of Neptune is subtle, ethereal, inspiring and otherworldly. Many astrologers claim that Neptune puts a person in contact with a higher plane of consciousness. When this planet is prominent in an individual horoscope, that person will likely be involved in mysticism, psychic phenomena or dream interpretation. When Neptune is afflicted, a person cannot separate fantasy from reality. He or she may seek release from life's problems in drugs and alcohol or even display criminal tendencies. Like the other two modern planets,

PLUTO





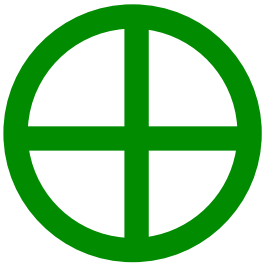
Pluto is a planet of impressive power, but it is a
power that we still find largely inexplicable and
difficult to understand.
Pluto was discovered in 1930, and astrologers continue to
study the influence of this planet in astrology. What is certain is
that wherever Pluto appears in your horoscope, that area
of life will show a marked change, perhaps a
transformation. If you've ever experienced one of those moments
blinding moments in which you suddenly see your life in a different light
entirely new and decides to change everything, you felt the energy of
Pluto. Pluto's action brings to light things hidden in
depths of your subconscious, releases your dormant forces
and causes your pent-up energies to erupt
suddenly.
Pluto is named after the Roman god of the underworld
and the lower regions of Hades, and of the spirits of the dead.
Originally called Planet X, Pluto was named after
a young British woman whose letter suggesting a new name for the
planet was the first to reach the Lowell Observatory, where
Pluto was first discovered. The planet is well named, because in astrology Pluto

means death and rebirth. It is the planet of forces
regenerative, from destruction and annihilation, and after
complete transformation. His word-
- key is elimination;
Pluto wipes the slate clean.

Pluto's immense power is felt in world events and the great tides of history. It influences masses of humanity, huge groups of people and large organizations. The mass media and giant conglomerates are in its domain. Pluto rules over disturbing elements in nature such as earthquakes and volcanoes. Its negative influence is shown in violence.

of mobs, demonstrations,
assassinations, large-scale terrorism and bombings.
Pluto's power has been compared to that of nuclear fission, which

EARTH



Earth

Earth is our home, the only known planet that supports life in its unparalleled diversity. It is where we learn, grow, and experience our most profound experiences. Unlike other celestial bodies in our solar system, Earth is not often studied in astrological terms, since we are on it and it is the reference point for other planetary positions.

It provides us with everything we need to survive: water, air, food and shelter. Its diverse ecosystems, from vast deserts to dense forests and large oceans, are home to millions of species of plants, animals and microorganisms.

Historically, the Earth has been revered in many cultures as a mother and provider. In many mythologies, the Earth is personified as a mother goddess, responsible for the creation and sustenance of life.

The Earth is not only our habitat, but also a living, dynamic organism. Its movements and cycles, such as tides, seasons and daily rotation, have a profound impact on our lives. It has its own rhythms and processes, from earthquakes to rain cycles, that directly influence our existence.

Our relationship with the Earth defines our connection to the natural world and how we treat its resources. The way we interact with it can result in harmony or imbalance, reflecting our respect or neglect for the environment.

Symbolically, the Earth can represent stability, resilience, and tangible reality. It reminds us of the importance of being grounded, caring for our home, and valuing the resources it offers us.

When we reflect on our role as inhabitants of the Earth, we are reminded of our responsibility to care for it. We are part of an interconnected ecosystem, and our actions have repercussions across the entire planet. Recognizing and respecting our connection to the Earth is essential to ensuring a sustainable future for future generations.

MOON



Moon

The Moon is Earth's natural satellite and has a profound influence on our planet and its inhabitants. As the closest celestial body to us, it is easily visible to the naked eye and has been the object of admiration, inspiration and study throughout the ages.

It governs the rhythms of the tides, influences biological cycles and is inseparable from notions of time, being responsible for the length of the months. Its phases — new, waxing, full and waning — have symbolic and practical meanings in various cultures, and are often associated with rituals and ceremonies.

Historically, the Moon has often been personified and revered as a feminine deity in various mythologies. It symbolizes motherhood, intuition, emotion, and the unconscious. In contrast to the Sun, which represents the masculine and conscious light, the Moon is the feminine and the mystery of the night.

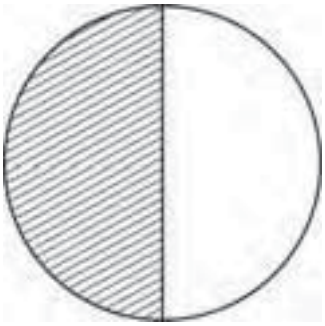
In astrology, the Moon governs emotions, instinct and memory. Its position in a person's birth chart indicates how they respond emotionally to situations, their intuition, and their connection to the past. The Moon can also indicate someone's relationship with maternal figures and the way they nurture themselves and care for others.

The Moon plays a crucial role in eclipses, spectacular astronomical events that have been interpreted in a variety of ways throughout history, from divine omens to important astronomical milestones.

Its influence goes beyond the mystical and the scientific. The Moon has been a muse to poets, artists and musicians, inspiring masterpieces that explore its beauty, mystery and the sense of wonder it evokes.

Reflecting on the Moon, we are reminded of the duality of existence, the balance between light and dark, and the interconnectedness between our inner world and the universe around us. It serves as a constant reminder of the passage of time, the cycles of life, and the eternal dance between Earth and her faithful satellite.

In which part of the horoscope are you strong?

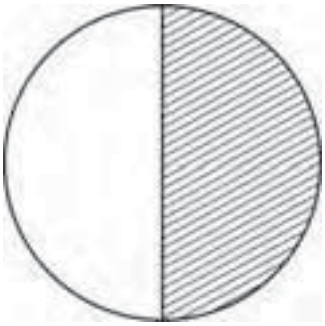


The left half of the circle, called the Eastern Hemisphere,* represents a person's impact on the world. The key word for people who have many planets on this side of their horoscope is that they shape circumstances.

These people are able to stamp their environment with the mark of their own personalities.

Individuals with a predominance of planets in the Eastern Hemisphere generally have a strong capacity for self-assertion and initiative. They are not merely passive subjects of life; they are active and determined actors, with a penchant for leading, initiating and creating change.

These people tend to be proactive, actively seeking to shape and influence the environment around them according to their desires and visions. In situations where others may feel powerless or at the mercy of circumstances, these individuals step up, take responsibility into their own hands and do what is necessary to direct the course of events.

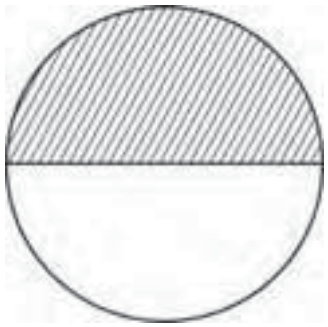


The right half of the circle, called the public approval hemisphere, gives them satisfaction.

Western, represents the impact of the world on a person. The key word for people who have many planets in this half of the horoscope is that they are shaped by circumstances.

These people are influenced by the environment and the people in their lives; every experience becomes a part of their personality.

They are often described as reactive rather than proactive. Where others might chart their own course, these people often find themselves responding to external situations and stimuli. This does not mean that they are passive or without willpower; in fact, they can be quite resilient and adaptable. However, the way they perceive the world and interact with it is often through a lens of response rather than initial action.



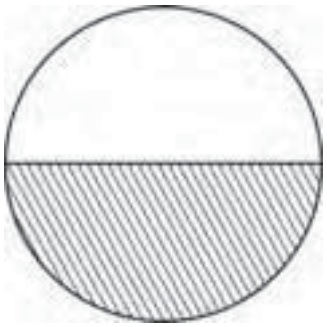
The upper half of the circle, called the southern hemisphere, emphasizes social and public life. The key word for this half of the horoscope is external purpose.

People with many planets in this upper half of the horoscope tend to be career or professional oriented.

They are often involved with the community or the world at large; public approval gives them satisfaction.

People with a concentration of planets in the southern hemisphere often excel in professions that require public interaction, leadership, or a strong sense of responsibility to society. This manifests itself not only in a desire for a career or professional ambition, but also in a genuine desire to contribute positively to the community or the world at large.

They are often found in leadership positions, in politics, or in professions related to the arts and media, where visibility and public recognition are common. These people are motivated by goals and objectives that go beyond the individual, often seeking lasting legacies or significant impacts on a large scale.



The lower half of the circle, called the northern hemisphere, emphasizes self and family.

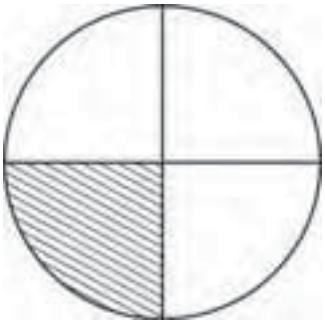
The key word for this half of the horoscope is inner purpose. People with most planets in this hemisphere are primarily interested in personal pursuits and pleasures, inner goals and satisfactions. This does not mean that they do not achieve in life;

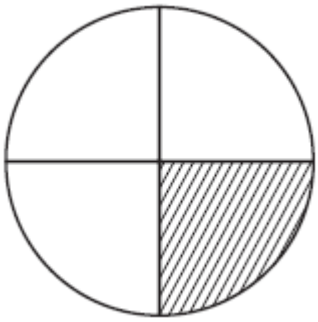
means that their main motivation for achievement is to satisfy themselves.

Those with a strong presence of planets in the northern hemisphere tend to value intimate connections, introspection, and self-discovery. They may be seen as more introspective or introverted, not necessarily in the sense of being shy, but in the way they reflect and seek to understand themselves and their emotions.

These people often have a deep connection to their roots, valuing family and home above all else. Home for them is not just a physical place, but an emotional and psychological sanctuary. Many seek comfort and security in their daily routines and the small rituals they create for themselves.

how the horoscope is divided. It is divided into quarters.(March 21st)





The first quarter of the horoscope consists of Houses One, Two and Three. People who have many planets in this quarter are highly individual and have strong personalities.

They are primarily self-assertive and self-motivated. Early in their lives, they usually develop the character that will leave a mark on the world later in their lives.

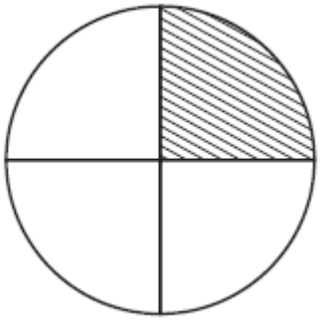
These individuals, with a predominance of planets in the first quarter of the horoscope, often display a surprising clarity about who they are from an early age. There is a certain determination and intrinsic direction that guides them, almost as if they were destined to follow a particular path.

In House One, the house of the self, these people are often aware of their own identity and the impact they can have on others. Self-expression and authenticity are essential to them, and they rarely conform to external expectations or norms just for the sake of fitting in.

The second quarter of the horoscope tells us about the individual's relationship with his or her closest surroundings and with the challenges and pleasures of everyday life.

The Fourth House, often associated with home and family, reflects a person’s roots and foundation. Those with predominant planets here have a deep connection to their heritage, their family, and the place they call home. They value security and comfort and tend to be extremely protective of their loved ones.

The Fifth House, related to creativity, pleasure, and romance, highlights these individuals' passion for life. They are often drawn to artistic expression, hobbies, and recreational activities. Love and romance play a significant role in their lives, and they tend to give themselves completely when they fall in love. The Sixth House, associated with daily work and health, indicates a dedicated and caring nature. These individuals often care deeply about their own well-being and that of others. It is not uncommon to find them in caring professions or in positions that require meticulousness and attention to detail.

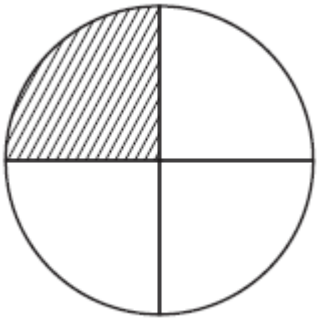


The third quarter of the horoscope speaks about the individual's desire to connect with others on a deeper level, both personal and collective, and about the search for a higher purpose and understanding of life.

The Seventh House, associated with partnerships and marriages, reveals these individuals’ penchant for fruitful collaborations. They have an innate ability to see other people’s points of view and often seek relationships that are both challenging and enriching. Harmony and balance in relationships are essential to them, and they are often seen as mediators or peacemakers in disputes.

The Eighth House, which refers to transformation and sharing of resources, suggests a deep understanding of life cycles and the inevitability of change. These people are often drawn to situations that require renewal or rebirth.

The Ninth House, linked to philosophy, travel and higher learning, indicates a constant search for mental and spiritual expansion. These individuals are often attracted to cultures different from their own and seek to understand the big questions of life.



The fourth and final quarter of the horoscope addresses the concept of self-realization and transcendence.

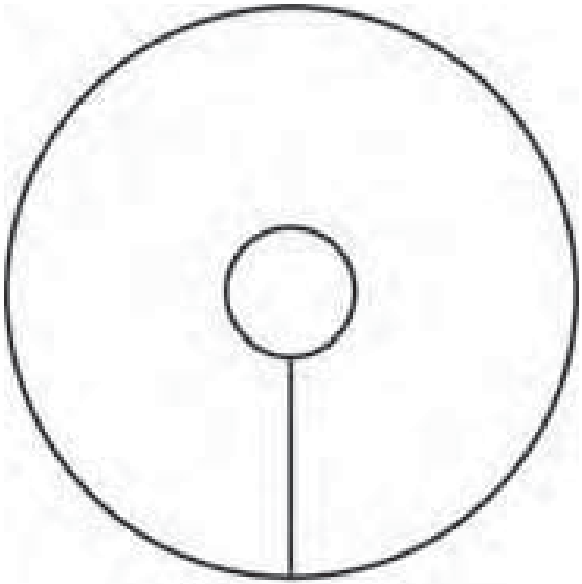
The Tenth House, associated with career and public recognition, highlights these individuals' inclination toward leadership and making their presence felt in the world. They have an inherent drive to reach the pinnacle of their respective fields and are often seen as authority figures.

House Eleven, related to friendships and aspirations, indicates that, despite their independence, these people value the support networks and groups they are part of. They have a vision for the future and often seek out greater causes to support or lead.

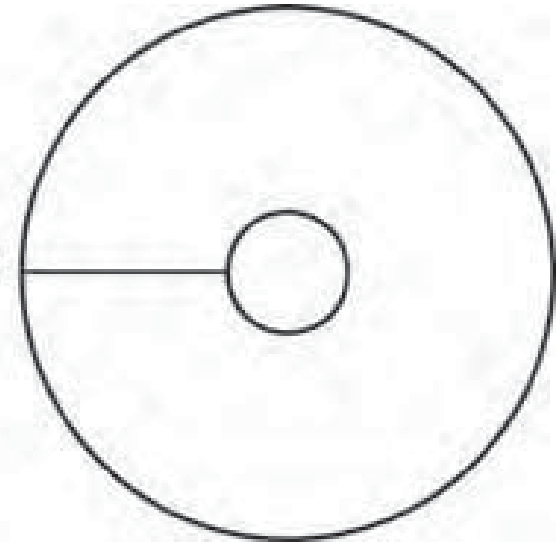
The Twelfth House, linked to spirituality, introspection and completions, shows a more introspective side of these individuals. Despite their strong external presence, they also have a depth that leads them to seek answers to life's most enigmatic questions.

The four power points in your graphic

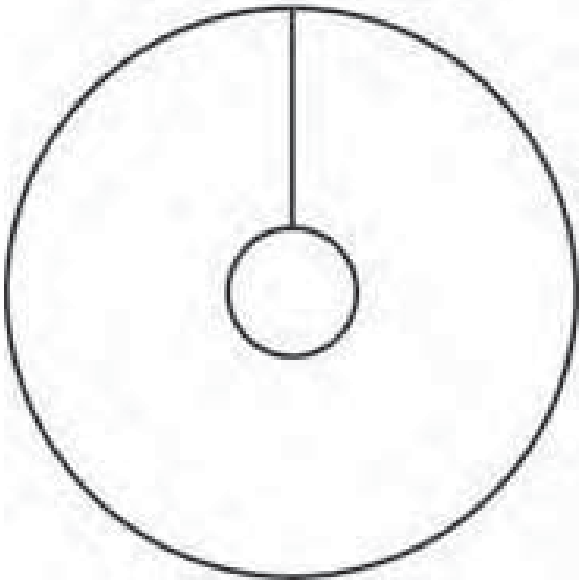
The first things an astrologer looks at in a chart are the
four angles of a horoscope. These four angles are the most important points in a chart; they indicate power, strength, and activity.
In astrology, they are sometimes called wide open doors, because the planets here can act freely and without hindrance.



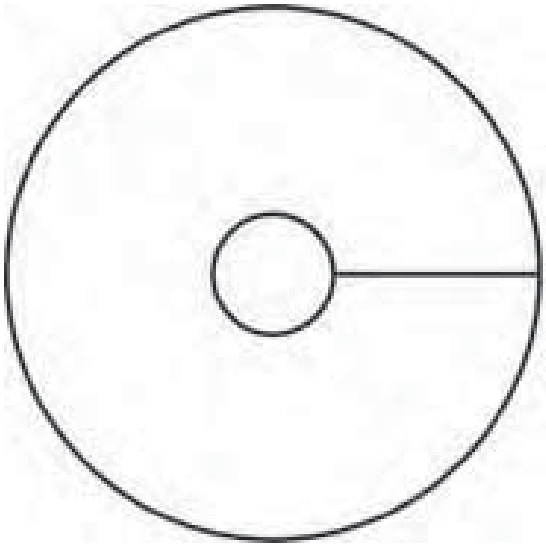
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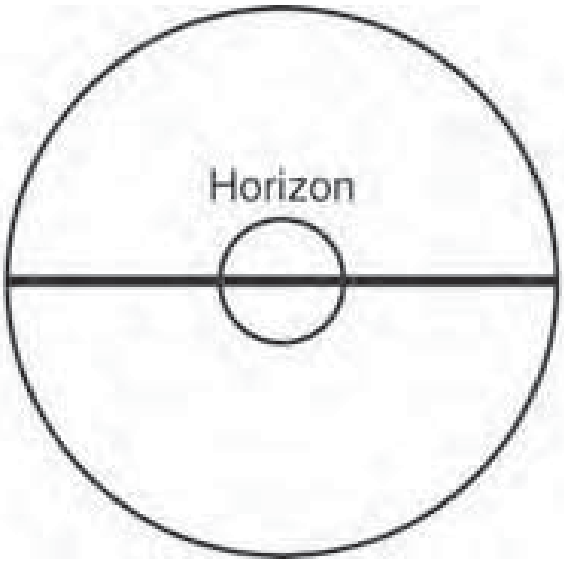
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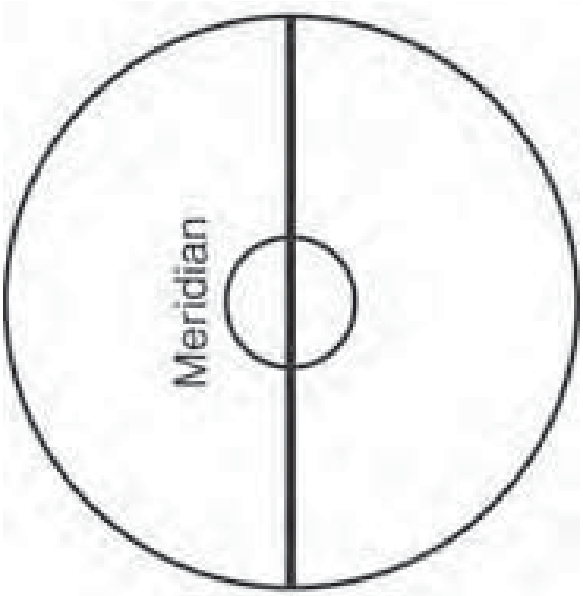


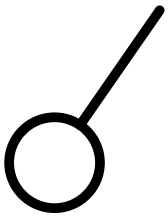
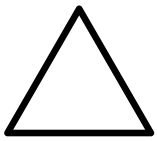
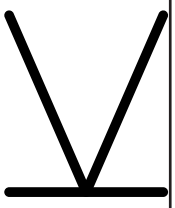
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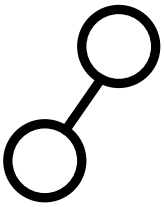
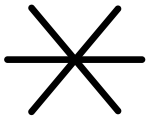
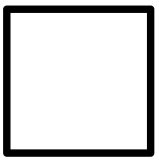
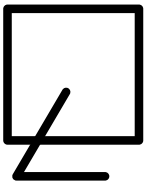
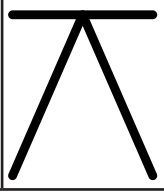


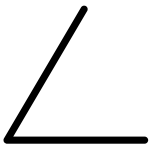
DESCENDANT


Horizon


Meridian

ASPECT	SYMBOL	DEGREES DISTANCE	MEANING
CONJUNCTION		0° Two planets in the same degree in the same sign (or within 10° of one of the other).	Powerful. A conjunction is the strongest aspect of astrology. This is generally a beneficial influence. ca, although not necessarily. If the planets have other difficult aspects on the map, a conjunction intensifies them. One conjunction means that the two planets involved have a powerful influence and are a focal point in the chart.
TRINE		120° Two planets 120° separated (or within) 9th degree in any sense of 120°).	The most harmonious. A trine is the most favorable aspect, bringing advantage and ease. The only problem is that too many trines in a chart can make it a weak and lazy person.
OPPOSITION		180° Two planets 180° separated (or within) 9th degree in any sense 180°).	Disharmonious. One opposition brings tension, disagreement or separation ration. Astrologers modern observe less necessary oppositions gative than they were considered at the time old positions. Oppositions in a chart are considered challenges to growth and fulfillment.

SEXTIL		60° Two separate planets rados by 60° (or within 6° in any direction of 60°).	Harmonious and favorable vel. A sextile brings opportunities. Unlike trines, sextiles require effort on the part of part of the native to work on its beneficial influence.
SQUARE		90° Two separate planets rotated by 90° (or within 9° in any 90° direction).	Challenging and stressful sante. A square places obstacles and teaches lessons. This aspect generally indicates a area where a person can develop strength and strength of character overcoming difficulties.
QUINCUNX		150° Two planets 150° separated (or within) 2nd in any sense of 150°).	Originally classified as slightly adverse, the modern trend is consider its unpredictable influence and also more powerful than previously thought. Some astrologers as- associate a quincunx to health problems; others say that brings “eccentrics wisdom."
SEMI SQUARE		45° Two separate planets rados by 45° (or within 2° in any 45° direction).	Slightly adverse. It brings tension that precipitates events, but is much less powerful than a square.
SEQUI-SQUARE		135° Two planets 135° separated (or within) 2nd part in any sense of 135°)	Slightly adverse. In- fluency similar to a semi-square.

SEMI SEXTIL		30° Two planets 30° separated (or within) 2nd part in any sense of 30°).	Slightly favorable. Brings opportunity, but it is much less powerful than a sextile.

MANUAL NUMEROLOGY

What is Numerology?

It's everywhere! And it's influenced your life

Numerology is an ancient esoteric science that studies the hidden meaning of numbers and their influence on people's lives. It dates back to ancient civilizations such as Egypt and Greece, where numbers were not just symbols for counting, but also carried deep spiritual meaning.

The central idea of numerology is that our universe is an ordered system and that numbers reflect this divine order. In other words, everything in the world can be interpreted through numbers and their vibrations. Each number has a specific meaning and associated energy.

How does it work?One of the most popular uses of numerology is in the study of a person's name and date of birth. It is believed that these numbers can reveal a lot about a person's personality, talents, challenges, and even destiny.

For example, using numerology techniques, we can convert letters in a name into numbers (using a system that associates each letter with a number) and then add these numbers together in various ways to obtain 'destiny numbers' or 'soul numbers'. These key numbers provide insights into personality traits, life purposes and more.

Why do people use numerology?Many people turn to numerology to gain a deeper understanding of themselves. It can be a tool for self-knowledge. In addition, others use it to make important decisions,

such as choosing a name for a baby, selecting a wedding date or even deciding on a company name. It is believed that choosing favorable numbers can bring harmony and success.

Although numerology as we know it today has its roots in ancient cultures, it has adapted and evolved over the centuries. The Greek philosopher Pythagoras, for example, is often referred to as the "father of numerology." He firmly believed that the world was built on the influence of numbers and that these numbers had vibrational characteristics that could influence our lives.
There are several systems of numerology, each with its own origin and approach:

Although numerology as we know it today has its roots in ancient cultures, it has adapted and evolved over the centuries. The Greek philosopher Pythagoras, for example, is often referred to as the "father of numerology." He firmly believed that the world was built on the influence of numbers and that these numbers had vibrational characteristics that could influence our lives.

Numerology is used in a variety of ways today. Some therapists even incorporate it into their practices to help clients understand their innate challenges and talents. In some places, numerology also plays a role in astrology, combining the influence of the planets with the vibration of numbers.

Numerology Systems

Kabbalistic and Pythagorean



All ancient peoples used numbers and formulas and had a numerical system linked to religion and worship. It was believed that matter has form and dimension and that as long as the world is the product of dimensions, number will exist and each thing will have its number in the same way as form and dimension.

A number is an abstract idea used in counting and measuring. A symbol that represents a number is called a numeral, but in common usage the word number is used both as an idea and as a symbol.

When we approach the study of the science of numbers, we see that it is linked to the knowledge of symbols. There is a close association between geometric figures and numbers and the mystical dimension. In this relationship, numbers and geometric figures are considered, such as: the point, the line, the triangle, the square, the cross and the circle.

Numerology is one of the oldest forms of metaphysical communication and interpretation. Today, numerology is considered to be the study of the hidden meaning of numbers to discover strengths and weaknesses, inner needs, emotional reactions, talents and relationships with other people.

However, several mystical schools do not accept the numerological analysis system due to the changes it has undergone over the centuries and the fact that it has no basis in esoteric meaning. They consider it to be speculation based on individual beliefs and the desire to know one's own worth.

Numerology is currently used to predict the future and understand human behavior.

The term numerology is derived from the Latin word “numerus” which means “number” and its Greek correspondence is “logos”, which means word, thought and expression which in turn, numerology means the science of numbers.

Some claim that it originated in Egypt, while others claim that it originated in Babylon. Some scholars point out that there is evidence to suggest that Numerology was practiced in China, Japan, India, and Egypt, long before it gained prominence in Greece.

Most numerologists recognize ancient Babylon as the beginning of recorded history of numerology.

Numerology is not a recently discovered science. It is believed that it was the Chaldeans (Babylonians), now Iraq, who lived in 2000 BC who discovered and began using letters and numbers, based on the Sumerians. During the fifth century BC, the disciples of Pythagoras believed in the relationship between mathematics and the mysteries of numbers.

During this same period the Egyptian sages also used it extensively and in the fifth century BC (572-492 BC), then Pythagoras appeared, who was instructed in the science of the magicians and priests in Chaldea, establishing that numbers govern cosmic harmony, celestial movements, the human being himself and his works in the various fields of application. Then, he attributed
- Pythagoras as the “Father of Modern Numerology”.

In ancient times, primitive tribes used numbers to communicate and process ideas. Today, numerology is a fusion of Kabbalah, religion, and occult divination. No one really knows the exact origins of numerology, but Kabbalists and the ancient Egyptians practiced it long before the Christian era.

Numerologists claim that each number expresses a cosmic vibration as well as a mathematical quantity. Both Pythagoras and Agrippa developed concepts that all things in the universe are associated with numbers. Both imagined that numbers embody a tangible and intangible (spiritual) quantity.

When the famous Greek philosopher and mathematician Pythagoras established the relationship between mathematics and music - which he considered to be man's link with the Cosmos - he discovered the numerical expression of various types of sound, establishing the relationship between number and energy (in this case, sound energy). This gave rise to the idea that numbers, so often used by skeptical rationalists who follow the exact sciences, also have a subjective side and a symbolic meaning that transform them into tools for self-knowledge.

The three major numerology formulas in use today are: the Kabbalistic, Chaldean and Pythagorean systems.

For thousands of years, its origin was linked to the Kabbalah, dating back to the wise men of Chaldea and the first pharaohs of Egypt. It has always been part of the Secret of the Ages.

The process of translating words into numbers is at the heart of numerology. The practice has its roots in Greek, Latin, and Hebrew Gematria, or the practice of turning words into numbers for the purpose of divination. It has
- if you use Gematria to study and interpret the Torah The Bible is full of Kabbalistic numerology, from the first page to the last. .

Pythagoras focused his understanding on the universe being expressed through numbers. According to Pythagoras, “The world is built on the power of numbers.” He created a system for this purpose, and later, after his death, other philosophers

The Greeks expanded this system. It is true that Pythagoras did not invent Numerology, however, his theories took this science to a whole different level. And that is why he is called the father of modern Numerology.

Many scholars consider that one of the worst lies perpetrated by New Age gurus is that Pythagoras is responsible for what we call “Numerology”.

Nothing could be further from the truth, and no matter how many books insist otherwise, there is simply no factual evidence to support such a claim. The prevalence of this belief really highlights the lack of research, both academic and actual, into the incestuous nature of texts published for the “metaphysics” market. At best, this attempt to link the study of numerology to an ancient source is a desperate grab for credibility. At worst, it is pure dogma.

In the 20th century, the science of numerology was awakened by a series of books published from 1911 to 1917 by L. Dow Balliett3. Among the many books published by Balliett, we have “The Vibration of Numbers, Questions and Answers”, “Numerology and How to Read a Name Correctly”, “The Philosophy of Numbers, Their Tones and Colors”, “How to Achieve Success through the Power of Vibrations”, and others. In 1931, the subject was disseminated and explained by a great mystic, Florence Campbell, with her book called “Your Days Are Numbered, A Manual of Numerology for Everyone”.

These two writers developed most of the formulas that are used today with quantification.

of names and reduction to the lowest value to decipher future events.

Modern numerologists follow the same principles established by Balliett and Campbell, but have added components such as psychological and behavioral tests and interpretation of numerical equations for personality. Since ancient times, people have used various methods to try to predict the future.

From the end of the Middle Ages, when the vision of the time became anthropocentric (the human being is the center or the reason for the existence of the universe) and no longer theocentric (God is the center of all things), people, called skeptics, began to doubt the veracity of these predictions, as there was not (and still is not) sufficient evidence to prove that the predictions made were actually true.

Hebrew and Kabbalistic Systems

First Numerological System

Regardless of the controversies over the origin of numerology, in Hebrew numerology each letter of the alphabet is assigned a specific number.

The name of Kabbalistic numerology is gematria or guimátria, which corresponds to the calculation of the “numerical value” or numerical equivalence of letters, words, or phrases, and, on this basis, knowledge is obtained in the interpretation of different concepts and exploring this interrelationship of words and ideas.

The fundamental concept of gematria is that words belonging to the same “spiritual class” and with “numerical weight” equivalent to the metaphysical meaning, and this numerical equivalence is not a coincidence.

For example, in Kabbalistic numerology the Hebrew word Nega, which means affliction, and the word Oneg, which means pleasure, have exactly the same number of letters in a different order, and consequently the same numerical value. This corresponds to the analogy that by correcting the “Ego” of affliction in the sense of giving, one has the experience of pleasure.

Another example is the word “Amen” (Alef, Mem and Nun) which corresponds to “approval” while the word “Mein” (Mem, Alef and Nun) corresponds to “rejection”. Kabbalistic numerology describes the experience of the Divine in which the Ego realizes unification with the Creator. The shape of the Hebrew letters describes such unifications through dots, lines and a white background. The dots

The lines and arrows represent the revealing states that are perceived from the creator while the white background symbolizes the divine light.

The Chaldean numerology system is similar to the Vedic system of India and the Kabbalah of Jewish mysticism. It is extracted from the vibrational patterns existing in the equivalent letters and numbers to become aware of the potential choices based on the name, the date of birth and to allow the choice of the life path to align with our decisions and to be aware of the internal vibrations that constantly flow from the center of our being to our environment.

In the Chaldean numerology system the numbers go only from 1 to 8, and not 1 to 9 like the Pythagorean and Kabbalistic system. Kabbalistic numerology uses 27 letters while Chaldean and Pythagorean numerology use 26 letters.

In these systems, letters and numbers are considered expressions of vibratory energies that, when pronounced, surround us and have effects on the environment. Pronouncing a name in full, a part of a name, a nickname or a word, has repercussions on the aura of individuals and the environment. Therefore, it is necessary to recognize the power of the vibratory base when pronouncing a name and the associations with geometric figures that hold multiple relationships with the numerological rhythms of the names pronounced.

What is Kabbalah / Kabbala

Tree of Life and Numerology

Kabbalah is a Hebrew word that means**" to receive"**. It is an important part of Judaism that seeks to understand God, the Universe and people and how they connect.

There is a diagram called**"Tree of Life"** in Kabbalah that shows the laws of the universe. It helps to understand various truths at different levels.

Within Kabbalah, there are three main concepts: Ayin, En Sof and En Sof Aur. In simple terms:



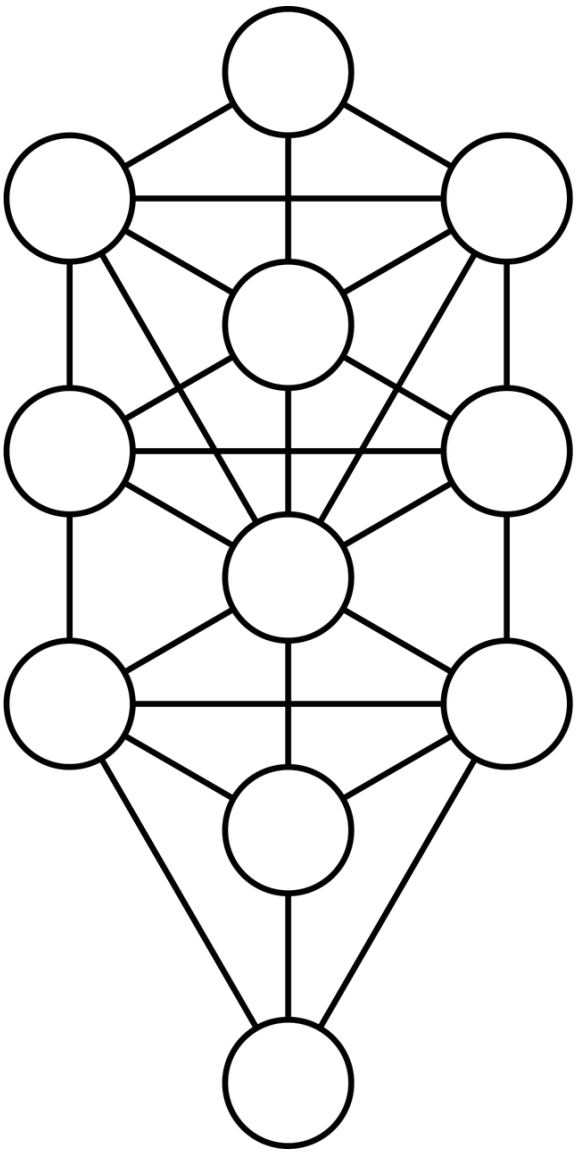
AyinIt is as if God were "nothing", a very profound and difficult idea to understand.

On Sofarepresents infinity and is as if it were the space where everything exists.

In Sof Aurit is the will of God manifesting itself, symbolized by light.

One way to think about the first manifestation of God is as a point without measure, from which everything comes. This point is often referred to in Kabbalah as the "First Crown". From this point, ten expressions emerge that give life to the world, as if they were divine sparks.

"Tree of Life"



The Tree of Life is composed of**ten spheres called Sefirot.**Each one represents a facet through which the Divine manifests itself in the universe. Together, they form a model of **everything that exists.**

The Sefirot are:

1# Kether:supreme crown, initial will, angel who brought this to earth

2# Chochma: Wisdom, the seed of all things
3# Bina: Intelligence, superior matrix
4# Chessed: Love, mercy, kindness

5# Gebura: Severity, power of punishment
6# Tiphereth: Generosity, splendor, beauty
7# Nezach: Resistance, victory **8# Hod;**Magnificence, majesty **9# Jesod:** Base or seat for all creative powers

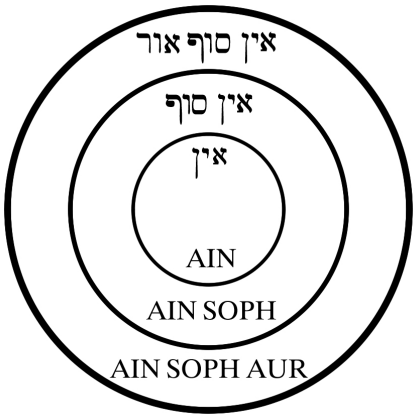
10# Malkuth: Kingdom or location of God

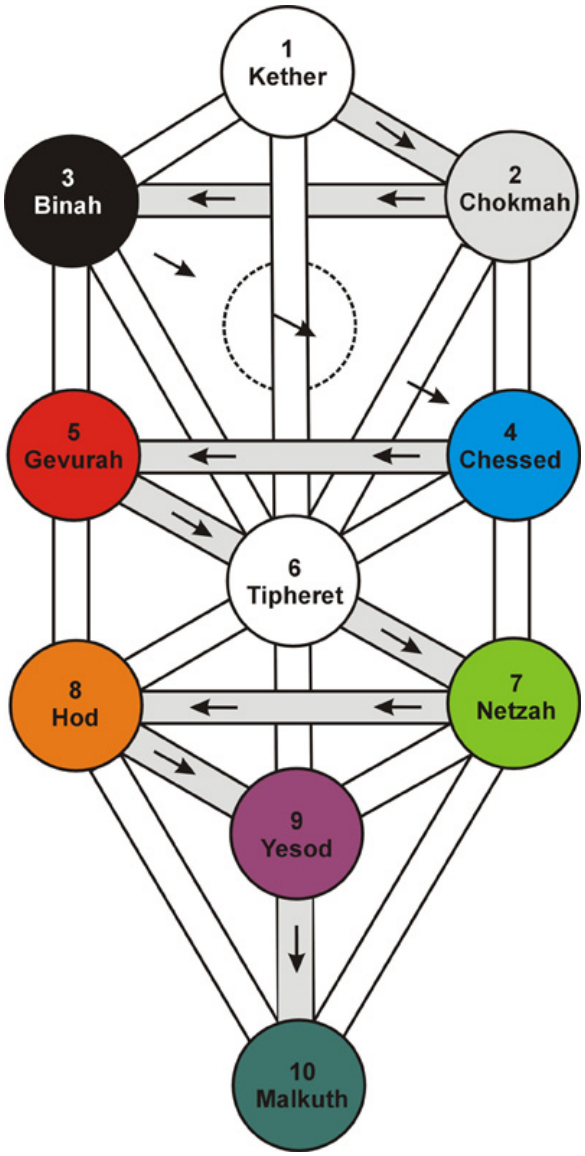
There is still one**"non-Sefirah",**Daat (Knowledge), situated between Binah and Hesed, which has a unique role on the Tree.

Some Sefirot have more than one name. For example, Gevurah may be referred to as Power, Judgment, or Fear. The word "Sefirot" can be translated as "sapphires" or "shining lights," reflecting the rich symbolism of Kabbalah.

Visually, the Tree of Life has three columns. The central column is called Balance and represents harmony and divine grace. The lateral columns represent polarities: Mercy (right side, active) and Justice (left side, passive).

At the top is Keter, of***where everything originates***. Following the order of the Tree, the divine energy flows from Keter, passing through the other Sefirot to Malkhut, like a lightning that shines continuously.





On the Tree of Life, the central column is overseen by Keter at the top. Tiferet, which represents Beauty, is the central point and connects with all the other Sefirot except Malkhut. Yesod, which symbolizes the Foundation, is the basis of consciousness at the bottom of the Tree. Malkhut, the Kingdom, is the lowest part and represents the material world.

There is an “invisible” Sefirah called Daat (Knowledge) in the central column. It is a special point where the Divine can act or where humans can connect to the upper world.

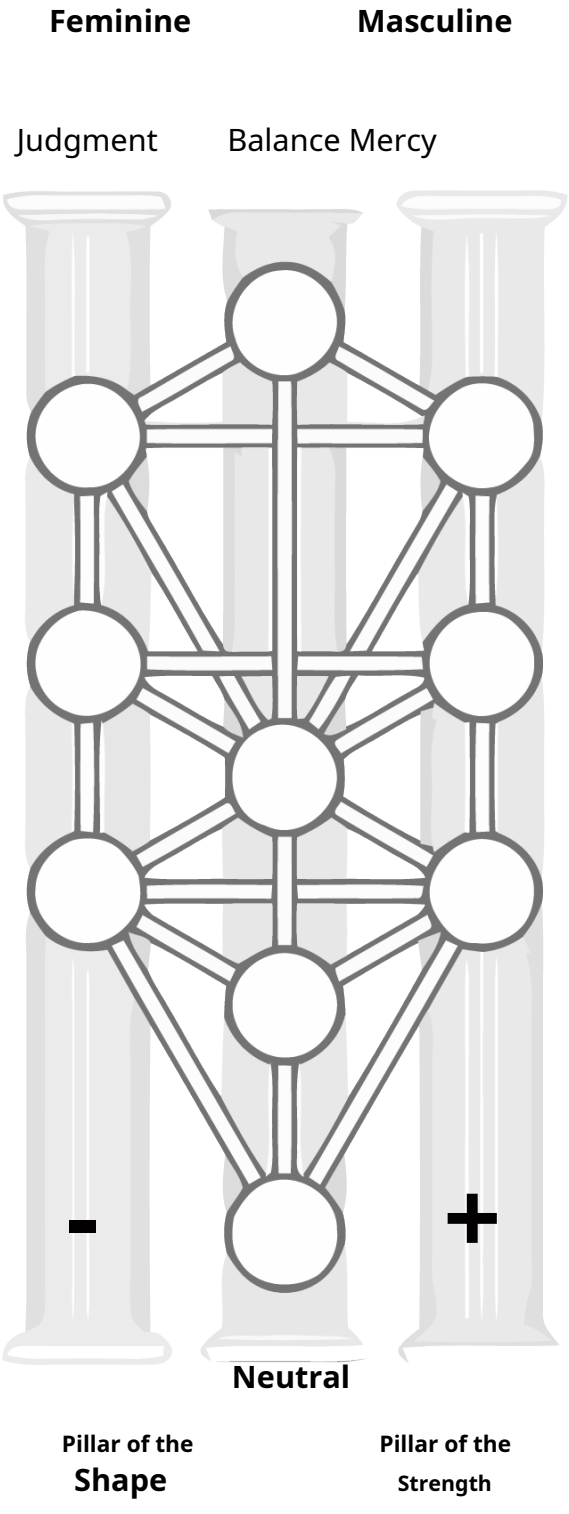
To understand the structure of the Tree of Life, we can observe two aspects:

Triads of Sefirot: These are groups of three Sefirot that form different levels on the Tree.
Three Pillars:
Form: Represented by Sefirot 3, 5 and 8. It is the passive pillar, focused on structure and response.
Strength: With Sefirot 2, 4 and 7. It is the active pillar, related to dynamics and compassion.
Balance: Includes Sefirot 1, 6, 9 and 10. It is the central pillar that deals with will and consciousness.
Each pillar has its characteristics:

The Form pillar is about response and structure. For example, Comprehension is about formulating ideas, while Reverberation is about responding to stimuli.

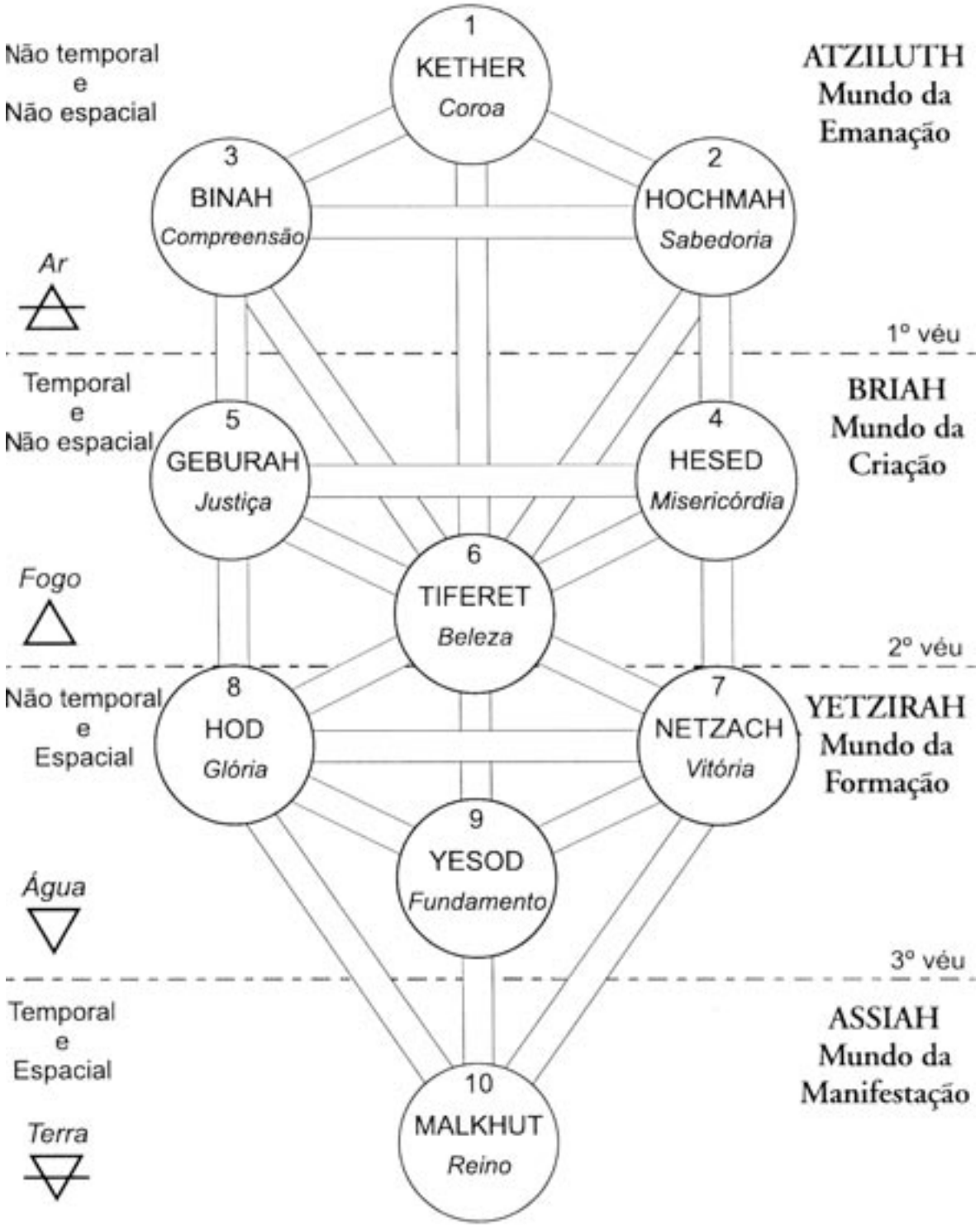
The pillar of Strength is dynamic. Wisdom represents revelation, and Mercy is powerful. Eternity speaks of repetition and the constant momentum that moves the world.

The Pillar of Balance deals with the divine will and grace flowing from the top (Keter) to the bottom (Malkhut). Yesod and Malkhut represent the divine plan and its realization in the world.



The study of the levels of reality can be approached through the Tree of Life, analyzing the concept of Worlds. Patrick Paul, in his works, describes these worlds using a triad to represent each one.

The manifestation of Will in Keter alternates between the active pillar and the passive pillar as it descends through the Sefirot and Worlds. The central attributes of each world are:



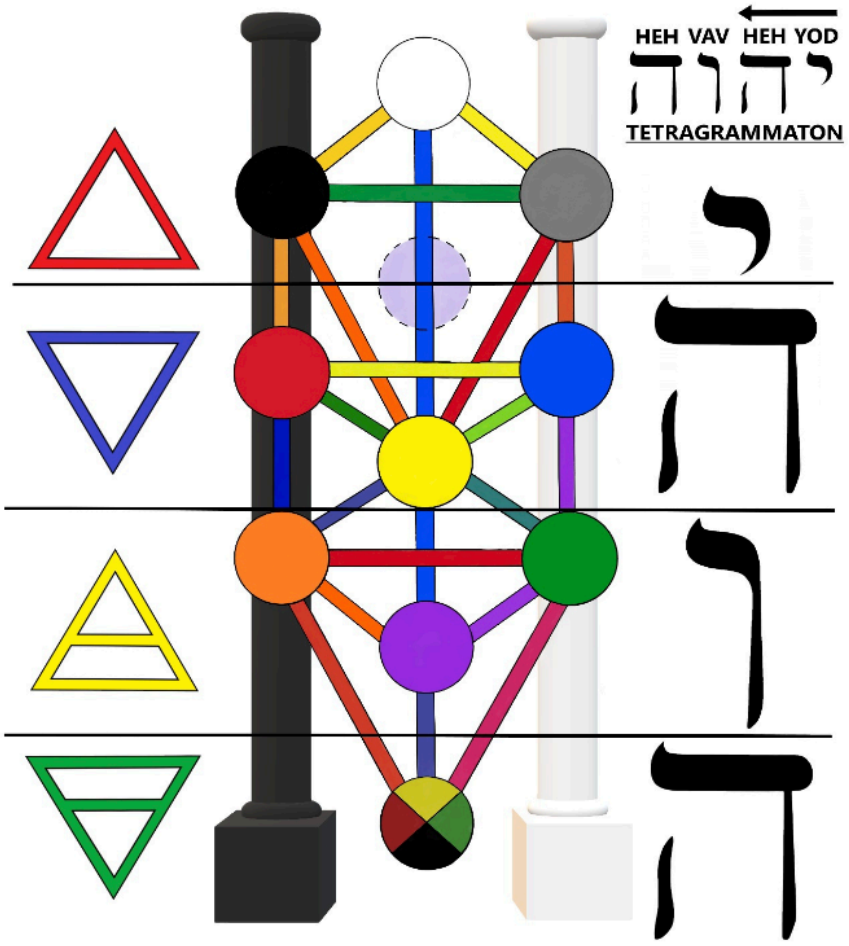
Azilut (1, 2, 3) -World of Emanation: Divine Spark. Adam Kadmon. Brilliance. Divine Being. Fire. Intuition.

Beriah (4, 5, 6) -World of Creation: Heaven. Spirits. Archangels. Gaseous State. Spiritual Entity. Air. Thought.

Yetzirah (7, 8, 9) -World of Formation: Between Paradise and Purgatory. Soul. Angels. Psychological Aspect. Liquid. Psyche. Water. Emotion.

Assiah (10) -World of Action: Nature. Body. Fauna and Flora. Minerals. Solid. Terrestrial Body. Earth. Perception.

Within Jewish Kabbalah, Adam Kadmon is seen as the Prototypical Man. He is the synthesis of the Tree of Life, emanating from Ain Soph, linking the close to the finite; its top touches the Infinite and its base, relative existence. It represents the ten primary aspects of the Divine and the four fundamental laws that regulate the cosmos. The first law states that everything is connected; the second discusses the dynamics of the Divine Trinity, composed of reactive and proactive forces guided by Divine Will and Perception; the third is about the progression from the top to the bottom of the cosmic man; and the fourth describes the four worlds, with each world housing a secondary Tree. Halevi often refers to this concept as "Jacob's Ladder" in his writings. The Tree of Life, according to Jewish tradition, is a tool for understanding the eternal precepts found in both the All and in Adam Kadmon. Both Adam Kadmon and the Tree of Life are shaped according to the same pattern, reflecting the divine image in the universe



The Tree of Life scheme, in terms of comparison, seems vi-
usually simpler
than a horoscope. However, when you delve deeper into it, you discover a
wide range of combinations and configurations
that connect to various sources of Wisdom.

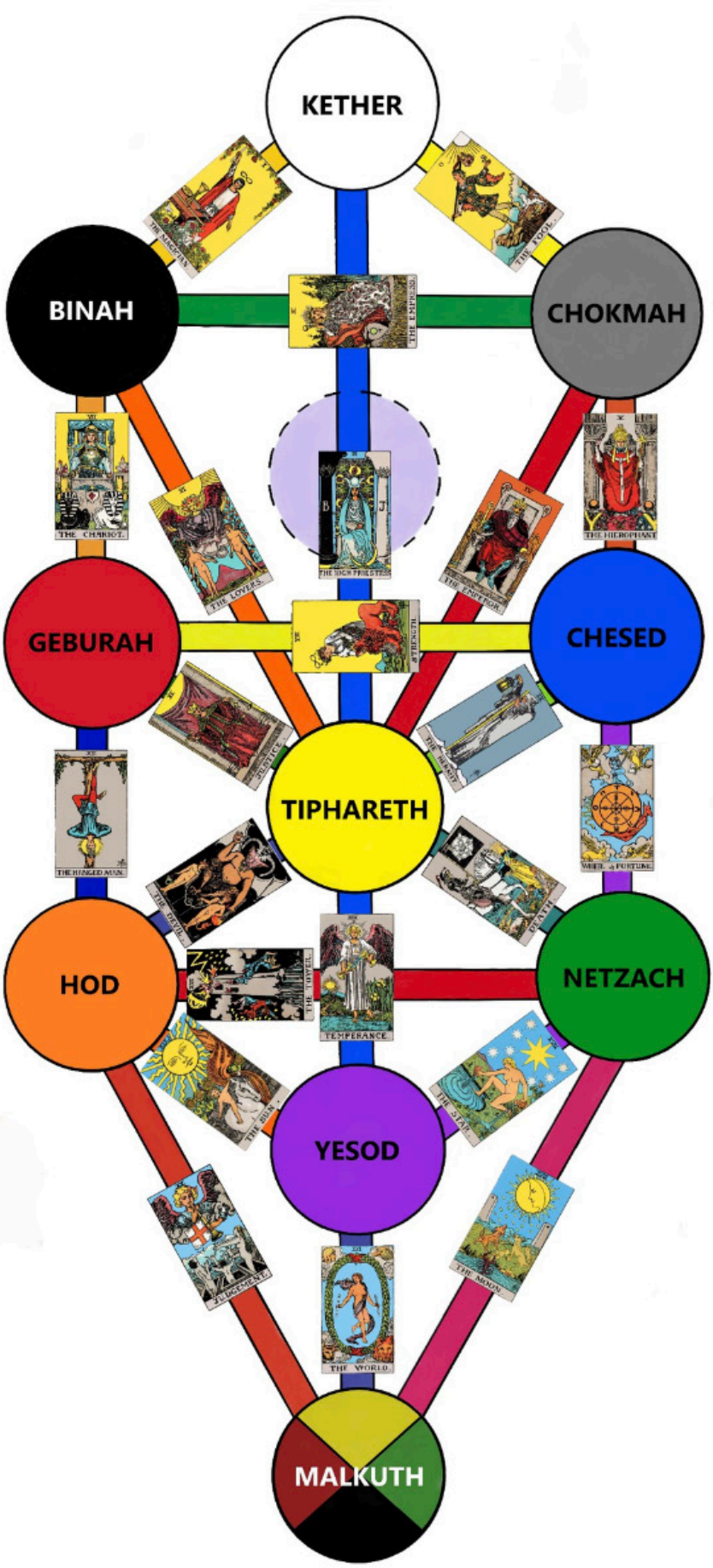
One of them, which is little talked about, is the arrangement of the Tarot cards according to their structure. Every hero's journey can be elaborated from the tree of life.

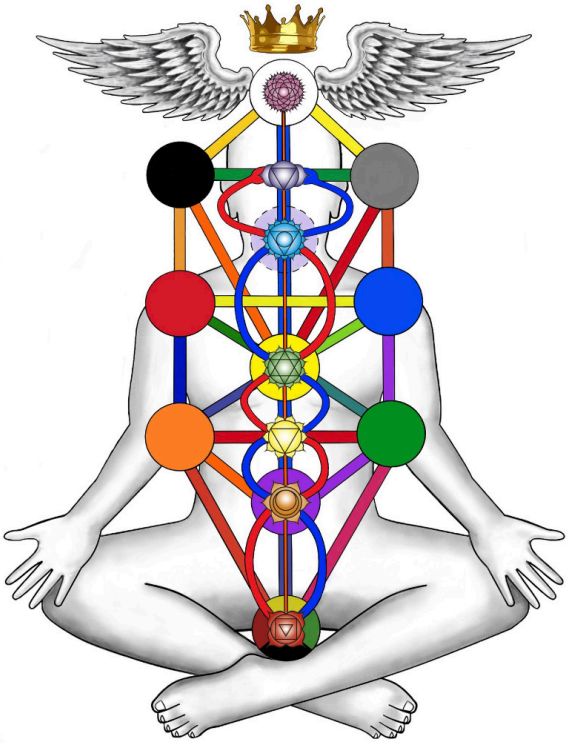
Look at the image on the side, all arcane
have their place and are also part of and integrate the concepts
gifts in kabbalah.

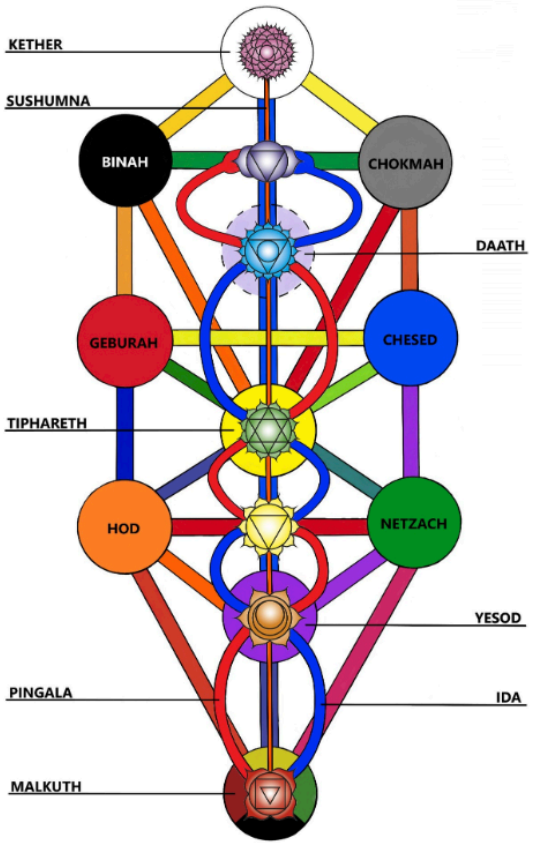
This development
makes it easier the understanding
of the hero's journey.

Exercise: Observe the image on the side and reflect on why
positioning
of the letters according to
they they are willing.

Note that there is a logical reason behind this work. Correlate
with the graphics already prepared corresponding to
dence of this material.







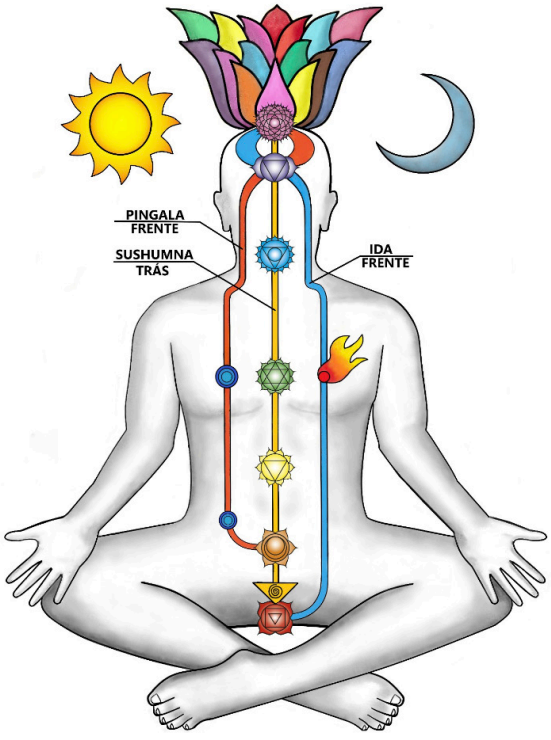
In addition to all this, the tree of life also integrates with all vital energies, chakras, kundalini and all energy points.

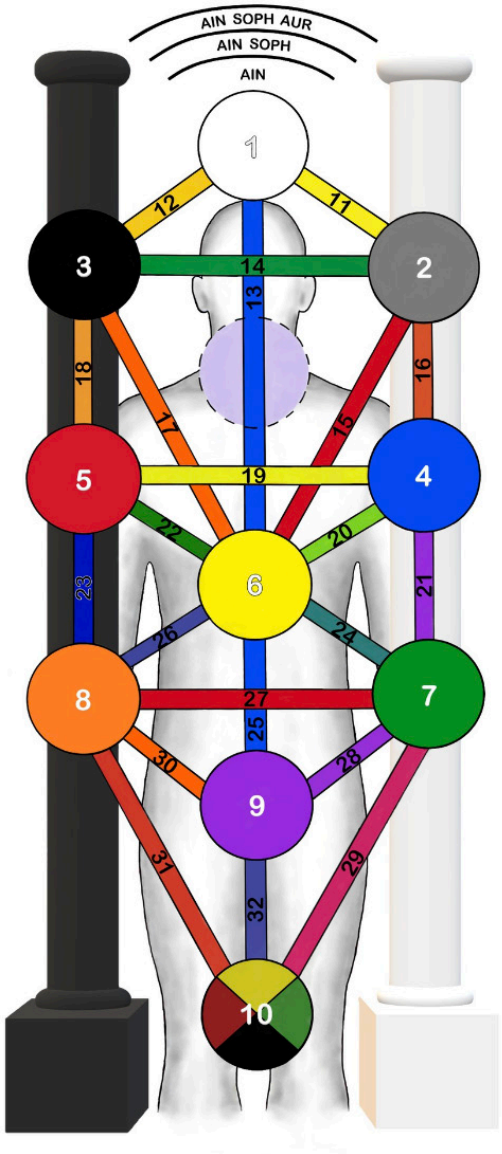
When observing the graph on the side we can see that the tree of life is aligned with everything that involves life, energies and the universe.

Nowadays there are different perceptions on the subject, in theory we can understand the tree of life as the Bible. In other words: many concepts and perceptions can vary depending on the reader's understanding.

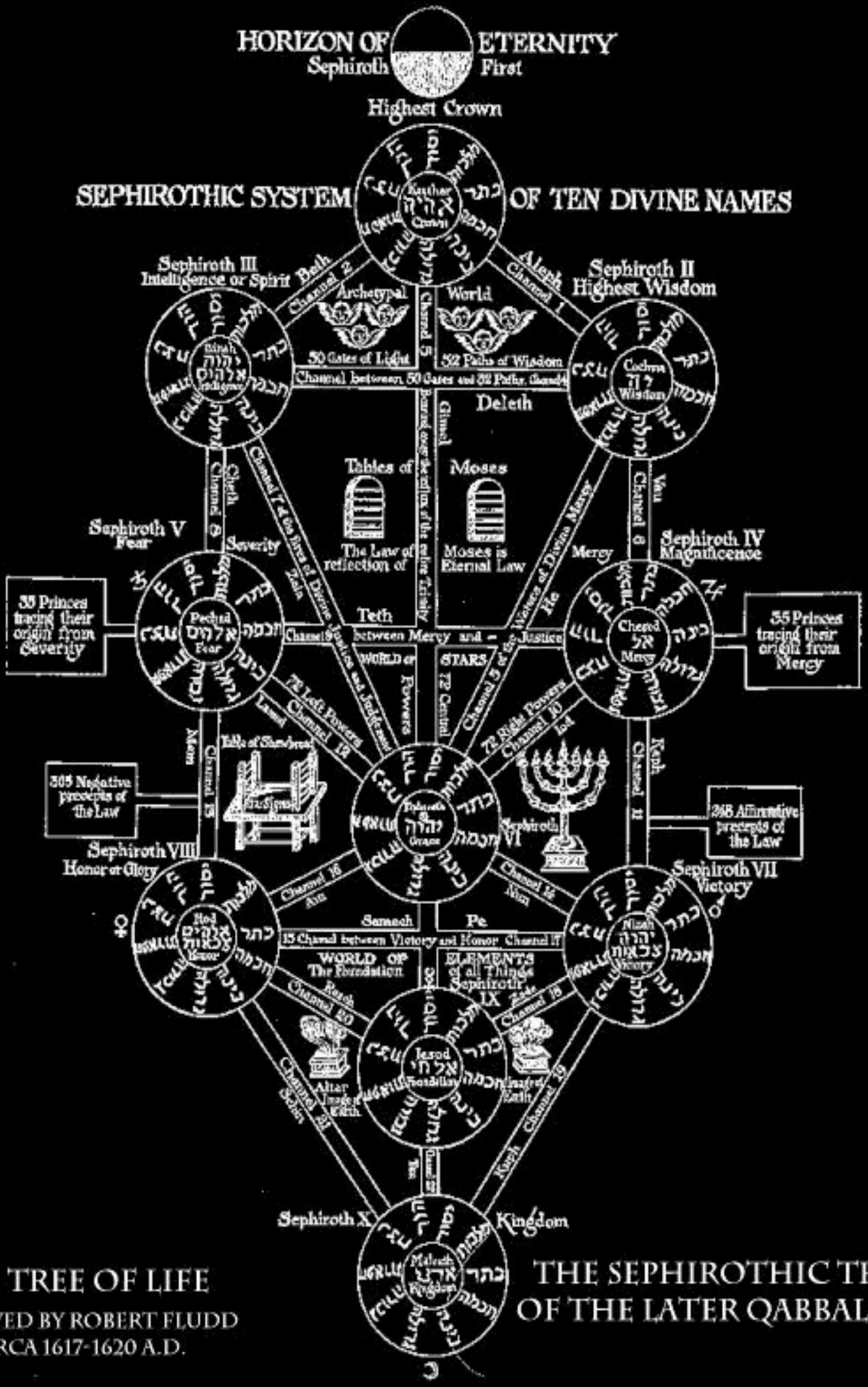
The tree of life is an invitation to reflection, the expansion of consciousness, energies and spirituality.

It is not enough to just “understand”, it is necessary to live it, feel it and reflect on its structure and all its peculiarities.





FORMA DA LETRA	ט	ח	ז	ו	ה	ד	ג	ב בּ	א
TRANSLITERAÇÃO E VALOR FONÉTICO	TET T	CHET CH	ZAYIN Z	VAV V	HEI H	DALET D	GUIME G	BET-VET B-V	ALEF A
NÚMERO	9	8	7	6	5	4	3	2	1
FORMA DA LETRA	צ	פ פּ	ע	ס	נ	מ	ל	כ כּ	י
TRANSLITERAÇÃO E VALOR FONÉTICO	TZADI TZ - TS	PEI/FEI P - F	AYIN A	SAMECH S	NUN N	MEM M	LAMED L	KAF-CHAF K -CH	YOD I
FORMA DA LETRA	ץ	ף	ן	ם	ך	ת	שׁ שׂ	ר	ק
TRANSLITERAÇÃO E VALOR FONÉTICO	TZADI FINAL TZ	FEI FINAL F	NUN FINAL N	MEM FINAL M	CHAF FINAL CH	TAV T	SHIN-SIN SH - S	REISH R	QOF Q



THE TREE OF LIFE

ENGRAVED BY ROBERT FLUDD
CERCA 1617-1620 A.D.

THE SEPHIROTHIC TREE
OF THE LATER QABBALISTS

In the Jewish Kabbalistic system, 22 letters are attributed, with 5 more letters called finals, totaling 27 letters in total. Hebrew is written and read from right to left.

Kabbalistic Numerology is a system that originated in Hebrew mysticism. The Kabbalah numbering system analyzes only the name. This system has been assigned 22 vibrations ranging from 1 to 400. Since this (kabbalistic) system analyzes only the name and not the date of birth, it is not used among numerologists.

The Chaldean system of numerology has its roots in ancient Babylon and is probably the oldest known system of numerology. In this system, the numbers assigned to letters are not determined by alphabetical order (like the Pythagorean method), but rather by the vibration of each specific letter.

The Chaldean system of Numerology uses a formula based on the number calculation 1-8 with no letter of the alphabet assigned to the number 9.

The main reason is that the Chaldeans considered the number 9 to be a holy or sacred number, so it is kept apart from the other vibrations, except when it is added to the final result. No letter of the alphabet was attributed to the number 9. So much so that the name of the Divine becomes nine. So it should be treated as a separate number from the other numbers that they associate with the letters of the alphabet.

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1	2	3	4	5	6	7	8
A	B	C	D	E	U	O	F
I	K	G	M	H	V	Z	P
J	R	L	T	N	W		
Q		S		X			
Y							

PYTHAGOREAN

The second version

Many numerology enthusiasts and scholars wonder: did Pythagoras actually develop the systems of analysis and predictions that we see today, based on Hebrew, Chaldean or Sumerian letters? An important clue is that Pythagoras' primary language was Greek. And, to date, no one has found a manuscript, either by him or his disciples, that shows a numerological chart with the respective interpretations created by him.

Based on this, a conversion table similar to the Hebrew one was created. The difference is that this new table distributes 26 Latin, or Romanized, letters into 9 columns. This distribution is used to analyze the hidden meanings of numbers.

Looking back at history, it is recognized that ancient Babylon was a milestone in numerology. It was there that the Chaldean and Hebrew systems gained prominence. However, after the era of Pythagoras, Chaldean numerology entered a period of oblivion.

Despite this, it is interesting to note that in the world of modern numerology, the Pythagorean system is much more popular and used than the Chaldean system. The history and origins of numerology are rich and multifaceted, with many points still waiting to be discovered and understood.

In this context, it is common to question to what extent Pythagoras influenced the development of numerology as we know it today. Perhaps the philosopher and mathematician's greatest difference was not the creation of a specific system for interpreting letters, but rather his approach and way of seeing the world through numbers. It is known that Pythagoras had a deep belief in numbers as a fundamental principle of the universe.

It would be no exaggeration to say that Pythagoras' legacy goes beyond tables and systems. His worldview influenced generations of numerologists, philosophers, and scientists, establishing the idea that the universe is governed by numerical patterns. The harmony of numbers, as he liked to say, can be seen in everything from music to planetary movements.

However, the question of the origin and evolution of numerology systems remains fertile ground for research and debate. If the Chaldeans had their moment of glory and then fell into oblivion, the same may happen with other systems. However, what remains is the essence of numerology, which seeks to understand the universe and human nature through numbers.

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

The difference is in the table, but in the way of calculating and interpreting it is identical. In Kabbalah numerology, 9 is not considered in the letters, only the vibrations from 1 to 8 according to the table.

Accents are considered as vibrations.

Kabbalah understands that accents and symbols alter the sounds of words. The Pythagoreans use the table with complete vibrations from 1 to 9 and do not agree with vibrations in accents and symbols, they are irrelevant in the preparation and analytical studies of the Natal Chart.

They understand that the derivation of the sound of W and Y (Y considered as vowel i, new Brazilian spelling) changes the sound of the word according to rules established and studied in KABBALAH. The Hebrew letters are also numbers, that is, each one of them has its numerical value.

In the Jewish tradition, numbers have always been represented by letters of the alphabet. In the Kabbalistic table, there was an adaptation to the Roman alphabet. Hebrew letters are very powerful, acting as true antennas that capture energies of healing, prosperity and love.

Karmic numerology uses the Pythagorean table tied to the 22 vibrations of the major arcana of taromancy and the inverted Kabbalistic pyramids with the PYTHAGOREAN table, but with different interpretations of Kabbalistic negativity.
Karmic numerology reveals constructive information on the paths of destiny for the fulfillment of the divinely destined mission.

In the search for understanding and self-disclosure covered, numerological systems, whether Kabbalistic or Pythagorean, offer different tools. Although the numerical basis may be similar, the nuances of interpretation give each of them a uniqueness.

For example, while in Kabbalah the focus is on the vibration and energy of letters and their respective accents, the Pythagoreans concentrate on the pure essence of numbers, considering phonetic aspects as secondary. For the latter, what matters is the intrinsic energy of each number, not necessarily the way it manifests itself in sound.



MEANINGNUMBERS

Brief Overview of the Hidden Power of Numbers

Number 1 - The Leader
This number represents beginnings, creation and the new. It is associated with leadership, independence and originality. People under the influence of this number tend to be assertive, ambitious and capable of leading and inspiring others.

Number 2 - The Diplomat
It is the number of duality, partnership and cooperation. It represents balance, harmony and diplomacy. Those people who vibrate with the number 2 are mediators, sensitive and have great ability to work in groups.

Number 3 - The Communicator
This number symbolizes communication, expression and sociability. It is linked to creativity, enthusiasm and optimism. People under this influence are extroverted, talented and often artistic.

Number 4 - The Builder
The number 4 represents structure, order and foundation. It is related to determination, responsibility and construction. It is the number of stability and hard work. People with this vibration are reliable and pragmatic.

Number 5 - The Adventurer Associated with freedom, adaptability and change. This number symbolizes adventure, movement and inconstancy. People influenced by the number 5 are curious, versatile and always seeking new experiences.

Number 6 - The Nurturer
It is the number of care, responsibility and harmony. It is linked to love, family and home. People with the vibration Number 6s tend to be protective, trustworthy, and community-centered.

Number 7 - The Thinker
This number symbolizes introspection, analysis, and deep understanding. It is related to spiritual seeking, wisdom, and intuition. Those under the influence of 7 are philosophical, mysterious, and often introspective.

Number 8 - The Executive Represents power, authority and material success. It is linked to ambition, organization and achievement. People with this vibration tend to be influential, charismatic and goal-oriented.

Number 9 - The Humanitarian
This is the number of the end of one cycle and the beginning of another. It represents compassion, generosity and a global perspective. Those who vibrate with the number 9 are altruistic, visionary and often involved in greater causes.

Master Numbers

Number 11 - It is associated with heightened intuition, spirituality and enlightenment.
Number 22 - It represents the “Master Builder”, the one who dreams big and makes it happen.
Number 33 - This number carries the energy of the teacher, the healer and the visionary.

These are just general overviews of what each number can represent. Numerology is a deep science and each number can have different nuances and meanings depending on where and how it appears in a person’s numerology analysis.

NUMBER	FEATURE
1 **LEADER** (AJS) Original, Independent, Courageous, Strength, Power, Masculine, Virile, Vitality.	**Constructive:**Individualistic, self-esteem, persuasive, honest, courageous, self-motivated, independent, focused, ambitious, initiator, leader, creativity, independence, originality, inventive; **Negatives:**Stubbornness, centralizing, dogmatic, intransigent, irritable, arrogant, insensitive, domineering, impulsive, slow, indecisive, resistant to change, selfish, authoritarian, impatient.
2 **PARTNER** (BKT) Cooperation, Synergy, Diplomacy, Sociable, Subtlety, Feminine, Gentle, Persuasive	**Constructive::**Adaptable, charitable, protective, peacemaker, friendly, sensitive, encouraging, artistic, kind, romantic, receptive, thoughtful, mediator, empathy, cooperation, consideration, sensitivity, helper, natural referee; **Negatives:**Impatient, illogical, critical, shy, fearful, naive, petty, submissive.
3 **OPTIMISTIC** (CLU) Embodied exuberance, Creativity, Imagination, Enthusiasm, Stardom.	**Constructive::**Extroverted, dynamic, sociable, popular, ambitious, brave, enthusiastic, optimistic, uplifting, exaggerated, artistic expression, sociability, friendship, imaginative, versatile, capable; **Negatives:**presumptuous, extravagant, pompous, negligent, dictatorial, jealous, spendthrift, destructive, aggressive temperament, vain, superficiality.

NUMBER	FEATURE
4 **PRACTICAL** (DMV) Pragmatism, Security, Stability-of, Patience, Organization.	**Constructive:**Practical, logical, stable, diligent, constructive, observant, methodical, disciplined, organized, controlled, applied, loyal, rigid;
	Negatives: Lazy, indiscriminate, hypocritical, reactionary, unimaginative, disruptive, envious, inflexible, obstinate, wasteful, repressive.
5 **PROGRESS** (ENW) Change, Freedom, Mobility, Curiosity, Pleasure, Sensation, Autonomy name.	**Constructive::**Entrepreneurial, utopian, idealistic, visionary, enlightened, protagonist, proactive, energized, innovative, empowering, flexible, unstoppable.
	Negatives: Unstable, dissatisfied, restless, reluctant, demonstrative, reckless, questioning, proud
6 **SERVICE** (FOX) Home, Beauty, Love, Romance, Harmony nia, Family, Society.	**Constructive:**Sagacious, insightful, peacemaking, imaginative, refined, educated, soft-spoken, genial, cooperative, skillful, diplomatic, artistic, kind, responsible, efficient, methodical, clear;
	Negatives: Lazy, libertine, indiscreet, manipulative, fickle, uncommitted, dissatisfied, anarchic, careless, jealous.

NUMBER	FEATURE
7 **RESEARCHER** (GPY) Mystical, Deep, Analytical, Introspective active, Spiritual.	**Constructive:**Humble, practical, resolute, self-discipline, obedient, authoritarian, self-sufficient, philosopher, reserved, empirical, spirituality, mental analyst, specialist, inventor, perfectionist, thinker; **Negatives:**Suspicious, anxious, skeptical co, ignorant, sarcastic, inhibited, introverted, unhappy, fearful, authoritarian.
8 **POWER** (HQZ) Result, Success, Leadership, Economy, Justice, Pragmatism	**Constructive::**Patient, persistent, determined, ethical, courageous, powerful, regenerative, executive ability, manager, power, materiality, latent executive ability, persevering, balanced, fair; **Negatives:**Divergent, manipulative, irresponsible, destructive, addicted, sorrowful, greedy, envious, scheming, unscrupulous.
9 **SERVICE** (GO) Universality, Scope, Communication, Amplitude.	**Constructive:**Idealistic, talented, intuitive, tolerant, generous, determined, compassionate, humanitarian, giving, artistic ability, occultist, mastery, idealistic mystic, compassion, impersonal, kind; **Negatives:**Naive, dishonest, quarrelsome, escapist, hypocritical, emotional, loss of control of emotions, shy, hesitant.

NUMBER	FEATURE
11 **LIGHTING** (K) Strength, Power, Mystical, Dreamer. (Lives in the clouds) Represents the Vision	**Constructive::**Inspiration, intuition, developed sensitivity, artistic ability, idealism, intuition, revelation, invention, poetry, art, spirituality, perfectionism, clairvoyance and collaboration. Extrasensory powers, sympathy, humanitarianism and mysticism
	Negatives: Nervousness, paranoia, persecution mania, instability, insensitive, fanatic, shyness, imposition of will, satanic, bandit, cynical, false superiority, lazy and mean.
22 **BUILDER** (V) Mastery, Practical, Builder, Philanthropist-peak Combines Action with Vision	**Constructive::**Ease of teaching, practical, futuristic, constructive, enlightened, material wealth, entrepreneurial, logical reasoning, loyalty, optimistic;
	Negatives: Tendency to addiction, ga-naive, spiteful, disorganized, reckless, reckless, apathetic, false, abuse of power, corrupt, talkative, inferiority complex, indifference, pessimistic
33 **SERVICE** (X) Home, Beauty, Love, Romance, Harmony nia, Family, Society.	**Constructive:**Emotional control, idealism, leadership skills, planning for the future, humility. Unlimited potential;
	Negatives: Negative influences on the emotional field, violence, eccentricity, futility, coldness.

STONEANGULAR

(March 21 - April 19)

Each letter in your name represents your characteristic, however, the location of the letters can determine their impacts. For example:

a) Cornerstone; Corresponds to the first letter of the first name. It is also called the Foundation. This letter gives an indication of your character, particularly in the way you approach opportunities and obstacles.

b) Instinctive Desire: It is the first vowel of your first name which reveals something of your deepest “Self”. It corresponds to Instinctive Desire and is considered as a large part of yourself that reveals itself easily or indiscriminately.

It reveals our reaction to unexpected events, emergency situations or situations in which the person is forced to act under pressure. For some scholars, the first vowel reveals the first spiritual contact that a person has in life. It is generally recognized only by relatives and friends.

The first vowel of your name is the small window through which you can quickly access your Inner Self. It is interesting to note that a person who uses a different first vowel than the vowel of their original name on their birth certificate presents aspects of being a person who is “afraid” of revealing their deepest “Self”.

c) Subconscious Response Number; Some authors also point out the number of the subconscious response, whose definition would be the same as that of the instinctive desire. It only changes the way of calculate. While the Instinctive Desire involves the first vowel, the subconscious response involves the quantity of karma numbers found (and not their value) subtracted from the numeral 9 (fixed value).

In one example, we have three missing numbers in a person's name, called karmic numbers (2, 7 and 8); so we get 9 - 3 = 6. Therefore, 6 is the number that expresses how we behave when faced with unforeseen events, driven by our unconscious.
d) Middle Letter: Represent

to the balance or connection between the beginning and the end of your name. This letter is the central point that demonstrates the way you interact between your inner essence and the way you present yourself to the outside world. It can reveal your most intimate feelings and the way you deal with internal and external conflicts.

e) Final Letter: Known as the letter of destiny, it is the last letter of your first name. This letter reveals characteristics about how you finish projects, your persistence and the way you close cycles in your life. People with certain final letters may be more determined to complete their tasks, while others may have a tendency to leave things pending.

LETTERS	CORNERSTONE OR FOUNDATION MEANING OF THE FIRST LETTER IN THE FIRST NAME
THE	Ambitious, independent, great sense of management, not easily influenced. Mental and direct. Likes to take responsibility. Strong-willed, resolute and well-intentioned. Courageous and inflexible.
B	Emotional, sensitive and somewhat shy. Friendly and understanding. Seeks peace and harmony. Loyal and firm in beliefs and convictions. Holds onto ideas and relationships that are no longer useful.
W	Intuitive and expressive of feelings. Has self-esteem and a sense of humor. Inspired, extravagant, cheerful, melodramatic, talkative, spontaneous and optimistic.
D	Practical, efficient, methodical and systematic. Insightful and determined. Can overcome many difficulties. Has natural authority, but can also be inflexible and rigid.
AND	Needs abundant freedom. He is physically fit and lively. He may marry more than once. He likes to be social and have fun. He is highly perceptive and is not easily fooled. He is original and versatile. Able to look at a situation from different perspectives
F	Able to understand another person's feelings, thoughts and experiences and often becomes depressed. Responsible, kind, hospitable and friendly. Has a loving and compassionate heart. His helpfulness may interfere in the lives of others. Tendency to give in to melancholy and depression.
G	He has mental abilities that allow him to obtain means of wealth. He has clairvoyance, willpower and strong determination. He has the vision and imagination to become completely wealthy. He is methodical, disciplined and organized.
H	You are creative and original. You make and lose money easily. You can be financially sound in the long run. You are independent and trust your own judgment. You can be a loner.
I	You are artistic and emotional with a tendency to get stressed. You have good taste. You are artistic and have good taste.
J	He is fair, honest, loyal, trustworthy and sincere. He has a desire to help others improve their lives. He has an innate sense of right from wrong. He is very talented and has an intelligent mind.
K	He is multifaceted with strong intuition and introspection. He has creative emotional forces with tendencies toward fear and nervous hesitation as negative aspects. He has high ideals.'

L	Very intellectual with a tendency to stress. Likes to travel or move frequently. Is honest and sincere. With a tendency to carry out intellectual experiments and is somewhat slow in making decisions.
M	They have the physical constitution to face difficulties, hard work, energetic with a compulsive touch of working hard. They are tolerant, efficient and do not get tired easily. They are domestic and want to have financial security.
N	He is involved in many love affairs. He is intuitive, creative and original. He is a very informal, unceremonious and natural person. He is quite stubborn and only changes his mind after much discussion. He likes to record the events of his daily life in a diary.
THE	Has strong convictions and behaves with high moral standards and in accordance with established rules. Tendencies towards fantasy imagination. Is emotional and resists situations of jealousy. Patient and prepared to take new risks. Respects rules and regulations.

LETTERS	CORNERSTONE OR FOUNDATION MEANING OF THE FIRST LETTER IN THE FIRST NAME
P	At first impression, he appears to be a moving, leadership person. He often becomes impatient and not very generous with his time.
Q	You seem like an enigma, a mysterious person and can be a subject of gossip because you are not understood. You are very talkative and have a talent for oratory. You are attracted to money coming into your hands. You have sudden losses of money due to erratic and unstable behavior. You have natural authority and can influence others. You are not easily understood.
R	You are highly emotional and carry intense inner power. You are experienced, have a strong sense of personal power and work hard. You need to be tolerant and critical of yourself.
S	He is pleasant and charismatic. He is very emotional. Impulsive, perhaps due to a sad childhood. Under intense action he reacts in an extreme way. He has a tendency towards emotional extremes.
T	You are aggressive when taking on a venture or a relationship. You are dynamic and hasty. You like to continually expand and broaden your world.
U	A fortunate person who can lose his possessions due to selfishness and indecision, especially money. He is very creative, intuitive and intelligent. He is an attractive and charming person and sometimes fascinating.
V	Intuitive, inspired, introspective, eccentric and even prophetic. Very possessive, especially in relationships. You have a natural ability to manifest your dreams due to intuition and introspection. Sincere, loyal, confident and can be unpredictable and excessively possessive, especially in relationships with the opposite sex.
W	Intuitive, inspired, introspective, eccentric and even prophetic. Very possessive, especially in relationships. You have a natural ability to manifest your dreams due to intuition and introspection. Sincere, loyal, confident and can be unpredictable and excessively possessive, especially in relationships with the opposite sex.

X	He learns easily and is very perceptive. He is very sensual and artistic. He is temperamental and loves excitement.
Y	Ambitious, courageous and extremely independent. She has a refined and elegant personality. She values her freedom and despises limitations. She has good intuition and is very perceptive.
Z	Optimistic and dynamic. Has high expectations and reacts quickly to problems. Is understanding, compassionate and kind. Has a sharp mind and can respond quickly when necessary. Has excellent reflexes. Has the wisdom and ability to mediate in disputes. Sometimes appears a little inflexible.

FIRSTVOWEL

What is it for, what does it mean?

The first vowel is literally the first vowel letter of the name. This letter reveals the first emotional reaction to events that affect you directly or indirectly.

If the first vowel is also the cornerstone, or the first letter of the name, the person may have difficulty making quick decisions. Their logical and emotional reactions to the situation will tend to become confused.

First Vowel (A)
This letter makes them assertive and aggressive in emotional matters. They hate any interference in their plans, and tend to reject advice, even if it is good advice.

First Vowel (E)
This letter encourages a quick emotional reaction to things. If life seems boring at the moment, the person will quickly shift their interest to something new.

First Vowel (I)
This letter makes the person idealistic and impractical in emotional matters. Their first thought is to be a romantic and to ignore the reality of the situation. The person usually regrets it later.

First vowel (O)
This letter makes you responsible in emotional matters. The person is aware of the spiritual and the greater purpose of things in their daily life. They must be careful not to become emotionally drained and place other demands on themselves.

First Vowel (U)
This letter makes the person loving and passionate about emotional matters. One should be careful not to be overly dramatic in responses to others.

First Vowel (Y)
This letter makes the person indecisive in emotional matters. This can be a problem for the person. However, the person has strong intuition in this area that can be used to deal with these problems.

RESPONSESUBCONSCIOUS

What is it for, what does it mean?

The "Subconscious Self"reflects the confidence a person has in his or her personal power and competence, as well as in his or her ability to deal with unexpected events and situations. It shows his or her ability to correctly assess the situation and respond appropriately.

The "Subconscious Self"is derived from your Karmic Lesson chart, where it is possible to have all nine numbers represented in your name, or less than nine, in fact only three, or as many as eight. For example, the person may be missing a 6 or 7. This means that when the person encounters a situation that calls for the characteristics of a 6 or 7, there will be some feeling of inadequacy, or uncertainty as to how to adequately deal with the demands of the situation.

On the other hand, the person still has seven or eight other numbers represented in his name, which means that his ability to deal with situations that require some of these numbers is well developed. The person has a certain confidence or assurance that makes the person feel familiar with the situation, and capable of dealing with it effectively. Thus, a person with eight numbers represented in his name tends to be more confident in most situations than a person with only five numbers.

Numbers 1 and 2

This number is calculated by subtracting the number of karmic numbers found from 9. Considering that it is rare for someone to present 7 or 8 karmic numbers (9 - 7 = 2 or 9 - 8 = 1), it is very unlikely that the results 1 or 2 will be found in answers to this item. Therefore, I do not have definitions for the results 1 and 2.

Number 3

The person responds to emergencies by seeking support from friends and family. However, life will force him to face these occurrences until he learns to use his own power. The person will seek out a lover and companion early in life whom he can depend on. He may marry an older person who can offer him some security and protection.

You have to avoid extreme depression and control your tendency to explode into out-of-proportion emotional experiences. You have to be more discriminating in your choice of friends. The key to success lies in finding a well-defined goal to focus on. This has a unifying effect and directs your energy, making it possible for you to achieve impressive results.

Number 4

You may have a tendency to get lost in trivial details, causing confusion and indecision, and even paralyzing your ability to react quickly and forcefully. You must learn to trust your instincts and act quickly. Hesitation and procrastination must be avoided.

You need a solid foundation in your life. You need a family and work environment in which you have responsibility, dependents, and rewards that come with accomplishing specific tasks.

Number 5

You tend to scatter your energies all over the place, making it difficult to complete projects and tasks. You need discipline and organization in your life. You have a strong desire to escape difficulties by forcing change rather than trying to solve problems. You learn quickly, however, and adapt well to change. Your success in life depends on your ability to move and accept responsibility.

Number 6

The person likes to help others, but sometimes does not pay enough attention to his own needs. He is mainly concerned with his home and family, everything else comes later. He radiates love and has genuine concern for others. During times of suffering, the person turns to his family and friends. The person is responsible and willing to sacrifice for others.

Number 7

You may seem indifferent to your surroundings and somewhat distant. They are well-balanced and can survive stormy times. In a judgmental phase, the person withdraws into themselves to find solace and answers in their creative and analytical mind. They may seem somewhat lonely and do not share their feelings easily with others.

Number 8

Deals with unexpected situations efficiently and often manages to make the best of them. Learns quickly and usually does not repeat the same mistakes. Wants to be rewarded for his efforts and relates his success to material aspects.

Is reliable and solid in almost any situation. Does not panic or get scared easily. Has a businesslike attitude, and quickly perceives problems and what needs to be done. Has a good understanding of money and material. Is a survivor. Shows leadership and organization and is physically courageous and competent.

Number 9

They are somewhat impersonal and can be difficult to get to know. They are not demonstrative of their affection, although they often have deep feelings. They do not have specific Karmic Lessons and are therefore not as vulnerable to the ups and downs of life as others are.

NUMBERSURNAME

Your v also has power, did you know?

Use a reduced number of the surname for health and profession.

Number 1

Profession: administration, law, literature, inventions, leaders in any field;
Health: heart, high blood pressure, vision (astigmatism), lungs;

Number 2

Profession: poetry, music, computing, electronics, food industry; Health: skin problems, foot problems, urinary incontinence, low blood pressure, mental exhaustion;

Number 3

Profession: public office (Government), arts, professions involving contact with the public, religion;
Health: digestive, diabetes, tumors, ulcers, hemorrhoids, reproductive system (in women);

Number 4

Profession: mechanics, mathematics, radio and TV, electronics, computing; Health: unusual diseases that are difficult to detect, depression;

Number 5

Profession: tourism, science, business, commerce, communications, professions involving contact with the public;
Health: nervous tension, mental exhaustion, paralysis, dizziness, facial twitching, propensity for alcohol and drugs;

Number 6

Profession: teaching, nursing, medicine, social assistance, cash, music, law;
Health: asthma, bronchitis, allergies, nose/throat problems, angina, sinus problems;

Number 7

Profession: technical area, research, accounting, electronic computing, science, philosophy, religion;
Health: night sweats, worries, digestive problems;

Number 8

Profession: religion, real estate, banks and financial institutions, government positions, authorities, business, administration;
Health: headaches, constipation, rheumatism;

Number 9

Profession: firefighters, police, electricians, machine operators, construction workers, steel workers, military personnel;
Health: accidents at work or with weapons, explosives;

NUMBERKEY

Open the hidden doors, unravel the mysteries of life.

It is calculated by adding the numerical values of the letters in your first name and then reducing them to one digit. The numerical values are determined by each letter's rank in the alphabet.

The first name reveals several aspects. The sum of all the letters called
- is a key number and highlights your individuality within your family and your professional vocation. This number is a warning, indicating how the vibrations of your first name influence your way of living within your family, professional, emotional and personal life. When at certain times we are faced with some difficulty in finding options, choosing how to make the best decision, we can take actions associated with this important vibration. It is the key that opens all doors for you.

This number shows us how we interact with friends and loved ones. It is similar to your Destiny number, which shows how you react to people in general. Traditionally, your birthday number is the lock to the door of your life. If the key number matches this number, then you will need the help of others to open this door and continue on your life path.

Number 1 Determined

They have leadership skills, are firm and courageous. They interact with friends and loved ones in a determined manner, aware of their own strengths and weaknesses. They prefer to take charge of family situations and are not afraid to be an advocate and to walk alone into new ventures.

Number 2 Lover

Helpful, friendly, and diplomatic. Interacts with friends and loved ones in a loving and cooperative manner. Tends to attract and inspire family members through their actions; the person receives strong support from loved ones. Hates being rushed, and also dealing with family details.

Number 3 Lover

You have creativity and communication skills. You are an optimistic, proud and ambitious person. You interact with friends and loved ones in a lively and cheerful way. You communicate well and are a kind of family genius. You need to be creative and look for opportunities for family outings. You like to have fun in life.

Number 4 Logical

Interacts with friends and loved ones in a cool and logical manner. Enjoys old-fashioned treatment with an old-fashioned approach and also with family. Completes plans completely before releasing them to loved ones.

Number 5 Adaptive

You are a person who loves your freedom, your spontaneity and versatility. You interact with friends and loved ones with versatility, you seek to find a better way to meet everyone's needs. You like to have a different, surprising approach to family life, you like to work for personal freedom for everyone.

Number 6 Responsible

Interacts with friends and loved ones in a deeply loving and supportive way. Will happily take on more responsibility to help loved ones. Will do anything to keep the peace among friends.

Number 7 Individualistic

Use your knowledge, wisdom and seek to find the answers within yourself. Interact with friends and loved ones as a loner and do their own thing. Ignores the usual way of dealing with their family and instead seeks their own way. Hates taking advice from any family member, even if they are right.

Number 8 - Competition

Uses his spirit of conquest, personal power and ability to manage. Interacts with friends and loved ones, competing with them. Assumes some rivalry between siblings. Is efficient, almost ruthless in family matters. Spends time worrying about results

Number 9 - Compassion

You are generous, selfless and more impersonal. You interact with friends and loved ones with compassion and understanding. You are tolerant and liberal, always considerate of your views towards your loved ones. You are idealistic about family life and enjoy being with your loved ones in all kinds of places.

NUMBERPATH OF LIFE

Or Life Lesson...

The number of**Life Lesson,**also called “The Life Path Number”, “The Life Road Number”, or “The Destiny Number”. The “Life Destiny Number” is derived by adding the numbers in the date of birth and reducing them to a single digit (theosophical reduction). The life destiny number symbolizes the numerological imprint for this life.

The notion that life's destiny is a cycle is not universally accepted. However, it is understood that life's destiny is a path in which a seed was planted on the day of birth and that the inheritance and accumulated wisdom are found within that seed.

Some systems of Numerology refer to the understanding of this part of human nature as the “Birth Force” or the “Birth Destiny.” This number represents who a person is with their native traits throughout their life. The Life Path, as is the case with all numbers derived from your birth date, has to do with the dynamics, the direction, of your life. The life path is a cycle that goes from birth to death. The notion that the life path is a cycle is not universally accepted.

To calculate your life path number, a person actually calculates the Cycles of their first period.

Your three-cycle period is based on your month, day, and year of birth, and represents the early, middle, and later parts of your life, respectively. Your complete life cycle
- your life path - has all the attributes reflected in the life path number. However, the life path is also influenced by the properties and characteristics revealed in each of these Period cycles.

How to Find Your Life Path Number

First, reduce each unit (day/month/year) of the date of birth to a single digit. Then add each of the resulting digits (or Master numbers) together and reduce the total again to a single digit.
Example: October 12, 1936 October is month 10. Reduce 10 to a single digit which will be 1 + 0 = 1 The day of birth is 12. The reduction will be 1 + 2 = 3

The year of birth is 1936. We reduce 1936 to 1 + 9 + 3 + 6 = 19=1+9=10=1+0=1. So the year 1936 reduces to 1.
Let's now add the resulting single digits.

a) Month=October=10=1+0=1
b) Day=12=1+2=3
c) Year=1936=1+9+3+6=19=1+9=1+9=10=1+0=1
The Destiny number will be: 1 (month) +3 (day) +1 (year) =5.

Exemplo de Cálculo do Destino da Vida

Consideremos que uma pessoa tenha nascido em 31 de Agosto de 1955.

Nascimento	Dia	Mês	Ano
Números	31	8	1955
Cálculos	3 + 1 = 4	8	1 + 9 + 5 + 5 = 21
Redução	4	8	3
Número do Destino	4 +8 + 3 = 15 = 1 + 5= 6		

To calculate your Destiny Number, you must:

Reduce each component of your date of birth (day, month, and year) to a single digit. Add all the digits together.

If the result is a two-digit number (except the master numbers 11, 22, and 33 which do not reduce), continue reducing until you get a single digit.

Example 1: Let's calculate the Destiny Number for someone born on March 21, 1990.

Day: 2 + 1 = 3
Month: March = 3 (because March is the third month of the year)
Year: 1 + 9 + 9 + 0 = 19; then 1 + 9 = 10; and finally, 1 + 0 = 1. Now, add all these digits together: 3 + 3 + 1 = 7.

The Destiny Number for this birth date is 7.

Example 2: For date of birth July 29, 1985:

Day: 2 + 9 = 11 (11 is a master number, so we don't reduce)
Month: July = 7
Year: 1 + 9 + 8 + 5 = 23; then 2 + 3 = 5.
The sum is: 11 + 7 + 5 = 23; then we reduce 2 + 3 = 5.

The Destiny Number for this birth date is 5.

Example 3: Let's calculate the Destiny Number for someone born on August 15, 1977.

Day: 1 + 5 = 6
Month: August = 8 (because August is the eighth month of the year) Year: 1 + 9 + 7 + 7 = 24; then we reduce 2 + 4 = 6.
Now, add all these digits together: 6 + 8 + 6 = 20. Then we reduce again: 2 + 0 = 2.

The Destiny Number for this date of birth is 2.

NUMBER	FEATURE
1 **LEADER** Leader, Independent, Original and Individual dualist	It is characterized by the desires of individualism, independence and the need for personal fulfillment. Its purpose in this life is to become independent. This is a learning process divided into two parts: A person should learn from his own efforts and not depend on others; b) Becoming free and independent and being a leader; Many of the business leaders and political leaders are men and women who have the number 1 in their “Life Destiny”. Their Life Lesson is to develop individuality and leadership. To be your own boss, not depending on anyone. The person needs to develop executive ability, taking the initiative himself and never waiting for others to tell him what to do. He should take advantage of his special gift to discover new fields of action. A cutting-edge person, his originality and intuition are a fertile and inexhaustible source of ideas. He should assume positions of leadership and authority, gaining respect and notoriety. Do not be afraid to put your ideas into practice and to act in innovative areas. You must take advantage of your courage and determination, not allowing yourself to be influenced by arrogance, pride and selfishness. When the negative side of the number presents itself, the person manages to overcome the moment due to

NUMBER	FEATURE
2 **BALANCED** Understanding, Receptive and Diplomatic	The positive attributes of the number 2 produce extremely sensitive people who generally have more delicate abilities to be balanced favorably. This is a person who sees the spectrum of viewpoints clearly, as well as a person who can mediate in discussions and disputes. He is an honest and open person. He has excellent skills for group activities due to his expertise in effectively manipulating and dominating a group or situation. Apathy, passivity and pessimism are the biggest negative problems of the number 2. The person with the number 2 does not have the aptitude for the business world, because his preference is more for friendly dealings than for competition. His goal is to develop cooperation with other people, establishing harmony where there is conflict. He has patience and perseverance. He prefers to work with people who have common goals and tries to keep them united.

NUMBER	FEATURE
3 **OPTIMISTIC** Embodied exuberance, Creativity, Imagination, Enthusiasm, Stardom.	People with the number 3 on their Life Path emphasize expression, sociability and creativity as the lessons to be learned in this life. We find in this group people who are cheerful, bright, effervescent and have very optimistic attitudes. They have exceptional creative abilities, usually in public speaking, writing and speech. The person with the number 3 is the one who seeks fulfillment through expression. The bright side of this path reinforces harmony, beauty and the pleasures of sharing creative talents with the world. The main characteristics are human warmth, friendship and good social and open conversation. Has the ability to listen to other people and their points of view. Only spends what he has and does not take on financial commitments without the possibility of resolving them.

NUMBER	FEATURE
4 **DISCIPLINED** methodical and reliable	The goal of path number 4 is to take on orders with dedication and perseverance. They always take on a little more than others. Once a decision has been made, they do everything they can to complete it correctly and safely. Their ability to carry out a task is undertaken with tenacity that can reach the limit of obsession. The person on this path is an organizer and an excellent planner due to his innate ability to see things in a broader sense and in a practical way. He is a loyal and devoted person. He is a reliable and safe person to be a partner with. Your Life Lesson is to learn to act in an organized manner, taking only risks that offer a good margin of safety. A selfless, patient, honest and rational person, you learn to live with some limitations that life may impose, whether physical, material or emotional, caused by the environment or by other people. They try to carry out their tasks responsibly and efficiently, paying attention to details, in order to gain the trust of others. They act with organization and dedication, building a materially secure future. The negative side is excessive dogmatism and sometimes repression.

NUMBER	FEATURE
5 **VERSATILE** Versatile, Curious and Adventurous	The goal of path number 4 is to take on orders with dedication and perseverance. They always take on a little more than others. Once a decision has been made, they do everything they can to complete it correctly and safely. Their ability to carry out a task is undertaken with tenacity that can reach the limit of obsession. The person on this path is an organizer and an excellent planner due to his innate ability to see things in a broader sense and in a practical way. He is a loyal and devoted person. He is a reliable and safe person to be a partner with. Your Life Lesson is to learn to act in an organized manner, taking only risks that offer a good margin of safety. A selfless, patient, honest and rational person, you learn to live with some limitations that life may impose, whether physical, material or emotional, caused by the environment or by other people. They try to carry out their tasks responsibly and efficiently, paying attention to details, in order to gain the trust of others. They act with organization and dedication, building a materially secure future. The negative side is excessive dogmatism and sometimes repression.

NUMBER	FEATURE
6 **Responsible** Dedicated and Fair	He has a strong sense of responsibility towards his family and community. He is idealistic and feels useful and happy. He helps people who seek him out, putting the well-being of the group, family and community above his own. He has a good sense of justice and seeks to find balance in situations where there is conflict. He is a friendly, kind person, generous with personal and material resources. Wisdom, balance and understanding are the fundamental foundations of this life path. Most people on this life path belong to the positive type who are always taking responsibility for those in need. The person is very human and realistic about life, and feels that the most important thing in his life is rest, family and friends.

NUMBER	FEATURE
7 **Intuitive** Spiritual and Analytical	A person who seeks to know themselves and trust their intuition in order to find their path. They seek to find answers to the mystery of life through self-knowledge. They seek to understand life by studying philosophy in general and the esoteric sciences, in which they will find information and concepts that are fundamental to their fulfillment. This is the path of spirituality. It often denotes a spiritual wisdom that becomes apparent at a later age. You need quiet for your own inner thoughts and dreams. You are a perfectionist and expect everyone to have a very high standard. You assess situations very quickly and with surprising accuracy. You trust your experiences and intuition. You can easily spot deception and recognize insincere people. You are not a very social person.

NUMBER	FEATURE
8 **Persevering** Energetic and Determined	He is focused on dealing with the satisfactions to be found in the material world and power. He acts with determination and knowledge of what he is doing. He is a very powerful, reliable and materially successful person. He can build a business empire and his success will be a source of inspiration for many people. He is apt, very independent and competitive. Most of his interests involve money and learning the power that comes with its proper handling. He knows how to control his environment. He is practical and consistent in his pursuit of major goals, and has the courage of his convictions when examining the possibilities needed to undertake. The negative side is dictatorial and suppresses the enthusiasm and efforts of his peers. He does not show feelings to those close to him. His dedication to success can become an obsession.

NUMBER	FEATURE
9 **Humanitarian** Generous and Tolerant	This person can develop compassion, generosity and the ability to give of oneself without expecting anything in return, for the simple pleasure of being useful to someone. He has a very humanitarian attitude. He tends to be sensitive and idealistic, as he sees the world with a lot of feelings and compassion. He may often be disappointed with the imperfections of the world. Romantic, when in love, he will fall deeply in love and lose himself in love and passion. He is creative and by using his talents he can easily gain public recognition and friendship from those around him. These are usually people who occupy positions as judges, spiritual leaders and educators. He learns to preserve and use the wealth he accumulates to benefit those most in need. The person on this path requires a very selfish attitude, lack of ethics and indifference. They have the power to express their deep emotional feelings through painting, writing, music or other forms of art. They are friendly, tolerant and open-minded. If they have a partner who shares their attitudes, the relationship will be happy and lasting. On the other hand, if they choose a partner who focuses only on material achievements, several problems will arise.

COLUMNTEACHER

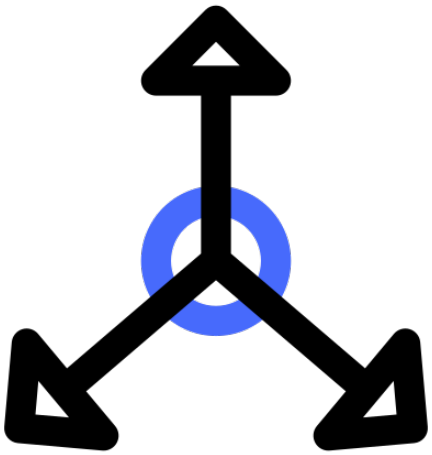
Master Numbers - The Most Powerful

In numerology, the master column refers to a series of master numbers that are considered more intense and spiritually significant than other numbers. These master numbers are 11, 22, 33, 44, 55, 66, 77, 88, and 99. When they appear in a person's numerology calculations, they are usually interpreted with special meaning.

Master numbers have the following characteristics:

11

Known as “The Enlightened One.” It represents intuition, spiritual insight, and revelation. People with this number are often seen as enlightened beings or as having heightened intuitive abilities.



22 33

Called “The Master Builder”. This number has a great ability to make dreams come true. It represents great achievers and leaders.

“The Master Teacher.” This number carries a vibration of compassion, healing, and blessing. People with this number in their numerology chart have the ability to inspire others.

Number 11 - Realistic, Visionary and Inspired
It is associated with enlightenment, spiritual consciousness. The path of life is extremely intuitive, idealistic, perfectionist, advanced, visionary and cultured. It has an inventive and open mind that allows it to succeed in life facing all risks. It can serve society in those endeavors that utilize its abilities of counseling and guidance.

Its objective is to learn to become aware of the spiritual world and relate to the material world. It has personal magnetism and its capacity for understanding helps to attract other people.

On the negative side, there are many moments of nervous tension and consequently relationships can sometimes be difficult. Sometimes you may not be a leader, but you are a visionary with many talented ideas.

Number 22 - Builder, Practitioner and Achiever
Path 22 is the highest of the “Master Numbers”. It is the most powerful of all the numerical life paths. It is also the most difficult to fulfill. The person is endowed with many powers that can reach all heights of life. The person is equipped with proper education and can be a master builder in society.

You have an idealistic and practical nature, which allows you to conceive grand and long-term projects. If you desire and are willing to work for the project, you can achieve success, prestige and fame. Your life goal is to develop the ability to transform dreams into great works that benefit many people nationally or even worldwide.

Number 33 - Unconditional Giver
Your goal is to learn to give yourself for the sake of your fellow man. Your spiritual importance is subject to anxiety and emotional instability. To live up to your ideal you will need to have unconditional love and courage. You will never be able to pursue a profession that aims at your own benefit. You demonstrate courage, determination and humility that will become an incentive for humanity.

Number 44 - Master of Discipline and Determination
This is a path of great responsibility and power. The individual with this master number is endowed with a strong sense of discipline, determination and commitment. The 44 brings with it the ability to carry out work that requires patience and persistence. Their life goal is to build something lasting and of great relevance, whether in material or spiritual terms.

With your pragmatism and dedication, you can be an unstoppable force when you put your mind to something. Society can benefit from your ability to maintain order and structure. On the other hand, you can sometimes be stubborn or inflexible in your views.

Number 55 - Free and Transformative Spirit
Driven by adventure and the desire for change, 55 is a number that symbolizes freedom, independence and the ability to adapt to new situations. Its goal is to overcome limitations, breaking barriers and established patterns. Its vibrant energy can inspire others and bring about great social transformations.

However, care must be taken not to become impulsive or reckless. If not channeled correctly, this free spirit can lead to hasty decisions.

Number 66 - Guardian of Home and Heart
Intrinsically linked to family love and domestic harmony, the number 66 is a number that values the care and well-being of loved ones. Its main purpose is to cultivate an environment of peace, love and understanding in its community and home. It can make an excellent educator, therapist or any profession that cares for the emotional well-being of others.

Number 77 - The Mystical and Introspective
Intrinsically spiritual, the number 77 represents those who are on an ongoing journey of self-discovery and enlightenment. This number suggests a deep understanding of the mysteries of life and a constant search for truth. Your goal is to delve into the depths of spiritual knowledge, exploring the unknown and sharing your discoveries with the world.

Because they are so introspective by nature, they can sometimes feel isolated or distant from others. However, this ability to look within can bring innovative solutions to complex problems, making them valuable counselors or spiritual guides.

Number 88 - The Balancer and Peacemaker
With a strong sense of justice and balance, the number 88 seeks to harmonize opposing forces and find a middle ground. Its main goal is to establish peace and order, whether on a global scale or in more intimate settings. Its ability to mediate conflicts and its innate fairness make it a natural leader, capable of uniting groups and communities.

However, this constant search for balance can, at times, lead them to indecision or hesitation, especially when they are faced with moral or ethical dilemmas.

Number 99 - The Humanitarian and Altruist
Driven by an unconditional love for humanity, the 99 dedicates his life to serving others. This number has an incredible capacity for compassion, empathy and a desire to do good. His main goal is to alleviate the suffering of others, whether through acts of charity or through initiatives aimed at the common good.

Keystone: In traditional architecture, the cornerstone is the first stone to be laid in the construction of a foundation. It is considered the main stone and determines the position of all the other stones that come after it. Symbolically, the cornerstone can represent the central idea or basic principle upon which something is established.

Basis: Refers to the basis or support of something. In the context of construction, it is the base upon which a building is erected. In symbolic or philosophical terms, it can refer to the basis of a belief, theory, or argument.
Meaning of the First Letter in a First Name in Numerology:

In numerology,It is believed that the first letter of a first name has a particular vibration that can indicate innate characteristics of a person's personality or how that person presents themselves to the world. Each letter has a specific meaning. For example:

LETTERS	CORNERSTONE OR FOUNDATION MEANING OF THE FIRST LETTER IN THE FIRST NAME
THE	Correct and affirmative. There are no complaints when a task is completed.
B	Sensitive and cooperative. Always thinking about the needs of others.
W	Creative and expressive.
D	Patient and practical. Does not rest until the commitment is completed.
AND	Open and versatile. Does not procrastinate commitment and seeks to speed up completion.
F	Friendly and harmonious. Always in a good mood.
G	Self-sufficient. Usually remains alone when the commitment is complete.
H	Methodical. It involves carrying out commitments step by step.
I	Emotional and independent.

J	Active and conscious. Dedicates himself with all care until the last stage to complete a commitment.
K	Inspired. Exhausts all the energy needed to accomplish a task.
L	Kind and gentle. Always smiling when he finishes the task.
M	Conservative and orthodox. Without any celebration for the fulfillment of the commitment.
N	Sensual and public. Likes to expose the commitment made.
the	Observant and perceptive. Pays close attention to detail when completing a commitment.
P	Determined and ambitious. She spares no effort to achieve her goals.
Q	Curious and inquisitive. Always looking to learn something new when completing a task.
R	Resilient and persevering. Faces challenges with determination.
S	Cautious and strategic. Carefully plans the conclusion of the commitment.
T	Communicative and sociable. Enjoys sharing her achievements with others.
U	Calm and balanced. Remains calm when completing a commitment.
V	Independent and innovative. Likes to find original ways to accomplish tasks.
W	Creative and imaginative. Approaches commitments in a unique and inventive way.
Y	Optimistic and enthusiastic. Always sees the positive side when completing a commitment.
Z	Adapts easily. Is flexible in how he approaches completing tasks.